

Physiotherapist

MEENU SETTU

Age: 24

Gender: Female

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Email: meenuparthiban@icloud.com

Nationality: Indian

Current Residence: United Arab Emirates

Address: Al Mankhool, Dubai

Visa Status: Residence Visa valid upto 23/11/2024



Carreer Objective

To acquire the physiotherapist position in your prestigious institution would enable me to utilize my clinical and educational experience and be a person of value to humanity and an asset to your institution and thus self by striking the right balance between learning and doing, leading and working with commitment and motivation.

Skills

- Good time management.
- The ability to build a rapport with patients from a variety of backgrounds and communicate with their relatives and carers.
- Tolerance and patience.
- Strong communication skills (both written and verbal)
- Teamworking skills.

PROFESSIONAL LICENSES

- Registered in THE INDIAN ASSOCIATION OF PHYSIOTHERAPISTS MEMBER OF WORLD PHYSIOTHERAPY AS A LIFE MEMBER: **L-48972**

Work Experience

Hospital	ECHS Polyclinic Type 'A'
Organization	Ministry of Defence, Government of India
Location	Vellore, India
Period	From : 01-Jun-2019 Upto: 31-Aug-2021 [2 years 3 Months]
Duties	<ul style="list-style-type: none">• Provided thorough evaluations of patients before designing an appropriate and effective treatment plan.• Collaborated with other medical personnel to provide the best care possible.• Maintained accurate and organized patient documentation.• provided rehabilitation interventions and supported people at all stages of life to recover from injury, reduce pain and stiffness, increase mobility and movement and maximize function and quality of life, incorporating physical, psychological, emotional, and social wellbeing.• Assess patient health by interviewing, performing physical exams, obtaining, updating, and reviewing therapy histories.

Education

COURSE	INSTITUTION	BOARD/UNIVERSITY	YEAR OF COMPLETION	OVERALL PERCENTAGE
Bachelor of physiotherapy	Nandha College of physiotherapy, India	The Tamilnadu DR.MGR Medical University	2019	74%
Higher secondary education	Little flower convent school, India	Stateboard	2014	78%
Secondary School Leaving Certificate	Little flower convent school, India	Stateboard	2012	75%

ACADEMIC TRAINING:

- The internship included six months - **November 2018-May 2019** of Physiotherapy intervention for clients in the below-mentioned areas. Responsibilities were equal to that of a physiotherapist

Hospital	Department	Duration
1. Ortho One (Orthopaedic Speciality Centre), Coimbatore.	Orthopaedics & Traumatology	30 days
2. Narayana Hrudalaya Hospitals, Hosur, Bangalore.	Cardio Pulmonary Sciences	30 days
3. National Institute of Mental Health and Neuro Sciences, Bangalore.	Neurology	30 days
4. Ganga Medical Centre & Hospitals, Coimbatore.	Sports fitness, rheumatology, burns and plastic surgery	31 days
5. Meenakshi Mission Hospital and Research Centre, Madurai.	Geriatrics, obstetrics & gynaecology, paediatrics, oncology	31 days
6. Vivekanandha Medical Care & Hospital, Tiruchengode.	Physiotherapy OPD, physical medicine and rehabilitation	30 days

Workshop and Conferences

- Participated as delegate in the INTERNATIONAL PHYSIOTHERAPY CONFERENCE -STRIDE'17 organised by Saveetha College of Physiotherapy, and various INTERNATIONAL & NATIONAL CONFERENCES organised by Nandha College of Physiotherapy
- Participated in the workshop on Stretches conducted by Synergy Physio Care & Rehab Centre
- Participated in the Workshop on the Latest evidence on Cardiopulmonary Management Techniques and hands-on Practice, Functional Sports Taping, myofascial trigger point release therapy by Nandha College of Physiotherapy
- Participated in THE COMPLETE SHOULDER COURSE Evidence-Based Integrated & Manipulative Treatment approach conducted, Workshop on Chest Physiotherapy Update by Nandha College of Physiotherapy

Reference:

- **Lieutenant colonel K N Naidu [Retd]**
Officer-in-Charge, ECHS Polyclinic Type 'A', Vellore, India
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