

SoFi Learn

Average US Salary by State

By [Jacqueline DeMarco](#). January 28, 2025 · 6 minute read

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The average salary in the U.S. is \$66,622, according to the latest data from the Social Security Administration. How your salary compares will depend on your industry and skill set, as you'd expect. What you might not realize is that your salary is also greatly influenced by where you live, since salaries go hand in hand with the cost of living.

Here's a closer look at the average salary in the U.S. and how income varies from state to state.

Table of Contents

[What Is the Average US Salary.](#)

[Average Salary vs Median Salary.](#)

[US Average and Median Salary by State](#)

[Why Do States Have Different Average Salaries](#)

[Which Regions Pay the Most](#)

[Which Regions Pay the Least](#)

[Should You Move to Make More Money?](#)

[The Takeaway.](#)

Key Points

- The average salary in the US varies depending on factors like occupation, location, and experience.
- Recent data indicate an average household income of \$66,622 in the U.S.
- The cost of living and regional differences can impact salary levels across the country.
- High-paying states are typically on the East and West coasts, while pay tends to be lower in the South.
- It's important to research salary ranges for specific occupations and locations when considering job opportunities.

What Is the Average US Salary (2025)

The national average salary is \$63,795. That is the sum of all incomes divided by the number of workers. Where someone lives, their industry, education level, and current demand for that job all contribute to how much a worker earns per year.

💡 **Quick Tip:** Online tools make [tracking your spending](#) a breeze: You can easily set up budgets, then get instant updates on your progress, spot upcoming bills, analyze your spending habits, and more.

Average Salary vs Median Salary: What's the Difference?

The Bureau of Labor Statistics (BLS) provides data on median pay. As of Q4 2024, the median weekly earnings of full-time workers was \$1,192, or \$61,984 per year. The median is the midpoint in the data set, with 50% of incomes falling above that figure, and 50% below.

Why are the average and median income figures different? With averages, unusually high or low numbers can skew the results. For instance, [multi-millionaires or billionaires](#) might drive the average higher than what the typical worker actually makes. The median is less affected by outliers.



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US Average and Median Salary by State in 2025

The following chart shows both the average and median income (in single income households) in each state, according to data from Forbes and the U.S. Census Bureau.

State	Average	Median
Alabama	\$53,394	\$59,605
Alaska	\$66,130	\$82,512
Arizona	\$63,045	\$66,340
Arkansas	\$51,251	\$54,658

California	\$76,960	\$74,819
Colorado	\$71,968	\$77,331
Connecticut	\$73,736	\$81,285
Delaware	\$65,998	\$75,674
Florida	\$60,216	\$62,973
Georgia	\$61,256	\$62,468
Hawaii	\$65,042	\$78,745
Idaho	\$55,640	\$68,781
Illinois	\$67,122	\$66,950
Indiana	\$56,410	\$60,351
Iowa	\$56,410	\$61,283
Kansas	\$56,264	\$64,518
Kentucky	\$54,018	\$57,509
Louisiana	\$53,435	\$53,821
Maine	\$60,008	\$66,369
Maryland	\$73,632	\$81,293
Massachusetts	\$80,330	\$81,170
Michigan	\$60,590	\$64,579

Minnesota	\$66,706	\$72,319
Mississippi	\$47,569	\$51,554
Missouri	\$57,574	\$59,605
Montana	\$55,910	\$65,242
Nebraska	\$58,074	\$63,813
Nevada	\$58,906	\$64,412
New Hampshire	\$66,102	\$84,017
New Jersey	\$73,986	\$83,102
New Mexico	\$57,512	\$56,766
New York	\$78,624	\$69,135
North Carolina	\$59,717	\$61,811
North Dakota	\$59,051	\$66,813
Ohio	\$59,883	\$61,617
Oklahoma	\$53,456	\$55,362
Oregon	\$66,706	\$70,266
Pennsylvania	\$61,922	\$66,923
Rhode Island	\$66,602	\$72,515
South Carolina	\$54,246	\$59,661

South Dakota	\$53,227	\$63,862
Tennessee	\$56,035	\$59,052
Texas	\$61,235	\$61,460
Utah	\$61,069	\$78,917
Vermont	\$62,774	\$65,712
Virginia	\$70,054	\$75,756
Washington	\$78,125	\$86,558
West Virginia	\$52,208	\$57,979
Wisconsin	\$59,509	\$66,106
Wyoming	\$57,928	\$61,866

Recommended: [Salary to Hourly Calculator](#)

Why Do States Have Different Average Salaries?

The chart shows that the average salary in some states is quite different from the average salary nationwide. That's partly because the [cost of living](#), which affects how much a company pays its employees, varies significantly by state.

Also, [inflation](#) impacts states to varying degrees.

In addition, industries with a concentrated presence in certain states — such as banking or automobile manufacturing — can affect the overall quality of job opportunities in that area.