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Basic Principles of Taping Techniques in Sports Rehabilitation

By Kachanathu, Shaji John

Book Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Taping for Musculoskeletal Injury Prevention and Rehabilitation | Taping techniques have been undergone a considerable metamorphosis over the past few years. The Taping Technique is an art and scientific approach by using adhesive tape as a productive and functional tool. Art of techniques depends on the ability to apply the tape with proper technique to fulfill particular aim and objective of the individual. It has been scientifically proven by researches for its effectiveness in most of the techniques for different purposes i.e. prevention, treatment and rehabilitation of musculoskeletal injuries. New ideas and innovative technique will lead the reader into the evidence based clinical practice, for this point of view current book also included previous researches and its outcomes concluded with references. Overall intention of Basic principles of taping techniques in sports rehabilitation is to make understand all health professionals about the correct technique and increase its practice in various musculoskeletal injuries or conditions. This book aims at sports persons, coaches, sports physical therapist, and post and undergraduate students of physical therapy, sports and rehabilitation sciences. | Format: Paperback | Language/Sprache: english | 340 gr | 220x150x12 mm | 244 pp.



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