

## **CHIRASMITA MUKHERJEE**

**DATE OF BIRTH:** 7<sup>th</sup> May, 1996

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### **CAREER OBJECTIVE:**

Interested in Clinical Dietician position that will allow me to offer others the benefit from my expertise & experience, & to expand my experience in Nutrition & Dietetics.

### **CORE QUALIFICATION:**

- Master of Science: Dietetics & Applied Nutrition
- Interned at Bangalore Baptist Hospital for 6 Months.
- Nutritional Assessment.
- Menu Design.
- Nutritional Counselling.
- Diet Intervention.
- CPR Certified.
- Data Organization and Data Entry.

### **EXPERIENCE:**

Interned at Bangalore Baptist Hospital from January 2019 to July 2019.

- Expertise in Therapeutic Dietetics.
- Designed diet plans for individuals with chronic disease like Diabetes, Renal Problems, Heart disease, Cancer and Patients with Feeding Tube.
- Providing Nutritional Counselling, Support and Advice to adults, Expecting mothers and children.
- Evaluating patient's Nutritional needs and Completing Orders for all Patients.
- Monitoring Patient's food order, intake and progress.
- Explaining a patient's dietary plan and what they are expected to gain from it.
- Ensuring all data and records are kept up to date and stored correctly in compliance with Hospital policies.
- Effectively Communicating with medical, Nursing, Clinical and Non-Clinical staff on daily basis.

### **PROJECT:**

#### **1. 'Prevalence of food neophobia and picky eating behavior among children between 3-6 years in and around Manipal'-2018**

• From the study we have come across, that the determinants like: Socio-economic total score, CEBQ (Children Eating Behavior Questionnaires) total score, number of the family member, Vitamin A intake, Child demand feeding, Hunger response, Niacin intake and Energy intake shows an increase in the condition. Also, determinants like FNS (Food Neophobia Survey) Score, appetite response, Vitamin A

consumption, beverages preferences, processed or fast food consumption, has an impact on the children's picky eating behavior.

## 2. 'Survey on Public Opinion towards Nutrition Professional'-2019

- Preparing detailed Questionnaires to understand Patients key Motivation to come for Diet Consultation.
- Making the Questionnaire Standardized to include patients from different background and with different needs.
- Consolidating the feedback in such a way that it is useful for the hospital management, to deeply understand patients needs and cater to them accordingly.

### **ADDITIONAL INFORMATION:**

- Case Studies and MS Power Point Presentation are done in various diseases like Chronic Kidney Disease, Uncontrolled Diabetes Mellitus Type 2, Coronary Artery Bypass Graft Surgery, HIV in Antenatal Care, 25 degree Pediatric Burn, Sever Iron Deficiency Anemia, Pediatric Auto Immune Encephalitis with Vitamin D deficiency, Grade 1 PEM (Protein Energy Malnutrition), Colon Carcinoma with Stoma pouch, Type 1 Diabetes Mellitus Antenatal Care with Chronic Kidney Disease, Tongue Cancer on Naso-Gastric Feed etc.
- Successfully completed Nutrition and Lifestyle in Pregnancy- an online non-credit course authorized by Ludwig-Maximilians-Universität München (LMU) and offered through Coursera.
- Attended 'Food & Nutrition' topic related seminar that is held in Mangalore NITTE university.
- Regularly participated in class seminars & also presented on assigned topics time to time.

### **EDUCATIONAL QUALIFICATIONS:**

	DEGREE/ EXAMINATION	UNIVERSITY/BOARD INSTITUTE	YEAR OF PASSING	PERCENTAGE/CGPA
POSTGRADUATE	M.Sc. in Dietetics & Applied Nutrition	Manipal University (MAHE)	Present	7.76 CGPA
GRADUATE	B.sc In Nutrition (Honours)	The University of Burdwan	2017	67.62%
CLASS XII	West Bengal Council of Higher Secondary Education (WBCHSE)	Burdwan Harisava Hindu Girls High School	2014	72.6%
CLASS X	West Bengal Board of Secondary Education (WBBSE)	Rayan High School	2012	68.42%

### **SKILLS:**

- Tools: MS Office (Word, Excel, PowerPoint, Publisher), SPSS Databases for (Statistical Analysis), Diet Cal Software, Saga Sage Pack, QMS.
- Good at Time Management and Collaboration with Different Departments.
- Excellent Writing and Oral Communication.

### **REFERENCES: Mrs. Meenakshi Garg (Assistant Professor Selection Grade and HOD)**

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