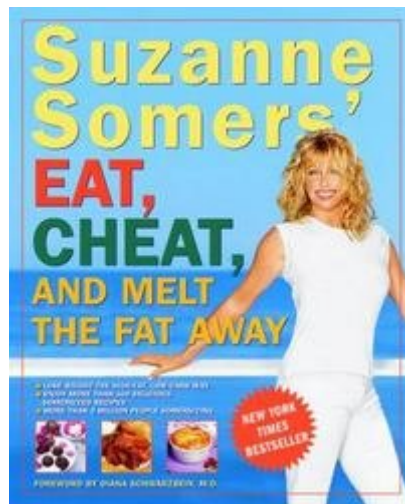


## Suzanne Somers' Eat, Cheat, and Melt the Fat Away: \*Feast on Real Foods--Includi PDF



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In this latest installment to her diet book series, Suzanne Somers explains how hormonal imbalances affect weight, shows how to apply her exercise program and food combination diet to children's lifestyles, and shares information about a new natural sweetener. She also includes fans' success stories and 100 previously unpublished recipes, like Deep-Fried Turkey with Fried Onions, Molten Chocolate Cakes, and Portobello Mushrooms with Bubbling Pesto.

## **Suzanne Somers' Eat, Cheat, and Melt the Fat Away: \*Feast on Real Foods--Includi Review**

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