

## PREPARING A ROLE BIOGRAPHY

The questions below can help you deepen/elaborate your role. Not all questions will apply to the role you choose but can be very useful. **Write down the answers and bring them to your role play.**

1. What is your name?
2. How old are you?
5. What is your appearance?
6. What education did you have? How did your education go?
7. What is your (current) profession? What does your employment history look like?
8. What is your income? What is your financial status?
9. What is your attitude towards your profession/work(unemployment), colleagues?
10. How are your working conditions?
11. What is your social background, environment and family of origin?
12. How do you feel towards your parents?
13. Do you have a partner? If yes, how is the relationship with him/her?
14. What kind of relationships did you have in the past?
15. Have you ever been in contact with the law? If so, for what?
16. What are your sexual habits?
17. Do you have many or few friends?
18. Do you use alcohol/drugs?
19. Are you impulsive or cautious
20. How do you feel about faith, religion?
21. What are your hobby's?
22. Do you have any personal ambitions and desires?
23. Are you an introvert or an extravert?
24. Think of a positive and negative quality/trait you have.
25. How would you describe your personality/character?
26. What do you value in others and what definitely not?
27. How do you generally feel towards others, the world?
28. Do you have certain difficulties, phobias, frustrations?
29. What are you disappointed in?
30. How/why did you start therapy?