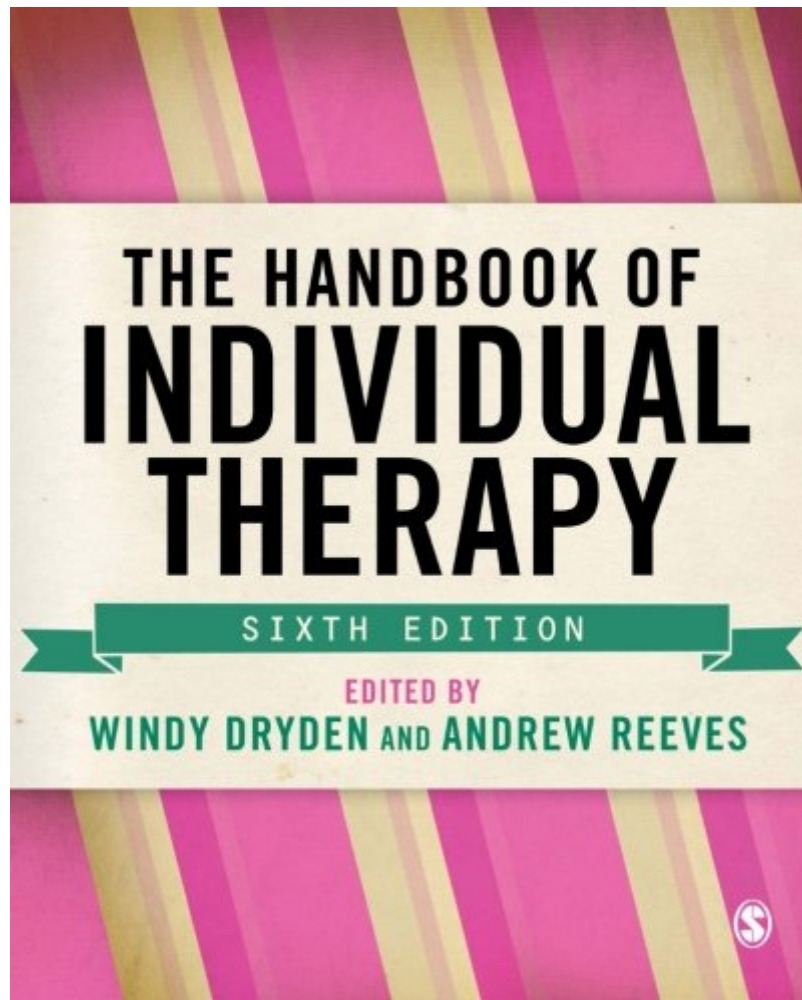


# The Handbook of Individual Therapy PDF



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**Windy Dryden** has worked in the fields of counselling and psychotherapy since 1975. He is author/editor of over 200 books.

**Andrew Reeves** is a BACP Senior Accredited Counsellor/Psychotherapist at the Univeristy of Liverpool and a freelance writer, trainer and supervisor. He is former Editor of the *Counselling and Psychotherapy Research* journal.

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