

# **Ashley Lhaineiphal**

Email: ashleyphalnu@gmail.com

Mobile: 9615715747

## **PERSONAL INFORMATION**

Sex: Female

D.O.B: 31<sup>st</sup> July 1992 Domicile: Manipur

CURRENT ADDRESS: Chiimtung Veng, New Lamka, Churachandpur

District, Manipur-795128

**PERMANENT ADDRESS:** Chiimtung Veng, New Lamka, Churachandpur

District, Manipur-795128

**CURRENT EMPLOYMENT:** Project Coordinator, Centre for Community

Initiative, Churachandpur, Manipur

# **CAREER OBJECTIVES**

To work in an environment that will help me to develop my professional skills and bring out the best capacity within me, so as to contribute and become an asset to the organization.

### **EDUCATIONAL QUALIFICATION**

Year	Qualification	Institute/University	%
2008	Class X	Ebenezer Academy, Manipur	66.5
2010	Class XII	Ebenezer Academy, Manipur	60.2
2013	B.A (Sociology)	Women's College, Shillong (NEHU)	64.12
2013-15	MSW (Master of Social Work)	Assam Donbosco Unversity, Guwahati	70.5

### **LANGUAGES KNOWN**

Languages	Read	Write	Speak
Paite	<b>✓</b>	<b>✓</b>	<b>✓</b>
- NC		,	
Mizo	<b>V</b>	<b>*</b>	<b>V</b>
English	<b>√</b>	<b>√</b>	<b>√</b>
Hindi			<b>✓</b>

# **EXPERIENCES**

2015(October)-	Project Coordinator at Centre for Community Initiative,		
2015(October)- 2016			
	Churachandpur, Manipur		
Current	Project implementation, coordination, monitoring, Research and		
	Documentation, Conceptualising & Development of Projects;		
	monitoring, evaluating and reporting.		
	Collaborative working with local health workers, ASHA and		
	Aganwadi workers		
<b>2015</b> (June)	Community Mobilizer at Seva Kendrya, Culcutta (Block Placement)		
	Worked for Community Mobilization in slum area a project of		
	Seva Kendra supported by Caritas India		
	Held meetings and conducted PLA (Participatory Learning Action)		
	with different groups such as children, youth, women and social		
	action group		
2015 (March)	Medical Social Worker at Nazareth Hospital, Shillong (Concurrent		
	field work)		
	Provided Psycho education in DOTS centre on Tuberculosis under		
	Community Health Department		
	Carried out Remediation Class under Psychiatric Department		
	Conducted health talk on Personal hygiene, sanitation, diet and		
	nutritious food and breast feeding to mothers from the community		
	<ul> <li>Organized School Awareness campaign on Tuberculosis in St. Dominic School</li> </ul>		
	Dominic School		
<b>2014 (October)</b>	Psychiatric Social Worker at Chaitanya Mental Health Care Centre,		
	Kondhwa Road, Pune (Concurrent field work)		
	• Sensitized patients on 'mental illness' and 'post traumatic stress		
	disorder		
	Conducted individual intervention with a Mental Retardate patients		
	•		
	• Carried out case history taking with Schizophrenia, Personality		
	Disorders and Post Head Injury patients		
2014-2015	Social Worker at Society for Social Transformation and Environment		

	<ul> <li>Protection (sSTEP), Guwahati. (Continuous field work)</li> <li>Conducted Livelihood Survey on women street vendors of Beltola market, Guwahati</li> </ul>	
	Data-entry and documentation	
<b>2013 (June)</b>	Volunteer at Centre for Community Initiative (CCI), CCpur, Manipur	
	• Consucted survey on 'Churachandpur District Socio-Economic Survey of Person with Disabilities', a project supported by CBM.	
	<ul> <li>Data coding: entry and basic interpretation using SPSS on the data gathered through the Survey on Person with Disabilities</li> </ul>	

### AWARDS AND ACHIEVEMENTS

- Ranked 3<sup>rd</sup> position in BA (Sociology) examination under North-Eastern Hill University in the year 2013
- Awarded Second prize in the Poster-making Competition on "Youth and mental Health" on the occasion of International Youth Day 2014 organized by Red Ribbon Club.

### **WORKSHOP AND TRAININGS**

- Workshop on Research Methodology, Analysis and Interpretation using SPSS
- Workshop on Grassroots Comics & Street Play
- Workshop on Social Media for Social Work (video and audio editing)
- Workshop on Counseling skills and Techniques
- Workshop on Project Cycle Management
- Training on Community Based Rehabilitation project for Person with disabilities
- Training on Community Mental Health and Development
- Training on Participatory Rural Appriasal (PRA)

### **SKILLS**

- Writing and Presentation,
- Documentation and Research,
- Group animation and Leadership, Programme planning,
- Analytical skill, ability to work in a team, Leadership
- Computer proficiency
   Microsoft Excel, MS Word and word processing, and data analysis (SPSS/PSPP)

#### **DECLARATION**

I hereby state that all the information in this document is accurate and true to the best of my belief and knowledge.

Place: Churachandpur, Manipur Ashley Lhaineiphal

Date: 2/12/2016