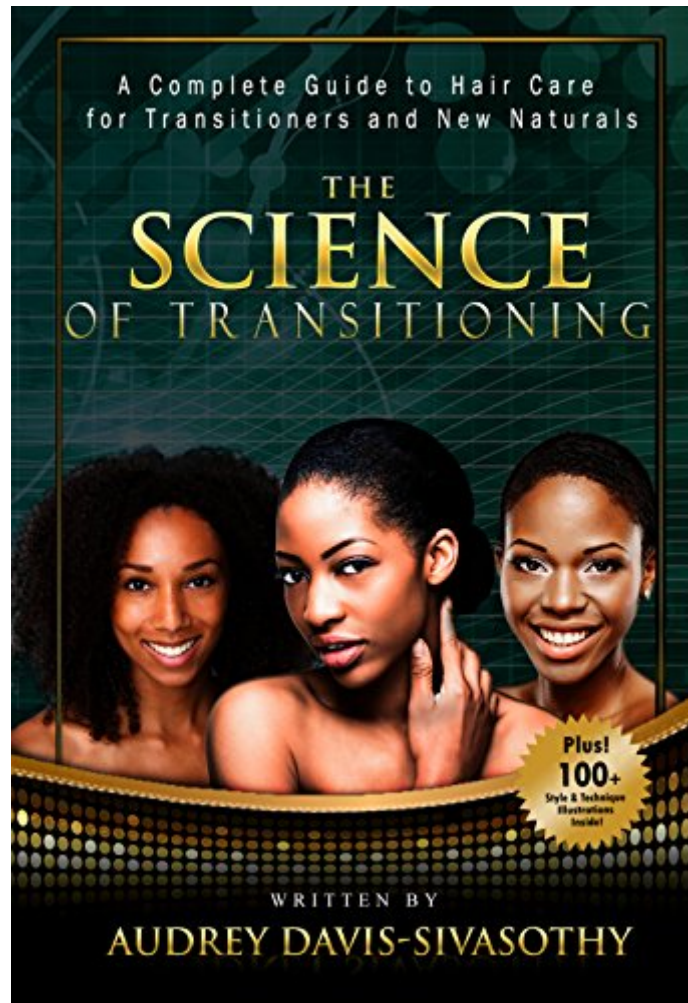


The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals PDF



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The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals by Audrey Davis-Sivasothy ISBN B00R9PN7EA
Thinking about making the journey back to natural?

Here's your roadmap.

Thinking outside the box is not always easy—especially when you've had a long-term relationship

with your relaxer. And, of course, rocking gravity-defying kinks and coils comes with another set of unique joys and challenges. The Science of Transitioning: A Complete Guide to Hair Care for Transitioners and New Naturals is your essential, all-inclusive guide to the journey back—written exclusively for those who are chemically relaxed and considering the natural journey, those who are taking their first steps back to natural and those who have already gone all in!

Unleash your hair's fullest potential, and learn how to care for the natural kinks, coils and curls you were born with.

Who is This Book For:

- Currently relaxed and considering natural hair
- Transitioners (Long-term and short-term transitions)
- New Naturals (Recently chopped, or natural for less than 2 years)

You will learn:

- How chemical relaxers really affect the hair and scalp.
- How to transition while keeping your hair as healthy as possible.
- The best products and techniques to use during your transition.
- How your mental transition determines the success of your physical transition.
- Tips for dealing with unsupportive friends and family members.
- Tips for getting the most out of your new natural hair!

What's inside:

- Regimen advice for both transitioners and new naturals.
- Sample "Transitioning Timeline" and care instructions to carry you through the first year of transitioning.
- More than one hundred illustrations and directions for handling and styling transitioning and newly natural hair.
- New, updated images of hair at the microscopic level.

- Product suggestions, sample regimens and more!

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals Review

This The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals having great arrangement in word and layout, so you will not really feel uninterested in reading.