

Family Roles	Participant ID	Year of birth	Occupation/Year in school	Location	Time of using Smartwatch
Mother & Daughter	A1 (Daughter)	2015	Third Grade	Shanghai	3 years
	A2 (Mother)	1988	Freelancer		
Mother & Son	B1 (Son)	2012	Sixth Grade	Kunming	5.5 years
	B2 (Mother)	1946	Teacher/trainer		
Mother & Son	C1 (Son)	2014	Fourth Grade	Beijing	1 year
	C2 (Mother)	1984	Overseas education consulting		
Mother & Daughter	D1 (Daughter)	2010	Seventh Grade	Guangzhou	1.5 years
	D2 (Mother)	1984	E-commerce		
Mother & Daughter	E1 (Daughter)	2015	Third Grade	Shanghai	3.5 years
	E2 (Mother)	1987	Freelancer		
Father & Son	F1 (Son)	2016	First Grade	Shanghai	2.5 years
	F2 (Father)	1982	Finance		
Mother & Son	G1 (Son)	2013	Fifth Grade	Shanghai	4.5 years
	G2 (Mother)	1984	Freelancer		
Mother & Son	H1 (Son)	2013	Fifth Grade	Shanghai	2.5 years
	H2 (Mother)	1980	Banking		
Mother & Daughter	I1 (Daughter)	2013	Fifth Grade	Shanghai	2.5 years
	I2 (Mother)	1978	Marketing operations		
Mother & Daughter	J1 (Daughter)	2011	Seventh grade	Guangzhou	7 years
	J2 (Mother)	1982	Fashion designer		
Mother & Son	K1 (Son)	2015	Third Grade	Shanghai	3.5 years
	K2 (Mother)	1982	Master's; Teacher		
Mother & Daughter	L1 (Daughter)	2012	Fifth Grade	Shanghai	5 years
	L2 (Mother)	1984	Government Office		
Mother & Daughter	M1(Daughter)	2016	First Grade	Shanghai	2 years
	M2 (Mother)	1984	Public Institution		
Mother & Son	N1 (Son)	2014	Third Grade	Shanghai	3 years
	N2 (Mother)	1983	Researcher		
Mother & Son	O1 (Son)	2016	First Grade	Shanghai	3 years
	O2 (Mother)	1983	Researcher		
Mother & Son	P1 (Son)	2016	First Grade	Shanghai	3 years
	P2 (Mother)	1983	Researcher		
Mother & Son	Q1 (Son)	2012	Fifth Grade	Shanghai	6 years
	Q2 (Mother)	1988	Homemaker		
Mother &	R1 (Son)	2012	Fifth Grade	Shanghai	1 year

Son	R2 (Mother)	1976	Homemaker		
Father & Son	S1 (Son)	2015	Third Grade	Shanghai	5 years
	S2 (Father)	1983	Teacher		
Mother & Daughter	T1 (Daughter)	2011	Sixth Grade	Shanghai	2.5 years
	T2 (Mother)	1973	Homemaker		