

Dr. PARVATHY KRISHNAN,
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Career Objective:

To be a part of an esteemed organization where I get ample opportunities to enhance my knowledge by helping and treating diverse kinds of patients and thereby serving the society as a whole

Work Experience:

Aug 2014- Present :Private Consultation at different clinics as

1. Consultant Doctor at “Bhishma Ayurvedic Center”, Ashtamichira, Kerala
2. Consultant Doctor at “Sanvivo Ayurvedic Wellness Clinic”, Chalakudy, Kerala
3. Physician at “Ayurpadmasubram Hospital”, Meloor, Chalakudy, Kerala

Summary:

- Able to interact with many people and diagnose their illness and earn goodwill
- Improved my self confidence as a doctor
- Understood the real value of Being A Doctor
- Conducted various medical camps
- Basic knowledge of alternative treatments like Acupuncture and Acupressure
- Hands on Experience in doing “Karkkidaka Chikista”

Aug 2013-June 2014: Worked as Physician at Vaidyaratnam Nursing Home, Thaikkattussery, Ollur, Thrissur

Summary:

- Team member for NABH certification committee
- Floor in charge of 50 IP
- Worked as part time lecturer for PANCHA KARMA course
- Worked as part time RMO
- OP consultation

May 2013-Aug 2013: Worked as Residence Medical Officer (RMO) at Sarathy Ayurvedic Hospital, Elookara, Aluva, Ernakulam

Summary:

- OP consultation
- Floor duty and RMO
- Attended a Medical camp at Elookara

Internships:

April 2012-May 2012: Internship done at Vaidyamadam, Thrithaala, Palakkad

May 2012-July 2012 : Internship at Sitharam Ayurveda Hospital, Thrissur

July 2012-Sep 2012 : Internship at Vaidyaratnam Nursing Home, Thaikkattussery

Oct 2012-Apr 2014 : Internship at Amrutha Ayurveda Medical College, Chitradurga, Karnataka.

Educational Qualifications:

2007-2013: BAMS from Rajiv Gandhi University of Health and Science (Amrutha Ayurveda Medical College, Karnataka- Passed with 70% marks- 1st class)

2005-2007: HSE from Model Technical Higher Secondary School, Kaprassey, Aluva (Passed with 70% marks- 1st class)

2004-2005: SSLC from Vidyadhiraja Vidya Bhavan Higher Secondary School, Aluva (Passed with 70% marks- 1st class)

Registration Number:

13640

Languages Known:

English, Malayalam, Hindi, Kannada, Sanskrit

Learnings Acquired:

- Learned about traditional ayurvedic treatments and classical medicines
- Researched about 5 major diseases (Sandigata vata, Rakta vata, Ama vata, Psoriatic Arthritis, SLE)
- Learned about the preparations for treatments like Vasti, Upanaham, Lepam etc
- Learned about almost all classical PANCHAKARMA treatments like Dhara, Shirolepanam, Tarpanam, Putapakam, Takradhara (2 varieties), Pizhichil, Raktamoshanam, Nasyam, Abyangam, Vasti, Snehanam, Swedanam etc
- Gained a basic idea about the manufacturing of Kashayam, Lehyam, Gritam, Thailam etc
- Learned about Yoga, Pranayama, Sat karma like Neti etc
- Learned about Leech Therapy procedure
- Gained a basic idea about Ksharasutra karma for Piles and Fistula
- Have a basic idea in Emergency medicines in Allopathy
- Gained an overall idea about the working of hospital

Personal Skills / Interests / Activities:

- Pleasing character and very adjusting in nature
- Amicable and kind towards patients and others
- Learned singing for 9 years
- Participated in Classical Music competition in Sub District Level
- Won first prize for Light Music and Classical Music at School level in Plus 2
- Invited as guest for Anti Alcohol campaign at Aluva

Personal Information:

Date of Birth : 14 April 1990

Husband's Name : Deepak Soman (Engineer)

Father's Name : V Gopalakrishnan Nair (Business)

Mother's Name : Padmini C (House Wife)

Brother's Name : Ananthakrishnan G (Engineer)