

3. WHAT WE LEARN FROM MOUNTAINS

1.

My Girl! It may look tough as a whole. Break it into steps and it will get easy. Just stay calm and firm, like this mountain.

Mommy, I am afraid I won't be able to climb this huge mountain. It doesn't seem easy at all

Mommy tries to overcome Inayat's fear and asks her to be firm on her decision.

2.

Dear! there will be ups and downs in life, too. All you need is to be focused and keep moving until you reach your goal. So, keep going.

Oh, Mommy! It is so difficult to focus on the highs and lows of this mountain. I might slip off.

Mommy encourages Inayat to be focused towards her aim in life.

3.

My dear, the mountains always stand strong come what may, providing a comfortable shelter to others. They are **FEARLESS AND DETERMINED**

Mommy, it is so cold here. it would be so painful for those villagers there.

Mommy talks about the protective and fearless nature of a mountain.

4.

They expect nothing, yet they constantly do their job. Inayat, do you think learn something from them?

Of course, Mommy. Now, I will be fearless and more focused towards my goal.

Inayat Understands the lesson we get from a mountain.

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okay! Let's write and email to contact coachshivanimalik@gmail.com to find out more

mommy will you tell me more please?

To Be Continued...