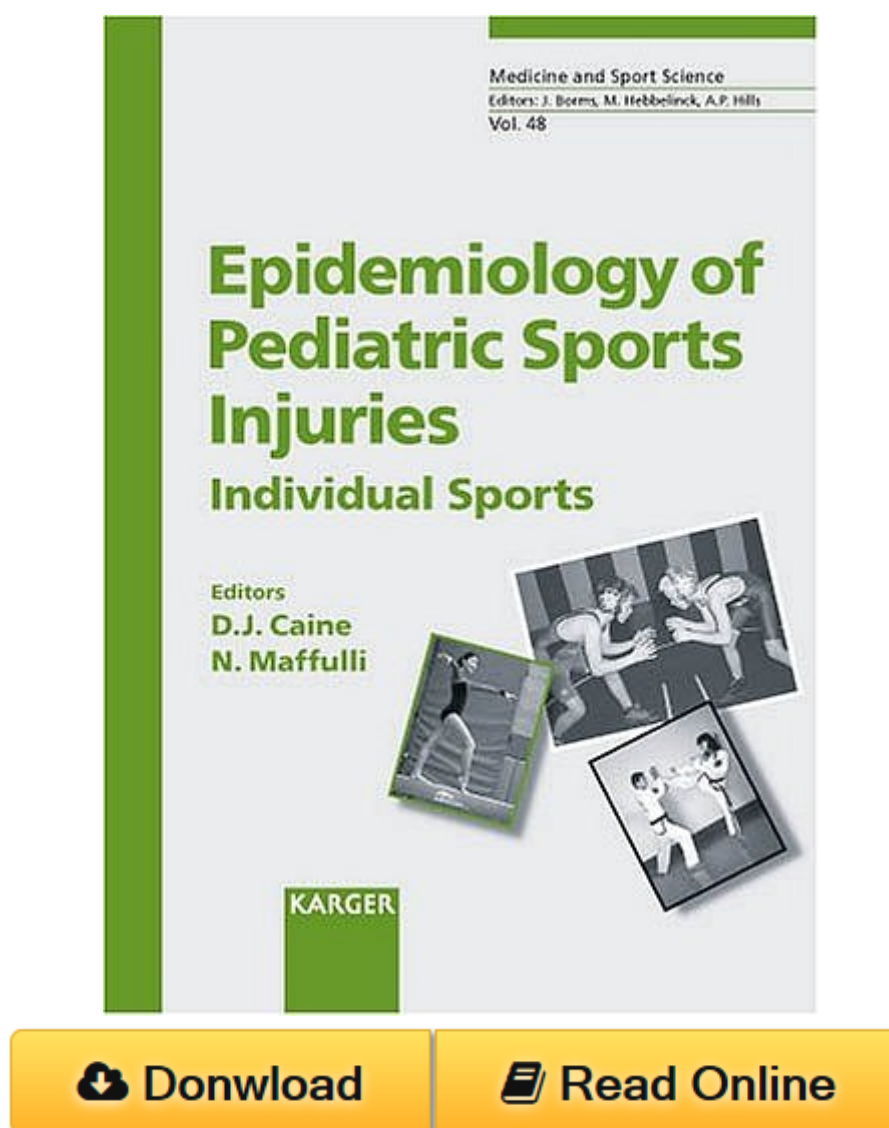


Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) PDF



Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) by ISBN 3805578687

Epidemiology of Pediatric Sport Injuries reviews integratively the existing data on distribution and determinants of injury rates in a variety of sports, and suggests injury prevention measures and guidelines for further research. This volume focuses on individual sports, as the next volume will discuss team sports. Together the two volumes provide the first comprehensive compilation and critical analysis of epidemiological data over a wide range of children's and youth sports. In this volume, the reader will find information on individual sports such as Equestrian, Gymnastics, Martial Arts, Skiing and Snowboarding, Tennis, Wrestling as well as Track and Field injuries. All

the sports-specific chapters are laid out with the same basic headings, so that it is easy to find common information across chapters. The section headings include: incidence of injury; injury characteristics; injury severity; injury risk factors and suggestions for injury prevention and further research. Sports scientists and healthcare professionals will find this publication useful in identifying areas in which appropriate preventive measures can be initiated to reduce the risk and severity of injury. It encourages coaches and sports administrators to discuss rules, equipment standards, techniques, and athlete conditioning programs. In turn, they can inform parents about the risks and how they can help their children avoid or limit injury in sports.

Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) Review

This Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Epidemiology of Pediatric Sports Injuries: Individual Sports (Medicine and Sport Science, Vol. 48) having great arrangement in word and layout, so you will not really feel uninterested in reading.