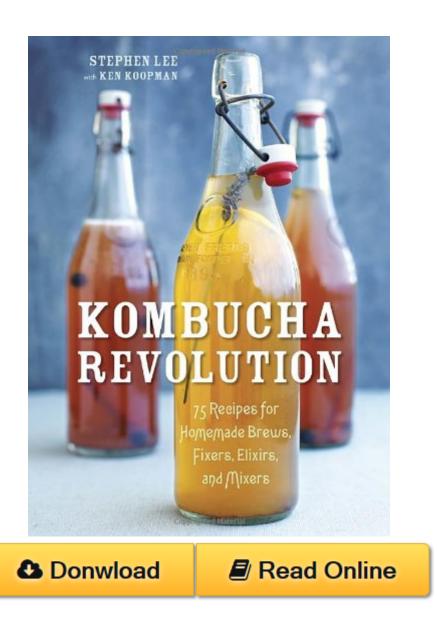
Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers PDF



Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers by Stephen Lee, Ken Koopman ISBN 1607745984

This guide from the founder of Kombucha Wonder Drink demystifies the process of brewing kombucha at home and offers recipes for using it in infusions, smoothies, cocktails, and more.

The Wonder Drink

Kombucha—a fizzy, fermented tea-based beverage packed with probiotics, vitamins, and enzymes—has home brewers salivating. And who better to guide you through the brewing process than a tea guru with more than forty years of experience under his belt? Stephen Lee, cofounder of Tazo Tea and Stash Tea, turned his attention to fermented tea and founded Kombucha Wonder Drink in 2001. In *Kombucha Revolution*, Lee reveals the secrets to brewing the perfect batch of kombucha and caring for your very own SCOBY (Symbiotic Culture of Bacteria and Yeast). He also shares his favorite recipes—plus contributions from brewers, bartenders, and chefs like "Kombucha Mamma" Hannah Crum and Wildwood's Dustin Clark—for infusing your brew with fruits, herbs, and spices, and incorporating it into juices, smoothies, sauces, snacks, sweets, and cocktails.

With recipes for Lavender–Green Tea Kombucha, Cranberry Bitters Cocktails, Kombucha Vinegar, Green Smoothies, Kombucha Lime Ceviche, and Kombucha Pear Sorbet, mixing this healthful brew into your everyday lifestyle has never been so revolutionary.

Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers Review

This Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this reserve incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This kind of Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers without we recognize teach the one who looking at it become critical in imagining and analyzing. Don't be worry Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This Kombucha Revolution: 75 Recipes for Homemade Brews, Fixers, Elixirs, and Mixers having great arrangement in word and layout, so you will not really feel uninterested in reading.