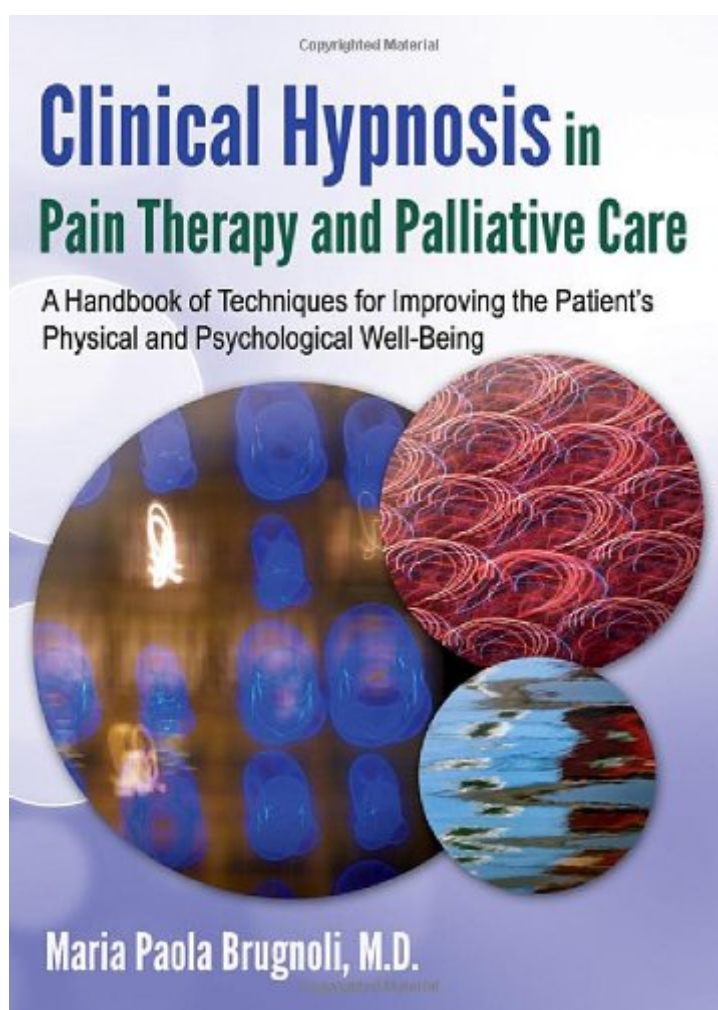


# Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being PDF



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Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being by Maria Paola Brugnoli ISBN 0398087660  
Anesthetist and pain specialist, Maria Paola Brugnoli, brings together her experience, knowledge and emotional intelligence in this integrative work on clinical hypnosis and pain management. In it, she presents a new system approach to study the neurophysiological states of consciousness to improve the use of clinical hypnosis and mindfulness in pain therapy and palliative care. The book explores the fields of clinical hypnosis and mindfulness as applied to the therapy of suffering and

various type of acute and chronic pain, and in dying patients. It is organized in order to show all scientific neuropsychological theories currently in use regarding various types of pain and suffering. The author's deep sensitivity is most notable in her attention to the dignity of the person in pain. She gathers together the techniques for distracting them from the painful present and transporting them to another dimension. One can imagine her psychological hand-holding and support as she moves her patients from suffering to relief. Ample scripts are provided to the reader for many inductions. The handbook is enriched by medical and hypnotic techniques for pain analgesia as well as hypnotic deepening techniques to activate spiritual awareness. It also indicates when and how to use them with children and adults. With extensive references, this book offers accessible concepts and practical suggestions to the reader. It highlights the relational and the creative process, encouraging each clinician to find his or her own way of facilitating the mechanisms in the patient to alleviate pain and suffering. This book is intended for all the professionals working every day with pain and suffering.

## **Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being Review**

This Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Clinical Hypnosis in Pain Therapy and Palliative Care: A Handbook of Techniques for Improving the Patient's Physical and Psychological Well-being having great arrangement in word and layout, so you will not really feel uninterested in reading.