



SANMATHI MUTHUSAMY

E-Mail: sanmathimuthusamy@gmail.com Telefon: +91 7598114405

Address: 1/3, Thirumalaipatty, Senthamangalam, 637404 Namakkal

DOB: 16-07-1996

Nationality: Indian

LinkedIn: <https://www.linkedin.com/in/sanmathi-muthusamy/>

PROFESSIONAL EXPERIENCE

Dharmik Foods | Coimbatore | 01.12.2020 - Today

Quality Inspector

- Supervised End-of-Line production safety and quality of goods.
- Work closely with each onboard Food Safety & Sanitation department providing guidance, direction, and feedback to standardize the operation.
- Develop nutritive calculations for each product manufactured in conjunction with the food production manager.
- Ensuring compliance to all regulatory, customer, and corporate programs.

Kongunadu Hospitals | Coimbatore | Jun 2018 – Aug 2018

Nutritionist

- Extensive clinical nutritionist experience.
- Great skills in individualized menu design for optimal nutritive client benefits. Completed diet histories and nutritional assessments for residents with various medical conditions including end-stage renal disease, CVD, goiter, anemia, etc.

STUDIUM

Alvas College | 2018 - 2020

- **Master of Science**, Food Science and Nutrition
- **Area of Focus:** Food Safety, Food Quality, Food Processing

Maharaja College | 2015 - 2018

- **Bachelor of Science**, Food Science and Nutrition
- **Area of Focus:** Food Safety, Food Quality, Microbiology

ACADEMY PROJECT

Alvas College| 05.2020 - 08.2020

Master Thesis | Impact of BMI and Hormonal imbalance on menstrual irregularities

- Effect of dietary pattern during pregnancy of newborns.
- Managed diet planning for women (14 – 45 yrs) and conducted daily meal rounds for their breakfast



and lunch.

WORKSHOP & CONFERENCE

- National Conference of the Nutrition Society of India (11.2019)
- International Conference on Innovation Techniques on Nutrition Demands in Food Security (01.2019)
- Symposium on Zero Hunger World 2030 at DDU Kaushal Kendra (10.2018)
- National Conference on “Recent Trends in Adolescent Nutrition and Reproductive Health Care” (02.2016)

QUALIFICATION

Skills

- Food Quality & Safety
- Food Labelling
- Food Processing
- Food
- Preservation Nutrition

Software-skills

- MS Office

Hobbys

- Badminton
- Travel
- Cooking

Languages

- Englisch
- Tamil – Mother Tongue

M. Sanmathi

Sanmathi Muthusamy
12.2.2022

