

**Z** 00 03 06 09 12 15 18 21  
**PDT** 5p 8p 11p 2a 5a 8a 11a 2p (Z-7hrs)  
**PST** 4p 7p 10p 1a 4a 7a 10a 1p (Z-8 hrs)

Images: <http://www.emc.ncep.noaa.gov/mmb/mmbpll/opsnam/>  
Animations: <http://geography.uoregon.edu>  
using HAniS: <http://www.ssec.wisc.edu/hanis/>