

1. The first step is to identify the problem. This involves understanding the current situation and what needs to be improved.

[illegible][illegible]

Dr. (a. 1840)

City # 405-452-4602

 Was a complaint about |[illegible]

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Ref.	Country	Ref.	Country	Ref.	Country
1	USA	11	USA	21	USA
2	USA	12	USA	22	USA
3	USA	13	USA	23	USA
4	USA	14	USA	24	USA
5	USA	15	USA	25	USA
6	USA	16	USA	26	USA
7	USA	17	USA	27	USA
8	USA	18	USA	28	USA
9	USA	19	USA	29	USA
10	USA	20	USA	30	USA

Variable	Definition	Source	Notes
Age	Age in years	Survey	
Gender	Male = 1, Female = 2	Survey	
Marital status	Married = 1, Single = 2, Divorced = 3, Widowed = 4	Survey	
Education	Less than high school = 1, High school = 2, Some college = 3, College = 4, Postgraduate = 5	Survey	
Income	Less than \$10,000 = 1, \$10,000-\$19,999 = 2, \$20,000-\$29,999 = 3, \$30,000-\$39,999 = 4, \$40,000-\$49,999 = 5, \$50,000-\$59,999 = 6, \$60,000-\$69,999 = 7, \$70,000-\$79,999 = 8, \$80,000-\$89,999 = 9, \$90,000-\$99,999 = 10, \$100,000 or more = 11	Survey	
Health status	Excellent = 1, Very good = 2, Good = 3, Fair = 4, Poor = 5	Survey	
Smoking status	Never smoker = 1, Former smoker = 2, Current smoker = 3	Survey	
Alcohol consumption	Never drinker = 1, Former drinker = 2, Current drinker = 3	Survey	
Exercise frequency	Never = 1, Sometimes = 2, Often = 3	Survey	
Stress level	Low = 1, Medium = 2, High = 3	Survey	
Depression	No depression = 1, Depression = 2	Survey	
Loneliness	No loneliness = 1, Loneliness = 2	Survey	
Life satisfaction	Low = 1, Medium = 2, High = 3	Survey	
Quality of life	Low = 1, Medium = 2, High = 3	Survey	

Year	Population	Population	Population	Population
1990	100	100	100	100
2000	100	100	100	100
2010	100	100	100	100
2020	100	100	100	100
2030	100	100	100	100
2040	100	100	100	100
2050	100	100	100	100
2060	100	100	100	100
2070	100	100	100	100
2080	100	100	100	100
2090	100	100	100	100
2100	100	100	100	100