Masaje indio de cabeza/ A Busy Person's Guide to Indian Head Massage: Facil y rapido para todo momento/ Quick and Easy for All Times (Spanish Edition) PDF



Masaje indio de cabeza/ A Busy Person's Guide to Indian Head Massage: Facil y rapido para todo momento/ Quick and Easy for All Times (Spanish Edition) by Eilean Bentley ISBN 8484451860 EI MASAJE INDIO DE CABEZA forma parte de la tradición holística ancestral de la medicina ayurvédica. Ayuda a eliminar los dolores de cabeza debidos al estrés y a favorecer la circulación sanguínea en la cabeza y en el rostro, y reduce la rigidez y la tensión en el cuello y en los hombros. Si lo practicas con un compañero, en

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