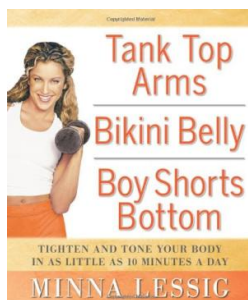# Tank Top Arms, Bikini Belly, Boy Shorts Bottom: Tighten and Tone Your Body in as Little as 10 Minutes a Day

Book Review

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