

TOM KELAART

ANTHROPOMETRIC TESTING

	Result	
Weight	33.70	kg
Height	143.9	cm
Sitting Height	74.5	cm
Leg Length	69.4	cm
APHV	-2.21	years
Predicted Age to Puberty	14.27	years
Bod Pod	4.80	%

PHYSICAL TESTING

Counter Movement Jump	33.8	cm
Repeat Sprint (avg)	12.05	s
Fatigue Index	3.60	%
2 km Time Trial	8.07	mm.ss
Grip Strength (Left)	26.00	kg
Grip Strength (Right)	27.00	kg



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