

Week 1 Activity Reflection Report

Student Name : JSHIKA

UID : 24BDA70282

Program : B.E - CSE [Data Science] Sem & Section : 3rd Sem

Name of DSIC : Mr. Yogiraj Bhale Date / Day : 14/06/2025
Saturday

Week No. : 1

Time of Activity :

Location of Field VISIT : Bugana, HISAR

9th June to 13th June

UGIC Module No. and Name : M1 [Appreciation of Rural Society]

Title : Soul of Villages

Theme : Rural Livelihoods and Sustainable Development

Week 1 Report - Social Internship

During the first week of my Social Internship. I visited the Village of Bugana in HISAR, Haryana for about 3 hrs each Day. The aim was to study the village's Health, Hygiene and Well-Being. U

Day-1 9th June

Investigated general Health and Hygiene infrastructure in the village.

Found that Hand pumps were the main water source toilets were lacking, and open defecation was still practised.

Day-2 10th June

Observed waste Disposal and Sanitation practices.
No waste segregation, livestock waste near residences,
and clogged drains revealed a need for
structured waste management.

Day-3 11th June

Studied Sources of drinking water and their
Health Impact.
Low awareness of waterborne diseases, minimal
filtration practices, and unsecured potential for
contaminant harvesting.

Day-4 12th June

Examined the availability and quality of healthcare
facilities.
PHC was functional but lacked staff and ambulance
services. People relied on Traditional methods.

Day-5 13th June

Assessed hygiene and Sanitation conditions in the
village school.
School hygiene was poorly managed; soap
availability was inconsistent, and hygiene
education was minimal.



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Photo / Video Evidences of Activities:

Submitted by:

Student Name: Ishika

Signature: Ishika

Verify by:

Approved by:

Name:

DSIC Name: Mr. Yogendra Bhal

Signature:

Signature:

Date:

Date:

Module -1 Student Daily Report Appreciation of Rural Society [Day 1]

Student Name: Ishika

UID: 24BDA70282

Program: B.E - CSE [Data - Science]

Semester: 3rd

Section and Year: 2nd year

Coordinator: Mr. Anil Manohar Dogra

DSIC: Yogiraj Bhale

Week/DAY: 1st week/Day 1

Date/Day: 9 June / Monday

Time: 2:00 PM
to 5:00 PM

Title: Soul of villages: Capturing the Essence
of Rural India

Theme: Rural livelihoods and Sustainable
development.

Objective: To understand the general health
& hygiene.

Key observations:

- This village has a basic Primary health
Centre located about 2km from the
Central area.
- Hand pumps and open wells are
the main sources of water.
- Few households have toilets, open
defecation is still practised in
some pockets.

- Solid waste is often discarded in open plots, creating Sanitation risks.
- Awareness regarding personal hygiene varies among age groups.

→ Lesson learned and challenges faced.

- It was insightful to see how infrastructural gaps affect health outcomes. Talking to Beneficiaries helped me realize that while some efforts have been made (like swachh Bharat toilets), lack of awareness and behavioural change continues to be a challenge.

→ Outcome

- This visit provided a foundational understanding of the local ecosystem related to health and hygiene.



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Daily Report [Day 2]

Module 1 - Appreciation of Rural Society

NAME : Ishika

UID : 24BDA70282

Semester and year : 3rd Sem and 2nd year

Program : B.E [CSE] Data - Science

Coordinator : Mr. Anil Manohar Dogra

DSIC : Mr. Yagiraj Bhale

Week / Day : 1st week and 2nd Day

Date / Day : 10/06/2025 and Tuesday

Time : 9:30 AM to 12:30 PM

Title : Soul of villages

Theme : Rural livelihoods and Sustainable Development

Sub-Theme : Health, Hygiene & Wellbeing

Objective : To observe the sanitation practices and waste Disposal Methods used by villagers.

Observations :

- waste segregation is not practiced
- Drainage is open and often clogged, especially near houses.
- livestock waste is commonly found near human residences.
- A lack of dustbins and street-waste collection

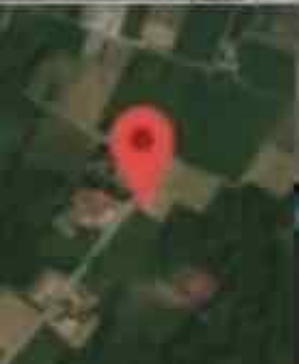
- Some villagers burn waste and causing air pollution.

→ Challenges faced and successes achieved

- I realized how the absence of waste management system directly influences public health. Despite efforts by local panchayats, the issue remain unstructured. This opened my eyes to how hygiene education and proper infrastructure can lead to healthier villages.

→ Outcome

identified the need for community-led waste management systems and the importance of awareness regarding the link between sanitation and diseases.



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Daily Report [Day 37]

Module-1 Appreciation of Rural Society

NAME : Ishika

UID : 24BDA70282

Sem and year : 3rd Sem / 2nd year

Program : B.E - CSE [Data Science]

Coordinator : Mr. Anil Manohar Dogra

DSIC : Mr. Yogiraj Bhal

Week / Day : 1st week / 3rd day

Date / Day : 11/06/2025 and Wednesday

Time : 3:30 PM to 6:30 PM

Title : Soul of Villages

Theme : Rural livelihoods and Sustainable Development

Sub-Theme : Health, Hygiene and Well-Being

Village : Bugana, Hisar, Haryana

Objective : To study the sources of drinking water and their impact on health and hygiene practices

Observations:

- a few homes have water filters, but boiling is not a common practice
- There is a little awareness about waterborne diseases like diarrhoea and cholera.

- water sources were not adequately covered or protected from contamination.
- Rainwater harvesting is not practical, although villagers expressed interest.

→ Lesson learned

- it was concerning to see that water safety is not prioritized despite recurring health issues. Simple actions like boiling water are missing from daily habits due to lack of knowledge.

→ Outcome

- This visit emphasized the need for clean drinking water awareness, water testing facilities, and low cost filtration methods.



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Daily Report [Day 4] Module-1 Appreciation of Rural Society

NAME : Ishika
 UID : 24BMA70282
 Sem and year : 3rd Sem and 2nd year
 Program : B.E-(SE [Data Science])
 Coordinator : Mr. Anil Manohar Dogra
 DSIC : Mr. Yogiraj Bhal
 week / Day : 1st week / 4th day
 Date / Day : 12/06/2025 and Thursday
 Time : 10:30 AM to 1:30 PM ✓

Title : Soil of villages
 Theme : Rural livelihoods and Sustainable Development
 Sub-Theme : Health, Hygiene and Well-Being

Village : Bugana, Hissar, Haryana

Objective : To understand the health care infrastructure in the village and assess access to medical facilities and services.

Observations :

- The PHC is functional but lacks a full-time doctor.

- Basic medicines are available, but no ambulance service is present.
- For serious ailments, villagers travel 12-15 Km to the nearest town.
- Many rely on traditional medicine or home remedies due to affordability and accessibility.
- Immunization drives are conducted regularly, but record-keeping is regular.

→ Outcome

The visit highlighted the limited rural healthcare support and the dependency on informal health systems. It emphasized the importance of mobile health units and digital record-keeping in rural areas.

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Daily Report [Day 5]

Module - 1 Appreciation of Rural Society

NAME : GSHIKA

UID : 24BDA70282

Sem and year : 3rd Sem / 2nd year

Program : B.E - (SE [Data Science])

Date / Day : 13/06/2025 and Friday

week / Day : 1st week / 5th day

Coordinator : Mr. Anil Manohar Dogra

DSIC : Mr. Yogiraj Bhal

Time : 10:30 AM to 1:30 AM

Village : Bugana, HISAR, HARYANA

Title : Soul of villages

Theme : Rural Livelihoods and Sustainable Development

Objective : To study the hygiene practices followed by School children and the availability of sanitation facilities in village school.

Observations :

- The school has separate Toilets for boys and girls, though maintenance is poor.
- A handwashing station is available,

but soap is not regularly provided.

o Mid-day meals were served, but hygiene in the kitchen area needs improvement.

o Students have basic awareness about cleanliness, but lack consistent habits.

o Teachers expressed interest in conducting hygiene workshop or session.

→ Personal reflections

Seeing school children engage with us openly was fulfilling. It made me realize how important early hygiene education is. I believe even a few engaging sessions can make a big difference in creating lifelong healthy habits. The school staff showed genuine interest in improvements.



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