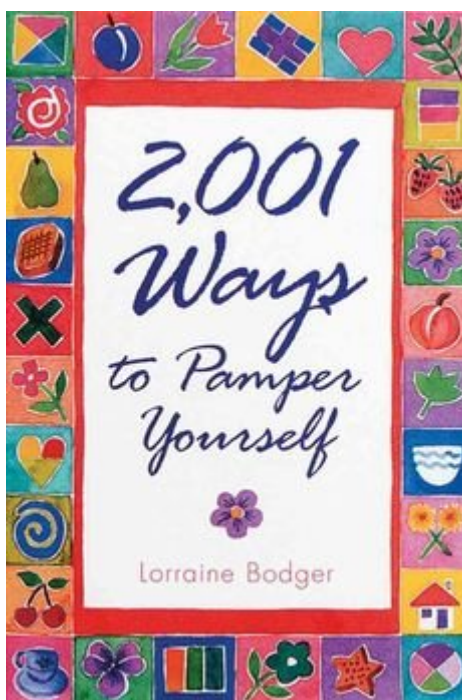




## [(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) PDF



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[(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) by Lorraine E Bodger ISBN B018M3HQSA

Pampering means caretaking, indulging, and making yourself feel good, and it's your right to be pampered whenever you need it-any time, day or night. In "2,001 Ways to Pamper Yourself," Lorraine Bodger offers hundreds and hundreds of serious and lighthearted tips for treating yourself royally, from the sublime to the maybe-it's-silly-but-it-makes-me-feel-good ridiculous. You'll get such advice as: \* Take a scented bath by candlelight. \* Visit a comedy club and laugh till you fall out of your chair. \* Hire someone to wash your windows. \* Get rid of every item of clothing that doesn't look great on you. \* Eat peanut butter straight from the jar. \* Take a day off during the week. \* Stay in bed and do nothing. \* Throw a tantrum. \* Have dessert first. \* Sit in a sculpture garden and meditate. \* Bake a batch of chocolate chip cookies and keep them all for yourself. \* Swim out as far as you can and look back at the shore. See how small your problems are. Through Bodger's insightful wit and wisdom, you'll remember that you're someone special, a person who deserves to be well taken care of. So go ahead-pamper yourself.

## **[(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) Review**

This [(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of [(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry [(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This [(2,001 Ways to Pamper Yourself)] [By (author) Lorraine E Bodger] published on (October, 1999) having great arrangement in word and layout, so you will not really feel uninterested in reading.