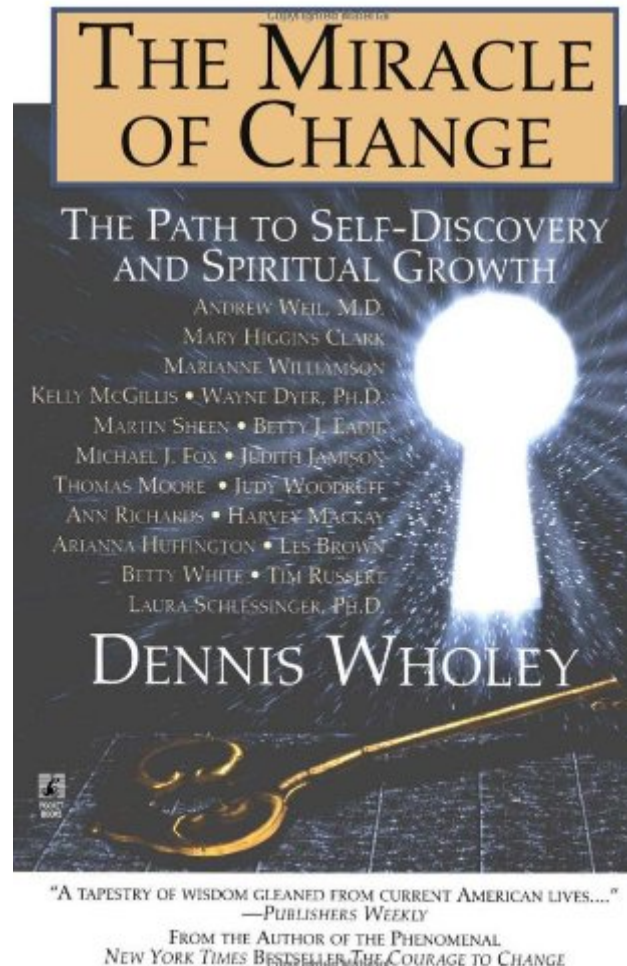


## The Miracle of Change PDF



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The Miracle of Change by Dennis Wholey ISBN 0671518909

Dennis Wholey's astounding *New York Times* bestseller, *The Courage to Change*, emerged as a classic in the field of recovery and personal growth. Now, the acclaimed PBS talk show interviewer explores the emotional and spiritual aspects of change in this long-awaited breakthrough book for everyone, and guides us on the path to accepting and even welcoming the changes that are at the heart of living.

Featuring the personal reflections of more than sixty individuals -- from well-known celebrities to anonymous contributors -- *The Miracle of Change* offers an enlightened way to use the gift of change successfully in our own lives and to reap the freedom, contentment and happiness that life's transitions can bring. These shared insights and practical strategies lead us from holding on to letting go, from loss to new beginnings, from fear to the courage to change. Whatever you are facing a new career, marriage or divorce, recovery from self-defeating behavior or addiction, illness, or simply the search for meaning in an ever changing world, you will find Dennis Wholey's

extraordinary treasury an inspiring guide through the exciting process of change.

## **The Miracle of Change Review**

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