10 Appendix D:The Natario warp drive negative energy density in Cartezian coordinates

The negative energy density according to Natario is given by (see pg 5 in [2])⁹:

$$\rho = T_{\mu\nu}u^{\mu}u^{\nu} = -\frac{1}{16\pi}K_{ij}K^{ij} = -\frac{v_s^2}{8\pi}\left[3(n'(rs))^2\cos^2\theta + \left(n'(rs) + \frac{r}{2}n''(rs)\right)^2\sin^2\theta\right]$$
(175)

In the bottom of pg 4 in [2] Natario defined the x-axis as the polar axis. In the top of page 5 we can see that $x = rs\cos(\theta)$ implying in $\cos(\theta) = \frac{x}{rs}$ and in $\sin(\theta) = \frac{y}{rs}$

Rewriting the Natario negative energy density in cartezian coordinates we should expect for:

$$\rho = T_{\mu\nu}u^{\mu}u^{\nu} = -\frac{1}{16\pi}K_{ij}K^{ij} = -\frac{v_s^2}{8\pi}\left[3(n'(rs))^2(\frac{x}{rs})^2 + \left(n'(rs) + \frac{r}{2}n''(rs)\right)^2(\frac{y}{rs})^2\right]$$
(176)

Considering motion in the equatorial plane of the Natario warp bubble (x-axis only) then $[y^2 + z^2] = 0$ and $rs^2 = [(x - xs)^2]$ and making xs = 0 the center of the bubble as the origin of the coordinate frame for the motion of the Eulerian observer then $rs^2 = x^2$ because in the equatorial plane y = z = 0.

Rewriting the Natario negative energy density in cartezian coordinates in the equatorial plane we should expect for:

$$\rho = T_{\mu\nu}u^{\mu}u^{\nu} = -\frac{1}{16\pi}K_{ij}K^{ij} = -\frac{v_s^2}{8\pi}\left[3(n'(rs))^2\right]$$
(177)

 $^{{}^{9}}n(rs)$ is the Natario shape function. Equation written in the Geometrized System of Units c=G=1

Appendix E:mathematical demonstration of the Natario warp drive equation for a constant speed vs in the original 3+1 ADM Formalism according to MTW and Alcubierre

General Relativity describes the gravitational field in a fully covariant way using the geometrical line element of a given generic spacetime metric $ds^2 = g_{\mu\nu} dx^{\mu} dx^{\nu}$ where do not exists a clear difference between space and time. This generical form of the equations using tensor algebra is useful for differential geometry where we can handle the spacetime metric tensor $g_{\mu\nu}$ in a way that keeps both space and time integrated in the same mathematical entity (the metric tensor) and all the mathematical operations do not distinguish space from time under the context of tensor algebra handling mathematically space and time exactly in the same way.

However there are situations in which we need to recover the difference between space and time as for example the evolution in time of an astrophysical system given its initial conditions.

The 3+1 ADM formalism allows ourselves to separate from the generic equation $ds^2 = g_{\mu\nu}dx^{\mu}dx^{\nu}$ of a given spacetime the 3 dimensions of space and the time dimension.(see pg [64(b)] [79(a)] in [12])

Consider a 3 dimensional hypersurface Σ_1 in an initial time t1 that evolves to a hypersurface Σ_2 in a later time t2 and hence evolves again to a hypersurface Σ_3 in an even later time t3 according to fig 2.1 pg [65(b)] [80(a)] in [12].

The hypersurface Σ_2 is considered and adjacent hypersurface with respect to the hypersurface Σ_1 that evolved in a differential amount of time dt from the hypersurface Σ_1 with respect to the initial time t1. Then both hypersurfaces Σ_1 and Σ_2 are the same hypersurface Σ in two different moments of time Σ_t and Σ_{t+dt} . (see bottom of pg [65(b)] [80(a)] in [12])

The geometry of the spacetime region contained between these hypersurfaces Σ_t and Σ_{t+dt} can be determined from 3 basic ingredients:(see fig 2.2 pg [66(b)] [81(a)] in [12]) (see also fig 21.2 pg [506(b)] [533(a)] in [11] where $dx^i + \beta^i dt$ appears to illustrate the equation 21.40 $g_{\mu\nu} dx^{\mu} dx^{\nu} = -\alpha^2 dt^2 + \gamma_{ij} (dx^i + \beta^i dt) (dx^j + \beta^j dt)$ at pg [507(b)] [534(a)] in [11])¹⁰

- 1)-the 3 dimensional metric $dl^2 = \gamma_{ij} dx^i dx^j$ with i, j = 1, 2, 3 that measures the proper distance between two points inside each hypersurface
- 2)-the lapse of proper time $d\tau$ between both hypersurfaces Σ_t and Σ_{t+dt} measured by observers moving in a trajectory normal to the hypersurfaces (Eulerian observers) $d\tau = \alpha dt$ where α is known as the lapse function.
- 3)-the relative velocity β^i between Eulerian observers and the lines of constant spatial coordinates $(dx^i + \beta^i dt).\beta^i$ is known as the shift vector.

 $^{^{10}}$ we adopt the Alcubierre notation here

Combining the eqs (21.40), (21.42) and (21.44) pgs [507, 508(b)] [534, 535(a)] in [11]with the eqs (2.2.5) and (2.2.6) pgs [67(b)] [82(a)] in [12] using the signature (-,+,+,+) we get the original equations of the 3 + 1 ADM formalism given by the following expressions:

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0j} \\ g_{i0} & g_{ij} \end{pmatrix} = \begin{pmatrix} -\alpha^2 + \beta_k \beta^k & \beta_j \\ \beta_i & \gamma_{ij} \end{pmatrix}$$

$$(178)$$

$$g_{\mu\nu} \, dx^{\mu} \, dx^{\nu} = -\alpha^2 dt^2 + \gamma_{ij} (dx^i + \beta^i dt) (dx^j + \beta^j dt)$$
(179)

The components of the inverse metric are given by the matrix inverse:

$$g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0j} \\ g^{i0} & g^{ij} \end{pmatrix} = \begin{pmatrix} -\frac{1}{\alpha^2} & \frac{\beta^j}{\alpha^2} \\ \frac{\beta^i}{\alpha^2} & \gamma^{ij} - \frac{\beta^i \beta^j}{\alpha^2} \end{pmatrix}$$
(180)

The spacetime metric in 3 + 1 is given by:

$$ds^{2} = g_{\mu\nu} dx^{\mu} dx^{\nu} = -\alpha^{2} dt^{2} + \gamma_{ij} (dx^{i} + \beta^{i} dt) (dx^{j} + \beta^{j} dt)$$
(181)

But since $dl^2 = \gamma_{ij} dx^i dx^j$ must be a diagonalized metric then $dl^2 = \gamma_{ii} dx^i dx^i$ and we have:

$$ds^2 = -\alpha^2 dt^2 + \gamma_{ii} (dx^i + \beta^i dt)^2$$
(182)

$$(dx^{i} + \beta^{i}dt)^{2} = (dx^{i})^{2} + 2\beta^{i}dx^{i}dt + (\beta^{i}dt)^{2}$$
(183)

$$\gamma_{ii}(dx^i + \beta^i dt)^2 = \gamma_{ii}(dx^i)^2 + 2\gamma_{ii}\beta^i dx^i dt + \gamma_{ii}(\beta^i dt)^2$$
(184)

$$\beta_i = \gamma_{ii}\beta^i \tag{185}$$

$$\gamma_{ii}(\beta^i dt)^2 = \gamma_{ii}\beta^i \beta^i dt^2 = \beta_i \beta^i dt^2 \tag{186}$$

$$(dx^i)^2 = dx^i dx^i (187)$$

$$\gamma_{ii}(dx^i + \beta^i dt)^2 = \gamma_{ii} dx^i dx^i + 2\beta_i dx^i dt + \beta_i \beta^i dt^2$$
(188)

$$ds^{2} = -\alpha^{2}dt^{2} + \gamma_{ii}dx^{i}dx^{i} + 2\beta_{i}dx^{i}dt + \beta_{i}\beta^{i}dt^{2}$$

$$ds^{2} = (-\alpha^{2} + \beta_{i}\beta^{i})dt^{2} + 2\beta_{i}dx^{i}dt + \gamma_{ii}dx^{i}dx^{i}$$

$$(189)$$

$$ds^{2} = (-\alpha^{2} + \beta_{i}\beta^{i})dt^{2} + 2\beta_{i}dx^{i}dt + \gamma_{ii}dx^{i}dx^{i}$$

$$(190)$$

Note that the expression above is exactly the eq (2.2.4) pgs [67(b)] [82(a)] in [12]. It also appears as eq 1 pg 3 in [1].

With the original equations of the 3+1 ADM formalism given below:

$$ds^{2} = (-\alpha^{2} + \beta_{i}\beta^{i})dt^{2} + 2\beta_{i}dx^{i}dt + \gamma_{ii}dx^{i}dx^{i}$$

$$(191)$$

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0i} \\ g_{i0} & g_{ii} \end{pmatrix} = \begin{pmatrix} -\alpha^2 + \beta_i \beta^i & \beta_i \\ \beta_i & \gamma_{ii} \end{pmatrix}$$
(192)

$$g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -\frac{1}{\alpha^2} & \frac{\beta^i}{\alpha^2} \\ \frac{\beta^i}{\alpha^2} & \gamma^{ii} - \frac{\beta^i \beta^i}{\alpha^2} \end{pmatrix}$$
(193)

and suppressing the lapse function making $\alpha = 1$ we have:

 $g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0i} \\ g_{i0} & g_{ii} \end{pmatrix} = \begin{pmatrix} -1 + \beta_i \beta^i & \beta_i \\ \beta_i & \gamma_{ii} \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$ $g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} -1 & \beta^i \\ \beta^i & \gamma^{ii} - \beta^i \beta^i \end{pmatrix}$

changing the signature from (-,+,+,+) to signature (+,-,-,-) we have:

$$ds^2 = -(-1 + \beta_i \beta^i)dt^2 - 2\beta_i dx^i dt - \gamma_{ii} dx^i dx^i$$
(197)

$$ds^2 = (1 - \beta_i \beta^i)dt^2 - 2\beta_i dx^i dt - \gamma_{ii} dx^i dx^i$$
(198)

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0i} \\ g_{i0} & g_{ii} \end{pmatrix} = \begin{pmatrix} 1 - \beta_i \beta^i & -\beta_i \\ -\beta_i & -\gamma_{ii} \end{pmatrix}$$
(199)

$$g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} 1 & -\beta^i \\ -\beta^i & -\gamma^{ii} + \beta^i \beta^i \end{pmatrix}$$
 (200)

Remember that the equations given above corresponds to the generic warp drive metric given below:

$$ds^2 = dt^2 - \gamma_{ii}(dx^i + \beta^i dt)^2 \tag{201}$$

The warp drive spacetime according to Natario is defined by the following equation but we changed the metric signature from (-,+,+,+) to $(+,-,-,-)(pg\ 2$ in [2])

$$ds^{2} = dt^{2} - \sum_{i=1}^{3} (dx^{i} - X^{i}dt)^{2}$$
(202)

The Natario equation given above is valid only in cartezian coordinates. For a generic coordinates system we must employ the equation that obeys the 3+1 ADM formalism:

$$ds^{2} = dt^{2} - \sum_{i=1}^{3} \gamma_{ii} (dx^{i} - X^{i} dt)^{2}$$
(203)

Comparing all these equations

$$ds^{2} = (1 - \beta_{i}\beta^{i})dt^{2} - 2\beta_{i}dx^{i}dt - \gamma_{ii}dx^{i}dx^{i}$$

$$(204)$$

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0i} \\ g_{i0} & g_{ii} \end{pmatrix} = \begin{pmatrix} 1 - \beta_i \beta^i & -\beta_i \\ -\beta_i & -\gamma_{ii} \end{pmatrix}$$
 (205)

$$g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} 1 & -\beta^i \\ -\beta^i & -\gamma^{ii} + \beta^i \beta^i \end{pmatrix}$$
 (206)

$$ds^{2} = dt^{2} - \gamma_{ii}(dx^{i} + \beta^{i}dt)^{2}$$
(207)

With

$$ds^{2} = dt^{2} - \sum_{i=1}^{3} \gamma_{ii} (dx^{i} - X^{i} dt)^{2}$$
(208)

We can see that $\beta^i = -X^i, \beta_i = -X_i$ and $\beta_i \beta^i = X_i X^i$ with X^i as being the contravariant form of the Natario shift vector and X_i being the covariant form of the Natario shift vector. Hence we have:

$$ds^{2} = (1 - X_{i}X^{i})dt^{2} + 2X_{i}dx^{i}dt - \gamma_{ii}dx^{i}dx^{i}$$
(209)

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{0i} \\ g_{i0} & g_{ii} \end{pmatrix} = \begin{pmatrix} 1 - X_i X^i & X_i \\ X_i & -\gamma_{ii} \end{pmatrix}$$
 (210)

$$g^{\mu\nu} = \begin{pmatrix} g^{00} & g^{0i} \\ g^{i0} & g^{ii} \end{pmatrix} = \begin{pmatrix} 1 & X^i \\ X^i & -\gamma^{ii} + X^i X^i \end{pmatrix}$$
 (211)

$$nX = X^{rs}drs + X^{\theta}rsd\theta \qquad \text{(212)}$$

Looking to the equation of the Natario vector $nX(pg\ 2 \text{ and } 5 \text{ in } [2])$: $nX = X^{rs}drs + X^{\theta}rsd\theta$ With the contravariant shift vector components X^{rs} and X^{θ} given by:(see pg 5 in [2]):

$$X^{rs} = 2v_s n(rs)\cos\theta \tag{213}$$

$$X^{\theta} = -v_s(2n(rs) + (rs)n'(rs))\sin\theta \tag{214}$$

and $\gamma_{\theta\theta}=r^2$. The solution $X_i=\gamma_{ii}X^i$ $X_i=\gamma_{ii}X^i$ $X_r=\gamma_{rr}X^r=X_{rs}=\gamma_{rsrs}X^{rs}=2v_sn(rs)\cos\theta=X^r=X^{rs}$ and $\gamma_{\theta\theta}=r^2$. The solution $X_\theta=\gamma_{\theta\theta}X^\theta=rs^2X^\theta=-rs^2v_s(2n(rs)+(rs)n'(rs))\sin\theta$ but solvic $\gamma_{\theta\theta}=r^2$. The solution $\gamma_{\theta\theta}=r^2$ is and $\gamma_{\theta\theta}=r^2$ is and $\gamma_{\theta\theta}=r^2$ is and $\gamma_{\theta\theta}=r^2$ is an and $\gamma_{\theta\theta}=r^2$. The solution $\gamma_{\theta\theta}=r^2$ is an analysis of $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ is an analysis of $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ is an analysis of $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ is an analysis of $\gamma_{\theta\theta}=r^2$ in $\gamma_{\theta\theta}=r^2$ But remember that $dl^2 = \gamma_{ii} dx^i dx^i = dr^2 + r^2 d\theta^2$ with $\gamma_{rr} = 1$ and $\gamma_{\theta\theta} = r^2$. Then the covariant shift vector components X_{rs} and X_{θ} with r = rs are given by:

$$X_i = \gamma_{ii} X^i \tag{215}$$

$$X_r = \gamma_{rr} X^r = X_{rs} = \gamma_{rsrs} X^{rs} = 2v_s n(rs) \cos \theta = X^r = X^{rs}$$
(216)

$$X_{\theta} = \gamma_{\theta\theta} X^{\theta} = rs^2 X^{\theta} = -rs^2 v_s (2n(rs) + (rs)n'(rs)) \sin \theta \tag{217}$$