

第二节

不定积分的换元积分法(1)

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一、主要内容

(一) 定理(第一类换元积分法) 设 $f(u)$ 具有原函数,

$u = \varphi(x)$ 可导,

$$\int f[\varphi(x)] \underline{\varphi'(x)} dx = \int f(u) du \Big|_{u=\varphi(x)}$$

令 $u = \varphi(x)$

即

$$\int f[\varphi(x)] \varphi'(x) dx = \int f[\varphi(x)] d\varphi(x)$$

换元思想: 设变换 $u = \varphi(x)$,

—— 换元公式

化积分为易于求解的形式.

关键: 如何选择 $u = \varphi(x)$?



注 一般地, 如何选择 $u = \varphi(x)$?

1° 需要熟悉一些常见函数的微分形式,

直接配元用公式: $\int f(x) dx = F(x) + C$

$$\int f[\varphi(x)]\varphi'(x)dx = \int f[\varphi(x)]d\varphi(x) = F[\varphi(x)] + C$$

2° 对于不易观察的情形, 可从被积函数中拿出
某个因式求导数, 若这个导数恰是剩下的其他
因式(最多相差一个常数), 则这个因式可作为 $\varphi(x)$.



(二) 常见的选 $u=\varphi(x)$ 规律

$$(1) \quad \int f(ax+b) \mathrm{d}x = \frac{1}{a} \left[\int f(u) \mathrm{d}u \right]_{u=ax+b}$$

$$(2) \quad \int f(x^{\mu+1}) x^{\mu} \mathrm{d}x \quad (u = x^{\mu+1}, \mu \neq -1)$$

$$(3) \quad \int \frac{f(\ln x)}{x} \mathrm{d}x \quad (u = \ln x)$$

$$(4) \quad \int f(\cos x) \sin x \mathrm{d}x \quad (u = \cos x)$$

$$(5) \quad \int f(\sin x) \cos x \mathrm{d}x \quad (u = \sin x)$$



$$(6) \quad \int \frac{f(\arcsin x)}{\sqrt{1-x^2}} dx \quad (u = \arcsin x)$$

$$(7) \quad \int \frac{f(\arctan x)}{1+x^2} dx \quad (u = \arctan x)$$

$$(8) \quad \int f(\tan x) \sec^2 x dx \quad (u = \tan x)$$

$$(9) \quad \int f(\sec x) \sec x \tan x dx \quad (u = \sec x)$$

⋮



常见的选 $u=\varphi(x)$ 规律(续1)

$$(10) \int \sin^m x \cos^n x dx$$

$\left\{ \begin{array}{l} m(\text{或 } n) : \text{奇数, 设 } u = \cos x (\text{或 } u = \sin x) \\ m, n \text{ 均为偶数, 用倍角公式} \\ \text{特别地, 当 } m = n \text{ 时, 设 } u = \sin 2x \end{array} \right.$



常见的选 $u=\varphi(x)$ 规律(续2)

$$(11) \quad \begin{aligned} &\int \sin mx \cos nx \, dx \\ &\int \cos mx \cos nx \, dx \\ &\int \sin mx \sin nx \, dx \end{aligned}$$

当 $m = n$ 时，用倍角公式；

当 $m \neq n$ 时，用积化和差公式。



常见的选 $u=\varphi(x)$ 规律(续3)

$$(12) \int \tan^m x \sec^n x dx$$

$$\begin{cases} n : \text{偶数, 设 } u = \tan x \\ m : \text{奇数, 设 } u = \sec x \end{cases}$$

$$\int \cot^m x \csc^n x dx = \dots$$



(三)基本积分公式的补充

$$(9) \int \tan x \, dx = -\ln|\cos x| + C, \quad \int \cot x \, dx = \ln|\sin x| + C$$

$$(10) \int \sec x \, dx = \ln|\sec x + \tan x| + C$$

$$\int \csc x \, dx = \ln|\csc x - \cot x| + C$$

$$(11) \int \frac{1}{a^2 + x^2} \, dx = \frac{1}{a} \arctan \frac{x}{a} + C$$

$$(12) \int \frac{1}{x^2 - a^2} \, dx = \frac{1}{2a} \ln \left| \frac{x-a}{x+a} \right| + C$$

$$(13) \int \frac{1}{\sqrt{a^2 - x^2}} \, dx = \arcsin \frac{x}{a} + C$$



二、典型例题

例1 求 $\int (ax+b)^n dx$ ($a \neq 0$, n 为自然数)

解 $\int (ax+b)^n dx$

$$\text{验证: } \left[\frac{(ax+b)^{n+1}}{a(n+1)} \right]' = (ax+b)^n$$

$$= \frac{1}{a} \int \underbrace{(ax+b)^n}_u \underbrace{(ax+b)'}_{du} dx$$

$$= \frac{1}{a} \int (ax+b)^n d(ax+b) = \frac{1}{a} \int u^n du \quad (\text{令 } u = ax+b)$$

$$= \frac{1}{a} \cdot \frac{u^{n+1}}{n+1} + C = \frac{(ax+b)^{n+1}}{a(n+1)} + C \quad (u = ax+b \text{ 代入})$$



例2 $\int \cos(3x + 2) dx$

解

联想公式 $\int \cos u du = \sin u + C$

$$\text{原式} = \frac{1}{3} \int \cos(3x + 2) d(3x + 2) \quad u = 3x + 2$$

$$= \frac{1}{3} \int \cos u du = \frac{1}{3} \sin u + C$$

$$\underline{\underline{u = 3x + 2}} \quad \frac{1}{3} \sin(3x + 2) + C.$$



例3 求下列不定积分:

$$(1) \int x e^{x^2} dx$$

解

$$\text{联想公式: } \int e^u du = e^u + C$$

$$\therefore \int x e^{x^2} dx = \frac{1}{2} \int e^{x^2} dx^2$$

$$\underline{\underline{u = x^2}} \quad \frac{1}{2} \int e^u du = \frac{1}{2} e^{x^2} + C$$



$$(2) \int x\sqrt{1-x^2} dx$$

解

$$\text{联想公式: } \int u^{\alpha} dx = \frac{u^{\alpha+1}}{\alpha+1} + C$$

$$\text{原式} = -\frac{1}{2} \int \sqrt{1-x^2} d(1-x^2)$$

$$\underline{\underline{u=1-x^2}} - \frac{1}{2} \int \sqrt{u} du = -\frac{1}{2} \cdot \frac{2}{3} u^{\frac{3}{2}} + C$$

$$\underline{\underline{u=1-x^2}} - \frac{1}{3} (1-x^2)^{\frac{3}{2}} + C.$$



例4 (1) $\int \frac{\log_a x}{x} dx$

$$= \ln a \int \log_a x d(\log_a x)$$

$$= \frac{(\log_a x)^2}{2} \cdot \ln a + C$$

(2) $\int \frac{1}{x(1 + \ln x)^2} dx$

$$= \int \frac{d(1 + \ln x)}{(1 + \ln x)^2} = -\frac{1}{1 + \ln x} + C$$

$$(\log_a x)' = \frac{1}{\ln a \cdot x}$$

$$u = \log_a x$$

$$(1 + \ln x)' = \frac{1}{x}$$

$$u = 1 + \ln x$$



例5 求下列不定积分:

$$\int f(x^{\mu+1})x^{\mu} dx \quad (u = x^{\mu+1})$$

$$(1) \int \frac{1}{\sqrt{x}(1+x)} dx$$

$$x^{-\frac{1}{2}}$$

$$(u = \sqrt{x})$$

$$= \int \frac{1}{1+(\sqrt{x})^2} \cdot \frac{1}{\sqrt{x}} dx = 2 \int \frac{1}{1+(\sqrt{x})^2} d\sqrt{x}$$

$$= 2\arctan\sqrt{x} + C$$

$$(2) \int \frac{\sin \sqrt{x}}{\sqrt{x}} dx = 2 \int \sin \sqrt{x} d\sqrt{x}$$

$$= -2\cos \sqrt{x} + C$$



例6 求 $\int \frac{1}{\sqrt{4-x^2} \arcsin \frac{x}{2}} dx.$

$$\int \frac{f(\arcsin x)}{\sqrt{1-x^2}} dx$$

$(u = \arcsin x)$

解 原式 = $\int \frac{1}{\arcsin \frac{x}{2}} \cdot \frac{1}{2} \cdot \frac{1}{\sqrt{1-(\frac{x}{2})^2}} dx$

$u = \frac{x}{2}$

$$\int \frac{1}{\arcsin u} \frac{1}{\sqrt{1-u^2}} du$$

$$= \int \frac{1}{\arcsin u} d(\arcsin u)$$

$$= \ln |\arcsin u| + C = \ln \left| \arcsin \frac{x}{2} \right| + C$$



例7 $\int \csc x \, dx$

解 (方法1)

$$\int f(\cos x) \sin x \, dx$$

$(u = \cos x)$

$$\begin{aligned}\int \csc x \, dx &= \int \frac{1}{\sin x} \, dx = \int \frac{1}{\sin^2 x} \cdot \sin x \, dx \\&= -\int \frac{1}{1 - \cos^2 x} \, d(\cos x) = -\int \frac{1}{1 - u^2} \, du \quad (u = \cos x) \\&= -\frac{1}{2} \int \left(\frac{1}{1 - u} + \frac{1}{1 + u} \right) \, du = -\frac{1}{2} \ln \left| \frac{1 + u}{1 - u} \right| + C \\&= -\frac{1}{2} \ln \left| \frac{1 + \cos x}{1 - \cos x} \right| + C.\end{aligned}$$



$$\begin{aligned}
 \text{(方法2)} \quad \int \csc x \, dx &= \int \frac{\csc x \cdot (\csc x + \cot x)}{\csc x + \cot x} \, dx \\
 &= \int \frac{\csc^2 x + \csc x \cot x}{\csc x + \cot x} \, dx \\
 &= -\int \frac{1}{\csc x + \cot x} \, d(\cot x + \csc x) \\
 &= -\ln|\csc x + \cot x| + C \quad \text{或} \quad \ln|\csc x - \cot x| + C
 \end{aligned}$$

类似地, $\int \sec x \, dx = \ln|\sec x + \tan x| + C$

$$(\cot x + \csc x)' = -\csc^2 x - \csc x \cot x$$



$$\begin{aligned}
 (\text{方法3}) \quad \int \csc x \, dx &= \int \frac{1}{\sin x} \, dx = \int \frac{1}{2 \sin \frac{x}{2} \cos \frac{x}{2}} \, dx \\
 &= \frac{1}{2} \int \frac{1}{\tan \frac{x}{2}} \cdot \frac{1}{\cos^2 \frac{x}{2}} \, dx = \frac{1}{2} \int \frac{1}{\tan \frac{x}{2}} \cdot \sec^2 \frac{x}{2} \, dx \\
 &= \int \frac{1}{\tan \frac{x}{2}} \, d(\tan \frac{x}{2}) = \ln \left| \tan \frac{x}{2} \right| + C.
 \end{aligned}$$

$$\int f(\tan x) \sec^2 x \, dx$$

($u = \tan x$)

注 三种方法，积分结果形式上各不相同，但它们最多相差一个常数。



例8 求下列不定积分:

$$(1) \int \sin^3 x \cos^2 x \, dx$$

$$\int f(\cos x) \sin x \, dx$$

$(u = \cos x)$

$$= \int (1 - \cos^2 x) \cos^2 x \cdot \sin x \, dx$$

$$= - \int (1 - \cos^2 x) \cos^2 x \, d(\cos x)$$

$$= - \int (\cos^2 x - \cos^4 x) \, d(\cos x)$$

$$= -\frac{1}{3} \cos^3 x + \frac{1}{5} \cos^5 x + C.$$



$$(2) \int \cos^4 x \, dx$$

$$= \int \left(\frac{1 + \cos 2x}{2} \right)^2 dx = \dots (\text{降次})$$

$$= \frac{3}{8}x + \frac{1}{4}\sin 2x + \frac{1}{32}\sin 4x + C$$

$$(3) \int \sin^2 x \cos^2 x \, dx = \frac{1}{4} \int \sin^2 2x \, dx$$

$$= \frac{1}{4} \int \frac{1 - \cos 4x}{2} dx = \frac{1}{8} \left(x - \frac{1}{4}\sin 4x \right) + C.$$



例9 求 $\int \cos 3x \cos 2x dx$.

分析 当被积函数为 $\sin ax \cos bx, \sin ax \sin bx$,
或 $\cos ax \cos bx$ 的形式时, 常用积化和差
公式将被积函数化简后 再积分.

解 $\cos A \cos B = \frac{1}{2}[\cos(A-B) + \cos(A+B)],$

$$\cos 3x \cos 2x = \frac{1}{2}(\cos x + \cos 5x),$$

$$\int \cos 3x \cos 2x dx = \frac{1}{2} \int (\cos x + \cos 5x) dx$$

$$= \frac{1}{2} \sin x + \frac{1}{10} \sin 5x + C.$$



例10 (1) $\int \tan^2 x \sec^6 x dx$

$$= \int \tan^2 x (1 + \tan^2 x)^2 \cdot \sec^2 x dx$$

$$= \int \tan^2 x (1 + \tan^2 x)^2 d \tan x = \dots$$

$$\int f(\tan x) \sec^2 x dx$$

$(u = \tan x)$

(2) $\int \tan^5 x \sec^3 x dx$

$$= \int \tan^4 x \sec^2 x d \sec x$$

$$= \int (\sec^2 x - 1)^2 \sec^2 x d \sec x$$

$$= \dots$$

$$\int f(\sec x) \sec x \tan x dx$$

$(u = \sec x)$



例11 $\int \frac{dx}{\sqrt{1-2x-x^2}}$

$$= \int \frac{d(x+1)}{\sqrt{2-(x+1)^2}}$$
$$= \arcsin\left(\frac{x+1}{\sqrt{2}}\right) + C$$



例12 (1) $\int \frac{2x}{1+x^2} dx = \int \frac{d(x^2+1)}{x^2+1} = \ln(x^2+1) + C$

(2) $\int \frac{e^{2x}}{e^{2x}+1} dx = \frac{1}{2} \int \frac{d(e^{2x}+1)}{e^{2x}+1} = \frac{1}{2} \ln(e^{2x}+1) + C$

(3) $\int \frac{dx}{1+e^x} = \int \frac{1+e^x - e^x}{1+e^x} dx$



$= \int (1 - \frac{e^x}{1+e^x}) dx$

$= x - \ln(1+e^x) + C$

$$\int \frac{du}{u} = \ln u + C$$



例13 $\int \frac{x^3}{(x^2 + a^2)^{3/2}} dx = \frac{1}{2} \int \frac{x^2 d(x^2 + a^2)}{(x^2 + a^2)^{3/2}}$

$$= \frac{1}{2} \int \frac{(x^2 + a^2) - a^2}{(x^2 + a^2)^{3/2}} d(x^2 + a^2)$$

$$u = x^2 + a^2$$

$$= \frac{1}{2} \int (x^2 + a^2)^{-1/2} d(x^2 + a^2) - \frac{a^2}{2} \int (x^2 + a^2)^{-3/2} d(x^2 + a^2)$$

$$= \sqrt{x^2 + a^2} + \frac{a^2}{\sqrt{x^2 + a^2}} + C$$



例14 $\int \frac{x+1}{x(1+xe^x)} dx$

$$(1+xe^x)' = (1+x)e^x$$

$$= \int \frac{(x+1)e^x}{xe^x(1+xe^x)} dx = \int \frac{d(1+xe^x)}{xe^x(1+xe^x)} \quad (\text{令 } u = 1+xe^x)$$

$$= \int \frac{du}{(u-1)u} = \int \left(\frac{1}{u-1} - \frac{1}{u} \right) du$$

$$= \ln|u-1| - \ln|u| + C$$

$$= \ln|xe^x| - \ln|1+xe^x| + C$$



例15 求 $\int \left[\frac{f(x)}{f'(x)} - \frac{f''(x)f^2(x)}{f'^3(x)} \right] dx$.

解 原式 $= \int \frac{f(x)}{f'(x)} \left[1 - \frac{f''(x)f(x)}{f'^2(x)} \right] dx$

$$= \int \frac{f(x)}{f'(x)} \cdot \frac{f'^2(x) - f''(x)f(x)}{f'^2(x)} dx$$

$$= \int \frac{f(x)}{f'(x)} d\left(\frac{f(x)}{f'(x)}\right) = \frac{1}{2} \left[\frac{f(x)}{f'(x)} \right]^2 + C$$



例16 求 $\int \frac{1}{1 + \cos x} dx$.

解 (方法1) $\int \frac{1}{1 + \cos x} dx = \int \frac{1 - \cos x}{(1 + \cos x)(1 - \cos x)} dx$

$$= \int \frac{1 - \cos x}{1 - \cos^2 x} dx = \int \frac{1 - \cos x}{\sin^2 x} dx$$

$$= \int \frac{1}{\sin^2 x} dx - \int \frac{1}{\sin^2 x} d(\sin x)$$

$$= -\cot x + \frac{1}{\sin x} + C.$$



$$\begin{aligned} \text{(方法2)} \quad \int \frac{1}{1 + \cos x} dx &= \int \frac{1}{2 \cos^2 \frac{x}{2}} dx \\ &= \int \sec^2 \frac{x}{2} d\left(\frac{x}{2}\right) \\ &= \tan \frac{x}{2} + C. \end{aligned}$$



例17 求 $\int \frac{1}{\sqrt{2x+3} + \sqrt{2x-1}} dx.$

解 原式 $= \int \frac{\sqrt{2x+3} - \sqrt{2x-1}}{(\sqrt{2x+3} + \sqrt{2x-1})(\sqrt{2x+3} - \sqrt{2x-1})} dx$

$$= \frac{1}{4} \int \sqrt{2x+3} dx - \frac{1}{4} \int \sqrt{2x-1} dx$$
$$= \frac{1}{8} \int \sqrt{2x+3} d(2x+3) - \frac{1}{8} \int \sqrt{2x-1} d(2x-1)$$
$$= \frac{1}{12} (\sqrt{2x+3})^3 - \frac{1}{12} (\sqrt{2x-1})^3 + C.$$



例18 求 $\int \sqrt{\frac{1-x}{1+x}} dx = \int \frac{1-x}{\sqrt{1-x^2}} dx$

$$= \int \left(\frac{1}{\sqrt{1-x^2}} - \frac{x}{\sqrt{1-x^2}} \right) dx$$
$$= \int \frac{1}{\sqrt{1-x^2}} dx - \int \frac{x}{\sqrt{1-x^2}} dx$$
$$= \arcsin x + \frac{1}{2} \int (1-x^2)^{-\frac{1}{2}} d(1-x^2)$$
$$= \arcsin x + \sqrt{1-x^2} + C$$



例19 $\int \frac{1 + \arctan \sqrt{x}}{\sqrt{x}(1+x)} dx \quad (u = 1 + \arctan \sqrt{x})$

$$= 2 \int (1 + \arctan \sqrt{x}) d(1 + \arctan \sqrt{x})$$

$$= (1 + \arctan \sqrt{x})^2 + C$$

$$(1 + \arctan \sqrt{x})' = \frac{1}{1 + (\sqrt{x})^2} \cdot \frac{1}{2\sqrt{x}} = \frac{1}{2\sqrt{x}(1+x)}$$



例20 $\int \frac{x}{\sqrt{1-4x^4}} dx = \frac{1}{2} \int \frac{1}{\sqrt{1-4x^4}} dx^2$

$$= \frac{1}{4} \int \frac{1}{\sqrt{1-(2x^2)^2}} d(2x^2)$$

$$= \frac{1}{4} \arcsin(2x^2) + C$$



三、同步练习

1. $\int e^{ax+b} dx$

2. $\int \frac{dx}{x^2 + 2x + 3}$

3. (1) $\int \frac{e^{3\sqrt{x}}}{\sqrt{x}} dx$

(2) $\int \frac{12x - 16}{3x^2 - 8x + 4} dx$

4. $\int \sec x dx$

5. $\int \sin x e^{\cos x} dx$

6. $\int \sin^4 x dx$



四、同步练习解答

1. 求 $\int e^{ax+b} dx$

解 令 $u = ax + b$, 则 $du = a dx$,

$$\begin{aligned}\therefore \int e^{ax+b} dx &= \frac{1}{a} \int e^u du \\ &= \frac{1}{a} e^u + C \\ &= \frac{1}{a} e^{ax+b} + C\end{aligned}$$



$$2. \quad \int \frac{dx}{x^2 + 2x + 3}$$

$$= \int \frac{d(x+1)}{2 + (x+1)^2}$$

$$= \frac{1}{\sqrt{2}} \int \frac{d(\frac{x+1}{\sqrt{2}})}{1 + (\frac{x+1}{\sqrt{2}})^2}$$

$$= \frac{1}{\sqrt{2}} \arctan\left(\frac{x+1}{\sqrt{2}}\right) + C$$

$$\int \frac{du}{1+u^2} = \arctan u + C$$

$$u = \frac{x+1}{\sqrt{2}}$$



3. 求下列不定积分:

$$\begin{aligned}(1) \quad \int \frac{e^{3\sqrt{x}}}{\sqrt{x}} dx &= 2 \int e^{3\sqrt{x}} d\sqrt{x} \\ &= \frac{2}{3} \int e^{3\sqrt{x}} d(3\sqrt{x}) = \frac{2}{3} e^{3\sqrt{x}} + C\end{aligned}$$

$$u = 3\sqrt{x}$$

$$\begin{aligned}(2) \quad \int \frac{12x - 16}{3x^2 - 8x + 4} dx &= 2 \int \frac{d(3x^2 - 8x + 4)}{3x^2 - 8x + 4} \\ &= 2 \ln |3x^2 - 8x + 4| + C\end{aligned}$$



$$\begin{aligned}
 4. \quad \int \sec x dx &= \int \frac{\cos x}{\cos^2 x} dx = \int \frac{d \sin x}{1 - \sin^2 x} \\
 &= \frac{1}{2} \int \frac{1}{1 + \sin x} + \frac{1}{1 - \sin x} d \sin x \\
 &= \frac{1}{2} [\ln |1 + \sin x| - \ln |1 - \sin x|] + C = \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C
 \end{aligned}$$

$$\begin{aligned}
 \text{解 2} \quad \int \sec x dx &= \int \frac{\sec x (\sec x + \tan x)}{\sec x + \tan x} dx \\
 &= \int \frac{d(\sec x + \tan x)}{\sec x + \tan x} = \ln |\sec x + \tan x| + C
 \end{aligned}$$

$$\int \frac{du}{u} = \ln u + C$$

类似

$$\int \csc x dx = \ln |\csc x - \cot x| + C$$



5. 求 $\int \sin x e^{\cos x} dx$

解 被积函数中的一个因子为 $e^{\cos x} = e^u$, $u = \cos x$

剩下的因子 $\sin x$, 恰巧是中间变量 $u = \cos x$ 的导数, 于是有

$$\begin{aligned} \int \sin x e^{\cos x} dx &= -\int e^{\cos x} d \cos x \\ &= -\int e^u du = -e^u + C = -e^{\cos x} + C \end{aligned}$$



6. 求 $\int \sin^4 x \, dx$

解

$$\begin{aligned}\int \sin^4 x \, dx &= \int \left(\frac{1 - \cos 2x}{2} \right)^2 dx \\&= \frac{1}{4} \int (1 - 2 \cos 2x + \cos^2 2x) dx \\&= \frac{1}{8} \int (3 - 4 \cos 2x + \cos 4x) dx \\&= \frac{1}{8} \left(3x - 2 \sin 2x + \frac{\sin 4x}{4} \right) + C\end{aligned}$$

