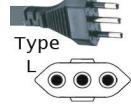


# Cuba

<b>US State Dept Travel Advisory</b>	The US Department of State currently recommends US citizens exercise increased caution in Cuba due to crime.  <a href="https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html">https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html</a>
<b>Passport/Visa Requirements</b>	For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.  <a href="https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html">https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html</a>
<b>US Embassy/Consulate</b>	[53] (7) 839-4100; US Embassy Havana, Calzada between L and M Streets, Vedado, Havana, Cuba; <a href="https://cu.usembassy.gov/">https://cu.usembassy.gov/</a> ; <a href="mailto:acshavana@state.gov">acshavana@state.gov</a>
<b>LGBTQIA+ Travelers</b>	Lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) travelers can face unique challenges when traveling abroad. Laws and attitudes in some countries may affect safety and ease of travel. Legal protections vary from country to country. Many countries do not legally recognize same-sex marriage. Approximately seventy countries consider consensual same-sex sexual relations a crime, sometimes carrying severe punishment.  <a href="https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html">https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html</a>
<b>Telephone Code</b>	53
<b>Local Emergency Phone</b>	26811
<b>Vaccinations</b>	The CDC and WHO recommend the following vaccinations for Cuba: hepatitis A, hepatitis B, typhoid, cholera, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza.  <a href="http://www.who.int/">http://www.who.int/</a>
<b>Climate</b>	Tropical; moderated by trade winds; dry season (November to April); rainy season (May to October)
<b>Currency (Code)</b>	Cuban pesos (CUP)
<b>Electricity/Voltage/Plug Type(s)</b>	110 V, 220 V / 60 Hz / plug types(s): A, B, C, L     
<b>Major Languages</b>	Spanish
<b>Major Religions</b>	Christian, folk religion, Buddhist, Hindu, Jewish, Muslim
<b>Time Difference</b>	UTC-5 (same time as Washington, DC, during Standard Time) daylight saving time: +1hr, begins second Sunday in March, ends first Sunday November; note: Cuba has been known to alter the schedule of DST on short notice in an attempt to conserve electricity
<b>Potable Water</b>	Yes
<b>International Driving Permit</b>	Suggested
<b>Road Driving Side</b>	Right
<b>Tourist Destinations</b>	Old Havana; Varadero; Trinidad; Guardalavaca; Cayo Largo del Sur; Cayo Coco; Parque Nacional Viñales
<b>Major Sports</b>	Baseball, soccer, basketball
<b>Cultural Practices</b>	Cubans will point by puckering their lips in the direction of or at the person to whom they are referring.
<b>Tipping Guidelines</b>	In spas, restaurants, and barber shops, a 10% tip is appropriate.
<b>Souvenirs</b>	Cigars, rum, coffee, sugar, local art and handicrafts
<b>Traditional Cuisine</b>	Ropa Vieja — shredded flank steak cooked in tomato sauce and served with rice and/or beans and sweet plantain fritters