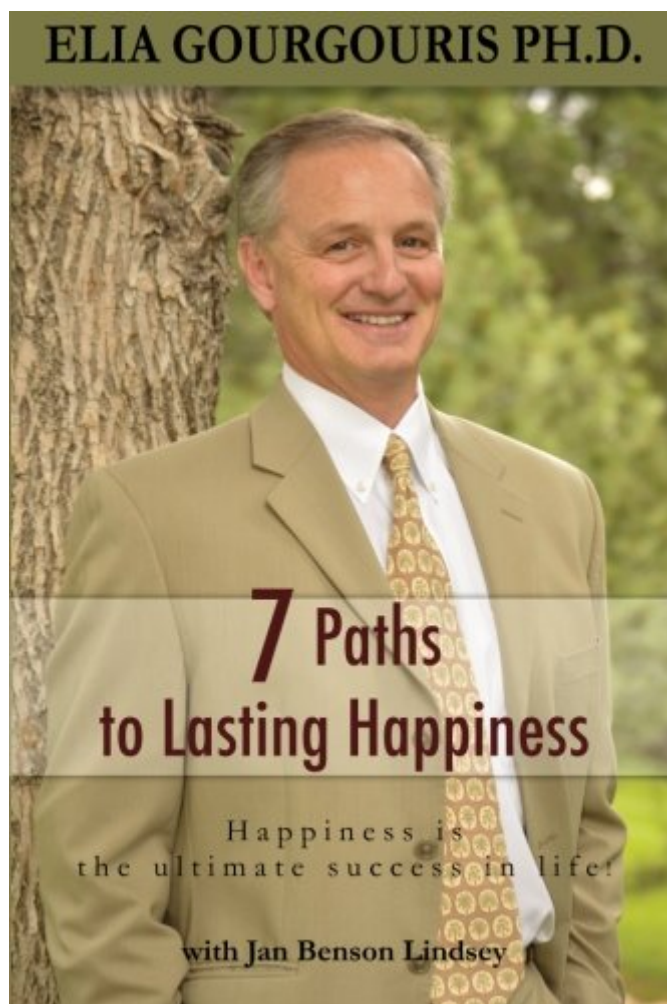


7 Paths to Lasting Happiness: Happiness the Ultimate Success in Life PDF



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7 Paths to Lasting Happiness: Happiness the Ultimate Success in Life by Elia Gourgouris PH.D., Jan Benson Lindsey ISBN 0996229000

In the 7 Paths to Lasting Happiness, Dr. Gourgouris provides you with powerful insights and simple effective exercises that can help you create and sustain a more fulfilling and joyful life. As you read and apply these principles, you will gain a new perspective that can transform both how you see yourself and those around you. Dr. Elia Gourgouris is the president of The Happiness Center, an organization dedicated to helping others find personal success and happiness. Over the last 25 years, he has helped thousands of people achieve happiness and fulfillment, both in their professional and personal relationships.

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