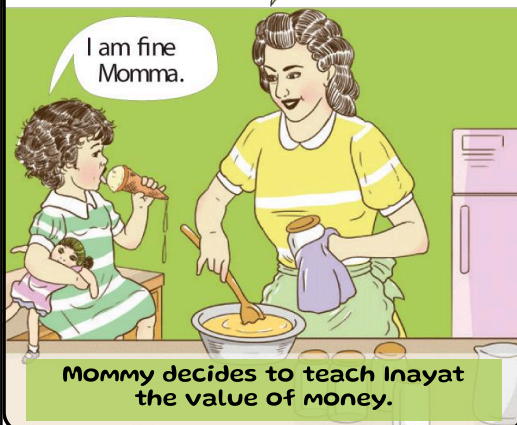


21. SELF DISCIPLINE

1.

Don't eat too much Ice-cream or you will catch cold and miss the music competition.



Mommy decides to teach Inayat the value of money.

2.

Go to sleep Inayat. You have to get up early morning for school tomorrow.



Inayat does not follow a healthy day-to-day routine.

3.

Only if you had listened to me! Its's ok, Let me tell you about self-discipline today.



Mommy decides to teach Inayat the importance of self-discipline.

4.

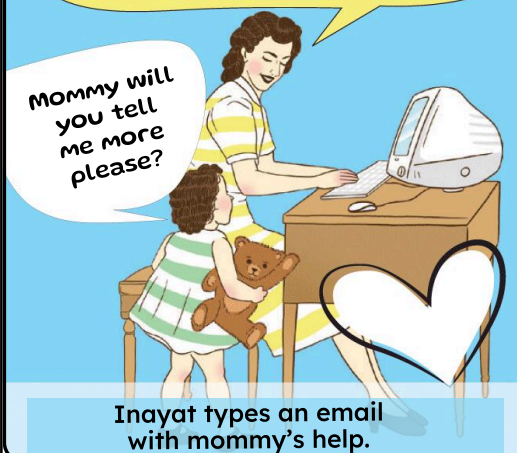
Follow a healthy routine and control your eating habits. Self-discipline is very important



Inayat learns the importance of self-discipline.

5

okay! Let's write and email to contact coachshivanimalik@gmail.com to find out more



Inayat types an email with mommy's help.

To Be Continued...