



RELATIONAL COMMUNICATION THEORY

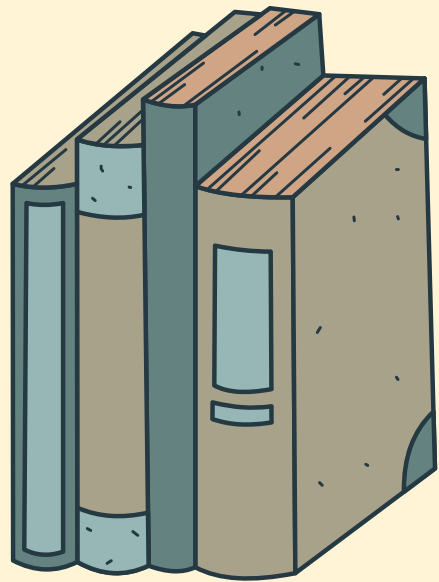
RELATIONAL SCHEMAS

Submitted by: Ricardo Rodrigo Y. Rivera

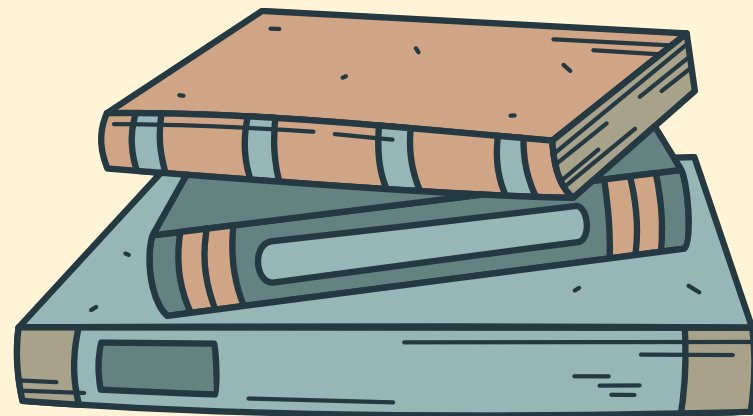


PRESENTATION OUTLINE

THEORY



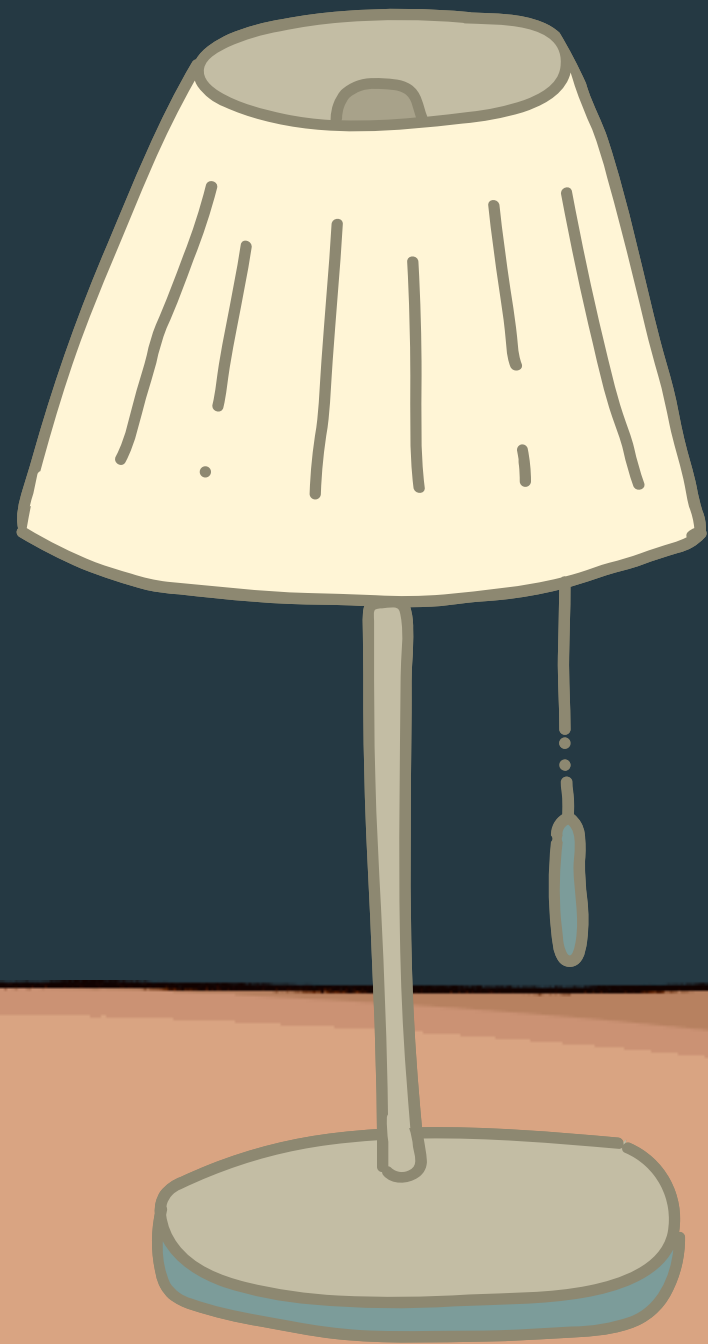
MY OWN WORDS



REFLECTION



THEORY

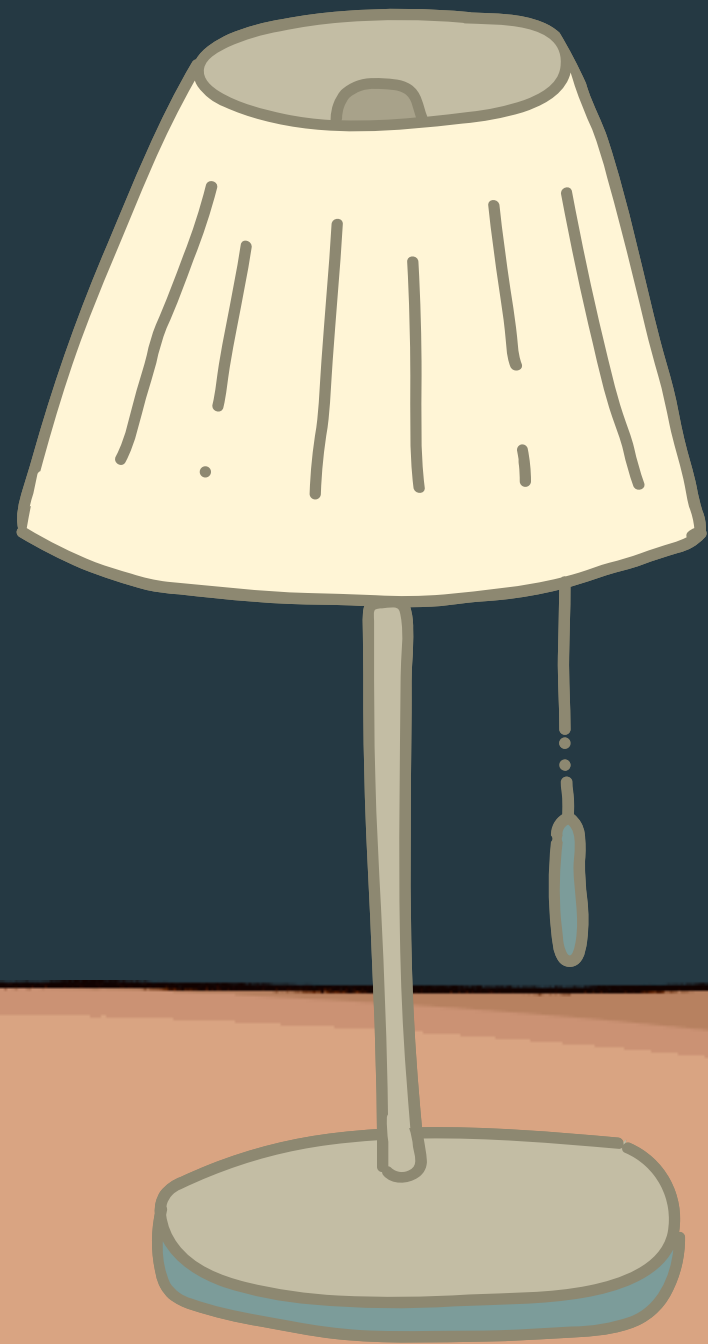


RELATIONAL SCHEMA



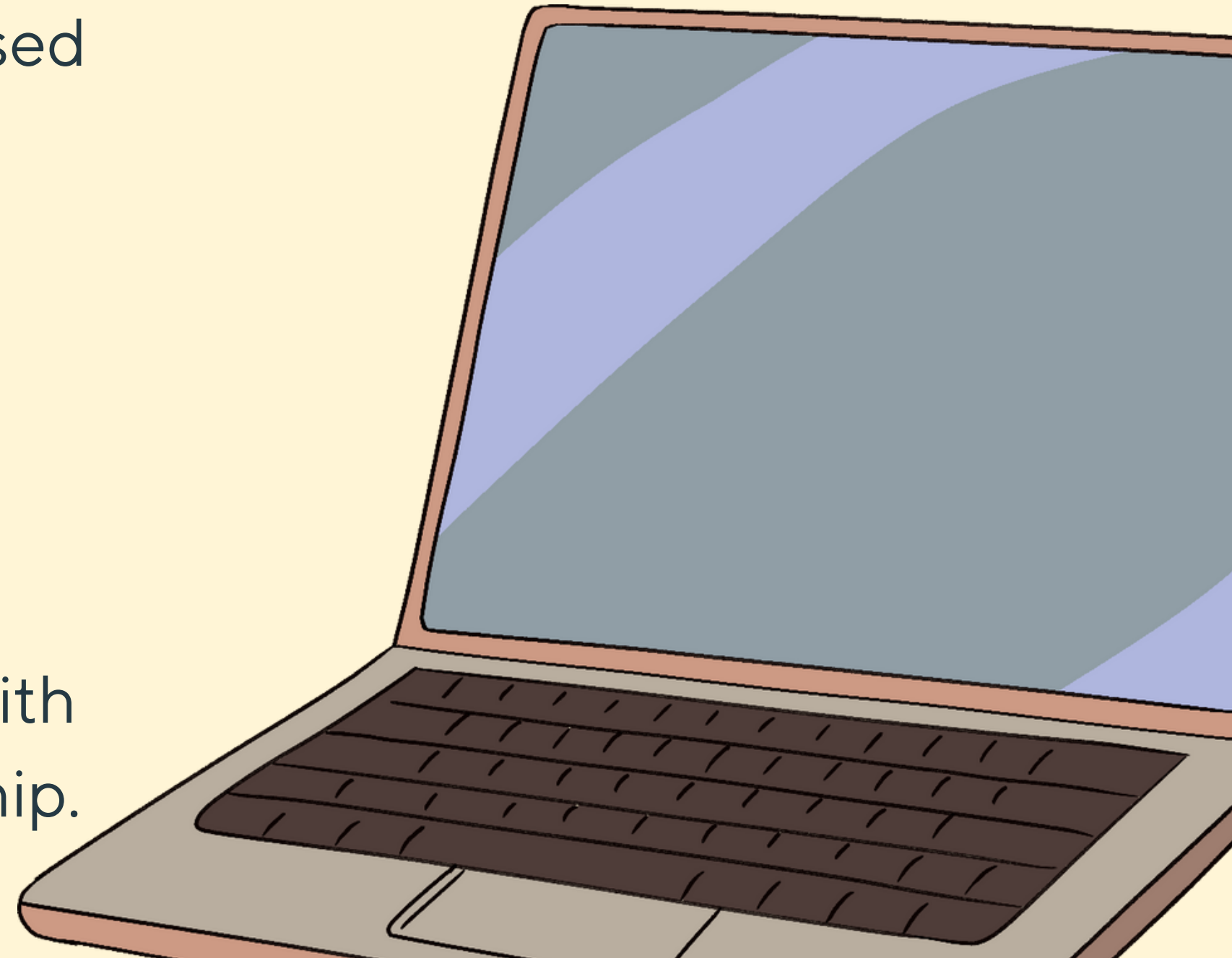
- This schema consists on ones knowledge and understanding on the dynamic or discourse of ones relationship with others.
- Involves knowledge of ones self, others and how to behave with others in those relationships.
- Guides behavior in relationships based on understanding of the shared dynamic among individuals.

MY OWN WORDS

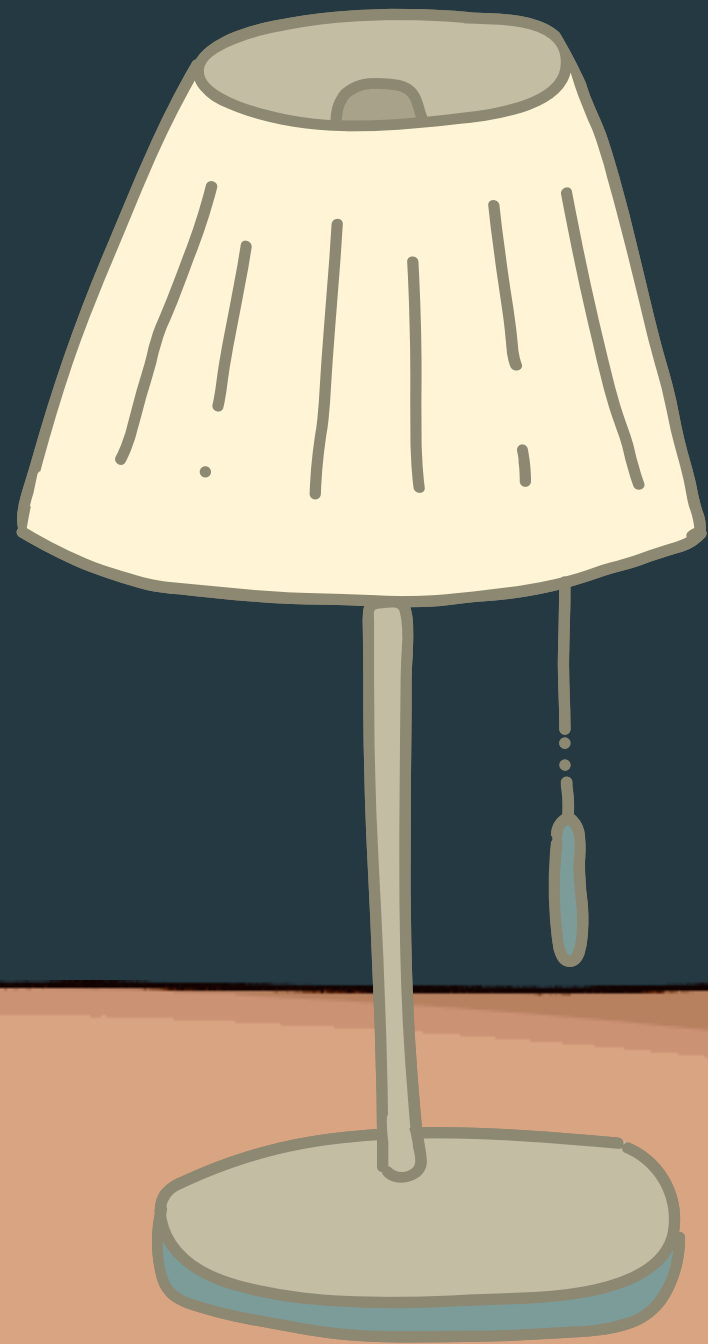


MY OWN WORDS

- Relational schemas can be described as ones understanding of the relationships. This consists of the overarching behavior one displays based on how they understand the dynamic.
 - How to act.
 - What to say.
 - What to expect.
 - Overall interactions.
- This could also be a set of experiences & memories that are made when interacting with others which sets the stage of the relationship.



REFLECTION



REFLECTION

I can say that I've seen this schema in all relationships. We have different levels of relationships with others. We don't treat all of them the same. Based on what we have experienced with the person, we might form deep or shallow connections. These connections help dictate how we behave and what we say to certain people. This is why we trust others more, and why we are closer with certain people. In regards to the family dynamic, I can say that I have a consensual schema with my parents. I thought I had the protective schema, but as I grew up and got closer to them, I can say we have a consensual relationship.

