

WEAPONS CLASS



****NEW TIME****

Wednesdays, 7:00 – 8:00pm

All ages and levels welcome

\$79 for 8-week session

Session 2 – Bo (staff) and Sai

- Review and Continuation of Session 1 – Bo basics, Bo-no-kihon-kata, Syu-shi-no-kon-sho and dai
- Sai Basics
- Sai-no-kihon-kata 1-4
- Weapons rank testing and promotion
- Dates:

April	11, 18, 25
May	2, 9, 16, 23, 30

Class size is limited. Sign-up early at the front desk.

Name: _____

☐ I need to purchase a pair of sais for \$60

☐ I need to purchase a wooden bo for \$15

Height: _____