

Dr.N. SATISH KUMAR. MD. AFIH



Occupational Health and Wellness Specialist

Profile Summary

- Expertise in preparing Occupational health and wellness strategies for Organizations
- Expertise to handle Greenfield projects.
- Skilled in preparing Standard Operating Procedures for Occupational Health and Wellness Programs
- Leveraged skills in setting up and managing Occupational Health Centers in Manufacturing industry and Offices and ensure employee satisfaction
- Extensive experience in handling Medical emergencies and critically injured patients
- Experience in coordinating with hospitals to ensure employees get the best treatment on priority
- Leading teams and Team dynamics ensuring the involvement of all stakeholders for success of a program
- Recognized as trainer in Resilience (Stress Management)
- Qualified consultant with exceptional decision making, people management skills with excellent problem solving and multitasking skills.
- Successfully Managed and Motivated Trade unions

Education

- Doctor of Medicine - June 2002, St. Petersburg State Medical University , St. Petersburg, Russia.
- AFIH (Associate Fellow in Industrial Health) from Sri Ramachandra University, Chennai conducted by Central Labour Institute, Mumbai in 2014

PROFESSIONAL CERTIFICATION

- Certificate courses on Cardiac emergencies and Fellowship in intensive care (with tie up of Med varsity and Apollo hospital)

Contact:

Address: No 57, New No 10,
Pukiraj Nagar, 1st Avenue
Madhavaram, Chennai- 60006
E-mail - satish433@yahoo.com
Mob: +917358675462

Present Address

Lifeline hospital
Al falaj al quabli, Sohar, Oman
Phone No +968 97432685

Core Competencies

- Occupational Health
- Wellness programs
- Statutory compliance
- Clinical Decision Making
- Emergency handling
- Project Management
- Liaison & Coordination
- Team Management

Soft Skills

- Team player
- Good Listener
- Able to lead and motivate staff.
- Ability to accept constructive criticism and feedback
- Collaborator

LANGUAGES

- English Tamil, Hindi, Malayalam, and Russian.

TECHNICAL SKILLS:

- MS Word, MS Excel, MS PowerPoint.
- Good command over handling the medical equipment.
- SAP ERP
- Google Products - Docs, Sheets, Slides & etc.

- BASIC LIFE SUPPORT AND ADVANCED CARDIAC LIFE SUPPORT

Work Experience

Occupational Medical Officer at Sohar Aluminium on secondment/deputation from Lifeline Hospital, Sohar, Oman from October 2015 - PRESENT

Responsibilities:

- Responsible for all Occupational Health and Wellness programs.
- Occupational hazard and risk Analysis(walk through surveys and risk registers);
- Safety talks and Coaching Employees about healthy and safe behaviours and support by leadership
- Medical fitness for pre-employment, periodical health checkups, rejoining medical fitness(work Accommodation Programmes);
- Case Management Programmes, Patient counseling
- Emergency Medical Response at Lifeline Hospital on rotation and at Sohar Aluminium Health Center
- Reporting Process to line management, Assist collection and analysis of occupational health data
- Trends in occupational health illness, including key risks to employees; Developing and coordinating the implementation of suitable interventions to prevent or eliminate risks.
- Team Review of occupational health programmes
- Continuing professional education for staff
- Employee health awareness sessions
- Handling on-site medical emergencies and follow up with hospitals
- Doing swab test for the covid 2019; counseling the employees regarding the safety precautions to be taken in the work place and home.

TVS SUNDARAM CLAYTON, PADI, CHENNAI—Factory Medical Officer (Occupational Specialist).

March 2014 - October 2015

- Prepared Standard Operating Procedures for Occupational Health and Wellness activities.
- Responsible for all Occupational Health and Wellness programs.
- Established processes for reporting, collection and analysis of occupational health data.

References:

Prof.Dr.S.Shanmugasundaram
Cardiologist
K.S.Hospital/Billroth Hospital.

Prof.Dr.R.S.Muralidharan
Internist
K.S.Hospital/Guest hospital.

Prof.Dr.K.S.Vijayaraghavan
Vascular surgeon
K.S.Hospital/Guest hospital.

Dr.Rajan
Cardiologist
Miot Hospital.

Dr.Satheesh
Cardiologist
Miot Hospital.

Dr.Baskaran
Internist

Miot Hospital.

Dr.Manjunath Gummarnath
Occupational specialist
Sohar aluminium

- Identifying trends in occupational health illness, including the key risks to employees.
- Developing and coordinating the implementation of suitable interventions to prevent or eliminate risks.
- Providing Monthly reports to the Management.
- Ensuring that all operations are meeting the Occupational Health Standard, State Factories rules and The Factories Act.
- Handling emergency cases in the Plant.
- Experience in treating common ailments at the Occupational health centers and giving proper guidance to the employees for the ailments which require specialist opinion and care.
- 100% in-plant pre employment Medical examinations for Skilled/Unskilled Labor.
- Medical reports are verified on DOJ and fitness certificate will be issued for Staffs, CTA and Union Employees.
- Managing medical emergencies and critically injured cases at Occupational Health Centers.
- Ensuring and monitoring administration of appropriate drugs to patients.
- Investigating cause of diseases, liaising with community services & advocating for health programs.

Highlights:

- Diagnosed an Emergency (Acute Myocardial Infarct) on time at OHC, Initiated the medications and shifted to nearby hospital and treated.
- An employee met with an accident outside the premises, had severe head injury, took him to higher medical centre and made sure his status was out of danger.
- Successfully started Ergonomic Assessment program with Safety team.

CATERPILLAR(EDCI) ;THARAMANI, CHENNAI

Occupational specialist.

May 2013 - December 2013

- Looking up on the insurance matters and also examining them for travelling aboard and providing basic medications for their travel.
- Do pre employment assessment of their physical and mental states, any positive previous medical history or on any medications.
- Primary prevention program and health surveillance programs.
- Need to consult the employees, do attend any emergencies.
- Advise them on the ways for keeping a good health, arranging

camps and health awareness programs.

DR.MURTHY'S GASTRO AND MEDICAL

CLINIC,MAHE,SEYCHELLES. Medical Officer

August 2010- May 2013

Dr.Murthy is one of only Gastroenterologist in Seychelles, who had done his fellowship programme on gastroenterology from Ireland and for few years worked under Seychelles govt, and had set up his own clinic. I had been working under him from August 2010, as general practitioner. Carrying out home and hotel visits. Recently we had opened a new clinic in Praslin a nearby island which was run by me from October 2011,

- Assisted in several life-saving procedures
- Handled the diagnosis, treatment, and referrals for patients.
- Managed the Out Patients
- Responsible for day today clinic activity .

MIOT HOSPITAL,MAMPAKAM,CHENNAI —Medical Officer in the department of Cardiology CCU and ICU .

May 2009 - June 2010

- Looking after coronary care unit. Our team leaders are two leading interventional Cardiologist, who carry out angiogram, angioplasty, On daily basis.
- I have seen different kind of cardiac cases (MI,MI with failure,VT, valvular heart disease with failure, and many .),
- I do intubation, central line, and small procedures.
- MIOT is one of the leading multi-specialty Hospital ,doing wonders in the field of Orthopedics and Nephrology,and also in other departments; treating foreign nationalities, links up with multi-national companies and government authorities.
- They have even laid a foundation stone for the upcoming project known as MIOT INTERNATIONAL one step ahead of now as competing with the foreign land.

K.S HOSPITAL Pvt. Ltd,KILPAUK, CHENNAI.- Registrar

September 2006 -May 2009

50 bed Multi-specialty Hospital offering a wide range of medical facilities. Strong surgical specialties and cardiology specialties. In house diagnostic facilities. Cardiology professor. S. SHANMUGA SUNDARAM MD.D.M.

- Providing healthcare facilities for one of the leading MNC's via establishment of an on campus Medical Centre that caters to various needs of the different categories of employees.
- Management & reduction of Professional risk, hazards & related injuries .
- Emergency medical management, Minor surgical procedures.
- Assisted in surgeries like Appendicectomy, Hydrocele etc.
- Handled the diagnosis, treatment, and referrals for patients.
- Managed the Out Patients and In Patients
- Responsible for Admissions and Daily Paperwork.

PERSONAL ACHIEVEMENTS:

- Attended various conferences regularly in Family Medicine and Clinical Medicine.
- Regularly Attended Seminars, Workshops and discussions in Clinical Medicine.
- Provided First Aid Training to various grades of employees in various industries.

Personal Details

Date of Birth: 14-10-1976

Family details : Married

Spouse Name: Prameela Kumari (Advocate/HR)

Child: one ; Pranesh.S, 11 years old.

Language Known: English, Hindi, Malayalam, Tamil.

Computer Skills: Basic knowledge.