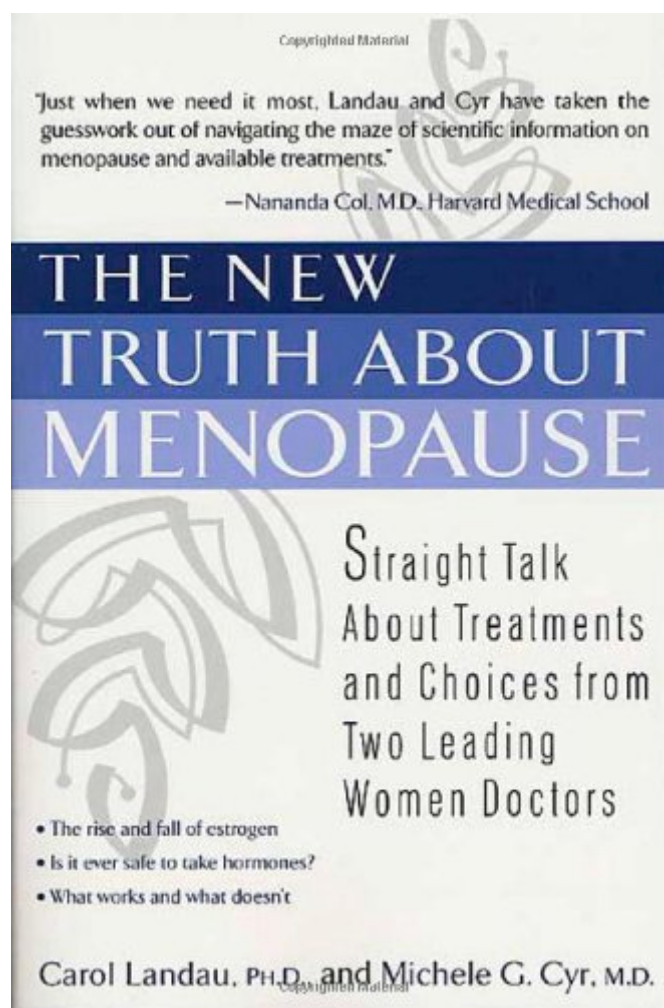


The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors PDF



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The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors by Carol Landau, Michele G. Cyr ISBN 0312317980

Nearly every month brings alarming new headlines about menopause and hormone therapy, leaving millions of women who were taking those hormones or planning to take them unsure of what to do next. Even their doctors don't always know: After all, for years the medical establishment had been saying that hormones protected women against heart attacks and Alzheimer's disease.

Now two distinguished leaders in the field have stepped forward to help women make sense of the latest findings. Drs. Landau and Cyr offer frank, expert advice for women who:

- *don't know whether to stop-or start--hormone therapy
- *are at risk for heart disease, osteoporosis, or breast cancer
- *suffer from disabling hot flashes or mood swings
- *want the facts on safe, effective alternatives to hormone treatment

From evaluating new research to assessing their risk factors and goals, this book helps women go beyond the headlines to take charge of their own well-being.

The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors Review

This The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This The New Truth About Menopause: Straight Talk About Treatments and Choices from Two Leading Women Doctors having great arrangement in word and layout, so you will not really feel uninterested in reading.