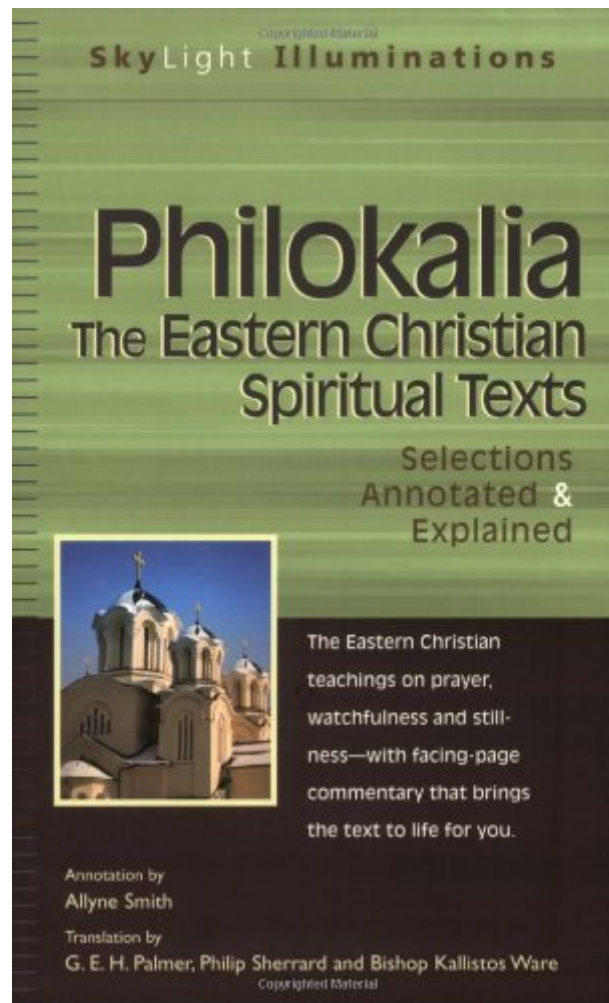


PhilokaliaThe Eastern Christian Spiritual Texts: Selections Annotated & Explained (SkyLight Illuminations) PDF



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practices to engage all of our senses in the acts of worship and prayer.

This introduction to the wisdom of the *Philokalia* illuminates a text that until now has intimidated the general reader in its scholarly translations from Greek and Russian. Allyne Smith focuses his thoughtful selection on seven themes that recur throughout the five-volume work: repentance, the heart, prayer, the Jesus Prayer, the passions, stillness, and theosis. Smith's enlightening, accessible facing-page commentary fills in the historical and spiritual context, clarifies core teachings, including the Eastern understanding of salvation, and draws connections to modern-day practices, such as contemplative prayer.

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PhilokaliaThe Eastern Christian Spiritual Texts: Selections Annotated & Explained (SkyLight Illuminations) Review

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