

# RESUME

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**Name:** Priyanthi Silva

**Nationality:** Sri Lankan

**Date of Birth:** 10/03/1985

**Age:** 40

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## PROFILE SUMMARY

A compassionate and experienced caregiver with 7 years of dedicated service to elderly individuals. Proficient in providing comprehensive personal care, medication management, and mobility assistance. Committed to creating a supportive and respectful environment. Eager to contribute to a Singaporean household.

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## CAREGIVING EXPERIENCE

**Total Years Worked:** 7.0 years

**Country:** Taiwan

**Years Worked:** 2019 – 2024 (5.0 years)

- Cared for an elderly man (85) with stroke, requiring assistance with feeding, bathing, and transfers.
- Administered medication according to schedule and monitored vital signs.
- Managed household chores and prepared meals tailored to dietary needs.

**Country:** Sri Lanka

**Years Worked:** 2017 – 2019 (2.0 years)

- Provided care for a bedridden elderly woman (78).
- Assisted with personal hygiene, changed dressings, and prevented bedsores.

- Offered companionship and emotional support.
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## HOUSEHOLD SKILLS

- **Willing to do general housework:** Yes
  - **Cleaning experience:** Thorough experience in maintaining cleanliness and hygiene in homes.
  - **Laundry & ironing:** Yes
  - **Marketing / grocery shopping:** Yes
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## COOKING SKILLS

- **Can cook:** Sri Lankan food, simple Chinese food, willing to learn new cuisines.
  - **Examples of dishes:** Kottu Roti, Dhal Curry, Fried Rice, Steamed Fish
  - **Willing to follow employer recipes:** Yes
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## LANGUAGES SPOKEN

- **Sinhala:** Native
  - **English:** Good (able to communicate effectively)
  - **Mandarin:** Basic (learned during work in Taiwan)
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## CERTIFICATIONS / TRAINING

- Caregiver Certificate
  - First Aid Certified
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## PERSONAL ATTRIBUTES

- Patient
- Responsible

- Respectful
- Diligent
- Able to follow instructions
- Good communication skills