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Xin chào, thanhduy!

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Trợ lý y tế thông minh



Where can I find child and youth mental health services?



Based on the knowledge base, here are several ways to find child and youth mental health services:

- Encourage your child to speak with a teacher or school counsellor.
- Talk to your family doctor, pediatrician, or visit a walk-in clinic.
- Contact your local Child & Youth Mental Health office on their walk-in days.
- Use the **Kelty Mental Health's Help Finder Tool** to locate specific services and providers.
- Contact a **Youth-in-Residence** or **Parent-in-Residence** from the Institute of Families for Child and Youth Mental Health for guidance and support. They are located around the province, and the Kelty Mental Health Resource Centre can assist by phone or email if there isn't one in your local community.