

RESUME

Name: Priyanthi Silva

Nationality: Sri Lankan

Date of Birth: 10/03/1985

Age: 40

PROFILE SUMMARY

A compassionate and experienced caregiver with 7 years of dedicated service to elderly individuals. Proficient in providing comprehensive personal care, medication management, and mobility assistance. Committed to creating a supportive and respectful environment. Eager to contribute to a Singaporean household.

CAREGIVING EXPERIENCE

Total Years Worked: 7.0 years

Country: Taiwan

Years Worked: 2019 – 2024 (5.0 years)

- Cared for an elderly man (85) with stroke, requiring assistance with feeding, bathing, and transfers.
- Administered medication according to schedule and monitored vital signs.
- Managed household chores and prepared meals tailored to dietary needs.

Country: Sri Lanka

Years Worked: 2017 – 2019 (2.0 years)

- Provided care for a bedridden elderly woman (78).
- Assisted with personal hygiene, changed dressings, and prevented bedsores.

- Offered companionship and emotional support.
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HOUSEHOLD SKILLS

- **Willing to do general housework:** Yes
 - **Cleaning experience:** Thorough experience in maintaining cleanliness and hygiene in homes.
 - **Laundry & ironing:** Yes
 - **Marketing / grocery shopping:** Yes
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COOKING SKILLS

- **Can cook:** Sri Lankan food, simple Chinese food, willing to learn new cuisines.
 - **Examples of dishes:** Kottu Roti, Dhal Curry, Fried Rice, Steamed Fish
 - **Willing to follow employer recipes:** Yes
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LANGUAGES SPOKEN

- **Sinhala:** Native
 - **English:** Good (able to communicate effectively)
 - **Mandarin:** Basic (learned during work in Taiwan)
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CERTIFICATIONS / TRAINING

- Caregiver Certificate
 - First Aid Certified
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PERSONAL ATTRIBUTES

- Patient
- Responsible

- Respectful
- Diligent
- Able to follow instructions
- Good communication skills