

# Simple Logistic Regression

Biostat 515/518  
Discussion – Week 4

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# PSA Study

- Goal of study was to assess if PSA can be used to identify those patients in whom cancer is progressing
- Prospective cohort study of men who have received hormonal therapy for prostate cancer
- Followed for at least 24 months
- Lowest PSA and cancer severity measured

# Scientific Question

- **Is PSA nadir (the lowest value observed post therapy) highly associated with time to relapse?**

# PSA Data

- What are the relevant variables for this scientific question?

# PSA Data

- What are the relevant variables for this scientific question?
  - PSA Nadir (continuous, uncensored)
  - Time in remission / time to relapse (continuous, possibly censored)
  - Indicator of relapse status (binary)
- What are valid analysis approaches?

# Analysis Approaches

- Approach 1:  
Logistic regression – binary predictor
  - Response: Indicator of relapse within 24 months
  - Predictor: Dichotomized PSA nadir
  - Statistical question: Are the odds of relapse within 24 months different for those with high PSA nadir compared to those with low PSA nadir.
- Drawbacks?
  - Cut-off may be arbitrary (what is “high” or “low” PSA?)

# Analysis Approaches

- Approach 2:

Logistic regression – continuous predictor

- Response: Indicator of relapse status at 24 months
- Predictor: PSA nadir
- Statistical question: Are the odds of relapse with 24 months different for those with different PSA levels?

- Drawbacks?

- Slightly harder to interpret (but we'll go over this!)

# Review of Terms

- Probability of event occurring (remission at last followup)

$$P(Y_i = 1) = p_i$$

- Odds of event occurring: Ratio of probabilities

$$\text{odds} = \frac{p_i}{1 - p_i}$$

- Odds ratio: Ratio of odds of event occurring to odds of event not occurring

$$OR = \frac{\text{odds event in group 1}}{\text{odds event in group 2}}$$



# Logistic Regression Review

- Uses the model

$$\text{logit}(p_i) = \log\left(\frac{p_i}{1-p_i}\right) = \beta_0 + \beta_1 X_i$$

- Parameter interpretations
  - log odds for  $X = 0$  :  $\beta_0$
  - log odds for  $X = x$  :  $\beta_0 + \beta_1 * x$
  - log odds for  $X = x + 1$  :  $\beta_0 + \beta_1 * (x + 1)$

# Logistic Regression Review

- Parameter interpretation (cont.)
  - Odds of event for  $X=x$ :  $\exp(\beta_0 + \beta_1 * x)$
  - Odds of event for  $X=x+1$ :  $\exp(\beta_0 + \beta_1 * (x+1))$

- Odds ratio comparing groups:

$$\begin{aligned}\frac{\text{odds of event for } X=x+1}{\text{odds of event for } X=x} &= \frac{\exp(\beta_0 + \beta_1(x+1))}{\exp(\beta_0 + \beta_1 x)} \\ &= \frac{\exp(\beta_0 + \beta_1 x + \beta_1)}{\exp(\beta_0 + \beta_1 x)} \\ &= \exp(\beta_1)\end{aligned}$$

# Approach 1: Application

```
#clear objects from workspace
```

```
rm(list=ls())
```

```
#set working directory
```

```
setwd("/Users/davidclausen/Dropbox/BIOST 515/Discussion")
```

```
#read in data
```

```
psa <- read.table('psa.txt',header=T)
```

```
#create indicator of relapse within 24 months
```

```
psa$relapse24 <- ifelse(psa$inrem=="no"&psa$obstime<=24,1,0)
```

```
#create dichotomized PSA variable
```

```
psa$high <- ifelse(psa$nadirpsa>=median(psa$nadirpsa),1,0)
```

```
#logistic regression of relapse status on dichotomized PSA nadir
```

```
mod1 <- glm(relapse24~high,family='binomial',data=psa)summary(mod1)
```

# Approach 1: Application

```
> summary(mod1)
```

Call:

```
glm(formula = relapse24 ~ high, family = "binomial", data = psa)
```

Deviance Residuals:

Min	1Q	Median	3Q	Max
-1.5956	-0.5905	-0.5905	0.8106	1.9145

Coefficients:

	Estimate	Std. Error	z value	Pr(> z )
(Intercept)	-1.6582	0.5455	-3.040	0.002369 **
high	2.6027	0.7043	3.695	0.000219 ***

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Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

Null deviance: 68.593 on 49 degrees of freedom  
Residual deviance: 51.631 on 48 degrees of freedom  
AIC: 55.631

Number of Fisher Scoring iterations: 4

# Approach 1: Results

- Results
  - OR :  $\exp(2.60) = 13.5$
  - 95% CI : [  $\exp(1.22)$  ,  $\exp(3.98)$  ]  
= [3.40,53.7]
  - P value: 0.000219
- Note: Above analysis does not use robust standard errors, but could use them here.

# Approach 1: Results

- The estimated odds of relapse within 24 months among prostate cancer patients with above-median PSA nadir level are 13.5 times higher relative to a group of prostate cancer patients with below-median PSA nadir level. Based on a 95% CI it would not be unusual to observe an OR between 3.40 and 53.7. With a p-value of 0.000219 we find this result significant at the 0.05 level.

# Approach 2: Application

```
#logistic regression of relapse status on (continuous) PSA
nadirmod2 <- glm(relapse24~nadirpsa,family='binomial',data=psa)

#extract point estimate and compute 95% CI for PSA effect
mod2.pointest <- exp(summary(mod2)$coefficients["nadirpsa","Estimate"])

mod2.95ci <- exp(summary(mod2)$coefficients["nadirpsa","Estimate"] +
  c(-1,1)*qnorm(.975)*summary(mod2)$coefficients["nadirpsa","Std. Error"])
```

# Approach 2: Application

```
> summary(mod2)
```

Call:

```
glm(formula = relapse24 ~ nadirpsa, family = "binomial", data = psa)
```

Deviance Residuals:

Min	1Q	Median	3Q	Max
-2.4956	-0.9110	-0.9098	1.2361	1.4656

Coefficients:

	Estimate	Std. Error	z value	Pr(> z )
(Intercept)	-0.67626	0.34086	-1.984	0.0473 *
nadirpsa	0.04071	0.02346	1.735	0.0827 .

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

Null deviance: 68.593 on 49 degrees of freedom  
Residual deviance: 60.102 on 48 degrees of freedom  
AIC: 64.102

Number of Fisher Scoring iterations: 6



# Approach 2: Results

- Results
  - OR :  $\exp(0.041) = 1.04$
  - 95% CI : [  $\exp(-0.0052)$  ,  $\exp(0.087)$  ]  
= [0.995, 1.09]
  - P value: 0.0827
- Note: Above analysis does not use robust standard errors, but could use them here.

## Approach 2: Results

The estimated odds of relapse within 24 months in a group of prostate cancer patients are 4% higher relative to a group of prostate cancer patients with a 1 ng/ml lower PSA nadir level. Based on a 95% CI it would not be unusual to observe an OR between 0.995 and 1.09. With a p-value of 0.08 we find this result is not significant at the 0.05 level.

## Approach 3: Using $\log_2(\text{PSA})$

- In the previous example we compared groups on an additive scale (1 unit different in PSA)
- If we wanted to compare groups on a multiplicative scale we can use a log-transformed predictor

# Approach 3: Application

```
#create log_2 PSA nadir variable
```

```
psa$log2_nadirpsa <- log(psa$nadirpsa)/log(2)
```

```
#logistic regression of relapse status on log PSA nadir
```

```
mod3 <- glm(relapse24~log2_nadirpsa,family="binomial",data=psa)
```

```
#extract point estimate and compute 95% CI for PSA nadir effect
```

```
mod3.pointest <- exp(summary(mod3)$coefficients["log2_nadirpsa","Estimate"])
```

```
mod3.95ci <- exp(summary(mod3)$coefficients["log2_nadirpsa","Estimate"] +  
  c(-1,1)*qnorm(.975)*summary(mod2)$coefficients["log2_nadirpsa","Std. Error"])
```

# Approach 3: Application

```
> summary(mod3)
```

Call:

```
glm(formula = relapse24 ~ log2_nadirpsa, family = "binomial",  
     data = psa)
```

Deviance Residuals:

Min	1Q	Median	3Q	Max
-2.5904	-0.5355	-0.4704	0.6088	1.7684

Coefficients:

	Estimate	Std. Error	z value	Pr(> z )
(Intercept)	-0.7109	0.3884	-1.831	0.067166 .
log2_nadirpsa	0.6178	0.1671	3.696	0.000219 ***

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Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial family taken to be 1)

Null deviance: 68.593 on 49 degrees of freedom  
Residual deviance: 44.063 on 48 degrees of freedom  
AIC: 48.063

Number of Fisher Scoring iterations: 5

# Approach 3: Results

The estimated odds of relapse within 24 months in a group of prostate cancer patients are 1.85 times the odds of relapse for group of prostate cancer patients with a PSA nadir twice as low (two-fold decrease). Based on a 95% CI it would not be unusual to observe an OR between 1.34 and 2.57. With a p-value less than 0.001 we find this result to be significant and reject the null hypothesis.

# Summary

- Logistic regression requires a binary dependent/response variable
- Without a good scientific reason, dichotomization of continuous predictors is not recommended.
- Choice of transformation of independent variable depends the scientific question (additive or multiplicative change).