



## Mr Panagiotis D. Nikolinakos MD, MSc

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Urology SCF

West Middlesex University Hospital

### EDUCATION

|   |   |                              |
|---|---|------------------------------|
| Academy of Medical Educators                      | Member of the AcadMED   | In progress<br>January 2026  |
| Higher Education Academy                          | Associate Fellow of the HAE   | In progress<br>December 2025 |
| Academy of Medical Educators                      | Associate Member of the AcadMED                                     | December 2025                |
| National and Kapodistrian<br>University of Athens | Doctor of Philosophy<br>Paediatric Pyeloplasty – Professor N Zavras | In progress<br>November 2026 |
| Medical University of Sofia                       | Master of Science   | December 2018                |
| Medical University of Sofia                       | Bachelor of Medicine, Bachelor of Surgery                           | December 2018                |

### EMPLOYMENT

|  |                                       |                    |                |
|--|---------------------------------------|--------------------|----------------|
| Senior Clinical Fellow in Urology          | West Middlesex<br>University Hospital | Mr K Charitopoulos | 2023 - present |
| Junior Clinical Fellow in Urology          | West Middlesex<br>University Hospital | Mr K Charitopoulos | 2022-2023      |
| Paediatric Surgery Specialist<br>Registrar | Penteli Children's<br>Hospital        | Mr E Christianakis | 2019-2022      |

### AWARDS, GRANTS

|   |       |       |      |
|---|-------|-------|------|
| CW+ (Chelsea & Westminster<br>Hospital Charity) | 2060£ | Local | 2025 |
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### COURSES

|                                     |                                    |      |
|-------------------------------------|------------------------------------|------|
| Core Skills in Laparoscopic Surgery | Royal College of Surgeons          | 2025 |
| Paediatric Urodynamics Course       | Evelina London Children's Hospital | 2024 |
| UroLIFT Training                    | Teleflex                           | 2024 |
| LEEP Leadership Programme           | Health Education England           | 2023 |
| Teach the Teacher                   | Oxford Medical                     | 2022 |

### ***Designed & Led***

|                      |                               |      |
|----------------------|-------------------------------|------|
| FY1 Urology Teaching | WMUH                          | 2025 |
| Surgical Teaching    | WMUH, Imperial College London | 2023 |

### **PUBLICATIONS**

1) Gallagher K, MacLennan S, Bhatt N, Clement K, Zimmermann E, Khadhour S, Kulkarni M, Gaba MPhil F, Anbarasan T, Asif A, Light A, Ng A, Chan VW, Nathan A, Cooper D, Aucott L, Sakthivel D, Akand M, Piazza P, Marcq G, O'Brien T, Nielsen M, Giudice FD, Simpson K, Orecchia L, Teixeira B, Dawam D, Geisenhoff A, Hill G, Fukuokaya W, Hidalgo BG, El-Hajj A, Elgamal M, Fanshawe J, Wang B, Lee T, Manecksha R, McCann C, Rivas JG, Arda E, Elhadi M, Rossi S, Teoh JY, Mariappan P, Kasivisvanathan V; BURST-RESECT Global Study Group. RESECT: A Randomised Controlled Trial of Audit and Feedback in Non-muscle-invasive Bladder Cancer Surgery. *Eur Urol.* 2025 Dec 10:S0302-2838(25)04736-0. doi: 10.1016/j.eururo.2025.09.4174. Epub ahead of print. PMID: 41444076.

2) McComb K, Bishara S, Chatterjee A, Charitopoulos K, Donkov I, Gibbons N, Pindoria N, **Nikolinakos P\*\***. Wunderlich Syndrome Triggered by Deadlifting: A Rare Case Report of Spontaneous Renal Haemorrhage. *Case Rep Urol.* 2025 Dec 5;2025:3951765. doi: 10.1155/criu/3951765. PMID: 41473347; PMCID: PMC12747085.

3) **Nikolinakos P\***, Chatterjee A, Christianakis E, Alexandrou I, Chatzikrachts N, Kotsi E, Alargkof V, Donkov I, Bishara S, Zavras N, Norris JM. Conservative Management of Intrasacrotal Polyorchidism in a 14-Year-Old Boy: A Case Report and Review of the Current Literature. *Case Rep Urol.* 2025 Sep 9;2025:5258413. doi: 10.1155/criu/5258413. PMID: 40964678; PMCID: PMC12440661.

4) Fallon P, Matthews M, Chatterjee A, Sapountzis D, Chatzikrachts N, McComb K, Bishara S, Donkov I, Charitopoulos K, **Nikolinakos P\*\***. Management of Ureteric Small Bowel Fistula: A Case Report and Review of the Current Literature. *Case Rep Urol.* 2025 Aug 8;2025:7232300. doi: 10.1155/criu/7232300. PMID: 40822675; PMCID: PMC12356682.

5) Velaoras K, Pantalos G, Plataras C, Alexandrou I, Mene J, Filos K, Chatterjee A, **Nikolinakos P**, Zavras N. Emergency Laparotomy for Abdominal Compartment Syndrome in a Child due to Chronic Functional Constipation. *Case Rep Pediatr.* 2025 Jun 12;2025:5289632. doi: 10.1155/crpe/5289632. PMID: 40538618; PMCID: PMC12178740.

- 6) Donkov I, Chatzikrachtis N, Chatterjee A, Aho T, Emberton M, **Nikolinakos P\*\***. Should magnetic resonance imaging be considered in every patient before a bladder outflow obstruction procedure? Arch Ital Urol Androl. 2025 Jun 30;97(2):13935. doi: 10.4081/aiua.2025.13935. Epub 2025 May 26. PMID: 40420749.
- 7) Islam ABA, Bishara S, Charitopoulos K, Ellis D, **Nikolinakos P**, Poushi MZ, Donkov I. Renal Atrophy Following Selective Transcatheter Arterial Embolization for Angiomyolipoma as an Uncommon but Significant Complication: A Case Report and Literature Review. Cureus. 2025 Apr 9;17(4):e81968. doi: 10.7759/cureus.81968. PMID: 40351925; PMCID: PMC12064148.
- 8) Chatterjee A, Ali I, Wong F, Allen-Tejerina AM, Chatzikrachtis N, McComb K, Bishara S, De Caluwe D, Zavras N, Norris JM, **Nikolinakos P\*\***. Methenamine hippurate for the management and prophylaxis of recurrent urinary tract infections: a scoping review protocol. BMJ Open. 2025 Apr 30;15(4):e100458. doi: 10.1136/bmjopen-2025-100458. PMID: 40306981; PMCID: PMC12049952.
- 9) Fallon P, Chatterjee A, Chatzikrachtis N, Sapountzis D, Donkov I, Bishara S, Charitopoulos K, **Nikolinakos P\*\***. Migrating Staghorn Calculus Secondary to a Renocolic Fistula: A Case Report and Review of the Literature. Case Rep Urol. 2025 Feb 26;2025:1014938. doi: 10.1155/criu/1014938. PMID: 40162125; PMCID: PMC11955063.
- 10) Sim A, **Nikolinakos P**, Charitopoulos K, Donkov I, Bishara S. Vasectomy histology: Is it still useful? Arch Ital Urol Androl. 2024 Oct 2;96(3):12682. doi: 10.4081/aiua.2024.12682. PMID: 39356016.
- 11) **Nikolinakos P\***, Chatzikrachtis N, Chatterjee A, Donkov I, Bishara S, Kotsi E, Alexandrou I, Zavras N, Norris JM. Comparison of outcomes of open, laparoscopic and robot-assisted laparoscopic pyeloplasty in children with ureteropelvic junction obstruction: protocol for a systematic review and meta-analysis. BMJ Open. 2024 Aug 30;14(8):e087519. doi: 10.1136/bmjopen-2024-087519. PMID: 39214660; PMCID: PMC11407214.
- 12) **Nikolinakos P\***, Chatzikrachtis N, Donkov I, Kotsi E, Antonoglou G, Alexandrou I, Zavras N, Norris JM. Robotic pyeloplasty: Technological global panacea or geo-surgical nightmare? Arch Ital Urol Androl. 2024 Mar 7;96(1):12263. doi: 10.4081/aiua.2024.12263. PMID: 38451241.
- 13) **Nikolinakos P\***, Donkov I, Norris JM, Zavras N. Re: Aline Broch, Annabel Paye-Jaouen, Beatrice Bruneau, et al. Day Surgery in Children Undergoing Retroperitoneal Robot-assisted Laparoscopic Pyeloplasty: Is It Safe and Feasible? Eur Urol Open Sci 2023;51:55-61. Eur Urol Open Sci. 2023 Dec 19;59:1-2. doi: 10.1016/j.euros.2023.08.012. PMID: 38298762; PMCID: PMC10829609.
- 14) Kagias IG, **Nikolinakos P**, Mortensen C, Norris JM. Challenges associated with percutaneous nephrostomy in infants. Diagn Interv Radiol. 2024 Nov 6;30(6):378-379. doi: 10.4274/dir.2023.232507. Epub 2023 Nov 6. PMID: 37927035; PMCID: PMC11589521.
- 15) **Nikolinakos P\***, Kagias IG, Berezowska AA, Kotsi E, Alexandrou I, Zavras N, Norris JM, Donkov I. Challenges associated with the K-wire technique for external urinary drainage in pediatric laparoscopic pyeloplasty. J Pediatr Urol. 2024 Feb;20(1):149-150. doi: 10.1016/j.jpuro.2023.09.002. Epub 2023 Sep 9. PMID: 37749007.

16) **Nikolinakos P\***, Sapountzis D, Donkov I, Bishara S, Charitopoulos K, Ellis D, Ali MK, Velaoras K, Alexandrou I, Zavras N, Norris JM. Early Experience With Pediatric Single-port Robotic Pyeloplasty Compared to Multiport Robotic Cohorts. Letter. J Urol. 2023 Nov;210(5):732-733. doi: 10.1097/JU.0000000000003677. Epub 2023 Sep 6. PMID: 37671708.

17) **Nikolinakos P\***, Christianakis E, Alargkof V, Chorti M, Plataras C. Congenital Lymphedema of the Foreskin in a 3-Year-Old Boy: A Case Report and Literature Review. Urology. 2021 Feb;148:267-269. doi: 10.1016/j.urology.2020.07.004. Epub 2020 Jul 16. PMID: 32683068.

18) Alargkof V, Kersten L, Stanislavov R, Kamenov Z, **Nikolinakos P\*\***. Relationships between sperm DNA integrity and bulk semen parameters in Bulgarian patients with varicocele. Arch Ital Urol Androl. 2019 Jul 2;91(2). doi: 10.4081/aiua.2019.2.125. PMID: 31266282.

Key: \*First Author, \*\*Senior Author

## ORAL PRESENTATIONS

1) Applications and Outcomes of Indocyanine Green-Guided Near-Infrared Fluorescence in Paediatric Urological Surgery: A Systematic Review, European Association of Urology 26, March 2026

2) Comparison of Outcomes of Open, Laparoscopic and Robot-Assisted Laparoscopic Pyeloplasty in Children with PUJO: A Systematic Review and Meta-Analysis, 15<sup>th</sup> Annual ESPES Congress 2025, October 2025

3) Supernumerary Testicles and Other Weird and Wonderful Tales of Urology, CW Grand Round, February 2023

4) The contribution of Peter Lord's procedure in treating haemorrhoids in children, 59<sup>th</sup> National Paediatric Conference, Greece, October 2021

5) Acquired undescended testicles. The importance of a correct and quick diagnosis, 58<sup>th</sup> National Paediatric Conference, Greece, September 2020

6) Increased incidence of malignant tumours in children in the last 5 years, 58<sup>th</sup> National Paediatric Conference, Greece, September 2020

7) Prepuce preserving operations for phimosis in teenagers, 58<sup>th</sup> National Paediatric Conference, Greece, September 2020

8) Lipomatous tumours in children, 58<sup>th</sup> National Paediatric Conference, Greece, September 2020

## POSTER PRESENTATIONS

1) "Wunderlich Syndrome Triggered by Deadlifting: A Rare Case Report of Spontaneous Renal Haemorrhage, ASiT, March 2026

- 2) Evaluating GPT4-0's Responses to Andrology Patient Questions in Outpatient Clinic Compared to European Association of Urology Guidelines, 27<sup>th</sup> World Meeting on Sexual Medicine, February 2026
- 3) Emergency Laparoscopic Bowel Resection with Intracorporeal Anastomosis: A Case Series, Emergency General Surgery Symposium, November 2025
- 4) Evaluating Large Language Models in Interpreting Lower Urinary Tract Symptoms: a Comparison with European Association of Urology Guidelines, 45<sup>th</sup> Congress of the SIU, November 2025
- 5) Transurethral Bipolar Enucleation of the Prostate gland (BipolEP): a step-wise introduction/learning approach, 26<sup>th</sup> Panhellenic Urological Congress, October 2024
- 6) Learning points from Trial Without Catheter (TWOC) clinics: a predicting model detecting which patients will fail a safe removal, 26<sup>th</sup> Panhellenic Urological Congress, October 2024
- 7) Clinical Handover List on Cerner for Urology, CW Trust's RIQI, July 2023
- 8) Sperm DNA integrity in patients with varicocele: relationship between DNA fragmentation and bulk semen parameters, World Meeting on Sexual Medicine (ISSM, ESSM), March 2018

## BOOKS

|                        |   |                                 |
|------------------------|---|---------------------------------|
| Editor and Lead Author | <b>Nikolinakos P</b> , Emergency Handbook of Paediatric Urology | Proposal submitted October 2025 |
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## EDITORIAL WORK

|                  |  |
|------------------|--|
| Journal Reviewer | Clinical Case Reports<br>Journal of Medical Case Reports<br>BMC Urology<br>BMC Nephrology<br>Frontiers<br>Journal of Robotic Surgery<br>Translational Andrology and Urology<br>Discover Oncology |
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## TEACHING

|   |                         |
|---|-------------------------|
| Research Supervisor (C. Larard - Medical Student) | Imperial College London |
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| 1) Testicular Compartment Syndrome after Microdissection Testicular Sperm Extraction: a Case Report and Review of the Literature | Submitted |
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| 2) Intraventricular Antibiotic Administration for the Treatment of Neonatal Ventriculitis: A Systematic Review | Submitted |
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| 3) Comparison of Outcomes of Open and Laparoscopic Ventriculoperitoneal Shunt Insertion in Children: A Systematic Review and Meta-analysis | Submitted |
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Research Supervisor (A.  
Chatterjee – Medical Student)

Imperial College London

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|--|------|
| 1) McComb K, Bishara S, Chatterjee A, Charitopoulos K, Donkov I, Gibbons N, Pindoria N, <b>Nikolinakos P**</b> . Wunderlich Syndrome Triggered by Deadlifting: A Rare Case Report of Spontaneous Renal Haemorrhage. Case Rep Urol. 2025 Dec 5;2025:3951765. doi: 10.1155/criu/3951765. PMID: 41473347; PMCID: PMC12747085. | 2025 |
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| 2) <b>Nikolinakos P*</b> , Chatterjee A, Christianakis E, Alexandrou I, Chatzikrachtis N, Kotsi E, Alargkof V, Donkov I, Bishara S, Zavras N, Norris JM. Conservative Management of Intrascrotal Polyorchidism in a 14-Year-Old Boy: A Case Report and Review of the Current Literature. Case Rep Urol. 2025 Sep 9;2025:5258413. doi: 10.1155/criu/5258413. PMID: 40964678; PMCID: PMC12440661. | 2025 |
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| 3) Fallon P, Matthews M, Chatterjee A, Sapountzis D, Chatzikrachtis N, McComb K, Bishara S, Donkov I, Charitopoulos K, <b>Nikolinakos P**</b> . Management of Ureteric Small Bowel Fistula: A Case Report and Review of the Current Literature. Case Rep Urol. 2025 Aug 8;2025:7232300. doi: 10.1155/criu/7232300. PMID: 40822675; PMCID: PMC12356682. | 2025 |
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| 4) Velaoras K, Pantalos G, Plataras C, Alexandrou I, Mene J, Filos K, Chatterjee A, <b>Nikolinakos P</b> , Zavras N. Emergency Laparotomy for Abdominal Compartment Syndrome in a Child due to Chronic | 2025 |
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Functional Constipation. Case Rep Pediatr. 2025 Jun 12;2025:5289632. doi: 10.1155/crpe/5289632. PMID: 40538618; PMCID: PMC12178740.

5) Donkov I, Chatzikrachtis N, Chatterjee A, Aho T, Emberton M, **Nikolinakos P\*\***. Should magnetic resonance imaging be considered in every patient before a bladder outflow obstruction procedure? Arch Ital Urol Androl. 2025 Jun 30;97(2):13935. doi: 10.4081/aiua.2025.13935. Epub 2025 May 26. PMID: 40420749. 2025

6) Chatterjee A, Ali I, Wong F, Allen-Tejerina AM, Chatzikrachtis N, McComb K, Bishara S, De Caluwe D, Zavras N, Norris JM, **Nikolinakos P\*\***. Methenamine hippurate for the management and prophylaxis of recurrent urinary tract infections: a scoping review protocol. BMJ Open. 2025 Apr 30;15(4):e100458. doi: 10.1136/bmjopen-2025-100458. PMID: 40306981; PMCID: PMC12049952. 2025

7) Fallon P, Chatterjee A, Chatzikrachtis N, Sapountzis D, Donkov I, Bishara S, Charitopoulos K, **Nikolinakos P\*\***. Migrating Staghorn Calculus Secondary to a Renocolic Fistula: A Case Report and Review of the Literature. Case Rep Urol. 2025 Feb 26;2025:1014938. doi: 10.1155/criu/1014938. PMID: 40162125; PMCID: PMC11955063. 2025

8) **Nikolinakos P\***, Chatzikrachtis N, Chatterjee A, Donkov I, Bishara S, Kotsi E, Alexandrou I, Zavras N, Norris JM. Comparison of outcomes of open, laparoscopic and robot-assisted laparoscopic pyeloplasty in children with ureteropelvic junction obstruction: protocol for a systematic review and meta-analysis. BMJ Open. 2024 Aug 30;14(8):e087519. doi: 10.1136/bmjopen-2024-087519. PMID: 39214660; PMCID: PMC11407214 2024

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|---|---|-----------|
| Research Supervisor (M. Antonaraki – Medical Student) | National and Kapodistrian University of Athens  |           |
|   | 1) Considerations and Challenges in Open Reduction with Ligamentum Teres Reconstruction   | Submitted |
|   | 2) Constellation of Predictive Factors for Spontaneous Resolution of Vesicoureteral Reflux in Children: A Systematic Review and Meta-analysis | Ongoing   |
|   | 3) Comparison of Outcomes of Open and Laparoscopic Ventriculoperitoneal Shunt Insertion in Children: A Systematic Review and Meta-analysis    | Submitted |
| Research Supervisor (T. Krum – Core Trainee)          | 1) Optimal Age for Orchiectomy versus Orchidopexy in Cryptorchidism: A Systematic Review and Meta-Analysis of Outcomes                        | Ongoing   |
| FY1 Urology Teaching                                  | West Middlesex University Hospital  | 2025      |
| Specialty Taster Supervisor                           | West Middlesex University Hospital  | 2025      |
| Difficult Catheterisation Teaching for Residents      | West Middlesex University Hospital  | 2025      |
| Peer-Teacher/ SpR Induction                           | West Middlesex University Hospital  | 2025      |
| Urology Placement Supervisor                          | WMUH, Imperial College London   | 2025      |
| Urology Tutor   | WMUH, Imperial College London   | 2023-2024 |
| Urological Skills Tutor for FY1-2                     | West Middlesex University Hospital  | 2023-2025 |
| Surgical Tutor  | WMUH, Imperial College London   | 2023      |

## **CLINICAL GOVERNANCE**

### **Service Improvement (QIP)**

1) Urology Emergency Pathways, April 2025

2) Improving Induction Materials for New Clinicians in the Urology Department, March 2024

3) Clinical Handover List on Cerner for Urology, July 2023

### **Clinical Audits**

1) Safety of Flexible Cystoscopy without urine dipstick, January 2026

2) Compliance of Flexible Cystoscopy surveillance for NMIBC with EAU Guidelines, January 2026

3) Evaluating AEC Urology Referrals and Compliance with the Current Pathway, September 2025

4) Assessing the intraoperative benefits of virtual reality use in local anaesthetic urology procedures, May 2025

5) Evaluating ChatGPT's Responses to Lower Urinary Tract Symptoms Patient Questions in Outpatient Clinic Compared to EAU Guidelines, May 2025

6) Evaluating ChatGPT's Responses to Andrology Patient Questions in Outpatient Clinic Compared to EAU Guidelines, April 2025

7) BAUS Penile Fracture (SNAP) Audit, April 2025

8) Audit of Emergency Stone Surgery, April 2025

9) Comparison of Outcomes of Open, Laparoscopic and Robot-assisted Laparoscopic Pyeloplasty in Children with Uroteropelvic Junction Obstruction, March 2025

10) Scrotal Explorations for Torsions, March 2025

11) Transperineal LASER Ablation of Prostate for BPH, November 2024

11) Histopathology in Benign Urological Procedures, October 2023

12) TWOC Service Audit, October 2023

13) Emergency Theatre Utilisation at West Middlesex University Hospital (Re-Audit), May 2023

14) Emergency Theatre Utilisation at West Middlesex University Hospital, December 2022

15) Testicular Torsion Study, NCEPOD, December 2022

### **AFFILIATION**

|        |  |          |
|--------|--|----------|
| Member | British Association of Paediatric Surgeons | 74098960 |
| Member | Greek Association of Paediatric Surgeons   | A10230   |

|                  |  |                     |
|------------------|--|---------------------|
| Member           | European Society of Paediatric Endoscopic Surgeons | M-1470              |
| Associate Member | Academy of Medical Educators                       | 902022              |
| Member           | ORCID  | 0000-0001-8427-7223 |
| Affiliate        | Royal College of Surgeons of England               | 9064707             |
| Member           | British Medical Association                        | 3286113             |
| Member           | Medical Defence Union                              | 775976C             |
| Registered       | General Medical Council                            | 7853742             |