

Muthu Arumugam



Road town, British Virgin Islands, VG1110

Mob: +1 284 440 0003 Email: muthu1682@yahoo.com

Objective

An astute & result oriented professional who is looking forward to work in the wellness, hospitality and healing centers and a reputed hospital sector and thus be a part of the Global Health Care Industry.

Experience

Scrub Island Marriott Resort, spa & marina

Naturopathic wellness Manager

British Virgin Islands

June 2012 to present

Team leading and coordination with services

Job supervision of the team members and whole spa operation

Ideation of the offers and packages of services and products to be promoted to the clients.

Public relations with Guest

Manage the spa bookings and pay role

Check and assure an excellent service to the Guest

Management of the appointments agenda

Accounts management day to day.

Management of the relationships with other departments of the resort.

Management of the inventory of the store

Attainment of the targets and budget

Performing specialized Wellness Consultation for the Guest.

YO1 Luxury wellness

Naturopathic Wellness consultant

New york

June 2018-Oct 2018

Reporting day to day activities to the wellness director

Maintain high excellence service to guest.

Assist in overall success to the wellness team

Assist pay roll, staff scheduling, staff training and guests service excellence

Manage bookings and the inventory

Public relations with guest and marketing

Create the new attractive packages and services for increases the revenue



Rosewood Resort and spa

Naturopath and Yoga instructor

British Virgin Islands

May 2011-May 2012

Teaching many kinds of yoga to the resort guest

Teaching yogic management classes for stress management program.

The Bitter end yacht club

Spa coordinator and Naturopath

British Virgin Islands

May 2010-May 2012

Quality control of services

Supervise the whole spa operation & manage the staff schedule

Inventory management

Pay role

Sales & marketing to achieve the budget

Ayush Ayurveda center

Wellness coordinator

Singapore

Jan 2010-May 2010

Wellness management

Stress management program

Massage therapy

Specialized in Indian Head Massage

Ayurveda herbal poultice Massages

Lotus Yoga & healing arts

Yoga instructor

Malaysia

Jan 2009-Dec 2010

Teaching many kinds of yoga to the resort guest

Teaching yogic management classes for stress management program.



Joy Nature cure center
Naturopathic physician
India

Jan 2009-Dec 2012

Health and Diet counseling.
Teach Yoga, supervise the treatments and monitor patient's health.

Prakruthi Nature cure center
Naturopathic physician
India

Jan 2007-Dec 2008

Health and Diet counseling.
Teach Yoga, supervise the treatments and monitor patient's health.

Education

Bachelor of Naturopathy & yogic sciences 2000-2006

From Dr.MGR Medical University (5 ½ years full time Health Science
Medical course with one year compulsory rotatory internship), India.

CIBTAC 2014

From Spas2Be Inc., Canada.

Skills

Body massages, Ayurvedic massages, Facials, Body scrubs and wraps,
Yoga, Acupuncture, Reflexology and Baths.

Personal info

Male, Married, DOB: June 1st, 1982. Indian. B1B2 US Visa holder.

Declaration

I ensure that all the information given above is true and correct to the
best of my knowledge.

Place: New York
Muthu Arumugam

Date: 20th Oct 2018