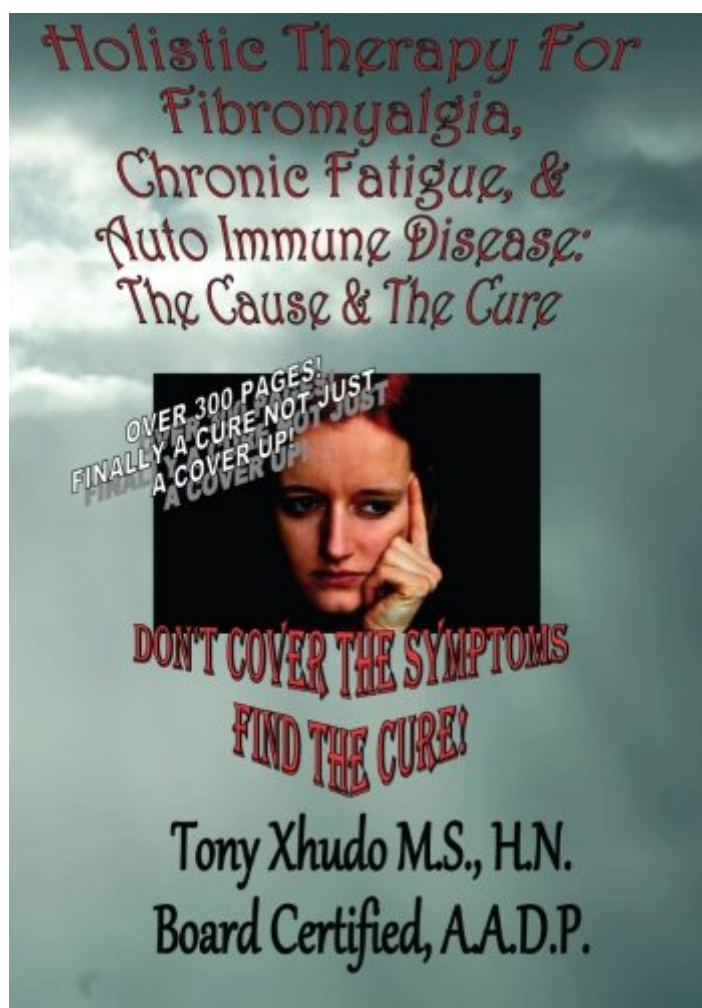


# Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure PDF



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Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure by HN, Tony Xhudo MS ISBN 1483983838

"The doctor of the future will give no medicine, but will involve the patient in the proper use of food, fresh air and exercise." Thomas Edison This book offers you a comprehensive manual over 300 pages on healing FM, CFS, and Auto-Immune disorders. Covering every manageable natural healing method currently available that is up to date. You will find all the information you need in understanding how and why your illness manifested and how to cure it. These healing techniques have been heavily researched and selected by the author with over 30 years of holistic healing experience. Fibromyalgia is a real disease characterized by widespread muscle pain with a diffuse

range of symptoms gaining momentum before it first became recognized by the World Health Organization in 1990 and with over 20 million people world wide being affected that has wrecked and destroyed many lives since it's manifestation to took hold. This authoritative comprehensive book gives you a wealth of carefully selected non-drug healing techniques that actually work, along with the currant traditional drug therapies. It is doubtful that you will find a more through book pertaining to healing this dreaded disease with information covering every possible cause and the cure for not only FM/CFS but also auto-immune disorders as well. From a holistic point of view you will not be let down in your search for healing and curing your condition. Inside you will find information on: Popular Non-Drug therapies that have been clinically tested and work!\*\*\* An in site on current pharmaceutical drugs of treatment and how they deplete the body of nutrients. A thorough breakdown and explicit explanation of every bodily function pertaining to disease manifestation.\*\*\* Understand imbalances in insulin, adrenal, thyroid, growth hormone, and sex hormones.\*\*\* A complete comprehensive understanding on stress-illness manifestation and how it can lead to auto-immune disease. The cause and relief of chronic pain and sleep problems.\*\*\* Whole body detoxification techniques & how it contributes to disease.\*\*\* The impact of an aggressive nutritional protocol on curing FM/CFS & Auto-Immune Disease, and stress management techniques.\*\*\* Harnessing the incredible healing power of Nature.\*\*\* A Guide on Home-Tests to determine hormonal and nutritional imbalance. How to make simple lifestyle changes that leads to a more healthier lifestyle. Food, Supplement, Herbs, and Prescription Drug Interactions.\*\*\* Fibromyalgia/CFS and Auto-Immune support groups. The importance of a proper diet for FM/CFS, and Auto-Immune Disease.\*\*\* Using Naturopathic methods to reverse the underlying causes of Diseases.\*\*\* And much more effective strategies and treatments! You will discover how to spot an array of symptoms and their possible causes and never have to worry again on how to be so dependent on the medical establishment, because inside there are over 300 pages of viable information that lead to practical steps you can take to reduce and eliminate all FMS/CFS-related pain and symptoms, to begin to feel whole and healthy once again!

## **Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure Review**

This Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Holistic Therapy for Fibromyalgia, Chronic Fatigue & Auto Immune Disease: The Cause e & Auto Immune Disorders& The Cure having great arrangement in word and layout, so you will not really feel uninterested in reading.