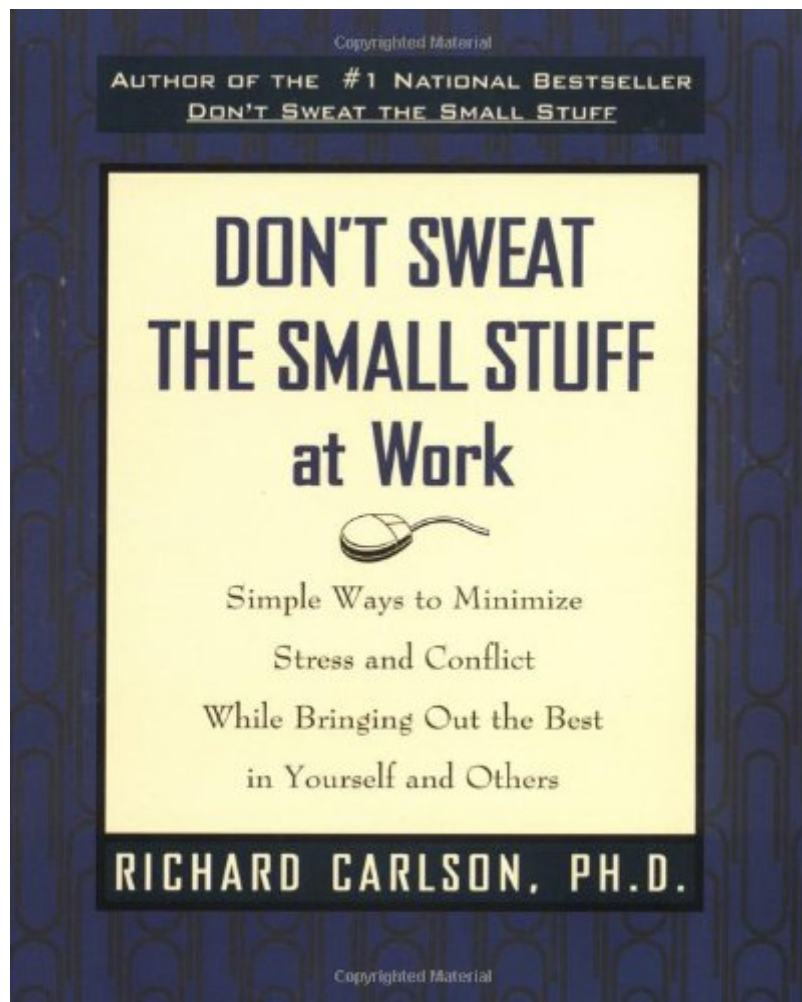


Don't Sweat the Small Stuff at Work PDF



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Don't Sweat the Small Stuff at Work by Richard Carlson ISBN 0786883367

Millions of people have enjoyed Richard Carlson's national bestsellers that show how not to let the small things in life get the best of them. Now, in *Don't Sweat the Small Stuff at Work*, he shows readers how to interact more peaceably and joyfully with colleagues, clients, and bosses. Spending forty hours or more a week in an office, along with rush deadlines, heavy workloads, and daily dilemmas, can make working a very stressful experience. Richard Carlson reveals tips that will transform your outlook at the office, easing stress there and also leading to a happier life at home.

Don't Sweat the Small Stuff at Work Review

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