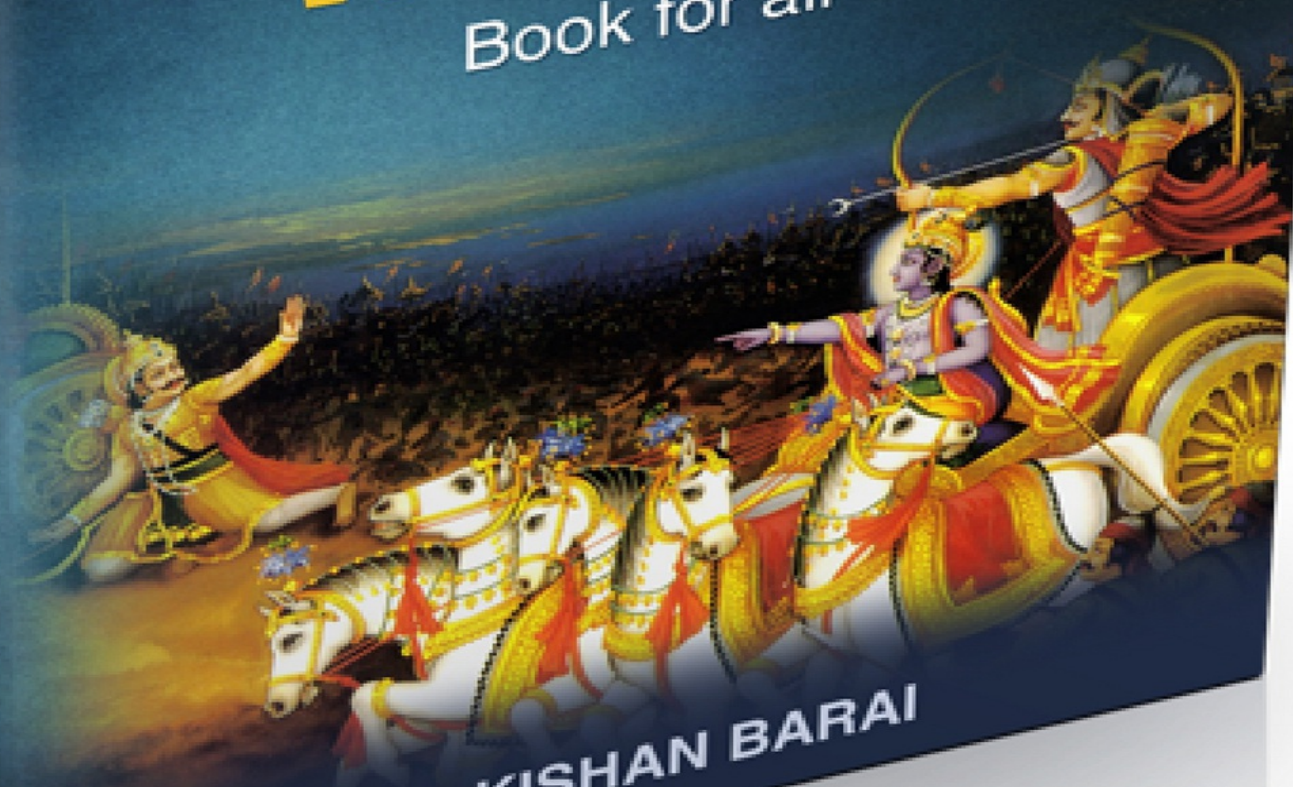


A Must Read For All

# BHAGAVAD GITA MADE VERY EASY

Book for all



By KISHAN BARAI

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# **Bhagavad Gita Made Very Easy**

The Bhagavad Gita is a scripture that many people WANT to read, but don't have the time. It's long, complicated, and can be extremely difficult to understand. The good news is that you CAN absorb every life lesson that lies within, quickly and easily!

Bhagavad Gita Made Very Easy is different from anything else on the market, and all 18 chapters and 700 scriptures can be completed in no time at all! Are you ready to unlock permanent happiness? Mind control? Freedom? Direction? Motivation? Faith? Peace of mind? This is just the beginning!

Remember – it's important to read the whole book from start to finish for uncompromised insight. Each chapter has its own gift to give. The thing is, The Bhagavad Gita is NOT just a book. It's a life-changing conversation between Lord Krishna and Arjun before the battle unfolds. Are you ready to uncover this secret knowledge - with incredible speed and ease?

Discover what your goals in life should be, and change your outlook on life like never before, with Bhagavad Gita Made Very Easy!

***Before reading this book YOU must know.....***

A battle between great warriors was about to start

## **Key Members in Good Team**

1. **Arjun:** A best archer. For your better and quick understanding

consider him like a great super hero

2. **Krishna (God)**: The charioteer of Arjun, **GOD** who reviled the knowledge to Arjun in the form of Bhagavad Gita which we are going to study in this book: Bhagavad Gita Made Very Easy

**More insight ->>> Good army was filled with great people lead by God.**

### **Key Members in Enemy Team**

(Please don't try to memorize names, they are only coined in first chapter, Bhagavad Gita is purely based on concepts given by God)

1. Duryodhan: A bad leader, **cousin brother of Arjun**, cruel, extremely rich and disrespects women. His father Dhritarashtra was a great king but he always fulfilled each and every demand of child Duryodhan. Duryodhan never learned how to earn with efforts, so if he can't get his desired thing, he would snatch it with wrong means via his power.

(Many people have tried to convince Duryodhan not to fight with his cousin brothers but he was determined to kill Arjun and all his brothers. He had also snatch the land of Arjun and his family, now they have no place to live)

2. Karna: Extremely good person, multitalented, great archer, great person, used to respect all

(Karna was living in poor condition, seeing his good strength; Duryodhan thought that he could be used in battlefield so he made him very rich, he did not support the bad activities of Duryodhan but used to keep silence)

3. Bhishma: **Grand uncle of Arjun** and Duryodhan, extremely good person, multitalented, great archer, great person, used to respect all

(Bhishma has taken the vow that he is going to save his kingdom in war but did not know that his kingdom will get a bad leader. Of course

he did not support the activities of bad leader but is silent when Duryodhan kept on doing all wrong things to others)

4. Drona: Extremely talented, **teacher of Arjun** and Duryodhan (Drona was living a life of poverty; he was given support with status and sufficient wealth, now can he betray??)

**More insight ->>> Opponent army was filled with many GREAT people but they were under a bad & cruel leadership.**

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## **Chapter 1: Lamenting the Consequences of War**

(Please start reading this book from first page to get *before reading this book YOU must know.....*)

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## **All Scriptures are made TO THE POINT from original “Bhagavad Gita” Sacred Text**

### **Scriptures**

**1.1**= Where are my sons placed in the battlefield, asked the father of Duryodhan (bad leader)

More Insight ->>> A father or mother always loves his child, no matter how bad he is.

**1.2**= Duryodhan (bad leader) said the following words to his guru (teacher) Drona

**1.3** = Please help me to arrange my army

**1.4.5** = In the battlefield there were great warriors like Arjun, Bhishma, and Karna etc

**1.6 – 9** = All great warriors came against each other

**1.10** = Good team looks weak. Enemy army looks strong

**1.11** = All please protect Bhishma said Duryodhan

**1.12** = Bhishma blew his conch shell very loudly like the sound of a lion, giving Duryodhan joy.

**1.13** = Large sound was produced in battle field.

**1.14.15** = Lord Krishna and Arjun (**key members of good team**), on a great chariot drawn by white horses, sounded their conch shells.

**1.16.17.18** = Arjun brothers were also blowing conch shells

**1.19** = The vibration produced by conch shells of good team frightened Duryodhan and his brothers in bad team.

**1.20** = Arjun picked up his bow and said the following words to Lord Krishna

**1.21.22 = Arjun:** O my Lord, I need to see properly that to whom I need to fight so please take my chariot forward in the middle of the two troops

**1.23 = Arjun:** I want to see that, who wants to protect “Duryodhan” (bad leader)

**1.24 =** Lord Krishna takes his chariot forward and placed it between the two troops

**1.25 = Krishna:** O Arjun, please have a look at our opponent army

**1.26 =** Arjun sees his teacher, well wishers and good people in opponent army

**More insight ->>> Opponent army was filled with many GREAT people but they were under a bad & cruel leadership.**

**1.27 =** Arjun became unhappy and said the following words

**1.28 = Arjun:** O Krishna, my body is getting weak and mouth is dried up

**1.29 = Arjun:** My bow is slipping from my hands and my skin is burning with pain

**1.30 = Arjun:** I am unable to stand now, my mind is getting unsteady

**1.31 = Arjun:** I don't want any land or kingdom by killing good people.

**1.32 - 35 = Arjun:** What is the meaning of this victory? Even those good people attack me, I would not like to attack them, I have learned from them, they trained me when I was young, and I can't betray them.

**1.36 = Arjun:** To kill a bad leader “Duryodhan”, I have to kill good people, so it is not possible for me to kill Duryodhan, by killing good people. I will surely commit a sin.

**1.37.38.39 = Arjun:** Not only will my relatives but innocent warriors will also be killed in the battle field. We should not commit sinful act

**1.39 = Arjun:** Whole society would be killed

**1.40 = Arjun:** O my Lord, think about the women, wife, sister, daughter of this warriors, they would not be able to live happily without man.

**1.41 = Arjun:** This battle would create hellish situation in earth

**1.42.43 = Arjun:** I have learned that when a spiritual tradition is destroyed then a whole society is destroyed

**1.44 = Arjun:** How strange is it that we are going to commit great sin to gain

kingdom

**1.45 = Arjun:** Even if the son of Dhritarashtra “Duryodhan” (bad leader) kills me; it would be fine for me. It would not be possible for me to kill good people protecting bad leader.

**1.46 = Arjun:** Arjun kept aside his bow and arrow and sat down in his chariot with his mind overwhelmed with deep sorrow

## Chapter 2: Summary of Bhagavad Gita

### Scriptures

**2.1 = Lord Krishna,** saw tears coming out of Arjun eyes

**2.2 = Krishna:** O Arjun, why you are creating the illusion of crises?

**2.3 = Krishna:** O Arjun, don't cry

**2.4 = Arjun:** O my God, how can I kill my guru Drona and Bhishma whom I respect most?

**2.5 = Arjun:** It is better to beg in poverty than to kill this great people



**2.6.7 = Arjun:** I don't know where to go, O my God, please guide me

**2.8 = Arjun:** Even after killing them and winning kingdom, I would be in pain

**2.9 = Arjun:** I will not fight

**2.10 = Krishna** said the following words to Arjun

**2.11 = Krishna:** The learned person should never mourn for death

**2.12 = Krishna:** It has never been any period before where **I, you and all** these people were not present before and even in future all will remain in existence

**2.13 = Krishna:** As our physical body changes, as we grow in the same way one's body transforms into another form and gets a newer birth. It is a continuous process

**2.14 = Krishna:** Happiness and Sadness is caused by senses of human body, please try to understand

**2.15 = Krishna:** O Arjun, those who consider happiness and sorrow as same things and treat them with equality are the person who deserves freedom

**2.16 = Krishna:** The truth can't be destroyed nor could it be brought to an end

**2.17 = Krishna:** No nobody can destroy the **soul** present inside human body

**2.18 = Krishna:** The **soul** present in the body of human being is infinite and cannot die. It's only the material body that can be vanished or destroyed.

**2.19 = Krishna:** If any person thinks that the soul present in the human being could be killed then that person is highly mistaken. He is living in ignorance, because the soul present in human body can't be killed

**2.20 = Krishna:** The **soul** never gives birth and never dies at any time, nor does it come into being again when the body is created. The soul is birth less, eternal, imperishable and timeless and is never destroyed when the body is destroyed.

**2.21 = Krishna:** O Arjun, now I told you that soul present in human being could not be destroyed. A learned person knows about it.

**2.22 = Krishna:** As a man gives up old garments and wear a new garment,

same way the soul gives up old body and wears a new one.

**2.23 = Krishna:** Weapons cannot harm the soul, fire cannot burn the soul, water cannot wet and air cannot dry up the soul.

**2.24.25 = Krishna:** O Arjun, Soul cannot die, why are you sad?

**2.26.27 = Krishna:** Soul never takes birth nor dies. It is permanent when the person's body dies, it transforms into another body of a new child. Thus you should not lament due to death of any.

**2.28 = Krishna:** After death there is new birth and after new birth there is death and after death there is birth again.

**2.29.30 = Krishna:** Soul present in human body is immortal and cannot die and therefore you should not lament for any being

**2.31 = Krishna:** For justice of righteousness, there should be battle because no other option is left now

More insight ->>> the cruelty of bad leader was growing and ordinary people were suffering a lot. Good warriors in his side were silent.

**2.32 = Krishna:** O Arjun, only lucky people gets such a great chance to save the society and achieve justice for the people

**2.33 = Krishna:** O Arjun, we have tried every possible way of peace, now if you can't stop this bad leader, it would be considered as sinful

**2.34 = Krishna:** If you quit, people will talk that you are coward. It is better to die than to live with negative impression in the mind of people

**2.35 = Krishna:** All our opponents will tell that you have quit the battle because of fear.

**2.36 = Krishna:** Many of the bad people present in our opponents will defame you.

**2.37 = Krishna:** Even if you die in war, you will achieve heaven because you tried your best to save the society and enjoy there. If you win you will enjoy kingdom in earth with name and fame.

**2.38 = Krishna:** Your mood should be similar during happiness and sadness, profit and loss, victory and defeat. Thereafter work hard in the direction of truth. In this way you will never incur sin in your life and your life would be filled with great deeds.

**2.39 = Krishna:** O Arjun, I have explained to you the science of spiritual intelligence of soul, now I would like to explain you the science of action.

**2.40 = Krishna:** There is no loss in efforts and action you take in following science of action

**2.41 = Krishna:** O Arjun spiritual intelligence is exclusive and material desires are unlimited and has got many branches

**2.42.43 = Krishna:** Man with limited understanding is always attracted towards personal material pleasures of the world. This personal material pleasure only provides pleasure to senses of human body. These pleasures are temporary and do not provide peace of mind.

**2.44 = Krishna:** Such kind of man does not attain spiritual intelligence

**2.45 = Krishna:** Be a man with full understanding and I am explaining you all.

**2.46 = Krishna:** A man who is constantly upgrading his knowledge is called learned and he can serve the society well as compared to dumb man.

**2.47 = Krishna:** Your action and hard work will definitely bring the results one day.

**2.48 = Krishna:** Perform your activities and become equipoise in both success and failure. Consider success and failure as a same thing.

**2.49 = Krishna:** Perform your activities without expecting the personal material gains, those who works for personal material gains becomes unhappy at the end.

**2.50 = Krishna:** Try to perform the action without fruitive selfish personal desire. It's the best way to work in life.

**2.51 = Krishna:** The biggest benefit of working without fruitive personal gains is that man gets liberated from the bondage of birth and death. He achieves permanent freedom

**2.52 = Krishna:** When your spiritual intelligence over comes the material desire of yours, then you will understand this whole theory.

**2.53 = Krishna:** When your mind is freed from materialistic desire of the world, then you will achieve spiritual intelligence.

**2.54 = Arjun:** O Krishna, what are the signs of the personality of those who

have achieved perfect knowledge

**2.55 = Krishna:** Those who have given up selfish material desire get peace of mind and finds inner soul. That person is one who is properly situated in perfect knowledge.

**2.56.57 = Krishna:** One whose mind is **undisturbed** by stress or sadness, fear or anger are considered as person with perfect knowledge

**2.58 = Krishna:** One who completely becomes free from sense satisfaction is considered as a person with perfect knowledge.

**2.59.60 = Krishna:** Senses satisfaction is so dangerous that they can destroy good person in order to satisfy them.

**2.61 = Krishna:** Those who have brought the senses under control are considered as a person with perfect knowledge

**2.62 = Krishna:** While constantly observing on the object to satisfy senses a person develops attachment to the object from that desire to achieve that object

**2.63 = Krishna:** When a desire is not fulfilled instantly then anger is generated and that anger is so dangerous that it destroys the person and society.

**2.64 = Krishna:** The self-controlled man does not get trapped into sense satisfaction, he is considered as the master of own.

**2.65 = Krishna:** When a person achieves self control then all sadness is vanished from life and he becomes a happy minded person.

**2.66 = Krishna:** A person with uncontrolled mind does not get peace of mind

**2.67 = Krishna:** As “wind” control ship without captain, same as “senses” control the mind of uncontrolled men

**2.68 = Krishna:** Those who are completely free from sense satisfaction are considered as a man with perfect knowledge

**2.69 - 72 = Krishna:** A man with perfect knowledge do not follow donkey trend, he is very unique and he achieves goals and peace of mind.

# Chapter 3: The Science of Action

## Scriptures

**3.1 = Arjun:** If spiritual intelligence (perfect knowledge) is more important for human beings, then why are we in battle field?

**3.2 = Arjun:** O Krishna, I am really confused with your words. Please explain to me in details

**3.3 = Krishna:** Listen Arjun, in this world good people has got two kinds of faith. 1<sup>st</sup> Faith in Action and 2<sup>nd</sup>. Faith in Knowledge

**3.4 = Krishna:** A person can not achieve anything with knowledge alone. Action must be mixed with knowledge in order to achieve success

**3.5 = Krishna:** No body in this world can live without action

**3.6 = Krishna:** If actions themselves are dependent upon the organs of the senses such as eyes, nose, ears, tongue, etc., then that person is said to be without control. He is slave.

More insight ->>> A fat person doing a diet sees a tasty junk food, smells it, buys it and eats it. That person knows that the junk food was actually bad for his health and body, but the person lost control and performs the action for his sense satisfaction. It's bad.

**3.7 = Krishna:** Anyone who control and regulates the senses with his mind is consider as captain. That person performs action without any desire of personal fruits.

More Insight ->>> A person takes an oath that "he will exercise 45 minutes daily and if he manage to do so then after exercise he will eat tasty pizza/burger/sandwich in breakfast". Then it is considered as person working for sense satisfaction. He is not the real hero, he is a slave.

More Insight ->>> A college student demand from his parents that, if he achieves A+ grade in exams than they should gift him a brand new car. That college student is working for his sense and pleasure. He works hard for his senses. He is a slave, He is not a real hero. He is not a real captain. It's sad. A real captain performs the action for his country and world, not for his

personal pleasure like that college student.

**3.8 = Krishna:** It's always better to work rather than no action.

More Insight ->>> That college student demanding gift from parents for A+ grade is better than those who does not prepare for exams and fail.

**3.9 = Krishna:** O Arjun perform the action like real captain. Do not act and demand for materialistic personal gain. Work for the betterment of society. You will definitely gain a lot without demanding. Perform the action without focussing on fruits. You will certainly get what you deserve.

**3.10 = Krishna:** Sacrifice is very important to perform action without demanding sense satisfaction and pleasure. Sacrifice is the key to achieve great success.

More Insight ->>> Just read any history of Successful people you like, and analyze what sacrifice they had given to achieve this stage. Time is very limited and you don't have time to waste. Analyze the unwanted activities you do in a day and sacrifice them for the betterment of yourself and society.

**3.11 = Krishna:** By sacrificing the unwanted activities you will achieve great blessing from God.

More Insight ->>> only by reading the scriptures given in "Bhagavad Gita" will not do you any good. Take an oath and a firm decision to remove one bad habit/activity you do everyday. By removing the bad activities you would have more time for good activities. Be the captain

**3.12 = Krishna:** You will get everything you deserve if you perform action as I said. In return you must give something back to GOD for your achievement due to this knowledge.

More Insight ->>> if you have acquired knowledge from any Guru, you must give guru dakshina (Gift) in return. If you take without giving the cycle will stop, you will stop getting. You must give more in order to get more. Always remember, be careful while giving, giving to wrong person is considered as a sin. It is very necessary that you provide some assistance to the needy who is hard working.

**3.13 = Krishna:** Those who prepare food for all is considered as supreme and those who cook only for themselves are considered as sinful.

More Insight ->>> Have a broad vision, have a long term goal for our society. It's our duty to do the best we can for our world.

More Insight ->>> It is not only for social work. It is applicable for your business as well, you need to focus on product, quality and services and financial income is bi-product. If you provide good quality and services, your income would be automatically boosted. So focus on how you can serve better to your customer and society

**3.14 = Krishna:** Living entities are evolved from food, food come into existence due to rain, and rain is the result of sacrifice by GOD.

More Insight ->>> Even GOD needs to follow same rules in order to help mankind

**3.15 = Krishna:** All pervading ultimate truth is established eternally in performing sacrifice unto the supreme Lord.

**3.16 = Krishna:** O Arjun, those who do not sacrifice anything in life are considered as sinners.

**3.17 = Krishna:** Those who remain happy with their inner soul are considered as supreme

**3.18 = Krishna:** Those who remain happy with their inner soul are never dependent on anyone. No one can make them sad. Inner happiness and peace can only be found if you perform action without senses satisfaction. That could be done if you have broader vision for society and with sacrifice. One can not achieve permanent inner happiness with selfish and personal goals.

**3.19 = Krishna:** Therefore without attachment (of materialistic / personal gains), without interruption, perfectly perform prescribed actions, since by performing prescribed actions a person achieves the highest good.

**3.20 = Krishna:** You should perform the actions for the sake of benefiting the welfare of the world. Become a great personality for world.

**3.21 = Krishna:** What ever great personality does, common man imitates the

same. This create healthy world.

More Insight ->>> If you achieve great height for success in life. Do not stop working by thinking that you have achieved enough now. People close to you will follow the same and this will create unhealthy society. Great person never stops working no matter how big they achieve. Successful people should also take care about their activities knowing that common people will follow the same. Successful people promoting harmful alcohol drink is considered as a great sin.

**3.22 = Krishna:** I have achieved each and every thing and nothing new is left to me. Yet I am busy and engage in work for betterment of society.

**3.23 = Krishna:** If I would not engage in prescribed activities certainly all men would follow same.

More Insight ->>> If you would not engage in prescribed activities and do nothing then your children, friends, followers, group would follow the same. This would create unhealthy society

**3.24 = Krishna:** If I do nothing, I would be the reason for unhealthy society.

**3.25 = Krishna:** As ignorant work for personal fruits. Knowledgeable should work for welfare of the world.

More Insight ->>> Even Business is considered as welfare for the world if CEO keeps “money” as a by-product. Constantly improving and elaborating the services should be the goal of good business. Good business creates good jobs, good jobs creates healthy society. Good Services also considered as welfare.

**3.26 = Krishna:** Knowledgeable person would work with heart and welfare for the world.

**3.27 = Krishna:** Knowledgeable person never says “I am a doer” of this good work

**3.28 = Krishna:** Knowledgeable person does not take credit for whatever good he does.

More Insight ->>> One must never take credit of the good work he does.



Good person always give credit to his team or other people.

**3.29 = Krishna:** Knowledgeable person will never disturb, criticize or create the trouble for less knowledgeable one.

**3.30 = Krishna:** Let your mind set completely free from personal desire of fruits and work with self belief without any desire of materialistic personal gain.

**3.31 = Krishna:** Those who work as I mentioned, would be free from bondage.

More Insight ->>> as we studied earlier soul of human being never dies, it transform into another form. It's a continuous process. When a man takes a new birth it has to work again. Man supreme goal should be to achieve GOD and be free from bondage of birth and death.

**3.32 = Krishna:** Those who do not work as I mentioned, their soul will never achieve freedom from birth and death.

**3.33 = Krishna:** Knowledgeable person acts according to his nature. Same way all creature act according to their nature

**3.34 = Krishna:** One should not be controlled by their own senses since they are obstacle in one's path of success. As we discussed earlier, man should have total control on these senses in order to achieve success.

**3.35 = Krishna:** Man should perform his prescribed duty. Performing good duty with faults is better than performing bad duties with perfection.

More Insight ->>> Many takes shortcut in life when they don't achieve instant success. They start robbery or conduct some crime for money. It is better to die in hunger rather than leaving in royalty with bad deeds because when a person dies his soul will transform into one of animal kingdom as a punishment.

**3.36 = Arjun:** O Krishna sometimes people can't control their emotions and forced to do something bad. Later they realise that they should not have done this. What about those?

**3.37 = Krishna:** It's Lust, extremely sinful and greatest enemy in the world.

**3.38 = Krishna:** As a mirror is covered by dust, knowledge is coved by lust.

**3.39 = Krishna:** Good knowledge in mind is covered by long lasting enemy

“lust”.

**3.40 = Krishna:** Lust destroys human mind and body.

**3.41 = Krishna:** O Arjun, first you must bring senses under control then directly destroy this lust.

**3.42 = Krishna:** Senses are superior but mind is even superior than senses and **soul** is even more superior than mind.

More Insight ->>> Senses are your sight, hearing, touch, taste, and smell this could be brought under control via **mind**. Mind could be brought under control via your inner consciousness i.e. your sole

More Insight ->>> When you observe an object and attracted towards it, your sight should stop watching it, you should look into another direction that be done via mind. If you keep watching it you will keep losing control. So with the help of inner consciousness and **awareness** you must learn how to control the mind.

**3.43 = Krishna:** Study the mind by self realization and ask your inner consciousness and conquer this lust.

# Chapter 4: Approaching the Ultimate Truth

## Scriptures

**4.1 = Krishna:** I instruct this impressible science to Sun God. Then he instructs to others and then it keeps passing on.

**4.2 = Krishna:** This knowledge was well known to many great people, they keep sharing this knowledge to others, others also did the same but later core value of this knowledge is lost in sharing.

**4.3 = Krishna:** Thus I am sharing this knowledge with you today to bring back its core values.

**4.4 = Arjun:** O Krishna, your birth is recent and the Sun God birth is previous, therefore please explain to me how you were present during that ancient age?

**4.5 = Krishna:** Many births of mine and yours have passed O Arjun, I am knowledgeable of all of them, but you are not knowing

**4.6 = Krishna:** Although I am birth less, I appear in this world in various forms.

**4.7 = Krishna:** When there is decline of goodness and righteousness and predominance of badness and unrighteousness. I take the birth

**4.8 = Krishna:** I take the birth to bring goodness and righteousness on top.

**4.9 = Krishna:** Those who know about me and my life, my birth and death, and those who are truly knowledgeable do not take birth again and again. Their soul achieves permanent freedom from life and death. Those people achieve me and stay with me forever.

**4.10 = Krishna:** People are purified by knowledge, freed from attachment, fear and anger.

**4.11 = Krishna:** All those who follow my given knowledge, I give them reward accordingly.

**4.12 = Krishna:** Many people worship various GOD and perform the action for **materialistic personal gain**. They will get success if they keep working

towards it but will not achieve GOD. Their soul will not achieve freedom.

**4.13 = Krishna:** I (God) have created 4 kinds of people for this society

**A.** Priest (Religious leaders, Saint, monk, etc)

**B.** Ruler (Prime Minister, President, Captain, Leader, Business Tycoons, etc)

**C.** Skilled worker (Professional employees, Small & Medium Business, Traders, etc)

**D.** Unskilled Worker (Industrial Worker, Office Boy, Cleaner, etc)

More Insight ->>> Most of the time a person achieves promotion or demotion in same birth.

More Insight ->>> Your next birth will depend on how many good deeds you do and if a person is extremely bad then he has to acquire animal kingdom and if the person is extremely good he does not have to come back, he will stay with GOD.

More Insight ->>> if religious leaders become corrupt they might get demotion in next birth to unskilled workers. If unskilled workers work with ethics and goodness he might get promoted to skilled worker, ruler or can even achieve God.

**4.14 = Krishna:** I have achieved freedom, those who understand this will never perform fruitive action.

**4.15 = Krishna:** Ancient leaders have worked for change and transformation; you do work to bring change in society.

**4.16 = Krishna:** Even the wise people are confused to what is action and inaction, so I shall provide you the right direction

**4.17 = Krishna:** One must know what action is

**4.18 = Krishna:** Those who understand that “action” will bring “freedom from action” are really smart.

More Insight ->>> Man supreme goal is to achieve freedom from birth and death and to achieve GOD, so action must be done in such a good way that it brings prosperity to mankind. God have already discussed about this before.

**4.19 = Krishna:** Those who have given up personal desire and fruitive actions are respected in the entire society and are considered as wise

**4.20 = Krishna:** Those knowledgeable who perform any action without personal materialistic desire are considered as supreme and get real peace in life.

**4.21 = Krishna:** Those knowledgeable who control their mind never perform sinful action.

**4.22 = Krishna:** Those who remain equipoised in every situation of success or failure, never becomes unhappy

More Insight ->>> Many people become overjoyed in success, same are those who cry deep during failures. If a person does not get overjoyed during success then he will get the strength to fight against failure. So “equipoised” means our temperament should be cool and calm in every situation.

More Insight ->>> I have personally tried this, I used to become overjoyed at good times and extremely unhappy during bad times. Then I tried to control myself at the time of happiness. I was happy but not jumping with joy, then situation of bad times came at that time I was not too sad because my mind thought that you were not overjoyed in good situation then why should I feel bad in poor situation” This mind temperament is needed for success. I am still practicing and practice makes a man perfect.

More Insight ->>> You can see the practical example of some sports team, some captain become overjoyed in victory and cry during loss. Few captains remain “equipoised” and most of them are great leaders for their team.

**4.23 = Krishna:** Those who are unattached to personal materialistic gains start achieving real freedom

**4.24 = Krishna:** This is the ultimate truth. One should accept and faithfully apply this idea of ultimate truth.

**4.25 = Krishna:** Knowledgeable people know that they need to sacrifice and they do sacrifice

**4.26 = Krishna:** They keep all their senses away from material objects and control their senses into the fire of self-discipline

**4.27 = Krishna:** This allows the mind to be controlled and not diverted to extraneous things making it qualified for meditation kindled by wisdom

giving firm resolve and fixed determination to achieve the goals.

**4.28 = Krishna:** Those who earn money honestly and donate funds are considered as supreme

**4.29 = Krishna:** One should exercise breath control, by taking deep breath and focusing on incoming and outgoing of breath. It's good for mind and body.

**4.30 = Krishna:** Those who have tasted the nectar as a result of performing sacrifice reach the eternal, Ultimate Truth.

**4.31 = Krishna:** O Arjun, one who performs no sacrifice is not fit for this world.

**4.32 = Krishna:** There are various sacrifices which a person must perform to get liberated.

**4.33 = Krishna:** All fruitive actions come to an end entirely by knowledge.

**4.34 = Krishna:** One should learn this knowledge

**4.35 = Krishna:** By knowing this knowledge you will never be trapped into false illusion.

**4.36 = Krishna:** Even if you are the most sinful of all **sinners** in past you will cross over all sin and **achieve goodness** with this knowledge

**4.37 = Krishna:** O Arjun, as a blazing fire turns wood to ashes; similarly the fire of knowledge turns all reactions from personal fruitive activities to ashes.

**4.38 = Krishna:** In this world nothing greater exist in comparison to knowledge.

**4.39 = Krishna:** One with full faith actively focused and having achieved transcendental knowledge is supreme.

**4.40 = Krishna:** Those who doubt in this and who does not have faith in anything will not achieve permanent happiness in this birth or next.

**4.41 = Krishna:** One must overcome all the doubts via transcendental knowledge of the science of uniting ones individual consciousness with the Ultimate Consciousness attains the state of self realization.

More Insight ->>> Consciousness is the state or quality of awareness, or, of being aware of an external object or something within oneself.

More Insight ->>> The Ultimate State of Consciousness is universally described as union with the Absolute.

More Insight ->>> Here GOD gives clear message that you must have absolute control in yourself. Your mind should be in total control with you, you must not dance on the tune of your senses. It is only possible when your mind is totally aware about what you are doing. For Example; many have got habit of shaking legs, they are unaware about it and it looks bad, so constant awareness is a solution of this problem.

**4.42** = O Arjun by the sword of transcendental knowledge of science, destroy the bad in you.

## Chapter 5: Action and Renunciation

### Scriptures

**5.1 = Arjun:** O Krishna, Action is the process of doing something and Renunciation is rejection of something especially from action. Out of this two which one is better?

More Insight ->>> who is better a hardworking business man or a saint?

**5.2 = Krishna:** Both are really good. Any person who performs the duty without expectation of personal material gains are considered as superior.

**5.3 = Krishna:** One who performs the duty without expectation of personal fruits gets liberated easily.

**5.4 = Krishna:** A person perfectly engaged in any one, gets the result of both.

More Insight ->>> Either you perform perfect “Action” or “Renunciation” you will get good results.

**5.5 = Krishna:** Both “Action” and “Renunciation” will lead to same result.

More Insight ->>> Here result is the achievement of GOD and freedom from bondage of birth and death.

**5.6 = Krishna:** With performing “Action” it is comparatively easier to achieve GOD.

**5.7 = Krishna:** Those who perform the prescribed action with the **mind in control** and those who have conquered their senses are considered as supreme

**5.8.9 = Krishna:** Many might have observed that they do not perform anything like breathing, smelling, opening and closing of eyelids, etc. it is done automatically.

More Insight ->>> Good Automation is fine but automation should not be in the form of bad habits like shaking legs, it should be changed via awareness i.e. controlling your senses via mind

**5.10 = Krishna:** Any person who performs the duty without expectation of personal material gains is not affected by sin.

**5.11 = Krishna:** Followers of the science of transcendental knowledge performs the prescribed action by the body, the mind, controlled senses and by the intelligence for purifying self.

**5.12 = Krishna:** Any person who performs the duty without expectation of personal material gains gets uninterrupted peace of mind and come closer to freedom. A person who performs the activity with expatiation of personal fruits does not get peace of mind and come closer to bondage

**5.13 = Krishna:** Only the self controlled person is considered to be free

**5.14 = Krishna:** Man gets dependent on what he **choose**, God never decide the “Karma” of human. It’s the human that choose their own preferred activities.

More Insight ->>> There is nothing you “have to” do. Everything you do,



you choose to do.

**5.15 = Krishna:** God never accepts the virtue or sin of anyone.

**5.16 = Krishna:** But of those whom this ignorance has been destroyed by the knowledge of the self, that knowledge is like rising sun illuminated by the ultimate truth

**5.17 = Krishna:** Those who are endowed with spiritual intelligence attain the liberation from material existence

**5.18 = Krishna:** Only those who see each and every one with equal vision are considered as learned in genuine wisdom.

More Insight ->>> Few people only gives respect to rich and financially sound people but they don't pay attention to middle or lower income group people. Such kind of behaviour is not proper

More Insight ->>> One must consider each and every one with equality. Each and every one must be respected in society. One must not feel ignorant

More Insight ->>> Personally I don't like to visit parties and functions but I have to visit, when I visit I generally talk with elder and old people, according to me, they are found ignorant and no body used to talk with them, but actually people forget that they are the once who has got maximum experience of life. According to me most elders have got great spiritual knowledge. My Grandmother "Bai" who passed away at the age of 91 had got a great spiritual knowledge.

More Insight ->>> I suggest you to say hi and hello to your watchman, cleaners, etc. See the Joy you get.

**5.19 = Krishna:** Those who considered each and every one with equality gains the power of "equipoised"

More Insight ->>> Those who remain equipoised in every situation of success or failure, never becomes unhappy

**5.20 = Krishna:** Equipoised person does not get overexcited in situation of happiness and does not get lament in worst situation

**5.21 = Krishna:** One whose mind is not attached to external senses objects enjoys the happiness of the inner self.

**5.22 = Krishna:** Those who perform the action for sense satisfaction and

personal material gain will never achieve peace of mind or permanent happiness, they will perish.

**5.23 = Krishna:** The person who is able to neutralize in this life, the physical, mental and emotional urges from desire and passion of materialistic selfish personal gain, he is fully self controlled and certainly happy

**5.24 = Krishna:** One who experiences internal happiness with the mind spiritually realizes the ultimate truth and achieves the liberation.

**5.25 = Krishna:** Those who are always concerned for the spiritual welfare of all living beings achieves the freedom.

**5.26 = Krishna:** These people become free from anger and realize the ultimate truth.

**5.27.28 = Krishna:** Fix your eyes between the eyebrows, close your eyes and take a deep breath and exercise breath control, such a person can acquire control over his senses, get rid of lust and anger.

**5.29 = Krishna:** Most merciful benefactor of all living entities achieves perfect peace.

# Chapter 6: The Science of Self Realization

## Scriptures

**6.1 = Krishna:** One who enacts obligatory prescribed actions without expectation of the result of action is truly a renunciate

**6.2 = Krishna:** Without renouncing (giving up or sacrificing something) one can not bring fruitative personal desire to an end.

**6.3 = Krishna:** One who is benevolent to all beings makes the Supreme Lord pleased and merciful to that one

**6.4 = Krishna:** One who is not addicted to desire for senses gratification or fruitative activities, renouncing all material desire is consider as supreme

**6.5 = Krishna:** Our Mind could be our best friend or it could be our worst enemy

**6.6 = Krishna:** A controlled mind could be your best friend and an uncontrolled mind could be your worse enemy

**6.7 = Krishna:** The being that has conquered the mind are firmly established with the ultimate consciousness within I.e. **soul**

**6.8 = Krishna:** One who has senses in full control observe with equal vision a cold, a dirt, a stone or a gold is declared to be supreme.

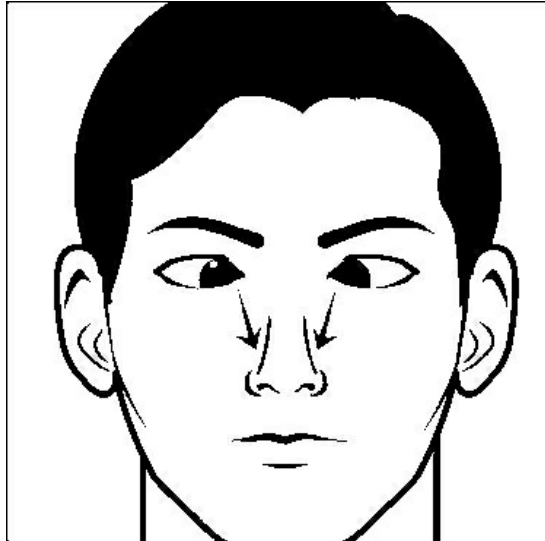
**6.9 = Krishna:** The more superior is the one who with spiritual intelligence act equally towards natural well wishers, those indifferent or disputes, friends, etc

**6.10 = Krishna:** Controlled mind person gets freedom and can meditate on the inner self

**6.11.12 = Krishna:** one should undertake the practice of meditation.

More Insight ->>> Meditation is same as we discussed in above passes like breath control, take a deep breath, you can find videos in Youtube

**6.13.14 = Krishna:** Sit keeping the body, head and neck straight and gazing your eyes at the tip of the nose and concentrate on the ultimate goal.



**Fig:** Exercising; Gazing Eyes at the Tip of Nose

You can search on Youtube to see videos of Bhagavad Gita exercise

**6.15 = Krishna:** By practicing this regularly an individual attains perfect peace and mind gets freed from personal material gains and he learns the science of uniting the individual consciousness with the ultimate consciousness.

**6.16 = Krishna:** The person practicing this yoga must not eat too much or too little, nor he should sleep too much or too little

**6.17 = Krishna:** The person practicing this exercise that is eating less or too much or those who haven't taken sound sleep is a waste of time.

**6.18 = Krishna:** The person who have given up desired senses satisfaction via practicing this exercise is consider as spiritual intellectual

**6.19 = Krishna:** As a flame in a windless place does not waver, same as a person practicing this exercise does not wave away.

**6.20 - 23 = Krishna:** As a person's mind becomes freed from personal material gain and work for the betterment for the society and aspects the benefit of whole attains the peace of mind, he remains equipoise in every situation, experience the greatest happiness.

**6.24 = Krishna:** One should abandon all the desires of senses gratification

one should control the mind

**6.25 = Krishna:** By spiritual intelligence and concentrated meditation, establish the mind fully within self; gradually step by step become focused within, not thinking of anything else.

**6.26 = Krishna:** To whatever and whenever the unsteady mind wonders, this mind should be brought under control every time and should focus on only ultimate goal.

**6.27 = Krishna:** Those who perfected the mind control get the extreme happiness.

**6.28 = Krishna:** Only by this way people can achieve permanent happiness.

**6.29 = Krishna:** Such kind of knowledgeable person sees each and every person with great respect and understands them internally.

**6.30 = Krishna:** For such kind of people I am always available

**6.31 = Krishna:** Such person could be in any situation or condition, achieves me (God).

**6.32 = Krishna:** O Arjun those who consider happiness and sorrow as the same thing are considered to be best according to me.

**6.33 = Arjun:** My mind is unsteady so I did not understand completely the entire things you told.

**6.34 = Arjun:** According to me controlling the mind is very difficult. As wind can't be brought under control same as mind can not be brought under control. Controlling wind could be easier but controlling mind seems to be even more difficult.

**6.35 = Krishna:** O Arjun, it's true that it is very difficult to control mind but it can be brought under control via diligent practice.

**6.36 = Krishna:** Having total control in mind is certainly possible.

**6.37 = Krishna:** People having uncontrolled mind face lots of complications in life.

**6.38 = Krishna:** Such kind of people gets destroyed

**6.39 = Arjun:** Its only you who can clear all my doubts, none can do that except you.

**6.40 = Krishna:** Good people never get destroyed even if they die; they achieve upgradation in next birth

**6.41 = Krishna:** Good people get their next birth in extremely prosperous family.

More Insight ->>> in many cases person achieve everything in this birth only for what ever good or bad he does.

**6.42 = Krishna:** Extremely good people get the next birth in extremely rich & prosperous family with all intellectual knowledge. Such kind of birth is very rare.

More Insight ->>> Excellent people gets complete freedom from life and death and stay with their God.

**6.43.44 = Krishna:** O Arjun, Such people try again and do their best to achieve freedom from life and death.

**6.45 = Krishna:** Finally, they achieve freedom from birth and death

**6.46 = Krishna:** O Arjun, be perfect.

**6.47 = Krishna:** All are great who trust me and follow the ultimate truth as described by me.

## Chapter 7: The Knowledge of Ultimate Truth

### Scriptures

**7.1 = Krishna:** O Arjun, try to understand completely who I am?

**7.2 = Krishna:** Now I am going to reveal that knowledge, by knowing these nothing further remains

**7.3 = Krishna:** Those who worship me hardly know who I am?

**7.4 = Krishna:** My external energy consists of Earth, Water, Fire, Air, Ether, Mind, Spiritual Intelligence, and Ego.

**7.5 = Krishna:** Now this were the 8 forms of mine now let me tell you the

other one by which this world was created

**7.6 = Krishna:** Every leaving being are created by these two energies of mine. I am the creator, the sustainers and the destroyer of all the worlds.

**7.7 = Krishna:** O Arjun there is nothing superior to me.

**7.8 = Krishna:** O Arjun I am the sweetness of flavour in water, radiance in the moon and sun and virtually in all men

**7.9 = Krishna:** I am the life in all beings and austerity in the ascetic.

**7.10 = Krishna:** I am the intelligence of intelligent

**7.11 = Krishna:** I am free from materialistic personal desire of fruits.

**7.12 = Krishna:** Every Man is born with these 3 qualities.

**A.** Goodness (Knowledge with humbleness and kindness)

**B.** Passion (to achieve anything)

**C.** Laziness (Ignorance)

More Insight ->>> Every person has got 3 qualities. Some has got goodness more than others, that person becomes good by nature because goodness prevail over other; he is well known for his goodness. Some has got laziness more than other qualities, that person is lazy by nature. He takes shortcut in life to earn money and becomes a thief, every person has got this three qualities but their proportion is different from person to person so this world is unique. Man has got ability to change everything by his “Karma” = deeds.

**7.13 = Krishna:** This world is made up of goodness, passion and laziness

**7.14.15 = Krishna:** This world gets trap in materialistic gains and personal pleasure so very few understand me and my concepts.

**7.15 = Krishna:** People worship me (God) for various things

**7.16.17 = Krishna:** All are worthy but those who worship me for freedom of birth and death are considered as best

**7.18 = Krishna:** After painstaking efforts, people achieve the supreme goal i.e. freedom of birth and death and achieve me.

**7.19 = Krishna:** People worships me by realizing that each and everything is God. Such a great soul is rare indeed

**7.20 = Krishna:** People worship different God based on their own nature.

More Insight ->>> in actual there is one supreme God in different form.

**7.21.22 = Krishna:** So I induce faith in them.

More Insight ->>> with the help of faith and belief the person could achieve anything.

**7.23 = Krishna:** The person who worships God (me) achieves me

**7.24 = Krishna:** Many people still believe that I am just an ordinary person. They do not believe in any God.

**7.25 = Krishna:** Those who constantly doubt in God, never attains peace of mind.

More Insight ->>> Constant doubt always keeps a person in worry. During school and college days I instantly raise my finger to ask doubts when I don't understand anything and when a teacher solve my doubts I become happy as I learned something new in my life. In this book wonderful concepts has been describe by God. I am not writing it on my own it's the concept given in ancient age by God approx 5000 years back to mankind. These concepts should be sufficient to believe and worship God. Thank You, God.

More Insight ->>> Keep reading this book, yet it's not over. There is lot more to come.

**7.26 = Krishna:** I know each and every one but no one knows actually who I am?

**7.27 = Krishna:** Unknowing person are always attracted towards personal materialistic gains.

**7.28 = Krishna:** Those, whose sins are completely waved, come to me and stay with me

**7.29.30 = Krishna:** Those who trust me know me.

More Insight ->>> Many times people forget God and believe there is no God to help them, but God always wish good for all and so he made some rules to follow in life for the betterment of you and the world. During bad times we should understand and analyse ourselves and improve.



# Chapter 8: Attainment of Salvation

## Scriptures

**8.1 = Arjun:** What is Karma?

**8.2 = Arjun:** Who is the creator of our body and soul?

**8.3 = Krishna:** Any work done without expectation of personal fruits and for the betterment of society is Karma in real sense. God is the creator of body and soul.

**8.4 = Krishna:** I am also present in the soul inside human body

**8.5 = Krishna:** Those who target me achieve me. There is no doubt about it

More Insight ->>> Here in chapter eight, “Salvation” means freedom from life and death and achievement of God.

**8.6 = Krishna:** At the time of death what so ever a person thinks achieves in next birth. There is no exception about it.

More Insight ->>> suppose at the time of death at last movement of life if a person visualize “riches and abundance” he will achieve the same in his next birth.

More Insight ->>> Good people thinks and visualizes them with God at the time of death and achieves them. Achieving God is achievement of a supreme goal and freedom of birth and death.

More Insight ->>> Achievement of God is actually not possible for a person doing bad deeds in life. You might have seen many people die in accident at that time most people don’t get time to visualize anything so they get demotion. This step seems to be very easy but only possible if people get natural death. Natural death is only possible with the grace of God. Grace of God comes to only good people.

**8.7 = Krishna:** Visualize with me at the time of death. You will achieve me. Freedom from life & death

**8.8 = Krishna:** He who thinks of nothing else but (God) me, surely achieves God.

**8.9.10 = Krishna:** He who thinks of nothing else but (God) me at the time of death. Such person possesses the form beyond human and stay with God.

**8.11 = Krishna:** Now I am telling you briefly about how one can achieve supreme goal.

More Insight ->>> Man's supreme goal is to get freedom from birth and death and to achieve God

**8.12.13 = Krishna:** Now having controlled all senses via mind and not allowing your mind to wander in other things except God. Chanting OM (Taking the name of God) and dwelling completely on God at the time of death reaches the supreme goal.

**8.14 = Krishna:** I am easily attainable for all those who desire me

**8.15.16 = Krishna:** Having attained me the person's soul does not have to take birth again. He achieves freedom

**8.17 = Krishna:** Those who know that God comprises the day duration of four billion three hundred and twenty million years and his night also the duration of four billion three hundred and twenty million years knows the reality of time.

More Insight ->>> Here God wants to describe that take the maximum utility of time. Few people do work of 48 hours in 24 hours and many do 2-hour work in 24 hours. We have limited time in day and nights do not waste it.

**8.18 = Krishna:** During day time of GOD all living beings are manifested and at night time, all are unmanifested.

**8.19 = Krishna:** Once again during day time of God those unmanifest get birth again.

**8.20 = Krishna:** A Supreme Divine person does not manifest again.

**8.21 = Krishna:** That is the attainment of supreme goal.

**8.22 = Krishna:** The supreme goal could only be achieved by exclusive devotion.

**8.23 = Krishna:** O Arjun, I shall now explain to you the different times at

which, passing away from this world, one does or does not come back.

**8.24 = Krishna:** Person knowing the path attains the ultimate truth.

**8.25 = Krishna:** If person dies at night he has to come back in this world.

**8.26 = Krishna:** When one passes in day time, he does not come back provided he must have followed rules.

**8.27 = Krishna:** The true devotees are not worried about it.

More Insight ->>> true devotees should not worry about it. If they have done good deeds, death will come to them naturally during day time & they will have sufficient time to visualize with peace of mind.

**8.28 = Krishna:** True devotees are not worried about results; they perform the prescribed action, lead a simple living with high thinking and gives charity to worthy needy people and attains the supreme goal.

More Insight->>> You must give more in order to get more, but one must be very careful in giving that you must only give to those who actually need it. Many people avoid providing money to street beggars, they do provide to person who works hard to earn money, they provide more for shoe cleaner, house cleaner, person selling goods in street and vendors, etc. Believe me I have tested this principal you will get more if you give more but please do not expect something in return while giving. Give with the bottom of your heart.

## **Chapter 9: Confidential Knowledge of the Ultimate Truth**

### **Scriptures**

**9.1 = Krishna:** O Arjun, now I shall impart to you this most secret wisdom, knowing which you shall be relieved of the miseries of materialistic personal gains.

**9.2 = Krishna:** This knowledge is the king of education, the most secret of all secrets.

**9.3 = Krishna:** Those who do not believe God do not get freedom from bondage of birth and death

**9.4 = Krishna:** This whole universe is permeated by me (God).

**9.5 = Krishna:** Although I am the maintainer of all living entities, and although I am everywhere, still keep myself away from personal selfish material gains.

**9.6 = Krishna:** Understand just as the mighty wind blowing everywhere is always situated within space; similarly, all beings thus are situated in me.

**9.7 = Krishna:** O Arjun, all created beings enter into my nature at the end of four billion, 320-million-year cycle; and after another four billion, 320-million-year cycle, I generate them all again.

**9.8 = Krishna:** I give them birth again on the basis of their “karma” (deeds)

**9.9 = Krishna:** I am very neutral in this process.

**9.10 = Krishna:** By this rules manifestation is created and annihilated again and again.

**9.11 = Krishna:** Still many people consider me as an ordinary human, but I am not.

**9.12 = Krishna:** Those who only work for personal selfish gains are defeated.

**9.13 = Krishna:** Those who do not work for personal materialistic gains the path to know me (God).

**9.14 = Krishna:** Endeavouring with great determination is performed by great souls

**9.15 = Krishna:** One who follows my path of knowledge achieves me

**9.16 = Krishna:** I am the ritual, I am the sacrifice, I am the healing herb. I the fire

**9.17 = Krishna:** I am the father of this universe, the mother, the support

**9.18 = Krishna:** I am the creation and the annihilation, the basis of everything. I am the goal and the dearest friend

**9.19 = Krishna:** I control heat, the rain and the drought.

**9.20 = Krishna:** Good people enjoy godly delight in heaven

**9.21 = Krishna:** They need to take birth again

More Insight ->>> Only excellent person achieves freedom from life and death & achieves God.

**9.22 = Krishna:** That who follow my path of knowledge and perform prescribed action achieves me and stay with me.

**9.23 = Krishna:** Those who worship God in different forms ultimately worship me (God)

More Insight ->>> There is only one supreme God for all.

**9.24 = Krishna:** Those who don't know me and does not follow my rules takes birth again and again.

**9.25 = Krishna:** My worshipers certainly come to me

**9.26 = Krishna:** I affectionately accept the devotional love of my worshipers.

**9.27 = Krishna:** What so ever you do or achieve in life is due to grace of God.

More Insight ->>> God has given us freedom to work and perform our karma but he is our creator so we should Thank GOD for each and every thing we do or achieve in our life.

**9.28 = Krishna:** You will be freed from the bondage of action in the form of good.

**9.29 = Krishna:** I treat each and every living being with equality. I never do partiality.

**9.30 = Krishna:** Even the vilest sinner who **quits sin** and starts performing actions via endeavouring with great determination and worship God should be consider as good from now onwards.

**9.31 = Krishna:** Followers of my rules never get destroyed

**9.32 = Krishna:** Even a person born in very poor condition can also achieve me and freedom from birth and death.

**9.33.34 = Krishna:** O Arjun, start performing actions via endeavouring with

great determination and worship God. You will achieve God.

## Chapter 10: The Infinite Glories of Ultimate Truth

### Scriptures

**10.1 = Krishna:** Listen again to my supreme words, which I shall impart to you for your benefit and which will give you great joy.

**10.2 = Krishna:** Even the great sages don't know me

**10.3 = Krishna:** He who knows me as the unborn, as the beginningless, as the Supreme Lord of all the worlds is a true man without false belief

**10.4.5 = Krishna:** Intelligence, knowledge, forgiveness, truthfulness, self-control and calmness, pleasure and pain, birth, death, fear, fearlessness, nonviolence, equanimity, satisfaction, austerity, charity, fame and infamy are created by Me (God) alone.

**10.6 = Krishna:** The greatest of greatest people are born from my mind and afterwards this world emerges from them.

**10.7 = Krishna:** One who knows this truth truly believes God and worships

me (God)

More Insight ->>> God should be considered as our elder like grandparents because they are the creator of human being in this world so we should respect them with heart.

**10.8 = Krishna:** I am the source of all spiritual and material worlds. Everything emanates from me.

**10.9 = Krishna:** Those who believe me and worship me I bless them by which they can come to me.

**10.10.11 = Krishna:** I give the understanding by which they can come to me.

**10.12.13 = Arjun:** You are the Supreme, the ultimate, GOD

**10.14 = Arjun:** I totally accept as truth all that you have told me.

**10.15 = Arjun:** origin of all. Lord of all beings

**10.16 = Arjun:** Please tell me more about your power

**10.17 = Arjun:** What are your various forms? I should worship you in which form?

**10.18 = Arjun:** O Lord, tell me again in detail, I am never tired listening to you

**10.19 = Krishna:** Yes, I will tell you more about me.

**10.20 = Krishna:** I am seated in the hearts of all creatures. I am the beginning, the middle and the end of all beings.

More Insight ->>> **Here God wants to explain that he is found inside of every being, but there are many people who try to find God outside. God is available inside you.**

**10.21 = Krishna:** Among all the stars I am the moon.

**10.22 = Krishna:** In living beings, I am the living force.

**10.23 = Krishna:** I am the lord of fire, mountains, wealth and all

**10.24 = Krishna:** the lord of water, war, and all

**10.25 - 35 = Krishna:** I am the Lord of each and every thing. Of all creations, I am the beginning and the end and also the middle.

**10.36 = Krishna:** I am also lord of cheating.

More Insight ->>> Here God describes that he is also lord of cheating because no cheating could be escaped from God. God knows each and every thing and will punish cheater.

**10.37 - 42 = Krishna:** I am among great thinkers. Of secret things, I am silent, and of the wise I am wisdom. I am the generating seed of all existences. I pervade and support this entire universe.

More Insight ->>> As God is the creator of each and every form; one can worship God in any form.

## Chapter 11: The Vision of Universal Form

### Scriptures

**11.1.2 = Arjun:** I have heard your instruction on confidential spiritual matters which you have so kindly delivered unto me, and now my illusion is disappeared.

**11.3 = Arjun:** O my Lord I yet wish to see the actual form of yours

**11.4 = Arjun:** O my Lord, O master of all mystic power, then kindly show me your universal form.

**11.5 = Krishna:** I have hundreds and thousands of divine form.

**11.6.7 = Krishna:** Whatever you wish to see can be seen all at once in this body. This universal form can show you all that you now desire

**11.8 = Krishna:** But you cannot see me with your present eyes. Therefore, I give to you divine eyes from which you can see me in universal form

**11.9 =** Lord Krishna provides divine eyes to Arjun and shows his universal form to Arjun

**11.10 =** Arjun saw in that universal form unlimited mouths and unlimited eyes. It was all wondrous

**11.11 =** It was like hundreds of thousands of sun rose up at once into the sky,



they might resemble the effulgence of the Supreme Person in that universal form.

**11.12** = at that time Arjun could see in the universal form of the Lord the unlimited expansions of the universe situated in one place.

**11.13** = seeing this, Arjun began to pray with folded hands, offering huge respect to the Supreme Lord.

**11.14** = **Arjun:** O my dear Lord Krishna, I see all other Gods in different form together in your body and various other living entities

**11.15** = **Arjun:** O Lord of the universe, I see in your universal body many, many forms, mouths, eyes without limit. There is no end, there is no beginning, and there is no middle to all this.

**11.16.17** = **Arjun:** O God you are the supreme primal objective; you are the best in all the universes

**11.18** = **Arjun:** You are the origin without beginning, middle or end. You have numberless arms, and eyes. The sun and moon are among you. By your own radiance you are heating this entire universe.

**11.19** = **Arjun:** O God I can also see all the planetary systems are perplexed.

**11.20 - 24** = **Arjun:** I can see everything in you; I can no longer maintain my equilibrium. I am very afraid.

**11.25** = **Arjun:** I am sorry to say but I cannot keep my balance seeing your blazing deathlike faces and awful teeth. In all directions, I am bewildered. Please forgive me

**11.26** = **Arjun:** Our enemy army is crushed by your teeth

More Insight ->>> God was showing his universal form to Arjun. In actual he did not kill anyone of enemy army at this stage. Only Arjun can see God in universal form as he has been given divine eyes.

**11.27 - 29** = **Arjun:** As the rivers flow into the sea, so all these great warriors of enemy army enter your blazing mouths and perish.

**11.30** = **Arjun:** Scorching the worlds, you are manifest

**11.31** = **Arjun:** Please tell me who you are? I do not know what your mission is, and I desire to hear of it.

**11.32 = Krishna:** I am time, destroyer of the worlds, and I have come to engage all people, with the exception of you. All the soldiers here on both sides will die because of their deeds

**11.33 = Krishna:** They are already put to death by my arrangement, and you are just an instrument who will kill them and you will get all the credit of saving your kingdom from cruelty.

**11.34 = Krishna:** Simply fight and you will vanquish your enemies.

**11.35 =** Hearing this Arjun started, he stated all enemy army are very feared of yours as he sees enemy being killed by God

More Insight ->>> God was showing his universal form to Arjun. In actual he did not kill anyone of enemy army at this stage. Only Arjun can see God in universal form as he has been given divine eyes. God was showing him future of people doing bad deeds or supporters of person with bad deeds via silence

**11.36 = Arjun:** Whole world is happy seeing you in this form

More Insight ->>> Only Arjun is seeing God in universal form at this stage.

More Insight ->>> Here Arjun becomes very happy seeing God in universal form and feels that the whole world is happy. A happy person becomes positive and always believes that the whole world is happy. Sad people always criticise this world and are very negative thinkers.

**11.37 = Arjun:** O my greatest God, you are the cause of all causes.

**11.38 = Arjun:** You know everything. You have got perfect knowledge of all

**11.39 = Arjun:** You are air, fire, water, and you are the moon! You are the supreme controller and the grandfather. Thus would like respect you 1000 times, and again and again!

**11.40 = Arjun:** You are everything!

**11.41.42 = Arjun:** Please forgive whatever I may have done in madness.

**11.43 = Arjun:** No one is equal to you.

**11.44 = Arjun:** You are the Supreme Lord, to be worshiped by every living being. Thus I fall down to offer you my respects. Please forgive me for the wrongs that I may have done to you and bear with me as a father with his son or a friend with his friend.

**11.45.46 = Arjun:** I have never seen before, I am glad now, my mind is disturbed with fear so now please come back to your original form.

**11.46 = Arjun:** Please come back to the original form of yours, I would love to see that

**11.47 = Krishna:** No one before you has ever seen the universal form of mine.

**11.48 = Krishna:** O Arjun, Only you have seen this.

**11.49 = Krishna:** Now let it be finished. With a peaceful mind you can now see the form you desire.

**11.50 =** Now Krishna comes back to his original form of normal human being

**11.51 = Krishna:** I am back in my original form

**11.52 = Krishna:** My dear Arjun, the form which you are now seeing is very difficult to see.

**11.53.54 = Krishna:** only by undivided devotional service of a person can help them to understand me

**11.54 = Krishna:** Who is friendly to every living entity, certainly comes to me

## **Chapter 12: The Path of Devotion**

## Scriptures

**12.1 = Arjun:** Out of these two, who is considered to be more perfect? Those who worship you or those who worship others?

**12.2 = Krishna:** Those who worship me achieve me (God)

**12.3 = Krishna:** Those who worship others also achieve me (God)

**12.4 = Krishna:** They all are considered to be superior

**12.5 = Krishna:** Success is achieved with a great difficulty

**12.6 = Krishna:** I solve all problems of humble people

**12.7 - 11 = Krishna:** By working with my rules you will come to the perfect stage

**12.12 = Krishna:** Engage yourself in the cultivation of knowledge, meditation, and renunciation of the fruits of action, for by such renunciation one can attain peace of mind.

**12.13.14 = Krishna:** He who is free from false ego is very dear to me (God)

**12.15 = Krishna:** Those who are equal and steady in both happiness and distress are very dear to me

**12.16 = Krishna:** Those who do not work for personal material gain are very dear to me

**12.17 = Krishna:** Those who don't cry, losing his close one or favourite thing and does not get overjoyed in the situation of gaining are very dear to me.

**12.18 = Krishna:** whoever is equipoise in honour and dishonour, heat and cold, happiness and distress, fame and infamy is dear to me.

**12.19 = Krishna:** Those who make me the supreme goal is very very dear to me.

## Chapter 13: Nature, Enjoyer and the Consciousness

## Scriptures

**13.1 Arjun:** O my God, I wish to understand the material energy, the individual consciousness, the field of activity, the knower of the field activity, knowledge and the goal of knowledge

**13.2 Krishna:** The material body is known as the field of activity; those who know this are the knower of the field activity

**13.3 Krishna:** Certainly, knowing me as well within all bodies as the knower of the field of activity, such knowledge of the field of activity and the knower of the field is actual knowledge about this

**13.4 Krishna:** I am also briefing you on all this

**13.5 Krishna:** With sound logic and reasoning

**13.6.7 Krishna:** The major elements of earth is water, air, fire, and ether, false ego, spiritual intelligence and all the senses of mind i.e. sound, sight, taste, touch and smell, desire, happiness, distress, the perpetual faculties of mind, determination, all this is declared to be field of activities.

**13.8 - 12 Krishna:** Humility, pridelessness, non-violence, tolerance, honesty, self control, renouncing the desire for personal material selfish gains and who works for the improvement of society is considered as knower of this field

**13.13 Krishna:** Now I shall tell you how people can achieve me

**13.14 Krishna:** Man can achieve everything in life

**13.15 Krishna:** The ultimate truth is via controlling senses

**13.16 Krishna:** That ultimate truth is very near but yet so far

**13.17 Krishna:** That ultimate truth is known as the preserver of all living entities

**13.18 Krishna:** That ultimate truth is declared as the illuminator who eliminates darkness

**13.19 Krishna:** Knowledgeable understand the field of activity

**13.20 Krishna:** Know verily that both the material energy and the individual consciousness certainly are beginningless and know that transformation of body and the three modes of material nature also certainly are produced by

the material energy.

More Insight ->>> Earlier God has mentioned that man is borne with 3 modes of material nature, the mixture or proportion is different from person to person but no one can escape from this three because they are made with the combination of this three

A. Goodness

B. Passion (to achieve anything)

C. Laziness (Ignorance)

More Insight ->>> If the person has got goodness more, its characteristics becomes good. People call him a good person but passion and laziness is also found in those people in some portion.

**13.21 Krishna:** The living entity is the cause of the various sufferings and enjoyments in this world

More Insight ->>> Transformation is in the hands of human being. He can change if he has burning desire

**13.22 Krishna:** The living entity in material nature thus follows the ways of life, enjoying the three modes of nature

**13.23 Krishna:** Inside the body person, God exist.

**13.24 Krishna:** Those who find them would be free from bondage

**13.25 Krishna:** By meditation, by cultivation of knowledge, and by working without fruitive desire.

**13.26 Krishna:** And also, those who are humble and worship God transcend the path of birth and death.

**13.27 Krishna:** Whatever you see in existence, both moving and unmoving, is only the combination of the field of activities and the knower of the field

**13.28 Krishna:** The soul present inside human body does not get destroyed by anyone.

More Insight ->>> Soul is the form of God by which human body functions. Without soul, the body becomes dead body.

**13.29 Krishna:** Those who understands that soul is found in every living

being and treat them with equality is great one.

More Insight ->>> Soul is the form of God, so one must respect each and every person; they should not be felt hurt.

**13.30.31 Krishna:** Those who consider that each and every activity is performed only via field of energy is knower of ultimate truth

**13.32 Krishna:** Those with the vision can see that the soul is transcendental, eternal, and beyond the modes of nature.

**13.33 Krishna:** As the sky does not mix with anything, soul present in human body does not mix with body.

**13.34 Krishna:** The sun alone illuminates this entire universe, so does the human body gets illuminated by it via consciousness

**13.35 Krishna:** One, who sees this difference between the body and the owner of the body and can understand the process of liberation from this bondage, also attains to the supreme goal.

More Insight ->>> Owner of our body is soul

## Chapter 14: Three Modes of Material Nature

### Scriptures

**14.1 Krishna:** Now I shall declare to you this supreme wisdom, the best and advance of all knowledge

**14.2 Krishna:** By becoming fixed in this knowledge, one can attain to the transcendental nature, which is like my own nature.

**14.3 Krishna:** O Arjun, the entire precious energy is womb, into which I infuse the embryo of individual consciousness; subsequently manifest by me, every species of life is generated.

**14.4 Krishna:** God should be considered as father of Mankind

**14.5 Krishna:** Material nature consists of the 3 modes goodness, passion and ignorance. When the living entity comes in contact with nature, he becomes conditioned by these modes

**14.6 Krishna:** Via goodness man can acquire more knowledge and become happy

**14.7 Krishna:** Passion should not be used to gain personal fruitative actions

**14.8 Krishna:** The mode of ignorance causes the delusion of all living entities

**14.9 Krishna:** Goodness should be used to gain happiness, passion should not be used for personal gains, and ignorance (laziness) should be avoided.

**14.10 Krishna:** Sometimes the mode of passion becomes prominent, defeating the mode of goodness. And sometimes the mode of goodness defeats passion and at other times the mode of ignorance defeats goodness and passion. In this way there is always competition

**14.11 Krishna:** Goodness can be experienced via knowledge

**14.12 Krishna:** When there is too much increase in passion to achieve anything. It forces the man to do something wrong in order to get the things done. This gives push to ignorance present in human being.

**14.13 Krishna:** Ignorance gives birth to madness

**14.14 Krishna:** When one dies in the mode of goodness in domination to passion and ignorance, he attains to the pure higher planets.

**14.15 Krishna:** When one dies in the mode of passion doing personal fruitive activities, he takes the birth again in this world.

**14.16 Krishna:** Those who die in ignorance take the birth in animal kingdom

**14.17 Krishna:** From the mode of goodness, real knowledge develops

**14.18 Krishna:** Those situated in the mode of goodness gradually go upward to the higher planets; those in the mode of passion live on the earthly planets; and those in the mode of ignorance go down to the hellish world.

**14.19 Krishna:** There is nothing beyond these modes of nature

**14.20 Krishna:** When the embodied being is able to transcend these three



modes, he can become free from birth, death, old age and their distresses and can even enjoy this life.

**14.21 Arjun:** O my dear Lord, by what symptoms is one known who is transcendental to those modes?

**14.22 - 25 Krishna:** Those knowledgeable who consider happiness and sadness as same are beyond this modes of nature

**14.26 Krishna:** who do not quit in any circumstance to achieve great goal are beyond this modes of nature

**14.27 Krishna:** God is the original foundation of ultimate truth

## Chapter 15: Realization of Ultimate Truth

### Scriptures

**15.1 = Krishna:** There is a banyan tree which has its roots upward and its branches down

**15.2 = Krishna:** The branches of this tree extend downward and upward. This tree also has roots going down.

**15.3 = Krishna:** The real form of this tree cannot be perceived in this world. No one can understand where it ends, where it begins, or where its foundation is.

**15.4 = Krishna:** But with determination one must cut down this tree with the weapon of detachment

**15.5 = Krishna:** One who is free from illusion, false prestige, and false association understands this

**15.6 = Krishna:** Those who reaches to God's place, never returns to this material world.

**15.7 = Krishna:** The mind is the controller of senses

**15.8.9 = Krishna:** The mind is controller of ear, tongue, nose, and senses of touch, etc

**15.10 = Krishna:** Those whose eyes are trained in knowledge understand this

**15.11 = Krishna:** The endeavouring transcendentalist, who is situated in self-realization, can see all this clearly.

**15.12 = Krishna:** The energy of sun and moon comes from me (God)

**15.13 = Krishna:** I am the air in deep breath which comes in and goes out of human body

**15.14 = Krishna:** I am seated in everyone's heart

**15.15 = Krishna:** There are two classes of people, the quitter and the fighter.

More Insight ->>> The quitter never wins. The winner never quits

**15.16.17 = Krishna:** The greatest living personality is the Lord Himself

**15.18 = Krishna:** God is the greatest

More Insight ->>> One must learn from God

**15.19 = Krishna:** That who consider God as supreme and learns from him is the knower of each and every thing

**15.20 = Krishna:** This is the most confidential knowledge disclosed by me. Who so ever understand this would become wise.

# Chapter 16: The Divine and the Demoniac Qualities

## Scriptures

**16.1 - 3 = Krishna:** Fearlessness, cultivation of spiritual knowledge, charity, self-control, performance of sacrifice, simplicity, truthfulness, freedom from anger; renunciation; forgiveness, fortitude, cleanliness, O Arjun belong to men with divine nature.

**16.4 = Krishna:** Arrogance, pride, anger, conceit, harshness and ignorance- these qualities belong to those of demonic nature.

**16.5 = Krishna:** Divine qualities helps person to achieve freedom while demonic qualities trap the person into bondage

**16.6 = Krishna:** In this world, there are two kinds of created beings. One is called the divine and the other demonic.

**16.7 = Krishna:** Demonic nature personality doesn't know what should be done and what should not be done; they keep on doing it without applying mind.

**16.8 = Krishna:** Demonic does not believe in existence of God

**16.9 = Krishna:** Demonic are lost and who have no intelligence. They directly or indirectly destroy this world by destroying themselves and others.

**16.10 = Krishna:** The demoniac most of the time does illegal and unclean work

**16.11.12 = Krishna:** They believe that serving the senses is the prime necessity of mankind

**16.13 - 15 = Krishna:** Demoniac earning money via illegal means think that he is perfect, powerful and happy saying "I am the richest man"

More Insight->>> Same person takes the help of night pills to get sleep

More Insight->>> Money should be created by legal and honest means by proving good quality of products or services

**16.16 = Krishna:** Same person falls down into hell.

**16.17 = Krishna:** O Arjun, stay away from false prestige created by self publicity with the power of illegal money

**16.18 = Krishna:** O Arjun, stay away from false ego.

**16.19 = Krishna:** Those are lowest amongst men in my eyes

**16.20 = Krishna:** Such persons can never approach me.

**16.21 = Krishna:** Lust, anger, and greed are the three gates leading to hell

**16.22 = Krishna:** The man who has escaped these three gates of hell attains the supreme destination

**16.23 = Krishna:** Demoniatic person never gets inner happiness.

**16.24 = Krishna:** Divine tries his best to work with the rules and regulation as described by God.

## **Chapter 17: The Faith**

### **Scriptures**

17.1 = Arjun: What about those who only worship God and does not do hard work? There are also many “human” who are being worshiped as God by people.

**17.2 = Krishna:** Now hear about these.

**17.3 = Krishna:** The faith of human being comes from perception of mind

**17.4 = Krishna:** Those in goodness worship God, those in passion worship a person who gained name and fame from passion, bad person like to worship cruel leaders who have gained wealth via bad deeds, this kind of person likes to worship and respect some one of his related nature

**17.5.6 = Krishna:** Understand those who work hard and worship God

**17.7 = Krishna:** Now hear the difference between them

**17.8 - 10 = Krishna:** Food in goodness is good for health, such food is pure fresh cooked food, Pure Veg food, fresh sweets. Food that are too bitter, dry and hot (For Eg -> Fast Food) increases passion and is being loved by passionate people. Eating old stale food increases laziness and increases ignorance level in human.

**17.11 = Krishna:** Those who works hard and sacrifice in right direction is considered in goodness.

More Insight ->>> We have studied sacrifice earlier, one must give something in order to get something

**17.12 = Krishna:** Those who use passion for material personal gains are considered as bad.

**17.13 = Krishna:** Those who cheat society are in ignorance

**17.14 = Krishna:** Clean person living in simplicity is considered in goodness

**17.15 = Krishna:** Person in goodness should practice regularly.

**17.16 = Krishna:** There should be purity of thoughts in mind

**17.17 = Krishna:** Practiced by men whose aim is not to benefit themselves but for whole world is man in goodness

**17.18 = Krishna:** Those who are working to get fake publicity and self respect via power of money in society is considered to be in gainer of materialistic personal gains

**17.19 = Krishna:** Those who harm others in any way are living in ignorance

**17.20 = Krishna:** That gift, which is given out of duty, at the proper time and place, to a worthy person, and without expectation of return, is considered to

be charity in the mode of goodness

More Insight ->>> There are many great stories of Vikram and Bettal of ancient times; I would like to share one story with you as it is very important at this stage.

Vikram who was the king and Bettal was the ghost. When Vikram went to walk in forest alone Bettal (ghost) used to climb over him and would tell him story, later Vikram had to provide correct answers then only the ghost would leave him, else not. Vikram was very clever he used to give correct answers each and every time.

Vikram likes Bettal questions so he used to go in forest alone, Bettal (ghost) came and sat on his shoulder and started narrating the story.

There was a great king in ancient time; he used to donate a lot to poor people. Seeing this, one great saint becomes happy and comes to that king and said to him “ask me what you desire” your desire would be fulfilled provided it should not be selfish desire else my boon could take adverse effect. Listening this king become so happy and said **“Give me a lot so that no poverty recedes in this world”**.

Soon the king lost his kingdom, he lost all his wealth, all his income and he become so poor that now he can not give to anyone.

Now Bettal asked this question to king Vikram

**Q:** Why did that king lost all in spite of a boon?

**A:** Vikram replied, actually the king’s desire was selfish. Saint said **if the desire is selfish it could take adverse effect.**

What king desires **“Give me a lot so that no poverty recedes in this world”** He wants to take personal credit of giving to this world. He should have asked **“Make this world so prosperous that no poverty recedes”**.

Bettal laughed and said “what a great answer Vikram” and he disappeared,

More Insight ->>> Many people give funds in charity and announce so much at many places we do see their name written on walls, photos at religious

places, announcement of funds in mic at public places, etc charity should be done in hidden way to worthy needed people. Only that charity is taken into consideration as a good deed.

**17.21 = Krishna:** providing charity in order to get something in return is wrong

**17.22 = Krishna:** Charity given to improper person or place who waste the funds is an act of ignorance

**17.23 = Krishna:** The ultimate truth is that one has to sacrifice something in order to be supreme

**17.24 = Krishna:** Those who sacrifices gains something and if some proportion of that is provided in charity, then it is considered as really good and by this person can attain supreme

More Insight ->>> All great people including great business man has sacrificed something in order to gain something. When you work hard in right direction, you might **sacrifice** playing video games, watching T.V, time pass chat, watching movies, etc.

**17.25 = Krishna:** One should sacrifice something and charity must be provided in order to be freed from materialistic personal gain.

**17.26.27 = Krishna:** The ultimate objective is to perform devotional services for society

**17.28 = Krishna:** What so ever man performs, he can only perform if he has faith in it. People should have faith in himself and God & must try his best to follow all rules as prescribed by God.

# Chapter 18: Achieving the Perfection

## Scriptures

**18.1 = Arjun:** OMG! I wish to understand that, why should people give up aim for personal material gains? And how can they achieve goals without personal gains involved in it? How can people living in the society achieve this practically?

**18.2 = Krishna:** To give up the results of all activities is called renunciation. It is done by sage.

**18.3 = Krishna:** Some learned men that declare that all kinds of fruitive activities should be given up, are the good man living in society with family.

**18.4 = Krishna:** Now let me elaborate it for you

**18.5 = Krishna:** Acts of sacrifice, charity and penance are not to be given up but should be performed.

**18.6 = Krishna:** All these activities should be performed via heart without any expectation of personal results.

**18.7 = Krishna:** One should not run away from prescribed activities and become sage. If they do so, it is considered as act of ignorance.

More Insight ->>> If a rich person gives up everything and become sage then it is considered good, but a poor person becomes sage in order to get daily free food is crime. Great sage first achieves everything by his efforts and then quit.

**18.8 = Krishna:** Anyone who gives up prescribed duties is considered as act of fear.

**18.9 = Krishna:** He, who performs the prescribed duty because it should be done for the betterment of people and renounces all fruitive actions, is considered as superior

**18.10 = Krishna:** Those who are in mode of goodness but don't want to work is not considered as good

**18.11 = Krishna:** It is impossible for human being to quit all activities, so it is



better to quit only fruitive activities

More Insight ->>> If a person becomes a saint, then can he permanently quit eating, drinking, walking, breathing, sleeping? God is trying to explain the same.

**18.12 -14 = Krishna:** Learn the following factors

**18.15 = Krishna:** Whatever right or wrong a person performs is caused by the following factors

**18.16 = Krishna:** Those who consider themselves as a “hero” and “doer of everything” is not intelligent

**18.17 = Krishna:** Those who is intelligent and is not motivated by false ego, though he kills cruel men like demon and save his society and world. He would be considered as great only.

More Insight ->>> A soldier killing terrorist is not a sin.

**18.18 = Krishna:** Knowledge, the object of knowledge and the knower are the three factors which motivate action

**18.19 = Krishna:** Listen as I describe them.

**18.20 = Krishna:** One who sees “good” (positive) in everyone is the knowledge of goodness

**18.21.22 = Krishna:** One who sees “bad” (negative) in everyone is the knowledge of badness

**18.23 = Krishna:** That action in accordance with duty, which is performed without attachment of personal gains, is called the mode of goodness

**18.24 = Krishna:** Action performed with great effort with personal ego is not considered as good.

**18.25 = Krishna:** Bad action performed without thinking of future is considered as ignorance

**18.26 = Krishna:** A worker or labour **who works for his nation** is considered in the mode of goodness

**18.27 = Krishna:** A labour working hard to earn and gain the fruits for his family is not the correct motto to work

More Insight ->>> A labour working in a construction company building

**bridges and roads should think that he will make such a great bridges and roads that entire nation would enjoy the benefit for it for longer duration. He is certainly going to earn for his job but vision is different. Such kind of person improves more as a person as compared to other labours.**

**18.28 = Krishna:** A worker who is lazy, who run away from work and waste time is in the mode of ignorance

More Insight ->>> It does not only apply to worker or labour working in industry, it is applicable to all of us.

**18.29 = Krishna:** Now please understand this, I am going to elaborate more

**18.30 = Krishna:** That mind who understands the freedom is considered as great mind

**18.31 = Krishna:** What should be done and what shouldn't be done, must be judged by pure mind.

**18.32 = Krishna:** when one does the work which he shouldn't and doesn't perform what he should, is due to impure mind.

**18.33 = Krishna:** Those who control the senses via mind are people with goodness filled in

**18.34 = Krishna:** Those who get motivated to work by setting a personal goal is not consider as so good.

**18.35 = Krishna:** Those who can't give personal material gains are considered as bad

**18.36 - 39 = Krishna:** Please understand what permanent happiness is, happiness gained from achievement of personal gain is temporary, ultimately it turns poison one day. Happiness gained from achieving the goal for world gives your permanent happiness

More Insight ->>> You will stay forever happy if you work for betterment of society and world

**18.40 = Krishna:** There is no person in the world, who is free from

**A.** Goodness (Knowledge with humbleness and kindness)

**B.** Passion (to achieve anything)

### C. Laziness (Ignorance)

**18.41 = Krishna:** Mixture of these three is based on the past deed of the person

More Insight ->>> Man has got ability to change thus God is taking painstaking efforts

**18.42 = Krishna:** Peacefulness, self-control, austerity, purity, tolerance, honesty, wisdom, knowledge, and religiousness-these are the qualities of good man

**18.43 = Krishna:** Heroism, power, determination, and resourcefulness, courage in battle, generosity, and leadership are the qualities of work for leaders

**18.44 = Krishna:** Business is the work of business man and labouring is the work for labour

More Insight ->>> Many Great Man works as a good man, businessman, leader and labour at a same time

**18.45 = Krishna:** By following all good qualities of work, every man can become perfect.

**18.46 = Krishna:** One can attain perfection by following his prescribed action

**18.47 = Krishna:** Prescribed duties, according to one's nature, are never affected by sinful reactions.

**18.48 = Krishna:** Every startups, every endeavour has some faults, that does not mean that startups must quit his goal

**18.49 = Krishna:** One can obtain the results of renunciation simply by self-control and by becoming unattached to material things and disregarding material enjoyments.

**18.50 = Krishna:** Learn from me in brief how one can attain to the supreme stage.

**18.51 - 53 = Krishna:** controlling the mind with determination of giving up the objects of sense gratification is great.

More Insight ->>> This will improve the productivity of a person. Think about it and you will find answer.

**18.54 = Krishna:** One should respect each and every living entity and should treat them with respect.

More Insight ->>> One must also give respect to watch man, sweeper, worker, etc.

**18.55 = Krishna:** One can understand the Supreme Personality. He can enter into the kingdom of God.

**18.56 = Krishna:** Though engaged in all kinds of activities, the person can achieve God

**18.57 - 59 = Krishna:** If you do not act according to my direction then please do not fight with me (God)

More Insight ->>> One must try to understand concepts given by God

**18.60 = Krishna:** Person living in illusion will not follow my direction but one day he will understand that I am correct.

**18.61 = Krishna:** God is situated in every ones heart

**18.62 - 65 = Krishna: Now I am reviling you the most confidential knowledge. Kindly hear it**

**18.66 = Krishna:** “Surrender to God”

More Insight ->>> Many people tries to find solution for problems by themselves and never ask to God for any help in bad times. God always help to humble persons trying his best to follow his rules.

**18.67 - 69 = Krishna:** Those who ask me for help from the bottom of his heart. I help them and he is most dear to me.

**18.70.71 = Krishna:** Those who listen to me with faith are being loved by me

**18.72 = Krishna:** Do you have any more questions?

**18.73 = Arjun:** My illusion is now gone; I am now firm and free from doubt and am prepared to act according to your instructions.

**18.74 =** What a wonderful message

**18.75 =** These was the most confidential knowledge

**18.76 =** Those who work as per the instruction of God, victory will surely

stick to them.

The advertisement features a black border. In the top left, there is a small photo of Kishan Barai, a man with dark hair wearing a grey shirt, with the text 'Kishan Barai' above and 'Export Import Consultant' below. To the right of the photo is a logo of a ship with 'BO' on its side, followed by the text 'BARAI OVERSEAS' in large red and blue letters. Below the logo, a red banner contains the websites: 'www.baraioverseas.com', 'www.exportbooster.in', and 'www.motivation.international'. In the center, a yellow oval contains the text 'My Goal' in bold black letters, followed by 'To Achieve Moksh 2050' in bold black letters. Below this, a paragraph of text is underlined: 'I'm so happy and grateful now that.. I am going to achieve Moksh (with GOD) by helping people getting success in Export Import Business. I will work for the people to make them successful in life. I am focused in all aspects of Export Import Business, My Exim Biz help to society is my gateway to GOD and Moksh'. Below the paragraph, it says 'Thank You BoB Proctor Sir' in bold black letters, followed by 'Bhagvad Gita Made Very Easy' in large yellow letters. At the bottom, the website 'www.baraioverseas.com' is written in white letters on a black background.

**Kishan Barai**  
Export Import Consultant

**BARAI OVERSEAS**  
[www.baraioverseas.com](http://www.baraioverseas.com)  
[www.exportbooster.in](http://www.exportbooster.in)  
[www.motivation.international](http://www.motivation.international)

**My Goal** To Achieve Moksh 2050

I'm so happy and grateful now that.. I am going to achieve Moksh (with GOD) by helping people getting success in Export Import Business. I will work for the people to make them successful in life. I am focused in all aspects of Export Import Business, My Exim Biz help to society is my gateway to GOD and Moksh

**Thank You BoB Proctor Sir**  
**Bhagvad Gita Made Very Easy**  
**[www.baraioverseas.com](http://www.baraioverseas.com)**

Thank you for reading my book “Bhagavad Gita Made Very Easy”.

Please also do read my [OOZE: Self Motivation from Bhagavad Gita in Modern Times](#) book

Kindly provide your valuable feedback on Amazon.

**Click to Rate on Amazon:** <http://amzn.to/2cAX1LK>

**View all my books on Amazon:** [https://www.amazon.in/Kishan-Barai/e/B00ZX0TGCA/ref=sr\\_tc\\_2\\_0?qid=1520529285&sr=1-2-ent](https://www.amazon.in/Kishan-Barai/e/B00ZX0TGCA/ref=sr_tc_2_0?qid=1520529285&sr=1-2-ent)

Thank You...!!!

Cordially Yours,

**Kishan Barai**

