



# Bringing Plurality to the Pride

A queer journey about lgbt+oddballs, the power of words and DIY Activism.

# Potential Triggers

- Oppression and Gatekeeping
- Medicalism and Ableism
- Trans- and Homophobia
- Freud and Rowling
- Edgy Gay Memes
- **All triggers are abstract**

# About me

- Zeta (she/they), part of a trauma-genic system
- Create Music, Code and other sway things.
- LGBTQ+++
- Co-Host of the HAY& Podcast
- Limited Experience with acitivism

Git-Repository: [github.com/plural-activism/plural-pride-walk](https://github.com/plural-activism/plural-pride-walk)



A large, flowing rainbow flag is shown against a black background. The flag is composed of six horizontal stripes of equal width, colored red, orange, yellow, green, blue, and purple. The fabric is highly textured and appears to be moving, with deep shadows and bright highlights creating a sense of depth and motion.

## Part 1: The Journey

**Would ya bring a plural flag to a  
pridewalk?**

## Counterargument



## Reactions

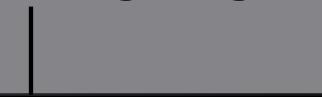
A Plural Flag doesn't belong to Pride



Too many Flags destroy solidarity



Taking a Plural Flag to a Pride creates a big target



It would be confusing but interesting.



Bringing a Plural Flag would be awesome

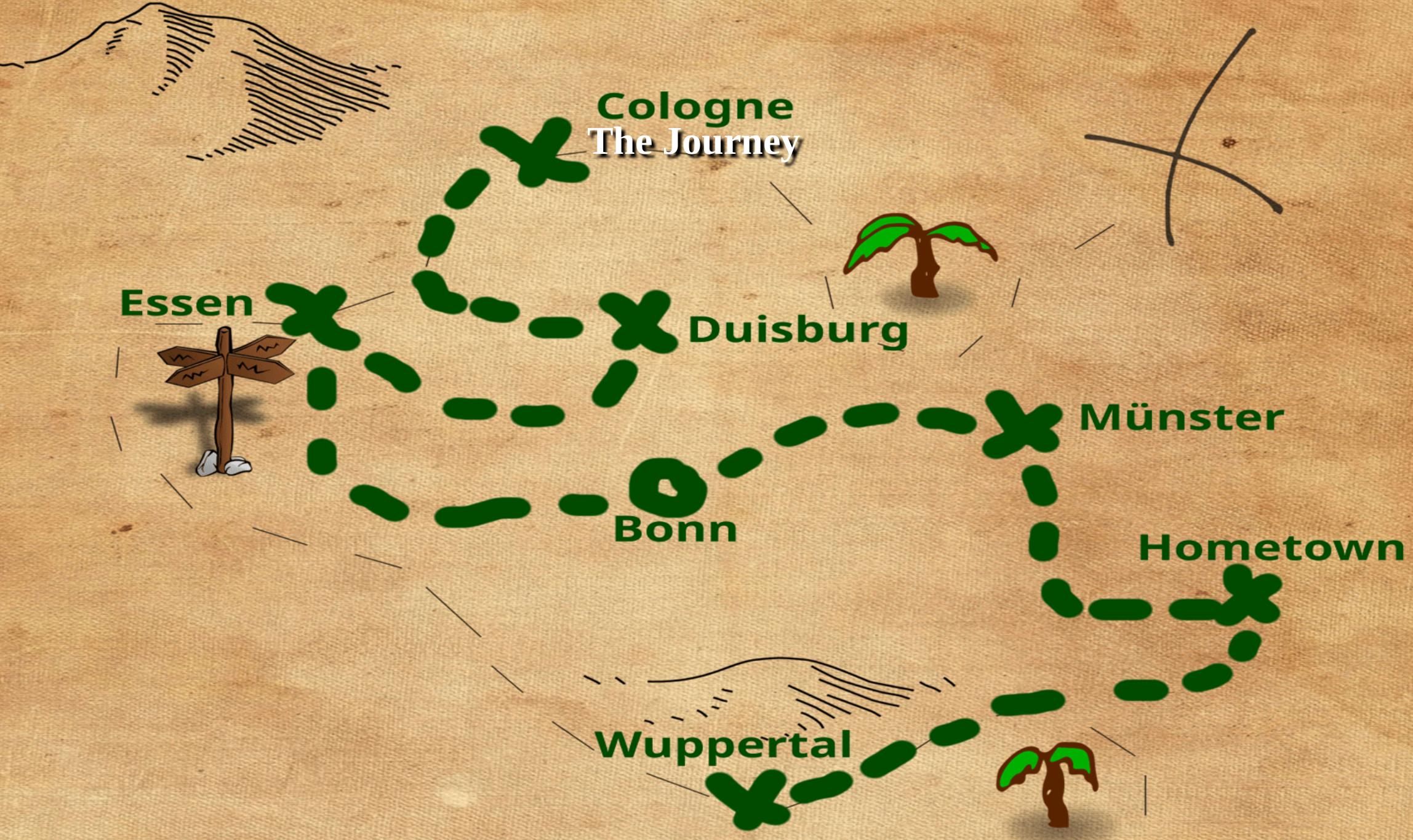


Never goes to Prides

Visits many Prides

# **Conclusion - Who am I gonna please?**





## The gear



# The plan





## What is Plurality?

In its simplest form, plurality means multiple people in one body. Each of these people can have their own name, gender, sexuality, species, memories, and everything else that is connected to identity. Since every brain is unique, everyone experiences plurality in their own unique way. This text merely gives an overview over common plural experiences. Plurality is part of the neuro-diversity movement. While DID and OSDD are most commonly known labels, there are many other forms of plurality that exist outside of clinical definitions.

## Basic Vocabulary

### System

The name of the plural collective. Includes the body and all people inside of it.

### Alter / Headmate

An individual inside the system. Alter is the medical term and often disliked. Other common terms are part, member or headgremlin

### Fronting

Being in control of the body. Often only one headmate can control the body at the same time.

### Switching

Giving control to another headmate. Can be voluntary, spontaneous or triggered.

You want to learn more? Please visit:

More than one



morethanone.info

How about you&

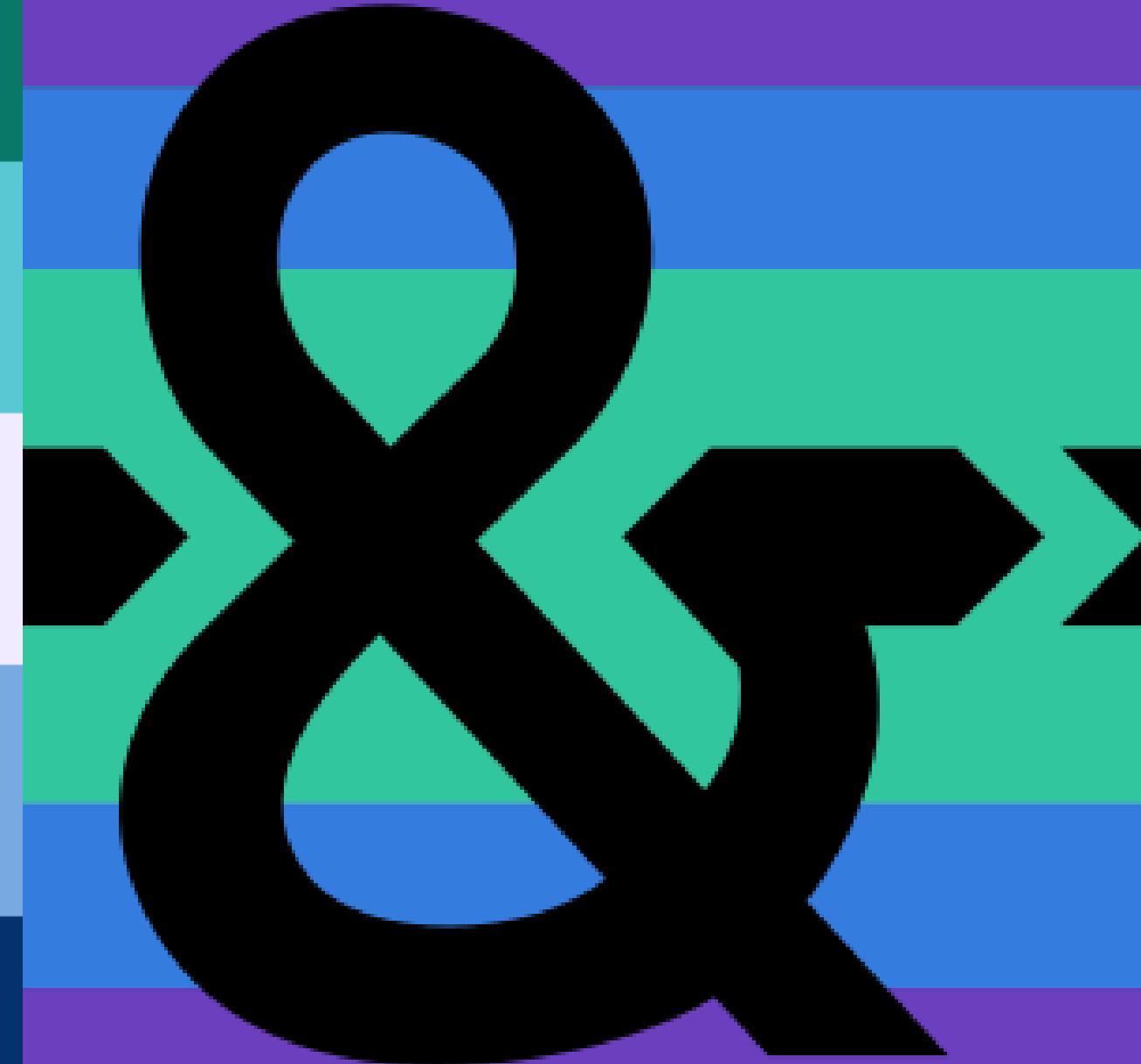


howaboutyouplural.media

Pluralpedia



**Check your flag**



**A5 is to big**

*Gif*

# Magnetic Buttons are a great stimming toy

*Gif*

# Cologne





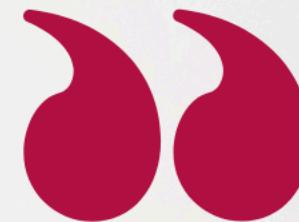
Lets go!!!



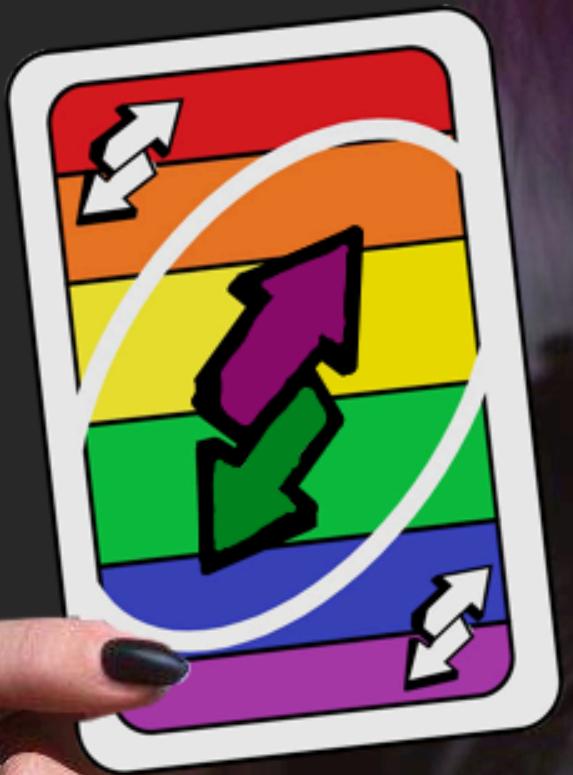
A vibrant scene from a Pride parade. A massive crowd of people, mostly young adults, fills the frame. Many individuals are holding up rainbow flags, which are also used as umbrellas. In the background, a white truck with a large "NEON" sign is visible. In the bottom right corner, a banner reads "FÜR MEINER VIELFALT". The overall atmosphere is festive and celebratory.

It's zeta time

FÜR MEINER  
VIELFALT



**"QUEER JOY FEELS LIKE  
RADICAL RESISTANCE."**



The switcheroo





**Review**









ZETA

Bonn

New Insights!









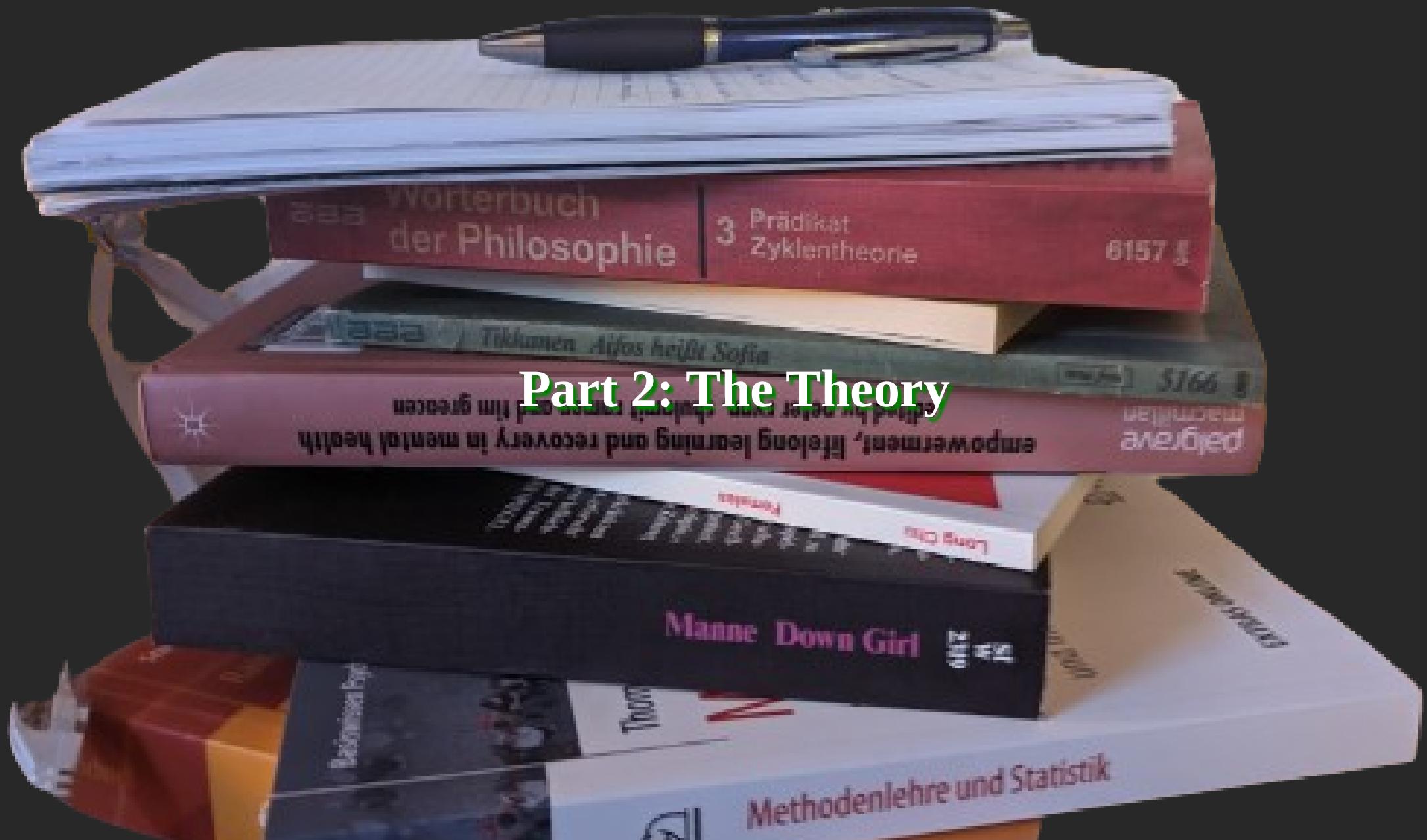
Soap Bubbles!



Wuppertal

ZETA

# **Retrospective**



## Part 2: The Theory

**LGBTQIA**

**BISEXUAL**   **QUEER**   **INTERSEX**   **QUESTIONING**   **ASexual**

**GAY**   **TRANSGENDER**   **LESBIAN**   **ALLY**

LGBTQ+ vs. queerness

**queer** • /kweər/

**What is Queerness anyway?**

## Queer Feminism

*"Gender are like memes, its always fun to make your own."*

- Judith Butler, probably



## Gender Trouble - 1990

Barely in Judith Butler literature review, and I already get Freud, Foucault and incest taboos. This is why we can't have nice things.





**Queerness  
as a thing  
you are**

**Queerness  
as a thing  
you do**

**Queerness is the lived out  
experiences and identities that  
question and violate normative  
fictition**

# Disability Pride



**Mental Floss**  
@mental\_floss

Homosexuality was still classified as an illness in Sweden in 1979. Swedes protested by calling in sick to work, claiming they felt gay.

3:04 AM · Nov 15, 2012

## Crip Theory, 2006

*"Bodies are the canvas of our identity memes."*

- Robert McRuer, probably



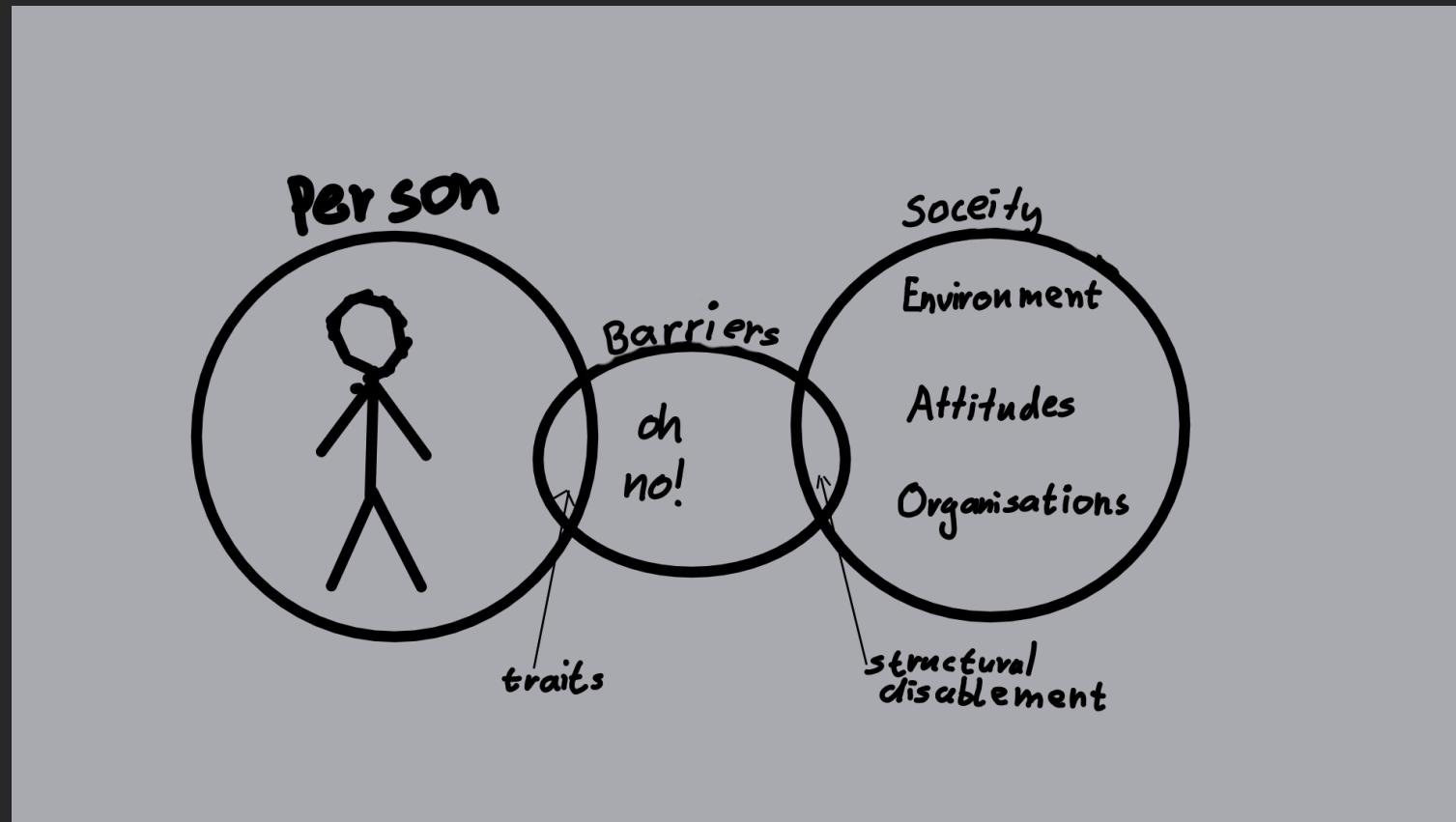




Wait. "Normal" is just an arbitrary category that only serves to discriminate those deemed undesirable by the system?

Always has been.

# Social model of disability

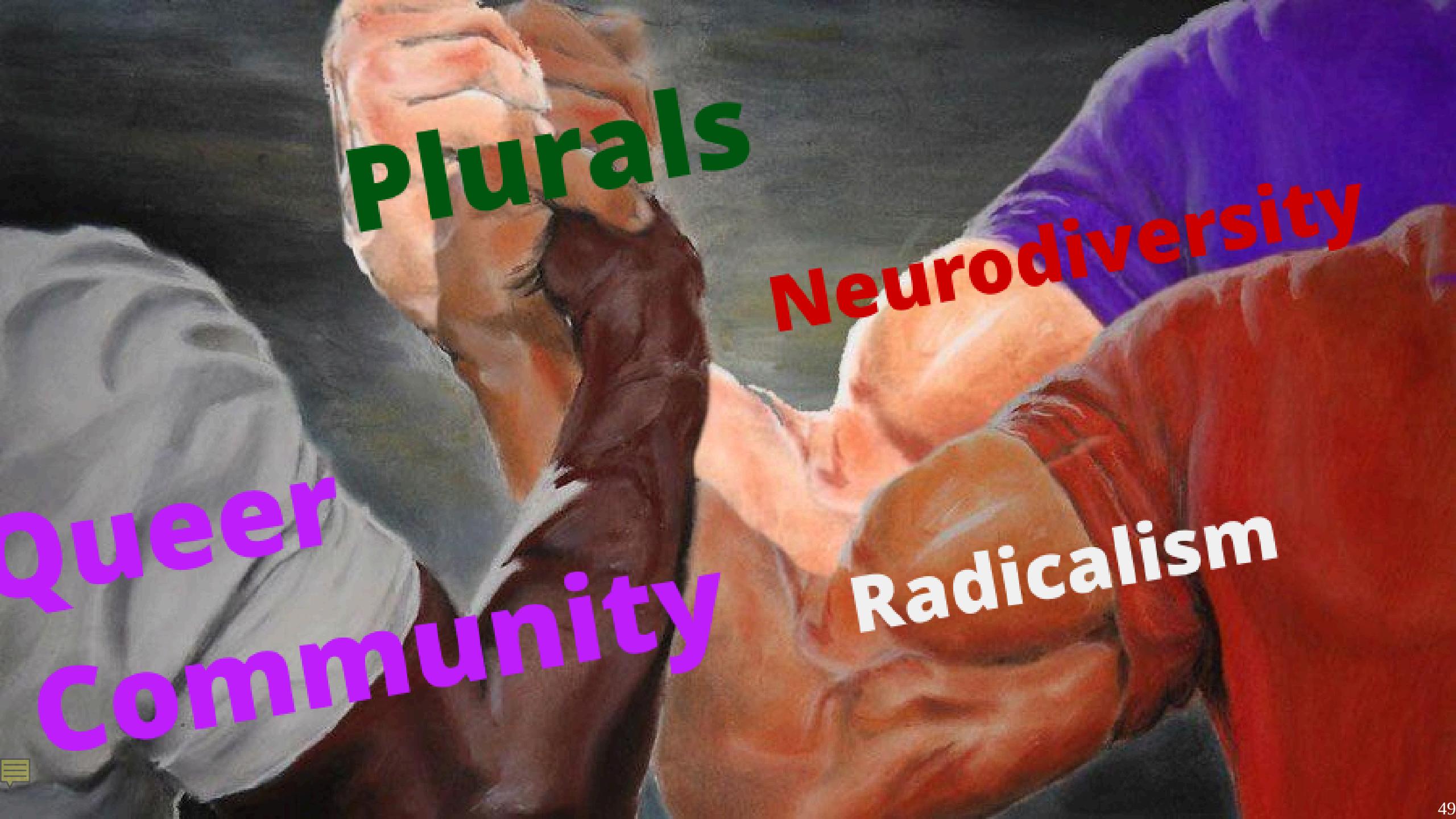


# Critical Theory

*"Questioning memes forced upon us is to question the memes of power."*

- Theodor Ardono, probably





Queer  
Community

Plurals

Neurodiversity

Radicalism

**What to make out of it?**

# J.K. Rowling Has Transcended Into A Living Meme

Dani Di Placido Senior Contributor 

*I write about film, television, internet culture, and other fun stuff.*

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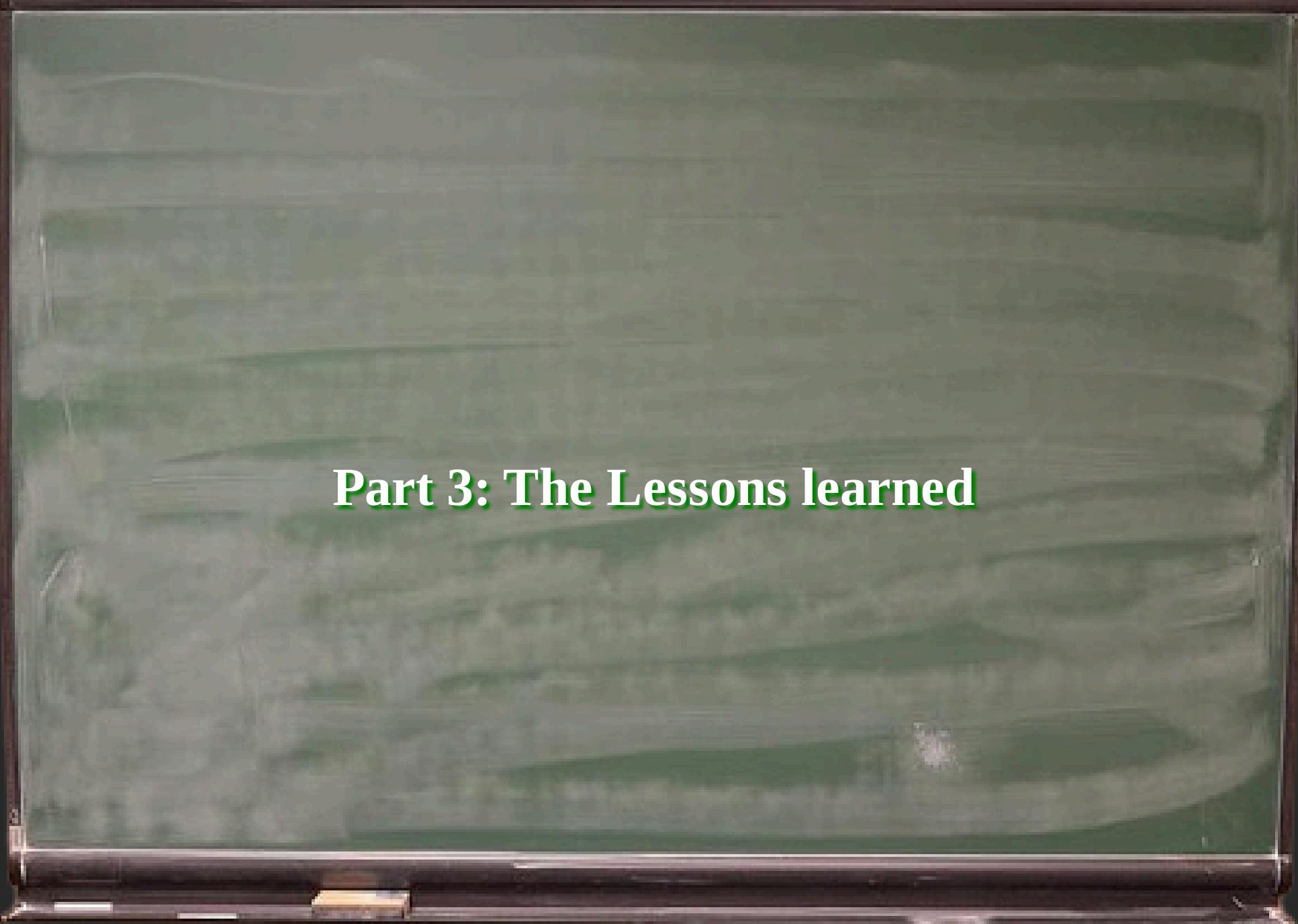
Jul 7, 2020, 01:02pm EDT

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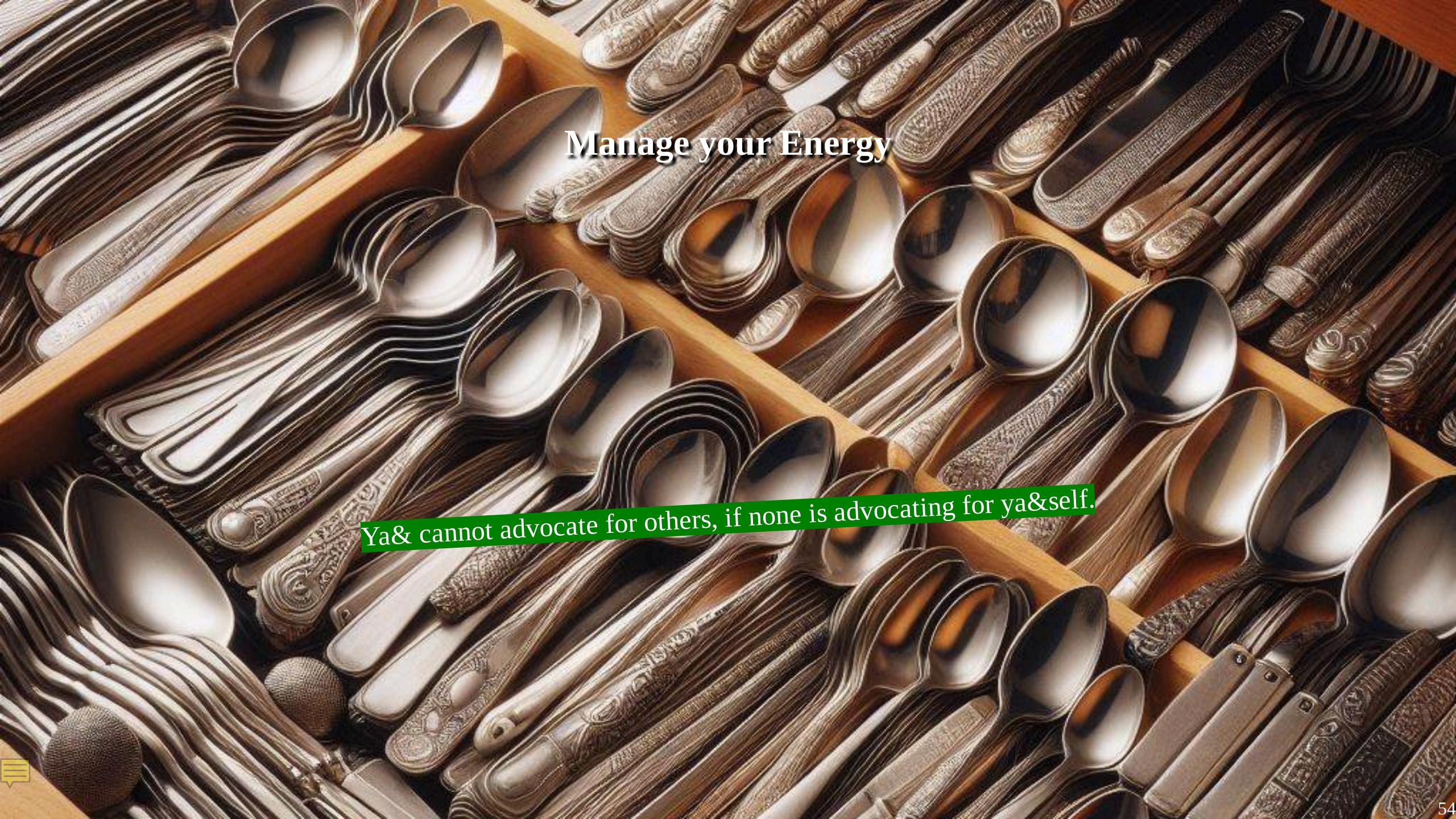


Let's talk about trans people, for some reason. (AP Photo/Lisa Poole) ASSOCIATED PRESS

## **Conclusion: Bringing a Plural Flag to a Pride is hella queer**



## Part 3: The Lessons learned



Manage your Energy

Ya& cannot advocate for others, if none is advocating for ya&self.





Find allies

They might have resources ya& need.

## Coping Strategies

Having a good plan solves half the troubles.

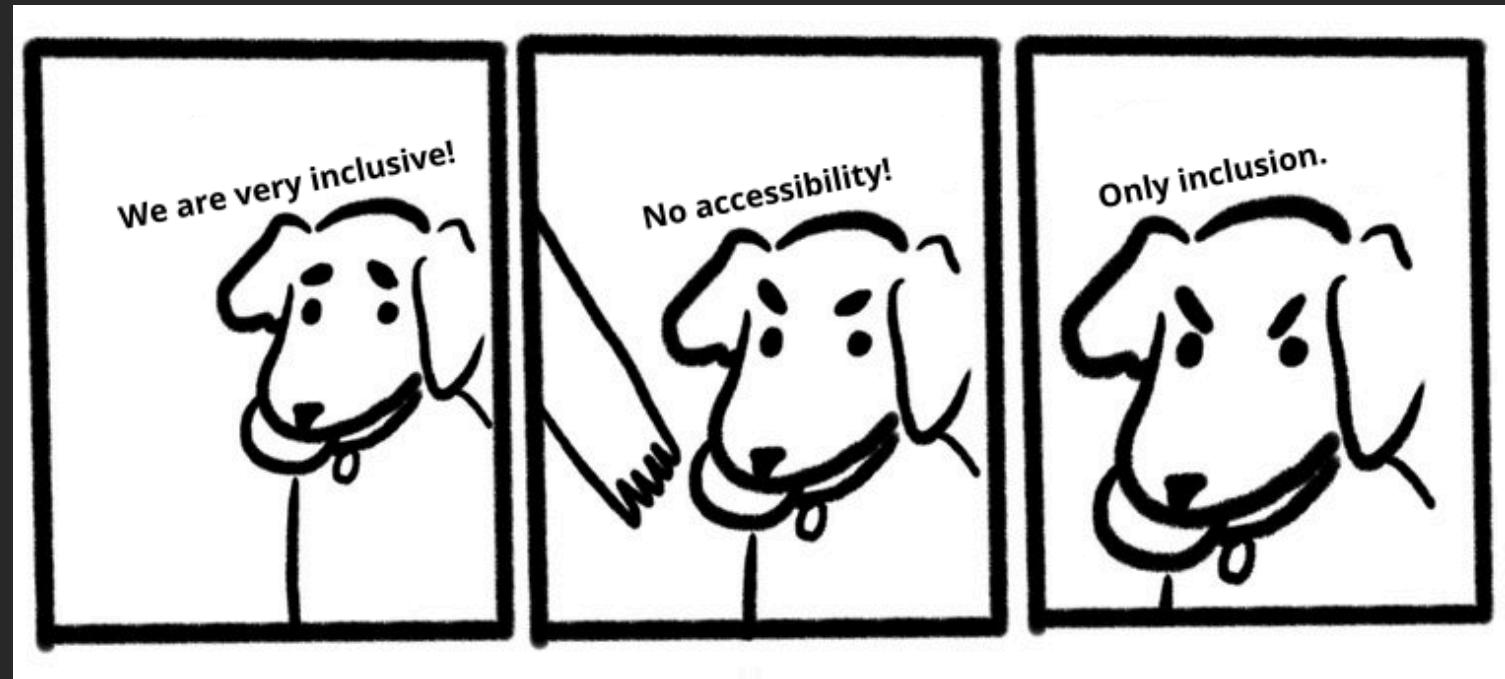
**How to make ya pride accessible?**

# No Accessibility without visibility

If people treat other disabilities like they treat people with ADHD



# Communication is important



marriage equality  
in North Ireland &

FREE , SAFE , LEGAL  
ABORTION PROVISION  
THE WHOLE OF  
UK + NI

PUSSY  
grabs  
BACK



CUTS  
are  
Criminal

#scout  
andout



AFFORDABLE  
HOUSING  
FOR ALL

Is it not arrogant  
to expect people to  
devote their time to your  
cause? What have  
you done?

TRANS WOMEN  
ARE WOMEN!

THEY TRIED TO  
DO THIS WITH THAT  
SORT OF THING!!

Factory farming  
is evil.

A  
WOMAN'S  
PLACE

Mental  
Health  
matters!

Working  
class  
\$  
proud.  
+ER!

RENTERS  
RIGHTS  
PLZ

LOVE  
TR  
HAT

Blocks are not just for lego

Turn off your  
phone!  
Play & talk with  
your child.

## **Blitz Round**

- Provide Contact Data
- Check the route with wheel chair users and visually impaired folks
- Publish your route and speeches upfront
- Provide exits and calm spaces

## **Go outside and have fun**

Nobody is hostile on a pride. If they are, its not a pride.



Listen, if theres no  
im not going

Plural,  
Queer,  
Autistic,  
Nerds



