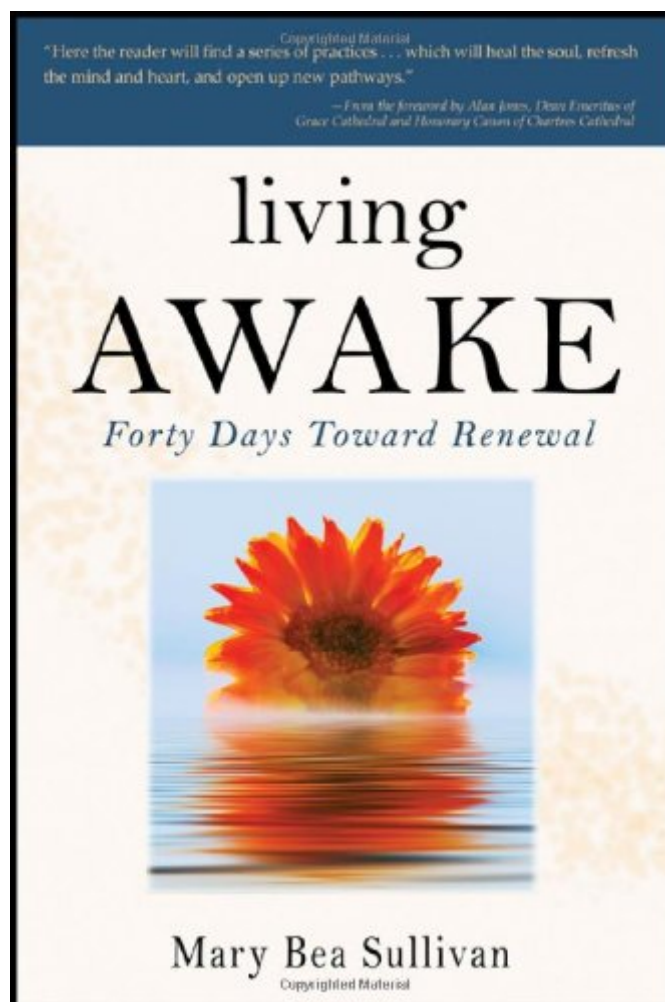


# Living Awake: Forty Days Toward Renewal PDF



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Living Awake: Forty Days Toward Renewal by Mary Bea Sullivan ISBN 1604945230

Imagine renewal in fifteen minutes a day. This forty-day program includes simple, yet meaningful spiritual reflections and practices that will guide you on the path toward emotional, physical, and spiritual restoration. Simplicity reigns--just show up every day for forty days and trust the process. *Living AWAKE* is a gentle reminder that all in life is sacred.

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## Living Awake: Forty Days Toward Renewal Review

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