

# PALNI KUNDRA

Biotechnology, Food Science, Microbiology, Nutrition, Vitamins, Metabolomics



## PERSONAL STATEMENT

As a Scientist with a Ph.D. in gut microbial biotechnology from ETH Zurich, I bring 7 years of research experience to the pharmaceutical industry. I possess in-depth knowledge of complex biological systems and extensive hands-on experience in protocol development, molecular and analytical methods. My strong track record includes executing experiments from design to data analysis, strengthened by effective collaboration skills developed through work in international research teams. As a published researcher, I excel in communication and am proficient in advanced data analysis and bioinformatics tools. My goal is to apply my multidisciplinary expertise to transform scientific insights into innovative pharmaceutical solutions.



## KEY COMPETENCIES

- Possess in-depth knowledge across various scientific disciplines, including food science, microbiology, nutrition, gastroenterology, probiotics, biotechnology and biology.
- Proficient in translating complex scientific concepts into clear, engaging content, as well as translating scientific findings into actionable next steps.
- Proficient in designing, implementing, and executing research projects, encompassing laboratory techniques, statistics and bioinformatics.
- Proven ability to collaborate effectively with internal and external teams.



## EDUCATION

- |                   |  |                       |
|-------------------|--|-----------------------|
| 2018<br> <br>2023 | ● <b>ETH Zurich</b><br>Doctorate (Ph.D., Dr. sc.)<br><b>Supervisor:</b> Prof. Dr. Christophe Lacroix   | 📍 Zurich, Switzerland |
| 2016<br> <br>2018 | ● <b>McGill University</b><br>Masters of Science (M.Sc.)<br><b>Supervisor:</b> Prof. Jennifer Ronholm<br><b>CGPA:</b> 3.87/ 4  | 📍 Montréal, Canada    |
| 2011<br> <br>2015 | ● <b>Guru Nanak Dev University</b><br>Bachelor of Food Science and Technology<br><b>Advisor:</b> Prof. Bhartendu Singla<br><b>CGPA:</b> 8.7/ 10 ( <i>Gold medalist</i> ) | 📍 Amritsar, India     |



## WORK AND RESEARCH EXPERIENCE

- |                           |  |                       |
|---------------------------|--|-----------------------|
| Sep 2018<br> <br>Jun 2023 | ● <b>Scientific Assistant</b><br>ETH Zurich<br><b>Supervisor:</b> Prof. Dr. Christophe Lacroix | 📍 Zurich, Switzerland |
|---------------------------|--|-----------------------|
- Completed a multi-year research project investigating the modulatory potential of dietary and gut-microbially produced vitamin B9 and B12 on the complex gut microbiota, as well as on single next generation probiotic gut microbes.
  - Led the planning and execution of laboratory experiments, developed experimental and analytical methods (UHPLC-UV/MS), and analyzed metagenomic and other data types.
  - Completed project deliverables by preparing research findings for publication in scientific journals.
  - Presented research findings at scientific conferences, effectively communicating complex scientific concepts to diverse audiences.
  - Mentored Bachelor's and Master's students throughout their thesis projects, and facilitated a semester laboratory course, enhancing hands-on learning experiences.



## AWARDS AND MEDALS

**Gold medal** (Bachelor Studies)  
University topper 2015

**Poster presentation award**  
Second prize, Green tea ice cream  
Presented at science exhibition  
2015

## COMPUTATIONAL SKILLS

**Bioinformatics skills:**  
metagenomic data analysis  
**Programming:** R, Bash  
**Version control:** git  
**Project management:** GitHub

## LANGUAGES

English (Native, C1)  
German (Written A2, spoken B1)  
Hindi (Native)  
Punjabi (Native)

## CONTACT INFO

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## MORE INFO

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in [palnikundra](#)  
📷 [Palni Kundra](#)  
R<sup>6</sup> [Palni\\_Kundra](#)  
🌐 [pkundra](#)

- May-Sep  
2017

● **Graduate research project**  
 McGill University 📍 Montréal, Canada

  - Supervisor:** Prof. Jennifer Ronholm
  - Conducted whole-genome SNP-based analysis to identify changes under laboratory conditions in major foodborne pathogens responsible for global outbreaks.
  - Provided support for preparing the manuscript for publication.
- Jan-Feb  
2015

● **Student research assistant**  
 Guru Nanak Dev University 📍 Amritsar, India

  - Supervisor:** Prof. Pankaj Gupta
  - Developed an innovative food product - Green tea ice cream.
  - Performed sensory and organoleptic evaluation.
  - Presented the product at scientific conference.
- Jul 2014  
|  
Mar 2015

● **Student research assistant**  
 Guru Nanak Dev University 📍 Amritsar, India

  - Supervisor:** Prof. Bhartendu Singla
  - Developed various innovative soy-based food products to enhance gluten-free product.
- May-Jun  
2013

● **Research internship**  
 Indian Council of Agricultural Research 📍 Ludhiana, India

  - Supervisor:** Dr. Pranita Jaiswal
  - Applied a non-destructive quality control approach to develop spectrophotometric method for the detection of Soy-milk adulteration in cow milk.
  - Performed spectrophotometer analysis.
- Jun 2013  
&  
Jul 2014

● **Industrial internship**  
 Markfed Canneries 📍 Jalandhar, India

  - Performed microbiological testing and applied quality control assurance techniques.
- Jun-Jul  
2013

● **Industrial internship**  
 Verka Milk plant 📍 Jalandhar, India

  - Performed microbiological testing and applied quality control assurance techniques.

## SCIENTIFIC PUBLICATIONS

### ● Peer-reviewed Publications

**Palni Kundra**, Annelies Geirnaert, Benoit Pugin, Serafina Plüss, Susanna Kariluoto, Christophe Lacroix, Anna Greppi. Microbially-produced folate forms support the growth of *Roseburia intestinalis* but not its competitive fitness in fecal batch fermentations. **2024**. *BMC microbiology*. doi: [10.1186/s12866-024-03528-6](https://doi.org/10.1186/s12866-024-03528-6)


**Palni Kundra**, Anna Greppi, Monica Duppenhaler, Serafina Plüss, Benoit Pugin, Christophe Lacroix, Annelies Geirnaert. Vitamin B12 analogues from gut microbes and diet differentially impact commensal propionate producers of the human gut. **2024**. *Frontiers in Nutrition*. doi: [10.3389/fnut.2024.1360199](https://doi.org/10.3389/fnut.2024.1360199)

**Palni Kundra**, Annelies Geirnaert, Benoit Pugin, Paola Morales Martinez, Christophe Lacroix, Anna Greppi. Healthy adult gut microbiota sustains its own vitamin B12 requirement in an in vitro batch fermentation model. **2022**. *Frontiers in Nutrition*. doi: [10.3389/fnut.2022.1070155](https://doi.org/10.3389/fnut.2022.1070155)

**Palni Kundra**, Carole Rachmühl, Christophe Lacroix, Annelies Geirnaert. Role of dietary micronutrients on gut microbial dysbiosis and modulation in inflammatory bowel disease. **2021**. *Molecular Nutrition & Food Research*. doi: [10.1002/mnfr.201901271](https://doi.org/10.1002/mnfr.201901271)

Nicholas Petronella, **Palni Kundra**, Olivia Auclair, Karine Hébert, Mary Rao, Kyle Kingsley, Katrien De Bruyne, Swapna Banerjee, Alexander Gill, Franco Pagotto, Sandeep Tamber, Jennifer Ronholm. Changes detected in the genome sequences of *Escherichia coli*, *Listeria monocytogenes*, *Vibrio parahaemolyticus*, and *Salmonella enterica* after serial subculturing. **2019**. *Canadian Journal of Microbiology*. doi: [10.1139/cjm-2019-0235](https://doi.org/10.1139/cjm-2019-0235)


## THESES

- Jun 2023 • **Doctor of Sciences**  
**Palni Kundra**, 2023. Dr. sc. Thesis. The effect of exogenous and endogenous vitamin B9 and B12 on microbial growth and metabolism in the human gut. : [10.3929/ethz-b-000641198](https://doi.org/10.3929/ethz-b-000641198)
- Jan 2018 • **Master of Science**  
**Palni Kundra**, 2018. M.Sc. Research project. Single Nucleotide Polymorphisms in major food-borne pathogens.





## MENTORING

- **Master projects at ETH Zurich**  
  
**Monica Duppenhaler** Vitamin B9 and B12 driven trophic interactions in the human gut. *Master in Food Science*. Jul 2021 - Jan 2022 (Thesis)  
  
**Janik Mutter** Vitamin B9 production and cross feeding among human gut microbial strains. *Master in Biology*. Mar 2021 - Jul 2021 (Research project)
- **Bachelor thesis projects at ETH Zurich**  
  
**Sabina Galli** B-vitamin bio-factory in the gut: In-vitro vitamin B9 production and utilization by human gut microbes. *Bachelor in Food Science*. Jul 2022 - Oct 2022  
  
**Sara De Crescenzo** In-vitro Vitamin B12 Production by Human Gut Bacteria. *Bachelor in Food Science*. Jul 2021 - Oct 2021  
  
**Giuliano Menegon** B-vitamin sharing: In-silico and in-vitro study to determine B9 and B12 cross-feeding between human gut microbial strains. *Bachelor in Food Science*. Jun 2020 - Nov 2020  
  
**Lucie Kuhn** Give them vitamins: Impact of B9 and B12 on the acetate and butyrate production on human gut microbes. *Bachelor in Food Science*. Nov 2019 - Feb 2020  
  
**Blandine Genet** Give them vitamins: Impact of B9 and B12 on the butyrate and propionate production on human gut microbes. *Bachelor in Food Science*. Jun 2019 - Sep 2019

## TEACHING

- 2019 - 2022 • **752-5004-00L: Food Biotechnology Laboratory Course**  
ETH Zurich  Zurich, Switzerland  
Main responsible for cheese practical (2019 & 2020) and sour dough bread practical (2021 & 2022). Semester course

## ORAL AND POSTER PRESENTATIONS

- Sep 2021 • **Human Gut Microbial Strains Produce Vitamin B12**  
6<sup>th</sup> International Vitamin Conference  Denmark Oral & Poster
- Jul 2021 • **In-Vitro Vitamin B12 Production by Human Gut Microbial Strains**  
ANAEROBE 2021: THE MICROBIOTA AND BEYOND  Online Poster
- Feb 2015 • **Development of soy-based product and their organoleptic evaluation**  
Advances in agricultural Science & biotechnology, *DAV College Jalandhar*  India Poster
- Jan 2015 • **"Green tea ice cream"**  
Science exhibition, *DAV College Jalandhar*  India Poster



## WORKSHOPS/ COURSES (NOT ON TRANSCRIPTS)

- 2024

- **Interpretation and Application of ICH E6(R2) by Multi-Regional Clinical Trials (MRCT)**  
The MRCT Center of Brigham and Women's Hospital and Harvard 📍 (Online), Switzerland
- 2024

- **A practical introduction to bioinformatics and RNA-seq using Galaxy**  
Galaxy Training Network 📍 (Online), Switzerland  
Sequencing, quality control and reference based mapping, Differential gene expression, DESeq2, Bioinformatic and RNA-seq data analysis on Galaxy Platform.
- 2023

- **PMDA Summer School**  
Roche 📍 Basel, Switzerland  
Predictive modelling and data analytics summer school to solve problems in drug discovery and development.
- 2022

- **Project Management for research – for doctoral students**  
ETH Zurich 📍 Zurich, Switzerland  
Project risk management, project management.
- 2021

- **Scientific poster design**  
University of Zurich 📍 Zurich, Switzerland  
content structure, typography do's and don'ts, design principles, design grids, design tools, image editing, perception, color theory.
- 2021

- **Energy and stress management: How to perform in the storm**  
University of Zurich 📍 Zurich, Switzerland  
Energy management, understand obstacles and overcome them, achieve targeted change.
- 2021

- **Time and self management for PhD Candidates**  
ETH Zurich 📍 Zurich, Switzerland  
Assess habits, values, goals, energy, and time management techniques.
- 2021

- **Leadership skills for PhD Candidates**  
University of Zurich 📍 Zurich, Switzerland  
Management, leadership, needs analysis, behavior, destructive leadership, and case studies.
- 2020

- **Statistics for Experimental Research**  
ETH Zurich 📍 Zurich, Switzerland  
Experimental designs, statistical analyses using R, report analyses and results in a scientifically appropriate manner.
- 2018

- **Mass spectrometry-based metabolomics - from theory to practice**  
Functional Genomics Center of University and ETH Zurich 📍 Zurich, Switzerland  
Metabolomics overview, and data analysis and interpretation.
- 2017

- **Introduction to genomic analysis**  
Compute Canada & University of British Columbia 📍 (Online) Canada  
UNIX programming, alignment, Variant calling and annotation, data visualization, and RNA-Seq including statistical analysis.
- 2014

- **36<sup>th</sup> Post-harvest technology - short course**  
University of California, Davis 📍 Davis, USA  
Advanced Crops handling and harvesting systems.