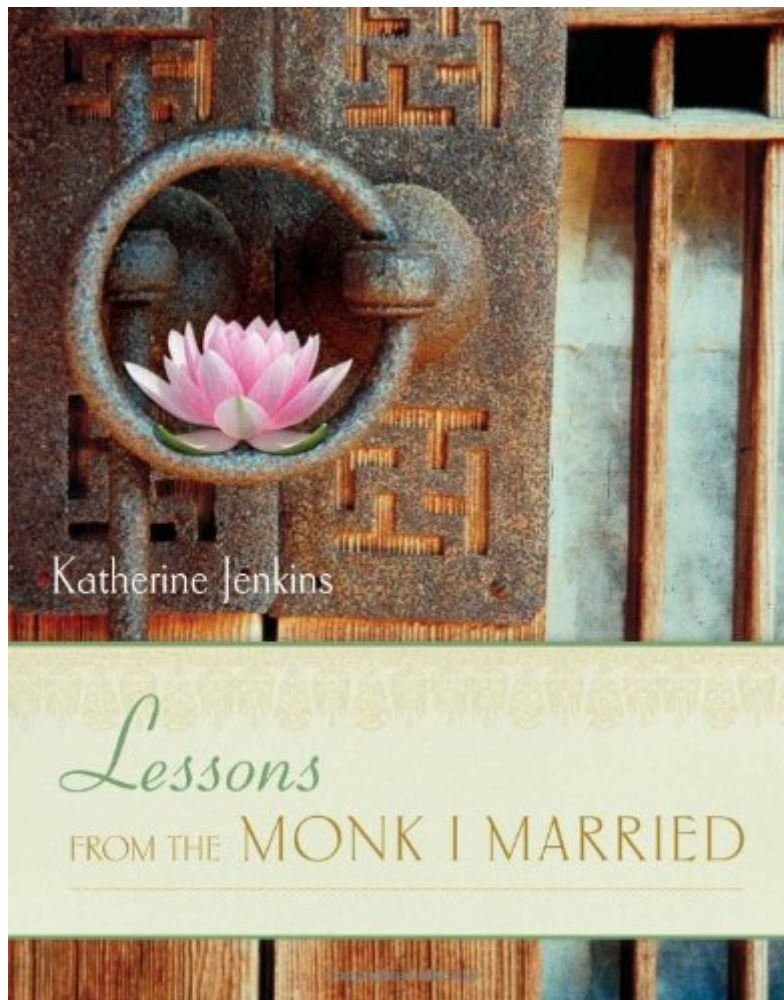


## Lessons from the Monk I Married PDF



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Lessons from the Monk I Married by Katherine Jenkins ISBN 1580053688

*Lessons from the Monk I Married* offers up ten of the most powerful lessons about life, love, and spirituality that Katherine Jenkins has gathered during her marriage to former Buddhist monk Seong Yoon Lee.

A seeker in the truest sense of the word, Jenkins went to Korea on a whim, hoping to find the answers to her deepest, most pressing questions about how to find peace and her purpose in life. During her first months there, she sought out a remote temple, where she unknowingly crossed paths with an unassuming Buddhist monk. Months later, they met again by chance—and fell in love. Though their courtship was long, mostly secretive, and fraught with logistical and spiritual considerations, Jenkins and Lee were ultimately married in Korea in 2003. Through their relationship, Jenkins discovered the most important lesson of all: No one holds the keys to peace and happiness—you have walk your *own* path and find your *own* wisdom through your *own*

experiences.

More than the improbable story of a girl from Seattle who found peace of mind (and love) with a Buddhist monk, *Lessons from the Monk I Married* is an approachable guide to the most elemental spiritual questions of our day.

## **Lessons from the Monk I Married Review**

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