Optimization Algorithms: HW1

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(1)

Given a twice differentiable function $\varphi: \mathbb{R}^d \to [-\infty, \infty]$, assume that it is logarithmically homogeneous, then by the definition, the following holds:

$$\varphi(\gamma x) = \varphi(x) - \log \gamma, \quad \forall x \in \mathbb{R}^d, \gamma > 0$$
 (1)

Claim: $\langle \nabla \varphi(x), x \rangle = -1$

To derive the first equation, we first define the following:

$$F(\gamma) = \varphi(\gamma x)$$

Then the original equation (1) would become:

$$F(\gamma) = \varphi(x) - \log \gamma$$

Taking the derivative w.r.t. γ on both sides, we get:

$$\frac{dF}{d\gamma} = \frac{d}{d\gamma} \varphi(\gamma x) = \nabla \varphi(\gamma x) \cdot x = \langle \nabla \varphi(\gamma x), x \rangle \tag{2}$$

$$\frac{dF}{d\gamma} = \frac{d}{d\gamma}(\varphi(x) - \log \gamma) = -\frac{1}{\gamma}$$
(3)

Thus by (2) and (3), we have:

$$\langle \nabla \varphi(\gamma x), x \rangle = -\frac{1}{\gamma}$$

Then by plugging in $\gamma = 1$, we have:

$$\langle \nabla \varphi(x), x \rangle = -1$$

Claim: $\nabla \varphi(x) = -\nabla^2 \varphi(x)x$

From the previous part, we have:

$$\nabla \varphi(x)^T x = -1$$

Compute the gradient of both sides, for the left hand side, we have:

$$\nabla(\nabla \varphi(x)^T x) = \nabla(\nabla \varphi(x))^T x + \nabla \varphi(x)^T \nabla x$$
$$= \nabla^2 \varphi(x) x + \nabla \varphi(x)^T \nabla x$$

For the right hand side, we have:

$$\nabla(-1) = 0$$

Thus we have:

$$\nabla^{2} \varphi(x) x + \nabla \varphi(x)^{T} \nabla x = 0$$

$$\Rightarrow \nabla \varphi(x)^{T} \nabla x = -\nabla^{2} \varphi(x) x$$

$$\Rightarrow \nabla \varphi(x)^{T} I_{d} = -\nabla^{2} \varphi(x) x$$

$$\Rightarrow \nabla \varphi(x) = -\nabla^{2} \varphi(x) x \quad \Box$$

Claim: $\langle x, \nabla^2 \varphi(x) x \rangle = 1$

From the previous part, we have:

$$\nabla \varphi(x) = -\nabla^2 \varphi(x) x$$

Multiply both sides by x^T , we have:

$$x^T \nabla \varphi(x) = -x^T \nabla^2 \varphi(x) x$$

Which is equivalent to the following by using $\langle \nabla \varphi(x), x \rangle = -1$:

$$\langle x, \nabla^2 \varphi(x) x \rangle = -\langle x, \nabla \varphi(x) \rangle = (-1) \times (-1) = 1$$

(2)

Suppose that $\varphi : \mathbb{R}^d \to [-\infty, \infty]$ is a twice differentiable function, and is strictly convex and logarithmically homogeneous, then the following holds by the definition:

$$\nabla^2 \varphi(x) > 0 \quad \forall x \in \mathbb{R}^d$$

$$\varphi(\gamma x) = \varphi(x) - \log \gamma, \quad \forall x \in \mathbb{R}^d, \gamma > 0.$$

Also, we have the following properties from the previous subsection:

$$\langle \nabla \varphi(x), x \rangle = -1 \tag{1}$$

$$\nabla \varphi(x) = -\nabla^2 \varphi(x) x \tag{2}$$

$$\langle x, \nabla^2 \varphi(x) x \rangle = 1 \tag{3}$$

Claim: $\nabla^2 \varphi(x) \ge \nabla \varphi(x) (\nabla \varphi(x))^T$, $\forall x \in \text{dom } \varphi$

The claim is equivalent to proving that:

$$\nabla^{2}\varphi(x) - \nabla\varphi(x) \left(\nabla\varphi(x)\right)^{T} \succeq 0$$

where $\succeq 0$ denotes positive semidefinite. Let z be any vector in \mathbb{R}^d , then we have:

$$z^{T} \left(\nabla^{2} \varphi(x) - \nabla \varphi(x) \left(\nabla \varphi(x) \right)^{T} \right) z = z^{T} \nabla^{2} \varphi(x) z - z^{T} \nabla \varphi(x) \left(\nabla \varphi(x) \right)^{T} z$$
$$= z^{T} \nabla^{2} \varphi(x) z - \left(\nabla \varphi(x)^{T} z \right)^{2} \tag{*}$$

Case 1: x = z

If x = z, then (*) becomes the following using (1) and (2):

$$\begin{split} z^T \left(\nabla^2 \varphi(x) - \nabla \varphi(x) \left(\nabla \varphi(x) \right)^T \right) z &= z^T \nabla^2 \varphi(x) x - \left(\left\langle \nabla \varphi(x), x \right\rangle \right)^2 \\ &= x^T (-\nabla \varphi(x)) - (-1)^2 \\ &= x^T (-\nabla \varphi(x)) - 1 \\ &= -\left\langle \nabla \varphi(x), x \right\rangle - 1 \\ &= -(-1) - 1 \\ &= 0 > 0 \end{split}$$

Case 2: $x \neq z$

Using (2) to replace $\nabla \varphi(x)$ with $-\nabla^2 \varphi(x)x$ in (*), and using the fact that $(\nabla^2 \varphi(x))^T = \nabla^2 \varphi(x)$ (the Hessian is symmetric):

$$\begin{split} z^T \left(\nabla^2 \varphi(x) - \nabla \varphi(x) \left(\nabla \varphi(x) \right)^T \right) z &= z^T \nabla^2 \varphi(x) z - \left(\nabla \varphi(x)^T z \right)^2 \\ &= z^T \nabla^2 \varphi(x) z - \left((-\nabla^2 \varphi(x) x)^T z \right)^2 \\ &= z^T \nabla^2 \varphi(x) z - \left(-\underbrace{x^T}_{A^T} \underbrace{(\nabla^2 \varphi(x))^T z}_{B} \right)^2 \\ &= z^T \nabla^2 \varphi(x) z - \underbrace{\left[(\nabla^2 \varphi(x))^T z \right]^T x x^T \left[(\nabla^2 \varphi(x))^T z \right]}_{B^T A A^T B} \\ &= z^T \nabla^2 \varphi(x) z - \underbrace{\left[x^T (\nabla^2 \varphi(x))^T z \right]^T \left[x^T (\nabla^2 \varphi(x))^T z \right]}_{z^T A^T B} \\ &= z^T \nabla^2 \varphi(x) z - \left| |x^T (\nabla^2 \varphi(x))^T z \right|^2 \\ &= z^T \nabla^2 \varphi(x) z - \left| |x^T (\nabla^2 \varphi(x)) z \right|^2 \end{split}$$

Let $H = \nabla^2 \varphi(x)$, then the above expression is equivalent to:

$$z^T H z - (x^T H z)^2$$

Let's first check that we can define the function

$$h: \mathbb{R}^d \times \mathbb{R}^d \to \mathbb{R}, \quad h(u, v) = u^T H v$$

as the inner product on \mathbb{R}^d . ¹

Using the fact that we assumed that $\nabla^2 \varphi(x) > 0$, so H is positive definite, thus by theorem ², there exists a one and only one positive definite matrix $H^{1/2}$ (also symmetric) such that $H = H^{1/2}H^{1/2}$.

• Symmetry: For any $u, v \in \mathbb{R}^d$, we have:

$$\begin{split} h(u,v) &= u^T H v \\ &= u^T H^{1/2} H^{1/2} v \\ &= (H^{1/2} u)^T (H^{1/2} v) \\ &= (H^{1/2} v)^T (H^{1/2} u) \\ &= v^T H^{1/2} H^{1/2} u \\ &= v^T H u \\ &= h(v,u) \end{split}$$

¹H. Amann and J. Escher, *Analysis I*, 1st ed., Birkhäuser Basel, 2005, p. 153.

^{2&}quot;Square root of a matrix", Wikipedia, https://en.wikipedia.org/wiki/Square_root_of_a_matrix

• Linearity: For any $\lambda, \mu \in \mathbb{R}$ and $t, u, v \in \mathbb{R}^d$, we have:

$$h(t, \lambda u + \mu v) = t^T H(\lambda u + \mu v)$$

$$= t^T H(\lambda u + \mu v)$$

$$= t^T H(\lambda u) + t^T H(\mu v)$$

$$= \lambda t^T H u + \mu t^T H v$$

$$= \lambda h(t, u) + \mu h(t, v)$$

• Positive definiteness: For any $u \in \mathbb{R}^d$, we have:

$$h(u, u) = u^T H u > 0$$
 since H is positive definite

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Therefore, we have:

$$z^T H z - (x^T H z)^2 = \langle z, z \rangle_H - \langle x, z \rangle_H^2$$

Using the Cauchy-Schwarz inequality ⁴:

Cauchy-Schwarz inequality

Let $(E, (\cdot | \cdot))$ be an inner product space. Then

$$|(x \mid y)|^2 \le (x \mid x)(y \mid y), \qquad x, y \in E$$

We can derive the later equation using the fact that:

$$\langle x, x \rangle_H = x^T H x = x^T \nabla^2 \varphi(x) x = 1$$

(this is because property (3))

So we have:

$$\begin{aligned} \langle x, z \rangle_H^2 &\leq \langle x, x \rangle_H \langle z, z \rangle_H \\ &= 1 \times \langle z, z \rangle_H \\ &= \langle z, z \rangle_H \end{aligned}$$

Thus we have:

$$z^T H z - (x^T H z)^2 \ge 0 \qquad \Box$$

³I later found that we have "A function $\langle \cdot, \cdot \rangle : \mathbb{R}^n \times \mathbb{R}^n \to \mathbb{R}$ is an inner product on \mathbb{R}^n if and only if there exists a symmetric positive-definite matrix \mathbf{M} such that $\langle x, y \rangle = x^\top \mathbf{M} y$ for all $x, y \in \mathbb{R}^n$." on "Inner product space", Wikipedia, https://en.wikipedia.org/wiki/Inner_product_space

⁴H. Amann and J. Escher, *Analysis I*, 1st ed., Birkhäuser Basel, 2005, p. 154.

(3)

We need to prove the following equivalence:

(1)
$$e^{-\varphi(x)}$$
 is concave

$$\iff$$
 (2) $\varphi(y) \ge \varphi(x) - \log(1 - \langle \nabla \varphi(x), y - x \rangle), \quad \forall x, y \in \text{dom}(\varphi)$

$$\iff$$
 (3) $\nabla^2 \varphi(x) \succeq \nabla \varphi(x) \nabla \varphi(x)^{\top}$, $\forall x \in \text{dom}(\varphi)$

$$(1) \implies (2)$$

Let $f: \mathbb{R}^d \to \mathbb{R}$ be defined as $f(x) = e^{-\varphi(x)}$.

Suppose that $f(x) = e^{-\varphi(x)}$ is concave, then by the definition of concavity ⁵:

Convex

A continuously differentiable function f(x) is called convex on \mathbb{R}^n if for any $x, y \in \mathbb{R}^n$, we have:

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle$$

If -f(x) is convex, then f(x) is concave.

this means that our assumption is equivalent to saying that $-e^{-\varphi(x)}$ is convex. Let $g(x) = -f(x) = -e^{-\varphi(x)}$ a convex function, using the fact that:

$$\nabla g(x) = \frac{d}{dx}(-e^{-\varphi(x)}) = e^{-\varphi(x)}\nabla\varphi(x)$$

we have the following:

For any $x, y \in \mathbb{R}^d$:

$$\begin{split} g(y) &\geq g(x) + \langle \nabla g(x), y - x \rangle \\ \Rightarrow &- e^{-\varphi(y)} \geq - e^{-\varphi(x)} + \langle e^{-\varphi(x)} \nabla \varphi(x), y - x \rangle \\ \Rightarrow &e^{-\varphi(y)} \leq e^{-\varphi(x)} - e^{-\varphi(x)} \langle \nabla \varphi(x), y - x \rangle \\ \Rightarrow &e^{-\varphi(y)} \leq e^{-\varphi(x)} (1 - \langle \nabla \varphi(x), y - x \rangle) \\ \Rightarrow &- \varphi(y) \leq -\varphi(x) + \log(1 - \langle \nabla \varphi(x), y - x \rangle) \\ \Rightarrow &\varphi(y) \geq \varphi(x) - \log(1 - \langle \nabla \varphi(x), y - x \rangle) \end{split}$$

$$(2) \implies (3)$$

⁵Y. Nesterov, *Introductory Lectures on Convex Optimization: A Basic Course*, 1st ed., Springer, New York, NY, 2004, p. 52.

Suppose (2) holds, so we have:

$$\varphi(y) \ge \varphi(x) - \log(1 - \langle \nabla \varphi(x), y - x \rangle), \quad \forall x, y \in \text{dom}(\varphi)$$

By plugging in y = x + h (h = y - x), with $||h|| \to 0$, we have:

$$\varphi(x+h) \ge \varphi(x) - \log(1 - \langle \nabla \varphi(x), h \rangle)$$
 (1)

Then by using the second-order approximation 6 :

Second-order approximation

Let f be twice differentiable at \bar{x} . Then

$$f(y) = f(\bar{x}) + \langle \nabla f(\bar{x}), y - \bar{x} \rangle + \frac{1}{2} \langle \nabla^2 f(\bar{x})(y - \bar{x}), y - \bar{x} \rangle + o(||y - \bar{x}||^2)$$

Since φ is twice differentiable on its domain, we have:

$$\varphi(x+h) = \varphi(x) + \langle \nabla \varphi(x), h \rangle + \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2)$$
 (2)

Combining (1) and (2), we have:

$$\frac{\varphi(x)}{\varphi(x)} + \langle \nabla \varphi(x), h \rangle + \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \frac{\varphi(x)}{\varphi(x)} - \log(1 - \langle \nabla \varphi(x), h \rangle)$$

$$\Rightarrow \langle \nabla \varphi(x), h \rangle + \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge -\log(1 - \langle \nabla \varphi(x), h \rangle)$$

$$\Rightarrow \langle \nabla \varphi(x), h \rangle + \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge -(-\sum_{n=1}^{\infty} \frac{\langle \nabla \varphi(x), h \rangle^n}{n})$$

$$\Rightarrow \langle \nabla \varphi(x), h \rangle + \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \langle \nabla \varphi(x), h \rangle + \sum_{n=2}^{\infty} \frac{\langle \nabla \varphi(x), h \rangle^n}{n}$$

$$\Rightarrow \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \sum_{n=2}^{\infty} \frac{\langle \nabla \varphi(x), h \rangle^n}{n}$$

$$\Rightarrow \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \frac{\langle \nabla \varphi(x), h \rangle^n}{n}$$

$$\Rightarrow \frac{1}{2} \langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \frac{\langle \nabla \varphi(x), h \rangle^n}{n}$$

$$(*)$$

Examine the terms on the right hand side by Cauchy-Schwarz inequality:

⁶Y. Nesterov, *Introductory Lectures on Convex Optimization: A Basic Course*, 1st ed., Springer, New York, NY, 2004, p. 19.

$$\frac{(\langle \nabla \varphi(x), h \rangle)^3}{3} \leq \frac{(||\nabla \varphi(x)|| \cdot ||h||)^3}{3}$$

Since $||h|| \to 0$ by our assumption, we can write:

$$\frac{\langle \nabla \varphi(x), h \rangle^2}{2} + \frac{\langle \nabla \varphi(x), h \rangle^3}{3} + \dots = o(||h||^2)$$

Substituting this bound back into (*), we have:

$$\frac{1}{2}\langle \nabla^2 \varphi(x)h, h \rangle + o(||h||^2) \ge \frac{\langle \nabla \varphi(x), h \rangle^2}{2} + o(||h||^2)$$

$$\Rightarrow \frac{1}{2}\langle \nabla^2 \varphi(x)h, h \rangle \ge \frac{\langle \nabla \varphi(x), h \rangle^2}{2}$$

$$\Rightarrow \langle \nabla^2 \varphi(x)h, h \rangle \ge \langle \nabla \varphi(x), h \rangle^2$$

$$\Rightarrow (\nabla^2 \varphi(x)h)^T h \ge (\nabla \varphi(x)^T h)^T (\nabla \varphi(x)^T h)$$

$$\Rightarrow h^T (\nabla^2 \varphi(x))^T h \ge h^T \nabla \varphi(x) (\nabla \varphi(x))^T h$$

$$\Rightarrow h^T ((\nabla^2 \varphi(x))^T - \nabla \varphi(x) (\nabla \varphi(x))^T) h \ge 0$$

$$\Rightarrow \nabla^2 \varphi(x) - \nabla \varphi(x) (\nabla \varphi(x))^T \ge 0 \qquad \text{(since the Hessian is symmetric)}$$

Thus, we have proved that:

$$\nabla^2 \varphi(x) \ge \nabla \varphi(x) (\nabla \varphi(x))^T, \quad \forall x, y \in \text{dom } \varphi$$

$$(3) \implies (1)$$

Suppose (3) holds, so we have:

$$\nabla^2 \varphi(x) \ge \nabla \varphi(x) (\nabla \varphi(x))^T, \quad \forall x, y \in \text{dom } \varphi$$

Since we need to show that $e^{-\varphi(x)}$ is concave, similar to the previous proof, we can define $g(x)=-f(x)=-e^{-\varphi(x)}$ (where $f(x)=e^{-\varphi(x)}$), and show that g(x) is convex.

By theorem ⁷, we have:

 $^{^7{\}rm Y}.$ Nesterov, Introductory Lectures on Convex Optimization: A Basic Course, 1st ed., Springer, New York, NY, 2004, p. 55.

Theorem 2.1.4

Two times continuously differentiable function $f \in \mathcal{F}^2(\mathbb{R}^n)$ iff for any $x \in \mathbb{R}^n$, we have:

$$f''(x) \succeq 0$$

Therefore, we need to show that $\nabla^2 g(x) \succeq 0$. We derive the following using the Scalar-by-vector identity ⁸:

If u = u(x) and v = v(x) are vector functions of x, then:

$$\nabla(u \cdot v) = (\nabla u)v^T + u^T(\nabla v)$$

Hence, we have:

$$\begin{split} \nabla^2 g(x) &= \nabla (e^{-\varphi(x)} \nabla \varphi(x)) \\ &= \left[\frac{d}{dx} (e^{-\varphi(x)}) \right] (\nabla \varphi(x))^T + e^{-\varphi(x)} \nabla^2 \varphi(x) \\ &= -e^{-\varphi(x)} (\nabla \varphi(x)) (\nabla \varphi(x))^T + e^{-\varphi(x)} \nabla^2 \varphi(x) \\ &= e^{-\varphi(x)} \left[\nabla^2 \varphi(x) - (\nabla \varphi(x)) (\nabla \varphi(x))^T \right] \end{split}$$

By our assumption, we knew that $\nabla^2 \varphi(x) - \nabla \varphi(x) (\nabla \varphi(x))^T \succeq 0$, and multiplying by $e^{-\varphi(x)} > 0$ would not change the sign, therefore we have:

$$\nabla^2 g(x) \succeq 0$$

And the equivalence of the three statements is proved. \Box

(3)

We're given:

The ratio of the d stocks on the t-th day:

$$x_t \in \Delta = \left\{ x = (x[1], \dots, x[d]) \in \mathbb{R}_+^d : \sum_{i=1}^d x[i] = 1 \right\},$$

The price relative on the t-th day:

$$a_t = (a_t[1], \dots, a_t[d]) = \left(\frac{p_t^c[1]}{p_t^c[1]}, \dots, \frac{p_t^c[d]}{p_t^c[d]}\right) \in \mathbb{R}_+^d$$

^{8&}quot;Matrix calculus", Wikipedia, https://en.wikipedia.org/wiki/Matrix_calculus

where:

 $p_t^c[i]$: the closing price of the *i*-th stock on the *t*-th day $p_t^c[i]$: the opening price of the *i*-th stock on the *t*-th day

Suppose a_1, \ldots, a_T are i.i.d. random vectors, following known common probability distribution P.

Strategy:

$$x_t \in \underset{x \in \Delta}{\operatorname{argmin}} f(x); \quad f(x) := \mathsf{E} \left[-\log \langle a_t, x \rangle \right], \quad \forall t \in \mathbb{N}$$

Assume f strictly convex.

(1)

Since Alice has one unit of wealth before the first day, let $W_0 = 1$. And let W_{t-1} be the wealth of Alice before the t-th day.

So after the end of the t-th day, Alice would have her wealth W_t :

$$W_t = W_{t-1} \cdot x_t[1] \cdot a_t[1] + W_{t-1} \cdot x_t[2] \cdot a_t[2] + \dots + W_{t-1} \cdot x_t[d] \cdot a_t[d]$$

= $W_{t-1} \cdot \langle a_t, x_t \rangle$

For example, if $a_t[1] = 2$, then the price of the first stock on day t is twice as high as the price on day t-1, we can then calculate how much Alice invests in the first stock on day t, which is $W_{t-1} \cdot x_t[1]$, and multiply this price relative to get the wealth on day t.

Using this formula, we knew that:

$$W_1 = W_0 \cdot \langle a_1, x_1 \rangle$$

$$W_2 = W_1 \cdot \langle a_2, x_2 \rangle = W_0 \cdot \langle a_1, x_1 \rangle \cdot \langle a_2, x_2 \rangle$$

$$W_3 = W_2 \cdot \langle a_3, x_3 \rangle = W_0 \cdot \langle a_1, x_1 \rangle \cdot \langle a_2, x_2 \rangle \cdot \langle a_3, x_3 \rangle$$

$$\vdots$$

$$W_T = W_0 \cdot \langle a_1, x_1 \rangle \cdot \langle a_2, x_2 \rangle \cdot \dots \cdot \langle a_T, x_T \rangle$$

Which is the same as required since $W_0 = 1$, and we have:

$$W_T = \langle a_1, x_1 \rangle \cdot \langle a_2, x_2 \rangle \cdot \cdot \cdot \cdot \langle a_T, x_T \rangle \qquad \Box$$

(2)

Our aim is to show that:

$$\lim_{T \to \infty} \mathsf{E} \left[\frac{W_T(x)}{W_T^*} \right] \leq 1, \quad \forall x \in \Delta \tag{*}$$

where $W_T(x)$ (given by the problem statement) and W_T^{\star} (by the previous subproblem) are defined as:

$$W_T(x) := \langle a_1, x \rangle \cdots \langle a_T, x \rangle = \prod_{t=1}^T \langle a_t, x \rangle$$
$$W_T^* := \langle a_1, x_1 \rangle \cdots \langle a_T, x_T \rangle = \prod_{t=1}^T \langle a_t, x_t \rangle$$

From Alice's strategy, we have:

$$x_t \in \underset{x \in \Lambda}{\operatorname{argmin}} f(x); \quad f(x) := \mathsf{E} \left[-\log \langle a_t, x \rangle \right], \quad \forall t \in \mathbb{N}$$

This means that Alice decides the ratio of the t-th day by finding the x that minimizes the function f, which is the expected loss of using x as the ratio.

By the fact that f is strictly convex and $x_t \in \underset{x \in \Delta}{\operatorname{argmin}} f(x)$, we have:

$$f(x_t) < f(x) \quad \forall x \in \Delta \setminus \{x_t\}$$

Replace by the definition of f, and using the fact that expectation is linear:

$$\begin{split} & \operatorname{E}\left[-\log\langle a_t, x_t\rangle\right] < \operatorname{E}\left[-\log\langle a_t, x\rangle\right] & \forall x \in \Delta \setminus \{x_t\} \\ \Rightarrow & -\operatorname{E}\left[\log\langle a_t, x_t\rangle\right] < -\operatorname{E}\left[\log\langle a_t, x\rangle\right] & \forall x \in \Delta \setminus \{x_t\} \\ \Rightarrow & \operatorname{E}\left[\log\langle a_t, x\rangle\right] - \operatorname{E}\left[\log\langle a_t, x_t\rangle\right] < 0 & \forall x \in \Delta \setminus \{x_t\} \\ \Rightarrow & \operatorname{E}\left[\log\langle a_t, x\rangle - \log\langle a_t, x_t\rangle\right] < 0 & \forall x \in \Delta \setminus \{x_t\} \\ \Rightarrow & \lim_{T \to \infty} \frac{1}{T} \sum_{t=1}^T \operatorname{E}\left[\log\langle a_t, x\rangle - \log\langle a_t, x_t\rangle\right] < 0 & \forall x \in \Delta \setminus \{x_t\} \\ \Rightarrow & \lim_{T \to \infty} \frac{1}{T} \operatorname{E}\left[\sum_{t=1}^T \left(\log\langle a_t, x\rangle - \log\langle a_t, x_t\rangle\right)\right] < 0, & \forall x \in \Delta \setminus \{x_t\} \end{split}$$

The above inequality would be equality only when $x_t = x$, so if we modify the set to not exclude x_t , we would have the following:

$$\lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\sum_{t=1}^T \left(\log \langle a_t, x \rangle - \log \langle a_t, x_t \rangle \right) \right] \leq 0, \quad \forall x \in \Delta$$

And this implies:

$$\begin{split} &\lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\sum_{t=1}^T \left(\log \langle a_t, x \rangle - \log \langle a_t, x_t \rangle \right) \right] \leq 0, \quad \forall x \in \Delta \\ & \Rightarrow \lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\sum_{t=1}^T \log \langle a_t, x \rangle - \sum_{t=1}^T \log \langle a_t, x_t \rangle \right] \leq 0, \quad \forall x \in \Delta \\ & \Rightarrow \lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\log \prod_{t=1}^T \langle a_t, x \rangle - \log \prod_{t=1}^T \langle a_t, x_t \rangle \right] \leq 0, \quad \forall x \in \Delta \\ & \Rightarrow \lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\log \left(\frac{\prod_{t=1}^T \langle a_t, x \rangle}{\prod_{t=1}^T \langle a_t, x_t \rangle} \right) \right] \leq 0, \quad \forall x \in \Delta \\ & \Rightarrow \lim_{T \to \infty} \frac{1}{T} \mathsf{E} \left[\log \left(\frac{W_T(x)}{W_T^*} \right) \right] \leq 0, \quad \forall x \in \Delta \\ & \Rightarrow \mathsf{E} \left[\log \left(\frac{W_T(x)}{W_T^*} \right) \right] \leq 0, \quad \forall x \in \Delta \end{split}$$

(3)

(4)

We're given:

$$\begin{split} f: \mathbb{R}^d &\to \mathbb{R} &\quad \text{differentiable, may be non-convex} \\ \nabla f: &\ L\text{-Lipschitz}, \ L>0 \quad i.e. \\ &\|\nabla f(y) - \nabla f(x)\|_* \leq L\|y-x\|, \quad \forall x,y \in \mathbb{R}^d \\ &\quad \text{where } \|u\|_* := \max_{x \in \mathbb{R}^d, \|x\| \leq 1} \langle u,x \rangle \end{split}$$

And the definition of a point x being ϵ -stationary for some $\epsilon > 0$ if:

$$\|\nabla f(x)\|_* \le \varepsilon$$

(1)

Need to show:

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2} ||y - x||^2, \quad \forall x, y \in \mathbb{R}^d$$

The thought is to use the proof process of Lemma 1.2.3 9:

Lemma 1.2.3

Let $f \in C_L^{1,1}(\mathbb{R}^n)$. Then for any $x, y \in \mathbb{R}^n$, we have:

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \le \frac{L}{2} ||y - x||^2$$

Let $g(\tau) = x + \tau(y - x)$, where $\tau \in [0, 1]$, which means that g(0) = x and g(1) = y. Then we have:

$$\frac{d}{d\tau}g(\tau) = y - x$$
$$\nabla f(g(\tau)) = \nabla f(x + \tau(y - x))$$

Then, for all $x, y \in \mathbb{R}^d$, we have:

$$f(y) - f(x) = \int_{x}^{y} \nabla f(g(\tau)) \cdot dg(\tau)$$
$$= \int_{0}^{1} \nabla f(x + \tau(y - x)) \cdot (y - x) d\tau$$
$$= \int_{0}^{1} \langle \nabla f(x + \tau(y - x)), y - x \rangle d\tau$$

Which is the same as the following, using the fact that the integral is linear, and f(x), y - x are not functions of τ :

$$f(y) = f(x) + \int_0^1 \langle \nabla f(x + \tau(y - x)), y - x \rangle d\tau$$

$$\Rightarrow f(y) = f(x) + \int_0^1 \langle \nabla f(x + \tau(y - x)) + \nabla f(x) - \nabla f(x), y - x \rangle d\tau$$

$$\Rightarrow f(y) = f(x) + \int_0^1 \langle \nabla f(x), y - x \rangle d\tau + \int_0^1 \langle \nabla f(x + \tau(y - x)) - \nabla f(x), y - x \rangle d\tau$$

$$\Rightarrow f(y) = f(x) + \langle \nabla f(x), y - x \rangle + \int_0^1 \langle \nabla f(x + \tau(y - x)) - \nabla f(x), y - x \rangle d\tau$$
(*)

⁹Y. Nesterov, *Introductory Lectures on Convex Optimization: A Basic Course*, 1st ed., Springer, New York, NY, 2004, p. 22-23.

And we're given for any $x, y \in \mathbb{R}^d$:

$$\|\underbrace{\nabla f(y) - \nabla f(x)}_{\mathbf{u}}\|_{*} \le L\|y - x\|$$

$$\Rightarrow \max_{z \in \mathbb{R}^{d}, \|z\| \le 1} \langle \nabla f(y) - \nabla f(x), z \rangle \le L\|y - x\|$$

Let $y = x + \tau(y - x)$, then we have:

$$\|\nabla f(y) - \nabla f(x)\|_{*} = \|\nabla f(x + \tau(y - x)) - \nabla f(x)\|_{*} \le L\|x + \tau(y - x) - x\| = L\tau\|y - x\|$$

$$\Rightarrow \|\nabla f(x + \tau(y - x)) - \nabla f(x)\|_{*} \le L\tau\|y - x\|$$
(1)

Going back to the definition $\|u\|_*:=\max_{x\in\mathbb{R}^d,\|x\|\leq 1}\langle u,x\rangle$, this means that for any $z\in\mathbb{R}^d,\|z\|\leq 1$:

$$\langle u, z \rangle \le ||u||_*$$

If we want to expand the definition to arbitrary $v \in \mathbb{R}^d$ (not necessarily $||v|| \le 1$), we can let $z = \frac{v}{||v||}$, then we have:

$$\langle u, z \rangle = \langle u, \frac{v}{\|v\|} \rangle = \frac{\langle u, v \rangle}{\|v\|} \le \|u\|_*$$

$$\Rightarrow \langle u, v \rangle < \|u\|_* \|v\| \qquad \forall u, v \in \mathbb{R}^d$$

Let $u = \nabla f(x + \tau(y - x)) - \nabla f(x)$, v = y - x, then we have:

$$\langle \nabla f(x + \tau(y - x)) - \nabla f(x), \mathbf{y} - \mathbf{x} \rangle \le \| \nabla f(x + \tau(y - x)) - \nabla f(x) \|_* \| \mathbf{y} - \mathbf{x} \|_* \|_* \| \mathbf{y} - \mathbf{x} \|_*$$

Multiply the result of (1) by ||y - x||, we have:

$$\|\nabla f(x + \tau(y - x)) - \nabla f(x)\|_{*} \le L\tau \|y - x\|$$

$$\Rightarrow \|\nabla f(x + \tau(y - x)) - \nabla f(x)\|_{*} \|y - x\| \le L\tau \|y - x\|^{2}$$
(3)

Combining (2) and (3), we have:

$$\langle \nabla f(x + \tau(y - x)) - \nabla f(x), y - x \rangle < L\tau ||y - x||^2$$

Substituting this back into (*), we have:

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \int_0^1 L\tau \|y - x\|^2 d\tau$$

$$\Rightarrow f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + L \|y - x\|^2 \int_0^1 \tau d\tau$$

$$\Rightarrow f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2} \|y - x\|^2 \qquad \Box$$

(2)

We're given the algorithm (generalization of gradient descent):

$$x_1 \in \mathbb{R}^d$$
 for every $t \in \mathbb{N}$
$$x_{t+1} \in \underset{x \in \mathbb{R}^d}{\operatorname{argmin}} \langle \nabla f(x_t), x - x_t \rangle + \frac{L}{2} \|x - x_t\|^2$$

Need to show:

$$f(x_{t+1}) - f(x_t) \le -\frac{1}{2L} \|\nabla f(x_t)\|_*^2, \quad \forall t \in \mathbb{N}$$

Let the function to minimize in the update rule be g:

$$g: \mathbb{R}^d \to \mathbb{R}$$

$$g(x) = \langle \nabla f(x_t), x - x_t \rangle + \frac{L}{2} ||x - x_t||^2$$

Let $z = x - x_t$, then we have:

$$g(x) = \langle \nabla f(x_t), z \rangle + \frac{L}{2} ||z||^2$$

So:

$$\arg\min_{x} g(x) = x_t + \arg\min_{z} \{ \langle \nabla f(x_t), z \rangle + \frac{L}{2} ||z||^2 \}$$

Let $h(z) = \langle \nabla f(x_t), z \rangle + \frac{L}{2} ||z||^2$, we can rearrange the equation as:

$$h(z) - \frac{L}{2} ||z||^2 = \langle \nabla f(x_t), z \rangle$$

Using the following proposition 10 :

Proposition: Equivalent conditions of strong convexity

A differentiable function f is strongly convex with constant $\mu > 0$

$$\Leftrightarrow g(x) = f(x) - \frac{\mu}{2} ||x||^2 \text{ is convex}, \forall x$$

Since $\langle \nabla f(x_t), z \rangle$ is affine, $h(z) - \frac{L}{2} ||z||^2$ is convex, so h(z) is strongly convex with convexity parameter L.

Then, taking the gradient of h(z) with respect to z, we have:

$$\partial h(z) = \frac{d}{dz} \left(\langle \nabla f(x_t), z \rangle + \frac{L}{2} ||z||^2 \right)$$
$$= \nabla f(x_t) + \partial \left(\frac{L}{2} ||z||^2 \right)$$

Here we can be sure that the derivative of $\langle \nabla f(x_t), z \rangle$ is $\nabla f(x_t)$, since this term is linear in z, and a lienar map is differentiable, however, we need to take the subdifferential for $\frac{L}{2}||z||^2$, since the norm is uncertain. ¹¹

Using the following theorem ¹²:

Theorem 3.1.15

We have $f(x^*) = \min_{x \in \text{dom } f} f(x)$ iff.

$$0 \in \partial f(x^*)$$

Since we knew that h(z) is strongly convex, this means that the above equation is equivalent to saying there exists an unique minimizer z^* for h(z) such that:

$$0 \in \partial h(z^*)$$

so there exists $u \in \partial(\frac{1}{2}||z||^2)$ such that:

$$\nabla f(x_t) + Lu = 0$$

$$\Rightarrow u = -\frac{1}{L} \nabla f(x_t)$$

 $^{^{10}\}mathit{Strong}$ $\mathit{Convexity},$ available at: https://xingyuzhou.org/blog/notes/strong-convexity, accessed: Apr. 21, 2025.

¹¹The definition of subdifferential is from Nesterov, Y. N., *Introductory Lectures on Convex Optimization: A Basic Course*, 1st ed., Springer, New York, NY, 2004, p. 126.

¹²Nesterov, Y. N., Introductory Lectures on Convex Optimization: A Basic Course, 1st ed., Springer, New York, NY, 2004, p. 129.

Define:

$$\phi: \mathbb{R}^d \to \mathbb{R}$$
$$\phi(z) = \frac{L}{2} ||z||^2$$

Then the conjugate 13 of ϕ is defined as:

$$\phi^*(v) = \sup_{z \in \mathbb{R}^d} (\langle v, z \rangle - \phi(z))$$
$$= \sup_{z \in \mathbb{R}^d} \left(\langle v, z \rangle - \frac{L}{2} ||z||^2 \right)$$

Let $z = \alpha z'$, where |||z'|| = 1, then:

$$\phi^*(v) = \sup_{z \in \mathbb{R}^d} \left(\alpha \langle v, z' \rangle - \frac{L}{2} \langle \alpha z', \alpha z' \rangle \right)$$
$$= \sup_{\alpha \in \mathbb{R}} \left(\alpha \langle v, z' \rangle - \frac{L\alpha^2}{2} \right)$$

And by the definition of dual norm, we can derive the inequality (generalization of Cauchy-Schwarz inequality) 14 :

$$\alpha \langle v, z' \rangle \le \alpha \|v\|_* \|z'\| = \alpha \|v\|_*$$

And the original conjugate can be rewritten as:

$$\phi^*(v) = \sup_{\alpha \in \mathbb{R}} \left(\alpha \|v\|_* - \frac{L}{2} \alpha^2 \right)$$

Taking the derivative:

$$\frac{d}{d\alpha}\left(\alpha\|v\|_* - \frac{L}{2}\alpha^2\right) = \|v\|_* - L\alpha \implies \alpha = \frac{\|v\|_*}{L}$$

Plugging back in:

¹³S. Boyd and L. Vandenberghe, Convex Optimization, Cambridge University Press, 2004, p. 91. Available online at https://web.stanford.edu/~boyd/cvxbook/bv_cvxbook.pdf.

¹⁴S. Boyd and L. Vandenberghe, *Convex Optimization*, Cambridge University Press, 2004, p. 637.

$$\phi^*(v) = \frac{\|v\|_*}{L} \cdot \|v\|_* - \frac{L}{2} \cdot \frac{\|v\|_*^2}{L^2}$$
$$= \frac{\|v\|_*^2}{L} - \frac{\|v\|_*^2}{2L}$$
$$= \frac{\|v\|_*^2}{2L}$$

By Fenchel's inequality 15 , which is stated as follows:

Fenchel's inequality

For all x, y:

$$f(x) + f^*(y) \ge \langle x, y \rangle$$

Therefore, we have for all $z, v \in \mathbb{R}^d$:

$$\phi(z) + \phi^*(v) \ge \langle z, v \rangle$$

$$\Rightarrow \frac{L}{2} ||z||^2 + \frac{||v||_*^2}{2L} \ge \langle z, v \rangle$$

Let $v = \nabla f(x_t)$, and since $z = x - x_t$, which means that choosing the optimal z is equivalent to choosing the optimal x, which is x_{t+1} , so $z = x_{t+1} - x_t$, and we have:

$$\frac{L}{2} \|x_{t+1} - x_t\|^2 + \frac{1}{2L} \|\nabla f(x_t)\|_*^2 \ge \langle x_{t+1} - x_t, \nabla f(x_t) \rangle$$

By the result of subproblem (1), and plugging in $y = x_{t+1}$ and $x = x_t$, we have:

$$f(x_{t+1}) \leq f(x_t) + \langle \nabla f(x_t), x_{t+1} - x_t \rangle + \frac{L}{2} \|x_{t+1} - x_t\|^2$$

$$\Rightarrow f(x_{t+1}) - f(x_t) \leq \langle \nabla f(x_t), x_{t+1} - x_t \rangle + \frac{L}{2} \|x_{t+1} - x_t\|^2$$

$$\Rightarrow f(x_{t+1}) - f(x_t) \leq \frac{1}{2L} \|\nabla f(x_t)\|_*^2 + \frac{L}{2} \|x_{t+1} - x_t\|^2 + \frac{L}{2} \|x_{t+1} - x_t\|^2$$

Claim:

 $^{^{15}\}mathrm{S.}$ Boyd and L. Vandenberghe, Convex~Optimization, Cambridge University Press, 2004, p. 94.

$$\min_{1 \le \tau \le t} \|\nabla f(x_{\tau})\|_{*}^{2} \le \frac{2L [f(x_{1}) - f(x_{t+1})]}{t}, \quad \forall t \in \mathbb{N}$$

(3)