Thank Kristi.

Your success image will help you increase confidence. The more confident we get, the more successful we can be. No wonder we need to do the mental imagery.

…………………………………………………………….

1-1. confidence (n.)

I have no idea why you lack confidence so much. You are absolutely outstanding in every single way.

1-2. confident (adj.)

He is overly confident in himself which is one of the main reasons that he failed.

1-3. confidential (adj.)

Please, keep this confidential document safe and never reveal it to anyone.

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2-1. consistent (adj.)

2-2. consistency (n.)

When you’re writing an essay, consistency is extremely important.

2-3. inconsistent (adj.)

His alibi and the evidence are inconsistent

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3-1. fact (n.)

You may try to deny it, but it is a fact that you can’t stop thinking about her.

3-2. factor (v.)

1. fear factor 恐懼的因素

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4-1. distinguish (v.)

1. distinguish A from B 辨別A和B兩者

1\_a. It is about the age that he distinguishes right from wrong.

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5-1. athlete (n.)

5-2 athletic (adj.)

He’s very athletic.

…..

6-1. coach (n.) 教練、(馬車(早期)現在可指客運) (品牌) (v.) 教導

He was the one who coached me through my bottleneck while playing piano.

6-2. couch (n.)

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Confidence, in particular, is a consistent factor that distinguishes successful athletes from others, and a major focus for professional coaches.