

NAME : AJEETHA.M

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CAREER OBJECTIVE:

Looking for a challenging career which demands the best of my professional ability in terms of technical and analytical skills and help me in broadening and enhancing my current skill and knowledge.

ACADEMIC RECORD:

COURSE	INSTITUTION	BOARD / UNIVERSITY	YEAR OF COMPLETION	PERCENTAGE
SSLC	St.Isabel's Girls Higher Secondary School, Tanjore.	State Board	2010	88.2%
HSC	St.Isabel's Girls Higher Secondary School, Tanjore.	State Board	2012	75.8%
B.Sc., (Nutrition and Dietetics)	Sengamala Thaayaar Educational Trust and Women's College, Mannargudi.	Bharathidhasan University	2015	75.4%
M.Sc., (Food and Nutrition)	Dr.N.G.P Arts and Science College, Coimbatore.	Bharathiyar university (Autonomous)	2017	76%

CO-CURRICULAR ACTIVITIES:

- Attended a course on "OPERATING TECHNIQUES OF DIFFERENT DRYERS" in Karunya University.
- Attended the Internship training of "FOOD QUALITY CONTROL AND PROCESSING" in Bakers Spices and Ingredients Pvt Ltd.
- Attended the 30 days dietetic internship training in KMCH Hospital, Coimbatore.
- Conduct the workshop on "FRUIT AND VEGETABLE PRESERVATION TRAINING PROGRAMME" for the Self Help Group.
- Attended the National Conference on "FOOD PROCESSING AND TECHNOLOGY" in Dr.N.G.P Arts and Science College.
- Attended the workshop on "NUTRIGENETICS" in Dr.N.G.P Arts and Science College.

- Attended the national seminar on “TRENDS IN FOOD PROCESSING AND FOOD SAFETY” at PSG College of Arts and Science.

PROJECT DETAILS:

“STANDARDIZATION AND QUALITY EVALUATION OF IVYGOURD (*Coccinia grandis*) UNRIPENED FRUIT INCORPORATED INDIAN FLAT BREAD”

In my project, the varying proportions of ivy gourd powder were incorporated for the development of Indian flat bread. It was used to improve the nutritional status of the peoples.

EXTRA CURRICULAR ACTIVITIES:

- Participated in a Calendar Making (intercollegiate) competition in Karunya University.
- Attended in an Entrepreneurship Awareness Camp in Dr.N.G.P Arts and Science College.
- Attended a workshop on First Aid programme in Dr.N.G.P Arts and Science College.
- Completed a six months course of Diploma in Computer Application.
- Attended the short term training course on “BASIC STITCHES OF EMBROIDERY” at Dr. N.G.P Arts and Science College.

STRENGTH:

- Patience.
- Adaptability.
- Work with interest.
- Eco-friendly

HOBBIES:

- Playing chess.
- Embroidery work.

EXPERIENCE:

- Six months experience as dietician at “KOLORS HEALTH CARE INDIA PVT LTD.,” Chennai.
- Ten months experience as dietician in “FITNESSONE GYM” in Chennai.
- 2 years experience as Medical coder in Anesthesia at "OMEGA HEALTH CARE" in Chennai.

PERSONAL DETAILS:

Father's name : Manoharan.R

Date of Birth : 26.07.1995

Gender : Female.

Languages known: Tamil, English.

Address : 174, Katharikkollai Street,
Karambayam,
Pattukkottai (TK),
Tanjore (DT) – 614626.

DECLARATION:

I hereby declare that the above mentioned details are true to the best of my knowledge.

PLACE: PATTUKKOTTAI**DATE:****AJEETHA.M**