



## Connecting: Rewire Your Relationship-Culture (Paperback)

By Victoria Lorient-Faibish

Manor House Publishing Inc, Canada, 2016. Paperback. Book Condition: New. 230 x 155 mm. Language: English . Brand New Book. Victoria Lorient-Faibish would like to help create healthy relationships now! Connecting: Rewire Your Relationship-Culture is about changing what isn't working to create a new, unique, personalized, choice-filled relationship-culture that you consciously bring into your adult relationships. Rewiring your relationship-culture involves understanding that your brain forms new neural pathways every time you develop a new way of doing something, especially if you practice the new behaviour often. It's nature's way of supporting us when we try to make positive changes. By rewiring your relationship-culture, you'll be able to: move past multi-generational dysfunction; know and honour yourself fully; understand all the rules for dating in a healthy, empowering way; spot relationship dysfunction such as co-dependency, commitment phobia and narcissism; set good boundaries; utilize my pre-marital checklist; and learn the fundamentals for long-term, passionate relationships! - Victoria Lorient-Faibish As a registered psychotherapist, keynote speaker, author, relationship expert and life and wellness coach with a master's degree in educational psychology and a Toronto practice, Victoria has spent the past 25 years inspiring people to find their self-culture, rewire relationships;...



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