

# HERITAGE HILLS SOCIETY INFORMATION

276-2908 Society Office  
276-2636 Activities Office  
276-2592 Security  
276-2877 Bus Reservation  
276-2900 Tennis Reservations  
911 Emergencies Only  
1 800 572-1131 NYSEG Power Outage  
276-2509 Heritage Management Group  
866-478-7266-COMCAST-Cable  
E-mail-Society-HHSoc@comcast.net  
Activities-HHActivitiesoffice@comcast.net  
Heritage Hills Website - HHSociety.org  
Heritage Hills TV Channel 12  
Letters to the Editor and committee meeting minutes  
are due on the second Monday of each month.  
You may e-mail the Society Office at  
HHSoc@comcast.net, or drop off at the Society Office.  
Published by Heritage Hills Society-Terry Clifford, Editor  
Marylou Martelli-Assistant Editor

ADDRESS-8 Heritage Hills, Somers, NY 10589

Activities Building 7 a.m.-11 p.m. daily

Fitness Center 5 a.m.-11 p.m. daily

Show valid HH Identification Card to Security Personnel when requested.

Library Weekdays 10 a.m.-12 p.m. & 1 p.m.-3 p.m.

Saturday 10 a.m.-12 p.m.

Fine Arts Center-Group instruction & free time scheduled by Director

Woodcraft Club-Monday, Tuesday, Thursday, & Saturday from 8:30 a.m. to 12:30 p.m. By appointment on Wednesday evening from 7 p.m. to 9:30 p.m. call Paul Glickman at 277-1711

Transportation:

HH Bus Service-Call 276-2877 pick-up on the "A" or "B" road

Schedule in Activities Office and on the website Show ID when boarding the bus

A's Taxi in Croton Falls for after hour service-277-4499

Weekdays 8 p.m.-11 p.m. Weekends & Holidays are no longer paid for by Society. Residents Only-You must show HH Identification.

Senior Citizen Assistance contact Barbara Rohrbach at 276-0136

Heritage Hills televised Society Board meetings are usually held at 3 p.m. on the second Monday of each month and viewed on Wednesdays and Mondays following the meeting at 7:30 p.m. on Channel 12. You may speak at the beginning of each regular meeting.

## HEALTH CARE SERVICES

### SERVICES FOR SENIORS

- Somers Nutrition Assistance-Wayne Van Tassell House-Barbara Taber-232-0807 for meal and transportation reservations. These programs are to assist those who have trouble preparing meals or getting out to shop.  
Monday-Friday-Hot meals served five days a week at the Wayne Van Tassell House in Somers. \$2 donation. Free Somers van transportation
  - Somers Meals-on-Wheels-232-0807-Same meals and price mentioned above. Delivered by Heritage Hills Volunteers to homebound residents
  - Somers Van Service for medical appointments available on Tuesdays and Thursdays 10 a.m. to 3 p.m. for those unable to drive, 232-0807
  - Somers Transportation Service free shuttle to Somers Library on Tuesdays between 10 and 10:30 a.m. Call 232-0807
  - Somers Grocery shopping Fridays-van to grocery stores Turcos, Stew Leonards and Stop and Shop.
  - Somers Mall Shopping-Monday to JV Mall and Danbury Mall
  - Somers Senior Citizens Club-Recreation Supervisor Don Belmont 485-1960. Somers Parks and Recreation.  
Hours 9 a.m.-4:30 p.m. Monday-Friday  
Hours same for van transportation  
Tuesdays-Arts & Crafts-Amawalk Fire House  
Wednesdays-Club meetings with programs at the Amawalk Firehouse
  - My Second Home 95 Radio Circle, Mount Kisco-Rena Bellamy 241-0770-Geriatric Day Care Intergenerational Program
  - EPIC NYS Senior prescription reduction 800-332-3742
  - Alzheimer's Disease Research-2900 Westchester Avenue, Purchase, NY 10577 253-860 free information
  - Westchester County Senior Programs and Services- Gori Cisco 813-6300 referral agency for Senior services including legal 949-1305-Social Services: 995-5889
  - Northern Westchester Hospital Center-914/666-1200
- Senior Care Services Coordinator: Ellen Muentener-666-1925  
Health Access Program-Health Screening, education, referrals, discounts, help in filing claims, newsletter, coordinated home care, respite service, financial management, hospice care, emergency medical response system.

### SERVICES FOR ALL AGES

- Putnam Hospital Center 845-279-5711
- Director of Home Care-Nancy Ziegler 845-278-4068
- F.I.S.H.-914 277-5800 - Monday-Friday 9 a.m.-5 p.m.  
Heritage volunteers- Friends-In-Service Here - drive residents to medical appointments-Requires 3 days advance notice.
- Veterans Guide to VA Health Care Benefits-VA Hudson Valley Health Care System-800 269-8749 Monday-Friday 8 a.m. to 4 p.m.
- Transportation for Disabled Residents-County office of Transportation 813-7777
- Para-Transit-Modified vans with ramp for curb to curb service. You may need a form signed by an MD. Fare \$3 each way 995-7272. For eligibility call 995-2960
- Private Ambulate Service for Somers and Heritage Hills-"Superior" Brewster 845-278-6992 & CLC Trans 241-0112
- Ambulance-Westchester EMS 866-666-9367 Accepts Medicare. Westchester County for the Disabled-Includes hearing deficit
- Lighthouse Inc. for sight impaired
- Visiting Nurse Association of Hudson Valley-666-7616-8:30 a.m.-5 p.m.-Home Care Aides Nursing, Nutrition Consultation.
- Hospice-666-4228-State certified program of the VNA provides home health care and emotional support for terminally ill patients and their families.
- The Dominican Sisters-Family Health Service 941-1654 Long & short term RN's.
- Project Time Out/Jewish Community Services-Provides in-home respite services for families by trained sitters/companions and matching them with families 761-0600-Contact Judy Funk ex. 340; Carol Kobroff Respite Specialist ex. 310
- Cancer Care 800 ACS-2345 Northern Westchester Hospital 242-8115
- Senior Personnel Employment Council of Westchester-Jobs for seniors as well as finding cooks, housekeepers or companions for seniors. Call 595-0252 for Family Services program.
- Adult Protective Services Intake 995-2259
- AA 949-1200 Info and literature National Council on Alcoholism