

JACK ATTENBOROUGH

ANTHROPOMETRIC TESTING

	Result	
Weight	44.70	kg
Height	159.1	cm
Sitting Height	87.0	cm
Leg Length	72.1	cm
APHV	-0.34	years
Predicted Age to Puberty	13.24	years
Bod Pod	16.80	%

PHYSICAL TESTING

Counter Movement Jump	29.6	cm
Repeat Sprint (avg)	12.58	s
Fatigue Index	1.91	%
2 km Time Trial	10.08	mm.ss
Grip Strength (Left)	24.00	kg
Grip Strength (Right)	23.00	kg



MICHAEL CLARKE CRICKET ACADEMY
40 LIME STREET SYDNEY NSW 2000 AUSTRALIA

MICHAELCLARKEACADEMY.COM

