

Analysis of 2023 Keeratisiroj Data - Self Active Aging Index (Northern Provinces, Thailand, 2018 data)

- <https://www.nature.com/articles/s41598-023-29788-2#Sec15>
- Keeratisiroj, O., Kitreerawutiwong, N. & Mekrungrongwong, S. Development of Self-Active Aging Index (S-AAI) among rural elderly in lower northern Thailand classified by age and gender. Sci Rep 13, 2676 (2023). <https://doi.org/10.1038/s41598-023-29788-2>
- Excel Data source: https://static-content.springer.com/esm/art%3A10.1038%2Fs41598-023-29788-2/MediaObjects/41598_2023_29788_MOESM4_ESM.xlsx

Supplementary material-S1

The calculation for Self-Active Aging Index (S-AAI) followed by formula:

$$\text{Index} = \sum_{i=1}^n \left(\frac{\bar{x}_i}{M_i \times n} \right), \text{ by}$$

\bar{x}_i = Mean of indicator i

M_i = Maximum of the value of indicator i

n = Number of indicators for dimension

F1 - Mental/subjective health

$$\frac{\text{No happiness}}{2 \times 5} + \frac{\text{Psychological distress}}{2 \times 5} + \frac{\text{Subjective physical health}}{4 \times 5} + \frac{\text{Sleep problem}}{2 \times 5} + \frac{\text{Forgetfulness problem}}{2 \times 5} + \frac{\text{Subjective physical health}}{4 \times 5}$$

F2 - Physical health

$$\frac{\text{Barthel ADL index groups}}{2 \times 3} + \frac{\text{Functional ability groups}}{2 \times 3} + \frac{\text{Exercise or physical activity}}{4 \times 3}$$

F3 -Health behavior and chronic disease

$$\frac{\text{Smoking}}{4 \times 4} + \frac{\text{Alcohol drinking}}{4 \times 4} + \frac{\text{BMI level}}{6 \times 4} + \frac{\text{Number of Chronic disease}}{2 \times 4}$$

F4 -Vision and hearing

$$\frac{\text{Hearing ability}}{3 \times 2} + \frac{\text{Visual ability}}{3 \times 2}$$

F5 -Oral health

$$\frac{\text{Number of teeth at least 20}}{1 \times 2} + \frac{\text{Chewing or swallowing food problems}}{2 \times 2}$$

F6 -Social participation

$$\frac{\text{Being a group member or club}}{1 \times 2} + \frac{\text{Participation in the activities of the elderly club}}{2 \times 2}$$

F7 -Stability in life

$$\frac{\text{Working}}{1 \times 5} + \frac{\text{Main source of income}}{4 \times 5} + \frac{\text{Debt}}{1 \times 5} + \frac{\text{Income level}}{3 \times 5} + \frac{\text{Education level}}{6 \times 5}$$

F8 -Financial stability

$$\frac{\text{Sufficiency of income}}{2 \times 3} + \frac{\text{Saving}}{1 \times 3} + \frac{\text{Providing financial support to families}}{2 \times 3}$$

F9 -Secure living

$$\frac{\text{Living status}}{2 \times 2} + \frac{\text{Housing ownership}}{1 \times 2}$$

Total S-AAI score

$$S - AAI = \frac{F1 + F2 + F3 + F4 + F5 + F6 + F7 + F8 + F9}{9}$$

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In [1]: import pandas as pd
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```
In [73]: def to_AgeGroup(df, intervals=[5,9,10,90][0], age_col='age'):
    if isinstance(intervals,int):
        bins = {5:[64,69,74,79,84,89,94,99,np.inf],
                9:[64,69,79,89,99,np.inf],
                10:[64,70,80,90,np.inf],
                90:[64,69,74,79,84,89,94,np.inf],
                605:[59,69,74,79,84,89,94,99,np.inf],
                609:[59,69,79,89,99,np.inf],
                6010:[59,70,80,90,np.inf],
                6015:[59,65,70,75,80,85,90,np.inf],
                6090:[59,69,74,79,84,89,94,np.inf],
                }[intervals]
    elif isinstance(intervals,str):
        bins = {'60+':[59,np.inf],
                '70+':[70,np.inf],
                '80+':[80,np.inf],
                '90+':[90,np.inf],
                }[intervals]
    else:
        bins = intervals
    age_labels = [f'{a}-{b}' for a,b in list(zip(bins,bins[1:]))]
    return pd.cut(df[age_col], bins, labels=age_labels)
```

```
In [79]: # df = pd.read_excel('../data/2023_Keeratisiroj_Data_41598_2023_29788_MOESM4_ESM (version 1).xlsx')
df = pd.read_excel('https://static-content.springer.com/esm/art%3A10.1038%2Fs41598-023-29788-2/MediaObjects/41598_2023_297
```

```
In [80]: columns = ['F1_Raw', 'F2_Raw', 'F3_Raw', 'F4_Raw', 'F5_Raw', 'F6_Raw', 'F7_Raw', 'F8_Raw', 'F9_Raw', 'S_AAI']
```

```
In [81]: df['age']
df['AgeGroup'] = to_AgeGroup(df, 6010)
age_cols = []
ag_groups = []
for ag in ['60+', '70+', '80+', '90+']:
    df['AgeGroup_'+ag] = to_AgeGroup(df, ag)
    age_cols += ['AgeGroup_'+ag]
    ag_groups += df['AgeGroup_'+ag].unique().dropna().tolist()
```

```
In [82]: def proportions(df, age_cols, ag_groups, cols, col_text, lt_threshold=0.5):
    res = []
    text = []
    for col in cols:
        r = {}
        r['col'] = col_text[col]
        r['col2'] = col
        for a in df['AgeGroup'].unique():
```

```

d = df[(df['AgeGroup']==a)&(df[col]<lt_threshold)][col].count()
g = df[(df['AgeGroup']==a)][col].count()
text += [a, col, d,g, round((d/g)*100,2)]
r[a] = round((d/g)*100,1)
for (ac,ag) in zip(age_cols,ag_groups):
    d = df[(df[ac]==ag)&(df[col]<lt_threshold)][col].count()
    g = df[(df[ac]==ag)][col].count()
    text += [ag, col, d,g, round((d/g)*100,2)]
    r[ag.replace('-inf','+')] = round((d/g)*100,1)
res += [r]
return pd.DataFrame.from_records(res).T.sort_index().T.set_index('col'), text

lt_threshold = 0.5
cols = ['S_AAI']+f'F{i+1}_Raw' for i in range(9)]
col_text = {k:v for k,v in zip(cols, [c+f' below {int(lt_threshold*100)}%' for c in ['Self-Active Aging Index (S-AAI)',
'Mental/Subjective health',
'Physical health',
'Health behavior/chronic disease',
'Vision and hearing',
'Oral health',
'Social participation',
'Stability in life',
'Financial stability ',
'Secure living']])}

dfr, text_list = proportions(df, age_cols, ag_groups, cols, col_text)
dfr.drop(['90-inf', 'col2'],axis=1)

```

Out[82]:

| | 59+ | 59-70 | 70+ | 70-80 | 80+ | 80-90 | 90+ |
|---|------|-------|------|-------|------|-------|------|
| col | | | | | | | |
| Self-Active Aging Index (S-AAI) below 50% | 6.3 | 3.6 | 9.4 | 7.1 | 15.0 | 15.4 | 9.1 |
| Mental/Subjective health below 50% | 23.0 | 21.5 | 24.9 | 22.8 | 29.9 | 30.1 | 27.3 |
| Physical health below 50% | 7.7 | 3.7 | 12.1 | 8.0 | 22.4 | 22.1 | 27.3 |
| Health behavior/chronic disease below 50% | 6.0 | 8.0 | 3.7 | 4.1 | 2.7 | 2.9 | 0.0 |
| Vision and hearing below 50% | 11.1 | 12.4 | 9.6 | 9.9 | 8.8 | 8.8 | 9.1 |
| Oral health below 50% | 37.9 | 26.6 | 50.9 | 45.6 | 63.9 | 64.7 | 54.5 |
| Social participation below 50% | 35.6 | 31.2 | 40.7 | 37.9 | 47.6 | 48.5 | 36.4 |
| Stability in life below 50% | 57.5 | 76.3 | 35.8 | 44.2 | 15.0 | 15.4 | 9.1 |
| Financial stability below 50% | 45.3 | 39.9 | 51.5 | 52.2 | 49.7 | 51.5 | 27.3 |
| Secure living below 50% | 5.8 | 3.6 | 8.4 | 6.9 | 12.2 | 11.8 | 18.2 |

ADL Grouping Proportions:

```

In [106...] dfg = df[['age', 'health4_ADLgr']].groupby(by=['health4_ADLgr']).count()
dfg['%'] = ((dfg['age']/len(df))*100).round(2)
dfg

```

Out[106...]

| | age | % |
|---------------|------|-------|
| health4_ADLgr | | |
| 1 | 8 | 0.73 |
| 2 | 20 | 1.82 |
| 3 | 1070 | 97.45 |

Demographic Proportions:

```

In [109...] a = df['age']; g = df['gender']
'Age', a.mean(), a.std(), UtilStats.CI.bootstrap_ci(a), 'Gender', g.mean(), g.std(), UtilStats.CI.bootstrap_ci(g)

```

Out[109...]

```

('Age',
 71.01092896174863,
 7.548196332181049,
 (70.56102003642987, 71.39890710382514),
 'Gender',
 1.6138433515482695,
 0.48708907937422713,
 (1.5819672131147542, 1.6429872495446265))

```