



Leading Design

Eat Only Elk: Authenticity, Transformation, and the Business of Design

Andrea Mignolo | @pnts



LeadingDesignConf
@LDconf

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One should 'Eat Only Elk', according to
@pnts - find out why, at #leadingdesign
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#conference

The graphic features a black and white portrait of Andrea Mignolo on the left, smiling. On the right, the 'ld.' logo is displayed above the word 'TALK'. Below that is the title 'Eat Only Elk: Authenticity, Transformation, and the Business of Design' in large white font. At the bottom, it says 'Andrea Mignolo, Movable Ink'.

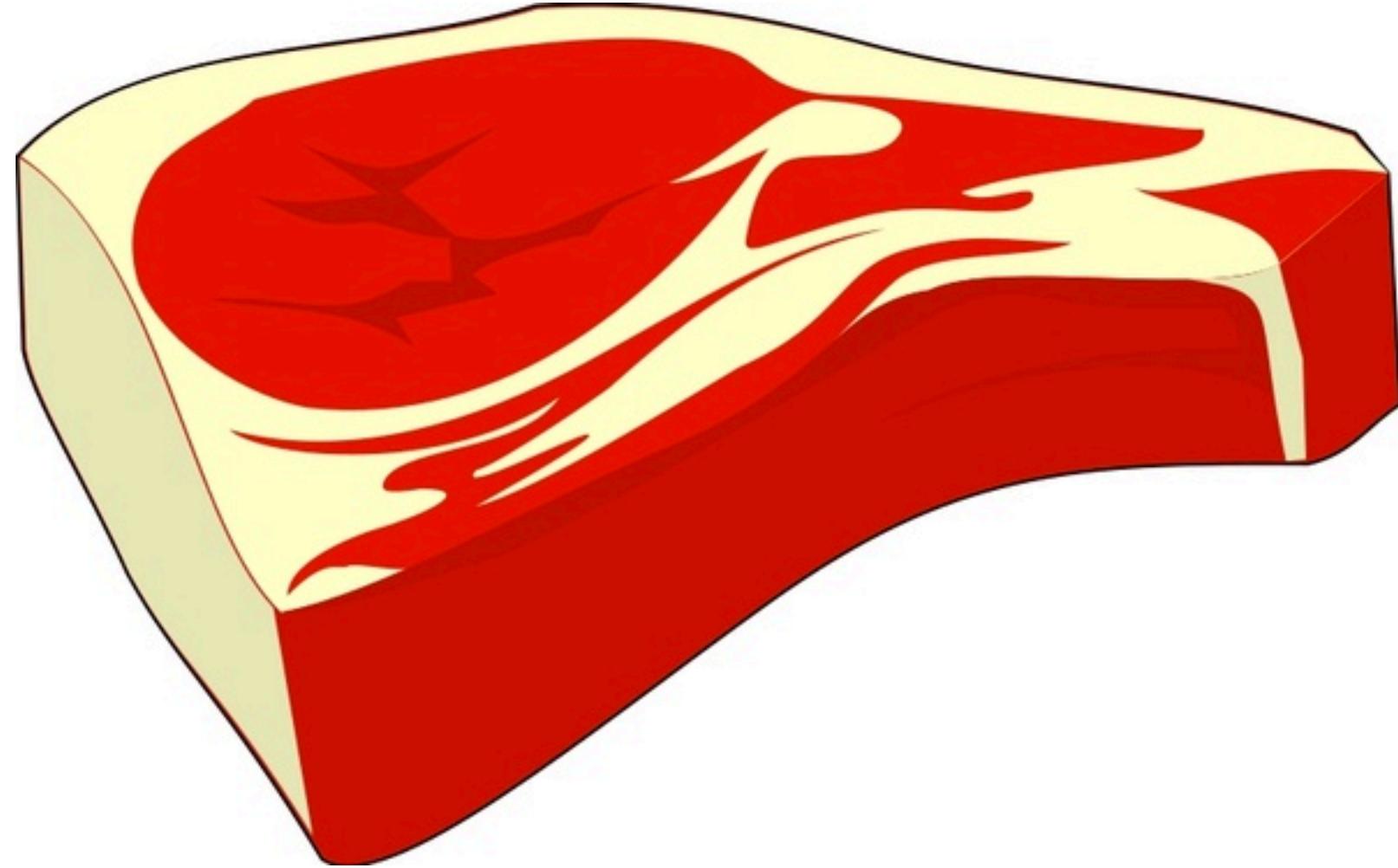
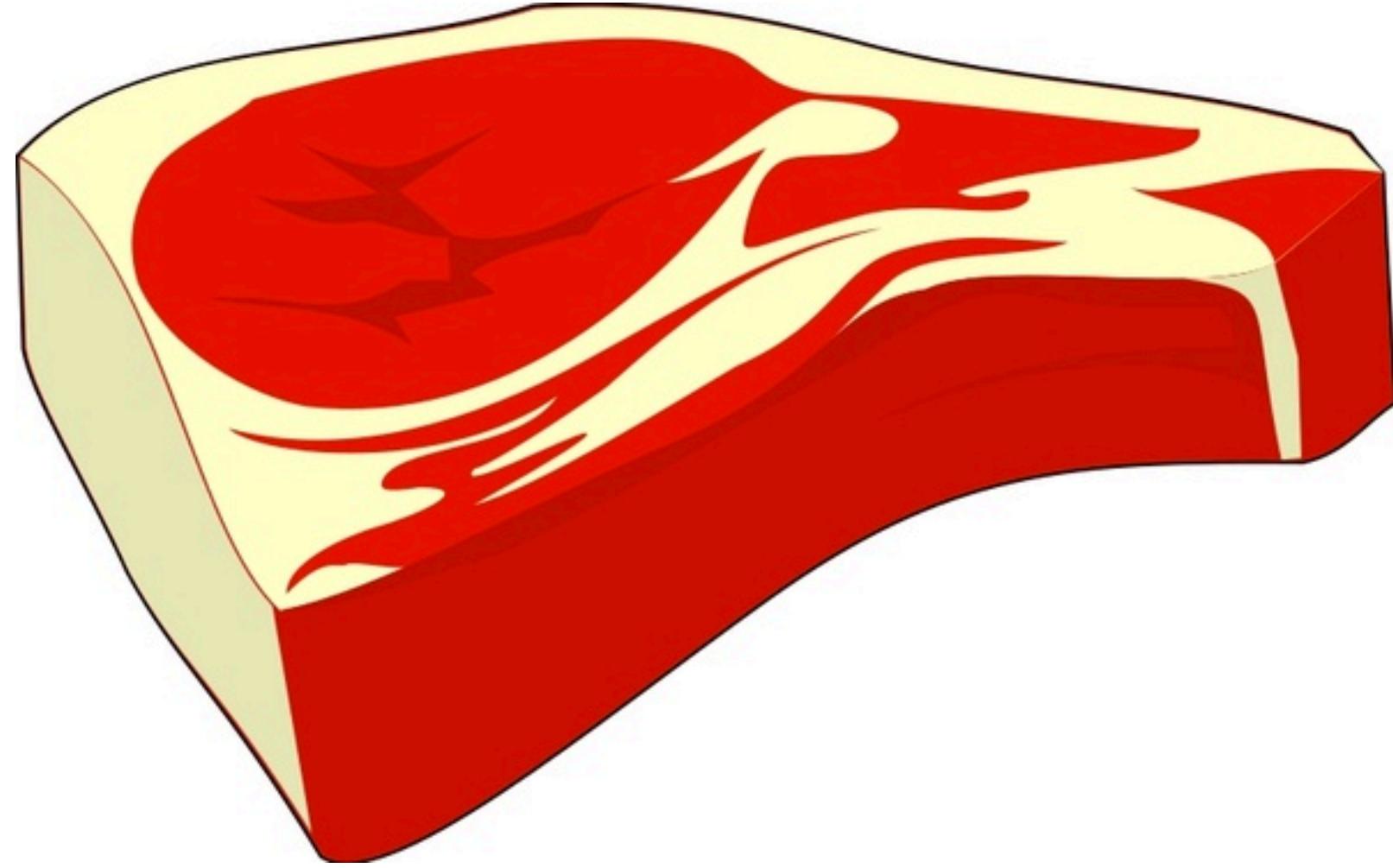
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Leading Design

**Eat Only Elk: How
Meat-only Diets
Make You a Better
Designer**



Andrea Mignolo | @pnts



"The role of design in our lives is to create the environments within which human intent can move forward in interaction, forming human meaning in the reach toward satisfaction and fulfillment of the original intent."

Richard Buchanan



gfdrmc

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the pluriverse

Different ways of knowing, being, and doing.

"I see Vania Masia's project empowering, while I find interaction design disempowering, but good business. I know that the leaders of interaction design will disagree with me. And that is again the point: how is it the interaction with objects displaces the interaction between people. When you lose direct connection with living organisms and replace them with dead objects, it is easier to lose concern from living organisms."

Papa Mignolo





A collage of nature images featuring a central circle containing the word "breathe". The background consists of various photographs of landscapes, including mountains, clouds, and a planet. A large blue diagonal X is overlaid across the entire composition.

breathe

"One of the most significant facts of our time is the predominance of the organization. Quite possibly it is the most significant. It will take time to realize its full effects on the thinking and behavior of individuals. In this conditioning process, few escape its influence."

George Nelson

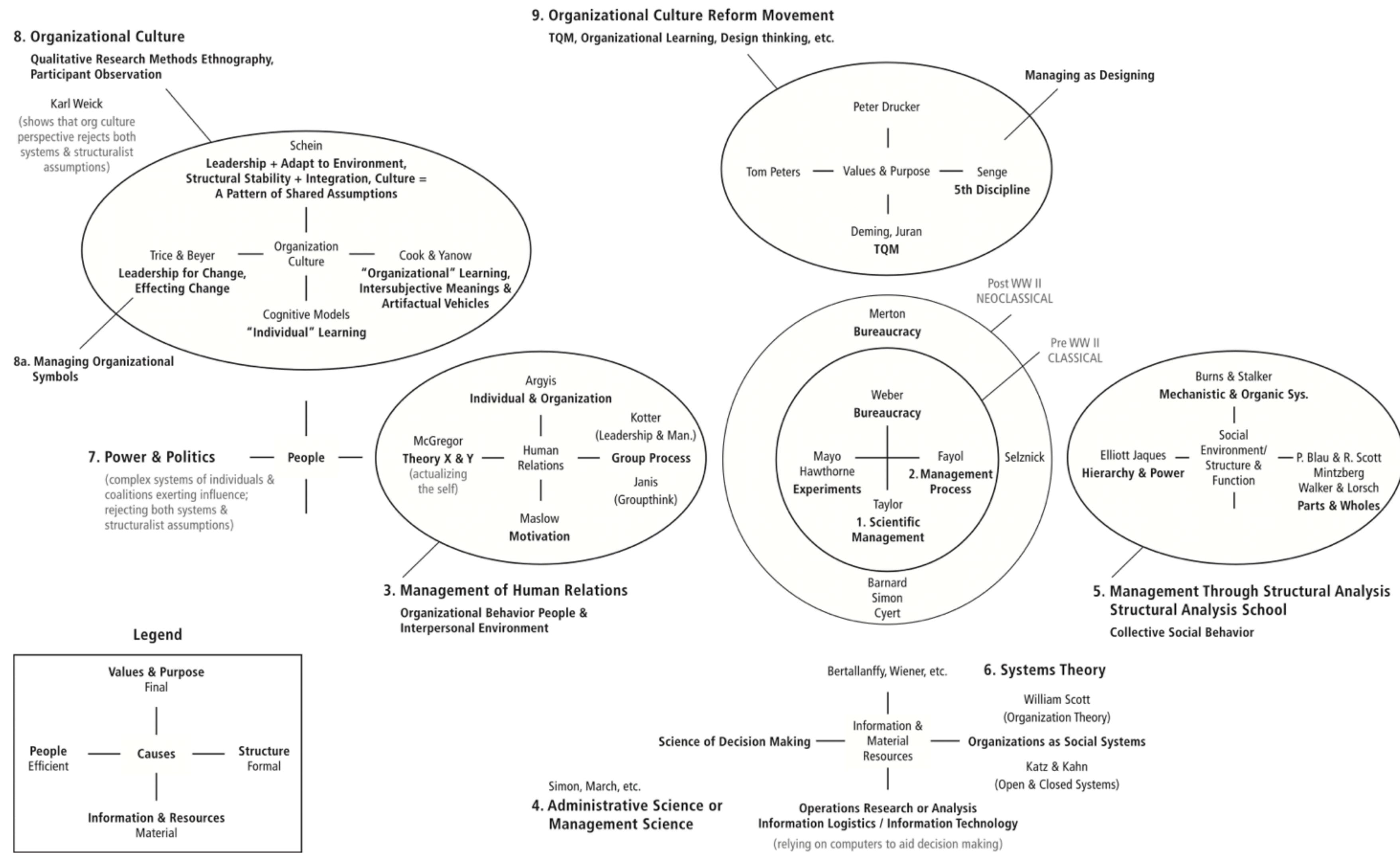


Figure 1 Major schools of management & theories of organization.

49% DISENGAGED

18% ACTIVELY DISENGAGED

49% DISENGAGED

18% ACTIVELY DISENGAGED

BILLIONS OF DOLLARS LOST!!!

49% DISENGAGED

18% ACTIVELY DISENGAGED

CONNECTION, MEANING, PURPOSE LOST!!!

"As made and imagined, organizations are products of human interaction and mind, rather than some blind expression of an underlying natural order."

David Cooperrider

		Fields of Design Problems			
		Communication Symbols	Construction Things	Interaction Action	Integration Thought
Arts of Design Thinking	Inventing Symbols	Symbols: Words & Images			
	Judging Things		Physical Objects		
	Connecting Action			Activities, Services, Processes	
	Integrating Thought				Systems, Organizations, Environments

Could we invent a more powerful, more meaningful, more soulful way of working together if only we changed our belief system?

Frederic Laloux

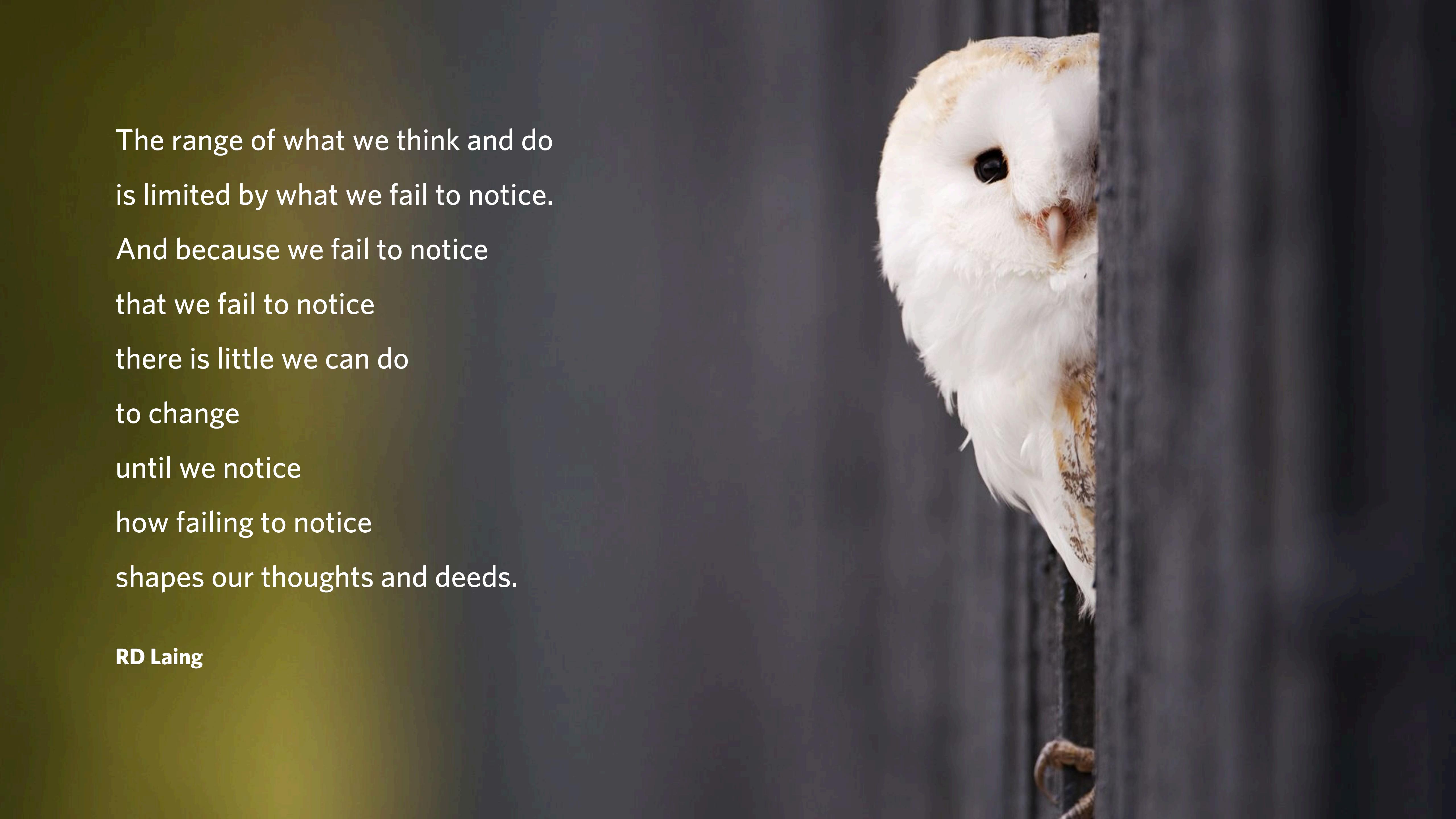
~~Could we invent a more powerful, more meaningful, more soulful way of working together if only we changed our belief system?~~

Frederic Laloux

How might we create belief systems that support more powerful, more meaningful, and more soulful ways of working together?



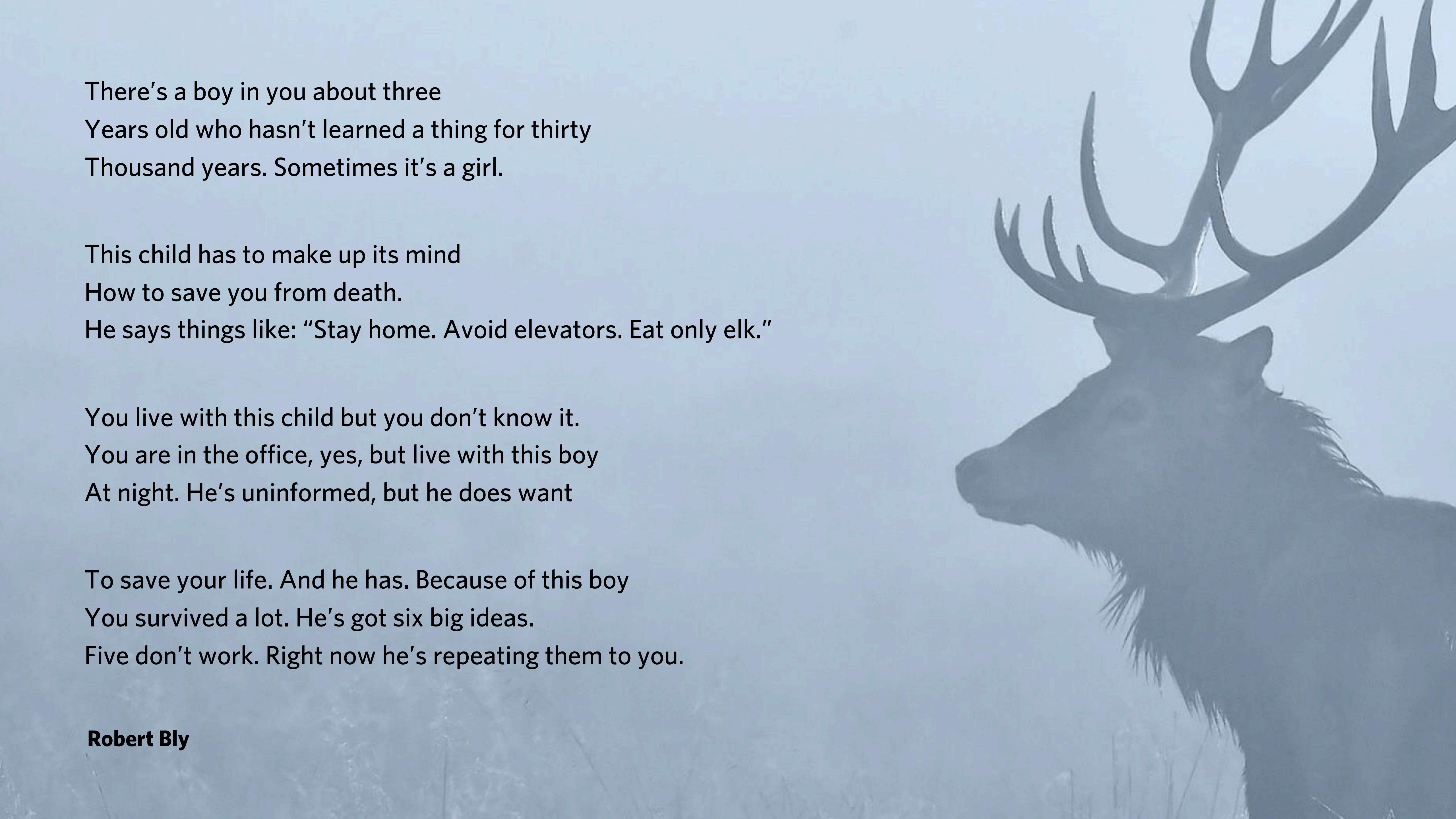
belief systems



The range of what we think and do
is limited by what we fail to notice.

And because we fail to notice
that we fail to notice
there is little we can do
to change
until we notice
how failing to notice
shapes our thoughts and deeds.

RD Laing



There's a boy in you about three
Years old who hasn't learned a thing for thirty
Thousand years. Sometimes it's a girl.

This child has to make up its mind
How to save you from death.
He says things like: "Stay home. Avoid elevators. Eat only elk."

You live with this child but you don't know it.
You are in the office, yes, but live with this boy
At night. He's uninformed, but he does want

To save your life. And he has. Because of this boy
You survived a lot. He's got six big ideas.
Five don't work. Right now he's repeating them to you.

Robert Bly







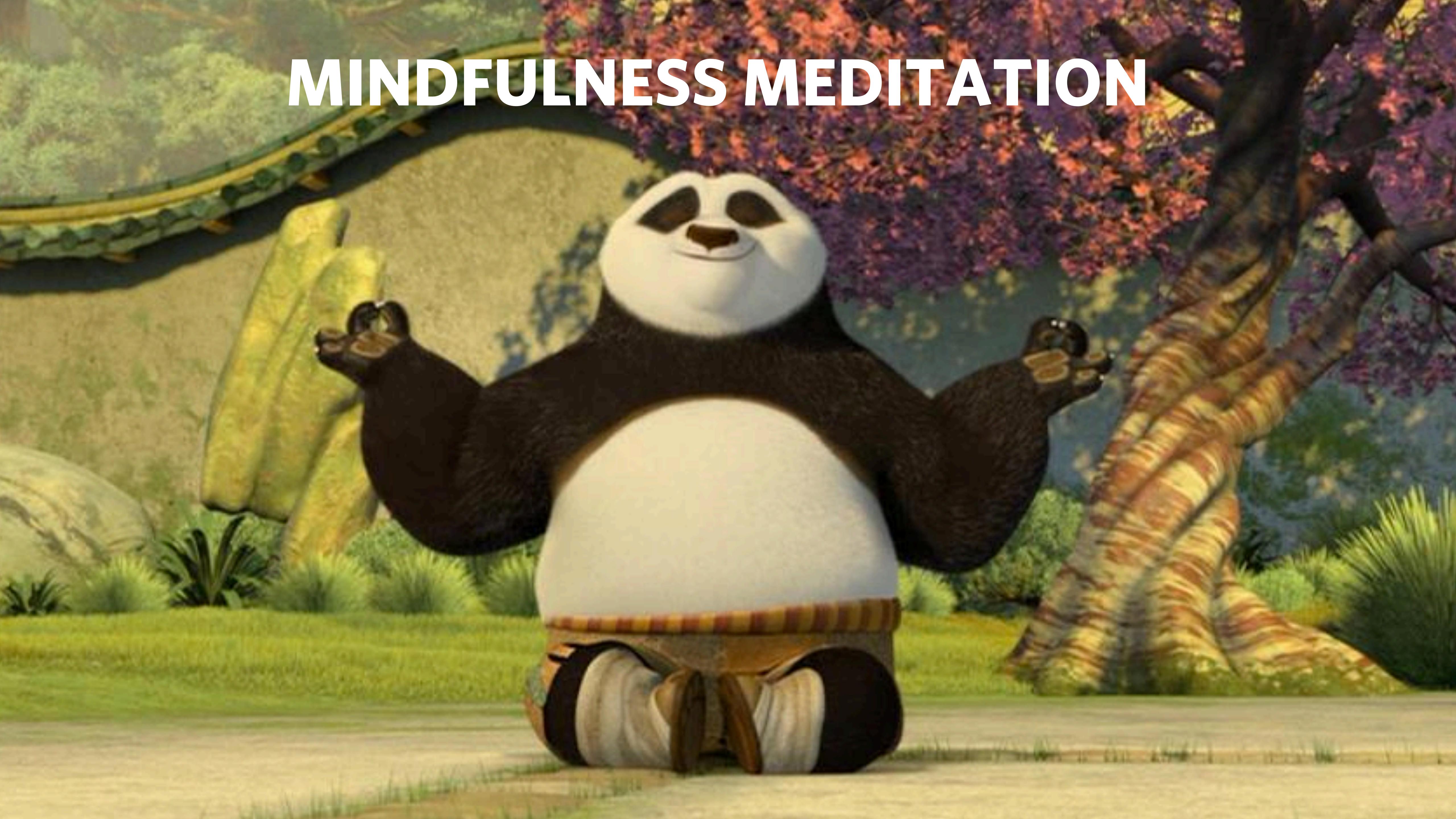
"If the first steps along the creative path almost always involve awaking in Dante's dark wood or descending down to meet Grendel's mother, then a narrow image of what it means to be professional can continually prohibit us from taking any first step as we vainly attempt to exclude human darkness and inner struggle from work life."

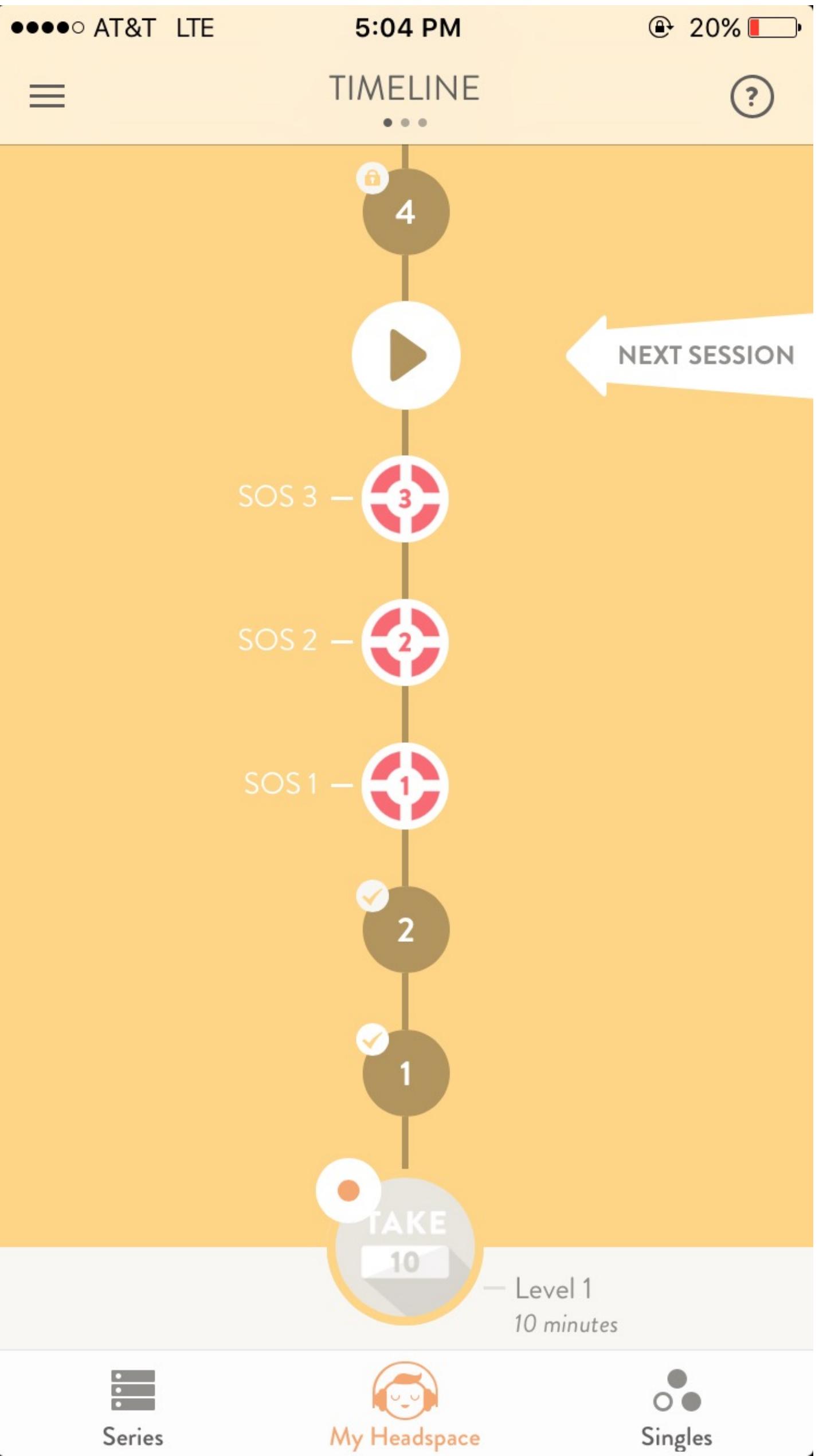
David Whyte



practices

MINDFULNESS MEDITATION





THE WAY THINGS ARE

Clear the “shoulds”

Close the exits

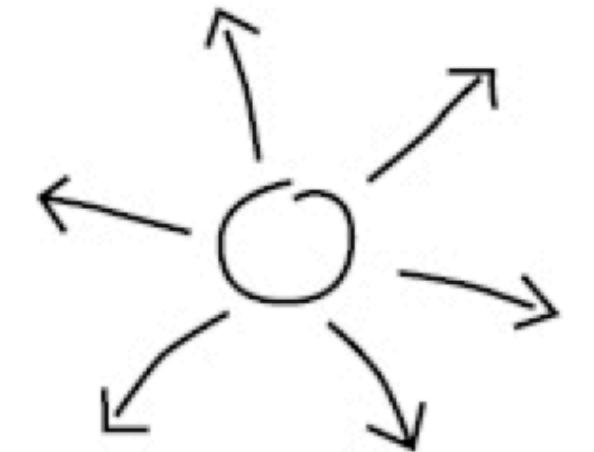
Clear judgements

Distinguish physical from conceptual reality

Benjamin Zander



Am I speaking from here?



Or from here?

7 STEPS TO SANITY

What is the simplest, most unarguable synopsis of what happened?

What is the story I made up about it?

Which emotions are underneath: anger, sadness, fear, joy?

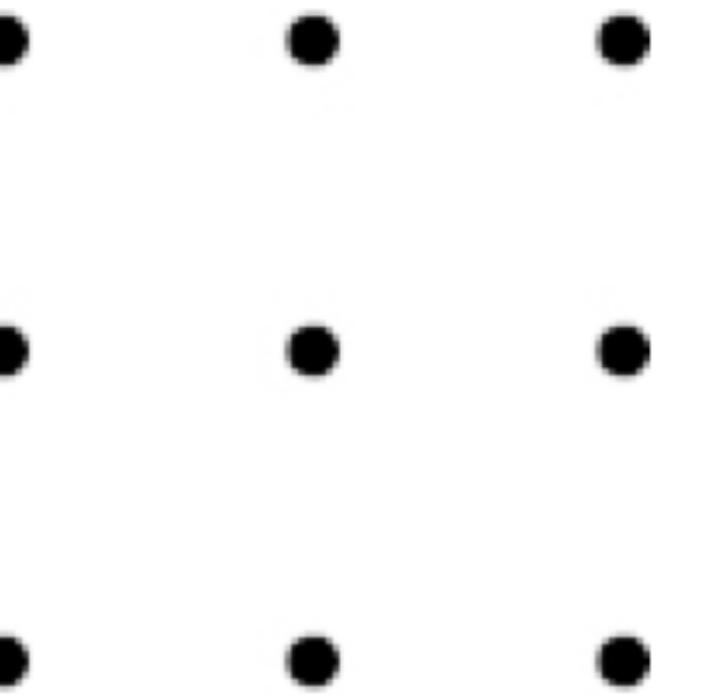
How is this familiar? In what other contexts have I experienced this?

How do I feel in these situations? [What is the experience I unconsciously recreate?]

What do I want to trade this in for? [What experience do I WANT to have?]

What is a EASY, FUN action step in alignment with this?

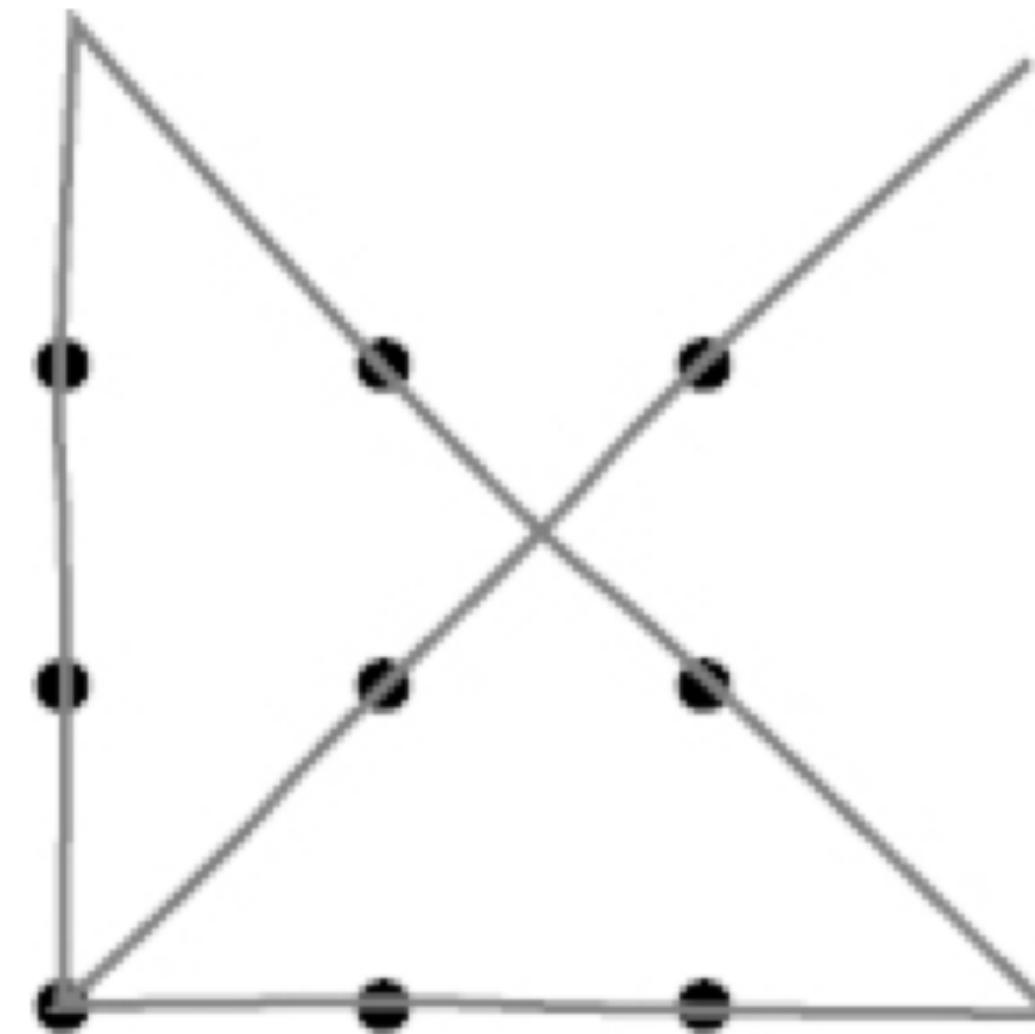
IT'S ALL INVENTED



Connect all 9 dots with four lines without taking your pen off the paper

Benjamin Zander

IT'S ALL INVENTED



IT'S ALL INVENTED

What assumption am I making,
That I'm not aware I'm making,
That gives me what I see?

What might I now invent,
That I haven't yet invented,
That would give me other choices?

Benjamin Zander

NATURE IMMERSION

ART AND AESTHETICS

MUSIC

JOURNALING

DANCE AND MOVEMENT

STORYTELLING

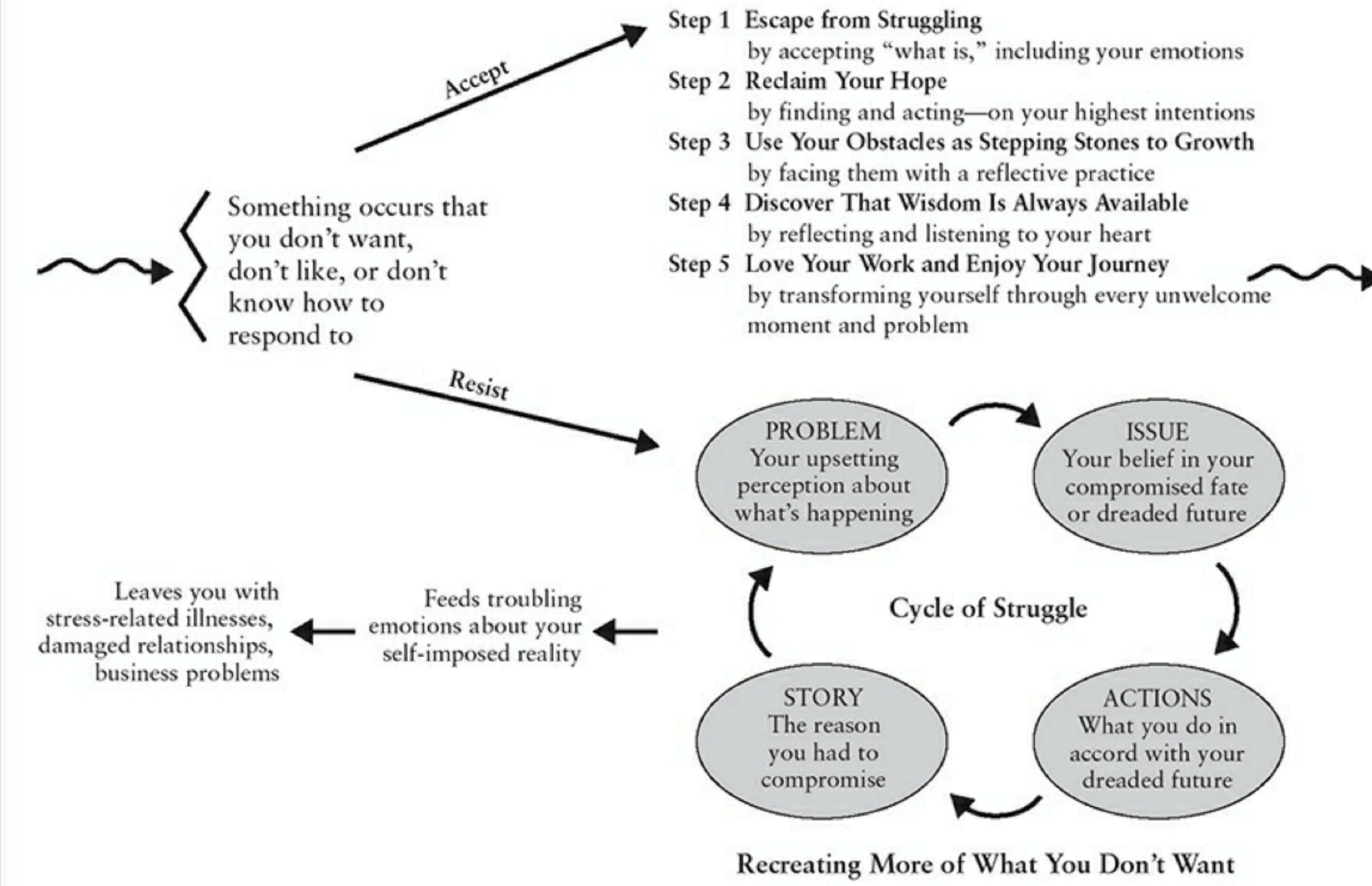
SILENCE

COACHING

ALL THE THINGS!



Transformational Problem Solving



How might we create belief systems that support more powerful, more meaningful, and more soulful ways of working together?







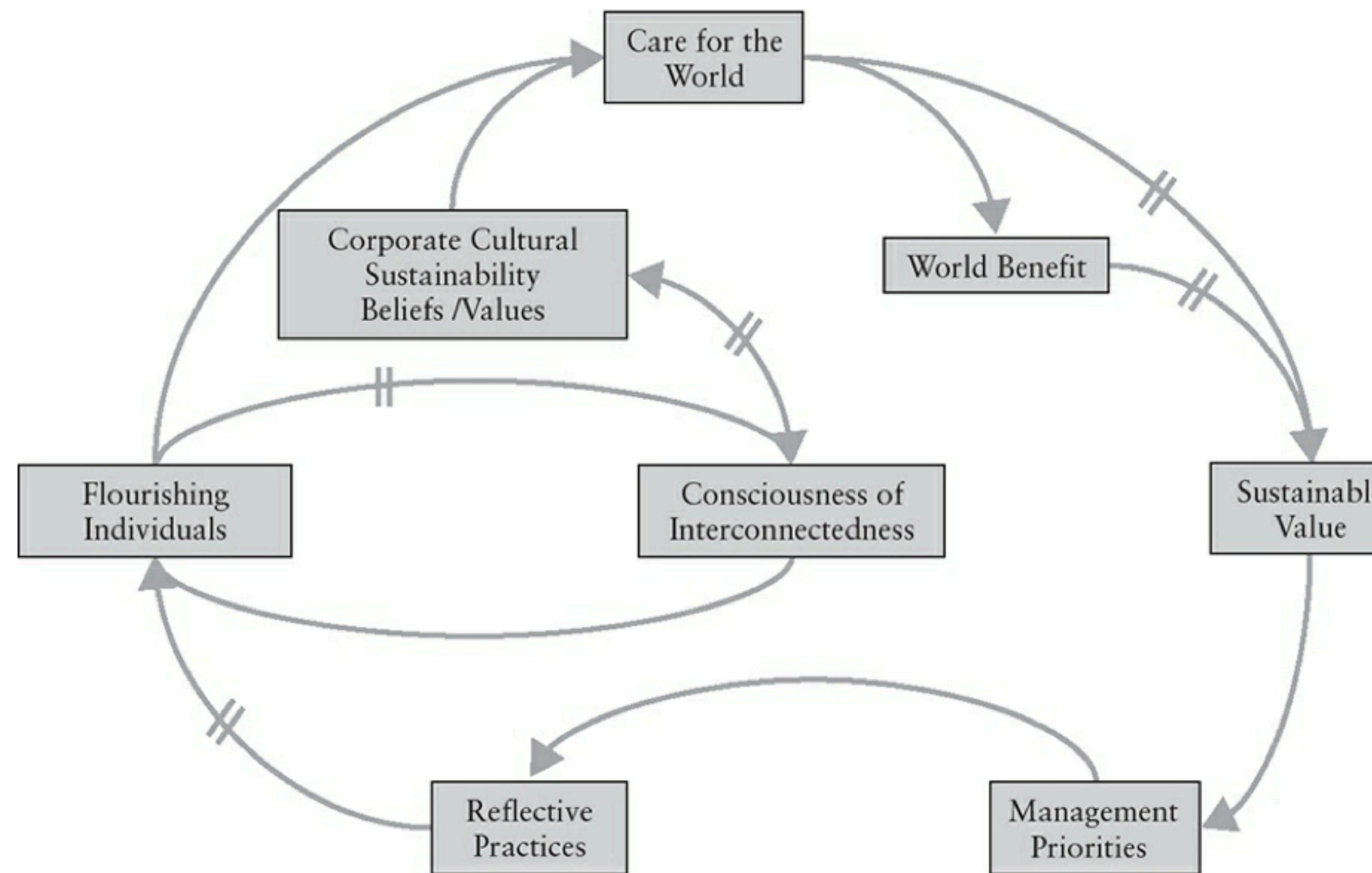


FIGURE 3.2 Causal Loops Starting with Reflective Practices

Chris Laszlo, Flourishing Enterprise



Day of Thanking



"In ontological designing we are doing more than asking what can be built. We are engaging in a philosophical discourse about the self - about what we can do and what can be. Tools are fundamental to action, and through our actions we generate the world. The transformation we are concerned with is not a technical one, but a continuing evolution of how we understand our surroundings and ourselves - *of how we continue becoming the beings we are.*"

Winograd & Flores

How we continue becoming the beings we are.



TRY IT

Spend just 1 minute sitting quietly,
or 5 minutes journaling...

... every day.

CRAFTY Honey BADGERS



ELK TENDERLOIN With Whiskey Cream Sauce

Elk Tenderloin With Whiskey Cream Sauce -- really easy sauce...



ELK MEATBALLS - 1 lb. lean ground bison or elk meat. 1/2 cup...



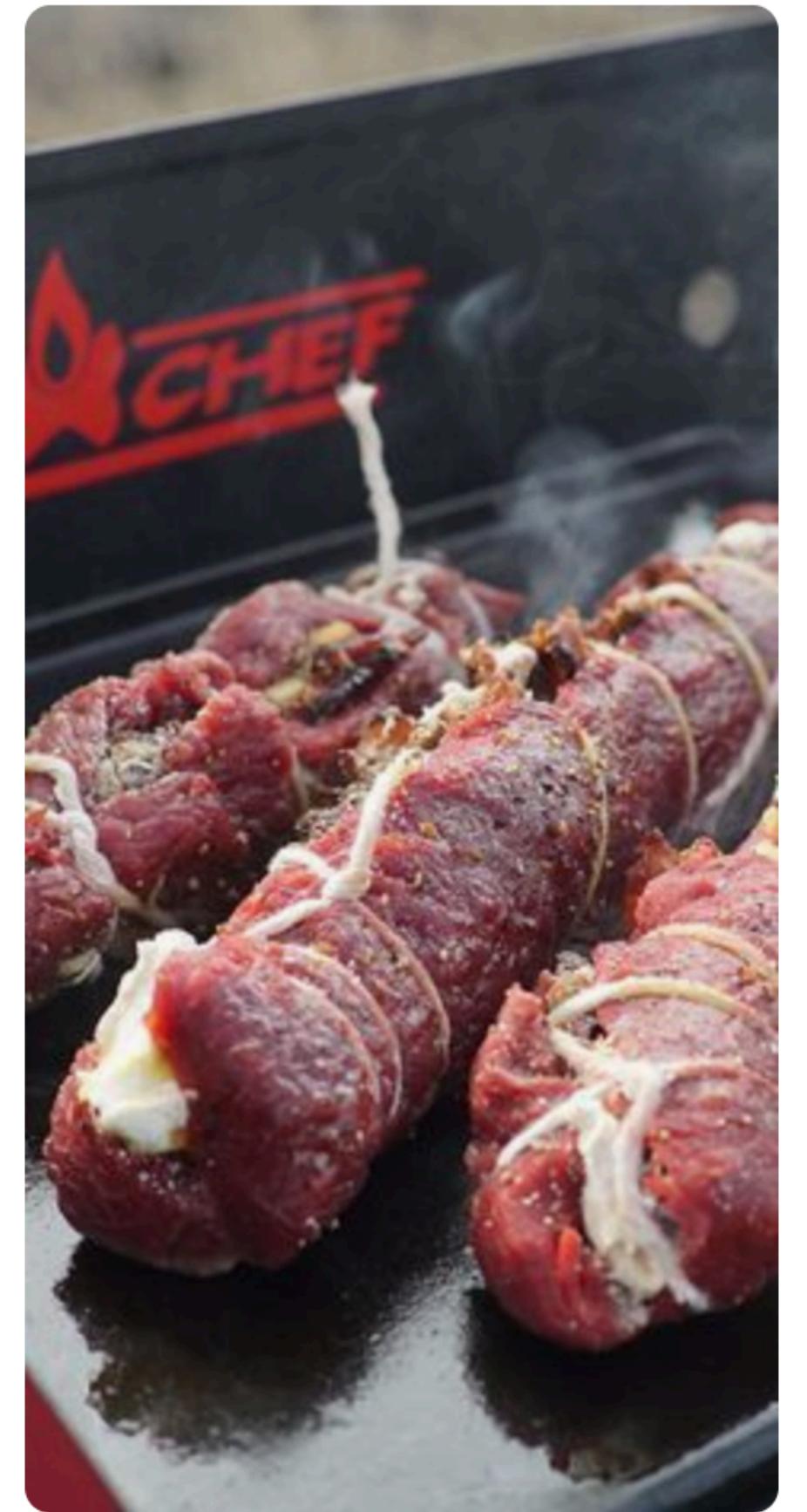
Tender Elk Stroganoff is Easier Than You Think #elk



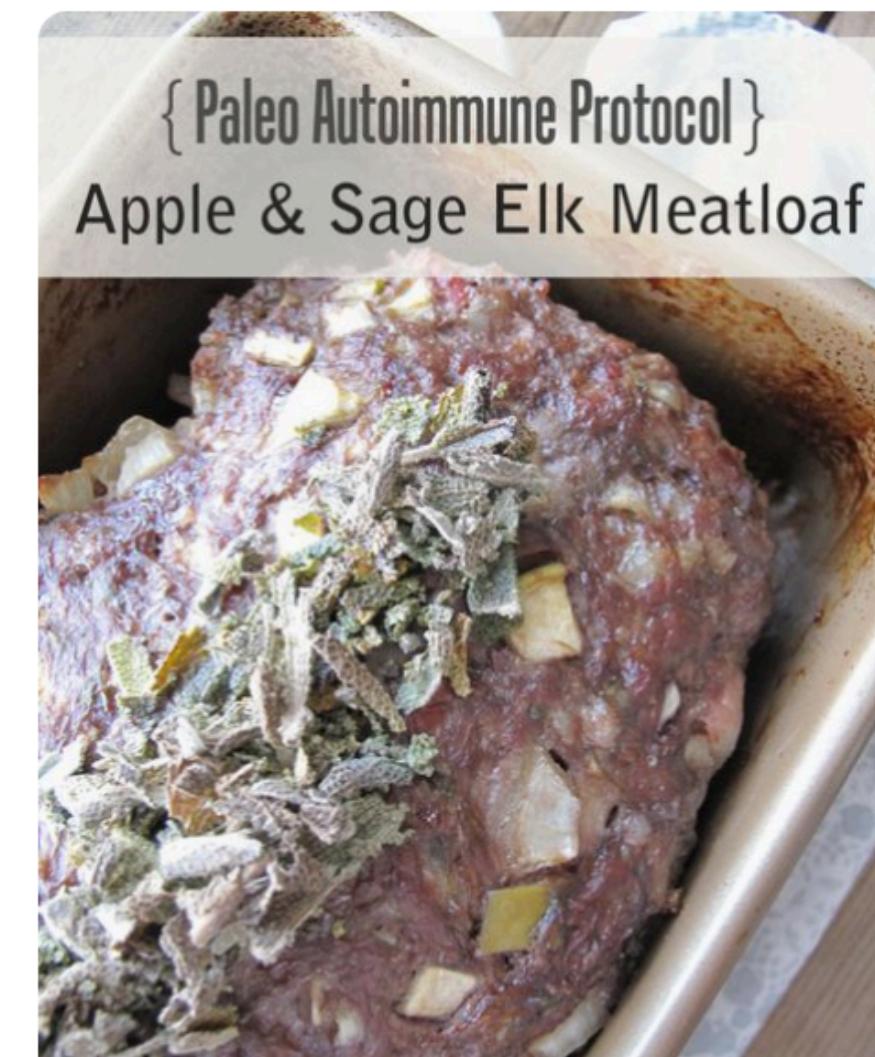
Dr. Pepper Crockpot Elk Stew
- Wild Game Recipes. Pro...



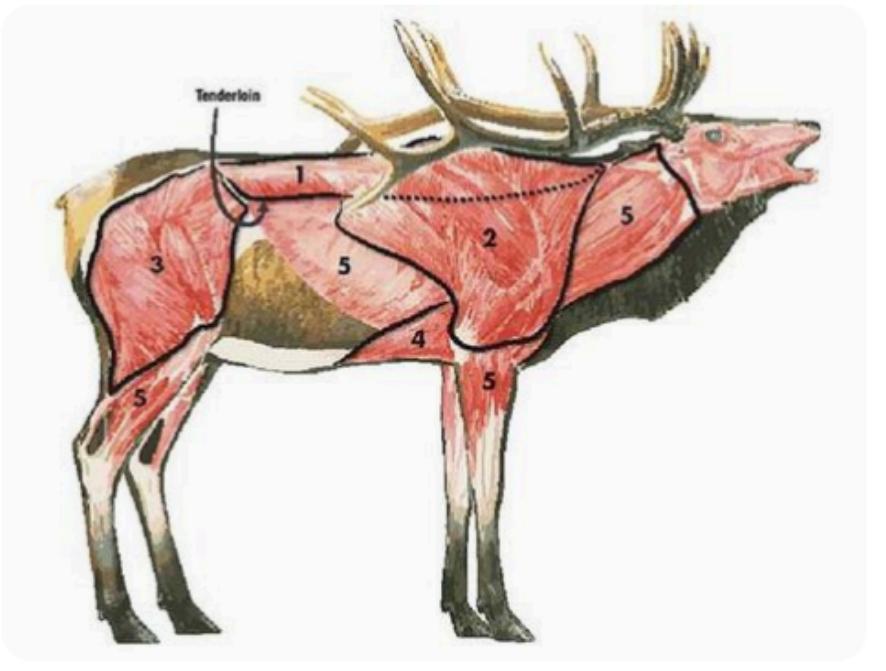
Smoky Slow Cooked Elk Meat
Tacos // Wild Game Barbacoa



Stuffed Venison Backstrap
anyone? Cream cheese, bacon, and...



{ Paleo Autoimmune Protocol }
Apple & Sage Elk Meatloaf



Elk Breakdown | Know Your Cuts and How to Cook 'Em



Best Elk Steak Marinade Ever |
A Vision to Remember All...

Leading Design

Thank you.

Andrea Mignolo | @pnts

Special thanks to Miriam Meima, Hannah du Plessis, and Marc Rettig

