Health Psychology: A Cultural Approach PDF
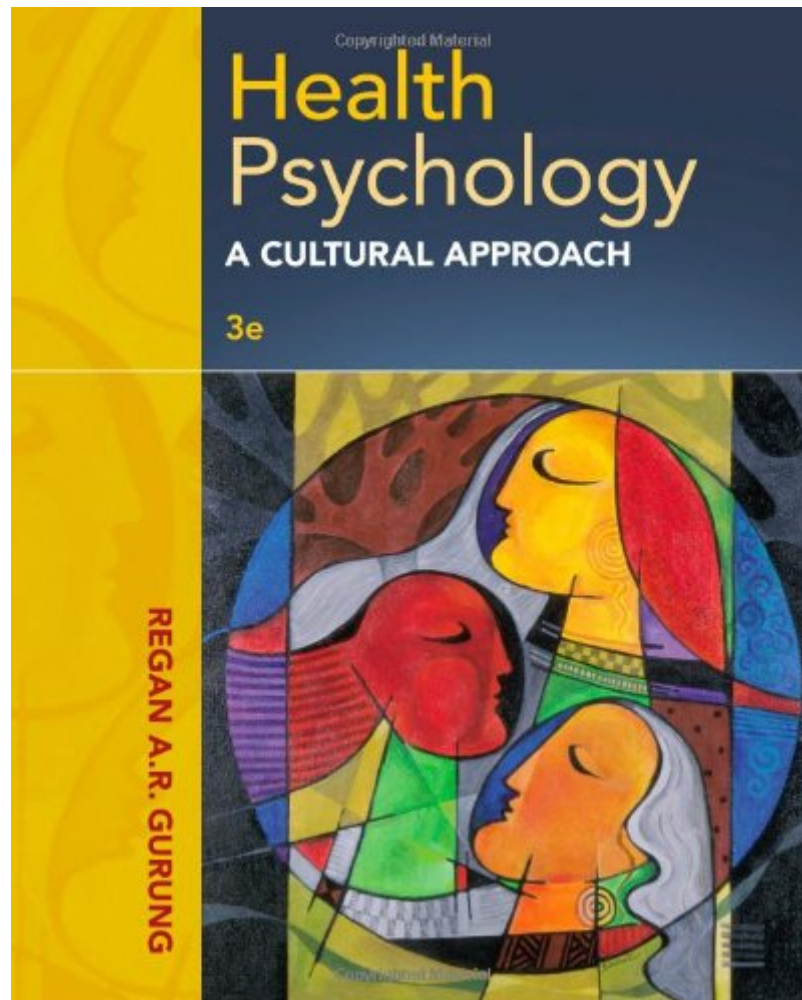

Health Psychology: A Cultural Approach by Regan A.R. Gurung ISBN 1285062116
Using a conversational style that conveys the excitement, research base, and real-world applications of the field, Regan A. R. Gurung introduces health psychology with an integrated cultural perspective. Gurung focuses on key determinants of behavior--such as family, ethnicity, and religion--which are not always highlighted in health psychology books. The text is packed with the most up-to-date citations available, presenting topics taken straight from headline news as well as classic issues in the field. A range of vivid examples from different cultural groups provides you with a comprehensive description of basic theories and an overview of cutting-edge research in health psychology. Special sections that highlight clinical applications, coverage of personality and social psychological theories, and chapters devoted to variations in cultural beliefs, human development, and different diseases combine to give you the best of many worlds. Available with InfoTrac Student Collections http://gocengage.com/infotrac.

Health Psychology: A Cultural Approach Review

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