

BATTING CHECKLIST

Name: Brady Morrison

ACTION SEGMENT		GOOD	NEEDS WORK	COMMENTS
SET UP / STANCE	Head Position	X		Can be a little closed off at times
	Bat Position/Hands		X	Hands very high. Would like to see bat lower down in stance.
	Grip			
	Ready Position at ball release	X		Very still on some and others falls across.
FRONT FOOT	Head position			
	Weight transfer			
	Foot Position	X		
	Pick up / Hands Position		X	Would like more of a pick up. If you change bat position in stance it will transfer in this position.
BACK FOOT	Feet position		X	Goes back to leg stump and squares up. Need this back leg to point to point.
	Head Position		X	Outside the line of gloves
	Pick Up / Hands Position			Same as front foot
FOOT WORK TO SPIN	Positive first movement			
	Balance at impact			
	Pick up / Hands Position			