# On Distillation of Guided Diffusion Models

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This note is written as I read "On Distillation of Guided Diffusion Models" by Meng et al. [MRG<sup>+</sup>22].

### 1 Introduction

- Popular image generation models are built on DDPMs [HJA20] and classifier-free guidance [HS22].
- As of January 2023, sampling from these models are somewhat slow. Several tens of steps (20 to 50) are typically used. Anything lower would generate low-quality samples.
- Salimans and Ho proposed a technique to distill unconditional (and also class-conditional) DDPMs so that one can generate a sample in as few as 4 steps [SH22]. However, distilling models trained with classifier-free guidance has not been researched on before the present paper.
- The paper requires a pre-trained conditional DDPM that can evaluate conditional and unconditional scores  $\nabla_{\mathbf{z}} \log p_t(\mathbf{z})$ .
  - Oddly enough, the paper says that they require two models: one unconditional and the other unconditional.
  - I think what it really means is that every sampling steps requires two evaluations: one with conditioning information and the other without the conditioning information.
- The paper proposes a two-stage distillation process.
  - In the first stage, a single conditional model (different formulation from vanilla conditional DDPM) is trained on so that it can predict the output that would result from classifier-free guidance in one network evaluation.
  - In the second stage, the resulting model from the first stage is distilled with the progressive distillation algorithm of Salimans and Ho [SH22].
- Summary of results.
  - The model works on DDPMs trained on (1) the pixel space directly and (2) the latent space of an autoencoder (i.e., latent diffusion models [RBL<sup>+</sup>21]).
  - Pixel space results.
    - \* Experiments on ImageNet 64x64 and CIFAR-10.
    - \* Comparable visually to teacher model in 4 sampling steps.
    - \* Comparable FID/IS scores to teacher model in 4 to 16 sampling steps.
  - Latent space results.
    - \* Experiments on ImageNet 256x256 and LAION 512x512.
    - \* Comparable visually in 1 to 4 sampling steps.
    - \* Matching FID scores in 2 to 4 sampling steps.

# 2 Background

#### 2.1 Diffusion Model

- A data item is represented by  $\mathbf{x}$ , and it comes from the distribution  $p_{\text{data}}(\mathbf{x})$ . With conditioning information c, the distribution becomes  $p_{\text{data}}(\mathbf{x}|c)$ .
- To make the exposition easier, we say that the unconditional distribution  $p_{\text{data}}(\cdot)$  is a special case of the conditional distribute  $p_{\text{data}}(\cdot|c)$  with  $c = \emptyset$ . So, from now on, the data distribution is always conditional.
- A diffusion model works on latent variables  $\{\mathbf{z}_t : t \in [0,1]\}$ , which is a stochastic process derived from the data item  $\mathbf{x}$ .
  - The forward process has two parameters,  $\alpha_t$  and  $\sigma_t$ , collectively known as the **noise schedule**. They are functions of signature  $[0,1] \to [0,\infty]$ .
  - The logarithm of the signal-to-noise ratio (SNR),

$$\lambda_t = \log(\alpha^2/\sigma^2),$$

should be monotonically decreasing as t increase. It should be a very high value (goes up to  $+\infty$ ) at t=0 and a very low value (goes down to  $-\infty$ ) at t=1.

- We require that, for any  $0 \le s < t \le 1$ ,

$$p(\mathbf{z}_t|\mathbf{x}) = \mathcal{N}(\mathbf{z}_t; \alpha_t \mathbf{x}, \sigma_t^2 I),$$
  
$$p(\mathbf{z}_t|\mathbf{z}_s) = \mathcal{N}(\mathbf{z}_t; \alpha_{t|s} \mathbf{z}_s; \sigma_{t|s}^2 I)$$

where

$$\alpha_{t|s} = \frac{\alpha_t}{\alpha_s}$$

$$\sigma_{t|s}^2 = \sigma_t^2 - \alpha_{t|s}^2 \sigma_s^2.$$

• It can be shown that, for any  $0 \le s < t \le 1$ , we have that

$$p(\mathbf{z}_s|\mathbf{z}_t, \mathbf{x}) = \mathcal{N}\left(\mathbf{z}_s; \quad \frac{\alpha_{t|s}\sigma_s^2}{\sigma_t^2}\mathbf{z}_t + \frac{\alpha_s\sigma_{t|s}^2}{\sigma_t^2}\mathbf{x}, \quad \frac{\sigma_{t|s}^2\sigma_s^2}{\sigma_t^2}I\right).$$

• Integrating over  $\mathbf{x}$ , we have that the "marginal" distribution of  $\mathbf{z}_t$  is

$$p_t(\mathbf{z}_t|c) = \int_{\mathbb{R}^d} p(\mathbf{z}_t|\mathbf{x}) p_{\text{data}}(\mathbf{x}|c) d\mathbf{x}.$$

• A diffusion model is a network  $\hat{\mathbf{x}}_{\theta}$  with parameters  $\boldsymbol{\theta}$  trained to predict  $\mathbf{x}$  from  $\mathbf{z}_t$ . In other words, if we sample  $\mathbf{x} \sim p_{\text{data}}(\mathbf{x}|c)$  and  $\mathbf{z}_t \sim p(\mathbf{z}_t|\mathbf{x})$ , then we want to have

$$\hat{\mathbf{x}}_{\boldsymbol{\theta}}(\mathbf{z}_t, c) \approx \mathbf{x}.$$

(In practical implementations, the network would also have to take some form of information about the time, but we drop the t parameter to avoid clutter.)

• We can use the following functions to train such a network:

$$E_{t \sim \mathcal{U}([0,1]), \mathbf{x} \sim p_{\text{data}}(\mathbf{x}|c), \mathbf{z}_{t} \sim \mathcal{N}(\alpha_{t}\mathbf{x}, \sigma_{t}^{2}I)}[w(\lambda_{t}) \|\hat{\mathbf{x}}_{\theta}(\mathbf{z}_{t}, c) - \mathbf{x}\|^{2}]$$

where  $\mathcal{U}([0,1])$  is the uniform distribution over [0,1], and  $w(\lambda_t)$  is a pre-specified weight function. Once the model is trained, we have that

$$\nabla_{\mathbf{z}} \log p_t(\mathbf{z}|c) \approx \frac{\alpha_t \hat{\mathbf{x}}(\mathbf{z}_t, c) - \mathbf{z}_t}{\sigma_t^2}.$$

- We pix  $\alpha_t$  and  $\sigma_t$  so that  $\alpha_t^2 + \sigma_t^2 = 1$ . (In other words, we use the variance-preserving formulation of DDPM.) We also set  $\alpha_t = 0$  so that  $p_1(\mathbf{z}) = \mathcal{N}(\mathbf{z}; \mathbf{0}, I)$ .
- With the noise schedule above, one can approximate  $\mathbf{z}_s$  given  $\mathbf{z}_t$  as follows:

$$\mathbf{z}_s = \alpha_s \hat{\mathbf{x}}_{\theta}(\mathbf{z}_t, c) + \sigma_s \frac{\mathbf{z}_t - \alpha_t \hat{\mathbf{x}}_{\theta}(\mathbf{z}_t, c)}{\sigma_t}.$$

This is the so called DDIM update rule [SSDK+21].

- From the DDIM update rule, a sampler can be create from it as follows.
  - Discretize the time in [0,1]. We will only work with t = i/N where N is the number of steps in the sampling process, and  $i \in \{1, 2, ..., N\}$ .
  - Start with t = 1 and sample  $\mathbf{z}_1 \sim \mathcal{N}(\mathbf{0}, I)$ .
  - For i = N 1, N 2, ..., 0, set s = i/N and t = (i + 1)/N. We can compute  $\mathbf{z}_s$  from  $\mathbf{z}_t$  using the DDIM update rule.
  - Output  $\mathbf{z}_0$  as the generated sample.

#### 2.2 Classifier-Free Guidance

- Classifier-free guidance allows one to improve the sample quality of a conditional DDPM by trading diversity for quality.
- The process needs a guidance weight parameter  $\gamma \geq -1$ .
- With the guidance weight, the denoise data item is given by

$$\hat{\mathbf{x}}_{\boldsymbol{\theta}}^{\gamma}(\mathbf{z}_t, c) = (1 + \gamma)\hat{\mathbf{x}}_{\boldsymbol{\theta}}(\mathbf{z}_t, c) - \gamma\hat{\mathbf{x}}_{\boldsymbol{\theta}}(\mathbf{z}_t, \emptyset).$$

We then use this value in the DDIM update rule during sampling.

- We can see that:
  - When  $\gamma = 0$ , we get the normal conditional DDIM sampling routine.
  - When  $\gamma = -1$ , we get the normal unconditional DDIM sampling routine.
- We can also see that, at each sampling step, one has to evaluate the DDPM two times.

# 3 Proposed Algorithm

- The input to the algorithm is a conditional DDPM  $\hat{\mathbf{x}}_{\theta}$ , which is called the **teacher model**.
- It is assumed that the teacher model is a continuous time model.

#### 3.1 Stage 1 Distillation

• The output of this stage is a student model  $\hat{\mathbf{x}}_{\eta_1}$  such that

$$\hat{\mathbf{x}}_{\boldsymbol{\eta}_1}(\mathbf{z}_t, c, \gamma) \approx \hat{\mathbf{x}}_{\boldsymbol{\theta}}^{\gamma}(\mathbf{z}_t, c)$$

for all guidance weight  $\gamma \in [\gamma_{\text{max}}, \gamma_{\text{min}}]$ . Note that the student model needs to take  $\gamma$  as an extra conditioning information.

• To get such a model, we optimize the model with respect to the following loss function

$$E_{\gamma \sim \mathcal{U}([\gamma_{\min}, \gamma_{\max}]), t \sim \mathcal{U}[0, 1], (\mathbf{x}, c) \sim p_{\text{data}}, \mathbf{z}_t \sim \mathcal{N}(\alpha_t \mathbf{x}, \sigma_t^2 I)}[w(\lambda_t) \| \hat{\mathbf{x}}_{\boldsymbol{\eta}_1}(\mathbf{z}_t, w, c) - \hat{\mathbf{x}}_{\boldsymbol{\theta}}^{\gamma}(\mathbf{z}_t, c) \|^2]$$

- Model details.
  - The paper uses the basic architecture as the teacher model, but it adds a branch of conditional information intake that allows guidance strength  $\gamma$  to be given to the model.
  - The architecture is a U-Net like many other previous works.
  - The student model is initialized with the parameters of the teacher model, except for the part that deals with the guidance strength.
  - Fourier embedding [TSM<sup>+</sup>20] is applied to  $\gamma$  before being passed to the model. In other words, it is treated pretty much like the time step information.
- The training algorithm is as follows.

#### PHASE-ONE-DISTILLATION

```
 \begin{array}{lll} & \textbf{while} \ \text{not converged} \\ 2 & (\mathbf{x},c) \sim p_{\text{data}} \\ 3 & \gamma \sim \mathcal{U}([\gamma_{\min},\gamma_{\max}]) \\ 4 & t \sim \mathcal{U}([0,1]) \\ 5 & \boldsymbol{\xi} \sim \mathcal{N}(\mathbf{0},I) \\ 6 & \mathbf{z}_t \leftarrow \alpha_t \mathbf{x} + \sigma_t \boldsymbol{\xi} \\ 7 & \tilde{\mathbf{x}} \leftarrow (1+\gamma)\hat{\mathbf{x}}_{\boldsymbol{\theta}}(\mathbf{z}_t,c) - \gamma\hat{\mathbf{x}}_{\boldsymbol{\theta}}(\mathbf{z}_t,\emptyset) \\ 8 & \lambda_t \leftarrow \log(\alpha_t^2/\sigma_t^2) \\ 9 & L_{\boldsymbol{\eta}_1} \leftarrow w(\lambda_t) \|\tilde{\mathbf{x}} - \hat{\mathbf{x}}_{\boldsymbol{\eta}_1}(\mathbf{z}_t,c,\gamma)\|_2^2 \\ 10 & \text{Update } \boldsymbol{\eta}_1 \ \text{according to } \nabla_{\boldsymbol{\eta}_1} L_{\boldsymbol{\eta}_1}. \end{array}
```

### 3.2 Stage 2 Distillation

- Stage 2 takes the model  $\hat{\mathbf{x}}_{\eta_1}$  from Stage 1 and progressively distill it with the algorithm proposed by Salimans and Ho [SH22].
- The distillation algorithm is as follows.

STAGE-TWO-DISTILLATION $(\eta_1, N)$ 

```
/\!\!/ \ \eta_1 denotes the parameters of the resulting model from Stage 1.
                /\!\!/ N is the number of iterations that the teacher model takes to sample.
    1
               for K iterations
    2
                                 N \leftarrow N/2
    3
                                 oldsymbol{\eta}_2 \leftarrow oldsymbol{\eta}_1
    4
                                 while not converged
    5
                                                  (\mathbf{x},c) \sim p_{\mathrm{data}}
                                                 \gamma \sim \mathcal{U}([\gamma_{\min}, \gamma_{\max}])
                                                 i \sim \mathcal{U}(\{1, 2, \dots, N\})
    7
                                                 t \leftarrow i/N
    8
   9
                                                 \boldsymbol{\xi} \sim \mathcal{N}(\mathbf{0}, I)
                                                 # 2 steps of DDIM sampling with teacher model
                                                 t' \leftarrow t - 0.5/N; \quad t'' \leftarrow t - 1/N
10
                                               \begin{aligned} & t' \leftarrow t - 0.5/N; \quad t'' \leftarrow t - 1/N \\ & \mathbf{z}_{t'} \leftarrow \alpha_{t'} \hat{\mathbf{x}}_{\boldsymbol{\eta}_{1}}(\mathbf{z}_{t}, c, \gamma) + \frac{\sigma_{t'}}{\sigma_{t}} (\mathbf{z}_{t} - \alpha_{t} \hat{\mathbf{x}}_{\boldsymbol{\eta}_{1}}(\mathbf{z}_{t}, c, \gamma)) \\ & \mathbf{z}_{t''} \leftarrow \alpha_{t''} \hat{\mathbf{x}}_{\boldsymbol{\eta}_{1}}(\mathbf{z}_{t'}, c, \gamma) + \frac{\sigma_{t''}}{\sigma_{t'}} (\mathbf{z}_{t'} - \alpha_{t'} \hat{\mathbf{x}}_{\boldsymbol{\eta}_{1}}(\mathbf{z}_{t'}, c, \gamma)) \\ & \tilde{\mathbf{x}} \leftarrow \frac{\mathbf{z}_{t''} - (\sigma_{t''}/\sigma_{t})\mathbf{z}_{t}}{\alpha_{t''} - (\sigma_{t''}/\sigma_{t})\alpha_{t}} \\ & \lambda_{t} \leftarrow \log(\alpha_{t}^{2}/\sigma_{t}^{2}) \\ & L_{\boldsymbol{\eta}_{2}} \leftarrow w(\lambda_{t}) \|\tilde{\mathbf{x}} - \hat{\mathbf{x}}_{\boldsymbol{\eta}_{2}}(\mathbf{z}_{t}, c, \gamma)\|^{2} \\ & \text{Update } \boldsymbol{\eta}_{2} \text{ according to } \nabla_{\boldsymbol{\eta}_{2}} L_{\boldsymbol{\eta}_{2}} \end{aligned}
11
12
13
14
15
16
                                 // Make the converged student the teacher of the next round.
17
                                \eta_1 \leftarrow \eta_2
```

- The paper observes that, once  $\hat{\mathbf{x}}_{\eta_2}$  is trained, one can perform stochastic sampling with it using an algorithm similar to that proposed by Karras et al. [KAAL22].
- In each iteration of the stochastic sampling algorith:
  - 1. We apply one deterministic reverse-time step with two-times the original step length (i.e., same as a N/2-step deterministic sampler).
  - 2. We then perform one stochastic step forward (i.e., perturb with noise) using the original step length.

More concretely, if we want to go from t = i/N with i > 1 to s = (i-1)/N. Then, letting u = (i-2)/N, we compute

$$\mathbf{z}_{u} = \alpha_{u} \hat{\mathbf{x}}_{\eta_{2}}(\mathbf{z}_{t}, c, \gamma) + \sigma_{u} \frac{\mathbf{z}_{t} - \alpha_{t} \hat{\mathbf{x}}_{\eta_{2}}(\mathbf{z}_{t}, c, \gamma)}{\sigma_{t}}.$$

Then, we compute

$$\mathbf{z}_s = \frac{\alpha_s}{\alpha_u} \mathbf{z} + \sigma_{s|u} \boldsymbol{\xi}$$

where  $\boldsymbol{\xi} \sim \mathcal{N}(\mathbf{0}, I)$ .

- Note that the procedure above does not work for t = 1/N. When it is the case, we must do the usual reverse-time step.
- In order for the above model to work, we need to train the student model so that, for t > i/N, it do the reverse-time step of length 2/N. Moreover, for t = 1/N, it must perform a step of length 1/N. This procedure needs a new training algorithm, which is given in the paper.
  - I feel that this is an uninteresting technical details. I will skip the exposition in this note.

## 4 Experiments

### 4.1 Pixel-Space Guided Models

- The paper uses two datasets: ImageNet 64x64 and CIFAR-10.
- The guidance weight range is  $[\gamma_{\min}, \gamma_{\max}] = [0, 4]$ .
- The teacher model is a 1024 step conditional DDIM model. (So, 2048 evaluations to sample one data item.)
- The teacher model is a U-Net trained to predict  $\mathbf{v} := \alpha_t \boldsymbol{\xi} \sigma_t \mathbf{x}$ .
- It's quite unclear what is the conditioning information in this case. I presume it's the class label of each image.
- The paper observes that their distilled models is able to achieve FID scores close to those of the teacher model when N=4. See Table 1 and Figure 5 in the paper.
- One interesting thing to note is that, in many cases, stochastic sampling with the distilled model performed the best.

### 4.2 Latent-Space Guided Models

- The paper uses the open-source latent diffusion model [RBL<sup>+</sup>21]. They fine-tuned it to do **v**-prediction rather than  $\boldsymbol{\xi}$ -prediction.
- They then examined performance of distilled models on three tasks.
  - Class-conditional generation.
  - Text-guided image generation.
  - Text-guided image-to-image translation.
  - Image inpaiting.
- For the last two tasks, only qualitative comparisons are available in the paper, so I will not do an exposition here.

#### 4.2.1 Class-Conditional Generation

- The experiment is done on ImageNet 256x256.
- The teacher model is a DDIM with 512 sampling steps.
- The guidance weight range is  $[\gamma_{\min}, \gamma_{\max}] = [0, 14]$ .
- The distilled model matched the FID scores of the teacher model with 2 to 4 sampling steps. It also performed much better than DDIM sampling when the number of steps is 1 to 4.
- Samples obtained using only 1 sampling step were still satisfying.

#### 4.2.2 Text-Guided Image Generation

- The dataset used is LAION-5B at the  $512 \times 512$  resolution.
- The guidance weight range is  $[\gamma_{\min}, \gamma_{\max}] = [2, 14]$ .
- Distillation process.
  - Batch size = 512.
  - Stage 1 takes 3,000 gradient updates.
  - Stage 2 takes 2,000 gradient updates per iteration. However, then i = 1, 2, 4, the paper used 20,000 gradient updates.
- In terms of FID/IS scores, the distilled model performed much better than the DDIM sampler when  $N \leq 4$ .
- When  $N \geq 8$ , the paper did not observed significant differences in the scores. However, visual inspection showed that images generated by the distilled model were sharper and more coherent.

# References

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