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## From the Other Side of the Couch: A Biblical Counselor's Guide to Relational Living (Paperback)

By Judy a Lair

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From the time Adam Eve were cast out of the Garden of Eden, humankind has lived out of a rule-oriented, standardized framework. This strategy is great for getting tasks done, but significantly impacts the ability to do relationships well. Self-protection, anxiety and depression, bitterness, and resentment indicate a fear-based life. Learning how to love God, ourselves, and others requires a transformative process. Living a Relational lifestyle brings the happiness, contentment, and joy every human craves. Therapists use outcome-based models to form a diagnosis and apply an applicable treatment plan. The clinical models start with identifying specific symptoms, then show the process of moving from the problem to the solution. The treatment plan lists specific behaviors and suggestions to be given to the client and measurable goals to determine whether treatment is successful. I don't look at life through that lens. Rather than viewing people as problems to be solved, I guide clients through a godly transformational process. The journey will be unique to each person, but the process is the same. Success is measured very differently than...



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