=INDEX(safe!$B$2:$B$150000,MATCH(e2,safe!a2:a150000,0))

=ISNUMBER(MATCH(value,range,0))

Firstname
=LEFT(F2,FIND(" ",F2,1)-1)

Lastname
=RIGHT(A2,LEN(A2)-FIND(" ",A2,1))
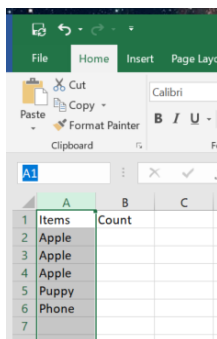
Linking two excel sheets of data

This formula is used to link two different sets of tables with the same key your looking for.

It works by grabbing the cell you are looking for with b2 highlighted in red, looking in the column F2 to F150000 then if there is a match it will return the column B.

Please see linkingsheets.xlsx as an example.

=COUNTIF(items,a2)

Counting same items in list

To count the same items in a column we highlight Column A and where A1 is highlighted just under the clipboard we name the list, in this example items. Then using the formula above we specify where we are counting "items" and we specify what we are counting "A2". From this list there is 3 apples, we simply repeat the formula down using control + D.

Please see countitemsinlist as an example.

=RIGHT(a2,LEN(a2)-SEARCH(" ", a2,SEARCH(" ", a2,SEARCH(" ", a2)+1)))

Getting the last word in cell separated by space

This formula is great for getting the last name or last word in a cell by simply specifying the cell "A2", in the example I used my full name to see how this works.

Please see lastword as an example.

=COUNT(FIND({0,1,2,3,4,5,6,7,8,9},A1))>0

Finding numbers in cell

This formula is used to find a number in the cell, it will search a1 and if it found a number it will return true if not false.

Please see findingnumbers as an example.

=TRIM(MID(SUBSTITUTE(A1," ",REPT(" ",LEN(A1))), (1)*LEN(A1)+1, LEN(A1)))

Getting word from a cell

Sometimes we need the first, second or third word in a cell, this formula helps you do so. Highlighted in red we want to get the second word in a cell so the cell array starts at 0, that's why we are using one.

In the example nthwordincell it shows how you can use it to get the middle.