

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

In consideration of participation in martial arts (referred to as "Activity" herein) I represent that I understand the nature of this Activity and that I am qualified in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of participation in the Activity.

I hereby release, discharge, and covenant not to sue Fonseca Martial Arts, its respective administrators, directors, agents, officers, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place (each considered on of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account, caused or alleged to be caused in operations; and I further agree that if, despite this release, waiver of liability and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION FO RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed name of Participant:	Date:
Signature of Participant:	
PARENTAL CONSENT	
AND I, the minor's parent and/or legal guardian, understand the nature of experience and capability and believe the minor to be qualified to particip covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HO liability, claims, demands, losses, or damages on the minors account cause by the negligence of the Releasees or otherwise, including negligent rescurelease, I, the minor, or anyone of the minor's behalf makes a claim again INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees fr liability, damage, or cost any Releasee may incur as the result of any such	ate in such activity. I hereby release, discharge, DLD HARMLESS each of the Releasees from all ed or alleged to have been caused in while or in part are operations, and further agree that if, despite this st any of the above Releasees, I WILL om any litigation expenses, attorney fees, loss
Printed name of Parent/Guardian:	Date:
Signature of Parent/Guardian:	