http://www.cheatography.com/davechild/cheat-sheets/regular-expressions/

Anchors

^	Start of string, or start of line in multi-line pattern
\A	Start of string
$	End of string, or end of line in multi-line pattern
\Z	End of string
\b	Word boundary
\B	Not word boundary
\<	Start of word
\>	End of word

Character Classes

\c	Control character
\s	White space
\S	Not white space
\d	Digit
\D	Not digit
\w	Word
\W	Not word
\x	Hexadecimal digit
\O	Octal digit

Assertions

?=	Lookahead assertion
?!	Negative lookahead
?<=	Lookbehind assertion
?!= or ?<!	Negative lookbehind
?>	Once-only Subexpression
?()	Condition [if then]
?()|	Condition [if then else]
?#	Comment

Quantifiers

*	0 or more	{3}	Exactly 3
+	1 or more	{3,}	3 or more
?	0 or 1	{3,5}	3, 4 or 5

Add a ? to a quantifier to make it ungreedy.

Escape Sequences

\	Escape following character
\Q	Begin literal sequence
\E	End literal sequence

"Escaping" is a way of treating characters which have a special meaning in regular expressions literally, rather than as special characters.

Common Metacharacters

^	[	.	$
{	*	(	\
+	)	|	?
<	>		

The escape character is usually \

Special Characters

\n	New line
\r	Carriage return
\t	Tab
\v	Vertical tab
\f	Form feed
\xxx	Octal character xxx
\xhh	Hex character hh

Groups and Ranges

.	Any character except new line (\n)
(a|b)	a or b
(...)	Group
(?:...)	Passive (non-capturing) group
[abc]	Range (a or b or c)
[^abc]	Not (a or b or c)
[a-q]	Lower case letter from a to q
[A-Q]	Upper case letter from A to Q
[0-7]	Digit from 0 to 7
\x	Group/subpattern number "x"

Ranges are inclusive.

Pattern Modifiers

g	Global match
i *	Case-insensitive
m *	Multiple lines
s *	Treat string as single line
x *	Allow comments and whitespace in pattern
e *	Evaluate replacement
U *	Ungreedy pattern

* PCRE modifier

String Replacement

$n	nth non-passive group
$2	"xyz" in /^(abc(xyz))$/
$1	"xyz" in /^(?:abc)(xyz)$/
$`	Before matched string
$'	After matched string
$+	Last matched string
$&	Entire matched string

Some regex implementations use \ instead of $.