

Over 28 Million Copies Sold Worldwide

Who
An Amazing Way to
M^oed
Deal With Change
My
In Your Work and In Your Life
Cheese?

DR SPENCER JOHNSON

Celebrating
20 years of the
International
Classic

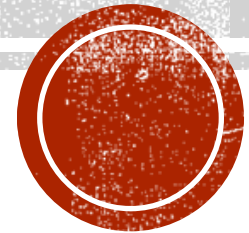


TECHNICAL COACHING 101

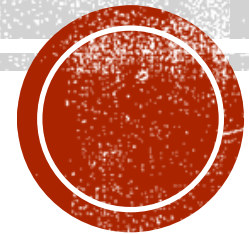
Essential Tips for Aspiring Professionals

WHAT IS TECHNICAL COACHING?

THE ART OF “CAPTAIN CHEDDAR “ AKA “CAP “



**TECHNICAL COACHING IS PROCESS THAT HELPS
YOU: SMELL, TASTE, FEEL, ACT AND REACT
BETTER, WHENEVER YOUR “CHEESE IS ON THE
MOVE”.**





YOUR CAP

DR. PAULIN KANTUE

- 16+ YEARS IN AEROSPACE INDUSTRY (AFRICA, EUROPE)
- PHD IN AEROSPACE
- ENJOY WORKING ALONE AND LEADING TEAMS
- 8 YEARS OF COACHING YOUNG TECHIES (UAV4AFRICA).
- FOUNDER OF MOLOMOLO TECH STUDIOS (700+ subscribers in 6 months).



**"CHANGE HAPPENS: THEY KEEP
MOVING THE CHEESE"**

– You and the world
around you, will
ALWAYS change. CAP
will helps to open your
eyes, mind and feet.



"ANTICIPATE CHANGE: GET READY FOR THE CHEESE TO MOVE"

– Learn to become proactive and develop foresight. Your CAP has seen “this movie” before.



**"ADAPT TO CHANGE QUICKLY:
THE QUICKER YOU LET GO OF
OLD CHEESE, THE SOONER YOU
CAN ENJOY NEW CHEESE."**

– No one can adapt for
the BETTER without
CAP on their side.



**"MONITOR CHANGE: SMELL THE
CHEESE OFTEN SO YOU KNOW
WHEN IT IS GETTING OLD"**

– Brainless routine is a
killer of self-awareness.
Let your CAP teach you
how to STAY awake.



**"ENJOY CHANGE! SAVOR THE
ADVENTURE AND ENJOY THE
TASTE OF NEW CHEESE!"**

– Learn from CAP on
how to embrace change
and seek new
opportunities.



SO WHAT'S NEXT?

LET'S LOOK FOR YOUR NEW CHEESE (ARE YOU READY?)

