

TRADITIONAL KARATE TOURNAMENT



**\$45.00 Pre-registered by
Saturday January 10th**

HOSTED BY ADAMSON'S KARATE STUDIO, INC

**\$55.00 Late Registration &
at Door**

SATURDAY, JANUARY 17TH, 2009

BROWNSBURG COMMUNITY AND RECREATION CENTER

MORE INFORMATION: 317/844-0657

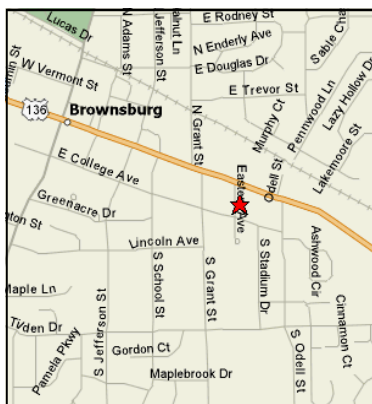
TOURNAMENT SCHEDULE

All divisions will begin immediately after the conclusion of the preceding division. We will run as close to the tentative start times as possible. Please Check-In by the Posted Deadline for your Division.

| Division Schedule | Check-In Deadline | Projected Start Time |
|---|----------------------|-------------------------|
| Officials Meeting | 9:50 | 10:00 |
| 14-18 Year Old Black Belts | 9:30 | 10:00 |
| 19-34 Year Old Black Belts | | |
| 35 & Older Black Belts | | |
| All Adults (19 -34 Years Old.) | | |
| All Senior Adults (35 Years Old & over) | | |
| All other 14-18 Year Old Competitors | 11:30 | 12:00noon |
| All 3-4-5 Old Competitors | 11:30 | 12:00noon |
| All 6—7 Year Old Competitors | 11:30 | 12:00noon |
| All 8—9 Year Old Competitors | 11:30 | 12:00noon |
| All 10—11 Year Old Competitors | 11:30 | 12:00noon |
| All 12—13 Year Old Competitors | 11:30 | 12:00noon |

TOURNAMENT #2
In the I Didn't Quit
Series!
See back for details!

LOCATION & DRIVING DIRECTIONS



BROWNSBURG COMMUNITY & RECREATION CENTER

111 Eastern Avenue,
Brownsburg, IN 46112
Questions: 317/844-0657

From Indianapolis, take I-465 to I-74 West (towards Peoria)
Exit at the Brownsburg. Exit #66, (SR267)
Turn Right (South) onto SR267 (North Green Street.)
Turn Left onto US136 (East Main Street.)
Turn right onto Eastern Avenue.

INFORMATION TO COMPLETE REGISTRATION FORM

| Divisions | Belt(s) | Kyu | Time in Training (Maximum) | Intensity Level 1 | This is the only level available to White & Beginner Belt Students |
|--------------|------------|----------------------------------|----------------------------|---|---|
| Preschool | N/A | n/a | 3 months-2years | | Light tap in Kumite |
| Intro | White | 10 th | Up to 3 Months | | No face or head contact |
| Beginner | Gold | 9 th | Up To 1 Year | Intensity Level 2 | No Sweeps, throws or takedowns |
| | Yellow | 8 th | | | |
| Novice | Orange | 7 th | 1 Year - 2 Years | | Comfortable with competition & ready for new challenge |
| | Green | 6 th | | Moderate tap in Kumite | |
| | Blue | 5 th | | No face contact | |
| Intermediate | Purple | 4 th | 2 Years - 4 Years. | Incidental contact to the head is allowed | |
| | Brown | 3 rd -1 st | | No Sweeps, throws or takedowns | |
| Sho Dan Ho | Sho Dan Ho | ----- | All | International | Open only to competitors over 12 years old at the Intermediate, Advanced & Black Belt Level |
| Advanced | Brown | 3 rd -1 st | 4+ years | | Ready for a vigorous challenge |
| | Black | Dan | 4+ years | | Strong body contact in Kumite |
| | | | | | Moderate head contact, incidental face contact |
| | | | | | Controlled sweeps, throws & takedowns are allowed |

MANDATORY EQUIPMENT AND UNIFORMS

Mandatory Equipment

- **All** competitors **must** wear hand pads, head gear and mouth guards. Competitors may wear pads of any color.
- Chest protectors and foot pads are required of **All** competitors **Except** at the Advanced International level. We have a limited number of chest protectors available at the tournament site.
- All male competitors **must** wear a protective cup.
- Female competitors may wear a white "breast shield" under their gi.
- Head gear with face masks are strongly encouraged at the International Level

Uniforms

- This is a Traditional Karate Tournament so All competitors must wear a Traditional White Gi. (Without stripes or piping.) Patches, wording, and logos are permitted.

EVENTS, RULES, POINTS, AWARDS

Events

- Kata (Forms), Kumite (Sparring), Kubudo (Weapons), Weapons Kumite.
- The entry fee covers all events. Competitors may compete in any or all events.

Rules

- This is a "**Traditional**" Karate Tournament using "modified" International rules.
- This is **not** an **AAU** tournament.
- All Katas **must** be traditional Okinawan or Japanese.

Awards

- Ribbons are presented for 1st through 6th place in each event.
- The individual Grand Champion of each division receives a trophy.
- "**I Didn't Quit**": At the end of the Tournament Season (March, 2009), all youth competitors who have competed in three AKS tournaments and who did not receive a Grand Champion trophy, will receive an "Excellence Award" trophy for demonstrating perseverance and hard work/training throughout the season.