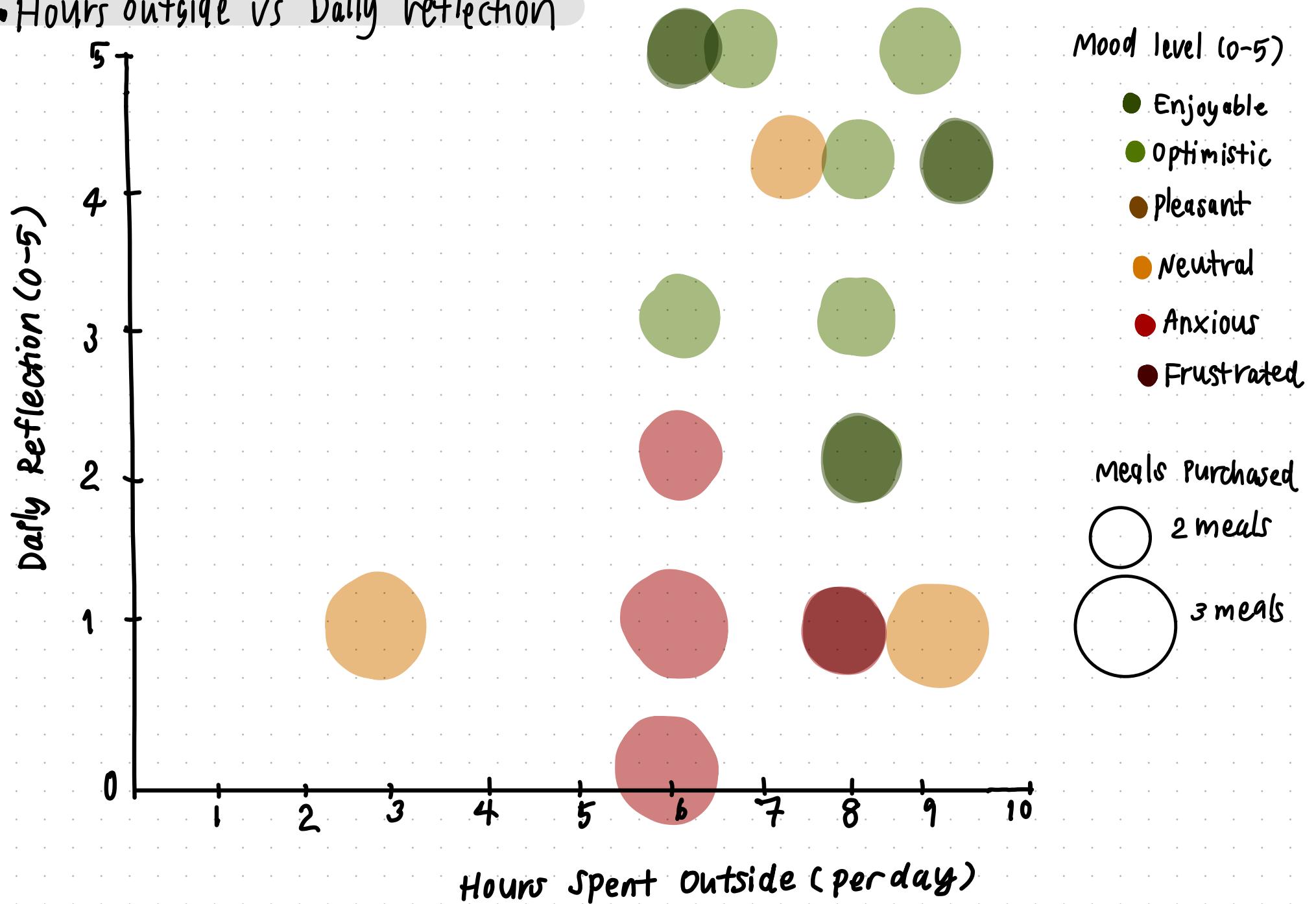


• Hours outside vs Daily reflection



The longer of the hours spent outside increase, my daily reflection also increase.