

PSALM

# 106 Praise the LORD! Extol his goodness!

Capo 3: G C D Em G Am D G

1 Praise the LORD! Ex-tol his good-ness! for his love en-dures al-ways.  
 2 When you show your peo-ple fa-vour, then, O LORD, re-mem-ber me.  
 3 We have sinned, just like our fa-thers; we have done what was not right.

C D Em G Am D G

Who can tell his might-y ac-tions, or in full de-clare his praise?  
 Help me when you come to save them; let me know pros-per-i-ty-  
 When our fa-thers were in E-gypt, they de-spised your deeds of might.

D Em B C G Am D G

Blest are those whose way is right, act-ing just-ly in his sight.  
 joy-ful with your cho-sen race, join-ing them in giv-ing praise.  
 All your mer-cies they ig-nored - at the Red Sea spurned the LORD.

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| <p>4 Yet for his name's sake he saved them<br/>           and revealed his mighty hand.<br/>           By his word the Sea he parted,<br/>           led them through as on dry land -<br/>           from the hand of foes set free,<br/>           rescued from the enemy.</p> | <p>6 In the desert they surrendered<br/>           to their unremitting greed;<br/>           in the wasteland they provoked him,<br/>           craving meat they did not need.<br/>           So he gave them what they sought,<br/>           but on them disease he brought.</p> |
| <p>5 Then their adversaries foundered;<br/>           not a single one survived.<br/>           So the people sang his praises,<br/>           and his promises believed;<br/>           but his works they soon forgot,<br/>           and his counsel set at naught.</p>       | <p>7 In the camp they envied Moses,<br/>           Aaron too - GOD's priest was he.<br/>           Earth was split and swallowed Dathan<br/>           and Abiram's company;<br/>           there they fell, consumed by flame -<br/>           those who had abused God's name.</p> |

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| <p>8 Then they made a calf at Horeb –<br/>served an idol cast in clay;<br/>they exchanged their highest glory<br/>for a bull that feeds on hay.<br/>God their saviour they forgot,<br/>who for them great things had wrought.</p> <p>9 They forgot his deeds in Egypt,<br/>marvels in the land of Ham.<br/>So he said he would destroy them –<br/>had not Moses, his own man,<br/>stood before God in the path,<br/>shielding them from righteous wrath.</p> <p>10 Then they scorned the land of plenty;<br/>they did not believe his word.<br/>In their tents they grumbled at him,<br/>and did not obey the LORD.<br/>So he vowed, with upraised hand,<br/>they would fall in desert sand.</p> <p>11 Their descendants he would punish –<br/>scatter over lands abroad.<br/>Yet they yoked themselves to Baal,<br/>worshipping a lifeless god.<br/>Their transgressions God abhorred;<br/>so a plague came from the LORD.</p> <p>12 But when Phinehas took action<br/>and ungodliness defied,<br/>then the deadly plague was halted,<br/>and his deed was ratified<br/>by the LORD as rightly done,<br/>for the ages yet to come.</p> <p>13 When at Meribah's still waters<br/>they provoked the LORD again,<br/>they rebelled against God's Spirit,<br/>causing Moses bitter pain –<br/>for he spoke, possessed by grief,<br/>rashly and in unbelief.</p> | <p>14 They did not destroy the peoples<br/>in accord with GOD's command,<br/>but they mixed with them, and followed<br/>all the customs of the land,<br/>worshipping the idols there,<br/>which to them became a snare.</p> <p>15 Sons they sacrificed and daughters<br/>to a Canaanitish god;<br/>thus the land was desecrated<br/>by the stain of guiltless blood.<br/>By their acts they were defiled –<br/>into filthiness beguiled.</p> <p>16 So the LORD was angry with them,<br/>and his people he abhorred –<br/>gave them over to the nations,<br/>and their foe became their lord.<br/>Subject to their enemy,<br/>they were treated cruelly.</p> <p>17 Many times he showed his power<br/>by de-liv-er-ing his own,<br/>but they set their heart on sinning<br/>and rebelled against his throne.<br/>In their sin they chose to stay,<br/>and they wasted quite away.</p> <p>18 But when they appealed for mercy,<br/>he took note in heaven above;<br/>he recalled his covenant with them<br/>and relented in his love.<br/>So he made their captors all<br/>pity those they held in thrall.</p> <p>19 Gather us, LORD, from the nations;<br/>save us, and your name we'll praise.<br/>Blessèd be the God of Israel;<br/>may his glory last always.<br/>Let the LORD be praised again!<br/>Let the people say, "Amen!"</p> |
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