

JACK TURNER

ANTHROPOMETRIC TESTING

	Result	
Weight	60.00	kg
Height	160.6	cm
Sitting Height	87.6	cm
Leg Length	73.0	cm
APHV	0.88	years
Predicted Age to Puberty	13.86	years
Bod Pod	7.70	%

PHYSICAL TESTING

Counter Movement Jump	37.4	cm
Repeat Sprint (avg)	11.17	s
Fatigue Index	2.86	%
2 km Time Trial	9.00	mm.ss
Grip Strength (Left)	33.00	kg
Grip Strength (Right)	43.00	kg



MICHAEL CLARKE CRICKET ACADEMY
40 LIME STREET SYDNEY NSW 2000 AUSTRALIA

MICHAELCLARKEACADEMY.COM

