

## 第三节

# 定积分的换元积分法 与分部积分法

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# 一、主要内容

## (一) 定积分的换元积分法

引例 求椭圆  $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$

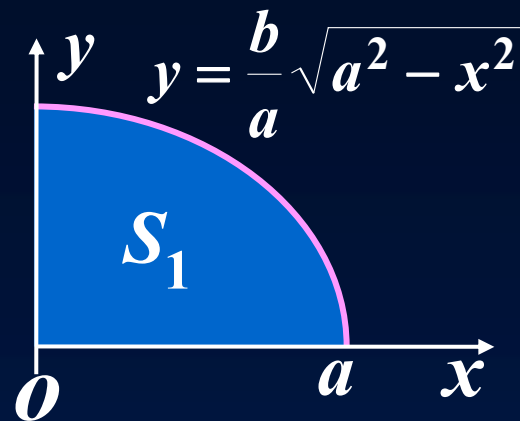
围成平面图形的面积  $S$ .

解(方法1)  $S = 4S_1$

$$= 4 \frac{b}{a} \int_0^a \sqrt{a^2 - x^2} dx$$

$$= 4 \frac{b}{a} \frac{a^2}{2} \left[ \arcsin \frac{x}{a} + \frac{x}{a} \frac{\sqrt{a^2 - x^2}}{a} \right]_0^a$$

$$= \pi ab \quad \text{运算繁!}$$



$$\begin{aligned} \text{令 } x &= a \sin t \\ t &\in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \end{aligned}$$



(方法2)  $S = 4S_1 = 4 \frac{b}{a} \int_0^a \sqrt{a^2 - x^2} dx$

令  $x = a \sin t$

$$= 4 \frac{b}{a} \int_0^{\frac{\pi}{2}} \cos^2 t dt \quad (\text{形式上})$$

$$= 4ab \left[ \frac{1}{2} \left( t + \frac{\sin 2t}{2} \right) \right]_0^{\frac{\pi}{2}}$$

$$= 2ab \left[ \frac{\pi}{2} - 0 \right]$$

$$= \pi ab \quad \text{这是巧合吗?}$$

问题 定积分是否有换元积分法? 有.



**定理5.4** 设  $f(x) \in C[a, b]$ , 单值函数  $x = \varphi(t)$  满足:

1)  $\varphi(\alpha) = a, \varphi(\beta) = b;$

2) 在  $[\alpha, \beta]$  或  $[\beta, \alpha]$  上  $\varphi(t)$  具有连续导数

且  $a \leq \varphi(t) \leq b$ , 则

$$\int_a^b f(x) dx = \int_{\alpha}^{\beta} f[\varphi(t)] \varphi'(t) dt$$

—— 换元公式



注 1°  $\alpha$  不一定小于  $\beta$ , 当  $\alpha > \beta$  时, 换元公式仍成立;

2° 换元要换限, 下限  $a \leftrightarrow$  下限  $\alpha$ ,  
上限  $b \leftrightarrow$  上限  $\beta$ ;

3° 换元公式双向使用:

令  $x = \varphi(t)$

$$\int_{\alpha}^{\beta} f[\varphi(t)] \varphi'(t) dt = \int_a^b f(x) dx$$

配元不换限

或配元  $\int_{\alpha}^{\beta} f[\varphi(t)] \underline{\varphi'(t)} dt = \int_{\alpha}^{\beta} f[\varphi(t)] d\varphi(t)$



## 4° 定积分与不定积分换元法的异同

### (1) 相同处

**换元目的：**改变被积函数，以简化计算。

### (2) 不同处

**换元要换限**，变量不代回。



## (二) 定积分的分部积分法

**定理5.5** 设  $u(x), v(x)$  在  $[a, b]$  上导数连续, 则

$$\int_a^b u(x) v'(x) dx = u(x) v(x) \Big|_a^b - \int_a^b v(x) u'(x) dx$$

即

$$\int_a^b u dv = uv \Big|_a^b - \int_a^b v du$$

—— 分部积分公式



## 二、典型例题

例1 计算  $\int_0^{\frac{\pi}{2}} \cos^5 x \sin x dx$ .

解(方法1) 令  $t = \cos x$ ,  $dt = -\sin x dx$ ,

$$x = \frac{\pi}{2} : t = 0,$$

$$x = 0 : t = 1,$$

$$\int_0^{\frac{\pi}{2}} \cos^5 x \sin x dx = -\int_1^0 t^5 dt = \frac{t^6}{6} \Big|_0^1 = \frac{1}{6}.$$

换元要换限!





$$\text{(方法2)} \quad \int_0^{\frac{\pi}{2}} \cos^5 x \sin x \, dx$$

$$= -\int_0^{\frac{\pi}{2}} \cos^5 x \, d(\cos x)$$

$$= -\frac{1}{6} \cos^6 x \Big|_0^{\frac{\pi}{2}} = \frac{1}{6}.$$

**注** 不明显写出新变量 $t$ , 积分限不动!



例2 求  $\int_0^{\frac{1}{2}} \sqrt{1-x^2} \, dx$ .

解  $\int_0^{\frac{1}{2}} \sqrt{1-x^2} \, dx \xrightarrow[\substack{x=0:t=0 \\ x=\frac{1}{2}:t=\frac{\pi}{6}}]{\text{令 } x = \sin t} \int_0^{\frac{\pi}{6}} \cos t \cdot \cos t \, dt$

$$= \frac{1}{2} \int_0^{\frac{\pi}{6}} (1 + \cos 2t) \, dt$$
$$= \frac{1}{2} \left( t + \frac{\sin 2t}{2} \right) \bigg|_0^{\frac{\pi}{6}} = \frac{\pi}{12} + \frac{\sqrt{3}}{8}.$$



**例3** 计算  $\int_0^{\pi} \sqrt{\sin^3 x - \sin^5 x} dx$ .

**解**  $\because f(x) = \sqrt{\sin^3 x - \sin^5 x} = |\cos x|(\sin x)^{\frac{3}{2}}$

$$\therefore \int_0^{\pi} \sqrt{\sin^3 x - \sin^5 x} dx = \int_0^{\pi} |\cos x|(\sin x)^{\frac{3}{2}} dx$$

$$= \int_0^{\frac{\pi}{2}} \cos x (\sin x)^{\frac{3}{2}} dx - \int_{\frac{\pi}{2}}^{\pi} \cos x (\sin x)^{\frac{3}{2}} dx$$

$$= \int_0^{\frac{\pi}{2}} (\sin x)^{\frac{3}{2}} d\sin x - \int_{\frac{\pi}{2}}^{\pi} (\sin x)^{\frac{3}{2}} d\sin x$$

$$= \frac{2}{5} (\sin x)^{\frac{5}{2}} \Big|_0^{\frac{\pi}{2}} - \frac{2}{5} (\sin x)^{\frac{5}{2}} \Big|_{\frac{\pi}{2}}^{\pi} = \frac{4}{5}.$$



**例4** 设 $f(x)$ 在 $[-a, a]$ 上连续, 则

$$(1) \int_{-a}^a f(x) dx = \int_0^a [f(x) + f(-x)] dx$$

$$(2) \int_{-a}^a f(x) dx = \begin{cases} 0, & \text{当 } f(x) \text{ 为奇函数时} \\ 2 \int_0^a f(x) dx, & \text{当 } f(x) \text{ 为偶函数时} \end{cases}$$

**证** (1)  $\int_{-a}^a f(x) dx = \int_{-a}^0 f(x) dx + \int_0^a f(x) dx,$

在  $\int_{-a}^0 f(x) dx$  中, 令  $x = -t,$



$$\int_{-a}^0 f(x) dx \stackrel{x=-t}{=} \int_a^0 f(-t)(-dt) = \int_0^a f(-x) dx$$

$$\therefore \int_{-a}^a f(x) dx = \int_0^a [f(x) + f(-x)] dx$$

(2) 若  $f(x)$  为偶函数, 则  $f(-x) = f(x)$ ,

$$\int_{-a}^a f(x) dx = \int_0^a [f(x) + f(x)] dx = 2 \int_0^a f(x) dx.$$

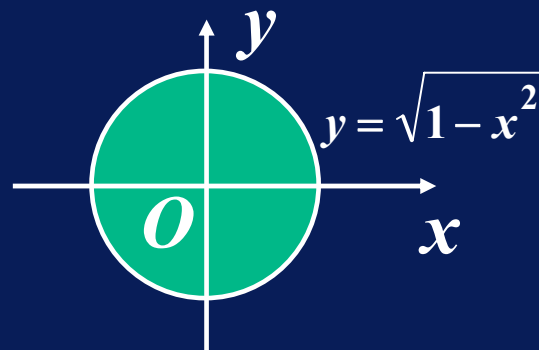
若  $f(x)$  为奇函数, 则  $f(-x) = -f(x)$ ,

$$\int_{-a}^a f(x) dx = \int_0^a [f(x) - f(x)] dx = 0.$$



例5 计算下列定积分:

$$(1) \int_{-1}^1 \frac{2x^2 + x \cos x}{1 + \sqrt{1-x^2}} dx.$$



解 原式 =  $\int_{-1}^1 \boxed{\frac{2x^2}{1 + \sqrt{1-x^2}}} dx + \int_{-1}^1 \boxed{\frac{x \cos x}{1 + \sqrt{1-x^2}}} dx$

偶函数                      奇函数

$$= 4 \int_0^1 \frac{x^2}{1 + \sqrt{1-x^2}} dx + 0 = 4 \int_0^1 \frac{x^2(1 - \sqrt{1-x^2})}{1 - (1-x^2)} dx$$

$$= 4 \int_0^1 (1 - \sqrt{1-x^2}) dx = 4 - \boxed{4 \int_0^1 \sqrt{1-x^2} dx} = 4 - \pi.$$

单位圆的面积



$$(2) \int_0^2 x \sqrt{2x - x^2} dx$$

解 原式  $= \int_0^2 x \sqrt{1 - (x-1)^2} dx$

$$\underline{\underline{t=x-1}} \int_{-1}^1 (t+1) \sqrt{1-t^2} dt$$

$$= \int_{-1}^1 \boxed{t \sqrt{1-t^2}} dt + \int_{-1}^1 \boxed{\sqrt{1-t^2}} dt$$

奇函数

偶函数

$$= 0 + \frac{\pi \cdot 1^2}{2} = \frac{\pi}{2}.$$



$$(3) \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\cos^2 x}{1 + e^{-x}} dx$$

解 原式 =  $\int_0^{\frac{\pi}{4}} [f(x) + f(-x)] dx$

$$= \int_0^{\frac{\pi}{4}} \left[ \frac{\cos^2 x}{1 + e^{-x}} + \frac{\cos^2(-x)}{1 + e^x} \right] dx$$

$$= \int_0^{\frac{\pi}{4}} (\cos^2 x) \left[ \frac{e^x}{1 + e^x} + \frac{1}{1 + e^x} \right] dx$$

$$= \int_0^{\frac{\pi}{4}} \cos^2 x dx = \frac{1}{2} \left( x + \frac{1}{2} \sin 2x \right) \bigg|_0^{\frac{\pi}{4}} = \frac{1}{2} \left( \frac{\pi}{4} + \frac{1}{2} \right).$$





**例6** 若 $f(x)$ 在 $[0, 1]$ 上连续, 证明:

$$(1) \int_0^{\pi} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx;$$

$$(2) \int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx;$$

$$(3) \int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx.$$

**证** (1) 设  $x = \frac{\pi}{2} - t$ ,  $dx = -dt$ ,

$$\int_0^{\frac{\pi}{2}} f(\sin x) dx = - \int_{\frac{\pi}{2}}^0 f\left[\sin\left(\frac{\pi}{2} - t\right)\right] dt = \int_0^{\frac{\pi}{2}} f(\cos x) dx.$$

$$\begin{aligned} x = 0 & : t = \frac{\pi}{2}, \\ x = \frac{\pi}{2} & : t = 0. \end{aligned}$$



$$(2) \int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx.$$

证(2) 设  $x = \pi - t$ ,  $dx = -dt$ ,

$$x = 0: t = \pi,$$

$$x = \pi: t = 0,$$

$$\int_0^{\pi} x f(\sin x) dx = - \int_{\pi}^0 (\pi - t) f[\sin(\pi - t)] dt$$

$$= \int_0^{\pi} (\pi - t) f(\sin t) dt = \pi \int_0^{\pi} f(\sin t) dt - \int_0^{\pi} x f(\sin x) dx,$$

$$\therefore \int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx.$$



$$(3) \int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx$$

证 (3)  $\int_0^{\pi} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\sin x) dx + \underbrace{\int_{\frac{\pi}{2}}^{\pi} f(\sin x) dx}_{\text{}} \quad \text{---}$

$$\because \int_{\frac{\pi}{2}}^{\pi} f(\sin x) dx \xrightarrow[t = \pi - x]{x = \pi - t} \int_{\frac{\pi}{2}}^0 f[\sin(\pi - t)](-dt)$$

$$= \int_0^{\frac{\pi}{2}} f(\sin t) dt = \int_0^{\frac{\pi}{2}} f(\sin x) dx$$

$$\therefore \int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx$$



**例7** 计算  $\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx$ .

**解(方法1)** 
$$\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx = \int_0^{\pi} x \cdot \frac{\sin x}{2 - \sin^2 x} dx$$
$$= \frac{\pi}{2} \int_0^{\pi} \frac{\sin x}{1 + \cos^2 x} dx = -\frac{\pi}{2} \int_0^{\pi} \frac{1}{1 + \cos^2 x} d(\cos x)$$
$$= -\frac{\pi}{2} [\arctan(\cos x)]_0^{\pi}$$
$$= -\frac{\pi}{2} \left( -\frac{\pi}{4} - \frac{\pi}{4} \right) = \frac{\pi^2}{4}.$$



(方法2) 
$$\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx \stackrel{\substack{x = \frac{\pi}{2} + t \\ t = x - \frac{\pi}{2}}}{=} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \frac{(\frac{\pi}{2} + t) \cos t}{1 + \sin^2 t} dt$$

$$= \frac{\pi}{2} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \underbrace{\frac{\cos t}{1 + \sin^2 t}}_{\text{偶函数}} dt + \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \underbrace{\frac{t \cos t}{1 + \sin^2 t}}_{\text{奇函数}} dt$$

$$= \frac{\pi}{2} \cdot 2 \int_0^{\frac{\pi}{2}} \frac{\cos t}{1 + \sin^2 t} dt$$

$$= \pi \arctan(\sin x) \Big|_0^{\frac{\pi}{2}} = \frac{\pi^2}{4}.$$



**例8** 设  $f(x)$  是以  $T$  为周期的连续函数, 则

$$\int_a^{a+T} f(x) dx = \int_0^T f(x) dx$$

其中  $a$  为任意实数.

**证(方法1)**  $\int_a^{a+T} f(x) dx$

$$= \int_a^0 f(x) dx + \int_0^T f(x) dx + \int_T^{a+T} f(x) dx$$

$$\because \int_T^{a+T} f(x) dx \stackrel{x=T+t}{=} \int_0^a f(T+t) dt = - \int_a^0 f(x) dx$$



$$\int_a^{a+T} f(x) dx$$

$$= \cancel{\int_a^0 f(x) dx} + \int_0^T f(x) dx - \cancel{\int_a^0 f(x) dx}$$

$$\therefore \int_a^{a+T} f(x) dx = \int_0^T f(x) dx$$



(方法2) 令  $F(a) = \int_a^{a+T} f(x) dx$

$\because f(x)$  连续,  $\therefore F(a)$  可导

$$\begin{aligned} F'(a) &= f(a+T)(a+T)' - f(a) \cdot 1 \\ &= f(a) - f(a) = 0 \end{aligned}$$

$\therefore F(a) \equiv C$  (常数), 令  $a = 0$ ,

由  $F(0) = \int_0^T f(x) dx$ , 得  $C = \int_0^T f(x) dx$

命题得证.





**例9** 计算  $\int_0^{100\pi} \sqrt{1 - \cos 2x} \, dx$ .

**解**  $f(x) = \sqrt{1 - \cos 2x}$

$$f(x + \pi) = f(x), \quad T = \pi$$

$$\begin{aligned} \int_0^{100\pi} \sqrt{1 - \cos 2x} \, dx &= \int_0^{\pi} \sqrt{1 - \cos 2x} \, dx + \int_{\pi}^{2\pi} \sqrt{1 - \cos 2x} \, dx \\ &\quad + \cdots + \int_{99\pi}^{100\pi} \sqrt{1 - \cos 2x} \, dx \end{aligned}$$

$$= 100 \int_0^{\pi} \sqrt{1 - \cos 2x} \, dx = 100 \int_0^{\pi} \sqrt{2} \sin x \, dx = 200\sqrt{2}.$$



**例10** 设  $f(x) = \begin{cases} \frac{1}{1+x}, & \text{当 } x \geq 0 \text{ 时,} \\ \frac{1}{1+e^x}, & \text{当 } x < 0 \text{ 时,} \end{cases}$  求  $\int_0^2 f(x-1) dx$ .

**解**  $\int_0^2 f(x-1) dx \xrightarrow{t=x-1} \int_{-1}^1 f(t) dt$

$$= \int_{-1}^0 f(t) dt + \int_0^1 f(t) dt = \int_{-1}^0 \frac{1}{1+e^t} dt + \int_0^1 \frac{1}{1+t} dt$$

$$= \int_{-1}^0 \left(1 - \frac{e^t}{1+e^t}\right) dt + \ln(1+t) \Big|_0^1$$

$$= 1 - \ln(1+e^t) \Big|_{-1}^0 + \ln 2 = \ln(1+e).$$



**例11** 已知 $f(x)$ 连续,  $\int_0^x t f(x-t) \mathrm{d} t = 1 - \cos x$ ,  
求 $\int_0^{\frac{\pi}{2}} f(x) \mathrm{d} x$ 的值.

**解** 令 $u = x - t$ , 则有 $t = x - u$ ,  $\mathrm{d} t = -\mathrm{d} u$ ,  
且当 $t = 0$ 时,  $u = x$ ; 当 $t = x$ 时,  $u = 0$ . 从而

$$\begin{aligned}\int_0^x t f(x-t) \mathrm{d} t &= \int_x^0 (x-u) f(u) (-\mathrm{d} u) \\&= \int_0^x (x-u) f(u) \mathrm{d} u \\&= x \int_0^x f(u) \mathrm{d} u - \int_0^x u f(u) \mathrm{d} u,\end{aligned}$$



于是有  $x \int_0^x f(u) \mathrm{d} u - \int_0^x u f(u) \mathrm{d} u = 1 - \cos x,$

两边对  $x$  求导, 得

$$\int_0^x f(u) \mathrm{d} u + \cancel{xf(x)} - \cancel{xf(x)} = \sin x,$$

即  $\int_0^x f(u) \mathrm{d} u = \sin x;$

在上式中令  $x = \frac{\pi}{2}$ , 得  $\int_0^{\frac{\pi}{2}} f(u) \mathrm{d} u = 1,$

即  $\int_0^{\frac{\pi}{2}} f(x) \mathrm{d} x = 1.$



例12 计算  $\int_0^{\frac{\pi}{4}} \frac{x dx}{1 + \cos 2x}$ .

解  $\because 1 + \cos 2x = 2 \cos^2 x,$

$$\begin{aligned} \therefore \int_0^{\frac{\pi}{4}} \frac{x}{1 + \cos 2x} dx &= \int_0^{\frac{\pi}{4}} \frac{x}{2 \cos^2 x} dx = \frac{1}{2} \int_0^{\frac{\pi}{4}} x \cdot \sec^2 x dx \\ &= \frac{1}{2} \int_0^{\frac{\pi}{4}} x d(\tan x) = \frac{1}{2} \left\{ [x \tan x]_0^{\frac{\pi}{4}} - \int_0^{\frac{\pi}{4}} \tan x dx \right\} \\ &= \frac{\pi}{8} - \frac{1}{2} [\ln \sec x]_0^{\frac{\pi}{4}} = \frac{\pi}{8} - \frac{\ln 2}{4}. \end{aligned}$$



例13 计算  $\int_0^1 \frac{\ln(1+x)}{(2+x)^2} dx$ .

解 
$$\begin{aligned} \int_0^1 \frac{\ln(1+x)}{(2+x)^2} dx &= -\int_0^1 \ln(1+x) d\left(\frac{1}{2+x}\right) \\ &= -\left[\frac{\ln(1+x)}{2+x}\right]_0^1 + \int_0^1 \frac{1}{2+x} d\ln(1+x) \\ &= -\frac{\ln 2}{3} + \int_0^1 \frac{1}{2+x} \cdot \frac{1}{1+x} dx \rightarrow \left(\frac{1}{1+x} - \frac{1}{2+x}\right) \\ &= -\frac{\ln 2}{3} + [\ln(1+x) - \ln(2+x)]_0^1 \\ &= \frac{5}{3} \ln 2 - \ln 3. \end{aligned}$$



瓦里斯

例14 证明定积分公式( Wallis 公式)

$$I_n = \int_0^{\frac{\pi}{2}} \sin^n x \, dx = \int_0^{\frac{\pi}{2}} \cos^n x \, dx$$

$$= \begin{cases} \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2}, & n \text{ 为正偶数} \\ \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{4}{5} \cdot \frac{2}{3}, & n \text{ 为大于1的正奇数} \end{cases}$$

证 当  $n=0$  时,  $I_0 = \int_0^{\frac{\pi}{2}} dx = \frac{\pi}{2}$



当  $n=1$  时,  $I_1 = \int_0^{\frac{\pi}{2}} \sin x \, dx = -\cos x \Big|_0^{\frac{\pi}{2}} = 1$

当  $n \geq 2$  时,  $I_n = \int_0^{\frac{\pi}{2}} \sin^n x \, dx = \int_0^{\frac{\pi}{2}} \underbrace{\sin^{n-1} x}_u \cdot \underbrace{\sin x \, dx}_{dv}$

$$= -\int_0^{\frac{\pi}{2}} \sin^{n-1} x \cdot d(\cos x)$$

$$= -\left[ \underbrace{\sin^{n-1} x \cos x \Big|_0^{\frac{\pi}{2}}}_{0} - \int_0^{\frac{\pi}{2}} \cos x \cdot d(\sin^{n-1} x) \right]$$

$$= \int_0^{\frac{\pi}{2}} \cos x \cdot (n-1) \sin^{n-2} x \cdot \cos x \, dx$$





$$I_n = \int_0^{\frac{\pi}{2}} \cos x \cdot (n-1) \sin^{n-2} x \cdot \cos x \, dx$$

$$= (n-1) \int_0^{\frac{\pi}{2}} \sin^{n-2} x \underbrace{\cos^2 x}_{1 - \sin^2 x} \, dx$$

$$= (n-1) \int_0^{\frac{\pi}{2}} \sin^{n-2} x (1 - \sin^2 x) \, dx$$

$$= (n-1) \int_0^{\frac{\pi}{2}} \sin^{n-2} x \, dx - (n-1) \int_0^{\frac{\pi}{2}} \sin^n x \, dx$$

$$= (n-1) I_{n-2} - (n-1) I_n$$

$$\therefore I_n = \frac{n-1}{n} I_{n-2}, \quad n \geq 2. \quad \text{积分 } I_n \text{ 关于下标的递推公式}$$



$$I_n = \frac{n-1}{n} I_{n-2} \quad (n \geq 2)$$

$$\therefore I_n = \frac{n-1}{n} \cdot \frac{n-3}{n-2} I_{n-4}$$

....., 直到下标减到0或1为止

$$I_{2m} = \frac{2m-1}{2m} \cdot \frac{2m-3}{2m-2} \cdot \frac{2m-5}{2m-4} \cdots \frac{5}{6} \cdot \frac{3}{4} \cdot \frac{1}{2} I_0$$

$$= \frac{(2m-1)!!}{(2m)!!} I_0 = \frac{(2m-1)!!}{(2m)!!} \cdot \frac{\pi}{2}$$

$$I_0 = \frac{\pi}{2}$$

$$(m = 1, 2, \cdots)$$



$$I_n = \frac{n-1}{n} I_{n-2} \quad (n \geq 2)$$

$$I_{2m+1} = \frac{2m}{2m+1} \cdot \frac{2m-2}{2m-1} I_2 \cdots \frac{4}{5} \cdot \frac{2}{3} \cdot I_1$$

$$= \frac{(2m)!!}{(2m+1)!!} I_1 = \frac{(2m)!!}{(2m+1)!!} \cdot 1 \quad (m = 1, 2, \cdots)$$

综上所述:  $I_n = \int_0^{\frac{\pi}{2}} \sin^n x dx = \int_0^{\frac{\pi}{2}} \cos^n x dx$

$$= \begin{cases} \frac{(n-1)!!}{n!!} \cdot \frac{\pi}{2}, & n \text{ 为正偶数;} \\ \frac{(n-1)!!}{n!!} \cdot 1, & n \text{ 为大于1的正奇数.} \end{cases}$$



**例15** 求  $I_n = \int_0^{\pi} x \sin^n x dx \quad (n \geq 2)$

**解**  $I_n = \int_0^{\pi} x \sin^n x dx \quad (n \geq 2)$

$$= \frac{\pi}{2} \int_0^{\pi} \sin^n x dx$$

$$= \frac{\pi}{2} \cdot 2 \int_0^{\frac{\pi}{2}} \sin^n x dx$$

$$\int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx$$

$$\int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx$$

$$= \begin{cases} \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi^2}{2}, & n \text{ 为偶数 } (n \geq 2); \\ \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{4}{5} \cdot \frac{2}{3} \cdot \pi, & n \text{ 为奇数 } (n \geq 3). \end{cases}$$



例16 计算  $\int_0^3 \arcsin \sqrt{\frac{x}{x+1}} dx$ .

解 令  $t = \arcsin \sqrt{\frac{x}{x+1}}$ , 则  $\sin^2 t = \frac{x}{x+1}$

$$\cos^2 t = 1 - \sin^2 t = 1 - \frac{x}{x+1} = \frac{1}{x+1}, \quad \tan^2 t = x$$

$$\therefore \int_0^3 \arcsin \sqrt{\frac{x}{x+1}} dx = \int_0^{\frac{\pi}{3}} t d(\tan^2 t)$$

$$= t \tan^2 t \Big|_0^{\frac{\pi}{3}} - \int_0^{\frac{\pi}{3}} \tan^2 t dt = \frac{\pi}{3} \cdot 3 - \int_0^{\frac{\pi}{3}} (\sec^2 t - 1) dt$$

$$= \pi - \tan t \Big|_0^{\frac{\pi}{3}} + \frac{\pi}{3} = \frac{4\pi}{3} - \sqrt{3}.$$



**例17** 若  $f''(x)$  在  $[a, b]$  上连续, 证明:

$$\int_a^b f(x) dx = \frac{b-a}{2} [f(a) + f(b)] + \frac{1}{2} \int_a^b f''(x)(x-a)(x-b) dx$$

**证** 
$$\int_a^b f''(x)(x-a)(x-b) dx = \int_a^b (x-a)(x-b) df'(x)$$

$$= \underbrace{(x-a)(x-b)f'(x)}_{\downarrow 0} \Big|_a^b - \int_a^b (2x-a-b)f'(x) dx$$
$$= - \int_a^b (2x-a-b) df(x)$$



$$\int_a^b f''(x)(x-a)(x-b)dx = -\int_a^b (2x-a-b)df(x)$$

$$= -[(2x-a-b)f(x)]_a^b - \int_a^b 2f(x)dx$$

$$= -[(b-a)f(b) - (a-b)f(a) - 2\int_a^b f(x)dx]$$

$$= -(b-a)[f(b) + f(a)] + 2\int_a^b f(x)dx$$

$$\therefore \int_a^b f(x)dx = \frac{b-a}{2}[f(a) + f(b)] + \frac{1}{2}\int_a^b f''(x)(x-a)(x-b)dx$$



**例18** 设  $f'(e^x) = 1 + x$ ,  $f(1) = 0$ , 求  $f(x)$  及

$$\int_2^3 f(x-1) dx.$$

**解** 令  $u = e^x$ , 即  $x = \ln u$

$$\text{则 } f'(u) = 1 + \ln u$$

$$\therefore f'(x) = 1 + \ln x$$

$$f(x) - f(1) = \int_1^x f'(t) dt = \int_1^x (1 + \ln t) dt$$

$$\because f(1) = 0, \therefore f(x) = \int_1^x (1 + \ln t) dt$$





$$\begin{aligned}
 \therefore f(x) &= \int_1^x (1 + \ln t) \mathrm{d} t \\
 &= t(1 + \ln t) \Big|_1^x - \int_1^x t \cdot \frac{1}{t} \mathrm{d} t \\
 &= [x(1 + \ln x) - 1] - (x - 1) = \mathbf{x \ln x}
 \end{aligned}$$

$$\begin{aligned}
 \int_2^3 f(x-1) \mathrm{d} x &\stackrel{u=x-1}{=} \int_1^2 f(u) \mathrm{d} u = \int_1^2 u \ln u \mathrm{d} u \\
 &= \frac{1}{2} \int_1^2 \ln u \mathrm{d} u^2 = \frac{1}{2} (u^2 \ln u \Big|_1^2 - \int_1^2 u \mathrm{d} u) \\
 &= \frac{1}{2} (4 \ln 2 - \frac{1}{2} u^2 \Big|_1^2) = \mathbf{2 \ln 2 - \frac{3}{4}}.
 \end{aligned}$$



**例19** 设  $f(x) = \int_1^{x^2} \frac{\sin t}{t} dt$ , 求  $\int_0^1 xf(x) dx$ .

**分析** 因为  $\frac{\sin t}{t}$  没有初等函数形式的原函数,  
无法直接求出  $f(x)$ , 所以采用分部积分法.

**解**

$$\begin{aligned}\int_0^1 xf(x) dx &= \frac{1}{2} \int_0^1 f(x) d(x^2) \\&= \frac{1}{2} [x^2 f(x)]_0^1 - \frac{1}{2} \int_0^1 x^2 df(x) \\&= \frac{1}{2} f(1) - \frac{1}{2} \int_0^1 x^2 f'(x) dx\end{aligned}$$



$$\because f(x) = \int_1^{x^2} \frac{\sin t}{t} dt, \quad f(1) = \int_1^1 \frac{\sin t}{t} dt = 0,$$

$$f'(x) = \frac{\sin x^2}{x^2} \cdot 2x = \frac{2 \sin x^2}{x},$$

$$\therefore \int_0^1 x f(x) dx = \frac{1}{2} f(1) - \frac{1}{2} \int_0^1 x^2 f'(x) dx$$

$$= -\frac{1}{2} \int_0^1 2x \sin x^2 dx = -\frac{1}{2} \int_0^1 \sin x^2 dx^2$$

$$= \frac{1}{2} [\cos x^2]_0^1 = \frac{1}{2} (\cos 1 - 1).$$



**例20(综合题)** 设  $F(x) = \int_0^x (x^2 - t^2) f(t) dt$ ,  $f(x)$  可导,

且  $f(0) = 0$ . 证明:

(1) 若  $f(x)$  为偶函数, 则  $F(x)$  为奇函数;

(2) 若  $f(x) > 0 (x > 0)$ , 则  $F(x)$  在  $[0, +\infty)$  上单调增加;

(3) 当  $x \rightarrow 0$  时,  $F'(x)$  与  $x^3$  是等价无穷小, 求  $f'(0)$ .

**证** (1)  $f(-x) = f(x)$

$$\begin{aligned}\because F(-x) &= \int_0^{-x} [(-x)^2 - t^2] f(t) dt \\ &= \int_0^{-x} (x^2 - t^2) f(t) dt\end{aligned}$$



$$\begin{aligned}
 F(x) &= \int_0^{-x} (x^2 - t^2) f(t) dt \\
 &\stackrel{\text{令 } u=-t}{=} \int_0^x [x^2 - (-u)^2] f(-u) (-du) \\
 &= -\int_0^x (x^2 - u)^2 f(u) du = -F(x)
 \end{aligned}$$

$\therefore F(x)$  是奇函数.

$$\begin{aligned}
 (2) \quad F(x) &= \int_0^x (x^2 - t^2) f(t) dt \\
 &= x^2 \cdot \int_0^x f(t) dt - \int_0^x t^2 f(t) dt
 \end{aligned}$$

$$F'(x) = 2x \int_0^x f(t) dt + \cancel{x^2 f(x)} - \cancel{x^2 f(x)}$$



$$F'(x) = 2x \int_0^x f(t) \mathrm{d} t$$

$$\because f(x) > 0 \ (x > 0)$$

$$\therefore \text{当 } x > 0 \text{ 时, } \int_0^x f(t) \mathrm{d} t > 0$$

从而当  $x > 0$  时,  $F'(x) > 0$

又  $\because F(x)$  在  $[0, +\infty)$  上连续

$\therefore F(x)$  在  $[0, +\infty)$  上单调增加.



$$(3) \quad 1 = \lim_{x \rightarrow 0} \frac{F'(x)}{x^3} = \lim_{x \rightarrow 0} \frac{2x \int_0^x f(t) dt}{x^3}$$

$$= 2 \lim_{x \rightarrow 0} \frac{\int_0^x f(t) dt}{x^2} \quad \left( \frac{0}{0} \right)$$

$$= 2 \lim_{x \rightarrow 0} \frac{f(x)}{2x} = \lim_{x \rightarrow 0} \frac{f(x) - f(0)}{x - 0} \quad (f(0) = 0)$$

$$= f'(0)$$

$$\therefore f'(0) = 1.$$



### 三、同步练习

1. 计算  $\int_0^4 \frac{x+2}{\sqrt{2x+1}} dx$ .

2. 设  $f(x)$  在  $[a, b]$  上连续, 证明:

$$\int_0^{\frac{\pi}{2}} f(|\cos x|) dx = \frac{1}{4} \int_0^{2\pi} f(|\cos x|) dx.$$

3. 计算  $I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx$ .

4. 设  $f(x) = \begin{cases} 1+x^2, & x < 0, \\ e^{-x}, & x \geq 0. \end{cases}$  求  $\int_1^3 f(x-2) dx$ .





5. 设  $f(x)$  可导, 且  $f(0) = 0$ ,

$$F(x) = \int_0^x t^{n-1} f(x^n - t^n) dt \quad (n \in \mathbb{N}),$$

求  $\lim_{x \rightarrow 0} \frac{F(x)}{x^{2n}}$ .

6. 计算  $\int_1^4 \frac{\ln x}{\sqrt{x}} dx$ .

7. 计算  $\int_0^{\sqrt{3}} \arctan x dx$ .

8. 计算  $\int_0^1 (1-x^2)^2 \sqrt{1-x^2} dx$ .



9. 计算  $\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} (x^3 + \sin^2 x) \cos^2 x \, dx$ .

10. 计算  $\int_{100-\frac{\pi}{2}}^{100+\frac{\pi}{2}} \tan^2 x \sin^2 2x \, dx$ .

11. 计算  $\int_0^1 (\arcsin x)^2 \, dx$ .

12. 设  $f''(x)$  在  $[0,1]$  连续, 且  $f(0)=1, f(2)=3, f'(2)=5$ , 求  $\int_0^1 x f''(2x) \, dx$ .

13. 设  $f(x) = \int_0^{\sqrt{x}} e^{-t^2} \, dt, f(1)=0$ ,  
求  $\int_0^1 \frac{1}{\sqrt{x}} f(x) \, dx$ .



## 四、同步练习解答

1. 计算  $\int_0^4 \frac{x+2}{\sqrt{2x+1}} dx$ .

**解** 令  $\sqrt{2x+1} = t$ , 则  $x = \frac{t^2-1}{2}$ ,  $dx = t dt$ , 且当  $x=0$  时,

$t=1$ ; 当  $x=4$  时, 于是

$$\begin{aligned}\int_0^4 \frac{x+2}{\sqrt{2x+1}} dx &= \int_1^3 \frac{\frac{t^2-1}{2} + 2}{t} \cdot t dt \\ &= \frac{1}{2} \int_1^3 (t^2 + 3) dt = \frac{1}{2} \left( \frac{t^3}{3} \Big|_1^3 + 6 \right) = \frac{22}{3}.\end{aligned}$$



2. 设  $f(x)$  在  $[a, b]$  上连续, 证明:

$$\int_0^{\frac{\pi}{2}} f(|\cos x|) dx = \frac{1}{4} \int_0^{2\pi} f(|\cos x|) dx.$$

证  $\int_0^{2\pi} f(|\cos x|) dx$

偶函数

$$\begin{aligned} \frac{x = \pi - t}{t = \pi - x} \int_{\pi}^{-\pi} f[|\cos(\pi - t)|] (-dt) &= \int_{-\pi}^{\pi} f(|\cos t|) dt \end{aligned}$$

$$= 2 \int_0^{\pi} f(|\cos t|) dt \stackrel{\substack{t = \frac{\pi}{2} - u \\ u = \frac{\pi}{2} - t}}{=} 2 \int_{\frac{\pi}{2}}^{-\frac{\pi}{2}} f\left[\left|\cos\left(\frac{\pi}{2} - u\right)\right|\right] (-du)$$



## 偶函数

$$= 2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} f(|\sin u|) \mathrm{d} u$$

$$= 4 \int_0^{\frac{\pi}{2}} f(|\sin u|) \mathrm{d} u = 4 \int_0^{\frac{\pi}{2}} f(|\cos u|) \mathrm{d} u$$

$$\text{即} \quad \int_0^{2\pi} f(|\cos x|) \mathrm{d} x = 4 \int_0^{\frac{\pi}{2}} f(|\cos x|) \mathrm{d} x$$

$$\therefore \int_0^{\frac{\pi}{2}} f(|\cos x|) \mathrm{d} x = \frac{1}{4} \int_0^{2\pi} f(|\cos x|) \mathrm{d} x.$$



3. 计算  $I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx$ .

解  $\int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} \frac{\sqrt{1 - \sin^2 x}}{\sin x + \sqrt{1 - \sin^2 x}} dx$

$$= \int_0^{\frac{\pi}{2}} \frac{\sqrt{1 - \cos^2 x}}{\cos x + \sqrt{1 - \cos^2 x}} dx = \int_0^{\frac{\pi}{2}} \frac{\sin x}{\sin x + \cos x} dx,$$

$$\therefore 2I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx + \int_0^{\frac{\pi}{2}} \frac{\sin x}{\sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} dx = \frac{\pi}{2},$$

故  $I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx = \frac{\pi}{4}.$



4. 设  $f(x) = \begin{cases} 1+x^2, & x < 0, \\ e^{-x}, & x \geq 0. \end{cases}$  求  $\int_1^3 f(x-2) dx$ .

**分析** 先用换元法公式把被积函数化成  $f(t)$ , 再把  $f(t)$  的表达式代入积分式, 要注意  $f(t)$  是以  $t=0$  为分段点的分段函数。

**解** 令  $x-2=t$ , 则  $dx=dt$ , 且当  $x=1$  时,  $t=-1$ ;  
当  $x=3$  时,  $t=1$ , 于是



$$\int_1^3 f(x-2) \mathrm{d} x = \int_{-1}^1 f(t) \mathrm{d} t$$

$$= \int_{-1}^0 (1+t^2) \mathrm{d} t + \int_0^1 e^{-t} \mathrm{d} t$$

$$= 1 + \left. \frac{t^3}{3} \right|_{-1}^0 - e^{-t} \left|_0^1 = \frac{7}{3} - \frac{1}{e}.$$

$$f(x) = \begin{cases} 1+x^2, & x < 0, \\ e^{-x}, & x \geq 0. \end{cases}$$





5. 设  $f(x)$  可导, 且  $f(0) = 0$ ,

$$F(x) = \int_0^x t^{n-1} f(x^n - t^n) dt \quad (n \in N),$$

求  $\lim_{x \rightarrow 0} \frac{F(x)}{x^{2n}}.$

解  $F(x) = \int_0^x t^{n-1} f(x^n - t^n) dt = \frac{1}{n} \int_0^x f(x^n - t^n) d(t^n)$

$$= -\frac{1}{n} \int_0^x f(x^n - t^n) d(x^n - t^n)$$

$$\underline{\underline{\text{令 } u = x^n - t^n}} - \frac{1}{n} \int_{x^n}^0 f(u) du = \frac{1}{n} \int_0^{x^n} f(u) du$$



$$\therefore F(x) = \frac{1}{n} \int_0^{x^n} f(u) \mathrm{d} u$$

$$F'(x) = \frac{1}{n} f(x^n) \cdot nx^{n-1} = f(x^n) \cdot x^{n-1}$$

$$\lim_{x \rightarrow 0} \frac{F(x)}{x^{2n}} = \lim_{x \rightarrow 0} \frac{F'(x)}{2nx^{2n-1}} = \frac{1}{2n} \lim_{x \rightarrow 0} \frac{f(x^n) \cdot x^{n-1}}{x^{2n-1}}$$

$$= \frac{1}{2n} \lim_{x \rightarrow 0} \frac{f(x^n)}{x^n} = \frac{1}{2n} \lim_{x \rightarrow 0} \frac{f(x^n) - f(0)}{x^n} \quad (f(0) = 0)$$

$$= \frac{1}{2n} f'(0).$$



6. 计算  $\int_1^4 \frac{\ln x}{\sqrt{x}} dx$ .

解 根据定积分的分部积分公式, 得

$$\begin{aligned}\int_1^4 \frac{\ln x}{\sqrt{x}} dx &= 2 \int_1^4 \ln x d\sqrt{x} = 2\sqrt{x} \ln x \Big|_1^4 - 2 \int_1^4 \sqrt{x} d\ln x \\&= 4 \ln 4 - 2 \int_1^4 \sqrt{x} \cdot \frac{1}{x} dx \\&= 4 \ln 4 - 2 \int_1^4 \frac{1}{\sqrt{x}} dx \\&= 4 \ln 4 - 4\sqrt{x} \Big|_1^4 = 4(\ln 4 - 1).\end{aligned}$$



7. 计算  $\int_0^{\sqrt{3}} \arctan x \, dx$ .

**解** 根据定积分的分部积分公式, 得

$$\begin{aligned}\int_0^{\sqrt{3}} \arctan x \, dx &= x \arctan x \Big|_0^{\sqrt{3}} - \int_0^{\sqrt{3}} x \, d \arctan x \\&= \sqrt{3} \arctan \sqrt{3} - \int_0^{\sqrt{3}} \frac{x}{1+x^2} \, dx \\&= \frac{\sqrt{3}}{3} \pi - \frac{1}{2} \ln(1+x^2) \Big|_0^{\sqrt{3}} \\&= \frac{\sqrt{3}}{3} \pi - \ln 2.\end{aligned}$$



8. 计算  $\int_0^1 (1-x^2)^2 \sqrt{1-x^2} \, dx$ .

**解** 令  $x = \sin t$ , 则  $dx = \cos t \, dt$ , 且当  $x = 0$  时,  $t = 0$ ;

当  $x = 1$  时,  $t = \frac{\pi}{2}$ . 于是有

$$\begin{aligned} \int_0^1 (1-x^2)^2 \sqrt{1-x^2} \, dx &= \int_0^{\frac{\pi}{2}} (1-\sin^2 t)^2 \sqrt{1-\sin^2 t} \cos t \, dt \\ &= \int_0^{\frac{\pi}{2}} \cos^6 t \, dt = \frac{5}{6} \cdot \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2} \\ &= \frac{5}{32} \pi. \end{aligned}$$



9. 计算  $\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} (x^3 + \sin^2 x) \cos^2 x \, dx$ .

解  $\int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} (x^3 + \sin^2 x) \cos^2 x \, dx$

$$= \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} x^3 \cos^2 x \, dx + \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \sin^2 x \cos^2 x \, dx$$

$$= 0 + 2 \int_0^{\frac{\pi}{2}} \sin^2 x (1 - \sin^2 x) \, dx$$

$$= 2 \left( \int_0^{\frac{\pi}{2}} \sin^2 x \, dx - \int_0^{\frac{\pi}{2}} \sin^4 x \, dx \right)$$

$$= 2 \left( \frac{1}{2} \cdot \frac{\pi}{2} - \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2} \right) = \frac{\pi}{8}.$$



10. 计算  $\int_{100-\frac{\pi}{2}}^{100+\frac{\pi}{2}} \tan^2 x \sin^2 2x \, dx$ .

解  $\tan^2 x \cdot \sin^2 2x = \frac{\sin^2 x}{\cos^2 x} \cdot 4\sin^2 x \cdot \cos^2 x = 4\sin^4 x$

其周期为  $\pi$ , 故

$$\int_{100-\frac{\pi}{2}}^{100+\frac{\pi}{2}} \tan^2 x \sin^2 2x \, dx = \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} 4\sin^4 x \, dx$$

$$= 8 \int_0^{\frac{\pi}{2}} \sin^4 x \, dx$$

$$= 8 \cdot \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2} = \frac{3}{2}\pi.$$



11. 计算  $\int_0^1 (\arcsin x)^2 dx$ .

解 先用换元积分法, 再用分部积分法.

令  $\arcsin x = t$ , 则  $x = \sin t$ ,  $dx = \cos t dt$ ,

$x = 0: t = 0; \quad x = 1: t = \frac{\pi}{2}$ . 于是有

$$\int_0^1 (\arcsin x)^2 dx = \int_0^{\frac{\pi}{2}} t^2 \cos t dt = \int_0^{\frac{\pi}{2}} t^2 d \sin t$$

$$= t^2 \sin t \Big|_0^{\frac{\pi}{2}} - \int_0^{\frac{\pi}{2}} 2t \sin t dt = \frac{\pi^2}{4} + 2t \cos t \Big|_0^{\frac{\pi}{2}} - 2 \int_0^{\frac{\pi}{2}} \cos t dt$$

$$= \frac{\pi}{4} - 2 \sin t \Big|_0^{\frac{\pi}{2}} = \frac{\pi}{4} - 2.$$





12. 设  $f''(x)$  在  $[0,1]$  连续, 且  $f(0)=1, f(2)=3,$

$f'(2)=5,$  求  $\int_0^1 x f''(2x) dx$  .

解  $\int_0^1 x f''(2x) dx = \frac{1}{2} \int_0^1 x df'(2x)$  (分部积分)

$$= \frac{1}{2} \left[ x f'(2x) \Big|_0^1 - \int_0^1 f'(2x) dx \right]$$

$$= \frac{5}{2} - \frac{1}{4} f(2x) \Big|_0^1 = 2$$



13. 设  $f(x) = \int_0^{\sqrt{x}} e^{-t^2} dt$ ,  $f(1) = 0$ ,

求  $\int_0^1 \frac{1}{\sqrt{x}} f(x) dx$ .

解  $f'(x) = e^{-x} \cdot \frac{1}{2\sqrt{x}}$ .

$$\int_0^1 \frac{1}{\sqrt{x}} f(x) dx = 2 \int_0^1 f(x) d\sqrt{x}$$

$$= 2\sqrt{x} f(x) \Big|_0^1 - 2 \int_0^1 \sqrt{x} f'(x) dx = - \int_0^1 e^{-x} dx$$

$$= \frac{1}{e} - 1.$$

**分析**  $e^{-t^2}$  无初等函数形式的原函数，故无法直接求出  $f(x)$ ，所以采用分部积分法。

