m x m

$$\begin{bmatrix} 1 & 1 & 1 & 1 & 1 & \cdots & 1 & 1 \\ 0 & 1 & 1 & 1 & \cdots & 1 & 1 \\ 0 & 0 & 1 & 1 & \cdots & 1 & 1 \\ 0 & 0 & 0 & 1 & \cdots & 1 & 1 \\ \vdots & \vdots \\ 0 & 0 & 0 & 0 & 0 & 0 & 1 \end{bmatrix}^{n} = \begin{bmatrix} 1 \\ 0 & 1 \\ 0 & 0 & 1 \\ 0 & 0 & 0 & 1 \\ \vdots & \vdots & \vdots & \vdots & \vdots \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{bmatrix}$$

Note: *j* is the column number.