

# LACHLAN KNUTH

## ANTHROPOMETRIC TESTING

	Result	
Weight	66.60	kg
Height	180.8	cm
Sitting Height	95.9	cm
Leg Length	84.9	cm
APHV	3.05	years
Predicted Age to Puberty	13.72	years
Bod Pod	6.10	%

## PHYSICAL TESTING

Counter Movement Jump	44.3	cm
Repeat Sprint (avg)	10.55	s
Fatigue Index	2.97	%
2 km Time Trial	8.14	mm.ss
Grip Strength (Left)	46.50	kg
Grip Strength (Right)	57.00	kg



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