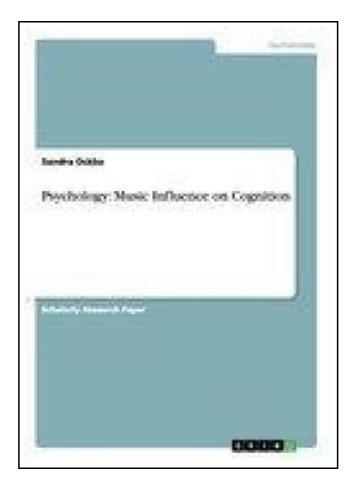
## **Psychology: Music Influence on Cognition**



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#### **PSYCHOLOGY: MUSIC INFLUENCE ON COGNITION**



Grin Verlag Gmbh Apr 2013, 2013. Taschenbuch. Book Condition: Neu. 210x148x3 mm. This item is printed on demand - Print on Demand Titel. - Scholarly Research Paper from the year 2012 in the subject Psychology -General, printed single-sided, grade: 2:1, South Bank University London (LSBU-AHS), course: Psychology, language: English, comment: Music influence on cognitive ability (Ravens Matrices IQ test) after manipulated maze tasks., abstract: The current study examines the influence of music on cognitive ability. Participants performed a series of maze tasks and Ravens Matrices tests under variable conditions, accompanied by music classified as either stimulating or sedative. The musical pieces chosen were both classical: Beethoven s Moonlight Sonata (sedative) and Vivaldi s Spring (stimulating). There were 60 participants in total (N-60) out of whom 37 were females and 23male participants. These formed four different condition groups, each with 15 participants. The frustration (F) group, with unsolvable mazes, were played either sedative or stimulating music. Likewise, the Non-frustration (NF) group, with solvable mazes, was also played either of the music types. It was predicted that sedative music would have a more relaxing effect onparticipants after a frustration condition, compared to the stimulating music. Furthermore, as predicted, both music styles reduced anxiety levels, corresponding to better scores on the Ravens Matrices. The Ravens Matrices mean scores were higher for the frustration condition, indicating that frustrating situations can actually produce better IQ results if combined withthe right music type. The findings indicate a strong connection between music and cognitive performance. 52 pp. Englisch.



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