



THE RIDE FOR MISSING CHILDREN



THE AWARENESS
CONTINUES...

Meeting Dates/Locations:

Monday, January 14

Monday, February 11

**New Rider Meeting Monday, March 11 -
MVCC IT Room 225 - 6:00pm**

**General Meeting Monday, March 11 -
MVCC IT Theater - 7:00pm**

Monday, April 8

Monday, May 13

Benefactor Reception - May 29

RIDE DAY – Friday, June 7, 2019

CHECK
OUT MARCH'S
AGENDA ON
PAGE 4!

New
York
State
Missing
Persons
Remembrance
Albany, NY



CORPORATE BENEFACTORS

Diamond Plus

New York Sash

Platinum Plus

Birnie Bus Service
First Source Federal Credit Union

Platinum

Fastrac Market

Gold Plus

BME Company

Gold

Carbone Auto Group
Sullivan Contracting
NYSCOPBA

Silver

Clinton Tractor & Implement Co.
Di Highway Sign & Structure Corp.
Dick Sonne's Cycles, Fitness & Skis
Mohawk Valley Community College
New York Central Mutual Insurance
Northland Communications
PJ Green
Romanelli Advertising
Trainor Associates

Bronze

Bartell Machinery Systems, L.L.C.
Commercial Travelers Insurance Company
Cooley Group, Inc.
CoughlinGiambrone, LLC
Daniele's Banquet Facility
Gilroy, Kernan & Gilroy Insurance
Holiday Inn
Indium Corporation
Jack Kunkel's Revolutionary Wellness
JPJ Communications
Master Planners & Associates, LLC
Mohawk Limited Luxury Restrooms
Mohawk Valley Health System
New Hartford Shopping Center
New York State United Teachers
Otsego Mutual Fire Insurance Company
Paragon Athletic Club
Patricia Electric Inc.
Speedy Awards & Engraving
T. C. Peters Printing, Inc.
Teal's Express
TyPac, Inc.
Upstate HomeCare
Wal-Mart Distribution Center

SAVE THE DATE:

COME JOIN THE FUN at the 1st Annual RFMC Golf Outing!

Sunday, July 21st at Crestwood Golf Club, 6315 Rt. 291, Marcy
11:00 a.m. Registration – Shotgun start at 12:30 p.m.
Captain and crew format

Cost of \$90 includes golf, cart, lunch, and steak dinner after golf

All proceeds go to the NCMEC Center, 934 York Street, Utica

If interested, contact Larry Woody at 315-527-2473 or contact Larry at:
lwoody5904@aol.com



FROM THE LEADERSHIP TEAM

The Leadership Team is considering forming a **Ride Travel Team**. The Ride Travel Team would visit schools that we are unable to travel to during our regular Ride. The Ride Travel Team would ride in the Fall during the week when school is in session. A ride would be 30-50 miles in length and visit one school. The terrain would be more challenging than what we experience on our normal Ride. There would be minimal SAG support and riders would be expected to be able to maintain the ride pace.

The reason for the Ride Travel Team is to spread our message and The Ride experience to schools and students beyond the boundaries imposed on us by the dynamics of our normal Ride. We might attempt 2-3 rides this Fall - team members would not be expected to attend every ride.

If you think you might be interested in joining the Ride Travel Team contact Jim White at:

jkrwhite@verizon.net.

ALSO, THE FIVE RIDES -

The five Rides, Buffalo, Rochester, Syracuse, Utica, and Albany all fall on different dates this year! See the Ride web site for the dates. It is possible for a rider to participate in every Ride. There will be special recognition for those that achieve this feat. There is talk of having a special jersey made. Syracuse and Albany have formed teams to take on the challenge. Several Utica riders have said they will participate.

If you are interested contact Jim White at:

jkrwhite@verizon.net and we will get a team together!



“MAY THE ROAD RISE TO MEET YOU...”

By The “New Crew...errrr...Crew

*...May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon your fields...*

Ahhhh... March. It's time for the annual “wearin’ o’ the green” or, in our case, our annual “wearin’ o’ the spandex”. Time for the first golden moments as the sun rises over the hills and burns off the early frost, time for us to “live” on our bike and become, as Flann O’Brien so vividly depicts: “...half people and half bicycles.”

Slip into your kit, grab your helmet and shades, and come along for the ride as we venture forth from your spin classes and indoor trainers and let the road rise to meet us as we devote our March 11 New Rider meeting to... well... successful preparation for “The Ride for Missing Children.”

So, what are Orientation Rides all about and how do you best prepare for them?

As they’d say on the Emerald Isle: “Ah... that would be tellin’ yeh.” But, we will... You’ll learn about your 4 Orientation Ride (“OR”) Commitment, how to reserve your OR slots and what to expect on the road. We’ll have a schedule of dates, location and samples of our three routes per site and how we’ll use them. We’ll talk about our “Special Event” rides such as the annual AYSO Tournament Ride and a couple of our longer, scenic OR’s. We’ll talk Bike Maintenance basics and the importance of running through your ABC’s before EVERY ride. With any luck we may be able to show you how to change a tire... LIVE. We’ll review a good model for “training” between our Orientation Rides. We’ll discuss the mechanics and obligations of riding two by two in formation and how to effectively communicate your intentions: “BRAKING!” “ROAD KILL!” “ON YOUR LEFT!” “R-R-R-R-OUGH RO-O-O-OAD!” (This will also help you avoid any “spontaneous dismounts into terrain.”)

BUT WAIT - THERE’S MORE...

**IF YOU HAVE NOT TRIED ON AND ORDERED YOUR 2019 RIDE JERSEY
THIS WILL BE YOUR LAST CHANCE TO DO SO.**

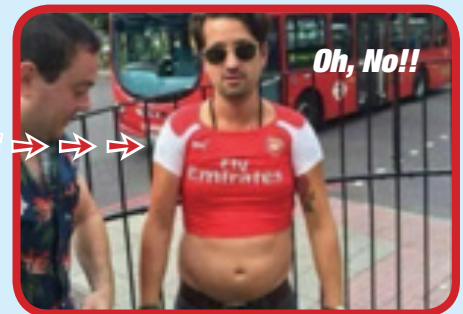
Don’t look like this: ➡ ➡ ➡

Come along and join us for our **LAST** New Rider Meeting of 2019...

*“...and until we meet again,
may God hold you in the hollow of His hand.”
Slán abhaile. (Safe Home)*

CONTRIBUTORS

A&P Master Images
Bonide Foundation, Inc.
Central Valley Teachers' Association
Chain Reaction: Mobile Bicycle Repair Services
Chobani Greek Yogurt
Choice Investments LLC
Delta Lake Inn
Excelus BlueCross BlueShield
Heritage Health Care Center
Raspberries Café and Creamery
Rome Teachers Association
Ryder Transportation
Oneida County Presidents' Councils of NYSUT's Utica Regional Office
Utica Mack Truck, Inc.
Utica Truck Sales, Inc.
Village Floral





Pictured: Doug Lyall, Shari Popovics, Beth Eubank, Jonnie Carter, Drew Collins, Pam Riley- Boldin, and Mary Lyall (seated)

TEAM HOPE

On Friday, June 7, you will notice faces in the crowd, cheering you on, assisting you at a ride stop, and they may even stop you for a moment and thank you personally for all that you do to support our CNY Ride for Missing Children. These faces are those of family members who come from near and far to experience first hand, the dedication, hard work, support, comfort, love and HOPE that we provide to them.

We would like to introduce you to family members who are Team HOPE

have all experienced the trauma of having a missing or exploited child. We know the pain, fear, frustration, and loneliness that comes with having a missing or sexually exploited child. With this knowledge and experience, we are dedicated to offering compassionate peer support, empathy, understanding, kindness, and friendship to families who are still searching, have recovered their children safely, have located their children deceased, and families with children who have been sexually exploited. We are here to provide hope and walk the journey with other families.

Mary Lyall, mother of Suzanne Lyall -

21 years ago, 19-year-old University at Albany student Suzanne G. Lyall vanished without a trace. Lyall's missing person case, which is being investigated as a homicide, has never been solved. She would be 40 years old today.


Suzanne's disappearance propelled Mary Lyall and her late husband, Doug, into the national spotlight as they turned tragedy into advocacy.

Continued on Page 5

AGENDA: MONDAY, MARCH 11, 2019

6:00pm - (Last) New Rider Meeting - MVCC IT Room 225

7:00pm - RFMC General Meeting - MVCC IT Shafer Theater

| | |
|---------------------|--|
| Introduction: | Chip Hemmel |
| National Anthem: | We have a surprise! |
| Sponsor Spotlight: | Jim White |
| Welcome: | Chip Hemmel |
| Ride Announcements: | Chip Hemmel |
| Why I Ride: | Clare Burth |
| Recovery Roundup: | Wendy Fical & Ed Suk |
| Gems from Grampa: | Dick Jordan  |

NEWSLETTER STAFF AND PHOTOGRAPHIC CONTRIBUTORS

Staff: Wendy Fical, Karina Belyea, Amanda Mondrick-Robertello, De Anna Stafford, & Gary Plunkett

Photographic Contributors: Katie Reilly, Kathy Daniels, Stacy Rejman, Sandy Foley, Nedra Isenberg, & Gary Plunkett

TEAM HOPE *Continued from Page 4*

They established the Center for Hope in Ballston Spa after Suzanne disappeared.

They consulted with New York officials to create "The Investigative Guide for Missing College Students" and collaborated with law enforcement to pen "What to Do If a Loved One Goes Missing: A Guide for Left Behind Family Members."

In 2000, Gov. George Pataki signed the New York State Campus Security Act, which requires all colleges to develop plans for investigating a missing student or violent offense committed on campus.

In 2003, President George W. Bush signed "Suzanne's Law," which eliminated the waiting period for law enforcement to launch an investigation when a person between the ages of 18 and 21 goes missing.

In 2007, Congress enacted the Suzanne Lyall Campus Security Act, which requires colleges across the country to have written plans on how they will work with local law enforcement agencies.

The Center for Hope also helped create state Missing Persons Day, its annual April 6 ceremony, and the state Missing Persons Remembrance monument in Albany. The non-profit has distributed more than 55,000 cold case drink coasters to Capital Region restaurants and roughly 30,000 decks of cold case playing cards to all 57 county jails in New York.

Mary has said she knows that someone, somewhere, knows something about her daughter's fate.

At about 9:20 p.m. on March 2, 1998, Suzanne Lyall left her part-time job at Babbage's Software in Crossgates Mall and caught a CDTA bus back to her dorm in Colonial Quad. Witnesses said the teen got off the bus at about 9:40 p.m. at Collins Circle on the UAlbany uptown campus. She never arrived home. Her father reported the teen missing on March 4.

Her ATM card was used at a Stewart's Shop at the corner of Central Avenue and Manning Boulevard in Albany just before 4 p.m. the next day.

Two months later, students walking through the visitors parking lot adjacent to Collins Circle found a Babbage Software ID card belonging to Lyall. The card was outdated, and police don't know if Lyall dropped it the night she disappeared.

Lyall has a mole on her left cheek beneath her earlobe, moles on her arms, and a mole on her back. She also has pierced ears, a surgical scar on her left foot and wears glasses or contacts for nearsightedness. Her nickname is Suzy. She is described as a 5-foot-3 white woman with reddish-brown hair and blue eyes, weighing approximately 170 pounds. She was last seen wearing an ankle-length black coat, black shirt and jeans while carrying a black bag. She may also have been wearing a black cord necklace with a silver medallion, a gold bow ring and a silver frog-shaped ring.



19 years old



Age progressed to 33 years old

Anyone with information on this case is asked to call investigators at 518-783-3211.

YOU'RE INVITED

The Center for HOPE would like to invite you to join with other families to commemorate
NYS 18th Annual Missing Persons Day

Location: The New York State Museum on Madison Ave., Albany, NY
When: April 6, 2019 from 9:00 am- 3:30 pm (Registration starts at 8:30 am)

Who Should Attend? The morning is exclusively for families, friends and organizations that assist affected families. After a ceremony honoring our missing loved ones, weather permitting, the day will conclude at the **New York State Missing Persons Remembrance** with a candlelight vigil.

There will be tables available at the Museum if you would like to display any information about your missing loved one.

Please email or call us by March 24, 2019 to confirm your attendance as well as the number of family members who will be attending. **The Center for HOPE** email address is hope4themissing@yahoo.com Phone is 518-884-8761. Travel information and details about the day will also be available on **The Center for HOPE** web site www.hope4themissing.org.

We look forward to hearing from you and seeing you on Missing Persons Day.



JERSEYS, JACKETS, ARM WARMERS, WIND VESTS and CYCLING CAPS

By Cindy Woody and Kelly Cough

The March meeting will be the last time you will be able to try on the jerseys before we place the order. Since the jerseys run small, we ask that all new riders try them on before we place the order. Samples will be available to try on. We also have RFMC thermal and wind jackets that can be ordered. They will be available for try on at the meeting if you are interested. Either jacket can be worn on the day of the Ride.

Sleeveless jerseys can be ordered for summer wear but cannot be worn the day of the Ride.

The RFMC arm warmers, wind vests, wind jackets, gloves, and cycling caps will be available for you to see and order at the meeting also. Cycling caps are one size fits all. All of the above Ride apparel as well as extra Ride jerseys, sleeveless jerseys, and thermal jackets will need to be paid for at the time of the order.

The deadline to try on, order and pay for these items will be the night of the March meeting.

If you have any questions, please contact Cindy: C021957w@aol.com or Kelley: kbcough@aol.com

Except for the sleeveless jersey, all or any of these can be worn on the day of the Ride.

A MESSAGE FROM OUR SCHOOL COMMITTEE

NCMEC Training for Spokespersons, Community Outreach and Speakers Bureau will take place March 19th and/or March 21st and will be held at the Mohawk Valley NCMEC Office (934 York St., Utica)

**Returning members should arrive by 6:00 p.m.
Newly interested folks please arrive at 6:45 p.m.**

A MESSAGE FOR OUR VOLUNTEERS

Hello Volunteers!!!

New volunteers and returning volunteers that did not participate in the 2017 or 2018 RFMC, MUST have their picture taken for their Volunteer ID Badge. Due to security reasons, you will not be able to get on the buses the day of the Ride at the New Hartford Shopping Center or enter Troop D State Police headquarters without proper ID. Photos will be taken before each Rider/Volunteer meeting starting at 6:00 PM.

Any questions regarding Volunteer ID photos please contact:

Janice Lutz - bgms4786@yahoo.com

There will be a MANDATORY meeting scheduled for all volunteers on May 15th at 6:00 PM in Room 116 of the MVCC Alumni College Center. All volunteers, returning and new, must attend!!

To register please go to <https://imathlete.com> and create a login and then complete your registration. If you are having trouble registering please come to the Volunteer table the night of the Ride meetings and we will assist you with the registration. Please use a computer, laptop, or tablet. Do not use your phone.

If you have any questions regarding volunteering or volunteer positions for the Ride, please contact:

Diane Crompt - dcrompt43@gmail.com

We would like to thank all our volunteers for being such an integral part of our Mission:

***“Making Our Children Safer,
One Child at a Time”***



SADDLE TIME:

Fitness Farmacy

441 West Main Street, Little Falls 315-985-5691

Spin with Joy Mon. 5:15am and Wed. 5:15pm
Spin with Breanna Tues. 5:15am
Rockin' Revolution (Spin & AB Combo) Sun. 9:00am and Tues. 6:00pm
Other Spin Classes Thurs. 5:30pm & 6:00pm, Fri. 4:30pm, and Sat. 9:00am

Thrive Athletic Center

8387 Seneca Turnpike New Hartford 315-738-1205

Mon & Fri: 5:30am
Mon: 10:00am
Tues: 5:15pm
Wed: 9:15am
Sat: 8:30am
10 free spin classes for each registered rider - A copy of your onfirmation email from us will act as "verification" of your status.

Sonne's Indoor Trainering Sessions

315-736-7106 Three classes a week:

Tuesday: 6:30-7:30pm Thursday: 6:30-7:30pm Saturday: 8:30-9:30am

They ask for everyone to please arrive at least 15 minutes early to be set up and ready to ride right at the start of each session.

They will have sign ups weekly for the classes here at the shop that you can either call 315-736-7106 to sign up for, or sign up in the shop before or after class. They supply the trainers and water. All you need to bring is yourself... They will store the bike for you as long as you are attending class weekly.

Retro Fitness

5131 Commerical Dr. Yorkville 315-790-5253

Monday 9:30 - 10:30 a.m.
Tuesday 5:30 - 6:30 a.m.; 9:30 - 10:30 a.m.; 6:00 - 7:00 p.m.
Thursday 5:30 - 6:30 a.m. and 6:00 - 7:00 p.m.
Friday 9:30 - 10:30 a.m. and 4:30 - 5:30 p.m.

Cost to registered riders: \$5.00 per class, payable before class.

Short term memberships are available in 1, 3 and 6-month terms, as well as one year memberships.

For riders that are not members of Retro Fitness, they will have to fill out a liability waiver before spinning

Holliewood Dance and Fitness

420 E. German St., Herkimer, NY - Spinning with Wendy Sue Ramsey

Mon and Fri @ 6am w/Wendy. Tues. @ 4:45pm w/Wendy.
Wed. @ 6am w/Bre. Wed. @ 5pm w/Bridget.
Thurs. @ 5:30pm w/Wendy. Sat. @ 9am w/Wendy.

Classes last 50-60 minutes. Bike reservation for a class is with Wendy.

Cost: \$7 a class or buy a 8 pack of tickets for \$40.

Wendy Ramsey's cell number is 315-723-0147 for bike reservation and/or more information.

DON'T WAIT TO REGISTER TO RIDE!!

Rider Registration:

https://www.imathlete.com/#/legacy?url=%2Fevents%2FEventReg%2FEventReg_SelectType.aspx%3FfID%3D70549%26fNew%3D1

Volunteer Registration:

<http://www.firstgiving.com/rideformissingchildren/cny-volunteers>



Please note: It is NOT mandatory for you to donate to register as a volunteer!



- If you are a **Corporate Sponsor**, please contact **Jim White** for the additional instructions that you will need for your registration: jkrwhite@verizon.net
- If you are a **Family Rider**, please contact **De Anna Stafford** for the additional instructions that you will need for your registration: destay4rd@gmail.com

