Thank Chloe.

Because of the different physical status, we need to inquire doctor or nutritionist to help us prepare every suitable meal if you want to be a healthy body.

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1-1. emphasize (v.)

My mother always emphasized the importance of living compassionately.

…..

1-2 emphasis (n.)

1. place/lay/put emphasis on

1-a. The Japanese place great emphasis on politeness.

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2-1. allure (v.)

To me, southeast Asia has always held the romantic allure of adventure.

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2-2. alluring (adj.)

This seaside cottage offers the alluring ocean views.

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4-1. ancient (adj) 古老的、古代的；高齡的(人)、老舊的(東西) = old

a. The ancient(古代的) Greece civilization is one of the most influential civilizations that ever existed.

b. My professor is ancient(高齡的). His voice is so weak. We can barely hear him.

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3-1. mysticism (n.) 神祕主義；玄想；通靈

Taoist alchemy developed with the rise of Taoist mysticism.

道家鍊金術與道家神祕主義同時發展

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3-2. mystical (adj.) 神祕的

I have always dreams of waking up one morning to find out at gained the mystical powers.

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5-1. exaggeration (n.)

His story about how he always dies when I gave him a ride to work. It’s a total exaggeration.

…..

5-2. exaggerate (v.)

I’m not exaggerating when I say I’ve been sleeping less than four hours a night because of exams.

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Marketing emphasizes the allure of products associated with ancient and remote cultures to create a sense of mysticism for consumers. While so-called superfoods, like blueberries or açaí, do add a powerful punch of nutrients, their super transformative qualities are largely exaggeration.