

Ella Greene

Ella is a waiter in a restaurant, she has a boyfriend and they are in relationship about 8 years. However, she found her boyfriend cheating on her. She felt sad and lost, because he used to be her everything but now she doesn't know who can trust.

Goal Need To do

- she needs a professional psychologist
- she needs to find someone to express her pressure.

- She saw many health

Hear

- She might hear that there are many apps can help her release her pressure.

Learn

- Hard to trust people
- Affaird of changing

Feel

- Stop negative emotions.

Gains

- Change her mind, be open to new people.

See

care apps but most of them require high payment for psychologist counseling.

Say

"I don't know how to open to a new person"

I'm not sure those apps can be trusted.

What do they do

- She can use this app to find a professional psychologist to help her.
- She can use the free psychologist counseling so she won't spend too much on it and find out what can she do to be better.