

Name: \_\_\_\_\_

1. Let  $U$  be a unitary matrix. Using the definition of the operator norm, show that  $\|U\| = 1$ .

**Solution:** Recall that unitary matrices are defined to be those matrices which preserve the bracket. It follows that for a vector  $|\alpha\rangle$ ,

$$\|\alpha\| = \sqrt{\langle\alpha|\alpha\rangle} = \sqrt{\langle\alpha|U^\dagger U|\alpha\rangle} = \sqrt{(U|\alpha\rangle)^\dagger (U|\alpha\rangle)} = \|U|\alpha\rangle\|.$$

In particular, if  $\|\alpha\| = 1$  then  $\|U|\alpha\rangle\| = 1$ . From the definition of the operator norm, we have

$$\|U\| = \sup_{\|\alpha\|=1} \|U|\alpha\rangle\| = \sup_{\|\alpha\|=1} \|\alpha\| = \sup_{\|\alpha\|=1} 1 = 1.$$