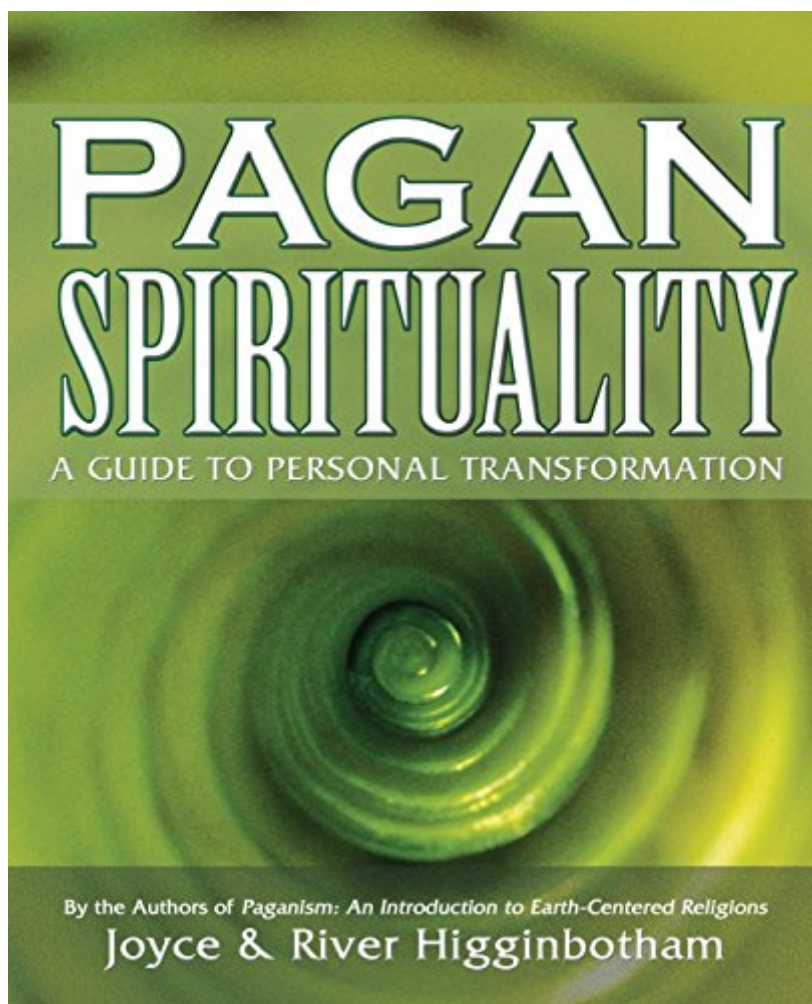


# Pagan Spirituality: A Guide to Personal Transformation PDF



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Pagan Spirituality: A Guide to Personal Transformation by River Higginbotham, Joyce Higginbotham ISBN 0738705748

In a world filled with beginner books, deeper explanations of the Pagan faith are rarely found. Picking up where their critically acclaimed first book *Paganism* left off, bestselling authors Joyce & River Higginbotham offer intermediate-level instruction with *Pagan Spirituality*.

Respected members of their communities, the Higginbothams describe how to continue spiritual evolution through magick, communing, energy work, divination, and conscious creation in a pleasant, encouraging tone. Learn how to use journaling, thought development, visualization, and goal-setting to develop magickal techniques and to further cultivate spiritual growth. This book

serves to expand the reader's spiritual knowledge base by providing a balanced approach of well-established therapies, extensive personal experience, and question-and-answer sessions that directly involve the reader in their spiritual journey.

## **Pagan Spirituality: A Guide to Personal Transformation Review**

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