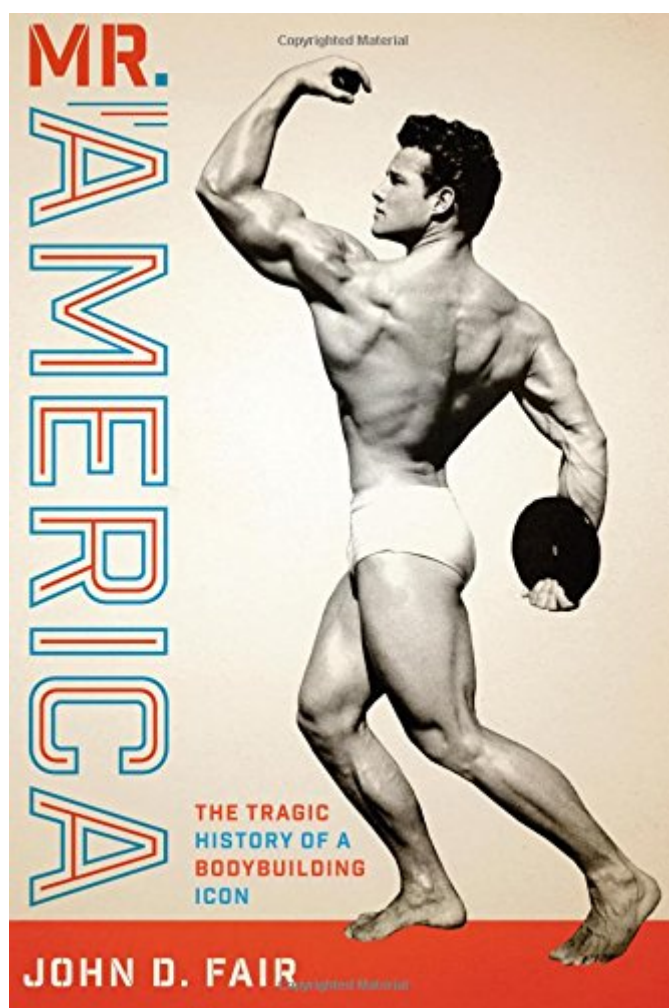


Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) PDF



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Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) by John D. Fair ISBN 0292760825

For most of the twentieth century, the “Mr. America” image epitomized muscular manhood. From humble beginnings in 1939 at a small gym in Schenectady, New York, the Mr. America Contest became the world’s premier bodybuilding event over the next thirty years. Rooted in ancient Greek virtues of health, fitness, beauty, and athleticism, it showcased some of the finest specimens of American masculinity. Interviewing nearly one hundred major figures in the physical culture movement (including twenty-five Mr. Americas) and incorporating copious printed and manuscript

sources, John D. Fair has created the definitive study of this iconic phenomenon.

Revealing the ways in which the contest provided a model of functional and fit manhood, Mr. America captures the event's path to idealism and its slow descent into obscurity. As the 1960s marked a turbulent transition in American society—from the civil rights movement to the rise of feminism and increasing acceptance of homosexuality—Mr. America changed as well. Exploring the influence of other bodily displays, such as the Mr. Universe and Mr. Olympia contests and the Miss America Pageant, Fair focuses on commercialism, size obsession, and drugs that corrupted the competition's original intent. Accessible and engaging, Mr. America is a compelling portrayal of the glory days of American muscle.

Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) Review

This Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) having great arrangement in word and layout, so you will not really feel uninterested in reading.