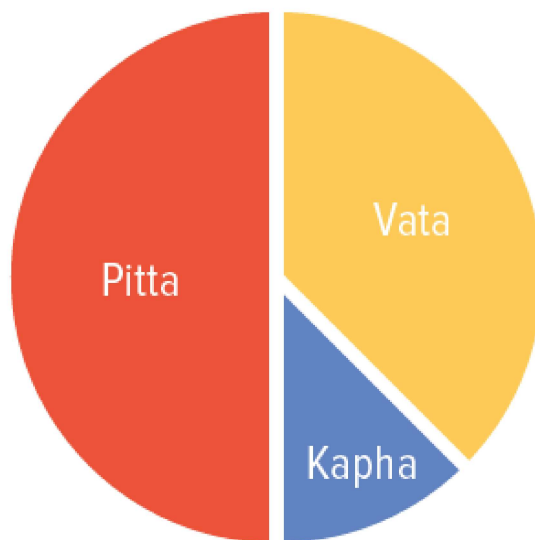


Parth, your Constitution is

## Pitta-Vata Type

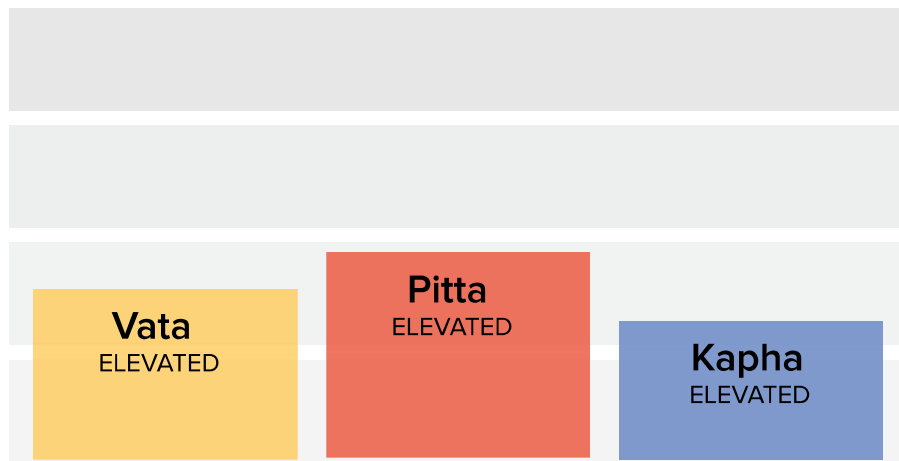


This means that you are generally intelligent, ambitious, creative, and full of new ideas. You also love to learn, have a fiery passion for the things that most interest you, and are both keenly insightful and highly capable of holding a big vision. Your light, quick body and your competitive nature likely keep you active and on the move, and you almost certainly love travel and adventure. That said, you do have a propensity for overexertion, and the grounding, stabilizing influences in your life benefit you



Your Current Primary Imbalance Is

## Pitta Imbalance



This graph represents your current imbalances—increases in one or more of the doshas in your constitution. Start by reducing the dosha most out of balance and then come back and take the quiz again to check your status. The recommendations here offer a suggested starting place in that journey.

🕒 Mar 19, 2022

Imbalances last checked

[Recheck Your Imbalances](#)

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CONSTITUTION



IMBALANCE



PRODUCTS

LEARNING