

	Helpful to achieving the objective	Hamper achieving the objective
Internal origin (attributes of the system)	Strengths <ol style="list-style-type: none"> 1. Technical skills 2. Communication skills 3. Natural curiosity 4. Hard work 5. Motivation 	Weaknesses/Areas for further development <ol style="list-style-type: none"> 1. Occasional lack of patience 2. Participation in professional/scientific organisations 3. Team building 4. Sustainability strategies 5. R as a statistical language
External origin (attributes of the environmen t)	Opportunities <ol style="list-style-type: none"> 1. Increasing range of online courses helping with development 2. Current module at UoE 3. Professional work and opportunities for promotion to a people's manager 4. Increasing range of professional certifications which help with training and accreditation 	Threats <ol style="list-style-type: none"> 1. Little time for extracurricular activities (with full-time job and studies at the moment) 2. Lack of money for expensive courses, certifications 3. Increasing lack of stability in the world, with increasing number of military conflicts might end up in myself being forced to leave the country/job/university