

THOMAS SUDANO

ANTHROPOMETRIC TESTING

	Result	
Weight	67.40	kg
Height	174.3	cm
Sitting Height	92.7	cm
Leg Length	81.6	cm
APHV	1.86	years
Predicted Age to Puberty	13.44	years
Bod Pod	12.60	%

PHYSICAL TESTING

Counter Movement Jump	46.1	cm
Repeat Sprint (avg)	11.19	s
Fatigue Index	2.64	%
2 km Time Trial	8.16	mm.ss
Grip Strength (Left)	40.00	kg
Grip Strength (Right)	44.50	kg



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