



# Tanzania



**US State Dept Travel Advisory** For the latest travel advisories for this country, please consult the U.S. State Department's website, available through the link below.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

**Passport/Visa Requirements** For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

**US Embassy/Consulate** (255) 22-229-4122; EMER: +(255) 22-229-4000, dial '1' for an emergency operator; US Embassy Dar Es Salaam, 686 Old Bagamoyo Road, Msasani, Dar es Salaam, Tanzania; DRSACS@state.gov;

<https://tz.usembassy.gov/>

**LGBTQIA+, Women, and Special Needs Travelers** Additional travel considerations can be found on the US State Department's International Travel page: <https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

**Telephone Code** 255

**Local Emergency Phone** 112, 999

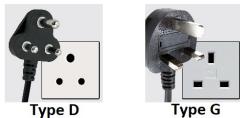
**Vaccinations** For the latest information on required or recommended vaccines, please visit the CDC's website, available through the link below.

<https://wwwnc.cdc.gov/travel/destinations/list>

**Climate** Varies from tropical along coast to temperate in highlands

**Currency (Code)** Tanzanian shillings (TZS)

**Electricity/Voltage/Plug Type(s)** 230 V / 50 Hz / plug types(s): D, G



**Major Languages** Kiswahili or Swahili, Kiunguja, English, Arabic

**Time Difference** UTC+3 (8 hours ahead of Washington, DC, during Standard Time)

**Potable Water** Opt for bottled water

**International Driving Permit** Suggested

**Road Driving Side** Left



**Souvenirs** Kanga cloth; Masai tribal arts and crafts including basket-ware, wood-carved items, and African drums; tanzanite jewelry, spices, ceramic tile

**Traditional Cuisine** Ugali na Maharage ya nazi — dough prepared with cornmeal (maize meal), cassava flour, sorghum, or millet served with beans and vegetables cooked in coconut milk