

# CHRISTOPHER QUINSEY

## ANTHROPOMETRIC TESTING

Weight	91.40	kg
Height	187.5	cm
Sitting Height	98.8	cm
Leg Length	88.7	cm
APHV	3.16	years
Predicted Age to Puberty	12.59	years
Bod Pod	15.00	%
Hamstring Flexibility	25	cm

## PHYSICAL TESTING

Counter Movement Jump	35.0	cm
Repeat Sprint (avg)	11.32	s
Fatigue Index	3.29	%
2 km Time Trial	8.14	mm.ss
Grip Strength (Left)	38	kg
Grip Strength (Right)	35	kg
Wall Toss (no. per 1 min)	56	



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