

List of Values

Using the following list of core values to get some ideas about how to create your own 7-word life motto.

Abundance	Comfort	Elegance
Acceptance	Commitment	Empathy
Accomplishment	Communication	Endurance
Accountability	Community	Energy
Accuracy	Compassion	Enjoyment
Achievement	Competence	Enthusiasm
Adaptability	Competitiveness	Equality
Adventure	Confidence	Ethical
Affection	Consistency	Excellence
Alertness	Contentment	Excitement
Altruism	Continuous	Experience
Ambition	Improvement	Expertise
Assertiveness	Contribution	Exploration
Authenticity	Control	Expressiveness
Awareness	Cooperation	Fairness
Balance	Correctness	Faith
Beauty	Courage	Fame
Being the best	Courtesy	Family
Belonging	Creativity	Fearless
Boldness	Credibility	Fidelity
Bravery	Curiosity	Fitness
Brilliance	Decisiveness	Fluency
Calmness	Dedication	Focus
Capable	Dependability	Foresight
Careful	Determination	Forgiveness
Carefulness	Devotion	Freedom
Caring	Devoutness	Friendship
Certainty	Dignity	Fun
Challenge	Diligence	Generosity
Challenge	Discipline	Giving
Charity	Discretion	Goodness
Cheerfulness	Diversity	Grace
Clarity	Economy	Gratitude
Cleanliness	Effectiveness	Growth
Clear-mindedness	Efficiency	Happiness
Clever	Elegance	Hard Work

Harmony	Obedience	Sincerity
Health	Openness	Skillfulness
Helping	Optimism	Solitude
Society	Order	Soundness
Holiness	Organization	Speed
Honesty	Originality	Spirituality
Honor	Passion	Spontaneity
Humility	Patience	Stability
Humor	Patriotism	Status
Imagination	Peace	Stewardship
Independence	Perfection	Strategic
Individuality	Piety	Strength
Ingenuity	Playfulness	Structure
Inner	Poise	Success
Harmony	Positivity	Support
Innovation	Power	Surprise
Inquisitiveness	Practicality	Sustainability
Insightful	Preparedness	Teamwork
Insightfulness	Productivity	Temperance
Inspiring	Professionalism	Thankful
Integrity	Prosperity	Thankfulness
Intellectual	Prudence	Thorough
Status	Purpose	Thoroughness
Intelligence	Recognition	Thoughtful
Intuition	Reliability	Thoughtfulness
Intuitive	Resourcefulness	Timeliness
Joy	Respect	Tolerance
Justice	Responsibility	Toughness
Kindness	Restraint	Traditional
Knowledge	Rigor	Traditionalism
Lawful	Security	Tranquility
Leadership	Selfless	Transparency
Learning	Selflessness	Trustworthiness
Legacy	Self-respect	Trustworthy
Logic	Sensitivity	Truth-seeking
Love	Serenity	Understanding
Loyalty	Service	Uniqueness
Making a difference	Sharing	Unity
Mastery	Shrewdness	Usefulness
Maturity	Silence	Vision
Meaning	Simplicity	Vitality
Winning	Wealth	Wisdom