

RESUME

Name: Mr. Arun Ratnakaran

Address: Pilavily House, Florican Road, CivilStation (P.O), Kozhikode-673020.

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Cell: 8089253351

DOB: 05/07/1992, Male

CAREER OBJECTIVE:

To obtain a challenging and growth oriented job which will make use of my abilities, developing both personal and interpersonal skills for the growth and expansion of the organization as well as my professional career.

PROFESSIONAL SKILL SET:

Musculoskeletal disorders and Sports Physiotherapy,

ACADEMIC QUALIFICAIONS:

August 2017 - **Master of Physiotherapy (M.P.T) in Musculoskeletal and Sports Physiotherapy**

Institution: NITTE Institute of Physiotherapy, Mangalore, Karnataka.

August 2014 - **Bachelor of Physiotherapy (B.P.T).**

Institution: AWH Special college, Kallai, Calicut.

March 2009 - **Higher secondary Education.**

Institution: Malabar Cristian college Calicut.

March 2007 - **Secondary Education**

Institution: St. Josephs boys higher secondary school Calicut.

CERTIFICATE COURSES

December 2016 - Certificate Course in Yoga Therapy.

Content Hour - 52hr.

Duration - 3 Months.

DISSERTATION WORK:

EFFICACY OF SALICYLATE PHONOPHORESIS AND CONTINUOUS ULTRASOUND THERAPY FOR ANTERIOR KNEE PAIN: A COMPARATIVE STUDY.

INTERNSHIP

1. St. Joseph's Mission hospital, Mananthavady - 16-12-2014 to 15-01-2015.
26-05-2015 to 25-06-2015.
2. Sparrc institute, Chennai - 20-01-2015 to 20-02-2015.
3. MIMS Academy, Calicut - 25-02-2015 to 24-05-2015.

PRESENTATIONS:

January 2017 'Physio-Con 2017' International physiotherapy conference, held at Nitte institute of physiotherapy, Mangalore, Karnataka. Scientific Poster presentation titled – Recent Advance in Neck pain and management.

CONFERENCE ATTENDED

- Jan. 2017 **International Physiotherapy Conference** held at Nitte Institute of Physiotherapy, Mangalore.
- Feb. 2016 **54th Annual Conference of IAP** held at Pushpak Resort, Shirdi, Maharashtra.
- November 2014 **Physio Congress 2014 held in** Mamman mappila Hall Kottayam.
- April 2012 **Physio Congress 2012 of KAPC** held in Tagore hall Calicut.

WORKSHOPS ATTENDED:

- Jan. 2017 Fascia Listening and Manipulation Techniques of the Upper Quadrant organised by Nitte.
- November 2015 CPTE on spinal radiology in virtual animation conducted by Nitte institute of physiotherapy, Resource person -Prof. Dr. Prabhu. Contact hours- 15hr
- June 2014 CPE program on Sports physiotherapy, (topics: Emergency sports management, Biomechanical analysis on lower extremity injuries, Conditioning for sports injuries and prevention, sports psychology, Case studies and Discussions. conducted by KAPC.
- August 2014 Seminar on Role of physical Fitness in preventing cardiological conditions and its management – A life style approach.

ADDITIONAL SKILLS:

Languages: Malayalam (Fluent), English (Fluent), Kannada, Hindi and Tamil (Basic Knowledge)

Computer: MS Office

Certificate course in Data entry and office automation. (Institution: LBS centre for science and technology Calicut.)

DECLARATION

I hereby declare that all the statements are true and correct to the best of my knowledge and belief. Any inconsistency, however small or irrelevant, is highly unintentional and sincerely regretted.

Thanking you,

Yours Sincerely,

Arun Ratnakaran.