Biost 515: Biostatistics II / Biost 518: Applied Biostatistics II Thornton, Winter 2018

Project Assignment February 20, 2018.

General Comments:

For the project, students have been assigned to a writing group of 3 or 4 students. Group assignments will be posted on the Canvas course website. The project deals with changes in plasma lipid biomarkers for coronary heart disease (CHD) after hormone replacement therapy in a sample of 2,763 women from the Heart and Estrogen/progestin Replacement Study (HERS). HERS was a randomized, double-blind, placebo-controlled trial designed to test the efficacy and safety of estrogen plus progestin therapy for prevention of recurrent coronary heart disease (CHD) events in women.

The data can be found on the Canvas web page by clicking on the "Files" link and then accessing the "Data Analysis Group Project" folder. The file "HERSdatasub.csv" contains the data that can be used to read the data into R. Documentation is in the file "HERSdatasub.pdf". Your report will address the scientific questions given in the "HERSdatasub.pdf" document.

Each writing group will submit a short paper describing the results of a statistical analysis to a scientist collaborator. Papers should be submitted electronically as MS-Word or pdf documents.

You should also note that I may post anonymous versions of the papers on the Canvas course web pages at some future date.

Due Date:

- <u>5:00 pm, Friday, March 9, 2018</u>: Each group should submit an electronic version of their final report via the Canvas.
 - o Your paper should include your group number and your names.
 - o The file you submit should be a MS Word document.
 - The file name must follow the following very strict format. If you are Group *kk*, your file should be named: final*kk*.doc (or final*kk*.docx if you are using more recent versions of MS Word). You need to use lower case. If you are group 1 − 9, please use final09.doc, etc. If you fail to name your file correctly, I will return it to you.
 - o The group should also provide a file describing the contribution of each member to the final paper. The file name must follow the following very strict format. If you are Group *kk*, your file should be named: contributions*kk*.doc (or contributions*kk*.docx if you are using more recent versions of MS Word). You need to use lower case. If you are group 1 − 9, please use final09.doc, etc. If you fail to name your file correctly, I will return it to you.

Ground Rules:

- 1. You are not to discuss your data analysis or paper with anyone other than your group members, the course instructor or course TAs.
- 2. As there is no need to do literature search, you are not to reference other papers written on these topics except for the reference and link provided in the HERSdatasub.pdf" document. Most especially, you are not to reference any paper that analyzes HERS data or any paper that references other papers referencing the HERS data.

- -- Rationale: For the purposes of this project, I want to see how you would analyze this data based on information you might have initially gained from your collaborator. As this is just mimicking the first stage in what is usually an iterative process, I am imagining that you might end up revising analyses and reports after your collaborator digests this initial report.
- 3. The report you submit is to be your own work. I take plagiarism very seriously. Thus you should not copy information you obtain from other works into your report. This prohibition extends to the documentation of the dataset which I provided. Use your own words. I have many anecdotes of recognizing my wording that appeared in papers that I had refereed several years earlier. I also have much experience with seeing the same wording appearing in different papers received from the same class. These instances are usually easily traced these days to web pages. In any case, you are forewarned: This is something I notice when grading papers.

Requirements for the Manuscript:

The paper should be written in a manner that might represent the a report of a data analysis to a collaborator, as opposed to a paper that might be submitted to a journal. Hence, the supposition is that you are the statistical analyst, and your collaborator is the expert on the area of application.

I have posted an example paper from a previous year on the Canvas website for your reference.

Your paper should be more than 0 and fewer than 13 pages in length (so 1 to 12 single sided sheets of paper or the equivalent printed double sided), not counting figures and tables. It may contain at most six tables and at most four figures (though each figure may have multiple panels to display different endpoints). It may not use fonts less than 10 points for the main text. (Do not feel compelled to hit the maximum on any of these, I am just trying to give you some flexibility while avoiding a proliferation of information that exceeds the size of the original data files: If you present more statistics than original data points, you have clearly failed at summarizing the results.)

In this report, you should describe the results of your analysis and the conclusions you would reach from those results. This report should look like a formal report to a statistically naïve client (i.e., the researcher who brought you the data and/or involved you in the analysis). Because a statistical analysis aims to answer a scientific question, you should organize your report in the manner which is customarily used in science. To wit:

- 1. Summary: Provide a concise description of the question, the data used to try to answer it, and the conclusions of your analysis. Give a brief description of the study design/sampling scheme. Give the most pertinent estimates, confidence intervals, and P values. Note that estimates and confidence intervals regarding the main question of interest are also important even when there is no statistically significant effect. Don't give too much detail here, but do note any significant problems that were encountered. The basic goal is to have all the key information in your summary, and the rest of your report is the supporting detail.
- 2. *Background*: Provide a description of the scientific motivation for the analysis. Use your own words rather than copying the description provided by the client or the description from some other source. By providing your understanding of the problem, the client may

be able to correct any misconceptions that you had about the science. You don't have to go into great detail here, but do give all the facts that entered into your decision process during the analysis. Generally this will include a statement about the overall goal you are trying to address (e.g., the disease and the public health impact of the disease), the current state of knowledge (e.g., conclusions reached in previous studies), and the specific aims of the current study. (You do not need to do a literature search, though you may if you really want. However, the goal of this project is the statistical analysis and its correct interpretation. I usually hold my collaborators responsible for having done the literature search.)

- 3. *Questions of Interest*: List the specific questions that your client posed as well as the questions that you answered. Highlight discrepancies between the two categories of questions, if any.
- 4. *Source of the Data*: Describe the source and sampling methods for the data, if known. Describe the variables that are available and their meaning for the analysis. Highlight patterns of missing data as well as possible confounding by measured or unmeasured variables. This should not be a detailed presentation of descriptive statistics, however. That will come under Results.
- 5. Statistical Methods: Describe the methods used for the analysis at two levels. 1) Give a low-level technical description of the analysis for the client to use in the manuscript. Include references for non-standard techniques. You may want to describe the software used, and you certainly want to describe the methods used for assessing the appropriateness of your models. Explain how you handled common problems like missing data, multiple comparisons, etc. 2) Explain the basic philosophy behind the analysis techniques in layman's terms. Provide interpretations for all parameter estimates. Motivate transformations. Describe the use of P values and confidence intervals if they play an important role in your analysis. Explain why you didn't use more common techniques if necessary.
- 6. *Results*: Provide the pertinent results of your analyses. Do not include all the dead-end analyses you might have done unless they provide insight into the question. Do lead the client up to the analyses gradually.
 - a. Start off with descriptive statistics. This is an area often given short shrift in previous years. The goal is to describe the basic characteristics of the sample used to address the question (materials and methods), as well as to present simple descriptive statistics (non-model based) that address the questions. Tables and plots are the key tools. If there are any characteristics of the data that present technical problems that needed to be addressed in the modeling (validity of any assumptions), try to present descriptive statistics illustrating those issues. The basic idea is to presage all the issues you will talk about when presenting the models used in statistical inference, insofar as possible with simple descriptive statistics.
 - b. Then go to the major analyses used to answer the primary questions. Present summaries of the statistical inference obtained from these models (point estimates, CI, P values). Highlight any particular issues that materially affected the models used to answer the question (confounding, interactions, nonlinearities, etc.) Tables can often be used to good effect here.
 - c. Leave exploratory analyses (if any) for last and highlight the exploratory nature of those analyses.

- d. Present the results of your analyses in tables and publishing quality figures. DO NOT INCLUDE OUTPUT FROM STATISTICAL PROGRAMS. (Such means little to me and nothing to a client). When possible, use words instead of cryptic variable names. Use forms of estimates that have some meaning to a statistically naive researcher. Thus, if you log transform your response, present geometric mean ratios rather than linear regression parameters. Present confidence intervals (and p-values) rather than the values of Z, t, F, or chi squared statistics.
- 7. *Discussion*: Discuss the conclusions which you feel can be drawn from the analyses. Highlight the limitations of the data and your analyses. Sometimes particularly speculative analyses are reported here. But you do not need to give all the discussion that would eventually appear in a scientific journal. Suggest directions for future analyses that might be possible prior to publication of these results, but you do not at this stage need to suggest what next experiment the scientific field needs to consider.

The major theme of the above is to write to the client and the scientific community rather than to a statistician. If you cannot explain your findings in a straightforward manner, then the analysis is of little value to anyone.

Also, lead your reader to all the proper results. You spent a long time analyzing the data. Now provide a brief tour through the high points of your work. Statistical diagnostics, which take a lot of our time, can most often be summarized in a single sentence ("Similar trends were observed at other time points." or "We found no evidence to suggest that the final model did not fit the data adequately.") You are reporting your major results and impressions of the data. If the client wanted to see every detail, he/she would have to do the analysis himself/herself.

It is probably most useful to first consider the tables and figures you will present. In studies such as these, I would tend to include

- 1. Table 1: Descriptive statistics for the patient characteristics at time of study inclusion, perhaps broken down by any primary predictor of interest (if there is one) or by outcome group. The purpose of such a table is to allow the reader to assess the comparability of important groups with respect to other predictors of response such as age, sex, etc., while at the same time giving them an idea of the types of patients used in the study.
- 2. Table 2: Descriptive statistics for the "subject disposition" detailing the intensity of follow-up and availability of data. It should be anticipated that patients will vary in their available data due to their clinical course, their adherence to the protocol for clinic visits, and/or loss to follow-up. Any missing data that results from such varied participation can have major impact on the generalizability (at least) and credibility of the trial results. At the <u>very</u> minimum, we would want to know what data is missing. (In an observational longitudinal study, this becomes extremely important.)
- 3. Table 3: Descriptive statistics for outcomes by primary group. While we are ultimately interested in making inference about some summary measure (along with its precision as measured by a CI or a SE), we need to recognize that excessively high or low outcomes may indicate important variability for individual patients (so ranges of the data and/or SD are also of interest). Hence, this table might focus more on the data itself, rather than the inference. (The inference is further described below.)

- 4. Figure 1: Any relevant graphical display of outcomes. This could either be primarily descriptive (e.g., by showing the (possibly jittered) data) by treatment group with superimposed smooths, or it could be primarily inferential (by showing point estimates with standard error bars or confidence intervals). With time to event data, it is not uncommon to display the survival curves, which also serves to depict the range of the data. In this case, consideration might also be given to the censoring distribution.
- 5. Table 4: Inferential statistics presenting results by primary group. This table would typically include point estimates, confidence intervals, and P values. When the primary question involves some amount of exploration, this table might present separately the univariate analyses and adjusted analyses.

I note that you need not follow this scheme. But you do need the information displayed somehow.