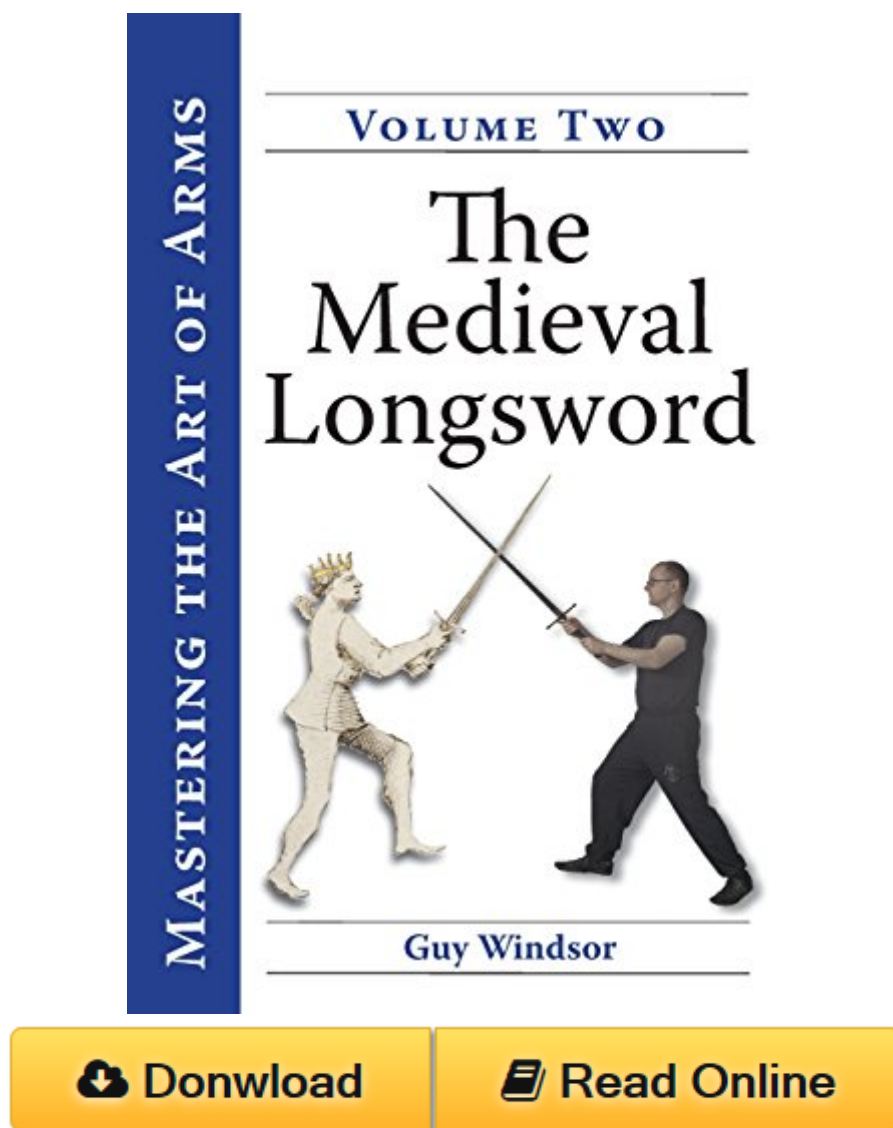


Mastering the Art of Arms, Vol. 2: The Medieval Longsword PDF



Mastering the Art of Arms, Vol. 2: The Medieval Longsword by Guy Windsor ISBN 9526819322

Do you like swords? Do you want to know how to use them? Then this book is for you. Featuring an introduction by novelist Christian Cameron, in this book renowned swordsman and author Guy Windsor will take you through the principles and practice of medieval knightly combat with the longsword. The tactics and techniques come from *Il Fior di Battaglia*, written in 1410 by Fiore dei Liberi, one of the greatest trainers of knights in the Middle Ages. In this book Guy covers everything you need to get started, including principles of swordsmanship, training mindset, and choosing equipment; as well as a complete system of physical practice, from basic footwork all the way up through sword handling and pair drills to free fencing. Beginners will find this a complete and approachable guide to taking up the Art of Arms; experienced swordsmen will also find many tips and tricks for developing their skills. Guy Windsor has been training martial arts for almost 30

years, and teaching professionally since 2001, when he founded The School of European Swordsmanship. The School now has branches and study groups on all over the world. Guy's other books include The Swordsman's Companion, The Duellist's Companion, Veni Vadi Vici, and Mastering the Art of Arms vol 1: The Medieval Dagger.

Mastering the Art of Arms, Vol. 2: The Medieval Longsword Review

This Mastering the Art of Arms, Vol. 2: The Medieval Longsword book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Mastering the Art of Arms, Vol. 2: The Medieval Longsword without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Mastering the Art of Arms, Vol. 2: The Medieval Longsword can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Mastering the Art of Arms, Vol. 2: The Medieval Longsword having great arrangement in word and layout, so you will not really feel uninterested in reading.