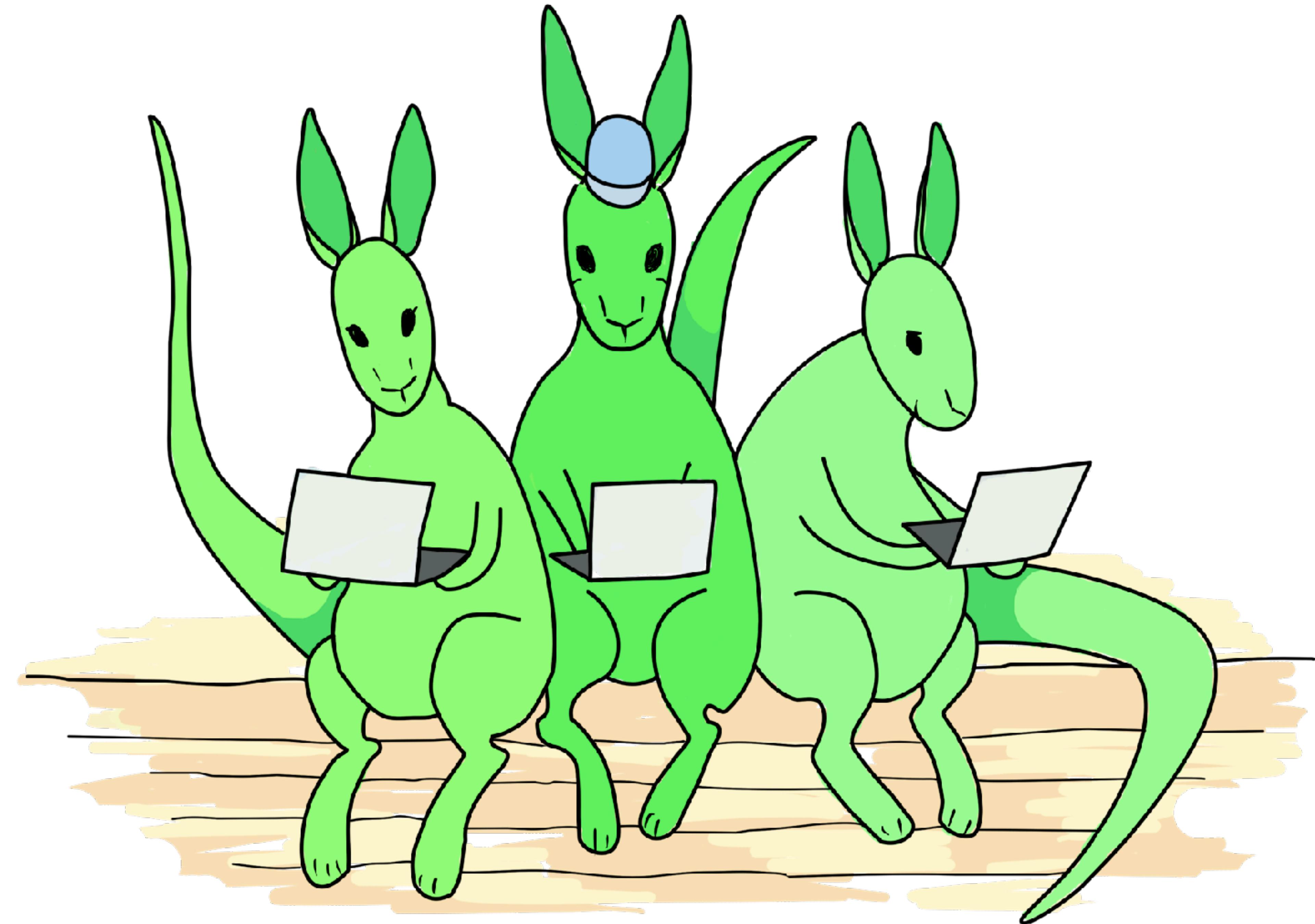


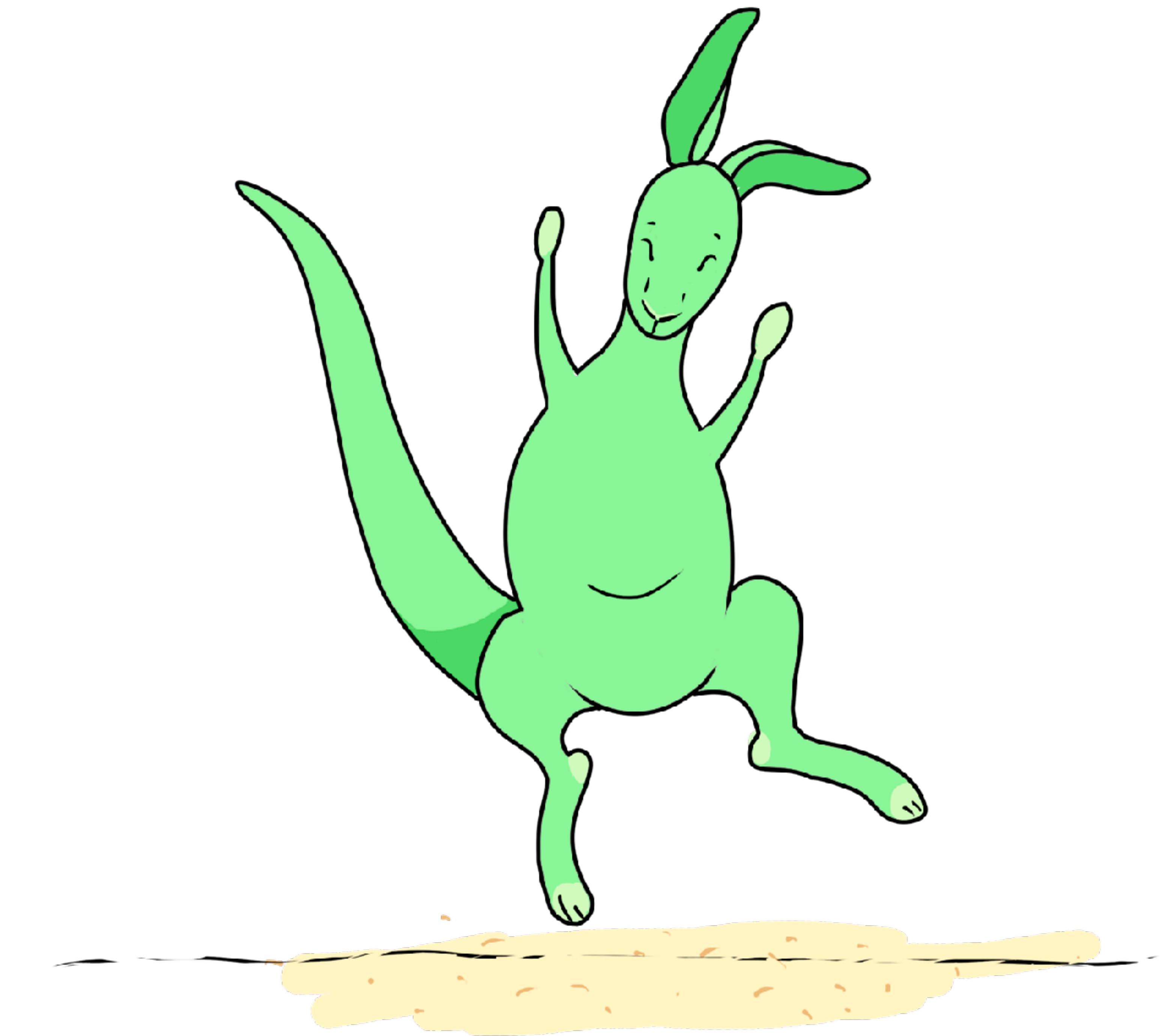
IMPOSTOR - DRIVEN development:

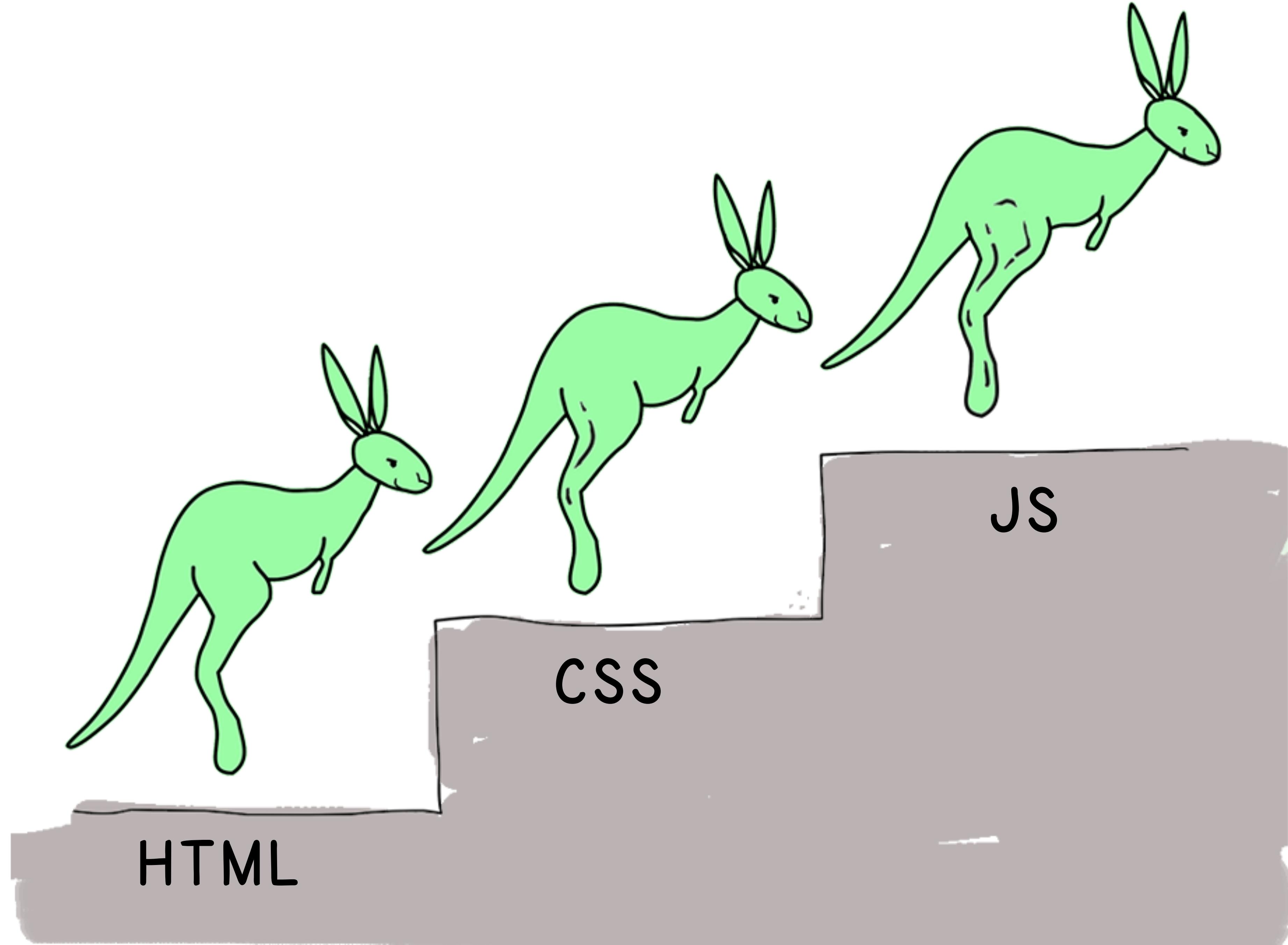
ВПЕЧАТЛЯЮЩЕ, НО СОВЕРШЕННО НЕПРАВИЛЬНО

Света Шарипова
 @helloDeadline







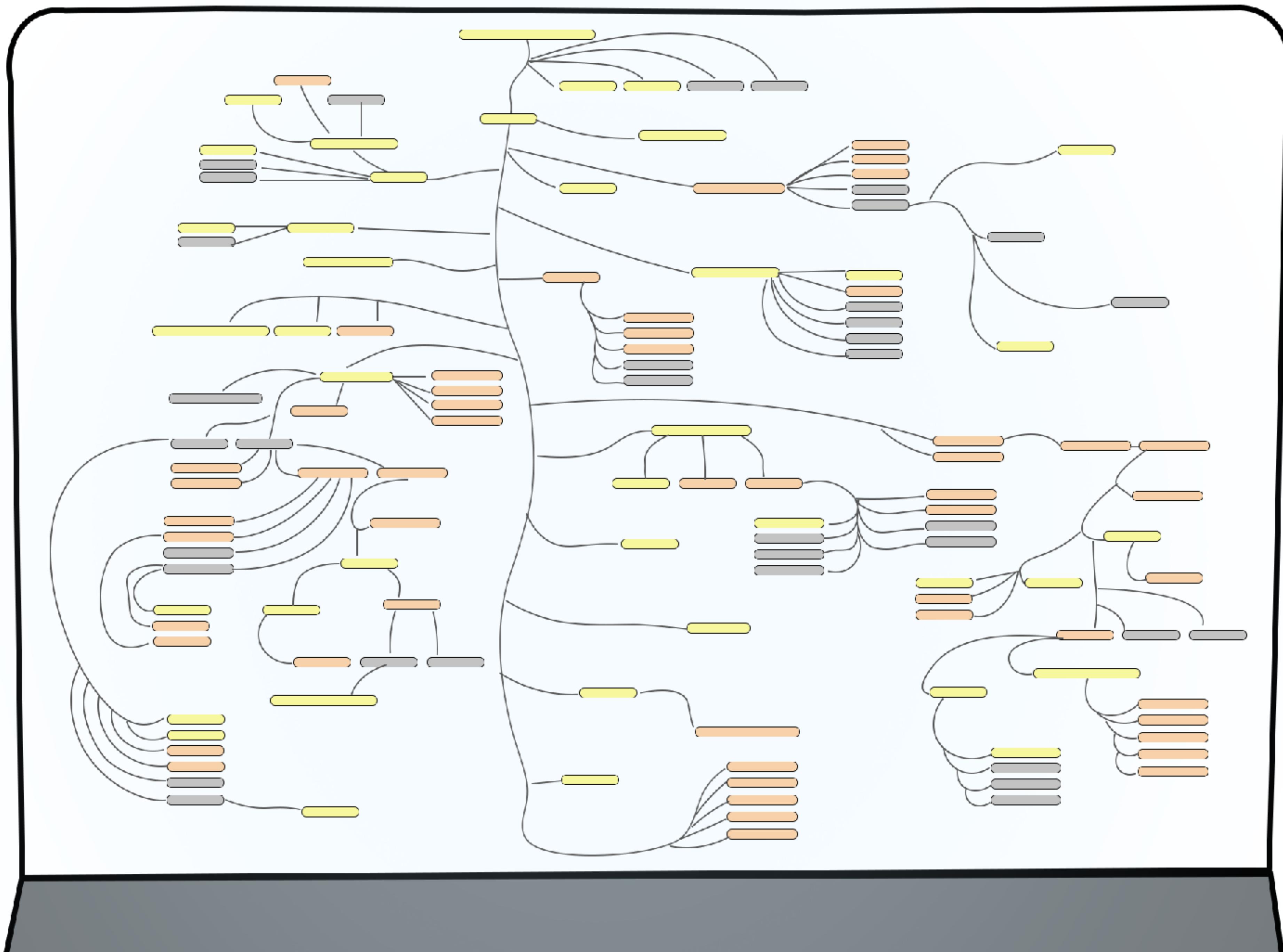




Roocle

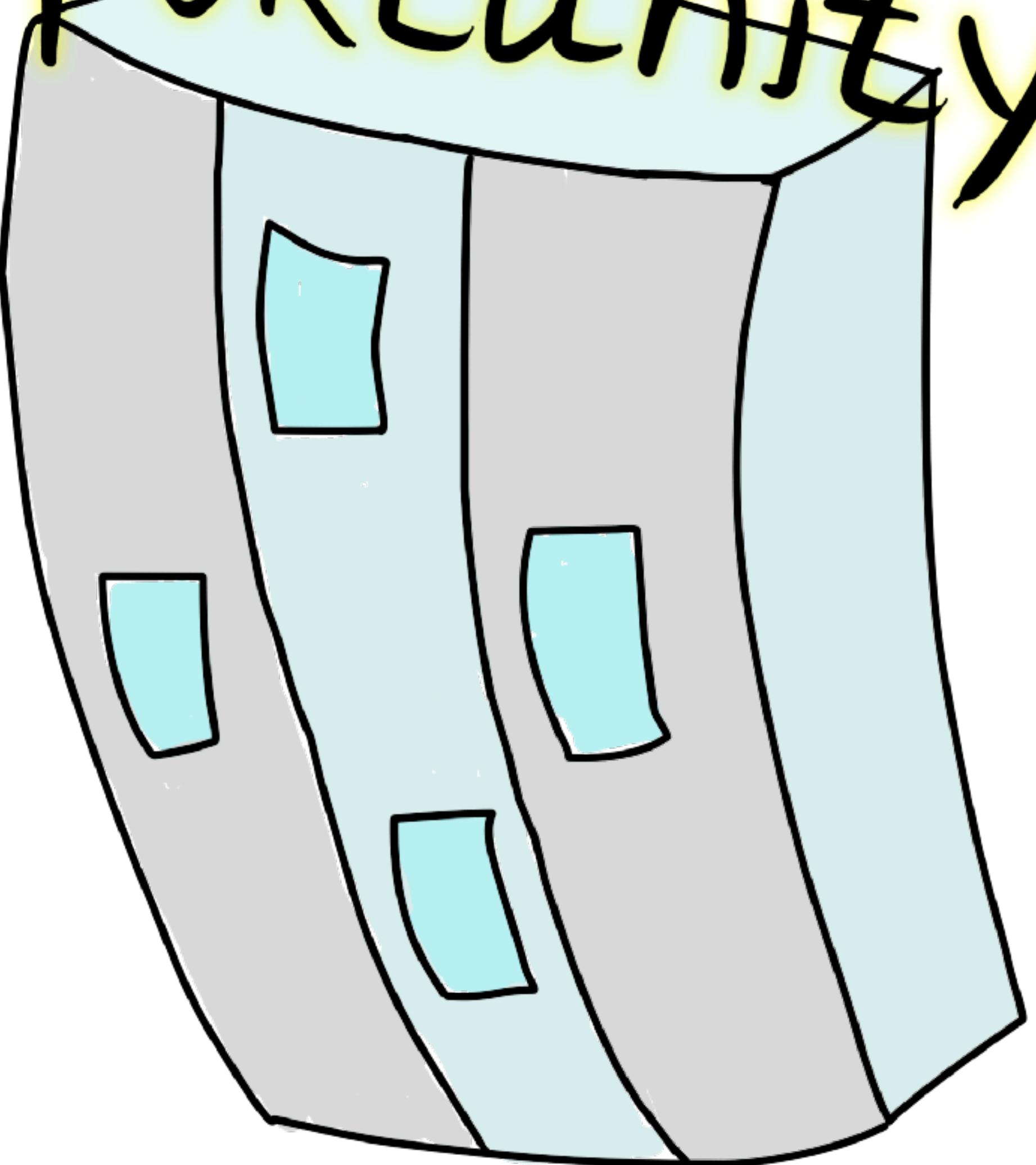
Front-end developer roadmap

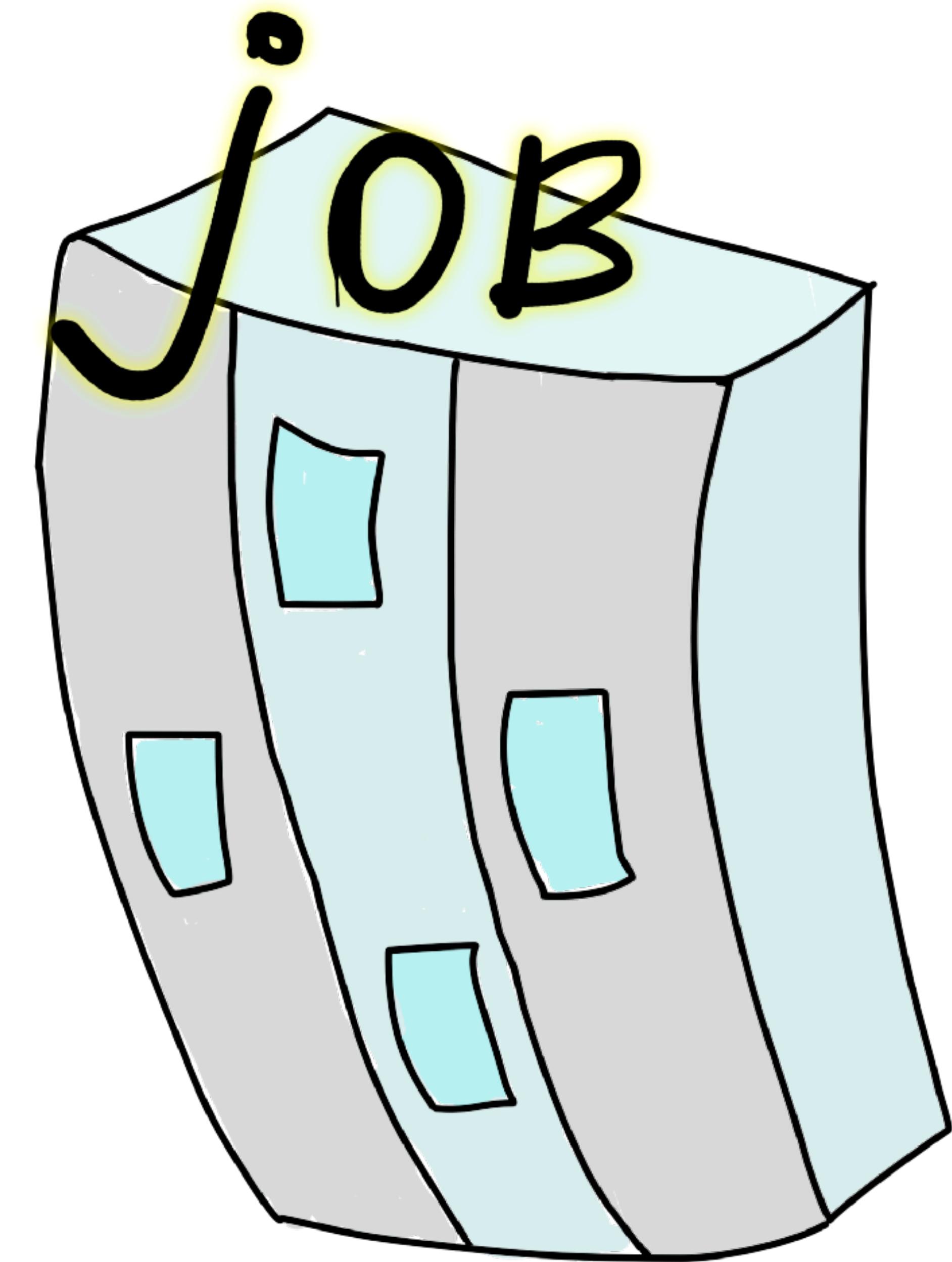
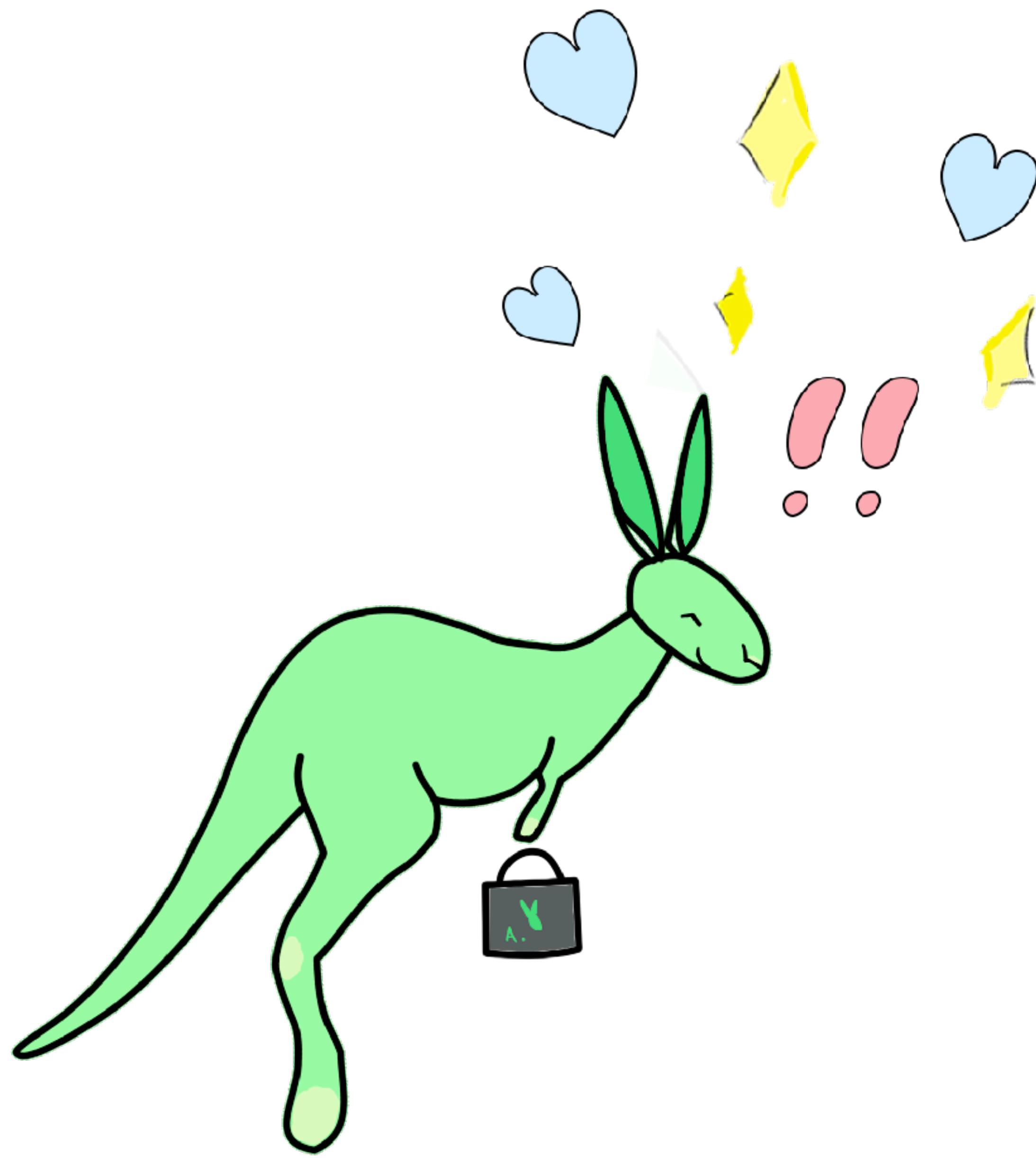






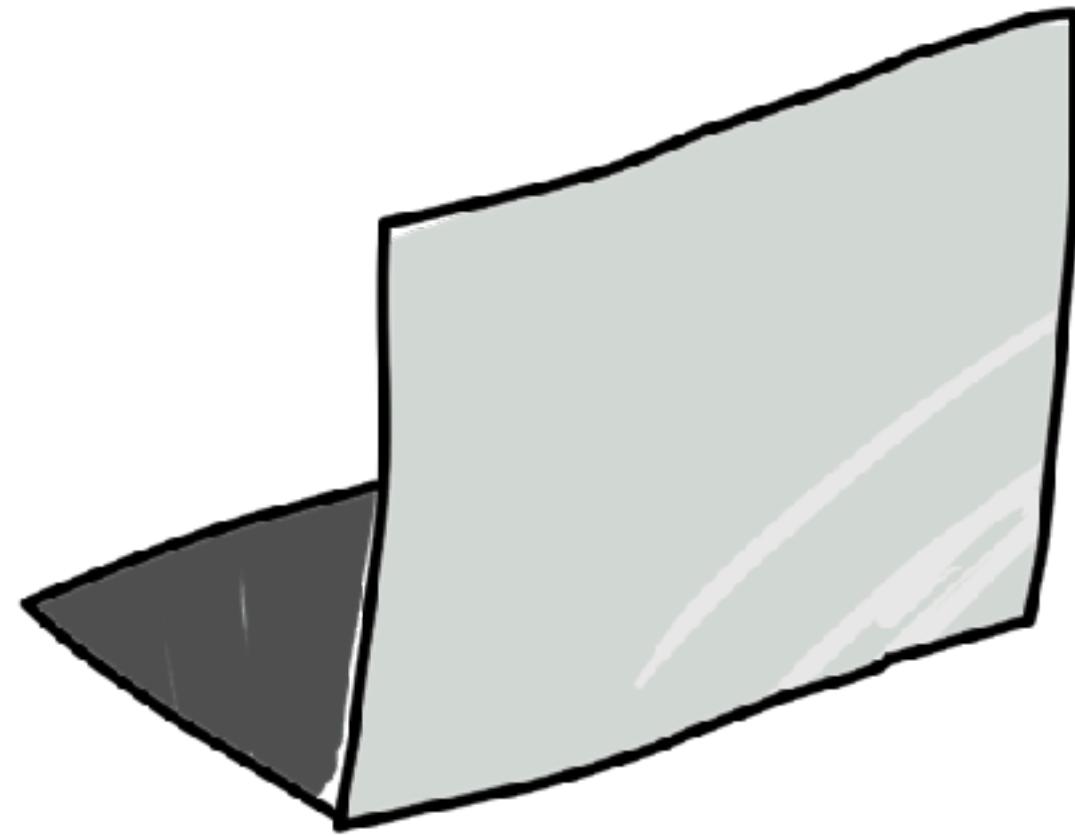
OPPORTUNITY





office

1 day



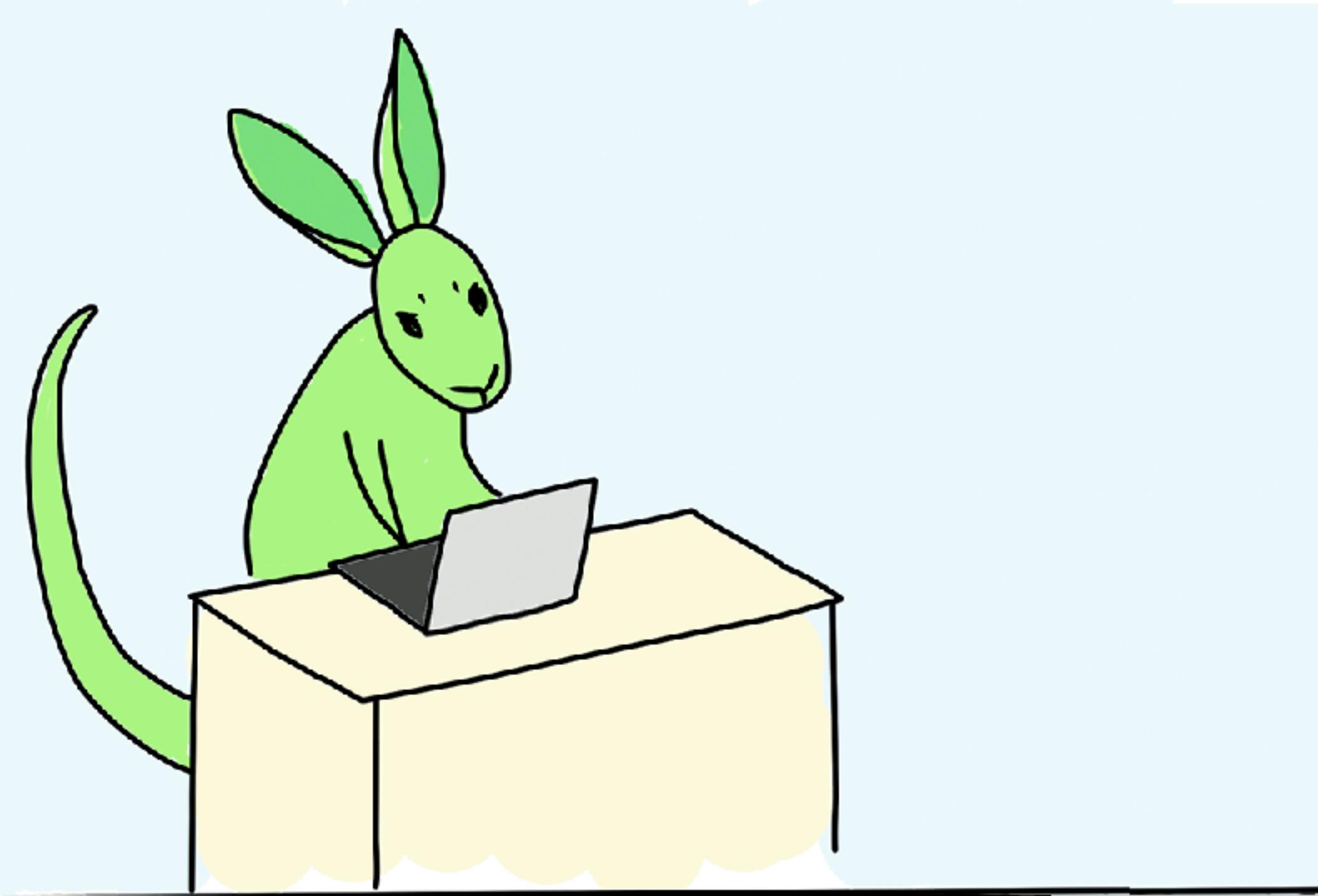


1. Almond milk
2. mint leaves
3. kiwi slices
4. sunflower seeds
5. orange juice
6. orange slices
7. cashew nuts
8. quinoa
9. cream
10. honey



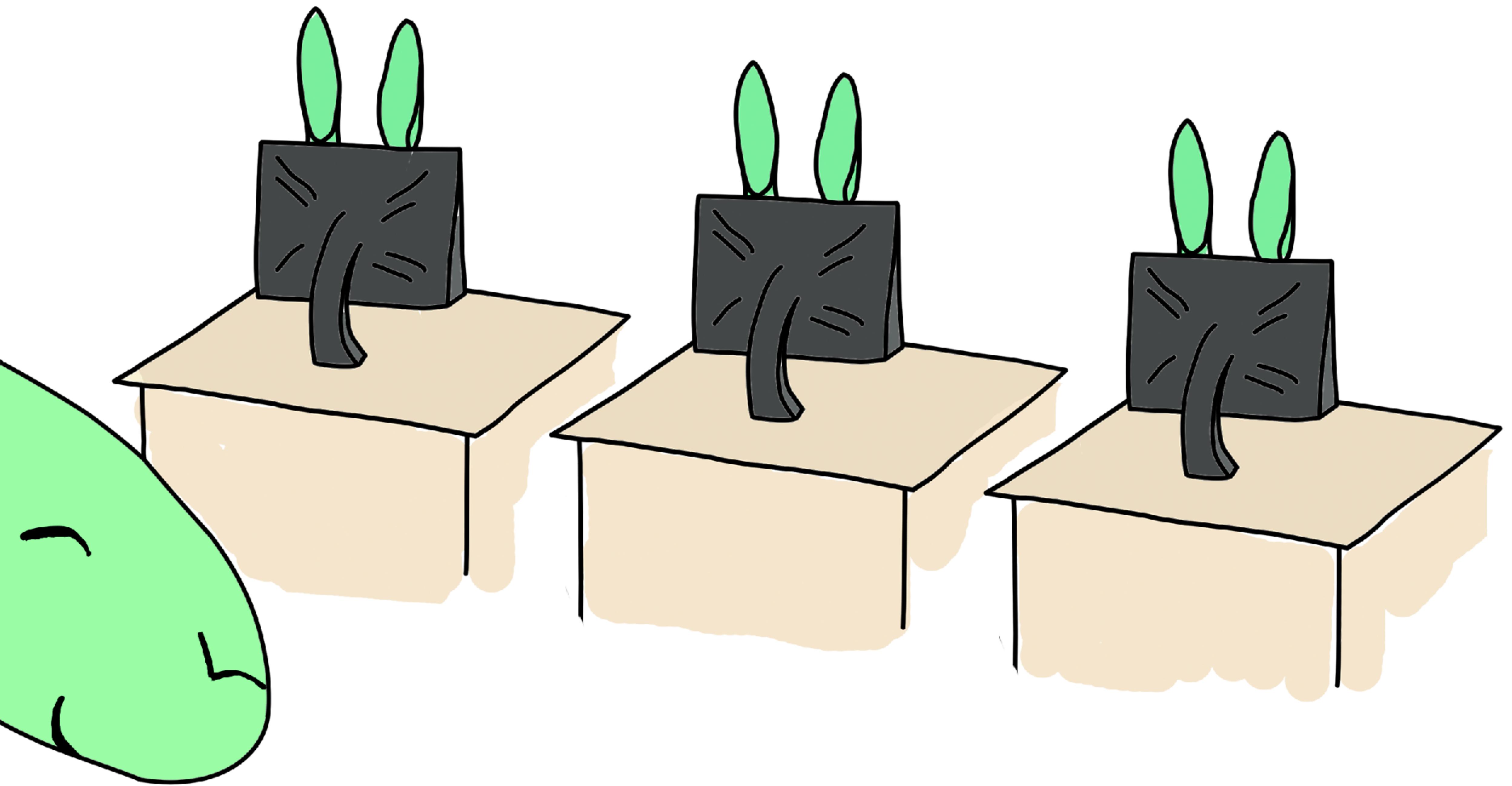


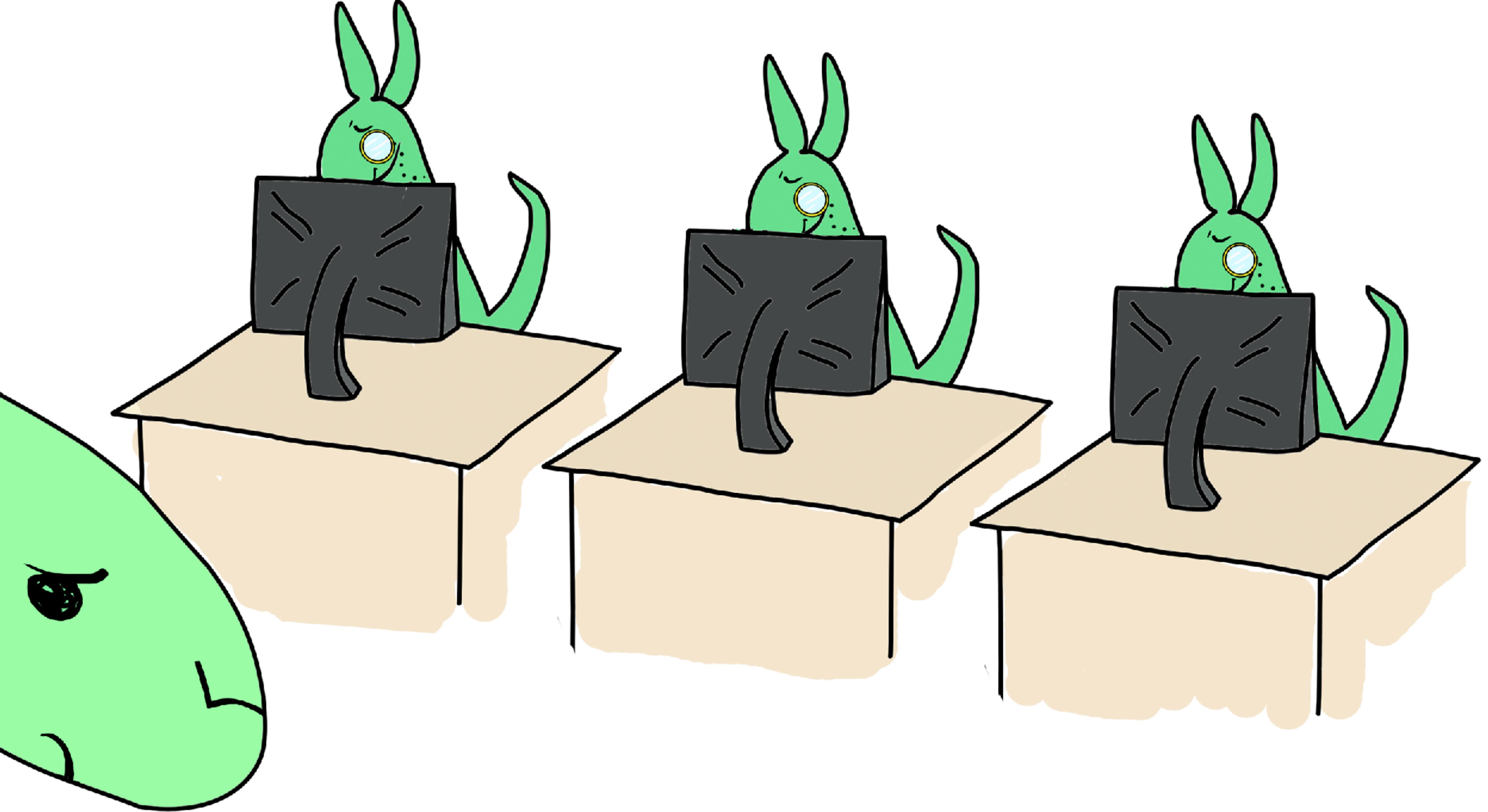




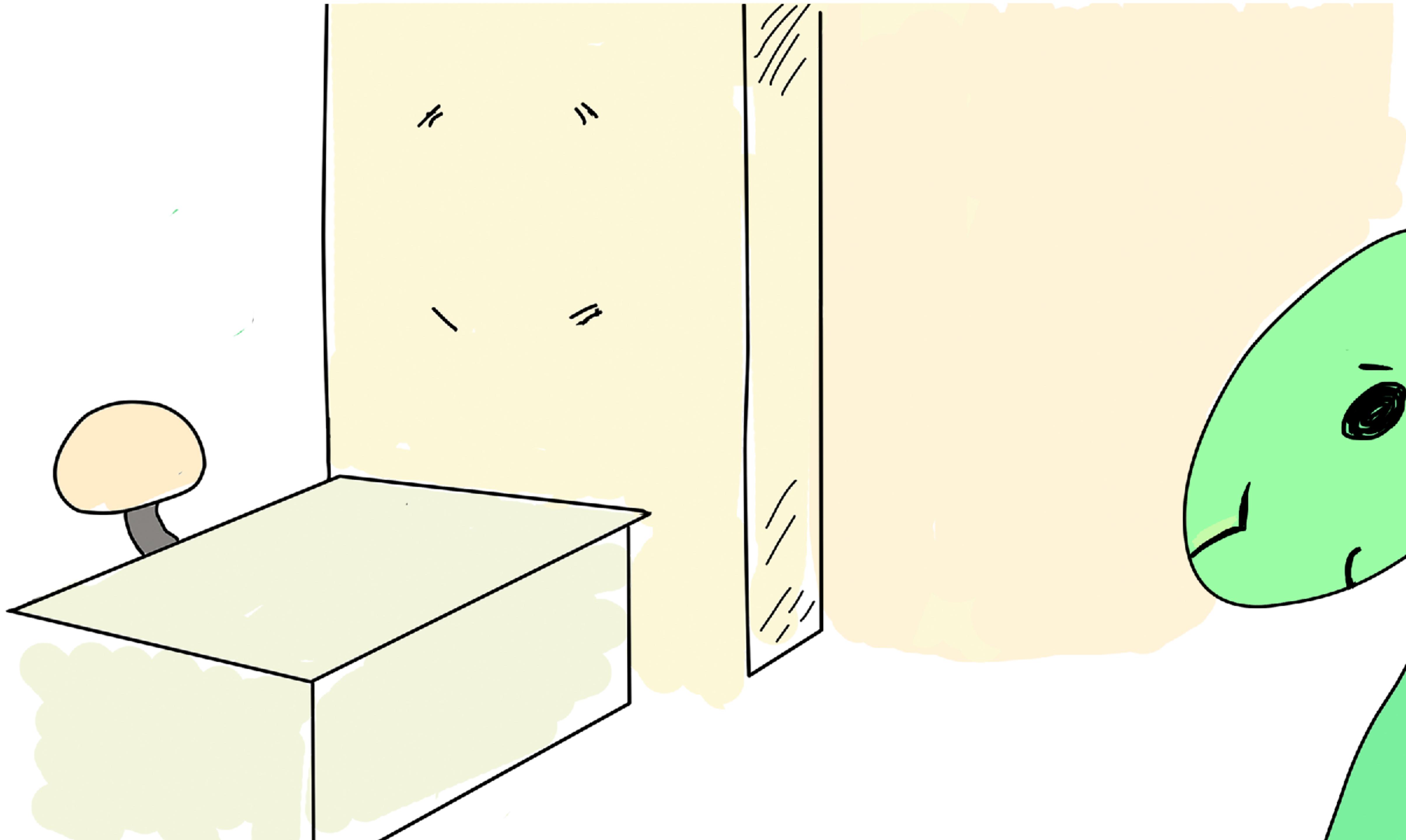
One week
later



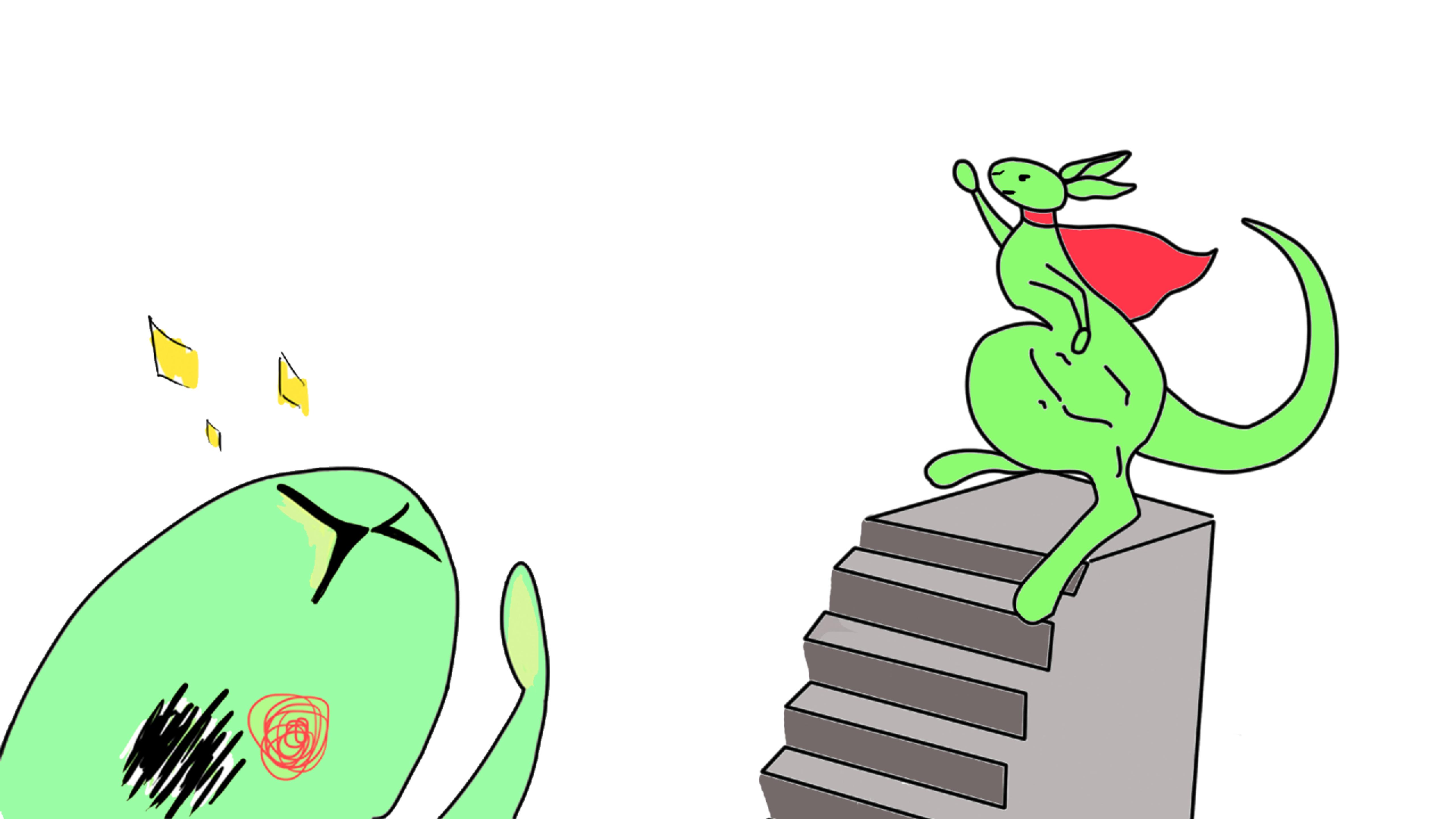


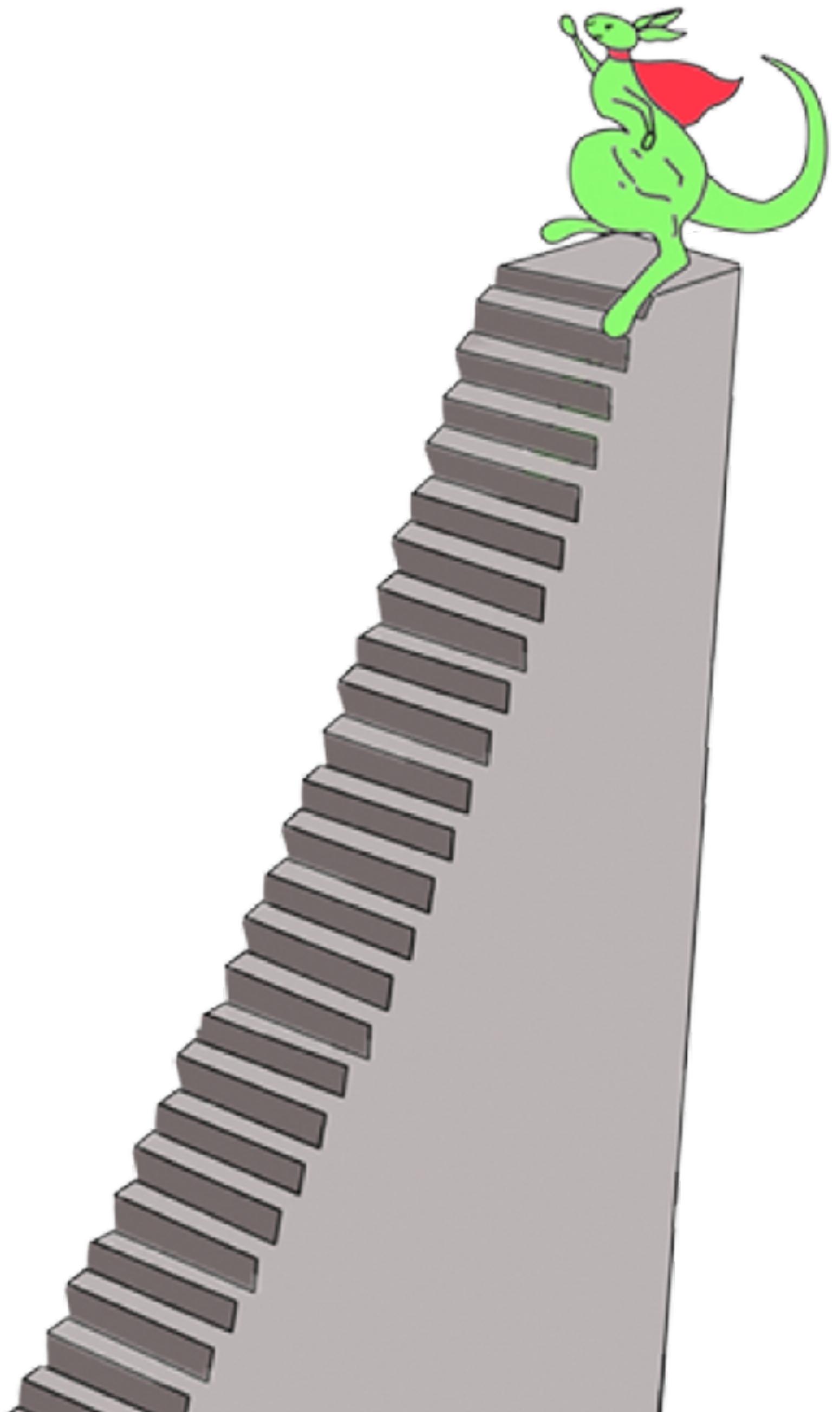


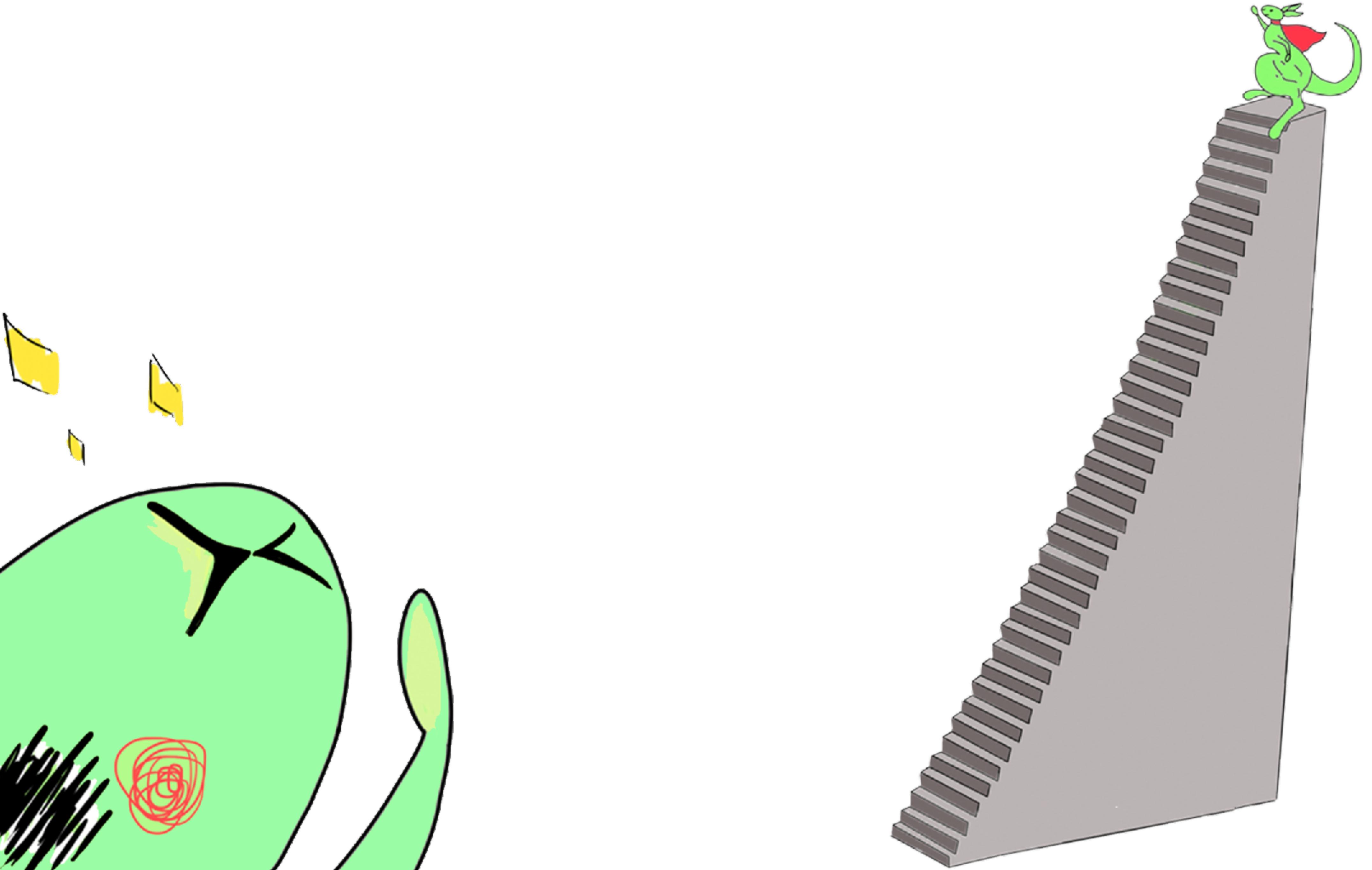


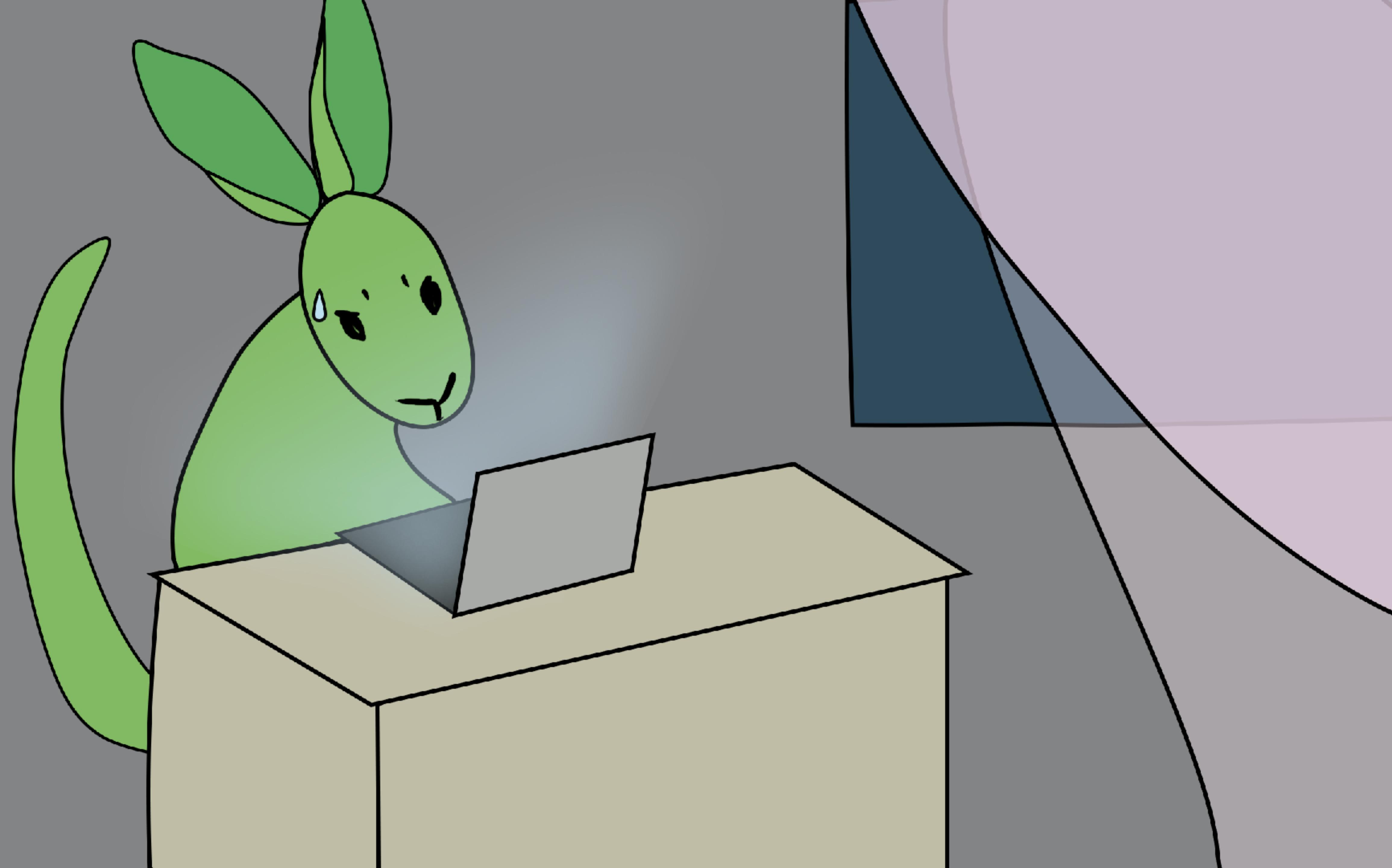


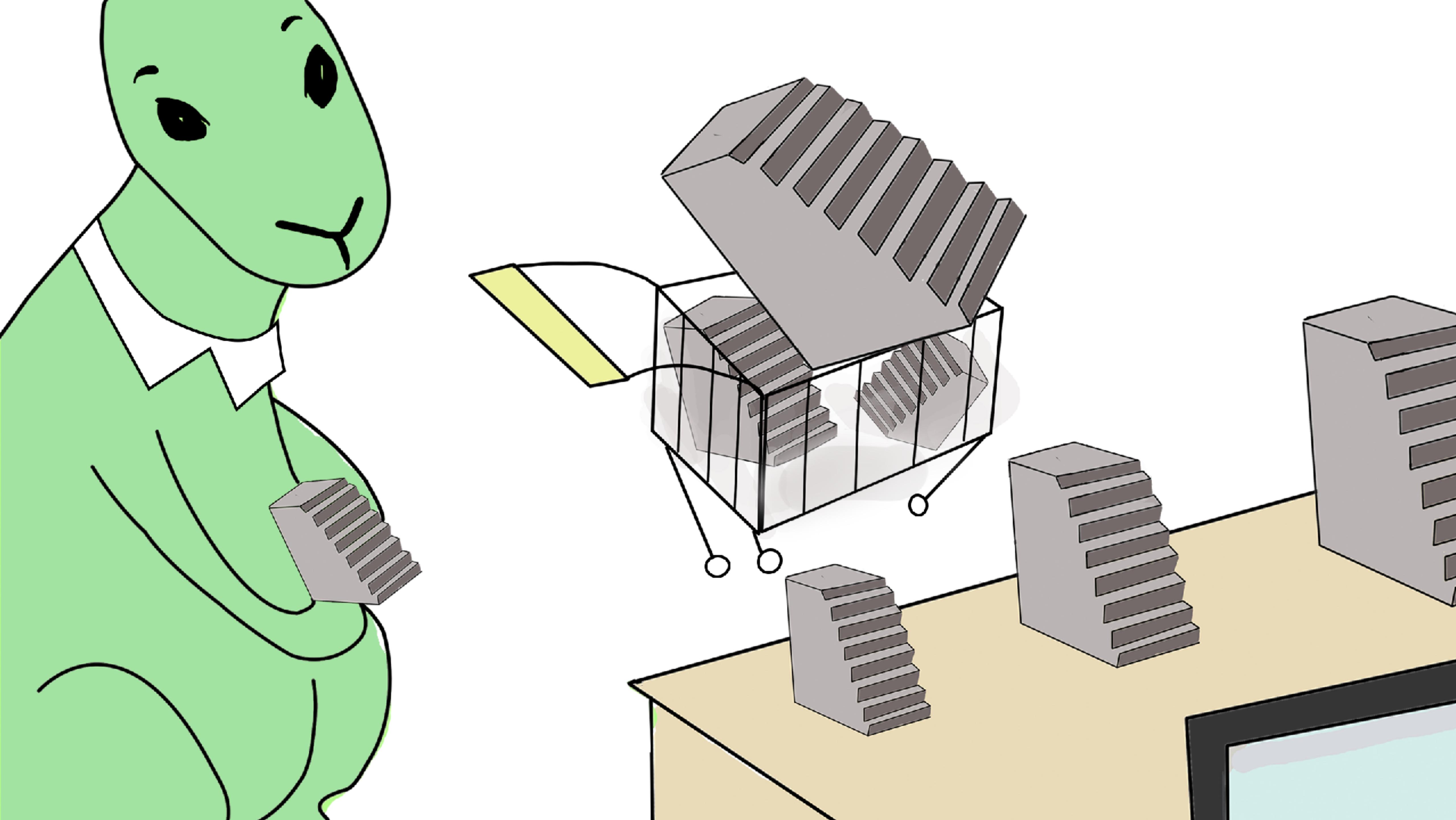


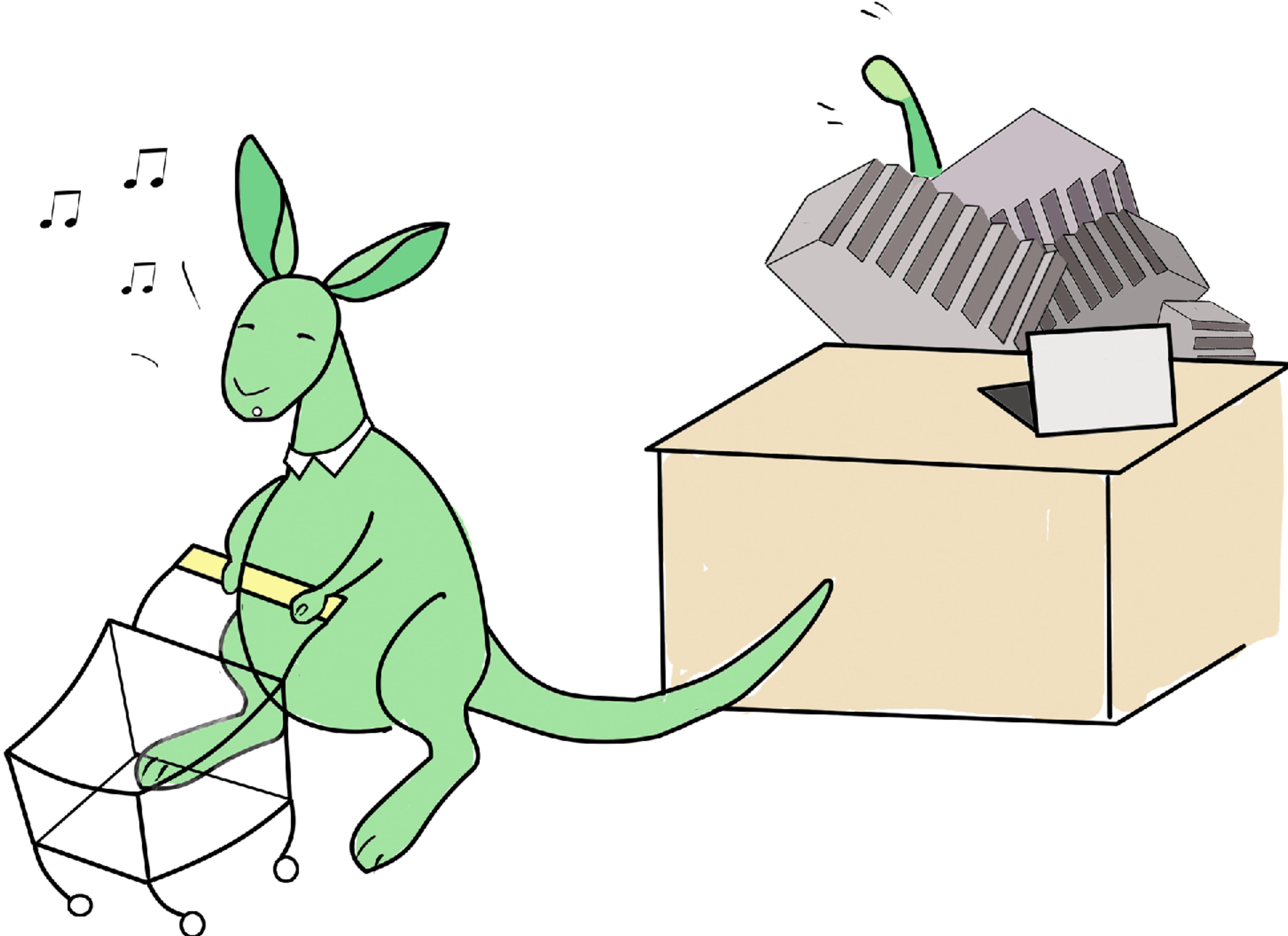




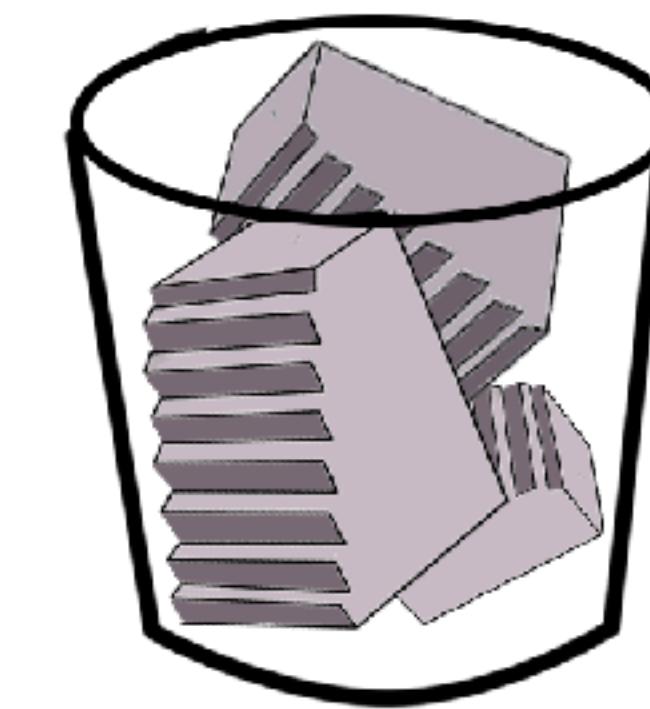
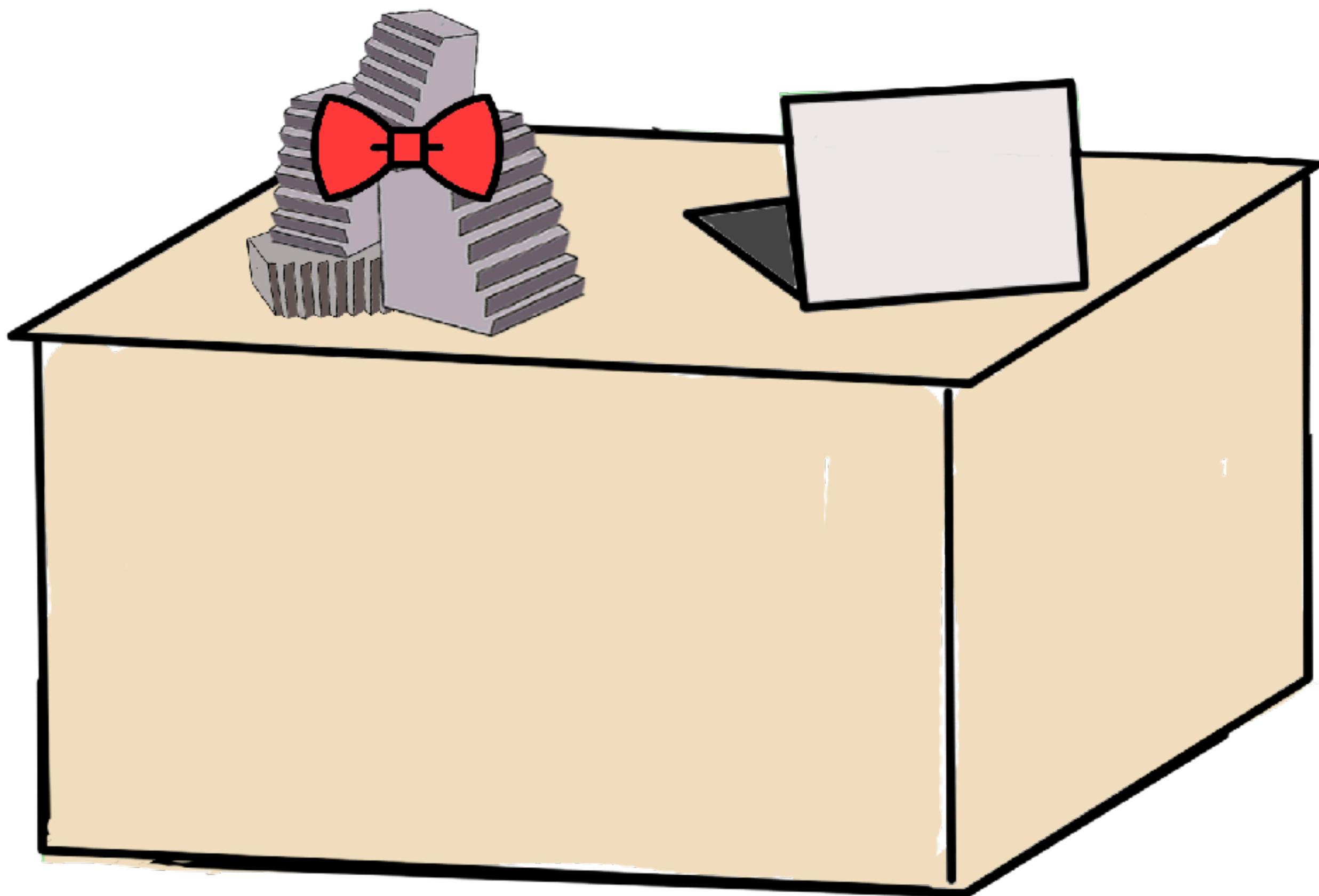


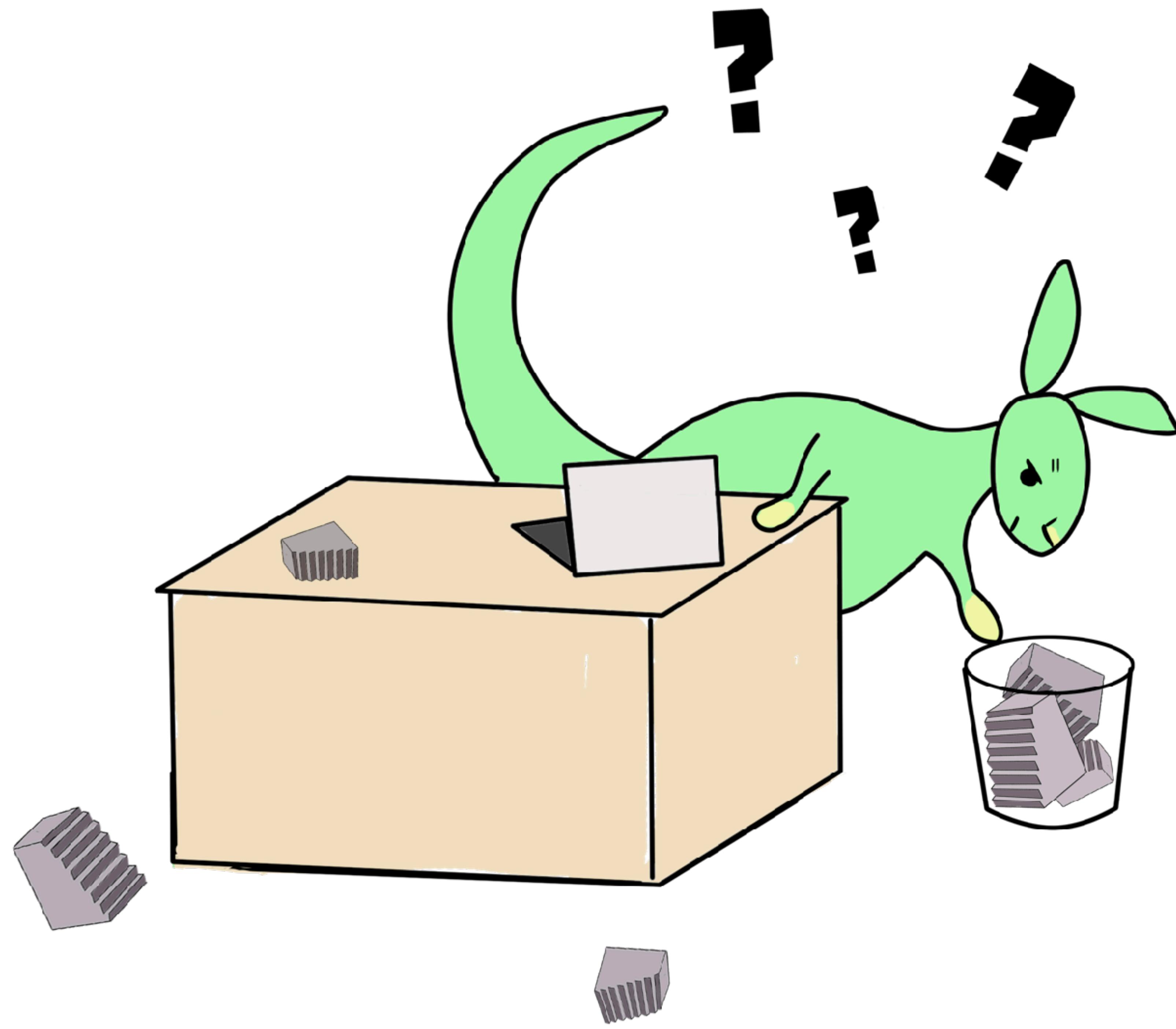


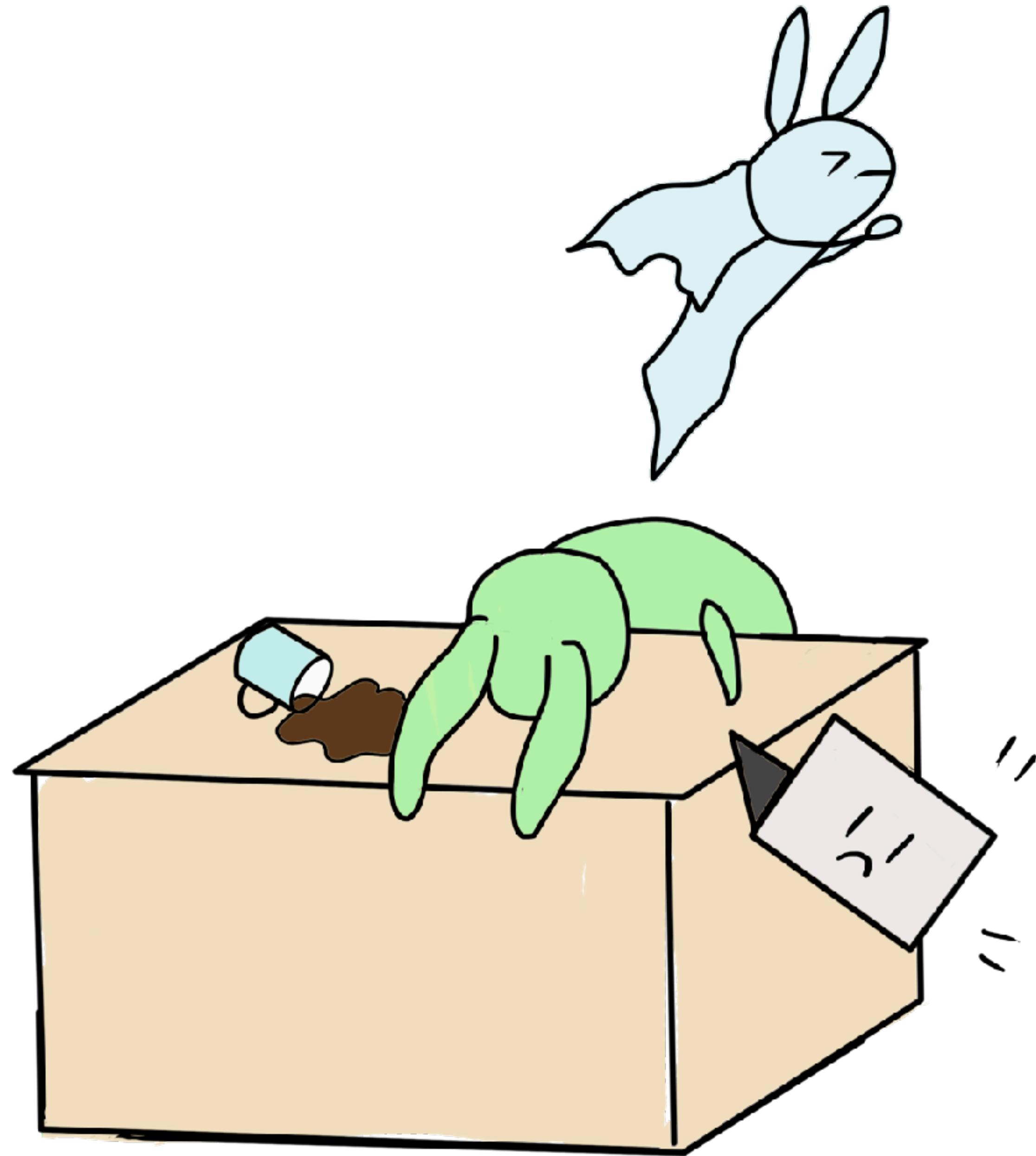


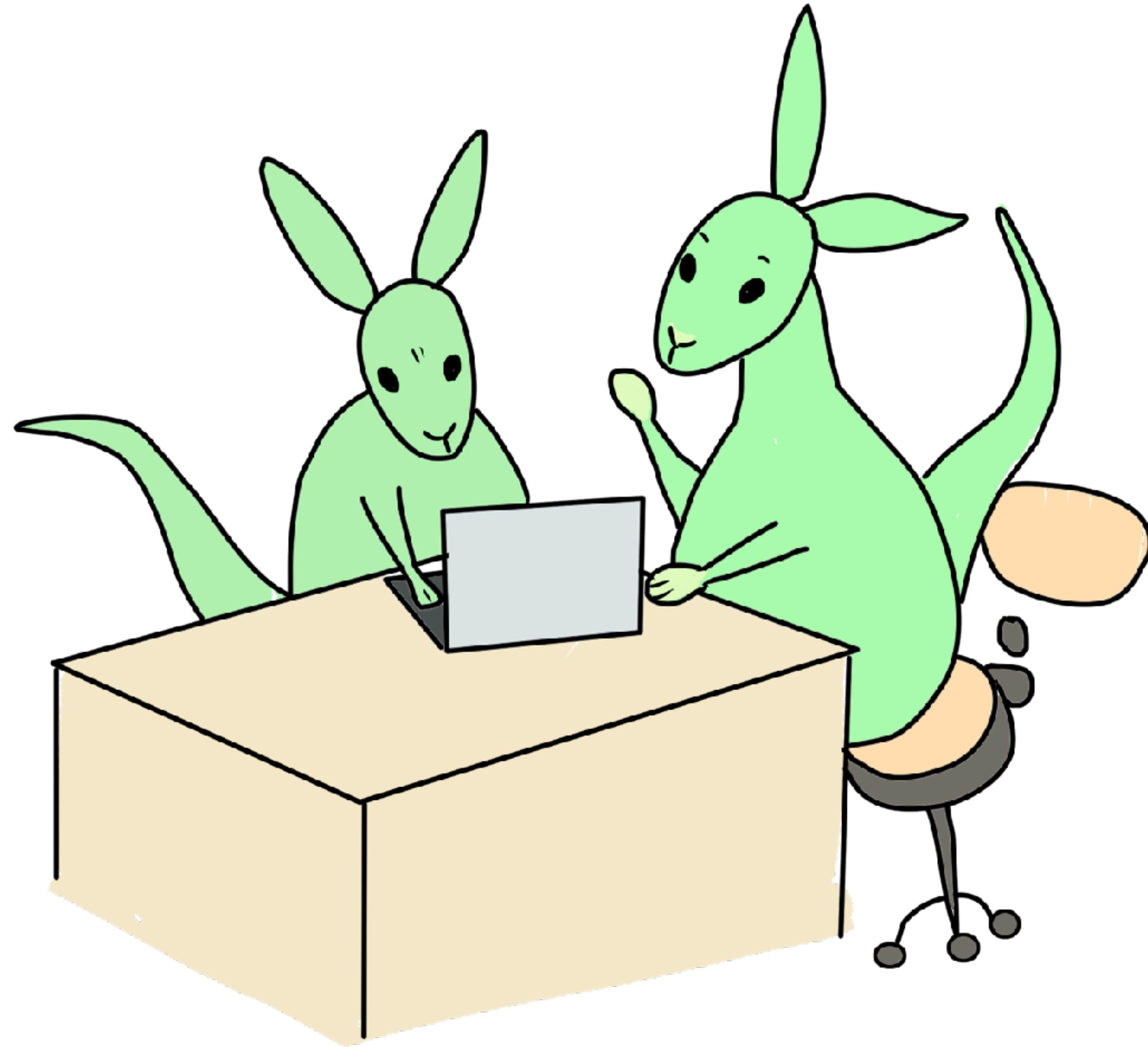


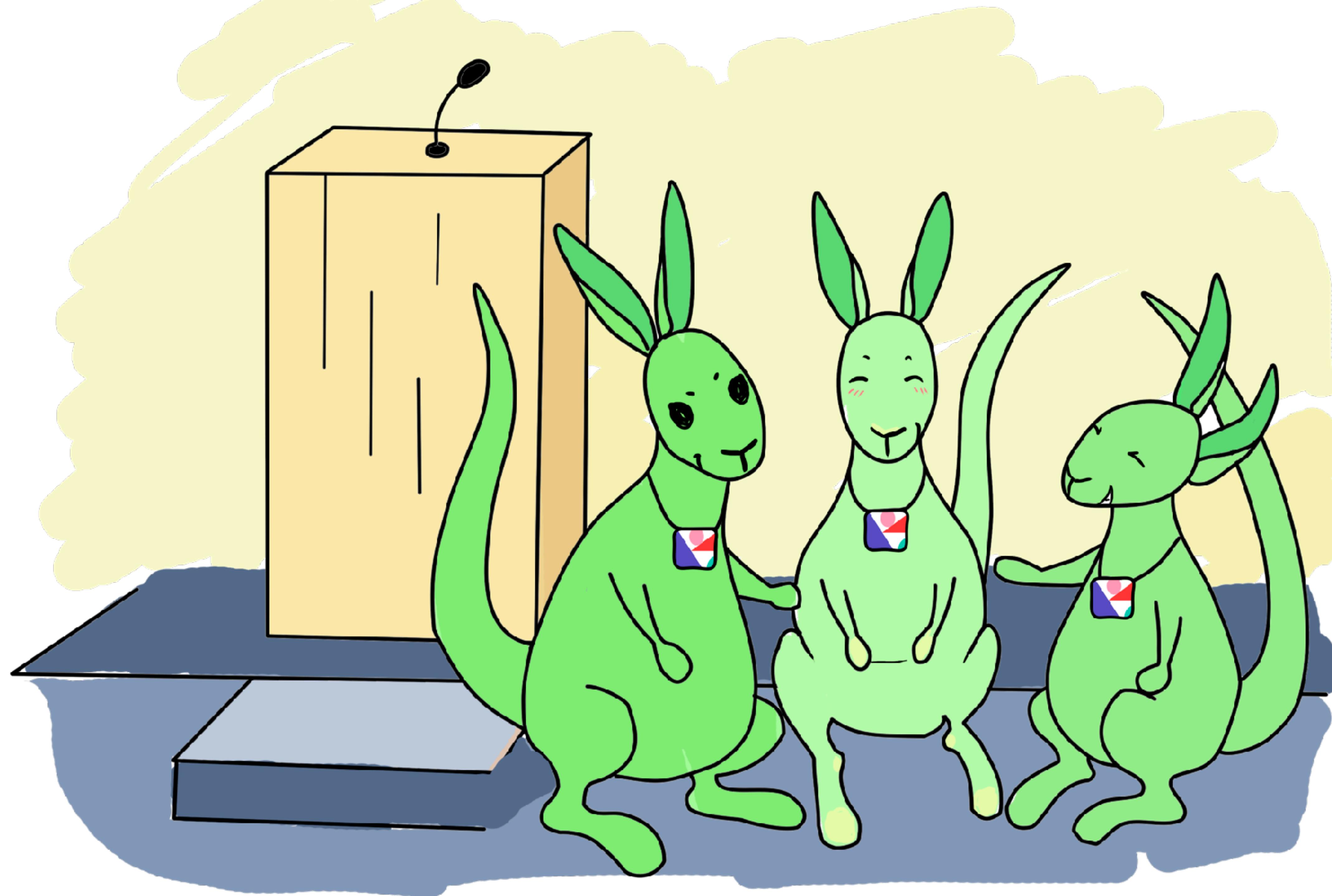


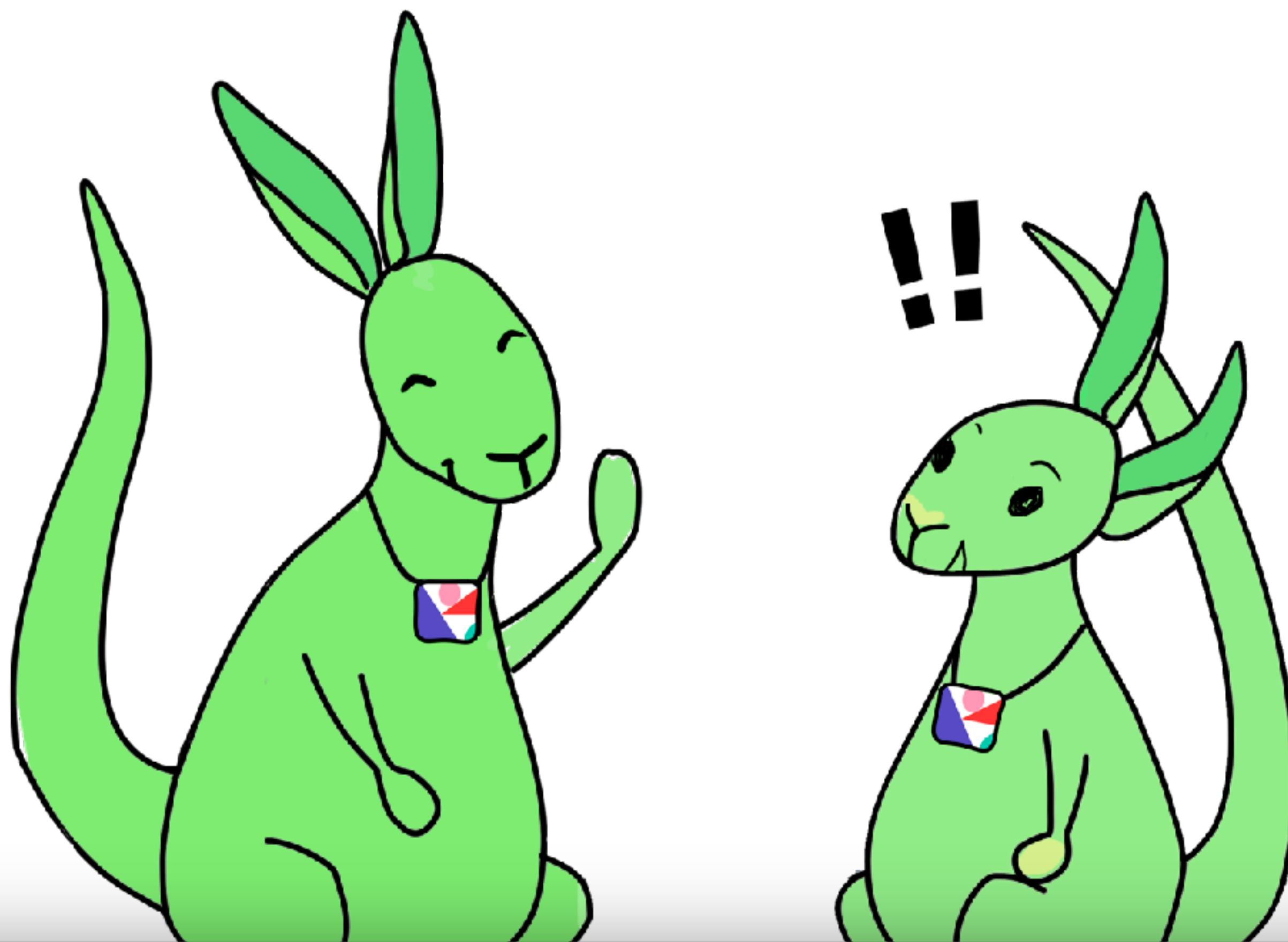




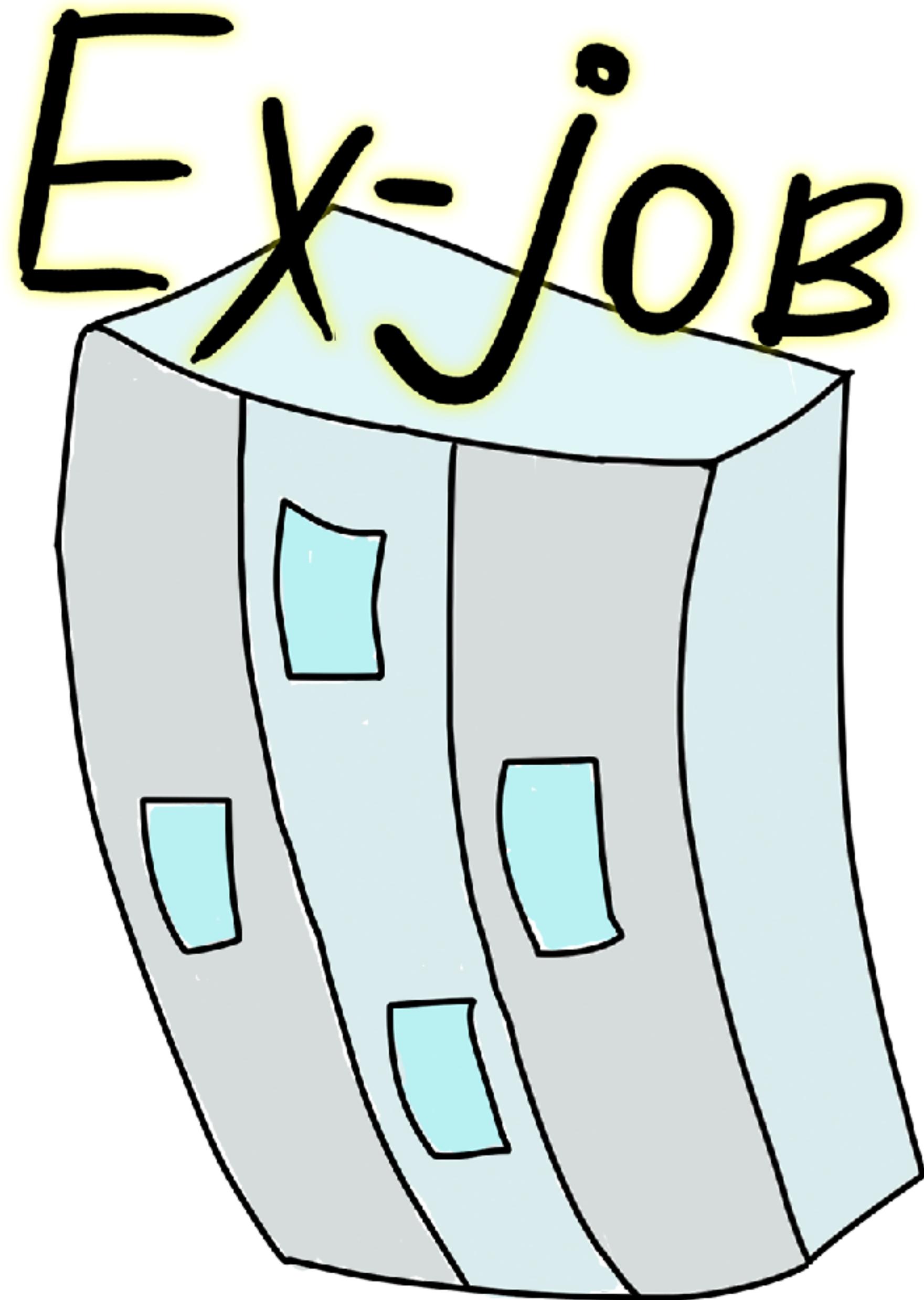
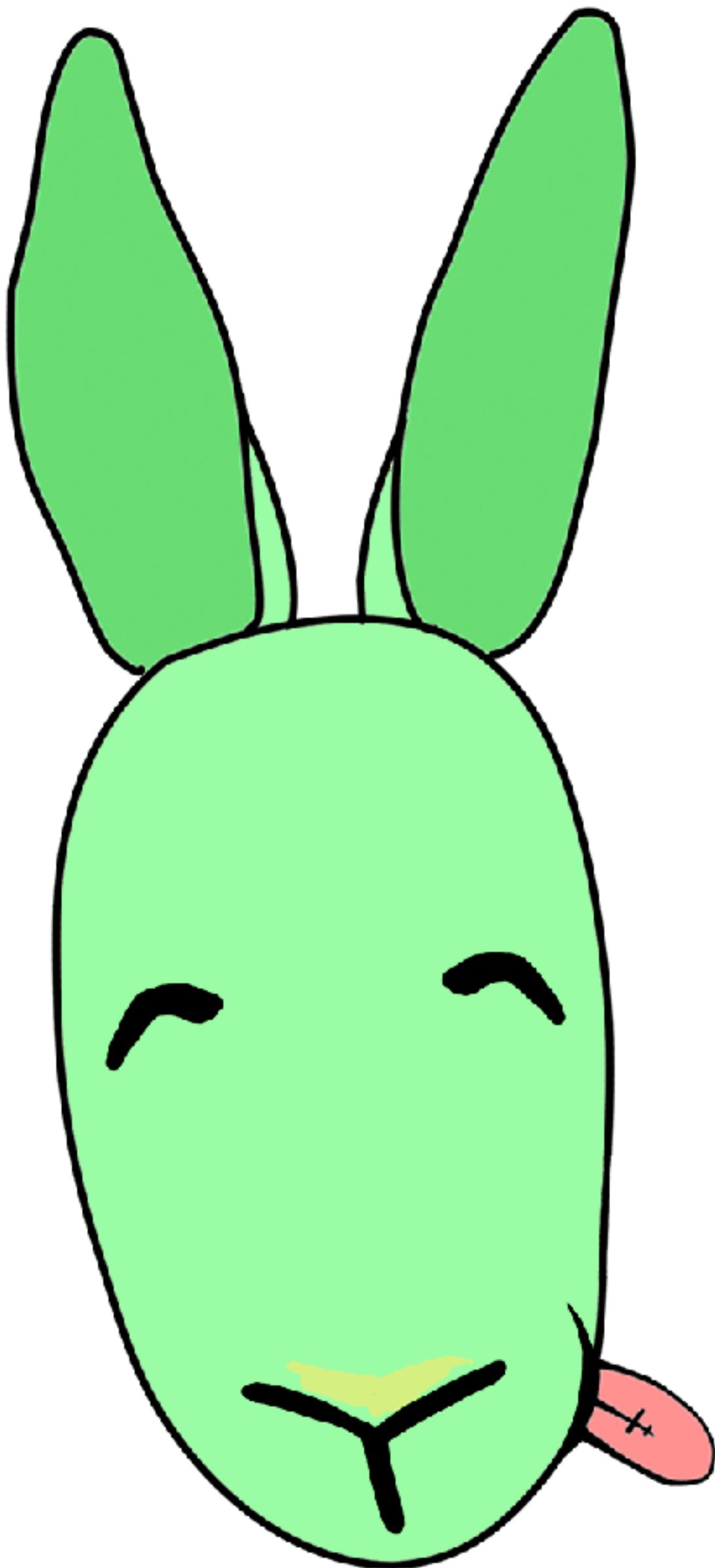




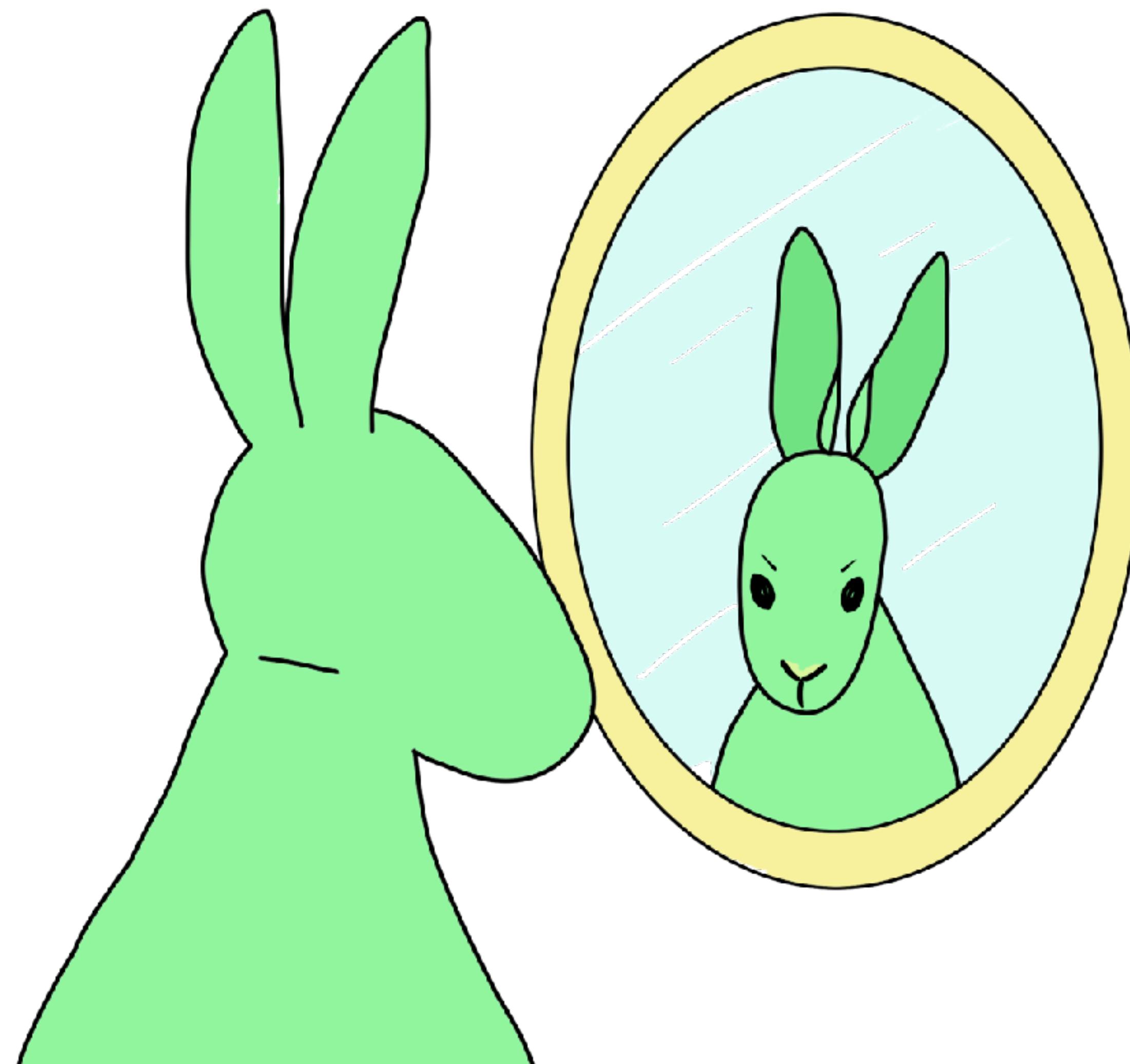


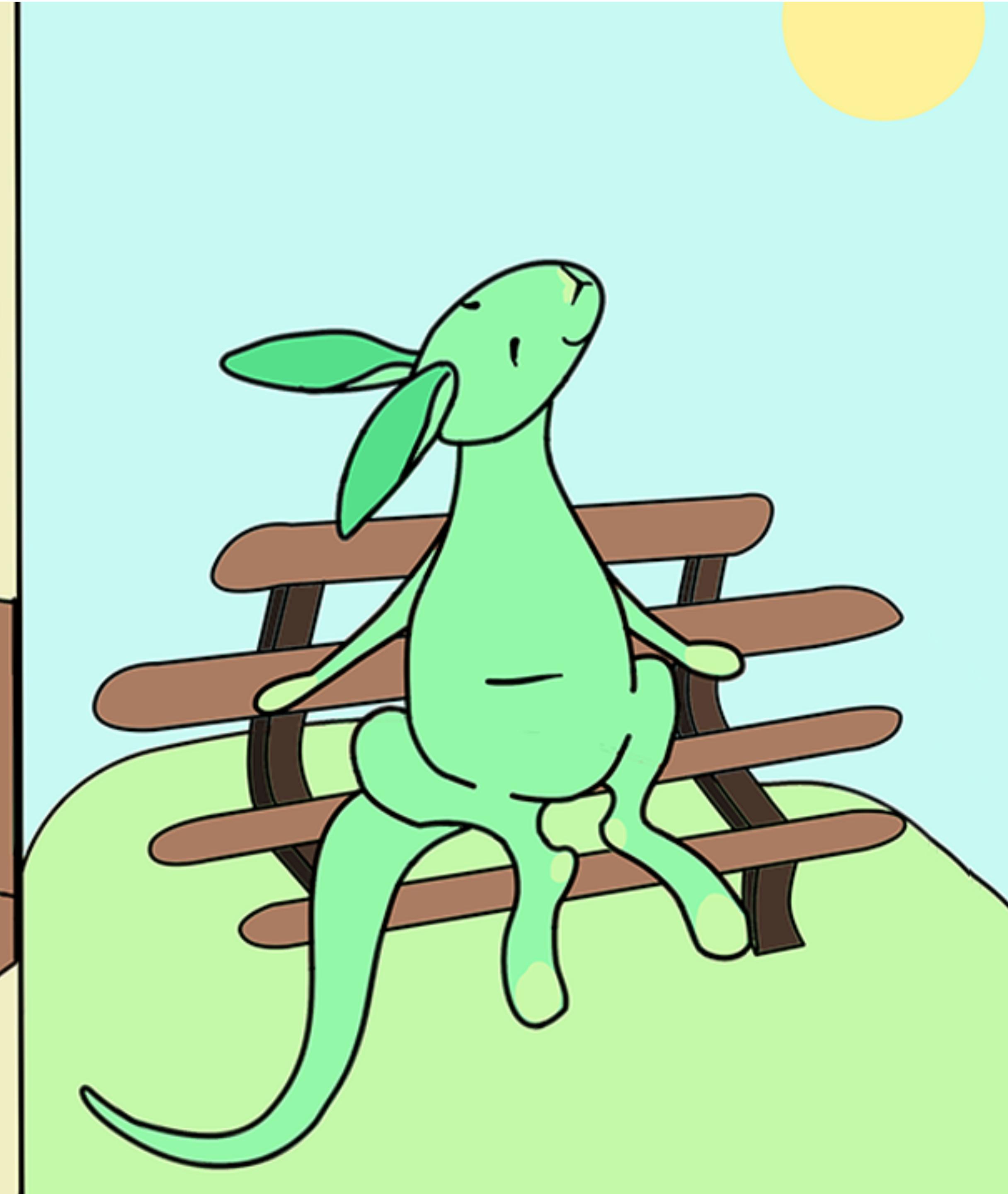
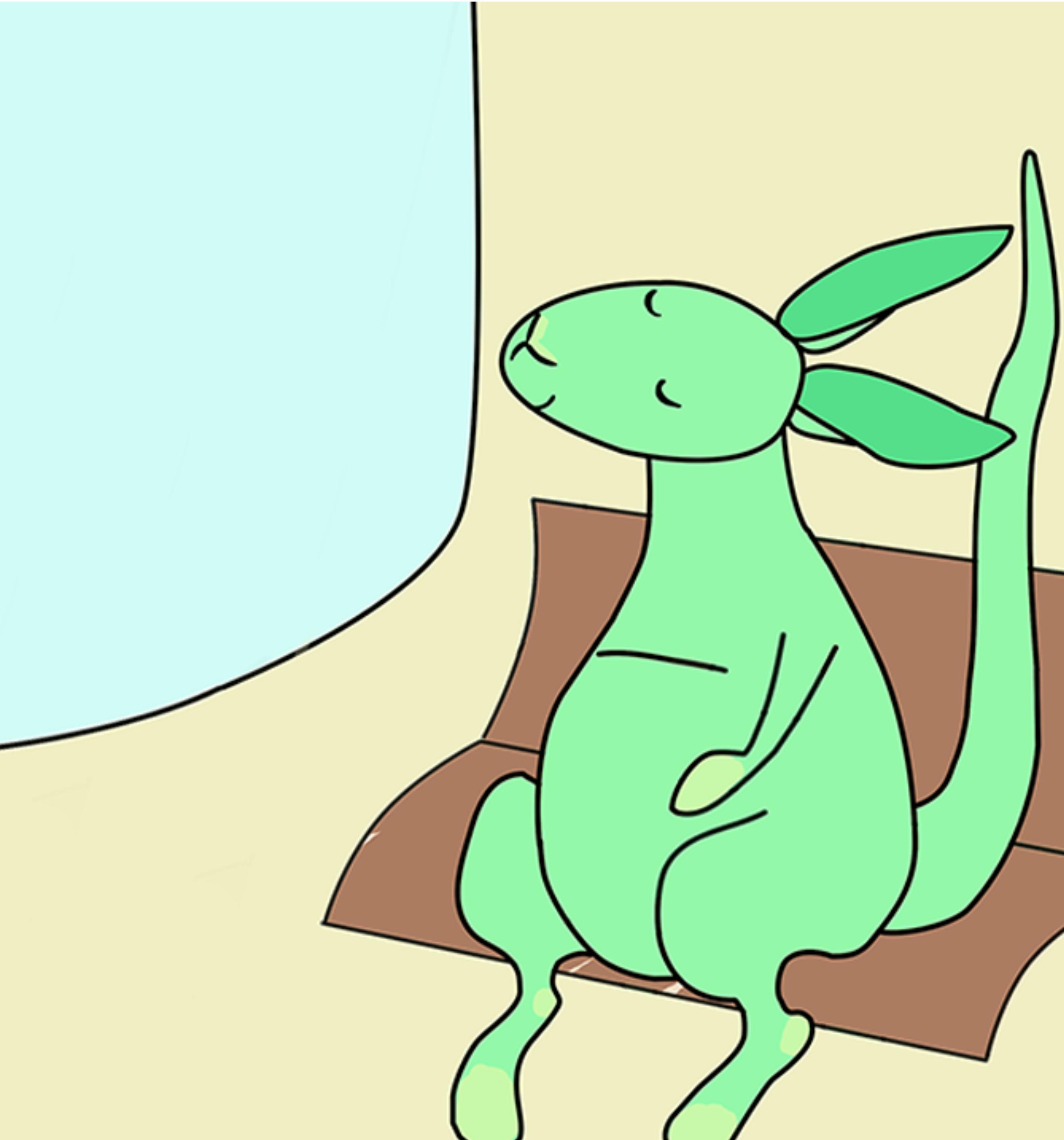


```
$ git commit -m "You don't need to be a superhero to feel valuable"
```

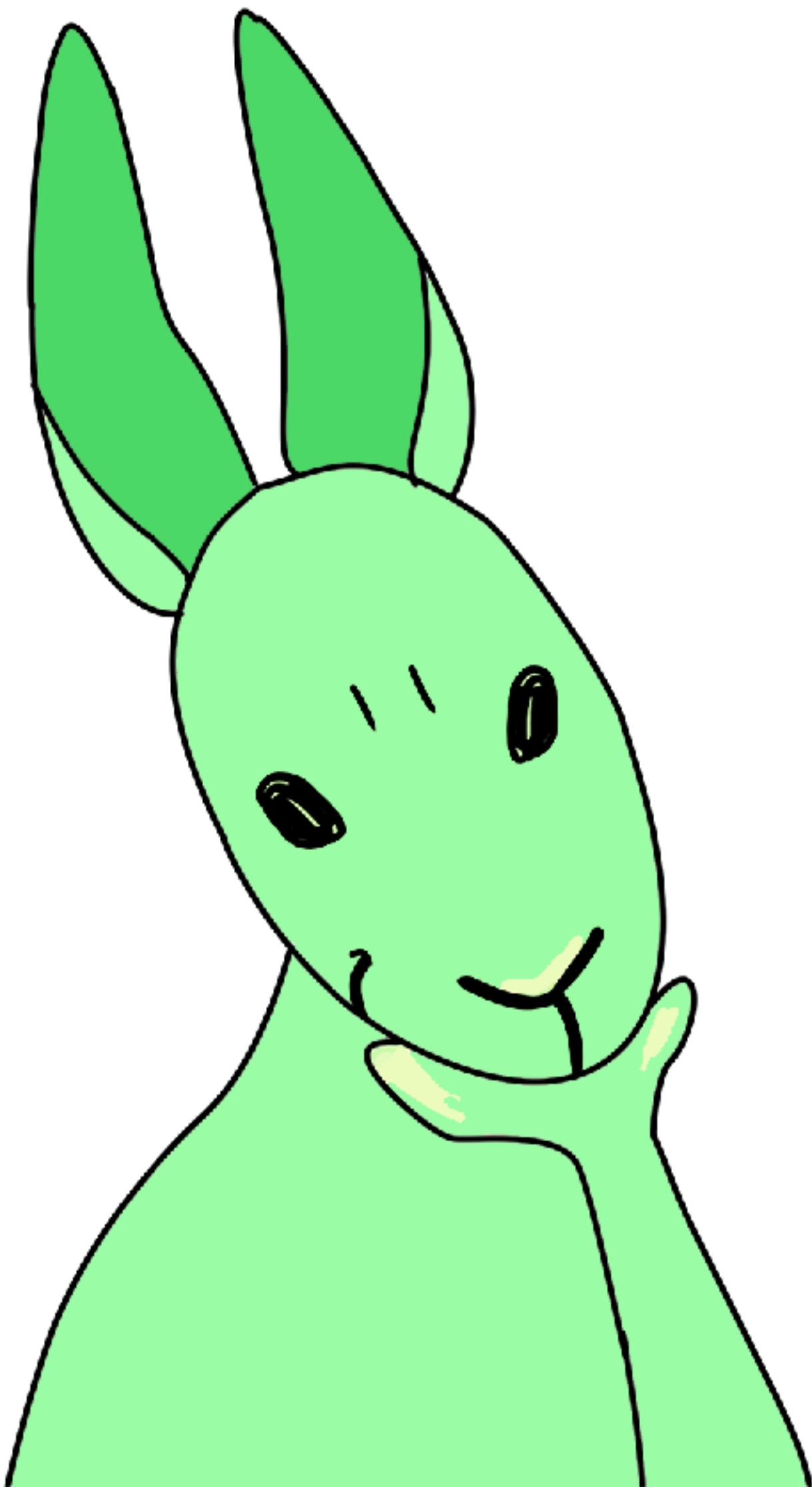


НЕ СМЕЙ ОТКЛАДЫВАТЬ СЕБЯ НА ПОТОМ

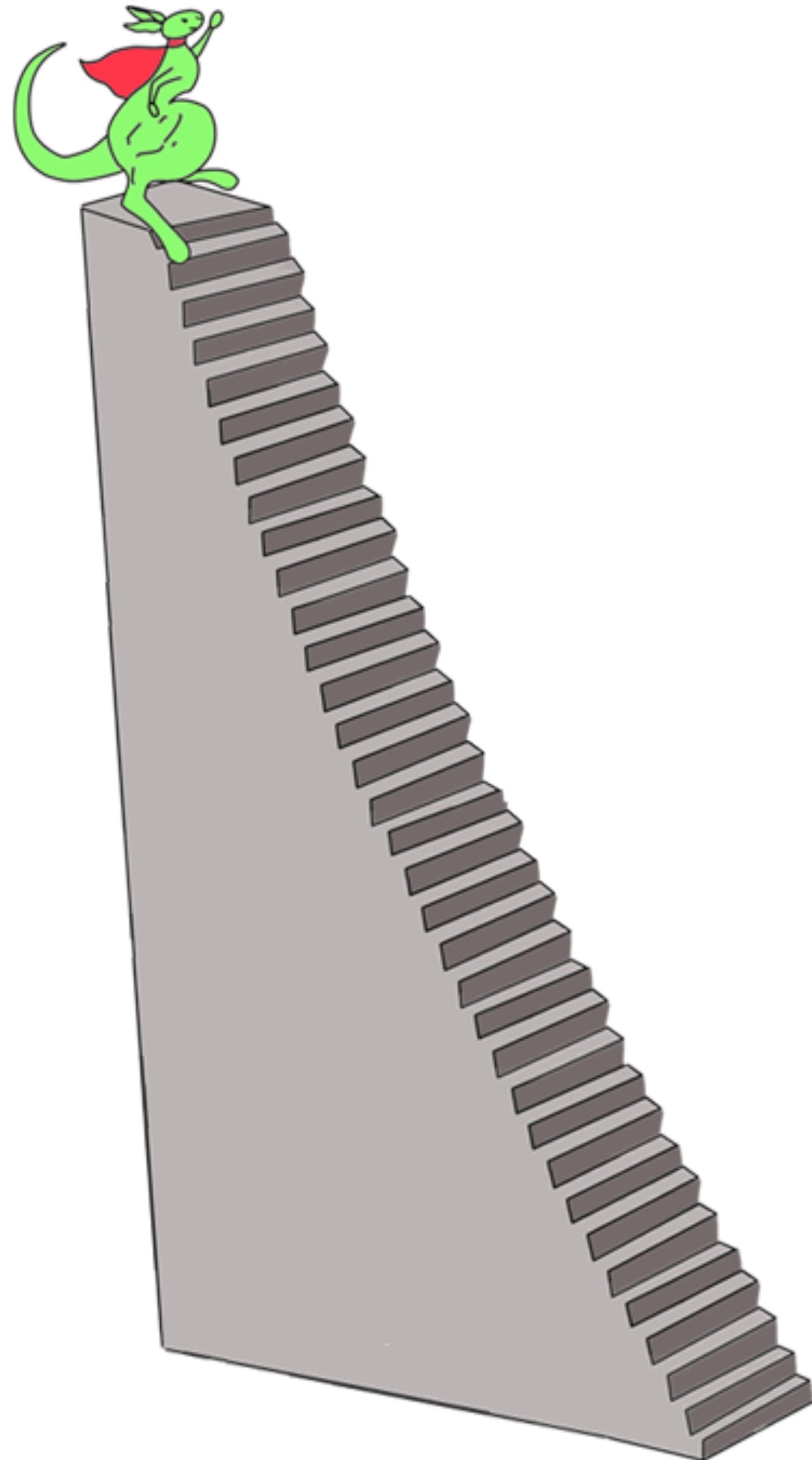




ПРИЧИНЫ ВОЗНИКНОВЕНИЯ СИНДРОМА САМОЗВАНЦА



- Нереалистичные ожидания
- Токсичное окружение
- Мотивация дедлайном
- Недостаток обратной связи
- Боязнь провалов



#1

НЕРЕАЛИСТИЧНЫЕ
ОЖИДАНИЯ

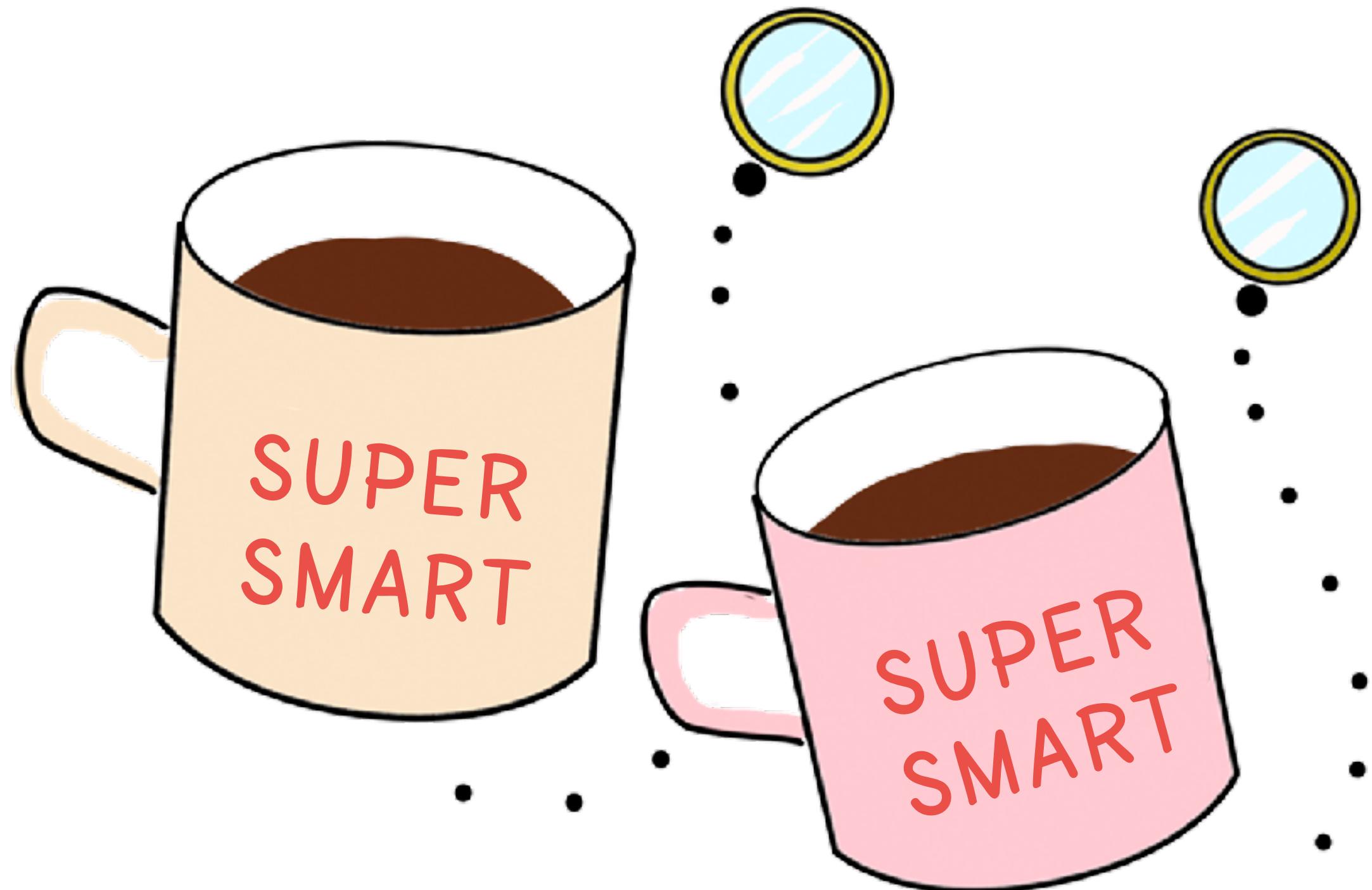
#1 НЕРЕАЛИСТИЧНЫЕ ОЖИДАНИЯ

НИКТО НЕ ЗНАЕТ ВСЕГО
(И ЭТО НОРМАЛЬНО)



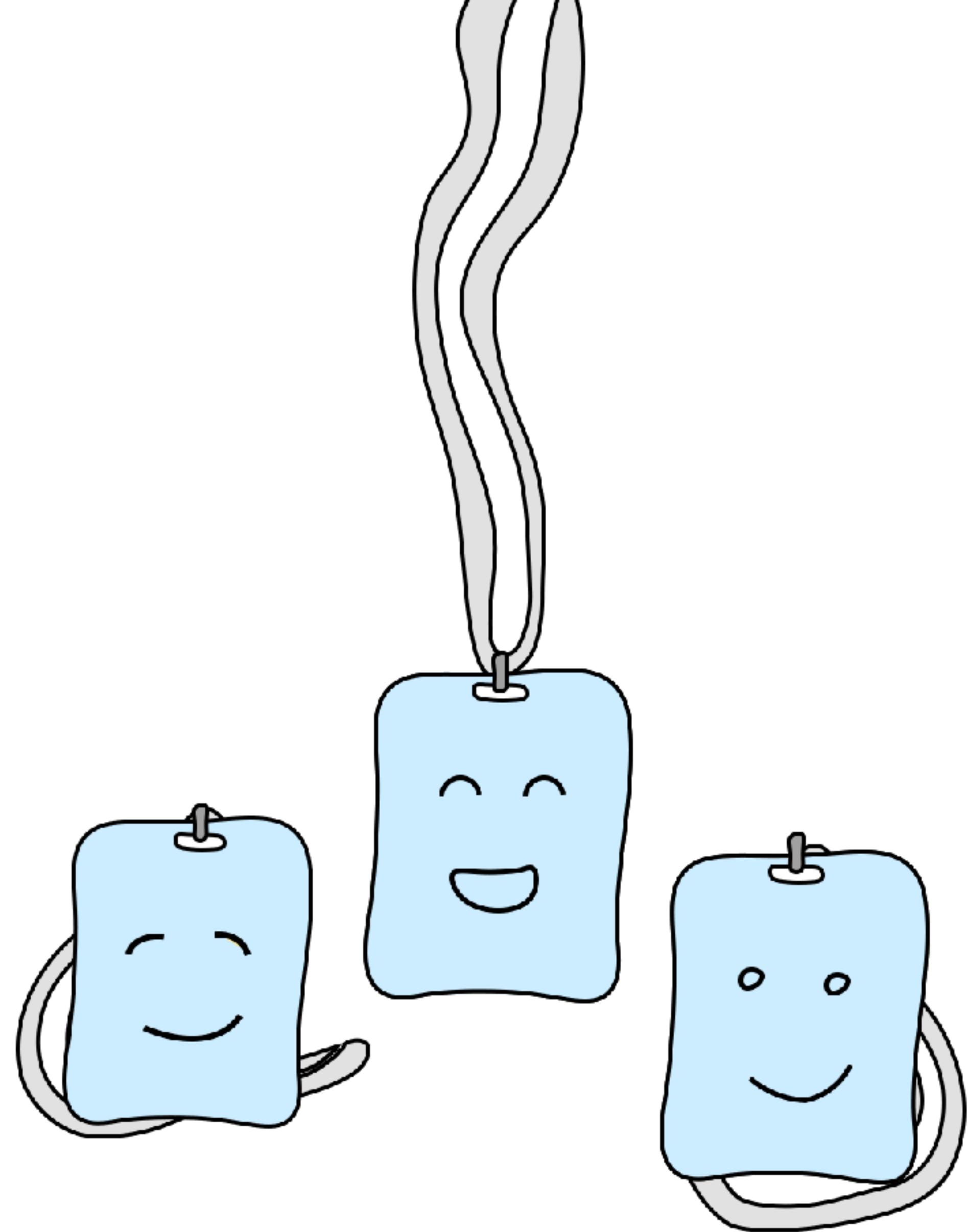
#2

ТОКСИЧНОЕ ОКРУЖЕНИЕ



#2 ТОКСИЧНОЕ ОКРУЖЕНИЕ

ВОВЛЕКАЮЩИЕ
“ЛАМПОВЫЕ”
СООБЩЕСТВА



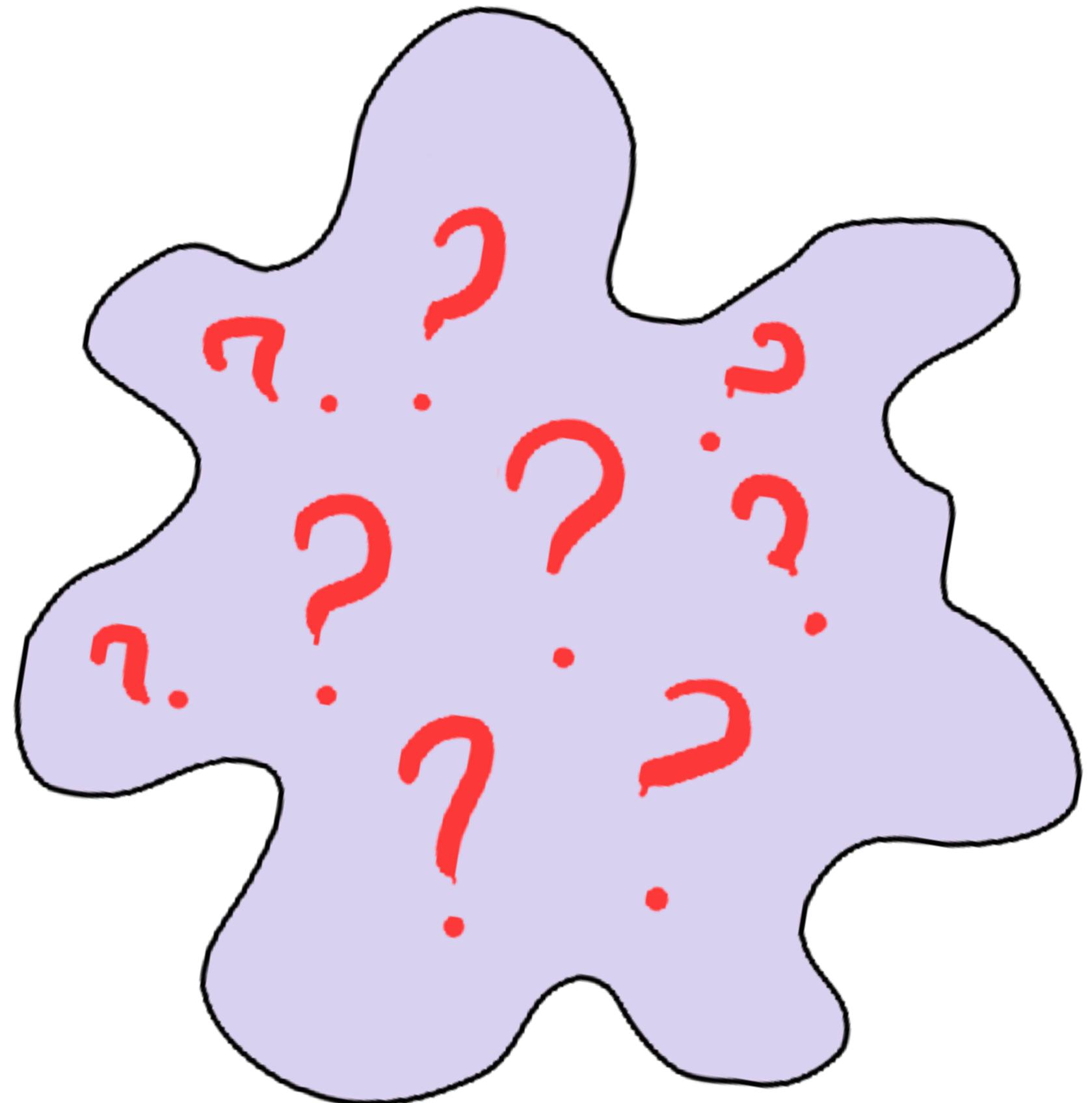


3
МОТИВАЦИЯ
ДЕДЛАЙНОМ

#3 МОТИВАЦИЯ ДЕДЛАЙНОМ

ВКЛАД, ВОСТОРГ И
ЛЮБОЗНАТЕЛЬНОСТЬ



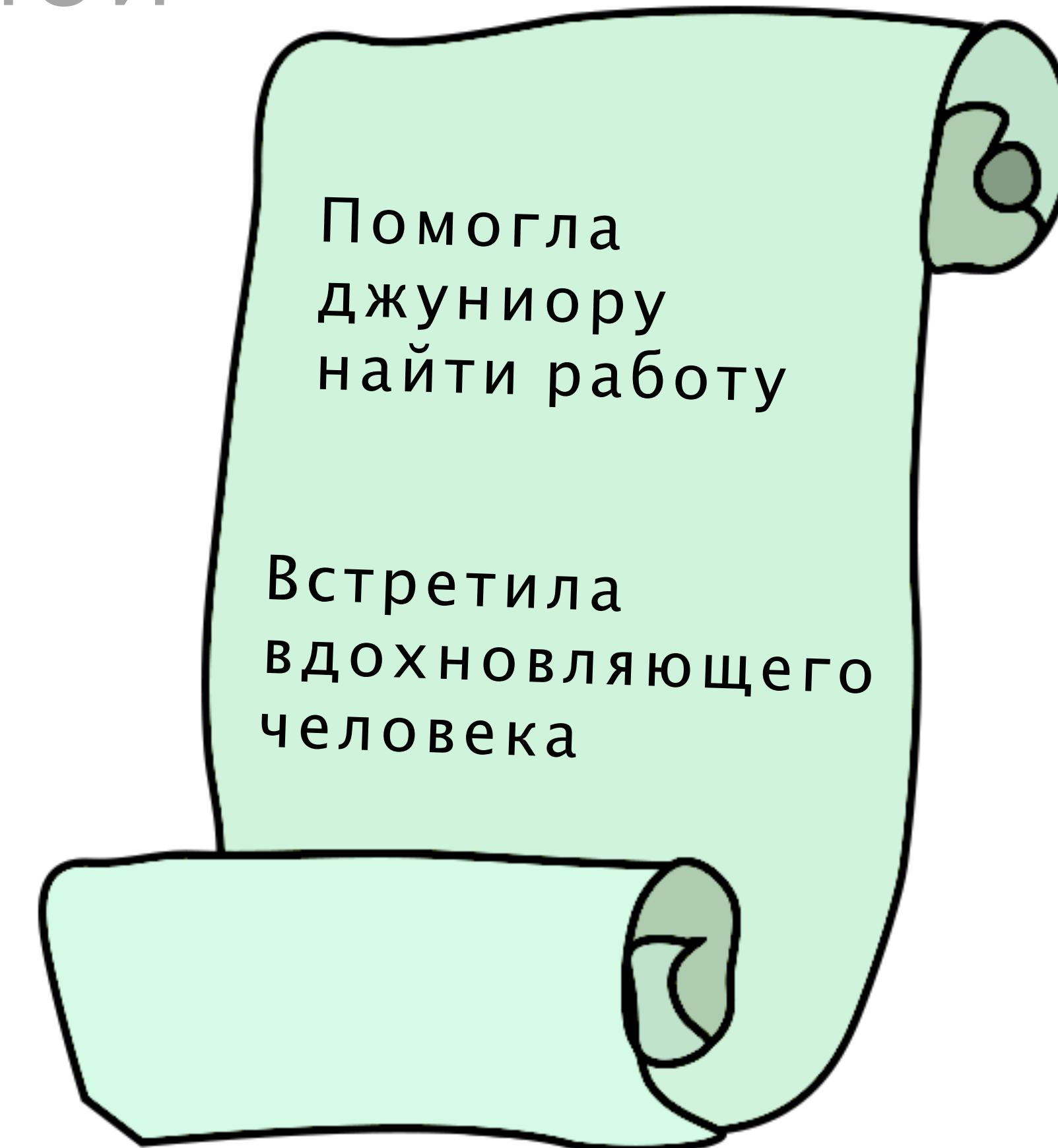


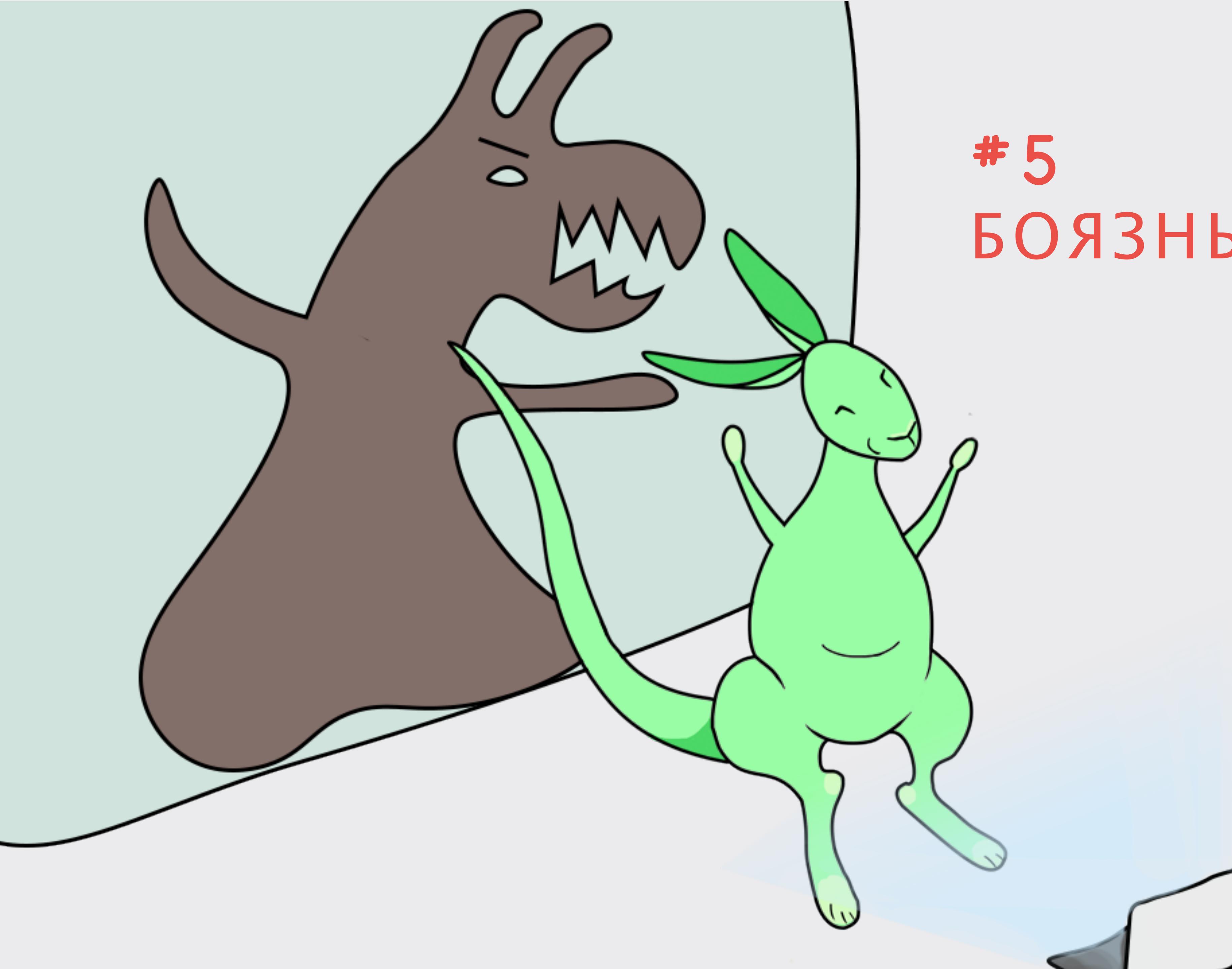
#4

НЕДОСТАТОК
КОНСТРУКТИВНОЙ
ОБРАТНОЙ СВЯЗИ

#4 НЕДОСТАТОК КОНСТРУКТИВНОЙ
ОБРАТНОЙ СВЯЗИ

ЛОГИ ПОБЕД





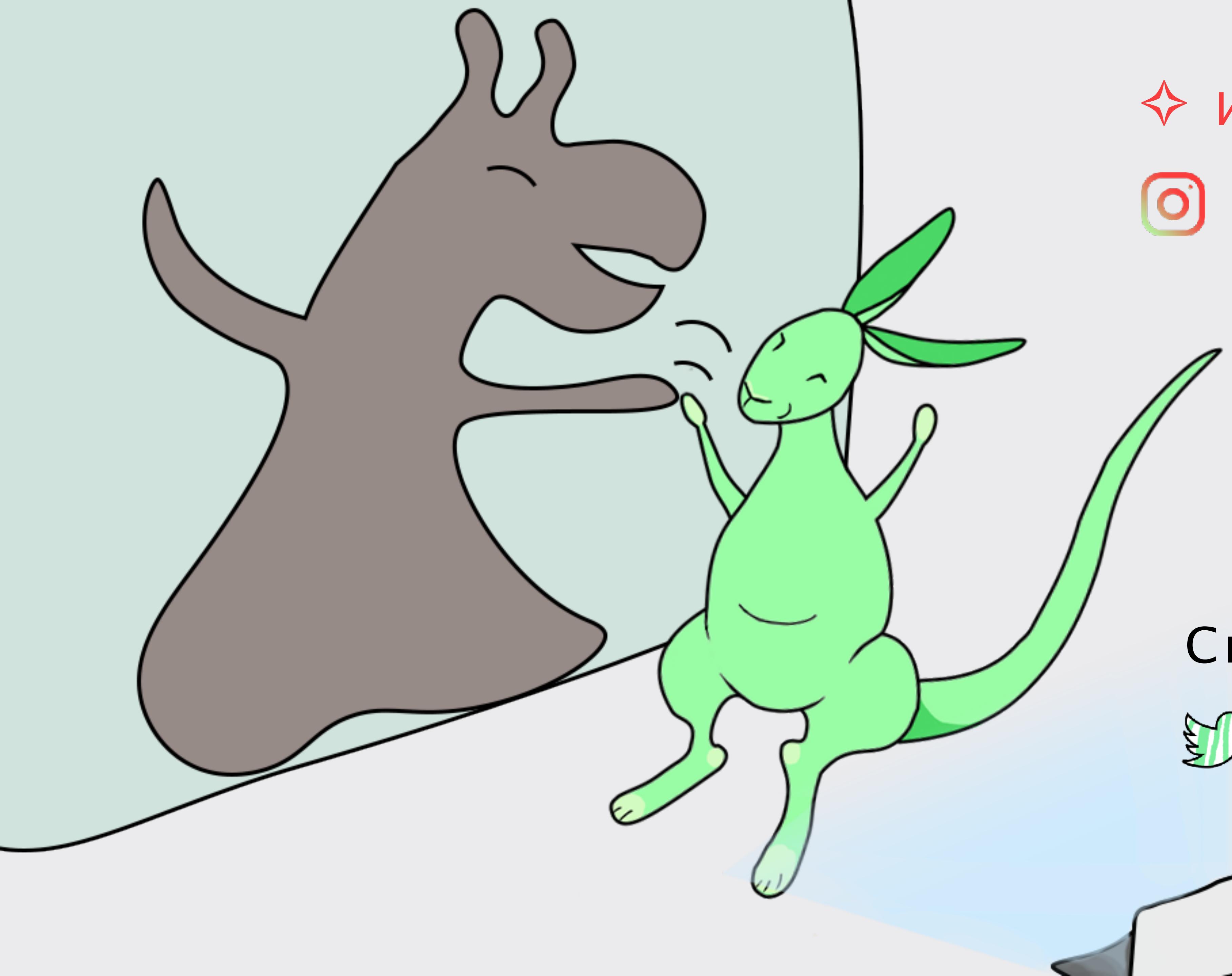
5

БОЯЗНЬ ПРОВАЛОВ

#5 БОЯЗНЬ ПРОВАЛОВ

ПРАЗДНОВАНИЕ ПРОВАЛОВ





❖ Иллюстрации ❖



@no.rooots

Света Шарипова



@helloDeadline