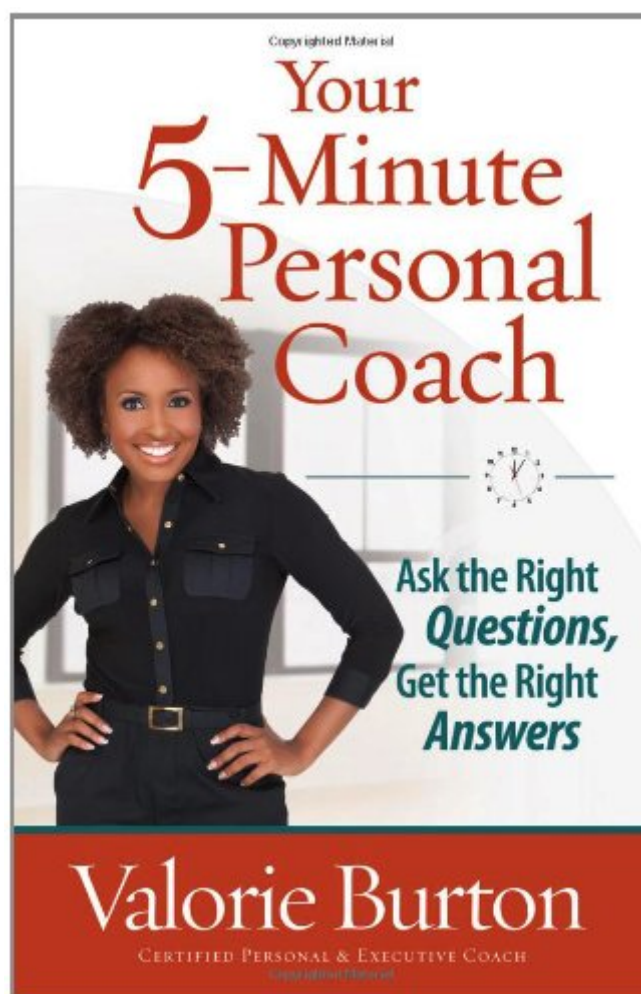


Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers PDF



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Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers by Valorie Burton
ISBN 0736939318

Everyone talks about letting their dreams take flight and living their life with purpose...but who has time for something like that? In popular author and speaker Valorie Burton's latest book, readers will learn that change happens one action at a time, one day at a time.

Based on Valorie's inspirational e-newsletter column "The Coaching Session," *Your 5-Minute Personal Coach* will spur readers on to real transformation in the five key areas of their lives?professional, financial, relational, physical, and spiritual. It will help readers find harmony, eliminate distractions, fulfill their purpose, clarify their vision, and begin taking steps to fulfill that

vision. Readers will learn:

- the surprising truths about money and happiness
- how to say no in a sticky situation
- how to love and be loved
- how to give God control over their worries
- how to stay focused on solutions, not problems

Intended as a personal companion for the waiting room, on the airplane, or in bed at night, *Your 5-Minute Personal Coach* challenges readers with coaching questions and specific, doable action steps they can take immediately.

Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers Review

This Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Your 5-Minute Personal Coach: Ask the Right Questions, Get the Right Answers having great arrangement in word and layout, so you will not really feel uninterested in reading.