NONGKRONG STUDIES, NONGKRONG BODIES



Nongkrong is a practice related to togetherness, the sharing of time non-related to production, activity, or work. This shared practice can liberate bodies and minds towards unexpected relations and joyful moments, towards an expanded perception of ourselves and of our possibilities.



Unproductivity means time subtracted to work, the everyday pressure and time-oriented tasks, success, and fame. It has been often connotated as "wasted time", but on the contrary, it might be the key concept to living a liberated and healed time, based on sharing, on mutual listening and respect.



The plan is to spend the first week together to share time and explore the possibilities that might stem from "doing nothing" together, opening to Pact ecosystem in the second week and engaging with the local communities in the third week, in order to open up spaces and times of shared laziness and deep connections, that can hopefully last after the residency, in order to build a network that can last in time.