# The Mini Test Book (in development)

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This mini-book presents fundamental hypothesis tests in statistical inference using different mind maps while incorporating a common test workflow. We utilize Python and R in parallel to demonstrate the execution of these tests.

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# **Preface**

Have you ever felt overwhelmed by the numerous fundamental hypothesis tests you need to learn in statistical inference courses?

We have experienced this sense of overwhelm throughout our academic journeys as well. However, we also understand that statistical inference is a **powerful tool** for gaining insights into complex populations across various fields of study. Whether analyzing electoral preferences in political science or assessing the effectiveness of innovative medical treatments in randomized clinical trials, the applications are extensive. Hence, in response to these challenges, we have created this mini-book as a handy resource to help structure and simplify the learning of different fundamental hypothesis tests. Our goal is to present these concepts in a **reader-friendly manner** while clearly explaining the necessary statistical jargon, making these inferential methods accessible to a broader audience.

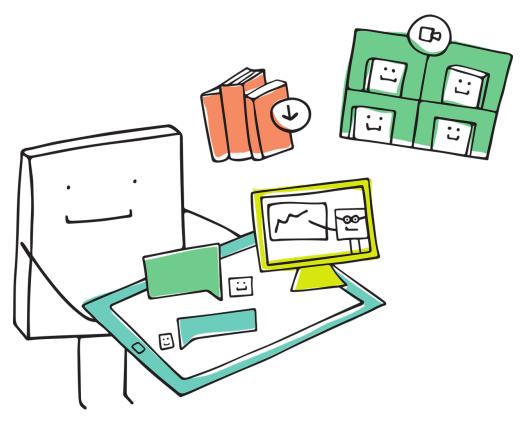


Figure 1: Image by manfredsteger via Pixabay.

Note that, after conducting extensive research into the available educational literature, we discovered that there is no comprehensive resource that explains various inferential methods simultaneously using **two essential programming languages** in the field of data science: R and Python. Furthermore, we could not find reproducible and transparent tools that would enable learners to implement and adapt these methods in their own computational environments. Based on our teaching experience, these shortcomings hinder effective learning in the practice of statistical inference, especially given the numerous tests required to achieve mastery.

To address this gap, we have developed a bilingual resource in both R and Python, which features a common test workflow consisting of eight distinct stages applicable to each hypothesis test: study design, data collection and wrangling, exploratory data analysis, testing settings, hypothesis definitions, test flavour and components, inferential conclusions, and storytelling. Additionally, all the tests we discuss are organized through different mind maps to help readers visualize their learning process. Finally, by offering this mini-book as an Open Educational Resource (OER) in Quarto via a GitHub repository, we aim to inspire and empower academic communities worldwide to share and adapt this knowledge to suit their specific needs.

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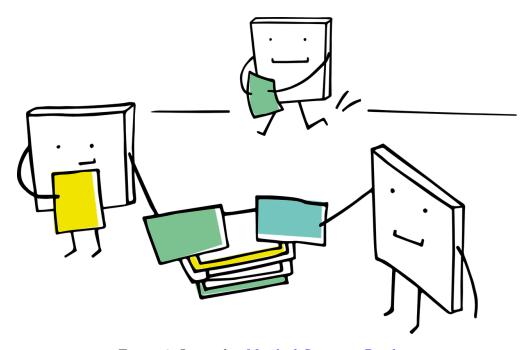


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# 1 Introduction

The most important maxim for data analysis to heed, and one which many statisticians seem to have shunned, is this: "Far better an approximate answer to the right question, which is often vague, than an exact answer to the wrong question, which can always be made precise."

John W. Tukey (1962, 13)

Data collection worldwide has proven to be a valuable tool for uncovering significant insights across various **populations of interest**. Whether it involves capturing political preferences in a specific demographic ahead of an upcoming election or assessing the effectiveness of an innovative medical treatment through a randomized clinical trial compared to a standard treatment, data plays a crucial role in enhancing our understanding. At times, this understanding can become quite complex, especially when attempting to untangle the relationships between different variables within a given population or even across two or more populations.

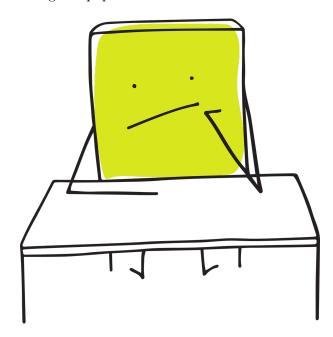


Figure 1.1: Image by *Manfred Stege* via *Pixabay*.

In a vast and diverse field like data science, it is crucial to craft effective and transparent solutions that facilitate proper data analysis. However, conducting a full census to collect data from entire populations can often be impractical due to resource limitations such as budget constraints, workforce shortages, or insufficient technical infrastructure. Despite these challenges, our primary objective remains to gain insights about any population of interest via some class of analysis, even when data availability is limited. In this regard, **statistical inference** is a powerful tool that allows us to draw insights even with limited data. That said, it is important to emphasize that the process of statistical inference begins with asking the **right questions**, even before data collection occurs.

In light of this context, we need to establish the appropriate stages of the statistical inference process, along with a useful tool to help select the right hypothesis test based on our specific context, research questions, variable types, and parameters of interest. This is why this minibook focuses on two key components:

- A test workflow: This workflow will primarily guide us in formulating the right questions about our population(s) of interest, which will involve specific parameters. This process will generally proceed with data collection using a specific sampling method, followed by a thorough analysis that includes exploratory data analysis and the most suitable hypothesis testing based on our primary question(s). We will conclude the process by presenting a compelling storytelling to our stakeholders. Section 1.1 will elaborate further on this workflow.
- A series of test mind maps: Since the test workflow ultimately involves selecting the most suitable hypothesis test, we require a form of guidance to choose these tests according to the inferential question(s) we want to address. Therefore, Section 1.2 will introduce our core test mind map from Figure 1.4, which will direct us to more detailed mind maps each time we introduce a new chapter.

This mini-book on hypothesis testing is intended to serve as a **practical manual** rather than a traditional statistical textbook. Furthermore, it focuses on providing applied examples in each chapter without any additional exercises for the reader. We aim to explain the necessary mathematical formulas in straightforward language, avoiding formal proofs for these expressions. Additionally, we will establish conventions using admonitions to offer **key insights** and links to **supplementary and more in-depth material**.

#### Heads-up!

A key insight (or insights) related to a specific hypothesis test or a stage in the test workflow. The reader is advised to keep this heads-up in mind throughout the showcase of the corresponding example in any given chapter.

#### Tip

An idea or ideas that extend beyond the immediate discussion and can offer valuable context and insightful background. Whenever relevant, we will provide references for further reading to deepen understanding and enhance knowledge.

### 1.1 The Test Workflow

### There is a single test workflow for many different flavours!

The statement above summarizes the essence of our testing workflow, which requires a detailed examination in this section. Primarily, it is crucial to understand that mastering all hypothesis tests involves more than just knowing their mathematical formulas or coding functions; it requires a disciplined and structured process. Whether we are evaluating evidence against a null hypothesis—the status quo of our population parameter(s) of interest—or reporting the uncertainty of an estimated effect, the workflow outlined by Figure 1.3 is intended to align your main inferential inquiries with the most suitable test flavour. Regardless of the flavour chosen, this workflow is designed to ensure that our conclusions are not only statistically valid but also based on clear and purposeful reasoning.

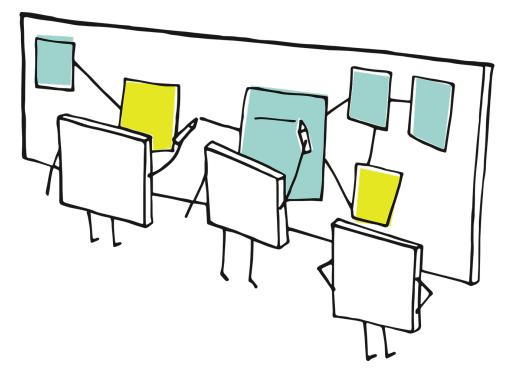


Figure 1.2: Image by *Manfred Stege* via *Pixabay*.

The workflow for hypothesis testing consists of eight stages, which will be discussed in detail in the following sections:

1. **Study design:** This initial stage, referred to as the **main inferential inquiries**, outlines the primary questions we aim to answer through our analysis.

- 2. **Data collection and wrangling:** The inquiries established in the first stage will guide the design of our data collection, utilizing a specific sampling scheme. Once the data is collected, it must be wrangled and split into two sets: **training** and **test**.
- 3. **Exploratory data analysis:** In this stage, we classify variables to provide preliminary insights using descriptive statistics and visualizations via the training set.
- 4. **Testing settings:** We must revisit the **significance level** used in our power analysis (i.e., the procedure used to obtain the minimum sample size n of data points to be collected). Additionally, we need to list all modelling parameters that will be tested.
- 5. **Hypothesis definitions:** With the modelling parameters to test, we need to define our hypotheses: the **null** hypothesis versus the **alternative** hypothesis. These should be framed in relation to the main inferential inquiries.
- 6. **Test flavour and components:** At this stage, we choose the most appropriate test flavour. Depending on whether the test is classical or simulation-based, we will then identify the necessary components to compute the **critical** values or *p*-values (via the test set) for the next stage.
- 7. **Inferential conclusions:** The goal of this stage is to determine whether we should reject the null hypothesis based on the critical values or *p*-values obtained.
- 8. **Storytelling:** Finally, communicate the findings through a clear and engaging narrative that is accessible to your stakeholders.

## 1.1.1 Study Design

- 1.1.2 Data Collection and Wrangling
- 1.1.3 Exploratory Data Analysis
- 1.1.4 Testing Settings
- 1.1.5 Hypothesis Definitions
- 1.1.6 Test Flavour and Components
- 1.1.7 Inferential Conclusions
- 1.1.8 Storytelling
- 1.2 The Test Mind Map

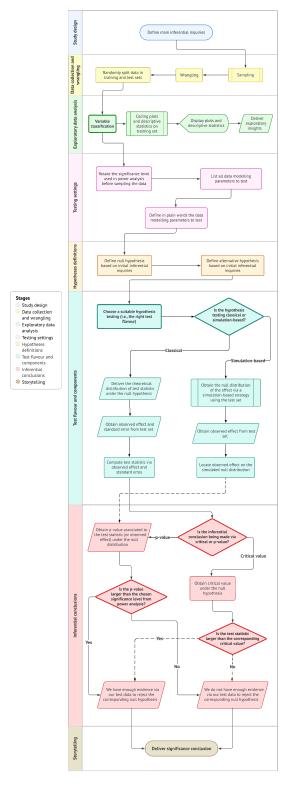


Figure 1.3: A hypothesis testing workflow structured in eight stages: study design, data collection and wrangling, exploratory data analysis, testing settings, hypothesis definitions, test flavour and components inferential conclusions, and storytelling

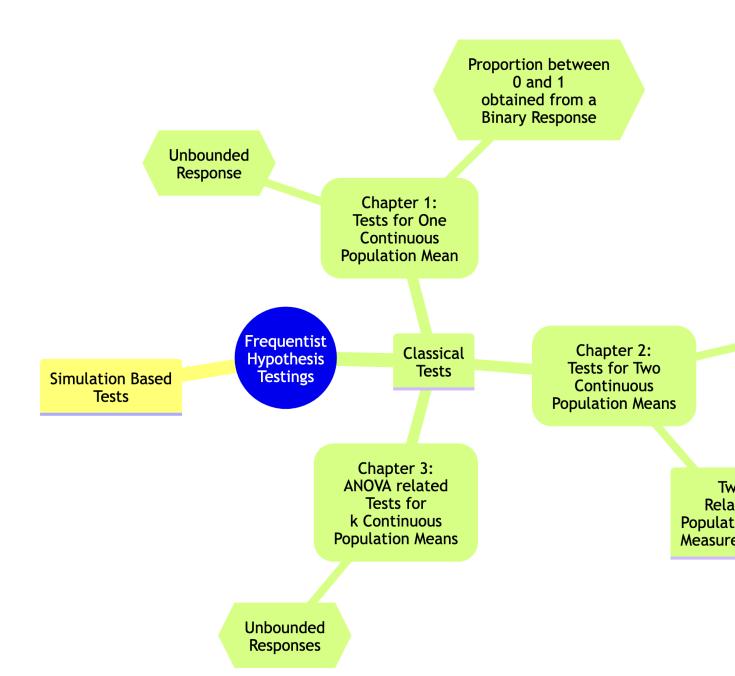


Figure 1.4: A general hypothesis testing mind map outlining all techniques explored in this book. Depending on the overall approach to be used, these techniques are divided into two broad categories: classical and simulation-based tests.

# Chapter 1: Tests for One Continuous Population Mean

This chapter introduces statistical tests designed to analyze a single sample, which is a fundamental task in data analysis across many disciplines. Whether you're evaluating whether the average recovery time from a treatment differs from a known standard, assessing whether student test scores exceed a benchmark, or testing if the proportion of success in a group differs from an expected rate, these methods help determine whether the observed values are statistically significant or simply due to chance.

There are several statistical tests used to evaluate hypotheses about a single sample. The appropriate test depends on the type of variable (mean or proportion), sample size, and whether population parameters like variance are known.

We test whether a population mean equals a specific value. The right test depends on:

- Type of response
- Whether the population variance is known
- Sample size

In this chapter, we focus on statistical tests used to evaluate hypotheses about a **single population mean** or **proportion**, based on sample data. These tests help determine whether a sample provides sufficient evidence to conclude that the population mean (or proportion) differs from a specified value.

We cover two cases for the mean — depending on whether the population variance is known or unknown — and one test for binary outcomes where we're testing a population proportion.

Key tests include:	

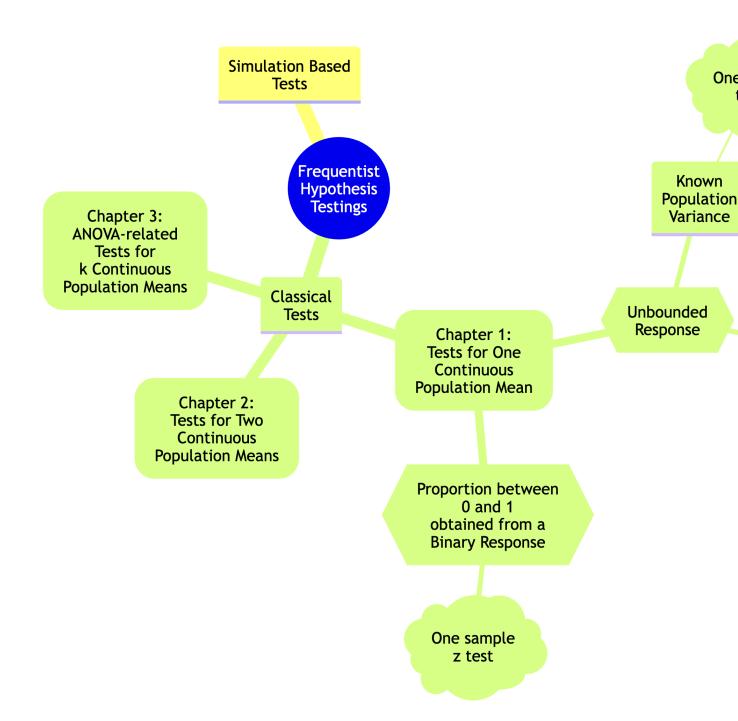


Figure 1.5: A specific hypothesis testing mind map outlining the techniques explored in this chapter, which are classical tests for one continuous population mean.

# One-sample z-test for the mean

Use this test when: - The population variance <sup>2</sup> is known, and - The sample comes from a normally distributed population, or the sample size is large (typically ( n 30 )).

The test statistic is:

$$z = \frac{\bar{x} - \mu_0}{\sigma / \sqrt{n}}$$

Where: -  $(\bar{x})$  is the sample mean

- (  $\mu_0$  ) is the hypothesized population mean
- (  $\sigma$  ) is the known population standard deviation
- (n) is the sample size

We compare the calculated ( z )-value to a standard normal distribution to compute a p-value or make a decision based on a critical value.

# One-sample t-test for the mean

Use this test when: - The population variance is unknown, and - The sample is either normally distributed or large enough to rely on the central limit theorem.

Imagine you want to assess whether a new method of teaching introductory physics improves student performance compared to the traditional method previously used. To explore this, you test the new method at the University of British Columbia (UBC) and compare the results to historical data from students who were taught using the traditional approach. This historical data serves as your **reference value**.

Suppose the population has an unknown average physics score, denoted as:

$$\mu$$
 (mean physics score at UBC)

Since we do not have access to the grades of all students, we take a **random sample** from the population. Let this sample consist of n students, with observed scores:

$$X_1, X_2, \ldots, X_n$$

The central question becomes:

Is the mean physics score in our sample statistically different from a given reference value?

If, for example, the historical average physics score is known to be **75**, then our question becomes more specific:

Is the mean physics score in the sample statistically different from 75?

## **Hypotheses**

We can formally express this with the following hypotheses:

- Null hypothesis  $H_0$ :  $\mu = 75$
- Alternative hypothesis  $H_1$ :  $\mu \neq 75$

Under the null hypothesis, we assume that the average score under the new method is equal to the historical average of 75. If the null is rejected, we conclude that there is a **statistically significant difference**, suggesting that the new method may lead to either **higher or lower** average performance.

The test statistic is:

$$t = \frac{\bar{x} - \mu_0}{s / \sqrt{n}}$$

Where: - ( s ) is the sample standard deviation (used instead of (  $\sigma$  ))

This statistic follows a **t-distribution** with (n - 1) degrees of freedom.

# Study Design

In this example we use the **Palmer Station Penguins** dataset collected by the LTER in Antarctica (2007–2009).

The dataset spans three penguin species and includes continuous variables such as *flipper* length, bill size, and body mass.

#### Research question:

Is the average flipper length of penguins significantly different from 200 mm?

## **Data Collection & Wrangling**

We obtain the dataset **Palmer Station Penguins** dataset collected by the 'LTER'

```
import seaborn as sns
import pandas as pd
from sklearn.model_selection import train_test_split

# Load dataset
penguins = sns.load_dataset("penguins")

# Drop rows with missing values
penguins_clean = penguins.dropna()

# 80/20 train-test split
train_set, test_set = train_test_split(
    penguins_clean, test_size=0.2, random_state=42
)
```

# **Exploratory Data Analysis (EDA)**

Before conducting the statistical test, we begin with an exploratory analysis to understand the distribution and characteristics of the flipper\_length\_mm variable.

First, we examine summary statistics such as the mean, standard deviation, and quartiles. This helps us get a sense of the central tendency and spread of the data:

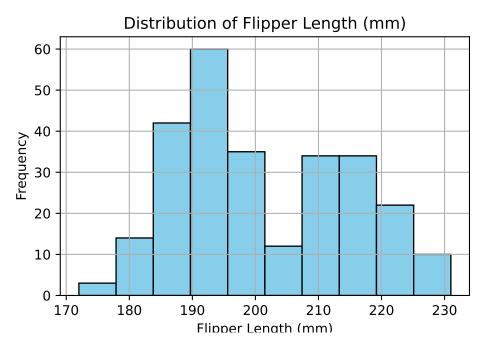
```
print(train_set["flipper_length_mm"].describe())
```

```
count
         266.00000
         201.00000
mean
          13.91592
std
min
         172.00000
25%
         190.00000
50%
         197.00000
75%
         213.00000
         231.00000
max
Name: flipper_length_mm, dtype: float64
```

Next, we visualize the distribution of flipper lengths using a histogram. This allows us to assess whether the data are approximately symmetric and whether any outliers are present:

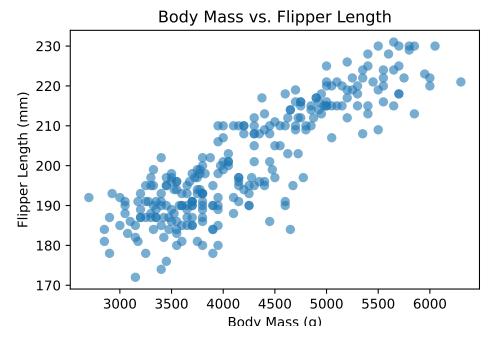
```
import matplotlib.pyplot as plt

train_set["flipper_length_mm"].hist(edgecolor="black", color="skyblue")
plt.title("Distribution of Flipper Length (mm)")
plt.xlabel("Flipper Length (mm)")
plt.ylabel("Frequency")
plt.show()
```



To explore the relationship between flipper length and another continuous variable, we create a scatter plot of flipper length versus body mass. This helps us visually assess whether larger penguins tend to have longer flippers, and whether this relationship is linear or varies across ranges:

```
plt.scatter(
    train_set["body_mass_g"],
    train_set["flipper_length_mm"],
    alpha=0.6
)
plt.title("Body Mass vs. Flipper Length")
plt.xlabel("Body Mass (g)")
plt.ylabel("Flipper Length (mm)")
plt.show()
```



Now, we can perform one-Sample t-Test

```
t = 1.172, p = 0.2422
```

A one-sample t-test was conducted to determine whether the average flipper length of penguins is significantly different from 200 mm. Based on a training sample, the test produced a t-statistic of t and a p-value of p.

Given a significance level of 0.05, if the p-value is less than 0.05, we reject the null hypothesis and conclude that the average flipper length is significantly different from 200 mm. If not, we do not have sufficient evidence to say it differs.

# One-sample z-test for proportions

Use this test when: - The variable is **binary** (success/failure, yes/no, etc.), and - You want to test a **population proportion** (p), using a large enough sample.

The test statistic is:

$$z=\frac{\hat{p}-p_0}{\sqrt{p_0(1-p_0)/n}}$$

Where: - (  $\hat{p}$  ) is the sample proportion

- (  $\boldsymbol{p}_0$  ) is the hypothesized population proportion
- (n) is the sample size

This test assumes (  $np_0\geq 5$  ) and (  $n(1-p_0)\geq 5$  ) to justify the normal approximation to the binomial distribution.

# Chapter 2: Tests for Two Continuous Population Mean

This chapter introduces statistical tests designed to compare two samples which is a fundamental task in data analysis across many disciplines. Whether you're comparing average recovery times between two medical treatments, student test scores under different teaching methods, comparing the proportion among two samples, or reaction times under varying stress conditions, these methods help determine whether observed differences are statistically significant or simply due to chance.

In this chapter, we review tests for comparing two continuous population means under two conditions: when the populations are independent and when they are dependent. Throughout the sections below, we provide details about these tests and required formula for each case. Broadly speaking, there are two main types of tests to compare the means between two continuous populations:

- Independent samples, where the observations in one group are unrelated to those in the other, and
- Paired (or dependent) samples, where observations are naturally matched in some way, such as before-and-after measurements.

The choice of test depends on the structure of your data. This chapter introduces both types of comparisons, beginning with independent samples. Each section includes definitions, theoretical background, and R/Python code examples using real or simulated datasets to help ground the concepts in practice. We also review the theoretical background and exmaple codes to test two proportions.

# Two sample Student's t-test for Independent Samples

Independent samples arise when the observations in one group do not influence or relate to the observations in the other. In statistical terms we call this two independent samples. A classic example from educational research is described below:

Suppose you're interested in whether a new method of teaching introductory physics improves student performance. To investigate this, you decide to test the method at two universities: the University of British Columbia (UBC) and Simon Fraser University (SFU). You apply the

Two sample
Student's t test
for Independent
Samples

Population Variances are assumed to be Equal

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Simulation Based Tests Chapter 1: Tests for One Continuous Population Mean

Two Independer Population

Frequentist Hypothesis Testings

Classical Tests

Chapter 2: Tests for Two Continuous Population Means

Chapter 3:
ANOVA-related
Tests for
k Continuous
Population Means

Two Related Populations or Measurements new teaching method at SFU and compare the results to students taught with the traditional method at UBC.

In this scenario, students at UBC and SFU form two distinct, unrelated groups. Since the students are not paired or matched across schools, and each individual belongs to only one group, the samples are independent.

Let us assume that each population has an unknown average physics score denoted by:

$$\mu_1$$
 (mean for UBC),  $\mu_2$  (mean for SFU).

Since we do not have access to all students' grades, we take a random sample from each school. Suppose:

• From UBC (Population 1), we obtain a sample of size n, denoted as:

$$X_1, X_2, \dots, X_n$$

• From SFU (Population 2), we obtain a sample of size m, denoted as:

$$Y_1, Y_2, \dots, Y_m$$

Note that the sample sizes n and m do not need to be equal. Now, the central question becomes:

Is there a statistically significant difference between the mean physics scores of the two groups?

In formal terms, we test the hypotheses:

$$H_0: \mu_1 = \mu_2$$
 versus  $H_A: \mu_1 \neq \mu_2$ 

### Study design

For this example, we will be using Auto dataset from ISLR package. This dataset contains gas mileage, horsepower, and other information for 392 vehicles. Some of variables of interest are: 1) cylinders an integer (numerical) value between 4 and 8 which indicates the number of cylinders of car, and 2) horsepower which shows engine horsepower. You may wondering if the mean of horsepower in cars with 4 cylinders is statistically different than the means in cars with 8 cylinders?

## **Data Collection and Wrangling**

To answer this question, we obtain the dataset which is available in ISLR package. First we created a new copy of this dataset to avoid touching the actual data. Also we filter rows to those cars with 4 or 8 cylinders only.

```
# Get a copy of dataset
auto_data <- Auto

# Filter rows
auto_data <- auto_data %>% filter(cylinders %in% c(4,8) )
```

Finally, we randomly create test and train set from this dataset. We use a proportion of 50-50 between train and test.

```
# Set seed for reproducibility
set.seed(123)

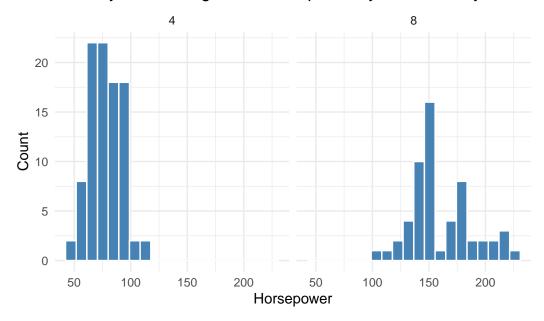
# Splitting the dataset into train and test sets
train_indices <- sample(seq_len(nrow(auto_data)), size = 0.50 * nrow(auto_data))
train_auto <- auto_data[train_indices, ]
test_auto <- auto_data[-train_indices, ]</pre>
```

# **Explanatory Data Analysis**

Once we have the data and it is split into training and test sets, the next step is to begin exploratory data analysis (EDA) on train set. This step is crucial, as it helps us gain a better understanding of the distribution of variables in our dataset. The horsepower variable in dataset is a numerical variable. The cylinders variable is an integer variable that helps to divide observations into two groups.

In particular, we are interested in the distribution of horsepower in two different groups (cars with 4 cylinders vs cars with 8 cylinders). Using a histogram for this variable is a good choice as we have a variable with numerical values.

Side-by-side histogram of horsepower by number of cylinders



We also look at some descriptive statistics of horsepower in both groups for better understanding of data. The descriptive statistics in cars with 4 cylinders:

```
summary(train_auto %>% filter(cylinders == 4) %>% select(horsepower))
```

### horsepower

Min. : 46.00 1st Qu.: 68.00 Median : 78.50 Mean : 78.33 3rd Qu.: 88.00 Max. :113.00

and with 8 cylinders:

```
summary(train_auto %>% filter(cylinders == 8) %>% select(horsepower))
```

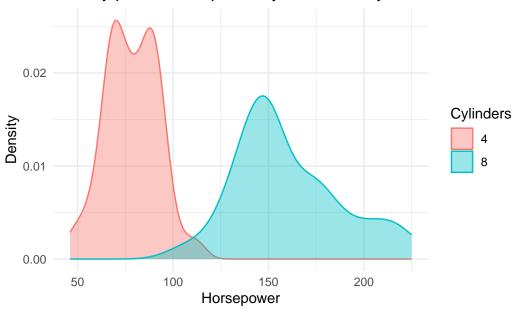
# ${\tt horsepower}$

Min. :105 1st Qu.:140 Median :150 Mean :160

```
3rd Qu.:175
Max. :225
```

Looking at summary statistics, there is a bit of overlap between distribution of horsepower among two groups but it does not seem to be much. Also there is a clear different in their mean and the following plot also confirms this:

# Density plot of horsepower by number of cylinders



## **Testing Settings**

We use a significant level of  $\alpha = 0.05$  to run the test. Considering the data we have is a sample from a population of cars we have the following:

- $\mu_1$  is the mean of horse power for cars with 4 cylinders in the population.
- $\mu_2$  is the mean of horse power for cars with 8 cylinders in the population.

## **Hypothesis Definitions**

We now define the null and alternative hypothesis. Recall the main inquiry we had:

You may wondering if the average of horsepower in cars with 4 cylinders is statistically different than the means in cars with 8 cylinders?

This translates into the following null and alternative hypotheses:

$$H_0: \mu_1 = \mu_2 \quad vs \quad H_a: \mu_1 \neq \mu_2$$

Note that the alternative hypothesis is two-sided, as our question does not favor either group and only asks whether the means are different (i.e., group one could be less than or greater than group two)

### Test Flavour and Components

To test this hypothesis, we use the two-sample student's t-test for independent samples, which compares the sample means and incorporates variability within and between the samples. Note that in this case the samples are independent as clearly cars with 4 cylinders are independent from cars with 8 cylinders. The assumption in this test is that variances among two groups are equal meaning that if we look at the random variable of horsepower in both populations, the variance of this random variable is roughly equal in two groups. Note that we do not have access to population and this is rather an assumption that we make with consultation with experts or justifying it based on previous studies. Assuming equal population variances, the test statistic is:

$$t = \frac{(\bar{X} - \bar{Y})}{s_p \sqrt{\frac{1}{n} + \frac{1}{m}}}$$

where:

- $\bar{X}$  is the mean of horsepower for cars with 4 cylinders in the sample
- $\bar{Y}$  is the mean of horsepower for cars with 8 cylinders in the sample
- $s_n$  is the **pooled standard deviation**, computed as:
- $\begin{array}{l} \bullet \quad s_p = \sqrt{\frac{(n-1)s_X^2 + (m-1)s_Y^2}{n+m-2}} \\ \bullet \quad s_X^2 \text{ and } s_Y^2 \text{ are the sample variances of the two groups.} \end{array}$

### Inferential Conclusions

Under the assumption that null hypothesis is correct (i.e.  $\mu_1 = \mu_2$ ) then the test statistic defined above follows a t-distribution with n+m-2 degrees of freedom (which we denote it by  $T_{n+m-2}$ ). Knowing the distribution of this statistic helps us to compute *p*-value of the test as follows:

$$p\text{-}value = 2 \times Pr(T_{n+m-2} \ge |t|)$$

**Note:** The probability is multiplied by two since we have a two sided hypothesis (alternative is  $\mu_1 \neq \mu_2$ ). For a one sided test (when alternative hypothesis is  $\mu_1 > \mu_2$  or  $\mu_1 < \mu_2$ ) we do not need to multiply by two.

Now we compare the p-value to our significance level. If the p-value is less than the significance level, then we have evidence against the null hypothesis. The reasoning is as follows: we performed the calculation under the assumption that the null hypothesis is true. If it is true, then the test statistic we computed should follow a t-distribution with n+m-2 degrees of freedom. If the p-value is smaller than our chosen significance level, this means it is unlikely that our observed result comes from a t-distribution with n+m-2 degrees of freedom. In other words, it is unlikely that the null hypothesis is correct.

Note that our observation from the sample might still lead us to an incorrect conclusion (since there is variability among samples). Our tolerance for this type of error is determined by the significance level. If *p-value* is not less than significant level then we do not have any evidence to reject the null hypothesis. Now let us see how to run the two-sample test on in R and Python. Note that we use test data now as we have not seen it yet.

### How to run the test in R and Python?

## 1.2.1 R Code - Option 1

```
cylinders_4 <- test_auto %>% filter(cylinders == 4) %>% select(horsepower)
cylinders_8 <- test_auto %>% filter(cylinders == 8) %>% select(horsepower)
t.test(x = cylinders_8, y = cylinders_4, var.equal=TRUE)
```

```
Two Sample t-test
```

```
data: cylinders_8 and cylinders_4
t = 21.344, df = 149, p-value < 2.2e-16
alternative hypothesis: true difference in means is not equal to 0</pre>
```

```
95 percent confidence interval: 70.70086 85.12730 sample estimates: mean of x mean of y 156.1522 78.2381
```

## 1.2.2 R Code - Option 2

```
Two Sample t-test

data: horsepower by cylinders

t = -21.344, df = 149, p-value < 2.2e-16

alternative hypothesis: true difference in means between group 4 and group 8 is not equal to

95 percent confidence interval:

-85.12730 -70.70086

sample estimates:

mean in group 4 mean in group 8

78.2381 156.1522
```

## 1.2.3 Python Code

```
import os as os
```

t.test(horsepower ~ cylinders, data = test\_auto, var.equal=TRUE)

In order to run this test, similar to what we learned in (LINK to chapter 1) we can use t.test function in R. The function can be used to perform one or two sample t-tests. The relevant arguments of the function are as follows:

- x is (non-empty) numeric vector of data values.
- y is also (non-empty) numeric vector of data values (can be NULL if you run a one sample test).
- var.equal is a binary value (TRUE/FALSE) to indicate if R needs to assume equal variance or not.

In both outputs, we can see the following:

- t is the test statistic.
- df is the degrees of freedom for the test.

p-value is the p-value of the test. Note that, by default, this is for a two-sided test. If you need to conduct a one-sided test, you can either divide the p-value by two or use the alternative argument in the t.test function.

- 95 percent confidence interval provides the 95% confidence interval for  $\mu_1 \mu_2$ .
- sample estimates gives the sample means for each group.

Note: By default the value of var.equal is FALSE.

### Storytelling

## Two sample Welch's t-test for independent samples

If the assumption of equal variances is questionable, we instead use Welch's t-test, which adjusts the standard error and degrees of freedom accordingly. The Welch's test statistic is computed as:

$$t = \frac{\bar{X} - \bar{Y}}{\sqrt{\frac{s_X^2}{n} + \frac{s_Y^2}{m}}}$$

Under the assumption that null hypothesis is correct, the test statistics defined above still follows a t-distribuion but with a different degrees of freedom. The degree of freedom when we do not make equal variance assumption is:

$$\nu = \frac{\left(\frac{s_1^2}{n} + \frac{s_2^2}{m}\right)^2}{\frac{\left(\frac{s_1^2}{n}\right)^2}{n-1} + \frac{\left(\frac{s_2^2}{m}\right)^2}{m-1}}$$

Note that this degree of freedom is not necessaily an integer number (could be a real number). When we run t-test, we operate under the assumption that: 1) either the sample size is large enough (we are thinking about n = 30 at least) so that central limit theorem assumptions work well, or 2) the distribution of our sample in each group is normal or symmetric enough.

If the normality assumption is also not satisfied (e.g., due to skewed distributions or outliers) or we have a very small sample size, we may turn to a non-parametric alternative, such as the Mann–Whitney–Wilcoxon test, which compares the ranks of the observations across groups rather than the raw values but this book will not cover it. You can read more about it LINK.

# **Paired Samples**

Paired samples arise when each observation in one group is matched or linked to an observation in the other group. This structure is typical in before-and-after studies, matched-subject designs, or repeated measures on the same individuals. A classic example comes from health sciences.

Suppose you're investigating whether a new diet plan reduces blood pressure. You recruit a group of participants and record their blood pressure **before** starting the diet. **After** following the diet for two months, you measure their blood pressure again. In this scenario, each participant contributes two measurements: one before **the intervention** and one after. These measurements are not independent as they come from the same person. Therefore we treat them as paired.

To formulate the problem and hypothesis, let us assume that each individual has two measurements:

• Before the diet:  $X_1, X_2, \dots, X_n$ 

• After the diet:  $Y_1, Y_2, \dots, Y_n$ 

Note that in this case the sample size is the same (in both before and after diet sample we have n observations). We call this a paired sample. Since the samples are paired, we define the difference for each individual as follows:

$$D_i = Y_i - X_i \quad for \quad i = 1, 2, \dots, n$$

Each  $D_i$  is the difference of blood pressure after and before using new diet. The main statistical question now is:

Is there a statistically significant difference in the mean blood pressure before and after the diet?

In other words, we test the following hypothesis:

$$H_0: \mu_D = 0$$
 versus  $H_A: \mu_D \neq 0$ 

Here the notation of  $\mu_D$  is the population mean of the differences of  $D_i$  which is an unknown parameter in the population. To test this hypothesis, we use the paired t-test, which is essentially a one-sample t-test on the differences  $D_1, D_2, \dots, D_n$ . We test  $\mu_D = 0$  because if there is an actual effect of diet on blood pressure, we expect the null hypothesis to be rejected.

The test statistic for this hypothesis testing is:

$$t = \frac{\bar{D}}{s_D/\sqrt{n}}$$

where:

- $\bar{D}$  is the sample mean of the differences,
- $\boldsymbol{s}_D$  is the sample standard deviation of the differences,
- n is the number of pairs.

The standard deviation of the differences is calculated as:

$$s_D = \sqrt{\frac{1}{n-1} \sum_{i=1}^n (D_i - \bar{D})^2}$$

Under the null hypothesis, the test statistic follows a t-distribution with n-1 degrees of freedom. For this test, we can compute the *p-value* as:

$$p\text{-}value = 2 \times \Pr(T_{n-1} \geq |t|)$$

# Chapter 3: ANOVA-related Tests for k Continuous Population Means

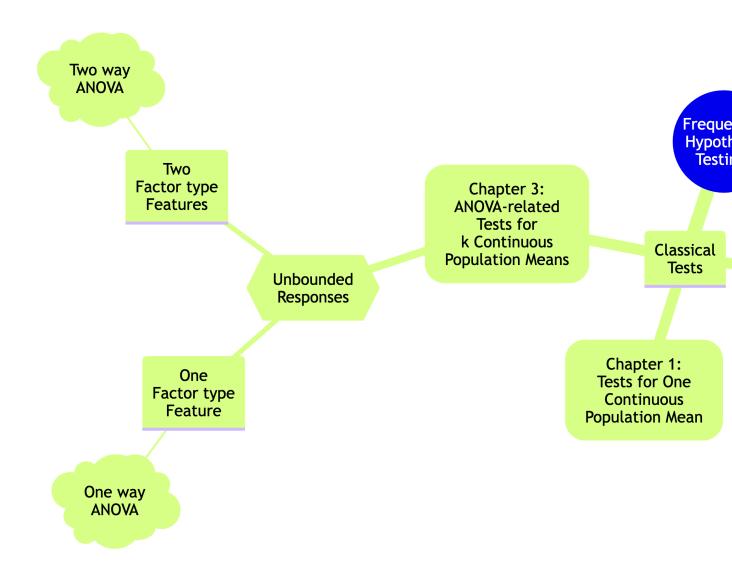


Figure 1.7: A specific hypothesis testing mind map outlining the techniques explored in this chapter, which include ANOVA-related tests for k population means.

# References

Tukey, John W. 1962. "The Future of Data Analysis." The Annals of Mathematical Statistics 33 (1): 1–67. https://doi.org/10.1214/aoms/1177704711.