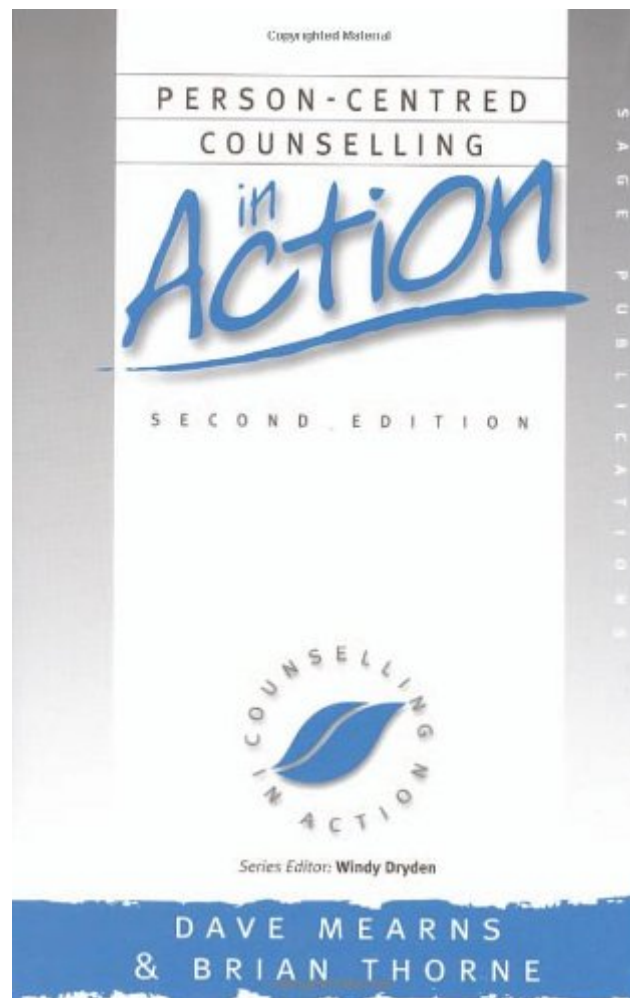


# Person-Centred Counselling in Action (Counselling in Action series) PDF



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Person-Centred Counselling in Action (Counselling in Action series) by Dave Mearns, Brian Thorne  
ISBN 0761963170

'The discussion of empathy, acceptance and congruence is central and should be required reading for all trainees working to understand the richness of these core concepts... outstanding' - ***Counselling, The Journal of the British Association for Counselling***

Widely regarded as a classic text, **Person-Centred Counselling in Action** has now been revised and updated to take account of recent developments in theory and practice. This bestselling exploration of one of the most popular approaches in counselling today is invaluable for students and experienced counsellors alike.

The authors explore the philosophical base to the approach originated by Carl Rogers and stress the considerable persona

## **Person-Centred Counselling in Action (Counselling in Action series) Review**

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