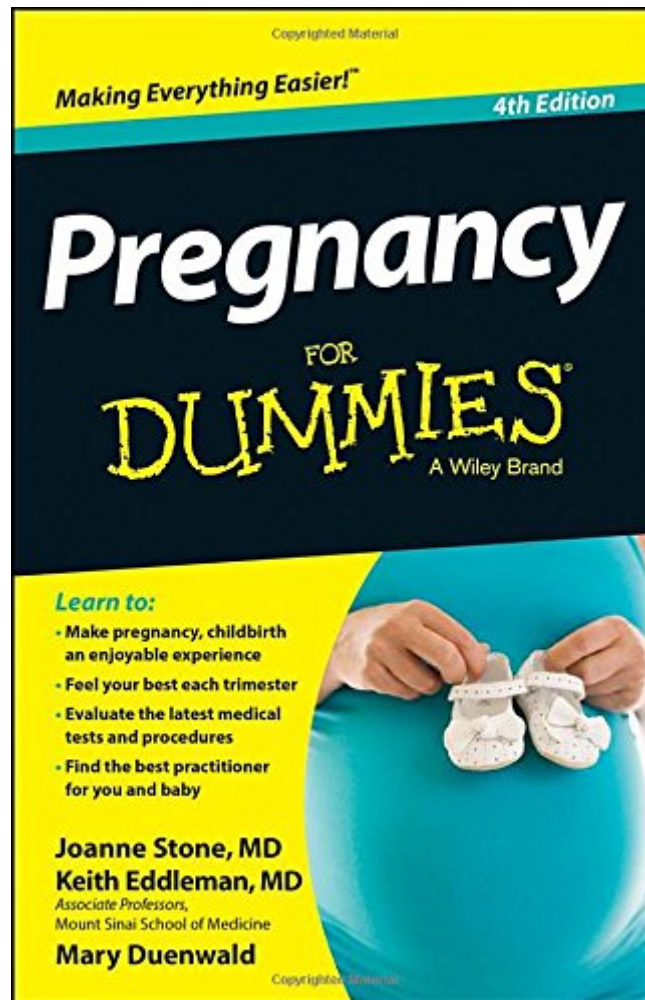


Pregnancy For Dummies PDF



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Pregnancy For Dummies by Joanne Stone, Keith Eddleman, Mary Duenwald ISBN 1118825721
The reassuring guide to a happy, healthy pregnancy

This new edition offers soon-to-be moms and dads detailed, friendly information on preparing and planning for pregnancy. You'll find guidance on the basics, as well as special considerations like age, multiple births, complications, illness, labor and delivery, postpartum care, and everything in between.

Now in a portable, handy trim size that makes it easy to keep with you on the go, *Pregnancy For Dummies, 4th Edition* is your go-to guide on everything you'll encounter during the first, second, and third trimesters—and beyond. Packed with new information and the latest developments in medical technology, it puts your mind at ease by offering straightforward answers to all the questions you may have about pregnancy, including health risks during pregnancy, fertility problems and

solutions, "on demand" cesarean sections, weight gain during pregnancy, the correlation between mercury and autism, ways to stay emotionally and physically healthy during pregnancy, and much more.

- Includes a complete guide to pregnancy, through all three trimesters and beyond, including a week-by-week account of what to expect during pregnancy
- Covers the latest information related to healthcare and pregnancy, including the latest on vaccinations, fertility problems, and prenatal diagnoses
- Offers advice on picking a doctor, planning prenatal visits, and designing a birthing plan
- Explains the stages of labor and how to care for yourself and your newborn after childbirth

If you're an expectant parent, *Pregnancy For Dummies, 4th Edition* covers everything mom and baby experience before, during, and after childbirth.

Pregnancy For Dummies Review

This Pregnancy For Dummies book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Pregnancy For Dummies without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Pregnancy For Dummies can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Pregnancy For Dummies having great arrangement in word and layout, so you will not really feel uninterested in reading.