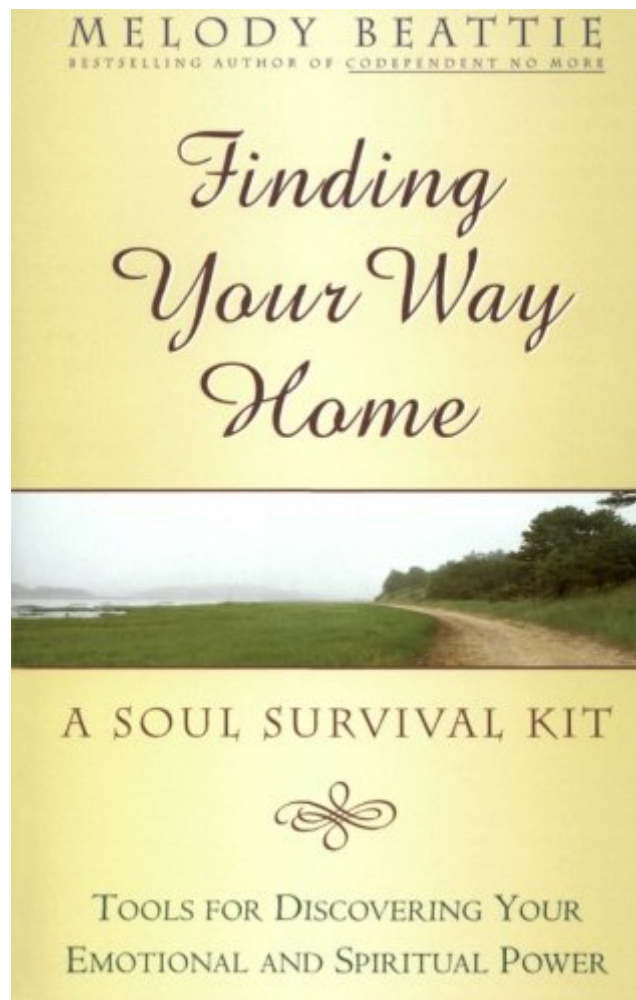


Finding Your Way Home: A Soul Survival Kit PDF



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“Beattie understands being overboard, which helps her throw bestselling lifelines to those still adrift.” — *Time* magazine

From the *New York Times* bestselling author of *Codependent No More*, *The Language of Letting Go*, *Journey to the Heart*, *Choices*, and *Stop Being Mean to Yourself*, comes *Finding Your Way Home*: a soul-searching book, with true stories and take-action exercises, designed to help foster a sense of “home” and personal spirituality.

Finding Your Way Home: A Soul Survival Kit Review

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