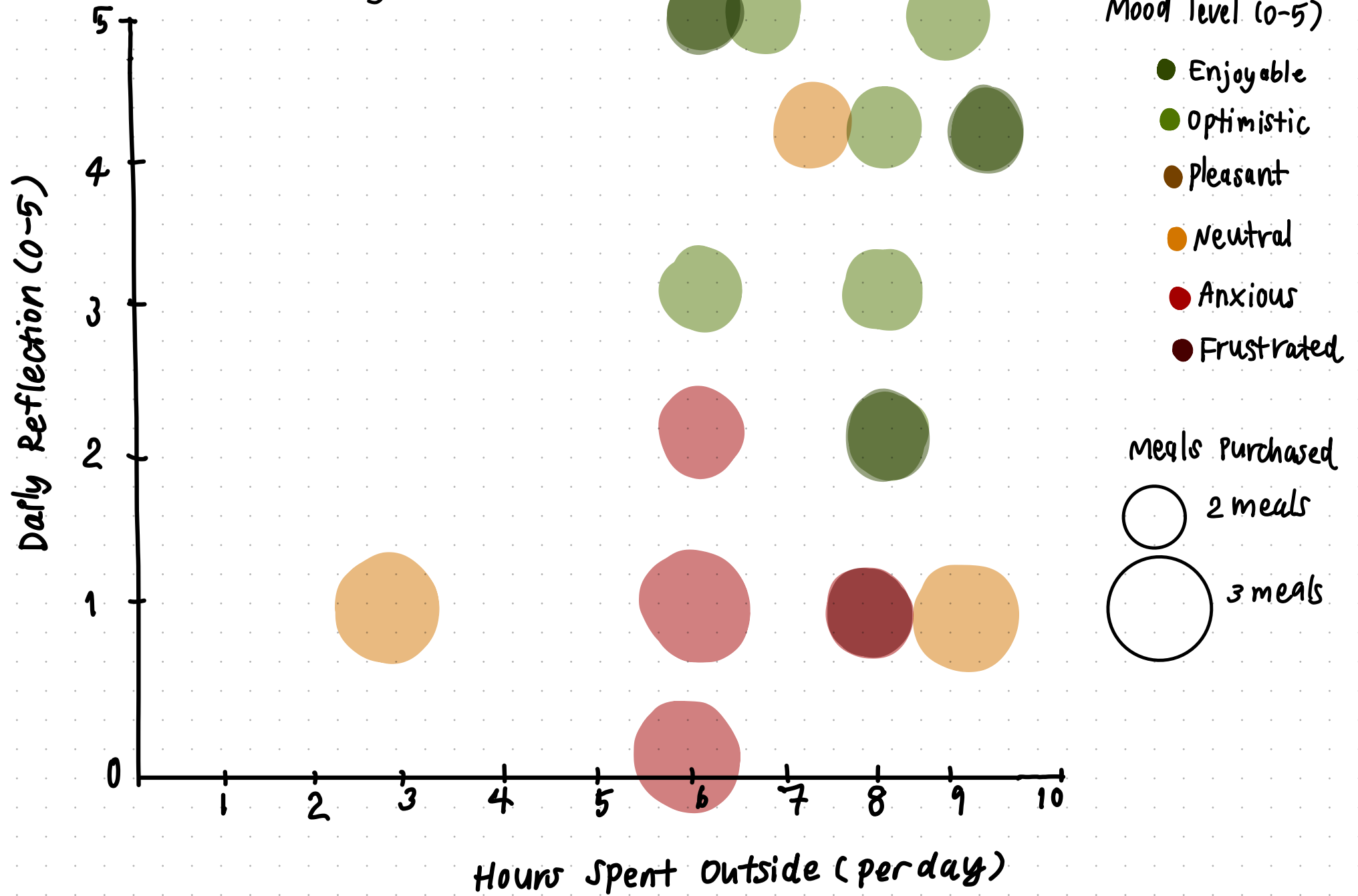


Hours outside vs Daily reflection



The longer of the hours spend outside increase, my daily reflection also increase.