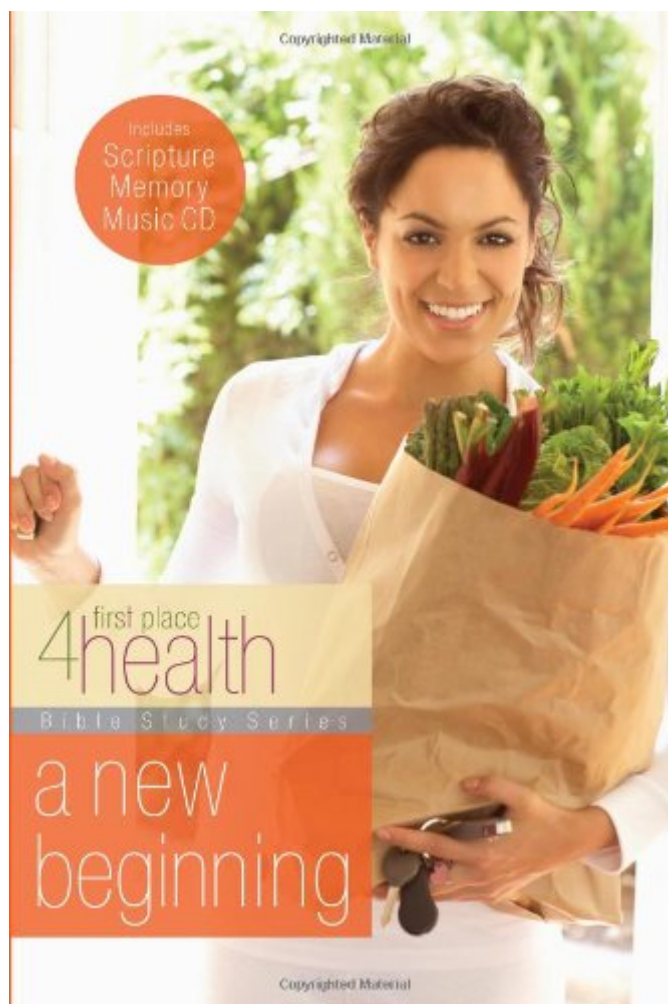


A New Beginning (First Place 4 Health Bible Study Series) PDF



Download



Read Online

A New Beginning (First Place 4 Health Bible Study Series) by First Place 4 Health ISBN 0830757295

Disappointment with ourselves can lead us to abandon our aspirations for a life in balance, but we can learn to deal with failure and regret in a way that pushes us toward success instead of dragging us down! *A New Beginning* offers inspiration and motivation for anyone who struggles with insecurity or failure, especially as they strive to meet their weight-loss goals. Readers will explore 10 key scriptural principles that will help them stand strong in their commitment to live the life God is calling them to live—a life of obedience, balance and victory! All-new and easy to use, each First Place 4 Health Bible study contains 12 weeks of daily study to help members and participants put Christ in first place. Based on proven techniques and more than 25 years of experience, First Place 4 Health is the most complete Christ-centered healthy living program

available, and it has helped thousands of members create balance in the four core areas of their lives: emotional, spiritual, mental and physical. The results? Weight loss and total health from the inside out!

Key Scriptural Principles

Week 1: Welcome to Standing Strong

Week 2: A Fresh Start, A New Beginning

Week 3: Learning From the Past

Week 4: Living in the Present

Week 5: Leaning on Jesus

Week 6: Looking Ahead

Week 7: Giving Our Best

Week 8: Growing in Grace

Week 9: Surrendering to His Lordship

Week 10: Standing by Faith

Week 11: Soaring in the Strength of the Spirit

Week 12: Time to Celebrate

A New Beginning (First Place 4 Health Bible Study Series) Review

This A New Beginning (First Place 4 Health Bible Study Series) book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of A New Beginning (First Place 4 Health Bible Study Series) without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry A New Beginning (First Place 4 Health Bible Study Series) can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This A New Beginning (First Place 4 Health Bible Study Series) having great arrangement in word and layout, so you will not really feel uninterested in reading.