|  | <!DOCTYPE html> |
| --- | --- |
|  | <html lang="en" dir="ltr"> |
|  | <head> |
|  | <meta charset="utf-8" /> |
|  | <script async src="<https://www.googletagmanager.com/gtag/js?id=G-Q15C3RFXR5>"></script> |
|  | <script>window.dataLayer = window.dataLayer || [];function gtag(){dataLayer.push(arguments)};gtag("js", new Date());gtag("set", "developer\_id.dMDhkMT", true);gtag("config", "G-Q15C3RFXR5", {"groups":"default","page\_placeholder":"PLACEHOLDER\_page\_location"});gtag("config", "UA-1254336-21", {"groups":"default","anonymize\_ip":true,"page\_placeholder":"PLACEHOLDER\_page\_path"});</script> |
|  | <link rel="canonical" href="<https://health.uoregon.edu/health-insurance>" /> |
|  | <meta name="Generator" content="Drupal 10 (https://www.drupal.org)" /> |
|  | <meta name="MobileOptimized" content="width" /> |
|  | <meta name="HandheldFriendly" content="true" /> |
|  | <meta name="viewport" content="width=device-width, initial-scale=1.0" /> |
|  | <meta name="msapplication-config" content="/modules/contrib/uo\_core/browserconfig.xml" /> |
|  | <link rel="icon" href="[/themes/contrib/uo\_cosmic\_theme/favicon.ico](https://health.uoregon.edu/themes/contrib/uo_cosmic_theme/favicon.ico)" type="image/vnd.microsoft.icon" /> |
|  | <link rel="icon" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/favicon-32x32.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/favicon-32x32.png)" /> |
|  | <link rel="icon" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/favicon-16x16.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/favicon-16x16.png)" /> |
|  | <link rel="apple-touch-icon" sizes="180x180" href="[/modules/contrib/uo\_core/uo-web-design-framework/images/favicons/apple-touch-icon.png](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/favicons/apple-touch-icon.png)" /> |
|  | <link rel="manifest" href="[/modules/contrib/uo\_core/manifest.json](https://health.uoregon.edu/modules/contrib/uo_core/manifest.json)" /> |
|  |  |
|  | <title>Health Insurance | University Health Services</title> |
|  | <meta name="theme-color" content="#154733"> |
|  | <meta name="msapplication-navbutton-color" content="#154733"> |
|  | <meta name="apple-mobile-web-app-status-bar-style" content="#154733"> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_dxu8c0qxAEc5boc1zie-IU0iW2l8OgDyPUi4o0Y8aVs.css?delta=0&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv\_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii\_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl\_xC7uxOoiLO3FbUqMU\_THBeGa0a7gKMW\_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY](https://health.uoregon.edu/sites/default/files/css/css_dxu8c0qxAEc5boc1zie-IU0iW2l8OgDyPUi4o0Y8aVs.css?delta=0&language=en&theme=cosmic&include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl_xC7uxOoiLO3FbUqMU_THBeGa0a7gKMW_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY)" /> |
|  | <link rel="stylesheet" media="all" href="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/css/styles-drupal8.css>" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_eaponPHdT8BNbB0fHW0U0jdDHOHWnSfg4oyGmJ05ptc.css?delta=2&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv\_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii\_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl\_xC7uxOoiLO3FbUqMU\_THBeGa0a7gKMW\_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY](https://health.uoregon.edu/sites/default/files/css/css_eaponPHdT8BNbB0fHW0U0jdDHOHWnSfg4oyGmJ05ptc.css?delta=2&language=en&theme=cosmic&include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl_xC7uxOoiLO3FbUqMU_THBeGa0a7gKMW_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY)" /> |
|  | <link rel="stylesheet" media="all" href="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Universal/stable-assets/fontawesome-free-6.5.1-web/css/all.min.css>" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_g19JqPpFkz2ImclCPB\_3QLQXqVSnBYKj3ggpmMd3jRk.css?delta=4&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv\_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii\_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl\_xC7uxOoiLO3FbUqMU\_THBeGa0a7gKMW\_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY](https://health.uoregon.edu/sites/default/files/css/css_g19JqPpFkz2ImclCPB_3QLQXqVSnBYKj3ggpmMd3jRk.css?delta=4&language=en&theme=cosmic&include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl_xC7uxOoiLO3FbUqMU_THBeGa0a7gKMW_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY)" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_MdjxP4whlhEksF3MZgP8n1FT4tcxrkXR\_f7zDmp7hjo.css?delta=5&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv\_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii\_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl\_xC7uxOoiLO3FbUqMU\_THBeGa0a7gKMW\_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY](https://health.uoregon.edu/sites/default/files/css/css_MdjxP4whlhEksF3MZgP8n1FT4tcxrkXR_f7zDmp7hjo.css?delta=5&language=en&theme=cosmic&include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl_xC7uxOoiLO3FbUqMU_THBeGa0a7gKMW_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY)" /> |
|  | <link rel="stylesheet" media="all" href="[/sites/default/files/css/css\_OBw4deLesGi-9ctq7ezmx7o\_U4NQ\_tZUH2sZHiPaDa0.css?delta=6&amp;language=en&amp;theme=cosmic&amp;include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv\_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii\_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl\_xC7uxOoiLO3FbUqMU\_THBeGa0a7gKMW\_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY](https://health.uoregon.edu/sites/default/files/css/css_OBw4deLesGi-9ctq7ezmx7o_U4NQ_tZUH2sZHiPaDa0.css?delta=6&language=en&theme=cosmic&include=eJxtj-GOwyAMg1-olEeqUnBbdoSgBFRtTz9WaTedbv_y2Y5kkxnaksoNoYn6YDZHsgNxycnaMnii_5EDlNtxuXa3BvYrGaYgxin8uRlmtMMGK3wRZcrpganLcimblObohAl_xC7uxOoiLO3FbUqMU_THBeGa0a7gKMW_6Rd8f7m6VFLalephPmqvlOePMvdS-zrGjs0TIybyW8oNOgeqLUl5LykS8QSPsHUY)" /> |
|  |  |
|  | <script src="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/js/uowdf-init.js>"></script> |
|  |  |
|  | </head> |
|  | <body class="licensed-fonts-enabled path-node page-node-type-marketing-page uowdf--mobile-menu drupal-8"> |
|  | <a href="[#main-content](https://health.uoregon.edu/health-insurance#main-content)" class="visually-hidden focusable skip-link"> |
|  | Skip to main content |
|  | </a> |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <div class="uoheader uowdf-search-dialog--enabled"> |
|  | <div class="uoheader\_\_container" style="max-width: px;"> |
|  |  |
|  | <div class="uoheader\_\_logo-container"> |
|  | <a href="[https://uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/?utm_source=banner-module&utm_campaign=banner)" rel="home"> |
|  | <img src="[/modules/contrib/uo\_core/uo-web-design-framework/images/uo-logo.svg](https://health.uoregon.edu/modules/contrib/uo_core/uo-web-design-framework/images/uo-logo.svg)" alt="University of Oregon" /> |
|  | </a> |
|  | </div> |
|  |  |
|  | <div class="uoheader\_\_links-container"> |
|  | <nav class="uoheader\_\_audience-selector uowd-dropdown" id="audience-selector"> |
|  | <button class="uoheader\_\_audience-selector\_\_button uowd-dropdown\_\_button" id="uoheader\_\_audience-selector\_\_button" aria-label="myUOHealth">myUOHealth</button> |
|  | <ul class="uoheader\_\_audience-selector\_\_list uowd-dropdown\_\_display" id="uoheader\_\_audience-selector\_\_list"> |
|  | <li class="uoheader\_\_audience-selector\_\_link"><a href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A//shibboleth.uoregon.edu/idp/shibboleth>">Login</a></li> |
|  | </ul> |
|  | </nav> |
|  |  |
|  | <div class="uoheader\_\_links-background"> |
|  | <nav id="banner-links"> |
|  | <ul class="uoheader\_\_links"> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://www.uoregon.edu/onestop?utm\_source=banner-module&amp;utm\_campaign=banner](https://www.uoregon.edu/onestop?utm_source=banner-module&utm_campaign=banner)">One Stop</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://uoregon.edu/apply?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/apply?utm_source=banner-module&utm_campaign=banner)">Apply</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[https://visit.uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://visit.uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">Visit</a> |
|  | </li> |
|  | <li class="uoheader\_\_link"> |
|  | <a href="[http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&amp;pgid=61?utm\_source=banner-module&amp;utm\_campaign=banner](http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&pgid=61?utm_source=banner-module&utm_campaign=banner)">Give</a> |
|  | </li> |
|  | </ul> |
|  | </nav> |
|  | <div class="uoheader\_\_search"> |
|  | <a class="uoheader\_\_search\_\_button" id="uobanner-search" href="[/search](https://health.uoregon.edu/search)">Search</a> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="uowdf-search-dialog" role="search"> |
|  | <button class="uowdf-search-dialog\_\_close" id="seach-close-button" aria-label="Close Search"></button> |
|  | <div class="uowdf-search-dialog\_\_search-region"> |
|  | <div class="search-block-form block block-search container-inline" data-drupal-selector="search-block-form" id="block-cosmic-search" role="search"> |
|  |  |
|  | <h2>Search this site</h2> |
|  |  |
|  | <form action="/search/node" method="get" id="search-block-form" accept-charset="UTF-8"> |
|  | <div class="js-form-item form-item js-form-type-search form-type-search js-form-item-keys form-item-keys form-no-label"> |
|  | <label for="edit-keys" class="visually-hidden">Search</label> |
|  | <input title="Enter the terms you wish to search for." data-drupal-selector="edit-keys" type="search" id="edit-keys" name="keys" value="" size="15" maxlength="128" class="form-search" /> |
|  |  |
|  | </div> |
|  | <div data-drupal-selector="edit-actions" class="form-actions js-form-wrapper form-wrapper" id="edit-actions"><input data-drupal-selector="edit-submit" type="submit" id="edit-submit" value="Search" class="button js-form-submit form-submit" /> |
|  | </div> |
|  |  |
|  | </form> |
|  |  |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="uoheader\_\_mobile"> |
|  | <a class="uowdf-mobile-search-button" id="uowdf-mobile-search-button" href="[/search](https://health.uoregon.edu/search)">Search</a> |
|  | <button class="uowdf-mobile-menu\_\_button\_\_new" id="uowdf-mobile-menu\_\_button" aria-label="Navigation" aria-expanded="false" aria-haspopup="true" aria-controls="uobanner-sidebar"> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-1"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-2"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_new-bar-3"></div> |
|  | <div class="uowdf-mobile-menu\_\_button\_\_text">Menu</div> |
|  | </button> |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  | <div class="uowdf-mobile-menu\_\_container"> |
|  | <div class="uowdf-mobile-menu" id="uowdf-mobile-menu" data-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  | <h1 class="uowdf-mobile-menu\_\_title">University Health Services Menu</h1> |
|  | <nav class="uowdf-mobile-menu\_\_menu uowdf-mobile-menu--accordions"> |
|  | <ul class="uowdf-mobile-menu\_\_list" id="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Medical Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="1" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/medical-care](https://health.uoregon.edu/medical-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/5">Medical Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Primary Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="12" data-parent-menu-id="1"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/primary-care](https://health.uoregon.edu/primary-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/98">Primary Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/allergy-and-asthma](https://health.uoregon.edu/allergy-and-asthma)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/48">Allergy and Asthma</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/anxiety-disorders](https://health.uoregon.edu/anxiety-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/268">Anxiety Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/adhd](https://health.uoregon.edu/adhd)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/55">Attention-Deficit/Hyperactivity Disorder</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/communicable-disease-support](https://health.uoregon.edu/communicable-disease-support)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/269">Communicable Disease Support</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/depression-other-mood-disorders](https://health.uoregon.edu/depression-other-mood-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/270">Depression and Other Mood Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/eating-disorders](https://health.uoregon.edu/eating-disorders)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/257">Eating Disorders</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/emotional-support-animals](https://health.uoregon.edu/emotional-support-animals)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/271">Emotional Support Animals</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/faculty-and-staff-services](https://health.uoregon.edu/faculty-and-staff-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/23">Faculty and Staff Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/immunizations](https://health.uoregon.edu/immunizations)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/53">Immunizations, Titers, and Tuberculosis Screening</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/lgbtqia-services](https://health.uoregon.edu/lgbtqia-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/49">LGBTQIA+ Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-assault-medical-support](https://health.uoregon.edu/sexual-assault-medical-support)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/52">Sexual Assault Medical Support</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-contraception](https://health.uoregon.edu/sexual-health-contraception)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/43">Sexual Health: Contraception and Pregnancy</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-hiv](https://health.uoregon.edu/sexual-health-hiv)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/275">Sexual Health: HIV, PrEP, and PEP</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-health-stis](https://health.uoregon.edu/sexual-health-stis)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/274">Sexual Health: Sexually Transmitted Infections</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/telemedicine](https://health.uoregon.edu/telemedicine)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/272">Telemedicine</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/transgender-care](https://health.uoregon.edu/transgender-care)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/86">Transgender Care</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/travel-medicine](https://health.uoregon.edu/travel-medicine)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/50">Travel Medicine</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Acute Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="13" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/acute-care](https://health.uoregon.edu/acute-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/87">Acute Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/self-care-viral-illness](https://health.uoregon.edu/self-care-viral-illness)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/263">Colds, Flu, Sore Throats</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/guidance-covid-19-cases](https://health.uoregon.edu/guidance-covid-19-cases)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/264">Guidance for COVID-19 Cases</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Sports Medicine</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="14" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-medicine-clinic](https://health.uoregon.edu/sports-medicine-clinic)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/41">Sports Medicine Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-shoes-and-footwear](https://health.uoregon.edu/athletic-shoes-and-footwear)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/279">Athletic Shoes and Footwear</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-well-being](https://health.uoregon.edu/athletic-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/278">Athletic Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/concussions](https://health.uoregon.edu/concussions)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/262">Concussions</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/covid-19-and-exercise](https://health.uoregon.edu/covid-19-and-exercise)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/265">COVID-19 and Exercise</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/durable-medical-equipment](https://health.uoregon.edu/durable-medical-equipment)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/277">Durable Medical Equipment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/athletic-trainer](https://health.uoregon.edu/athletic-trainer)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/280">Rehabilitation and Athletic Trainer Evaluation and Treatment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-injuries](https://health.uoregon.edu/sports-injuries)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/281">Sports Injuries</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-injury-prevention](https://health.uoregon.edu/sports-injury-prevention)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/282">Sports Injury Prevention</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sports-medicine-imaging-services](https://health.uoregon.edu/sports-medicine-imaging-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/283">Sports Medicine Imaging Services</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Specialty Care</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="15" data-parent-menu-id="1"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/specialty-care](https://health.uoregon.edu/specialty-care)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/285">Specialty Care Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/endocrinology](https://health.uoregon.edu/endocrinology)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/286">Endocrinology</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/gynecology](https://health.uoregon.edu/gynecology)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/287">Gynecology</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/lab-xray](https://health.uoregon.edu/lab-xray)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/37">Lab and X-ray</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Mental Health</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="2" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/mental-health](https://health.uoregon.edu/mental-health)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/20">Mental Health Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/psychiatry](https://health.uoregon.edu/psychiatry)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/13">Psychiatry</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://counseling.uoregon.edu/>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Counseling</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Pharmacy</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="3" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/pharmacy](https://health.uoregon.edu/pharmacy)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/12">Pharmacy Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://oregon.qualtrics.com/jfe/form/SV_ahpAKU4Ooonfsu9>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Refill Your UO Prescription</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="<https://oregon.qualtrics.com/jfe/form/SV_3g8UlpaVRDjV79z>" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf">Request a Prescription Transfer</a> |
|  | </li> |
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|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/dental](https://health.uoregon.edu/dental)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/39">Dental</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Physical Therapy</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="5" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/physicaltherapy](https://health.uoregon.edu/physicaltherapy)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/40">Physical Therapy Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/acupuncture](https://health.uoregon.edu/acupuncture)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/47">Acupuncture</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/massage](https://health.uoregon.edu/massage)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/46">Massage</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">New to UO?</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="6" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/new-to-uo](https://health.uoregon.edu/new-to-uo)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/4">New to UO? Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/immunization-requirements-students](https://health.uoregon.edu/immunization-requirements-students)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/21">Immunization Requirements</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/tuberculosis-screening-questionnaire](https://health.uoregon.edu/tuberculosis-screening-questionnaire)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/22">TB Risk Assessment</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Insurance Requirements</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="67" data-parent-menu-id="6"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
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|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-requirements-international-students](https://health.uoregon.edu/insurance-requirements-international-students)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/54">Insurance Requirements Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/uo-international-student-health-insurance-requirement-procedure](https://health.uoregon.edu/uo-international-student-health-insurance-requirement-procedure)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/69">UO International Student Health Insurance Requirement Procedure</a> |
|  | </li> |
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|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Billing</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="7" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/billing](https://health.uoregon.edu/billing)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/6">Billing Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/costs-services](https://health.uoregon.edu/costs-services)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/26">Costs for Services</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/billing-options](https://health.uoregon.edu/billing-options)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/27">Billing Options</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/fees](https://health.uoregon.edu/fees)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/25">Fees</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item active-trail has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="8" data-parent-menu-id="0"> |
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|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/health-insurance](https://health.uoregon.edu/health-insurance)" class="uowdf-mobile-menu\_\_link is-active" data-drupal-link-system-path="node/7" aria-current="page">Insurance Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">UO Student Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="89" data-parent-menu-id="8"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/14">UO Student Insurance Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/domestic-student-plan](https://health.uoregon.edu/domestic-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/64">Domestic Student Plan</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/federal-tax-information](https://health.uoregon.edu/federal-tax-information)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/67">Federal Tax Information</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-special-situations](https://health.uoregon.edu/insurance-special-situations)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/63">Insurance for Special Situations</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/international-student-insurance-waivers](https://health.uoregon.edu/international-student-insurance-waivers)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/59">International Student Insurance Waivers</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/international-student-plan](https://health.uoregon.edu/international-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/65">International Student Plan</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/law-student-plan](https://health.uoregon.edu/law-student-plan)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/66">Law Student Plan</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/network-plans](https://health.uoregon.edu/network-plans)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/24">In-Network Plans</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Understanding Insurance</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="90" data-parent-menu-id="8"> |
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|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/understanding-health-insurance](https://health.uoregon.edu/understanding-health-insurance)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/28">Understanding Insurance Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/how-insurance-works](https://health.uoregon.edu/how-insurance-works)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/29">How Insurance Works</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
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|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/insurance-requirements-international-students](https://health.uoregon.edu/insurance-requirements-international-students)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/54">Insurance Compliance</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/oregon-contraceptivecare-ccare](https://health.uoregon.edu/oregon-contraceptivecare-ccare)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/82">Oregon ContraceptiveCare (CCare)</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Well-Being</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="9" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/well-being](https://health.uoregon.edu/well-being)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/9">Well-Being Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/duck-nest](https://health.uoregon.edu/duck-nest)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/258">Duck Nest</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/mental-well-being](https://health.uoregon.edu/mental-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/259">Mental Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/physical-well-being](https://health.uoregon.edu/physical-well-being)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/260">Physical Well-Being</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Sexual Well-Being</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="100" data-parent-menu-id="9"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/sexual-well-being](https://health.uoregon.edu/sexual-well-being)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/261">Sexual Well-Being Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/protection-connection-safer-sex-guide](https://health.uoregon.edu/protection-connection-safer-sex-guide)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/72">Protection Connection Safer Sex Guide</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item has-submenu is-leaflet"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">About</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="10" data-parent-menu-id="0"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/about](https://health.uoregon.edu/about)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/10">About Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/faqs](https://health.uoregon.edu/faqs)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/34">FAQs</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/what-my-fee-pays](https://health.uoregon.edu/what-my-fee-pays)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/300">What My Fee Pays For</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/get-involved](https://health.uoregon.edu/get-involved)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/61">Get Involved</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/events](https://health.uoregon.edu/events)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/62">Events</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="1">Forms</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="111" data-parent-menu-id="10"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <ul class="uowdf-mobile-menu\_\_list uowdf-mobile-menu--depth-2"> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/forms](https://health.uoregon.edu/forms)" class="uowdf-mobile-menu\_\_link" data-drupal-link-system-path="node/32">Forms Overview</a> |
|  | </li> |
|  |  |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/notice-privacy-practices](https://health.uoregon.edu/notice-privacy-practices)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/94">Notice of Privacy Practices</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/your-rights-and-responsibilities](https://health.uoregon.edu/your-rights-and-responsibilities)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/97">Your Rights and Responsibilities</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/team](https://health.uoregon.edu/team)" title="Learn more about the University Health Services team" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="team">Our Team</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/our-mission](https://health.uoregon.edu/our-mission)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/304">Our Mission</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a href="[/myuohealth](https://health.uoregon.edu/myuohealth)" class="uowdf-mobile-menu\_\_link uowdf-mobile-menu\_\_link--leaf" data-drupal-link-system-path="node/15">myUOHealth</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | </li> |
|  | </ul> |
|  |  |
|  | </nav> |
|  |  |
|  | <div class="uowdf-mobile-menu\_\_secondary-menus"> |
|  | <nav class="audience-selector collapse-menu collapse-menu--collapsed context--foreground-light" id="uowdf-mobile-menu\_\_audience-selector"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">myUOHealth</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="99999998"> |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A//shibboleth.uoregon.edu/idp/shibboleth>">Login</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  | </nav> |
|  |  |
|  |  |
|  | <nav class="utility-nav collapse-menu collapse-menu--collapsed context--foreground-light" id="uowdf-mobile-menu\_\_utility-links"> |
|  | <button class="uowdf-mobile-menu\_\_accordion-button" data-depth="0">Take Action</button> |
|  | <div class="uowdf-mobile-menu\_\_submenu" data-menu-id="99999999"> |
|  | <ul class="uowdf-mobile-menu\_\_list"> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://www.uoregon.edu/onestop?utm\_source=banner-module&amp;utm\_campaign=banner](https://www.uoregon.edu/onestop?utm_source=banner-module&utm_campaign=banner)">One Stop</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://uoregon.edu/apply?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/apply?utm_source=banner-module&utm_campaign=banner)">Apply</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[https://visit.uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://visit.uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">Visit</a> |
|  | </li> |
|  | <li class="uowdf-mobile-menu\_\_list-item"> |
|  | <a class="uowdf-mobile-menu\_\_link" href="[http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&amp;pgid=61?utm\_source=banner-module&amp;utm\_campaign=banner](http://giving.uoregon.edu/s/1540/development/start.aspx?gid=2&pgid=61?utm_source=banner-module&utm_campaign=banner)">Give</a> |
|  | </li> |
|  | </ul> |
|  | </div> |
|  | </nav> |
|  | </div> |
|  |  |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="dialog-off-canvas-main-canvas" data-off-canvas-main-canvas> |
|  | <div class="page"> |
|  |  |
|  | <header class="site-header" role="banner"> |
|  | <div class="site-header\_\_content"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <h2 class="site-header\_\_site-name" id="site-name"> |
|  | <a href="[/](https://health.uoregon.edu/)" title="University Health ServicesHome" class="site-header\_\_site-link" rel="home"><span>University Health Services</span></a> |
|  | </h2> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | </header> <div id="stickynav-waypoint"></div> |
|  |  |
|  | <div class="navigation-bar"> |
|  | <div class="region region-primary-menu"> |
|  |  |
|  | <nav role="navigation" aria-labelledby="block-cosmic-main-menu-menu" id="block-cosmic-main-menu" class="block block-menu navigation menu--main"> |
|  |  |
|  | <h2 class="visually-hidden" id="block-cosmic-main-menu-menu">Main navigation</h2> |
|  |  |
|  |  |
|  |  |
|  | <ul class="menu"> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/medical-care](https://health.uoregon.edu/medical-care)" data-drupal-link-system-path="node/5">Medical Care</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/mental-health](https://health.uoregon.edu/mental-health)" data-drupal-link-system-path="node/20">Mental Health</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/pharmacy](https://health.uoregon.edu/pharmacy)" data-drupal-link-system-path="node/12">Pharmacy</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/dental](https://health.uoregon.edu/dental)" data-drupal-link-system-path="node/39">Dental</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/physicaltherapy](https://health.uoregon.edu/physicaltherapy)" data-drupal-link-system-path="node/40">Physical Therapy</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/new-to-uo](https://health.uoregon.edu/new-to-uo)" data-drupal-link-system-path="node/4">New to UO?</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/billing](https://health.uoregon.edu/billing)" data-drupal-link-system-path="node/6">Billing</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--active-trail menu-item--depth-0"> |
|  | <a href="[/health-insurance](https://health.uoregon.edu/health-insurance)" data-drupal-link-system-path="node/7" class="is-active" aria-current="page">Insurance</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/well-being](https://health.uoregon.edu/well-being)" data-drupal-link-system-path="node/9">Well-Being</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/about](https://health.uoregon.edu/about)" data-drupal-link-system-path="node/10">About</a> |
|  | </li> |
|  | </ul> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | </nav> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | <div class="region region-secondary-menu"> |
|  |  |
|  | <nav role="navigation" aria-labelledby="block-mainnavigation-menu" id="block-mainnavigation" class="block block-menu navigation menu--main"> |
|  |  |
|  | <h2 class="visually-hidden" id="block-mainnavigation-menu">Secondary Menu</h2> |
|  |  |
|  |  |
|  |  |
|  | <ul class="menu"> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)" data-drupal-link-system-path="node/14">UO Student Insurance</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/network-plans](https://health.uoregon.edu/network-plans)" data-drupal-link-system-path="node/24">In-Network Plans</a> |
|  | </li> |
|  | <li class="menu-item menu-item--collapsed menu-item--depth-0"> |
|  | <a href="[/understanding-health-insurance](https://health.uoregon.edu/understanding-health-insurance)" data-drupal-link-system-path="node/28">Understanding Insurance</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/insurance-requirements-international-students](https://health.uoregon.edu/insurance-requirements-international-students)" data-drupal-link-system-path="node/54">Insurance Compliance</a> |
|  | </li> |
|  | <li class="menu-item menu-item--depth-0"> |
|  | <a href="[/oregon-contraceptivecare-ccare](https://health.uoregon.edu/oregon-contraceptivecare-ccare)" data-drupal-link-system-path="node/82">Oregon ContraceptiveCare (CCare)</a> |
|  | </li> |
|  | </ul> |
|  |  |
|  |  |
|  |  |
|  |  |
|  | </nav> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  | </div> |
|  |  |
|  | <main role="main"> |
|  | <a id="main-content" tabindex="-1"></a> |
|  | <div class="region region-highlighted"> |
|  | <div data-drupal-messages-fallback class="hidden"></div> |
|  |  |
|  |  |
|  | </div> |
|  |  |
|  |  |
|  |  |
|  | <div class="layout"> |
|  | <div class="layout\_\_content"> |
|  |  |
|  | <div class="region region-content"> |
|  | <div id="block-cosmic-page-title" class="block block-core block-page-title-block"> |
|  |  |
|  |  |
|  |  |
|  | <h1 class="page-title"><span class="field field--name-title field--type-string field--label-hidden">Health Insurance</span> |
|  | </h1> |
|  |  |
|  |  |
|  | </div> |
|  | <div id="block-cosmic-content" class="block block-system block-system-main-block"> |
|  |  |
|  |  |
|  |  |
|  | <article class="node node--type-marketing-page node--promoted node--view-mode-full"> |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  | <div class="node\_\_content"> |
|  |  |
|  | <div class="field field--name-field-envelopes field--type-entity-reference-revisions field--label-hidden field\_\_items"> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-white envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><h1 style="text-align: center;">Health Insurance</h1> |
|  |  |
|  | <p style="text-align: center;"><span class="uo-text-header-5">All UO students are strongly encouraged to carry health insurance that is in-network with University Health Services and works well in the Eugene/Springfield area. University Health Services charges usual and customary fees, so it is important to make sure your health insurance plan will cover services received on campus. If you are not certain of your coverage, please call your health plan directly and ask questions.</span></p> |
|  |  |
|  | <p style="text-align: center;"><span class="uo-text-header-5">In addition, you can use the tools below to help you make an informed decision about your health insurance needs.</span></p> |
|  |  |
|  | <div class="grid grid--2col grid--narrow grid\_\_flex"> |
|  | <div class="grid\_\_item"><a class="cta-button cta-button--standard" href="<https://oregon.qualtrics.com/jfe/form/SV_cJajAvxKZSlRHhQ>" target="\_blank">Health Insurance Considerations Survey Tool</a></div> |
|  |  |
|  | <div class="grid\_\_item"><a class="cta-button cta-button--standard" href="<https://health.uoregon.edu/sites/health2.uoregon.edu/files/SHBPFlowchart-july2022.pdf>" target="\_blank">UO SHBP Decisions-Making Flow Chart</a></div> |
|  | </div> |
|  |  |
|  | <div style="text-align: center"><a href="<https://health.uoregon.edu/sites/health2.uoregon.edu/files/SHBPFlowchart-july2022.pdf>" target="\_blank"> |
|  | <span class="media-element file-default media-wysiwyg-align-center media media--type-image media--view-mode-default" style> |
|  |  |
|  |  |
|  | <span class="field field--name-field-media-image field--type-image field--label-hidden field\_\_item"> <img loading="lazy" src="[/sites/default/files/SHBPFlowchart-july2022.png](https://health.uoregon.edu/sites/default/files/SHBPFlowchart-july2022.png)" width="2250" height="1750"> |
|  |  |
|  | </span> |
|  |  |
|  | </span> |
|  |  |
|  | </a></div> |
|  |  |
|  | <p class="text-align-center">&nbsp;</p> |
|  |  |
|  | <hr> |
|  | <div class="grid grid--3col text-center"> |
|  | <div class="grid\_\_item"> |
|  | <ul> |
|  | <li class="resource-listing\_\_item bt0"><a href="[/understanding-health-insurance](https://health.uoregon.edu/understanding-health-insurance)">Understanding Insurance</a></li> |
|  | <li class="resource-listing\_\_item"><a href="[/faqs#insurance](https://health.uoregon.edu/faqs#insurance)">Insurance FAQs</a></li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | <div class="grid\_\_item"> |
|  | <ul> |
|  | <li class="resource-listing\_\_item bt0"><a href="[/otherinsurance](https://health.uoregon.edu/otherinsurance)">In-Network Plans</a></li> |
|  | <li class="resource-listing\_\_item"><a href="mailto:uostudentinsure@uoregon.edu?subject=Health%20Insurance%20Question">Contact the Insurance Team</a></li> |
|  | </ul> |
|  | </div> |
|  |  |
|  | <div class="grid\_\_item"> |
|  | <ul> |
|  | <li class="resource-listing\_\_item bt0"><a href="[/billing-options](https://health.uoregon.edu/billing-options)">Billing Options</a></li> |
|  | <li class="resource-listing\_\_item "><a href="[/ccare](https://health.uoregon.edu/ccare)">Oregon ContraceptiveCare</a></li> |
|  | </ul> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope envelope--style-white envelope--standard"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><div class="envelope--compress centered"> |
|  | <h2 style="text-align: center;">UO Student Health Insurance</h2> |
|  |  |
|  | <p style="text-align: center;">Eligible students may purchase the Student Health Benefits Plan, a federally certified plan with excellent on-campus coverage and a nationwide network of providers. The UO offers this plan as a tool to help ensure affordable access to health care and to avoid unexpected medical bills or other health-related barriers to student success.</p> |
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|  | <p>&nbsp;</p> |
|  | </div> |
|  |  |
|  | <div class="grid grid--3col"> |
|  | <div class="grid\_\_item"> |
|  | <div class="card-v2 palette-bg-light-gray"> |
|  | <div class="card-v2\_\_header">&nbsp;</div> |
|  |  |
|  | <div class="card-v2\_\_body"> |
|  | <span class="media-element file-default media-wysiwyg-align-center align-center media media--type-image media--view-mode-health-icon-h125px"> |
|  |  |
|  |  |
|  | <span class="field field--name-field-media-image field--type-image field--label-hidden field\_\_item"> <img loading="lazy" src="[/sites/default/files/styles/health\_icon\_h125px/public/downarrow-icon.png?itok=ZvmBK3sj](https://health.uoregon.edu/sites/default/files/styles/health_icon_h125px/public/downarrow-icon.png?itok=ZvmBK3sj)" width="75" height="125" alt="Low Cost Icon" title="Low Cost Icon" class="image-style-health-icon-h125px"> |
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|  | </span> |
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|  | </span> |
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|  | </div> |
|  |  |
|  | <div class="card-v2\_\_footer"> |
|  | <p style="text-align:center;"><strong>LOW PREMIUMS, CO-PAYS, AND DEDUCTIBLES</strong></p> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="grid\_\_item"> |
|  | <div class="card-v2 palette-bg-light-gray"> |
|  | <div class="card-v2\_\_header">&nbsp;</div> |
|  |  |
|  | <div class="card-v2\_\_body"> |
|  | <span class="media-element file-default media-wysiwyg-align-center align-center media media--type-image media--view-mode-health-icon-h125px"> |
|  |  |
|  |  |
|  | <span class="field field--name-field-media-image field--type-image field--label-hidden field\_\_item"> <img loading="lazy" src="[/sites/default/files/styles/health\_icon\_h125px/public/asclepiusrod\_icon.png?itok=z2Omeyna](https://health.uoregon.edu/sites/default/files/styles/health_icon_h125px/public/asclepiusrod_icon.png?itok=z2Omeyna)" width="25" height="125" alt="Rod of Asclepius" title="Rod of Asclepius" class="image-style-health-icon-h125px"> |
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|  | </span> |
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|  | </span> |
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|  | </div> |
|  |  |
|  | <div class="card-v2\_\_footer"> |
|  | <p style="text-align:center;"><strong>EXCELLENT MEDICAL AND PRESCRIPTION DRUG COVERAGE</strong></p> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | <div class="grid\_\_item"> |
|  | <div class="card-v2 palette-bg-light-gray"> |
|  | <div class="card-v2\_\_header">&nbsp;</div> |
|  |  |
|  | <div class="card-v2\_\_body"> |
|  | <span class="media-element file-default media-wysiwyg-align-center align-center media media--type-image media--view-mode-health-icon-h125px"> |
|  |  |
|  |  |
|  | <span class="field field--name-field-media-image field--type-image field--label-hidden field\_\_item"> <img loading="lazy" src="[/sites/default/files/styles/health\_icon\_h125px/public/medicalplussign-icon.png?itok=emjdwxkr](https://health.uoregon.edu/sites/default/files/styles/health_icon_h125px/public/medicalplussign-icon.png?itok=emjdwxkr)" width="125" height="125" alt="Emergency Care Icon" title="Emergency Care Icon" class="image-style-health-icon-h125px"> |
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|  | </span> |
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|  | </span> |
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|  | </div> |
|  |  |
|  | <div class="card-v2\_\_footer"> |
|  | <p style="text-align:center;"><strong>24/7 EMERGENCY MEDICAL CARE AND ASSISTANCE WORLDWIDE</strong></p> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | <p style="text-align:center"><a class="cta-button" href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)">Student Health Benefits Plan</a></p> |
|  | </div> |
|  | </div> |
|  | </div> |
|  | <div class="field\_\_item"> |
|  |  |
|  | <div class="envelope--style-green envelope envelope--parallax envelope--standard envelope--style-black context--foreground-light" style="background-image:url('/sites/default/files/envelope-backgrounds/bg-green-4.png')"> |
|  | <div class="clearfix text-formatted field field--name-field-envelope-content field--type-text-long field--label-hidden field\_\_item"><div class="grid grid--2col-60-40"> |
|  | <div class="grid\_\_item"> |
|  | <h3><span class="title feature-text">Common Questions</span></h3> |
|  |  |
|  | <h4><span class="title feature-text">Why Have Insurance?</span></h4> |
|  |  |
|  | <p>All students are strongly encouraged to have health insurance that works well at University Health Services and in the Eugene/Springfield area. Healthcare can be expensive; having effective health insurance is an important way to help reduce and control your costs. If you have health insurance, reach out to your health insurance carrier in advance of coming to campus to see if the plan provides in-network coverage at University Health Services and in the surrounding area.</p> |
|  |  |
|  | <p>Domestic students are not required to have health insurance, but the UO requires all international students and their eligible dependents to purchase the UO insurance, or obtain a waiver by having other insurance that meets the UO insurance requirements.</p> |
|  |  |
|  | <p><a class="cta-button cta--style-narrow" href="[/insurance-requirements](https://health.uoregon.edu/insurance-requirements)">Insurance Requirements</a></p> |
|  |  |
|  | <hr> |
|  | <h4><span class="title feature-text">What Will My Insurance Cover?</span></h4> |
|  |  |
|  | <p>The amount your plan covers depends on your specific plan. Most health insurance plans only cover some portion of your medical costs and every plan is different. Your plan may require you to pay a deductible, co-pay, and/or co-insurance. It is important that you understand how these will apply to each service and supply you receive. You must contact your health insurance plan directly to find out how your plan will work at UHS. Confirming your existing coverage directly with your health insurance carrier is important to help you avoid a surprise bill.</p> |
|  |  |
|  | <p>The UO Student Health Benefits Plan covers most medically necessary care received at University Health Services and the normal deductible and co-pays are waived when you receive care on campus.</p> |
|  |  |
|  | <p><a class="cta-button cta--style-narrow" href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)">Student Health Benefits Plan</a></p> |
|  |  |
|  | <hr> |
|  | <h4><span class="title feature-text">How Do I Use My Insurance at University Health Services?</span></h4> |
|  |  |
|  | <p>If you have non-UO health insurance, bring a copy of your insurance card to University Health Services&nbsp;to register your plan, or upload a copy of your card to myUOHealth. Be sure to complete the required consent forms (found within myUOHealth under the “Forms” tab)<span title="My UO Health">.</span></p> |
|  |  |
|  | <p>Pharmacy and dental are in network with many insurance plans. For out-of-network medical care, we will courtesy bill your insurance company and then bill any residual balance to your student account. You are responsible for paying those charges.</p> |
|  |  |
|  | <p><a class="cta-button cta--style-narrow" href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A%2F%2Fshibboleth.uoregon.edu%2Fidp%2Fshibboleth>" target="\_blank" title="Login to My UO Health">Login to myUOHealth</a></p> |
|  |  |
|  | <p><a class="cta-button cta--style-narrow" href="[/billing-options](https://health.uoregon.edu/billing-options)">Billing Options</a></p> |
|  | </div> |
|  |  |
|  | <div class="grid\_\_item region-sidebar-second"> |
|  | <div class="palette-bg-uo-green p3"> |
|  | <h5 style="margin:0"><span class="title feature-text">Resources</span></h5> |
|  |  |
|  | <ul class="pl0"> |
|  | <li class="resource-listing\_\_item bt0"><a href="[/uo-student-insurance](https://health.uoregon.edu/uo-student-insurance)">UO Student Insurance</a></li> |
|  | <li class="resource-listing\_\_item"><a href="[/otherinsurance](https://health.uoregon.edu/otherinsurance)">In-Network Insurance Plans</a></li> |
|  | <li class="resource-listing\_\_item"><a href="[/understanding-health-insurance](https://health.uoregon.edu/understanding-health-insurance)">Understanding Health Insurance</a></li> |
|  | <li class="resource-listing\_\_item"><a href="[/insurance-requirements](https://health.uoregon.edu/insurance-requirements)">Insurance Compliance</a></li> |
|  | <li class="resource-listing\_\_item"><a href="[/billing-options](https://health.uoregon.edu/billing-options)">Billing Options</a></li> |
|  | <li class="resource-listing\_\_item"><a href="<https://uoregon.medicatconnect.com/Shibboleth.sso/Login?entityID=https%3A%2F%2Fshibboleth.uoregon.edu%2Fidp%2Fshibboleth>" target="\_blank" title="Log in to My UO Health">Log in to myUOHealth</a></li> |
|  | </ul> |
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|  | <p><strong>If you have other questions about insurance, email <a href="mailto:UOstudentinsure@uoregon.edu">UOstudentinsure@uoregon.edu</a>.</strong></p> |
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|  | <footer> |
|  | <div class="site-footer"> |
|  | <div class="site-footer\_\_container" style="max-width: px;"> |
|  | <div class="site-footer\_\_custom-content"> |
|  | <div class="footer-collapsable-grid grid grid--2col"> |
|  | <div class="grid\_\_item"> |
|  | <div class="collapse-menu collapse-menu--collapsed"> |
|  | <h3 class="collapse-menu\_\_title title">Division of Student Life</h3> |
|  |  |
|  | <ul class="collapse-menu\_\_list"> |
|  | <li class="collapse-menu\_\_item"><a href="[http://studentlife.uoregon.edu](http://studentlife.uoregon.edu/)">Division of Student Life</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://career.uoregon.edu](http://career.uoregon.edu/)">University Career Center</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://dos.uoregon.edu](http://dos.uoregon.edu/)">Office of the Dean of Students</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://emu.uoregon.edu](http://emu.uoregon.edu/)">Erb Memorial Union</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://holden.uoregon.edu](http://holden.uoregon.edu/)">Holden Center for Leadership and Community Engagement</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://rec.uoregon.edu](http://rec.uoregon.edu/)">Department of Physical Education and Recreation</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://families.uoregon.edu](http://families.uoregon.edu/)">Parent and Family Programs</a></li> |
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|  | </ul> |
|  | </div> |
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|  |  |
|  | <div class="grid\_\_item"> |
|  | <div class="collapse-menu collapse-menu--collapsed"> |
|  | <h3 class="collapse-menu\_\_title title">Student Services</h3> |
|  |  |
|  | <ul class="collapse-menu\_\_list"> |
|  | <li class="collapse-menu\_\_item"><a href="[https://financialaid.uoregon.edu](https://financialaid.uoregon.edu/)" title="Office of Financial Aid and Scholarships">Office of Financial Aid and Scholarships</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[https://registrar.uoregon.edu](https://registrar.uoregon.edu/)" title="Office of Financial Aid and Scholarships">Office of the Registrar</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://counseling.uoregon.edu](http://counseling.uoregon.edu/)">University Counseling Services</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://healthcenter.uoregon.edu](http://healthcenter.uoregon.edu/)">University Health Services</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://housing.uoregon.edu](http://housing.uoregon.edu/)">University Housing</a></li> |
|  | <li class="collapse-menu\_\_item"><a href="[http://testing.uoregon.edu](http://testing.uoregon.edu/)">University Testing Center</a></li> |
|  |  |
|  | </ul> |
|  | </div> |
|  | </div> |
|  | </div> |
|  |  |
|  | </div> |
|  | <div class="site-footer\_\_contact-info-container"> |
|  | <div class="site-footer\_\_contact-info"> |
|  |  |
|  | <div itemscope="" itemtype="http://schema.org/Organization"> |
|  | <span itemprop="name"><strong>University Health Services</strong></span><br> |
|  | <div itemprop="address" itemscope="" itemtype="http://schema.org/PostalAddress"> |
|  | <div itemprop="streetAddress">1590 E 13th Ave</div> <span itemprop="addressLocality">Eugene</span>, <span itemprop="addressRegion">OR </span> <span itemprop="postalCode">97403</span> <p> |
|  | <div class="site-footer\_\_phone-fax">P: <span itemprop="telephone">541-346-2770</span></div> <div class="site-footer\_\_phone-fax">P: <span itemprop="telephone">844-965-9250</span></div> </p> |
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|  |  |
|  | <div itemprop="address" itemscope="" itemtype="http://schema.org/PostalAddress"> |
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|  | <p> |
|  | <ul class="site-footer\_\_social-links"> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.facebook.com/HealthyUO>" aria-label="Visit us on Facebook"> |
|  | <i class="fab fa-facebook-f" aria-hidden="true"></i> |
|  | </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://twitter.com/HealthCenterUO>" aria-label="Visit us on Twitter"> |
|  | <i class="fab fa-x-twitter" aria-hidden="true"></i> |
|  | </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.youtube.com/channel/UCJU8QMZOQ1II7W6oGi2U09w>" aria-label="Visit us on Youtube"> |
|  | <i class="fab fa-youtube" aria-hidden="true"></i> </a> |
|  | </li> |
|  | <li itemprop="sameAs"> |
|  | <a href="<https://www.instagram.com/HealthyUO>" aria-label="Visit us on Instagram"> |
|  | <i class="fab fa-instagram" aria-hidden="true"></i> </a> |
|  | </li> |
|  | </ul> |
|  |  |
|  | <link itemprop="url" style="visibility:hidden;" itemscope="//health.uoregon.edu"> |
|  | </p> |
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|  | <div class="uofooter"> |
|  | <div class="uofooter\_\_container" style="max-width: px;"> |
|  | <div class="uofooter\_\_links-and-logo-container"> |
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|  | <ul class="uofooter\_\_links-container"> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/reportaconcern?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/reportaconcern?utm_source=banner-module&utm_campaign=banner)">Report a Concern</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://investigations.uoregon.edu/nondiscrimination?utm\_source=banner-module&amp;utm\_campaign=banner](https://investigations.uoregon.edu/nondiscrimination?utm_source=banner-module&utm_campaign=banner)">Nondiscrimination and Title IX</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/accessibility?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/accessibility?utm_source=banner-module&utm_campaign=banner)">Accessibility</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://registrar.uoregon.edu/records-privacy?utm\_source=banner-module&amp;utm\_campaign=banner](https://registrar.uoregon.edu/records-privacy?utm_source=banner-module&utm_campaign=banner)">Privacy Policy</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://hr.uoregon.edu/jobs/available-positions?utm\_source=banner-module&amp;utm\_campaign=banner](https://hr.uoregon.edu/jobs/available-positions?utm_source=banner-module&utm_campaign=banner)">Careers</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/about?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/about?utm_source=banner-module&utm_campaign=banner)">About</a></li> |
|  | <li class="uofooter\_\_link"><a href="[https://uoregon.edu/findpeople?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/findpeople?utm_source=banner-module&utm_campaign=banner)">Find People</a></li> |
|  | </ul> |
|  |  |
|  | <div class="uofooter\_\_copyright-container"> |
|  | <span class="copyright"> |
|  | <span class="copyright-symbol">©</span> |
|  | <a href="[https://uoregon.edu?utm\_source=banner-module&amp;utm\_campaign=banner](https://uoregon.edu/?utm_source=banner-module&utm_campaign=banner)">University of Oregon</a>. |
|  | </span> |
|  | <span class="all-rights-reserved">All Rights Reserved.</span> |
|  | </div> |
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|  | </div> |
|  | </div> |
|  | </div> |
|  | </footer> |
|  | <script type="application/json" data-drupal-selector="drupal-settings-json">{"path":{"baseUrl":"\/","pathPrefix":"","currentPath":"node\/7","currentPathIsAdmin":false,"isFront":false,"currentLanguage":"en"},"pluralDelimiter":"\u0003","suppressDeprecationErrors":true,"google\_analytics":{"account":"G-Q15C3RFXR5","trackOutbound":true,"trackMailto":true,"trackTel":true,"trackDownload":true,"trackDownloadExtensions":"7z|aac|arc|arj|asf|asx|avi|bin|csv|doc(x|m)?|dot(x|m)?|exe|flv|gif|gz|gzip|hqx|jar|jpe?g|js|mp(2|3|4|e?g)|mov(ie)?|msi|msp|pdf|phps|png|ppt(x|m)?|pot(x|m)?|pps(x|m)?|ppam|sld(x|m)?|thmx|qtm?|ra(m|r)?|sea|sit|tar|tgz|torrent|txt|wav|wma|wmv|wpd|xls(x|m|b)?|xlt(x|m)|xlam|xml|z|zip"},"ajaxTrustedUrl":{"\/search\/node":true},"user":{"uid":0,"permissionsHash":"fa3d5839e537484463d02c6edcc076919dd94f17b0590053f024eb1ac4ad61bb"}}</script> |
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|  | <script src="<https://cdn.uoregon.edu/uocdn1/uo-web-design-framework/Releases/24.07/v1/js/uowdf-jscore-d8.min.js>"></script> |
|  | <script src="[/sites/default/files/js/js\_PTSwnhOr144Z\_EBY-V95dD4G2CW1HtGA2w4\_iyA38yA.js?scope=footer&amp;delta=2&amp;language=en&amp;theme=cosmic&amp;include=eJyFy1EKgCAQhOELtXQkWW1aJHXDVaTbhy89RNDj\_HwjqpLguHC6Wgy2yissXV3QirUrDXjaYFEK7ZUzhtaDYontFwXNZ0LDhGbIj57j--LZcAMs0z1L](https://health.uoregon.edu/sites/default/files/js/js_PTSwnhOr144Z_EBY-V95dD4G2CW1HtGA2w4_iyA38yA.js?scope=footer&delta=2&language=en&theme=cosmic&include=eJyFy1EKgCAQhOELtXQkWW1aJHXDVaTbhy89RNDj_HwjqpLguHC6Wgy2yissXV3QirUrDXjaYFEK7ZUzhtaDYontFwXNZ0LDhGbIj57j--LZcAMs0z1L)"></script> |
|  |  |
|  | </body> |
|  | </html> |
|  |  |