

## Section 4.6 – Substitution Rule

### **Substitution:** Running the Chain Rule Backwards

The Chain rule formula is:  $\frac{d}{dx}\left(\frac{u^{n+1}}{n+1}\right) = u^n \frac{du}{dx}$

We can see that  $\frac{u^{n+1}}{n+1}$  is an antiderivative of the function  $u^n \frac{du}{dx}$ . Therefore, if we integrate both sides

$$\int u^n \frac{du}{dx} dx = \int \frac{d}{dx}\left(\frac{u^{n+1}}{n+1}\right) dx \quad \boxed{\int u^n du = \frac{u^{n+1}}{n+1} + C}$$

### **Example**

Find the integral  $\int (x^3 + x)^5 (3x^2 + 1) dx$

#### **Solution**

Let:

$$u = x^3 + x \Rightarrow du = \frac{du}{dx} dx = (3x^2 + 1) dx$$

$$\begin{aligned} \int (x^3 + x)^5 (3x^2 + 1) dx &= \int u^5 du \\ &= \frac{u^6}{6} + C \\ &= \frac{1}{6} (x^3 + x)^6 + C \end{aligned}$$

$$d(x^3 + x) = (3x^2 + 1) dx$$

$$\begin{aligned} \int (x^3 + x)^5 (3x^2 + 1) dx &= \int (x^3 + x)^5 d(x^3 + x) \\ &= \frac{1}{6} (x^3 + x)^6 + C \end{aligned}$$

### **Example**

Find the integral  $\int \sqrt{2x+1} dx$

#### **Solution**

$$\text{Let: } u = 2x + 1 \Rightarrow du = \frac{du}{dx} dx = 2 dx$$

$$dx = \frac{1}{2} du$$

$$\begin{aligned} \int \sqrt{2x+1} dx &= \frac{1}{2} \int u^{1/2} du \\ &= \frac{1}{2} \frac{u^{3/2}}{3/2} + C \\ &= \frac{1}{3} (2x+1)^{3/2} + C \end{aligned}$$

$$d(2x+1) = 2 dx$$

$$\begin{aligned} \int \sqrt{2x+1} dx &= \frac{1}{2} \int (2x+1)^{1/2} d(2x+1) \\ &= \frac{1}{3} (2x+1)^{3/2} + C \end{aligned}$$

## ***Theorem – The Substitution Rule***

If  $u = g(x)$  is a differentiable function whose range is an interval  $I$ , and  $f$  is continuous on  $I$ , then

$$\int f(g(x))g'(x)dx = \int f(u)du$$

### ***Proof***

By the Chain Rule,  $F(g(x))$  is an antiderivative of  $f(g(x)) \cdot g'(x)$  whenever  $F$  is an antiderivative of  $f$ :

$$\begin{aligned}\frac{d}{dx}F(g(x)) &= F'(g(x)) \cdot g'(x) \\ &= f(g(x)) \cdot g'(x)\end{aligned}$$

If we make the substitution  $u = g(x)$ , then

$$\begin{aligned}\int f(g(x))g'(x)dx &= \int \frac{d}{dx}F(g(x))dx \\ &= F(g(x)) + C \\ &= F(u) + C \\ &= \int F'(u)du \\ &= \int f(u)du\end{aligned}$$

### **Integral of $\int \frac{1}{u} du$**

If  $u$  is a differentiable function that is never zero  $\int \frac{1}{u} du = \ln|u| + C$

### ***Example***

Evaluate the integral  $\int \tan x dx$

### **Solution**

$$\begin{aligned}\int \tan x dx &= \int \frac{\sin x}{\cos x} dx & u = \cos x > 0 \rightarrow du = -\sin x dx \quad -\frac{\pi}{2} < x < \frac{\pi}{2} \\ \int \tan x dx &= -\int \frac{d(\cos x)}{\cos x} \\ &= -\ln|\cos x| + C\end{aligned}$$

$$= \ln \frac{1}{|\cos x|} + C$$

$$= \ln |\sec x| + C$$

### Example

Evaluate the integral  $\int_0^2 \frac{2x}{x^2-5} dx$

### Solution

$$u = x^2 - 5 \rightarrow du = 2x dx \quad \begin{cases} x=0 & \rightarrow u=-5 \\ x=2 & \rightarrow u=-1 \end{cases}$$

$$\int_0^2 \frac{2x}{x^2-5} dx = \int_{-5}^{-1} \frac{du}{u}$$

$$= \ln |u| \Big|_{-5}^{-1}$$

$$= \ln |-1| - \ln |-5|$$

$$= \ln 1 - \ln 5$$

$$= -\ln 5$$

$$d(x^2 - 5) = 2x dx$$

$$\int_0^2 \frac{2x}{x^2-5} dx = \int_0^2 \frac{d(x^2-5)}{x^2-5}$$

$$= \ln |x^2-5| \Big|_0^2$$

$$= \ln |-1| - \ln |-5|$$

$$= -\ln 5$$

### Example

Find the integral  $\int \sec^2(5t+1) \cdot 5 dt$

### Solution

$$\int \sec^2(5t+1) \cdot 5 dt = \int \sec^2(5t+1) d(5t+1)$$

$$= \tan(5t+1) + C$$

$$d(5t+1) = 5 dt$$

$$\frac{d}{du} \tan u = \sec^2 u$$

## The General Antiderivative of the Exponential Function

$$\int e^u du = e^u + C$$

### Example

Evaluate the integral  $\int_0^{\ln 2} e^{3x} dx$

### Solution

$$u = 3x \quad du = 3dx \rightarrow dx = \frac{1}{3}dx \quad \begin{cases} x = 0 & \rightarrow u = 0 \\ x = \ln 2 & \rightarrow u = 3\ln 2 = \ln 2^3 = \ln 8 \end{cases}$$

$$\int_0^{\ln 2} e^{3x} dx = \int_0^{\ln 8} e^u \cdot \frac{1}{3} du$$

$$= \frac{1}{3} \int_0^{\ln 8} e^u du$$

$$= \frac{1}{3} e^u \Big|_0^{\ln 8}$$

$$= \frac{1}{3} (e^{\ln 8} - e^0)$$

$$= \frac{1}{3} (8 - 1)$$

$$= \frac{7}{3}$$

### Example

Find the integral  $\int \cos(7\theta + 3) d\theta$

### Solution

$$\int \cos(7\theta + 3) d\theta = \frac{1}{7} \int \cos(7\theta + 3) d(7\theta + 3)$$

$$d(7\theta + 3) = 7d\theta$$

$$= \frac{1}{7} \sin(7\theta + 3) + C$$

### Example

Find the integral  $\int x^2 \sin(x^3) dx$

### Solution

$$\int x^2 \sin(x^3) dx = \frac{1}{3} \int \sin(x^3) d(x^3) \\ = -\frac{1}{3} \cos(x^3) + C$$

### ***Example***

Find the integral  $\int x\sqrt{2x+1} dx$

### **Solution**

$$\text{Let: } u = 2x + 1 \Rightarrow du = 2dx$$

$$dx = \frac{1}{2} du$$

$$u = 2x + 1 \rightarrow 2x = u - 1 \Rightarrow x = \frac{u-1}{2}$$

$$\begin{aligned} \int x\sqrt{2x+1} dx &= \int \frac{1}{2}(u-1)\sqrt{u} \frac{1}{2} du \\ &= \frac{1}{4} \int (u-1)u^{1/2} du \\ &= \frac{1}{4} \int (u^{3/2} - u^{1/2}) du \\ &= \frac{1}{4} \left( \frac{2}{5} u^{5/2} - \frac{2}{3} u^{3/2} \right) + C \\ &= \frac{1}{10} (2x+1)^{5/2} - \frac{1}{6} (2x+1)^{3/2} + C \end{aligned}$$

### Example

Find the integral  $\int \frac{2z \, dz}{\sqrt[3]{z^2+1}}$

### Solution

Let:  $u = z^2 + 1 \Rightarrow du = 2z \, dz$

$$\begin{aligned} \int \frac{2z \, dz}{\sqrt[3]{z^2+1}} &= \int \frac{du}{u^{1/3}} \\ &= \int u^{-1/3} du \\ &= \frac{3}{2} u^{2/3} + C \\ &= \frac{3}{2} (z^2 + 1)^{2/3} + C \end{aligned}$$

**Or** let:  $u = \sqrt[3]{z^2+1} \rightarrow u^3 = z^2 + 1$

$$3u^2 du = 2z \, dz$$

$$\begin{aligned} \int \frac{2z \, dz}{\sqrt[3]{z^2+1}} &= \int \frac{3u^2 du}{u} \\ &= 3 \int u \, du \\ &= 3 \cdot \frac{u^2}{2} + C \\ &= \frac{3}{2} (z^2 + 1)^{2/3} + C \end{aligned}$$

### Definition

If  $a > 0$  and  $u$  is a differentiable of  $x$ , then  $a^u$  is a differentiable function of  $x$  and

$$\frac{d}{dx} a^u = a^u \ln a \frac{du}{dx} \rightarrow \int a^u du = \frac{a^u}{\ln a} + C$$

### Example

$$\triangleright \int 2^x dx = \frac{2^x}{\ln 2} + C$$

$$\triangleright \int 2^{\sin x} \cos x \, dx = \int 2^{\sin x} d(\sin x) = \frac{2^{\sin x}}{\ln 2} + C$$

$$\begin{aligned} \triangleright \int \frac{\log_2 x}{x} dx &= \int \frac{1}{x} \frac{\ln x}{\ln 2} dx \\ &= \frac{1}{\ln 2} \int \frac{\ln x}{x} dx \\ &= \frac{1}{\ln 2} \int \ln x \, d(\ln x) \\ &= \frac{1}{\ln 2} \cdot \frac{1}{2} (\ln x)^2 + C \\ &= \frac{(\ln x)^2}{2 \ln 2} + C \end{aligned}$$

## Substitution Formula

### Theorem

If  $g'$  is continuous on the interval  $[a, b]$  and  $f$  is continuous on the range of  $g(x) = u$ , then

$$\int_a^b f(g(x)) \cdot g'(x) dx = \int_{g(a)}^{g(b)} f(u) du$$

### Proof

Let  $F$  denote any antiderivative of  $f$ . Then

$$\begin{aligned} \int_a^b f(g(x)) \cdot g'(x) dx &= F(g(x)) \Big|_{x=a}^{x=b} \\ &= F(g(b)) - F(g(a)) \\ &= F(u) \Big|_{u=g(a)}^{u=g(b)} \\ &= \int_{g(a)}^{g(b)} f(u) du \end{aligned}$$

### Example

Evaluate  $\int_{-1}^1 3x^2 \sqrt{x^3 + 1} dx$

### Solution

$$\begin{aligned} \int_{-1}^1 3x^2 \sqrt{x^3 + 1} dx &= \int_{-1}^1 (x^3 + 1)^{1/2} d(x^3 + 1) & d(x^3 + 1) &= 3x^2 dx \\ &= \frac{2}{3} (x^3 + 1)^{3/2} \Big|_{-1}^1 \\ &= \frac{2}{3} [2^{3/2} - 0^{3/2}] \\ &= \frac{2}{3} 2^{3/2} & 2^{5/2} &= \sqrt{2^5} = 2^2 \sqrt{2} \\ &= \frac{4\sqrt{2}}{3} \end{aligned}$$

### Example

Evaluate  $\int_{\pi/4}^{\pi/2} \cot \theta \csc^2 \theta \, d\theta$

### Solution

$$\text{Let } u = \cot \theta \Rightarrow du = -\csc^2 \theta d\theta \rightarrow -du = \csc^2 \theta d\theta \rightarrow \begin{cases} \theta = \frac{\pi}{4} & u = \cot \frac{\pi}{4} = 1 \\ \theta = \frac{\pi}{2} & u = \cot \frac{\pi}{2} = 0 \end{cases}$$

$$\begin{aligned} \int_{\pi/4}^{\pi/2} \cot \theta \csc^2 \theta \, d\theta &= \int_1^0 u \cdot (-du) \\ &= -\int_1^0 u \, du \\ &= -\left[ \frac{u^2}{2} \right]_1^0 \\ &= -\left[ \frac{0^2}{2} - \frac{1^2}{2} \right] \\ &= \frac{1}{2} \end{aligned}$$

### Example

Evaluate the integral  $\int_0^{\pi/6} \tan 2x \, dx$

### Solution

$$\begin{aligned} \int_0^{\pi/6} \tan 2x \, dx &= \int_0^{\pi/6} \tan u \cdot \left( \frac{du}{2} \right) \quad u = 2x \rightarrow du = 2dx \Rightarrow dx = \frac{du}{2} \\ &= \frac{1}{2} \int_0^{\pi/6} \tan u \cdot du \\ &= \frac{1}{2} \ln |\sec 2x|_0^{\pi/6} \\ &= \frac{1}{2} \left[ \ln \left| \sec 2 \frac{\pi}{6} \right| - \ln |\sec 0| \right] \\ &= \frac{1}{2} (\ln 2 - \ln 1) \\ &= \frac{1}{2} \ln 2 \end{aligned}$$



## ***Integrals*** of $\sin^2 x$ and $\cos^2 x$

### ***Example***

Find the integral  $\int \sin^2 x \, dx$

### **Solution**

$$\begin{aligned}\int \sin^2 x \, dx &= \frac{1}{2} \int (1 - \cos 2x) \, dx \\ &= \frac{1}{2} \left[ x - \frac{1}{2} \sin 2x \right] + C \\ &= \underline{\frac{1}{2}x - \frac{1}{4} \sin 2x + C}\end{aligned}$$

$$\sin^2 x = \frac{1 - \cos 2x}{2}$$

### ***Example***

Find the integral  $\int \cos^2 x \, dx$

### **Solution**

$$\begin{aligned}\int \cos^2 x \, dx &= \int \frac{1 + \cos 2x}{2} \, dx \\ &= \frac{1}{2} \left[ x + \frac{1}{2} \sin 2x \right] + C \\ &= \underline{\frac{x}{2} + \frac{\sin 2x}{4} + C}\end{aligned}$$

$$\cos^2 x = \frac{1 + \cos 2x}{2}$$

## ***Integration Formulas***

$$\int \frac{du}{\sqrt{a^2 - u^2}} = \sin^{-1} \left( \frac{u}{a} \right) + C \quad \left( \text{Valid for } u^2 < a^2 \right)$$

$$\int \frac{du}{a^2 + u^2} = \frac{1}{a} \tan^{-1} \left( \frac{u}{a} \right) + C \quad \left( \text{Valid for all } u \right)$$

$$\int \frac{du}{u\sqrt{u^2 - a^2}} = \frac{1}{a} \sec^{-1} \left| \frac{u}{a} \right| + C \quad \left( \text{Valid for } |u| > a > 0 \right)$$

## Exercises      Section 4.6 – Substitution Rule

Evaluate the indefinite integrals by using the given substitutions to reduce the integrals to standard form

28.  $\int 2(2x+4)^5 dx, \quad u = 2x+4$

29.  $\int \frac{4x^3}{(x^4+1)^2} dx, \quad u = x^4+1$

30.  $\int x \sin(2x^2) dx, \quad u = 2x^2$

31.  $\int 12(y^4+4y^2+1)^2(y^3+2y) dy, \quad u = y^4+4y^2+1$

32.  $\int \csc^2 2\theta \cot 2\theta d\theta \rightarrow \begin{cases} a) U \sin g & u = \cot 2\theta \\ b) U \sin g & u = \csc 2\theta \end{cases}$

Evaluate the integrals

33.  $\int \frac{1}{\sqrt{5s+4}} ds$

41.  $\int \csc\left(\frac{v-\pi}{2}\right) \cot\left(\frac{v-\pi}{2}\right) dv$

49.  $\int \frac{\sin \sqrt{\theta}}{\sqrt{\theta} \cos^3 \sqrt{\theta}} d\theta$

34.  $\int \theta \sqrt[4]{1-\theta^2} d\theta$

42.  $\int \frac{\sin(2t+1)}{\cos^2(2t+1)} dt$

50.  $\int 2x\sqrt{x^2-2} dx$

35.  $\int \frac{1}{\sqrt{x}(1+\sqrt{x})^2} dx$

43.  $\int \frac{\sec z \tan z}{\sqrt{\sec z}} dz$

51.  $\int \frac{x}{(x^2-4)^3} dx$

36.  $\int \tan^2 x \sec^2 x dx$

44.  $\int \frac{1}{\sqrt{t}} \cos(\sqrt{t}+3) dt$

52.  $\int x^3(3x^4+1)^2 dx$

37.  $\int \sin^5 \frac{x}{3} \cos \frac{x}{3} dx$

45.  $\int \frac{1}{\theta^2} \sin \frac{1}{\theta} \cos \frac{1}{\theta} d\theta$

53.  $\int 2(3x^4+1)^2 dx$

38.  $\int \tan^7 \frac{x}{2} \sec^2 \frac{x}{2} dx$

46.  $\int t^3(1+t^4)^3 dt$

54.  $\int 5x\sqrt{x^2-1} dx$

39.  $\int r^4 \left(7 - \frac{r^5}{10}\right)^3 dr$

47.  $\int \frac{1}{x^3} \sqrt{\frac{x^2-1}{x^2}} dx$

55.  $\int (x^2-1)^3 (2x) dx$

40.  $\int x^{1/2} \sin(x^{3/2}+1) dx$

48.  $\int x^3 \sqrt{x^2+1} dx$

56.  $\int \frac{6x}{(1+x^2)^3} dx$

57.  $\int \frac{(2r-1)\cos\sqrt{3(2r-1)^2+6}}{\sqrt{3(2r-1)^2+6}} dr$
58.  $\int u^3\sqrt{u^4+2} du$
59.  $\int \frac{t+2t^2}{\sqrt{t}} dt$
60.  $\int \left(1+\frac{1}{t}\right)^3 \frac{1}{t^2} dt$
61.  $\int (7-3x-3x^2)(2x+1) dx$
62.  $\int \sqrt{x}\left(4-x^{3/2}\right)^2 dx$
63.  $\int \frac{1}{\sqrt{x}+\sqrt{x+1}} dx$
64.  $\int \sqrt{1-x} dx$
65.  $\int x\sqrt{x^2+4} dx$
66.  $\int \sin^2\left(\theta+\frac{\pi}{6}\right) d\theta$
67.  $\int \cos^2(8\theta) d\theta$
68.  $\int \sin^2(2\theta) d\theta$
69.  $\int 8\cos^4 2\pi x dx$
70.  $\int \sec x dx$
71.  $\int \frac{dx}{\sqrt{1-4x^2}}$
72.  $\int \frac{dx}{\sqrt{3-4x^2}}$
73.  $\int \frac{dx}{\sqrt{e^{2x}-6}}$
74.  $\int \frac{dx}{\sqrt{4x-x^2}}$
75.  $\int \frac{dx}{4x^2+4x+2}$
76.  $\int \frac{1}{6x-5} dx$
77.  $\int \frac{x^2+2x+3}{x^3+3x^2+9x+1} dx$
78.  $\int \frac{1}{x(\ln x)^2} dx$
79.  $\int \frac{x-3}{x+3} dx$
80.  $\int \frac{3x}{x^2+4} dx$
81.  $\int \frac{dx}{2\sqrt{x}+2x}$
82.  $\int \frac{\sec x dx}{\sqrt{\ln(\sec x + \tan x)}}$
83.  $\int 8e^{(x+1)} dx$
84.  $\int 4xe^{x^2} dx$
85.  $\int (2x+1)e^{x^2+x} dx$
86.  $\int \frac{e^{-\sqrt{r}}}{\sqrt{r}} dr$
87.  $\int t^3 e^{t^4} dt$
88.  $\int e^{\sec \pi t} \sec \pi \tan \pi t dt$
89.  $\int (2x+1)e^{x^2+x} dx$
90.  $\int \frac{dx}{1+e^x}$
91.  $\int \frac{e^x}{1+e^x} dx$
92.  $\int \frac{2}{e^{-x}+1} dx$
93.  $\int \frac{1}{x^3} e^{1/4x^2} dx$
94.  $\int \frac{e^{1/\sqrt{x}}}{x^{3/2}} dx$
95.  $\int \frac{-e^{3x}}{2-e^{3x}} dx$
96.  $\int \frac{7e^{7x}}{3+e^{7x}} dx$
97.  $\int \frac{2(e^x-e^{-x})}{(e^x+e^{-x})^2} dx$
98.  $\int \frac{3^x}{3-3^x} dx$
99.  $\int \frac{x 2^{x^2}}{1+2^{x^2}} dx$

$$100. \int (6x + e^x) \sqrt{3x^2 + e^x} dx$$

$$101. \int \frac{dx}{x(\log_8 x)^2}$$

$$102. \int \frac{dx}{x\sqrt{25x^2 - 2}}$$

$$103. \int \frac{6dr}{\sqrt{4 - (r+1)^2}}$$

$$104. \int \frac{dx}{2 + (x-1)^2}$$

$$105. \int \frac{\sec^2 y dy}{\sqrt{1 - \tan^2 y}}$$

$$106. \int \frac{dx}{\sqrt{-x^2 + 4x - 3}}$$

$$107. \int \frac{dx}{\sqrt{2x - x^2}}$$

$$108. \int \frac{x-2}{x^2 - 6x + 10} dx$$

$$109. \int \frac{dx}{(x+1)\sqrt{x^2 + 2x}}$$

$$110. \int \frac{dx}{(x-2)\sqrt{x^2 - 4x + 3}}$$

$$111. \int \frac{e^{\cos^{-1} x} dx}{\sqrt{1 - x^2}}$$

$$112. \int \frac{(\sin^{-1} x)^2 dx}{\sqrt{1 - x^2}}$$

$$113. \int \frac{dy}{(\sin^{-1} y)\sqrt{1 + y^2}}$$

$$114. \int \frac{1}{\sqrt{x}(x+1)\left(\left(\tan^{-1} \sqrt{x}\right)^2 + 9\right)} dx$$

$$115. \int 2x(x^2 + 1)^4 dx$$

$$116. \int 8x \cos(4x^2 + 3) dx$$

$$117. \int \sin^3 x \cos x dx$$

$$118. \int (6x+1)\sqrt{3x^2 + x} dx$$

$$119. \int 2x(x^2 - 1)^{99} dx$$

$$120. \int xe^{x^2} dx$$

$$121. \int \frac{2x^2}{\sqrt{1 - 4x^3}} dx$$

$$122. \int \frac{(\sqrt{x} + 1)^4}{2\sqrt{x}} dx$$

$$123. \int (x^2 + x)^{10} (2x + 1) dx$$

$$124. \int \frac{dx}{10x - 3}$$

$$125. \int x^3(x^4 + 16)^6 dx$$

$$126. \int \sin^{10} \theta \cos \theta d\theta$$

$$127. \int \frac{dx}{\sqrt{1 - 9x^2}}$$

$$128. \int x^9 \sin x^{10} dx$$

$$129. \int (x^6 - 3x^2)^4 (x^5 - x) dx$$

$$130. \int \frac{x}{x-2} dx$$

$$131. \int \frac{dx}{1+4x^2}$$

$$132. \int \frac{3}{1+25y^2} dy$$

$$133. \int \frac{2}{x\sqrt{4x^2-1}} dx \quad \left(x > \frac{1}{2}\right)$$

$$134. \int \frac{8x+6}{2x^2+3x} dx$$

$$135. \int \frac{x}{\sqrt{x-4}} dx$$

$$136. \int \frac{x^2}{(x+1)^4} dx$$

$$137. \int \frac{x}{\sqrt[3]{x+4}} dx$$

$$138. \int \frac{e^x - e^{-x}}{e^x + e^{-x}} dx$$

$$139. \int x \sqrt[3]{2x+1} dx$$

$$140. \int (x+1)\sqrt{3x+2} dx$$

$$141. \int \sin^2 x dx$$

$$142. \int \sin^2\left(\theta + \frac{\pi}{6}\right) d\theta$$

$$143. \int x \cos^2(x^2) dx$$

$$144. \int \sec 4x \tan 4x dx$$

$$145. \int \sec^2 10x dx$$

$$146. \int (\sin^5 x + 3\sin^3 x - \sin x) \cos x dx$$

$$147. \int \frac{\csc^2 x}{\cot^3 x} dx$$

$$148. \int (x^{3/2} + 8)^5 \sqrt{x} dx$$

$$149. \int \sin x \sec^8 x dx$$

$$150. \int \frac{e^{2x}}{e^{2x} + 1} dx$$

$$151. \int \sec^3 \theta \tan \theta d\theta$$

$$152. \int x \sin^4 x^2 \cos x^2 dx$$

$$153. \int \frac{dx}{\sqrt{1+\sqrt{1+x}}}$$

$$154. \int \tan^{10} 4x \sec^2 4x dx$$

$$155. \int \frac{x^2}{x^3+27} dx$$

$$156. \int y^2 (3y^3 + 1)^4 dy$$

$$157. \int x \sin x^2 \cos^8 x^2 dx$$

$$158. \int \frac{\sin 2x}{1 + \cos^2 x} dx$$

$$159. \int \frac{\sin^{-1} x}{\sqrt{1-x^2}} dx$$

$$160. \int \frac{dx}{(\tan^{-1} x)(1+x^2)}$$

$$161. \int \frac{(\tan^{-1} x)^5}{1+x^2} dx$$

$$162. \int \frac{1}{x^2} \sin \frac{1}{x} dx$$

$$163. \text{ Evaluate the integral } \int \frac{18 \tan^2 x \sec^2 x}{(2 + \tan^3 x)^2} dx$$

a)  $u = \tan x$ , followed by  $v = u^3$  then by  $w = 2 + v$

b)  $u = \tan^3 x$ , followed by  $v = 2 + u$

c)  $u = 2 + \tan^3 x$

Evaluate the integrals

$$164. \int_0^1 (2t+3)^3 dt$$

$$165. \int_0^2 \sqrt{4-x^2} dx$$

$$166. \int_0^3 \sqrt{y+1} dy$$

$$167. \int_{-1}^1 r\sqrt{1-r^2} dr$$

$$168. \int_0^{\pi/4} \tan x \sec^2 x dx$$

$$169. \int_{2\pi}^{3\pi} 3\cos^2 x \sin x dx$$

$$170. \int_0^1 t^3 (1+t^4)^3 dt$$

$$171. \int_0^1 \frac{r}{(4+r^2)^2} dr$$

$$172. \int_0^1 \frac{10\sqrt{v}}{(1+v^{3/2})^2} dv$$

$$173. \int_{-\sqrt{3}}^{\sqrt{3}} \frac{4x}{\sqrt{x^2+1}} dx$$

$$174. \int_0^1 \frac{x^3}{\sqrt{x^4+9}} dx$$

$$175. \int_0^{\pi/6} (1-\cos 3t) \sin 3t dt$$

$$176. \int_{-\pi/2}^{\pi/2} \left(2 + \tan \frac{t}{2}\right) \sec^2 \frac{t}{2} dt$$

$$177. \int_{-\pi}^{\pi} \frac{\cos z}{\sqrt{4+3\sin z}} dz$$

$$178. \int_{-\pi/2}^0 \frac{\sin w}{(3+2\cos w)^2} dw$$

$$179. \int_0^1 \sqrt{t^5 + 2t} (5t^4 + 2) dt$$

$$180. \int_1^4 \frac{dy}{2\sqrt{y}(1+\sqrt{y})^2}$$

$$181. \int_0^1 (4y - y^2 + 4y^3 + 1)^{-2/3} (12y^2 - 2y + 4) dy$$

$$182. \int_0^5 |x - 2| dx$$

$$183. \int_0^{\pi/2} e^{\sin x} \cos x dx$$

$$184. \int_{\sqrt{2}/2}^{\sqrt{3}/2} \frac{dx}{\sqrt{1-x^2}}$$

$$185. \int_0^{\pi/3} \frac{4\sin\theta}{1-4\cos\theta} d\theta$$

$$186. \int_1^2 \frac{2\ln x}{x} dx$$

$$187. \int_2^{16} \frac{dx}{2x\sqrt{\ln x}}$$

$$188. \int_0^{\pi/2} \tan \frac{x}{2} dx$$

$$189. \int_{\pi/4}^{\pi/2} \cot x dx$$

$$190. \int_{-\ln 2}^0 e^{-x} dx$$

$$191. \int_{\pi/4}^{\pi/2} (1 + e^{\cot\theta}) \csc^2 \theta d\theta$$

$$192. \int_0^{\sqrt{\ln \pi}} 2x e^{x^2} \cos(e^{x^2}) dx$$

$$193. \int_1^4 \frac{2\sqrt{x}}{\sqrt{x}} dx$$

$$194. \int_0^{\pi/4} \left(\frac{1}{3}\right)^{\tan t} \sec^2 t dt$$

$$195. \int_1^e x^{(\ln 2)^{-1}} dx$$

$$196. \int_0^9 \frac{2\log_{10}(x+1)}{x+1} dx$$

$$197. \int_1^e \frac{2\ln 10 \log_{10} x}{x} dx$$

$$198. \int_1^{e^x} \frac{1}{t} dt$$

$$199. \frac{1}{\ln a} \int_1^x \frac{1}{t} dt \quad x > 0$$

$$200. \int_0^{3\sqrt{2}/4} \frac{dx}{\sqrt{9-4x^2}}$$

$$201. \int_{\pi/6}^{\pi/4} \frac{\csc^2 x dx}{1 + (\cot x)^2}$$

$$202. \int_1^{e^{\pi/4}} \frac{4dt}{t(1 + \ln^2 t)}$$

$$203. \int_{1/2}^1 \frac{6dx}{\sqrt{-4x^2 + 4x + 3}}$$

$$204. \int_{2/\sqrt{3}}^2 \frac{\cos(\sec^{-1} x) dx}{x\sqrt{x^2-1}}$$

$$205. \int_0^3 \frac{x}{\sqrt{25-x^2}} dx$$

$$206. \int_0^\pi \sin^2 5\theta d\theta$$

$$207. \int_0^\pi (1 - \cos^2 3\theta) d\theta$$

$$208. \int_2^3 \frac{x^2 + 2x - 2}{x^3 + 3x^2 - 6x} dx$$

$$209. \int_0^{\ln 2} \frac{e^x}{1 + e^{2x}} dx$$

$$210. \int_1^3 x \sqrt[3]{x^2-1} dx$$

$$211. \int_0^2 (x+3)^3 dx$$

$$212. \int_{-2}^2 e^{4x+8} dx$$

$$213. \int_0^1 \sqrt{x}(\sqrt{x}+1) dx$$

$$214. \int_0^1 \frac{dx}{\sqrt{4-x^2}}$$

$$215. \int_0^2 \frac{2x}{(x^2+1)^2} dx$$

$$216. \int_0^{\pi/2} \sin^2 \theta \cos \theta d\theta$$

$$217. \int_0^{\pi/4} \frac{\sin x}{\cos^2 x} dx$$

$$218. \int_{1/3}^{1/\sqrt{3}} \frac{4}{9x^2+1} dx$$

$$219. \int_0^{\ln 4} \frac{e^x}{3+2e^x} dx$$

$$220. \int_{-\pi}^\pi \cos^2 x dx$$

$$221. \int_0^{\pi/4} \cos^2 8\theta d\theta$$

$$222. \int_{-\pi/4}^{\pi/4} \sin^2 2\theta d\theta$$

$$223. \int_0^{\pi/6} \frac{\sin 2x}{\sin^2 x + 2} dx$$

$$224. \int_0^{\pi/2} \sin^4 \theta d\theta$$

$$225. \int_0^1 x\sqrt{1-x^2} dx$$

$$226. \int_0^{1/4} \frac{x}{\sqrt{1-16x^2}} dx$$

$$227. \int_2^3 \frac{x}{\sqrt[3]{x^2-1}} dx$$

$$228. \int_0^{6/5} \frac{dx}{25x^2+36}$$

$$229. \int_0^2 x^3 \sqrt{16-x^4} dx$$



$$230. \int_{\pi/4}^{\pi/2} \frac{\cos x}{\sin^2 x} dx$$

$$231. \int_{-1}^1 (x-1)(x^2-2x)^7 dx$$

$$232. \int_{-\pi}^0 \frac{\sin x}{2+\cos x} dx$$

$$233. \int_0^1 \frac{(x+1)(x+2)}{2x^3+9x^2+12x+36} dx$$

$$234. \int_1^2 \frac{4}{9x^2+6x+1} dx$$

$$235. \int_0^{\pi/4} e^{\sin^2 x} \sin 2x dx$$

$$236. \int_0^1 x \sqrt{x+a} dx \quad (a > 0)$$

$$237. \int_0^1 x \sqrt[p]{x+a} dx \quad (a > 0)$$

$$238. \int_0^1 x \sqrt{1-\sqrt{x}} dx$$

$$239. \int_0^1 \sqrt{x-x\sqrt{x}} dx$$

$$240. \int_0^{\pi/2} \frac{\cos \theta \sin \theta}{\sqrt{\cos^2 \theta + 16}} d\theta$$

$$241. \int_{\frac{2}{5\sqrt{3}}}^{\frac{2}{5}} \frac{dx}{x\sqrt{25x^2-1}}$$

$$242. \int_0^4 \frac{x}{\sqrt{9+x^2}} dx$$

$$243. \int_0^{\pi/4} \frac{\sin \theta}{\cos^3 \theta} d\theta$$

$$244. \int_0^1 2x(4-x^2) dx$$

$$245. \int_0^3 \frac{x^2+1}{\sqrt{x^3+3x+4}} dx$$

$$246. \int_0^4 \frac{x}{x^2+1} dx$$

$$247. \int_1^{e^2} \frac{\ln x}{x} dx$$

$$248. \int_0^3 \frac{x^2+1}{\sqrt{x^3+3x+4}} dx$$

$$249. \int_{-\pi/4}^{\pi/4} \sin^2 2\theta d\theta$$

$$250. \int_0^1 (y^3+6y^2-12y+9)^{-1/2} (y^2+4y-4) dy$$

$$251. \int_{-1}^2 x^2 e^{x^3+1} dx$$

$$252. \int_0^2 x^2 e^{x^3} dx$$

$$253. \int_0^4 \frac{x}{x^2+1} dx$$

Solve the initial value problem

254.  $\frac{dy}{dt} = e^t \sin(e^t - 2), \quad y(\ln 2) = 0$

255.  $\frac{dy}{dt} = e^{-t} \sec^2(\pi e^{-t}), \quad y(\ln 4) = \frac{2}{\pi}$

256. Verify the integration formula:  $\int \frac{\tan^{-1} x}{x^2} dx = \ln x - \frac{1}{2} \ln(1 + x^2) - \frac{\tan^{-1} x}{x} + C$

257. Verify the integration formula:  $\int \ln(a^2 + x^2) dx = x \ln(a^2 + x^2) - 2x + 2a \tan^{-1} \frac{x}{a} + C$

258. Find the area of the region bounded by the graphs of  $x = 3 \sin y \sqrt{\cos y}$ , and  $x = 0$ ,  $0 \leq y \leq \frac{\pi}{2}$

259. Find the area of the region bounded by the graph of  $f(x) = \frac{x}{\sqrt{x^2 - 9}}$  on  $3 \leq x \leq 4$

260. Find the area of the region bounded by the graph of  $f(x) = \frac{x}{\sqrt{x^2 - 9}}$  and the  $x$ -axis between  $x = 4$  and  $x = 5$ .

261. Find the area of the region bounded by the graph of  $f(x) = x \sin x^2$  and the  $x$ -axis between  $x = 0$  and  $x = \sqrt{\pi}$ .

262. Find the area of the region bounded by the graph of  $f(\theta) = \cos \theta \sin \theta$  and the  $\theta$ -axis between  $\theta = 0$  and  $\theta = \frac{\pi}{2}$ .

263. Find the area of the region bounded by the graph of  $f(x) = (x - 4)^4$  and the  $x$ -axis between  $x = 2$  and  $x = 6$ .

264. Perhaps the simplest change of variables is the shift or translation given by  $u = x + c$ , where  $c$  is a real number.

a) Prove that shifting a function does not change the net area under the curve, in the sense that

$$\int_a^b f(x + c) dx = \int_{a+c}^{b+c} f(u) du$$

b) Draw a picture to illustrate this change of variables in the case that  $f(x) = \sin x$ ,  $a = 0$ ,  $b = \pi$ , and  $c = \frac{\pi}{2}$

265. Another change of variables that can be interpreted geometrically is the scaling  $u = cx$ , where  $c$  is a real number. Prove and interpret the fact that

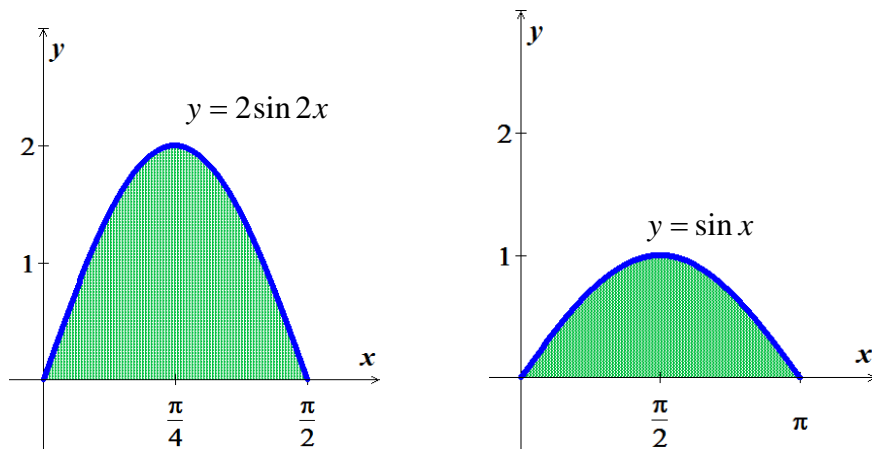
$$\int_a^b f(cx) dx = \frac{1}{c} \int_{ac}^{bc} f(u) du$$

Draw a picture to illustrate this change of variables in the case that  $f(x) = \sin x$ ,  $a = 0$ ,  $b = \pi$ , and  $c = \frac{1}{2}$

266. The function  $f$  satisfies the equation  $3x^4 - 48 = \int_2^x f(t) dt$ . Find  $f$  and check your answer by substitution.

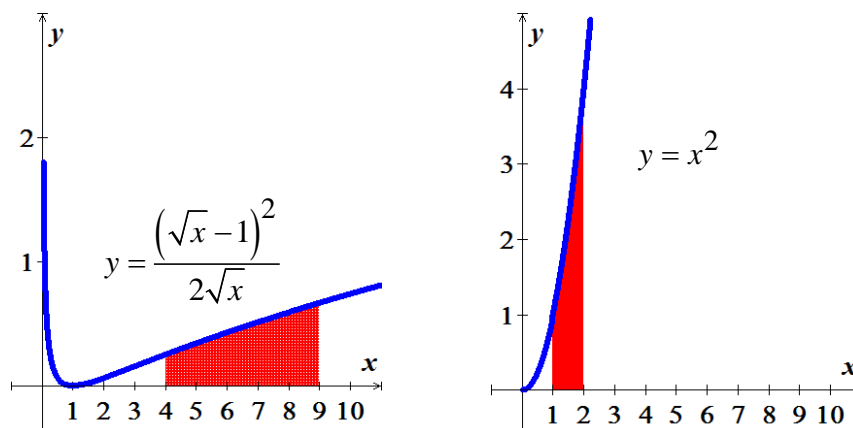
267. Assume  $f'$  is continuous on  $[2, 4]$ ,  $\int_1^2 f'(2x) dx = 10$ , and  $f(2) = 4$ . Evaluate  $f(4)$ .

268. The area of the shaded region under the curve  $y = 2\sin 2x$  in



- a) Equals the area on the shaded region under the curve  $y = \sin x$   
 b) Explain why this is true without computation areas.

269. The area of the shaded region under the curve  $y = \frac{(\sqrt{x}-1)^2}{2\sqrt{x}}$  on the interval  $[4, 9]$



- a) Equals the area on the shaded region under the curve  $y = x^2$  on the interval  $[1, 2]$   
 b) Explain why this is true without computation areas.

**270.** The family of parabolas  $y = \frac{1}{a} - \frac{x^2}{a^3}$ , where  $a > 0$ , has the property that for  $x \geq 0$ , the  $x$ -intercept is  $(a, 0)$  and the  $y$ -intercept is  $(0, \frac{1}{a})$ . Let  $A(a)$  be the area of the region in the first quadrant bounded by the parabola and the  $x$ -axis. Find  $A(a)$  and determine whether it is increasing, decreasing, or constant function of  $a$ .

**271.** Consider the right triangle with vertices  $(0, 0)$ ,  $(0, b)$ , and  $(a, 0)$ , where  $a > 0$  and  $b > 0$ . Show that the average vertical distance from points on the  $x$ -axis to the hypotenuse is  $\frac{b}{2}$ , for all  $a > 0$ .

**272.** Consider the integral  $I = \int \sin^2 x \cos^2 x \, dx$

- a) Find  $I$  using the identity  $\sin 2x = 2 \sin x \cos x$   
 b) Find  $I$  using the identity  $\cos^2 x = 1 - \sin^2 x$   
 c) Confirm that the results in part (a) and (b) are consistent and compare the work involved in each method.

**273.** Let  $H(x) = \int_0^x \sqrt{4-t^2} \, dt$ , for  $-2 \leq x \leq 2$ .

- a) Evaluate  $H(0)$   
 b) Evaluate  $H'(1)$   
 c) Evaluate  $H'(2)$   
 d) Use geometry to evaluate  $H(2)$   
 e) Find the value of  $s$  such that  $H(x) = sH(-x)$

Evaluate the limits

**274.**  $\lim_{x \rightarrow 2} \frac{\int_2^x e^{t^2} \, dt}{x-2}$

**275.**  $\lim_{x \rightarrow 1} \frac{\int_1^{x^2} e^{t^3} \, dt}{x-1}$

**276.** Prove that for nonzero constants  $a$  and  $b$ ,  $\int \frac{dx}{a^2 x^2 + b^2} = \frac{1}{ab} \tan^{-1}\left(\frac{ax}{b}\right) + C$

**277.** Let  $a > 0$  be a real number and consider the family of functions  $f(x) = \sin ax$  on the interval  $\left[0, \frac{\pi}{a}\right]$ .

a) Graph  $f$ , for  $a = 1, 2, 3$ .

b) Let  $g(a)$  be the area of the region bounded by the graph of  $f$  and the  $x$ -axis on the interval  $\left[0, \frac{\pi}{a}\right]$ . Graph  $g$  for  $0 < a < \infty$ . Is  $g$  an increasing function, a decreasing function, or neither?

**278.** Explain why if a function  $u$  satisfies the equation  $u(x) + 2 \int_0^x u(t) dt = 10$ , then it also satisfies the equation  $u'(x) + 2u(x) = 0$ . Is it true that if  $u$  satisfies the second equation, then it satisfies the first equation?

**279.** Let  $f(x) = \int_0^x (t-1)^{15} (t-2)^9 dt$

a) Find the interval on which  $f$  is increasing and the intervals on which  $f$  is decreasing.

b) Find the intervals on which  $f$  is concave up and the intervals on which  $f$  is concave down.

c) For what values of  $x$  does  $f$  have local minima? Local maxima?

d) Where are the inflection points of  $f$ ?

**280.** A company is considering a new manufacturing process in one of its plants. The new process provides substantial initial savings, with the savings declining with time  $t$  (in years) according to the rate-of-savings function

$$S'(t) = 100 - t^2$$

where  $S'(t)$  is in thousands of dollars per year. At the same time, the cost of operating the new process increases with time  $t$  (in years), according to the rate-of-cost function (in thousands of dollars per year)

$$C'(t) = t^2 + \frac{14}{3}t$$

a) For how many years will the company realize savings?

b) What will be the net total savings during this period?

**281.** Find the producers' surplus if the supply function for pork bellies is given by

$$S(x) = x^{5/2} + 2x^{3/2} + 50$$

Assume supply and demand are in equilibrium at  $x = 16$ .

**282.** An object moves along a line with a velocity in  $m/s$  given by  $v(t) = 8 \cos\left(\frac{\pi t}{6}\right)$ . Its initial position is  $s(0) = 0$ .

a) Graph the velocity function.

- b) The position of the object is given by  $s(t) = \int_0^t v(y) dy$ , for  $t \geq 0$ . Find the position function, for  $t \geq 0$ .
- c) What is the period of the motion – that is, starting at any point, how long does it take the object to return to that position?

**283.** The population of a culture of bacteria has a growth rate given by  $p'(t) = \frac{200}{(t+1)^r}$  bacteria per hour,

for  $t \geq 0$ , where  $r > 1$  is a real number. It is shown that the increase in the population over time

interval  $[0, t]$  is given by  $\int_0^t p'(s) ds$ . (note that the growth rate decreases in time, reflecting

competition for space and food.)

- Using the population model with  $r = 2$ , what is the increase in the population over the time interval  $0 \leq t \leq 4$ ?
- Using the population model with  $r = 3$ , what is the increase in the population over the time interval  $0 \leq t \leq 6$ ?
- Let  $\Delta P$  be the increase in the population over a fixed time interval  $[0, T]$ . For fixed  $T$ , does  $\Delta P$  increase or decrease with the parameter  $r$ ? Explain.
- A lab technician measures an increase in the population of 350 bacteria over the 10-hr period  $[0, 10]$ . Estimate the value of  $r$  that best fits this data point.
- Use the population model in part (b) to find the increase in population over time interval  $[0, T]$ , for any  $T > 0$ . If the culture is allowed to grow indefinitely ( $T \rightarrow \infty$ ), does the bacteria population increase without bound? Or does it approach a finite limit?

**284.** Consider the function  $f(x) = x^2 - 5x + 4$  and the area function  $A(x) = \int_0^x f(t) dt$ .

- Graph  $f$  on the interval  $[0, 6]$ .
- Compute and graph  $A$  on the interval  $[0, 6]$ .
- Show that the local extrema of  $A$  occur at the zeros of  $f$ .
- Give a geometric and analytical explanation for the observation in part (c).
- Find the approximate zeros of  $A$ , other than 0, and call them  $x_1$  and  $x_2$ .
- Find  $b$  such that the area bounded by the graph of  $f$  and the  $x$ -axis on the interval  $[0, x_1]$  equals the area bounded by the graph of  $f$  and the  $x$ -axis on the interval  $[x_1, b]$ .
- If  $f$  is an integrable function and  $A(x) = \int_0^x f(t) dt$ , is it always true that the local extrema of  $A$  occur at the zeros of  $f$ ? Explain