

## SLEEP HEALTH, CIRCADIAN HEALTH, COGNITIVE FRAILTY



If you are a <u>Chinese</u> <u>immigrant aged 65 or older</u> you may be eligible to

participate in this research study.

https://lsdh.mgh.harvard.edu/roots



## **Requirements & Benefits**

- 2 in-person visits (up to 3.5h total) for interview, surveys, and assessments
- Wear a watch for up to 10 days
- Get up to \$50 gift card for your time



149 13<sup>th</sup> St, Charlestown Or your preferred place (such as your home)

## Contact

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