

Section 2.2 – Trigonometric Integrals

Products of Powers of *Sines* and *Cosines*

We begin with integrals of the form

$$\int \sin^m x \cos^n x \, dx$$

Example

Evaluate $\int \sin^3 x \cos^2 x \, dx$

Solution

$$\begin{aligned} \int \sin^3 x \cos^2 x \, dx &= \int \sin x \sin^2 x \cos^2 x \, dx \\ &= \int (1 - \cos^2 x) \cos^2 x (-d(\cos x)) && d(\cos x) = -\sin x \, dx \Rightarrow \sin x \, dx = -d(\cos x) \\ &= -\int (\cos^2 x - \cos^4 x) d(\cos x) && \text{or Assume } u = \cos x \\ &= -\left(\frac{1}{3}\cos^3 x - \frac{1}{5}\cos^5 x\right) + C \\ &= \underline{\underline{\frac{1}{5}\cos^5 x - \frac{1}{3}\cos^3 x + C}} \end{aligned}$$

Example

Evaluate $\int \cos^5 x \, dx$

Solution

$$\begin{aligned} \int \cos^5 x \, dx &= \int \cos^4 x \cos x \, dx && \cos x \, dx = d(\sin x) \quad \cos^2 x = 1 - \sin^2 x \\ &= \int (1 - \sin^2 x)^2 d(\sin x) \\ &= \int (1 - 2\sin^2 x + \sin^4 x) d \sin x \\ &= \underline{\underline{\sin x - \frac{2}{3}\sin^3 x + \frac{1}{5}\sin^5 x + C}} \end{aligned}$$

Example

Evaluate $\int \sin^2 x \cos^4 x \, dx$

Solution

$$\begin{aligned}\int \sin^2 x \cos^4 x \, dx &= \int \left(\frac{1 - \cos 2x}{2} \right) \left(\frac{1 + \cos 2x}{2} \right)^2 dx & \sin^2 x = \frac{1 - \cos 2x}{2} \quad \cos^2 x = \frac{1 + \cos 2x}{2} \\&= \frac{1}{8} \int (1 - \cos 2x) (1 + 2 \cos 2x + \cos^2 2x) dx \\&= \frac{1}{8} \int (1 + 2 \cos 2x + \cos^2 2x - \cos 2x - 2 \cos^2 2x - \cos^3 2x) dx \\&= \frac{1}{8} \int (1 + \cos 2x - \cos^2 2x - \cos^3 2x) dx \\&= \frac{1}{8} \left[x + \frac{1}{2} \sin 2x - \int (\cos^3 2x + \cos^2 2x) dx \right]\end{aligned}$$

$$\begin{aligned}\int \cos^3 2x \, dx &= \int (1 - \sin^2 2x) \cos 2x \, dx \\&= \frac{1}{2} \int (1 - \sin^2 2x) d(\sin 2x) \\&= \frac{1}{2} \left(\sin 2x - \frac{1}{3} \sin^3 2x \right)\end{aligned}$$

$$\begin{aligned}\int \cos^2 2x \, dx &= \frac{1}{2} \int (1 + \cos 4x) dx \\&= \frac{1}{2} \left(x + \frac{1}{4} \sin 4x \right)\end{aligned}$$

$$\begin{aligned}\int \sin^2 x \cos^4 x \, dx &= \frac{1}{8} \left[x + \frac{1}{2} \sin 2x - \frac{1}{2} \left(\sin 2x - \frac{1}{3} \sin^3 2x \right) - \frac{1}{2} \left(x + \frac{1}{4} \sin 4x \right) \right] + C \\&= \frac{1}{8} \left[x + \frac{1}{2} \sin 2x - \frac{1}{2} \sin 2x + \frac{1}{6} \sin^3 2x - \frac{1}{2} x - \frac{1}{8} \sin 4x \right] + C \\&= \frac{1}{8} \left(\frac{1}{2} x + \frac{1}{6} \sin^3 2x - \frac{1}{8} \sin 4x \right) + C \\&= \underline{\underline{\frac{1}{16} \left(x + \frac{1}{3} \sin^3 2x - \frac{1}{4} \sin 4x \right) + C}}\end{aligned}$$

Example

Evaluate $\int_0^{\pi/4} \sqrt{1 + \cos 4x} \, dx$

Solution

$$\cos^2 \theta = \frac{1 + \cos 2\theta}{2} \Rightarrow 1 + \cos 2\theta = 2 \cos^2 \theta$$

$$\theta = 2x \Rightarrow 1 + \cos 4x = 2 \cos^2 2x$$

$$\int_0^{\pi/4} \sqrt{1 + \cos 4x} \, dx = \int_0^{\pi/4} \sqrt{2 \cos^2 2x} \, dx$$

$$= \sqrt{2} \int_0^{\pi/4} |\cos 2x| \, dx$$

$$= \sqrt{2} \int_0^{\pi/4} \cos 2x \, dx$$

$$= \sqrt{2} \left[\frac{\sin 2x}{2} \right]_0^{\pi/4}$$

$$= \frac{\sqrt{2}}{2} \left[\sin \frac{\pi}{2} - 0 \right]$$

$$= \frac{\sqrt{2}}{2}$$

$$\sqrt{2 \cos^2 2x} = \sqrt{2} \sqrt{\cos^2 2x} = \sqrt{2} |\cos 2x|$$

$$\cos 2x \geq 0 \quad \text{on} \quad \left[0, \frac{\pi}{4} \right]$$

Example

Evaluate $\int \sin^3 x \cos^{-2} x \, dx$

Solution

$$\int \sin^3 x \cos^{-2} x \, dx = \int \sin^2 x \cos^{-2} x \sin x \, dx$$

$$= - \int (1 - \cos^2 x) \cos^{-2} x \, d(\cos x)$$

$$= - \int (\cos^{-2} x - 1) \, d(\cos x)$$

$$= -(-\cos^{-1} x - \cos x) + C$$

$$= \cos x + \sec x + C$$

Products of Powers of $\tan x$ and $\sec x$

Example

Evaluate $\int \tan^4 x \, dx$

Solution

$$\begin{aligned}
 \int \tan^4 x \, dx &= \int \tan^2 x \cdot \tan^2 x \, dx \\
 &= \int \tan^2 x \cdot (\sec^2 x - 1) \, dx \\
 &= \int \tan^2 x \sec^2 x \, dx - \int \tan^2 x \, dx \\
 &= \int \tan^2 x \sec^2 x \, dx - \int (\sec^2 x - 1) \, dx \\
 &= \int \tan^2 x \sec^2 x \, dx - \int \sec^2 x \, dx + \int dx \\
 &= \int \tan^2 x \, d(\tan x) - \int \sec^2 x \, dx + \int dx \\
 &= \frac{1}{3} \tan^3 x - \tan x + x + C
 \end{aligned}$$

$$\tan^2 x = \sec^2 x - 1$$

$$d(\tan x) = \sec^2 x \, dx$$

Example

Evaluate $\int \sec^3 x \, dx$

Solution

Let: $u = \sec x \quad dv = \sec^2 x \, dx$
 $du = \sec x \tan x \, dx \quad v = \tan x$

$$\begin{aligned}
 \int \sec^3 x \, dx &= \sec x \tan x - \int \tan x (\sec x \tan x \, dx) \\
 &= \sec x \tan x - \int \tan^2 x \sec x \, dx \\
 &= \sec x \tan x - \int (\sec^2 x - 1) \sec x \, dx \\
 &= \sec x \tan x - \int (\sec^3 x - \sec x) \, dx
 \end{aligned}$$

$$= \sec x \tan x - \int \sec^3 x \, dx + \int \sec x \, dx$$

$$\int \sec^3 x \, dx + \int \sec^3 x \, dx = \sec x \tan x - \int \sec^3 x \, dx + \int \sec^3 x \, dx + \int \sec x \, dx$$

$$2 \int \sec^3 x \, dx = \sec x \tan x + \int \sec x \, dx$$

$$= \sec x \tan x + \ln |\sec x + \tan x| + C_1$$

$$\int \sec^3 x \, dx = \underline{\frac{1}{2} \sec x \tan x + \frac{1}{2} \ln |\sec x + \tan x| + C}$$

Products of Sines and Cosines

Recall the identities

$$\sin mx \sin nx = \frac{1}{2} [\cos(m-n)x - \cos(m+n)x]$$

$$\sin mx \cos nx = \frac{1}{2} [\sin(m-n)x + \sin(m+n)x]$$

$$\cos mx \cos nx = \frac{1}{2} [\cos(m-n)x + \cos(m+n)x]$$

Example

Evaluate $\int \sin 3x \cos 5x \, dx$

Solution

$$\begin{aligned} \int \sin 3x \cos 5x \, dx &= \frac{1}{2} \int [\sin(-2x) + \sin 8x] \, dx \\ &= \frac{1}{2} \int [-\sin(2x) + \sin 8x] \, dx \\ &= \frac{1}{2} \left(\frac{1}{2} \cos 2x - \frac{1}{8} \cos 8x \right) + C \\ &= \underline{\frac{1}{4} \cos 2x - \frac{1}{16} \cos 8x + C} \end{aligned}$$

Guidelines for Cosine & Sine

Case 1 If m is *odd*, we write m as $2k + 1$ and use the identity $\sin^2 x = 1 - \cos^2 x$ to obtain

$$\sin^m x = \sin^{2k+1} x = (\sin^2 x)^k \sin x = (1 - \cos^2 x)^k \sin x$$

Then we combine the single $\sin x$ with dx in the integral and set $\sin x dx = -d(\cos x)$

Case 2 If m is *even* and n is *odd*, in $\int \sin^m x \cos^n x dx$ we write n as $2k + 1$ and use the identity

$$\cos^2 x = 1 - \sin^2 x \text{ to obtain}$$

$$\cos^n x = \cos^{2k+1} x = (\cos^2 x)^k \cos x = (1 - \sin^2 x)^k \cos x$$

Then we combine the single $\cos x$ with dx in the integral and set $\cos x dx = d(\sin x)$

Case 3 If both m and n are *even*, in $\int \sin^m x \cos^n x dx$, we substitute

$$\text{To reduce the integrand to one in lower powers of } \cos 2x \quad \int \cos ax dx = \frac{1}{a} \sin ax + C$$

Guidelines for Tangent & Secant

Case 1 When the power of the tangent is *odd* and positive.

$$\begin{aligned} \int \sec^m x \tan^{2k+1} x dx &= \int \sec^{m-1} x (\tan^2 x)^k \sec x \tan x dx \\ &= \int \sec^{m-1} x (\sec^2 x - 1)^k d(\sec x) \end{aligned}$$

Case 2 When the power of the secant is *even* and positive.

$$\int \sec^{2k} x \tan^n x dx = \int (\sec^2 x)^{k-1} \tan^n x \sec^2 x dx = \int (1 + \tan^2 x)^{k-1} \tan^n x d(\tan x)$$

Case 3 When there are no secant factors

$$\int \tan^n x dx = \int \tan^{n-2} x (\tan^2 x) dx = \int \tan^{n-2} x (\sec^2 x - 1) dx$$

Case 4 When there are only secant, use integration by parts.

Case 5 Otherwise, convert to cosines and sines.

Wallis's Formulas

1. If n is odd ($n \geq 3$), then
$$\int_0^{\pi/2} \cos^n x \, dx = \left(\frac{2}{3}\right)\left(\frac{4}{5}\right)\left(\frac{6}{7}\right) \cdots \left(\frac{n-1}{n}\right)$$
2. If n is even ($n \geq 2$), then
$$\int_0^{\pi/2} \cos^n x \, dx = \left(\frac{1}{2}\right)\left(\frac{3}{4}\right)\left(\frac{5}{6}\right) \cdots \left(\frac{n-1}{n}\right)\left(\frac{\pi}{2}\right)$$

Formulas

$$\int \cos^n x \, dx = \frac{1}{n} \cos^{n-1} x \sin x + \frac{n-1}{n} \int \cos^{n-2} x \, dx$$

$$\int \sec^n x \, dx = \frac{1}{n-1} \sec^{n-2} x \tan x + \frac{n-2}{n-1} \int \sec^{n-2} x \, dx$$

$$\int \sin^n x \, dx = \frac{1}{n} \sin^{n-1} x \cos x + \frac{n-1}{n} \int \sin^{n-2} x \, dx$$

$$\int \tan^n x \, dx = \frac{1}{n-1} \tan^{n-1} x - \int \tan^{n-2} x \, dx$$

$$\int \tan x \, dx = -\ln |\cos x| + C = \ln |\sec x| + C$$

$$\int \sec x \, dx = \ln |\sec x + \tan x| + C$$

$$\int \csc x \, dx = -\ln |\csc x + \cot x| + C$$

Exercises Section 2.2 – Trigonometric Integrals

(1 – 149) Evaluate the integrals

- | | | |
|---|----------------------------------|------------------------------------|
| 1. $\int \sin^5 \frac{x}{2} dx$ | 16. $\int \sec^3 \pi x dx$ | 31. $\int \sin^2 x \cos^2 x dx$ |
| 2. $\int \sin^4 6\theta d\theta$ | 17. $\int \sec 4x dx$ | 32. $\int \sin^2 x \cos^3 x dx$ |
| 3. $\int x^2 \sin^2 x dx$ | 18. $\int \csc^6 x dx$ | 33. $\int \sin^2 x \cos^4 x dx$ |
| 4. $\int \sin^3 3x dx$ | 19. $\int \tan^5 \frac{x}{2} dx$ | 34. $\int \sin^2 x \cos^5 x dx$ |
| 5. $\int \sin^5 x dx$ | 20. $\int \tan^5 x dx$ | 35. $\int \sin^3 x \cos^5 x dx$ |
| 6. $\int 8 \cos^4 2\pi x dx$ | 21. $\int \tan^5 3x dx$ | 36. $\int \sin^3 x \cos^4 x dx$ |
| 7. $\int x \cos^3 x dx$ | 22. $\int \tan^6 3x dx$ | 37. $\int \sin^3 2x \cos^4 x dx$ |
| 8. $\int \cos^4 x dx$ | 23. $\int 20 \tan^6 x dx$ | 38. $\int \sin^3 2x \cos^3 2x dx$ |
| 9. $\int \cos^4 5x dx$ | 24. $\int \tan^4 x dx$ | 39. $\int \sin^4 x \cos^2 x dx$ |
| 10. $\int \cos^2 3x dx$ | 25. $\int \tan^3 \theta d\theta$ | 40. $\int \sin^4 x \cos^3 x dx$ |
| 11. $\int \cos^3 \frac{x}{3} dx$ | 26. $\int \tan^3 4x dx$ | 41. $\int \sin^4 x \cos^4 x dx$ |
| 12. $\int \cos^2 4x dx$ | 27. $\int \cot^3 2x dx$ | 42. $\int \sin^4 x \cos^5 x dx$ |
| 13. $\int \sqrt{1 + \cos \frac{x}{2}} dx$ | 28. $\int \cot^4 x dx$ | 43. $\int \sin^5 x \cos^5 x dx$ |
| 14. $\int \sec^4 2x dx$ | 29. $\int \cot^4 3x dx$ | 44. $\int \sin^5 x \cos^{-2} x dx$ |
| 15. $\int 6 \sec^4 x dx$ | 30. $\int \cot^5 3x dx$ | 45. $\int \sin 3x \cos^6 3x dx$ |

46. $\int \sin^4 2x \cos 2x \, dx$
47. $\int \cos^3 2x \sin^5 2x \, dx$
48. $\int 16 \sin^2 x \cos^2 x \, dx$
49. $\int \sin 2x \cos 3x \, dx$
50. $\int \sin^2 \theta \cos 3\theta \, d\theta$
51. $\int \cos^3 \theta \sin 2\theta \, d\theta$
52. $\int \sin^{-3/2} x \cos^3 x \, dx$
53. $\int \sin^3 x \cos^{3/2} x \, dx$
54. $\int \sin \theta \sin 2\theta \sin 3\theta \, d\theta$
55. $\int \sin 3x \cos 6x \, dx$
56. $\int \sin 3x \cos 7x \, dx$
57. $\int \sin 5x \cos 4x \, dx$
58. $\int \cos 2\theta \cos 6\theta \, d\theta$
59. $\int \cos 5\theta \cos 3\theta \, d\theta$
60. $\int \sin 2\theta \cos 4\theta \, d\theta$
61. $\int \sin(-7\theta) \cos 6\theta \, d\theta$
62. $\int \sin \theta \sin 3\theta \, d\theta$
63. $\int \sin 5\theta \sin 4\theta \, d\theta$
64. $\int \sin x \cos^5 x \, dx$
65. $\int \sin^7 2x \cos 2x \, dx$
66. $\int \sin^3 2x \sqrt{\cos 2x} \, dx$
67. $\int \sin^3 x \cos^2 x \, dx$
68. $\int \frac{\cos^3 \theta}{\sqrt{\sin \theta}} \, d\theta$
69. $\int \frac{\cos^5 \theta}{\sqrt{\sin \theta}} \, d\theta$
70. $\int \frac{\cos^2 x}{\sin^5 x} \, dx$
71. $\int \frac{\sin^3 x}{\cos^4 x} \, dx$
72. $\int \frac{\sin^4 x}{\cos^6 x} \, dx$
73. $\int \frac{2 \cos x + 3 \sin x}{\sin^3 x} \, dx$
74. $\int \frac{\sin 2x}{1 + \sin^2 x} \, dx$
75. $\int \frac{2 + \sin x + 2 \cos x}{1 + \cos x} \, dx$
76. $\int \frac{dx}{1 - \cos x}$
77. $\int \frac{dx}{1 - \sin x}$
78. $\int \frac{\sin \theta \cos \theta}{2 - \cos \theta} \, d\theta$
79. $\int \tan^3 x \sec^3 x \, dx$
80. $\int \sec x \tan^2 x \, dx$
81. $\int \sec^2 x \tan^2 x \, dx$
82. $\int \sec^4 x \tan^2 x \, dx$
83. $\int \sec^6 4x \tan 4x \, dx$
84. $\int \sec^2 \frac{x}{2} \tan \frac{x}{2} \, dx$
85. $\int \tan^3 2x \sec^3 2x \, dx$
86. $\int \tan^5 2x \sec^4 2x \, dx$
87. $\int \tan^3 x \sec^5 x \, dx$
88. $\int \tan^3 x \sec^4 x \, dx$
89. $\int \tan^5 \theta \sec^4 \theta \, d\theta$
90. $\int \tan^5 \theta \sec^7 \theta \, d\theta$
91. $\int \tan^7 \theta \sec^5 \theta \, d\theta$
92. $\int \sec^4 3x \tan^3 3x \, dx$
93. $\int \tan^3 \frac{\pi x}{2} \sec^2 \frac{\pi x}{2} \, dx$
94. $\int \sec^{-2} x \tan^3 x \, dx$
95. $\int \sqrt{\tan x} \sec^4 x \, dx$

96. $\int \tan^5 \theta \csc^2 \theta d\theta$
97. $\int \csc^2 x \cot x dx$
98. $\int \csc^{10} x \cot x dx$
99. $\int (\cot 2x - \csc 2x)^2 dx$
100. $\int \operatorname{sech}^4 x dx$
101. $\int \sinh^3 x \cosh^2 x dx$
102. $\int \operatorname{sech}^2 x \sinh x dx$
103. $\int \frac{\tan^3 x}{\sqrt{\sec x}} dx$
104. $\int \frac{\tan^2 x}{\sec x} dx$
105. $\int \frac{\sec x}{\tan^2 x} dx$
106. $\int \frac{\sec^2 x}{\tan^5 x} dx$
107. $\int \frac{\csc^4 x}{\cot^2 x} dx$
108. $\int \frac{\sec^4(\ln x)}{x} dx$
109. $\int e^x \sec(e^x + 1) dx$
110. $\int e^x \sec^3 e^x dx$
111. $\int e^x \sqrt{\tan^2 e^x + 1} dx$
112. $\int_0^{\sqrt{\pi/2}} x \sin^3(x^2) dx$
113. $\int_{\pi/6}^{\pi/3} \frac{\cos^3 x}{\sqrt{\sin x}} dx$
114. $\int_{\pi/6}^{\pi/2} \frac{dx}{\sin x}$
115. $\int_{\pi/6}^{\pi/3} \cot^3 \theta d\theta$
116. $\int_0^{\pi/3} \tan^2 x dx$
117. $\int_0^{\pi/4} 6 \tan^3 x dx$
118. $\int_0^{\pi/4} \tan^4 x dx$
119. $\int_0^{\pi} 8 \sin^4 y \cos^2 y dy$
120. $\int_0^{\pi/6} 3 \cos^5 3x dx$
121. $\int_0^{\pi/2} \sin^2 2\theta \cos^3 2\theta d\theta$
122. $\int_0^{2\pi} \sqrt{\frac{1 - \cos x}{2}} dx$
123. $\int_0^{\pi} \sqrt{1 - \cos^2 \theta} d\theta$
124. $\int_0^{\pi/6} \sqrt{1 + \sin x} dx$
125. $\int_{-\pi/3}^{\pi/3} \sqrt{\sec^2 \theta - 1} d\theta$
126. $\int_0^{\pi} (1 - \cos 2x)^{3/2} dx$
127. $\int_0^{\pi} (1 - \cos^2 x)^{3/2} dx$
128. $\int_{-\pi}^{\pi} (1 - \cos^2 x)^{3/2} dx$
129. $\int_{\pi/4}^{\pi/2} \csc^4 \theta d\theta$
130. $\int_{-\pi}^{\pi} \sin 3x \sin 3x dx$
131. $\int_{-\pi/2}^{\pi/2} \cos x \cos 7x dx$
132. $\int_0^{\pi/4} \cos^5 2x \sin^2 2x dx$
133. $\int_0^{\pi/6} \sin^5 x dx$
134. $\int_{-\pi}^{\pi} \sin^2 x dx$
135. $\int_{-\pi/2}^{\pi/2} (\sin^2 x + 1) dx$
136. $\int_0^{\pi/3} \sec^{3/2} x \tan x dx$
137. $\int_0^{\pi/2} \frac{\cos x}{1 + \sin x} dx$
138. $\int_{\pi/6}^{\pi/3} \sin 6x \cos 4x dx$
139. $\int_{-\pi/2}^{\pi/2} 3 \cos^3 x dx$

$$140. \int_0^{\pi} \sec^2 x \, dx$$

$$144. \int_0^{\pi/2} \cos^7 x \, dx$$

$$147. \int_0^{\pi/2} \sin^6 x \, dx$$

$$141. \int_0^{\ln(\sqrt{3}+2)} \frac{\cosh x}{\sqrt{4 - \sinh^2 x}} \, dx$$

$$145. \int_0^{\pi/2} \cos^9 x \, dx$$

$$148. \int_0^{\pi/2} \sin^8 x \, dx$$

$$142. \int_0^{\pi/2} \cos^4 x \, dx$$

$$146. \int_0^{\pi/2} \sin^5 x \, dx$$

$$149. \int_0^{\pi/2} \tan^2 \frac{x}{2} \, dx$$

$$143. \int_0^{\pi/2} \cos^{10} \theta \, d\theta$$

150. Find the area of the region bounded by the graphs of $y = \tan x$ and $y = \sec x$ on the interval $\left[0, \frac{\pi}{4}\right]$

Find the area of the region bounded by the graphs of the equations

$$151. y = \sin x, \quad y = \sin^3 x, \quad x = 0, \quad x = \frac{\pi}{2}$$

$$152. y = \sin^2 \pi x, \quad y = 0, \quad x = 0, \quad x = 1$$

$$153. y = \cos^2 x, \quad y = \sin^2 x, \quad x = -\frac{\pi}{4}, \quad x = \frac{\pi}{4}$$

$$154. y = \cos^2 x, \quad y = \sin x \cos x, \quad x = -\frac{\pi}{2}, \quad x = \frac{\pi}{4}$$

Find the volume of the solid generated by revolving the region bounded by the graphs of the equations about the x -axis

$$155. y = \tan x, \quad y = 0, \quad x = -\frac{\pi}{4}, \quad x = \frac{\pi}{4}$$

$$156. y = \cos \frac{x}{2}, \quad y = \sin \frac{x}{2}, \quad x = 0, \quad x = \frac{\pi}{2}$$

Find the **volume** of the solid generated by revolving the region bounded by the graphs of the equations about the x -axis, then find the **centroid** of the region

$$157. y = \sin x, \quad y = 0, \quad x = 0, \quad x = \pi$$

$$158. y = \cos x, \quad y = \sin 0, \quad x = 0, \quad x = \frac{\pi}{2}$$