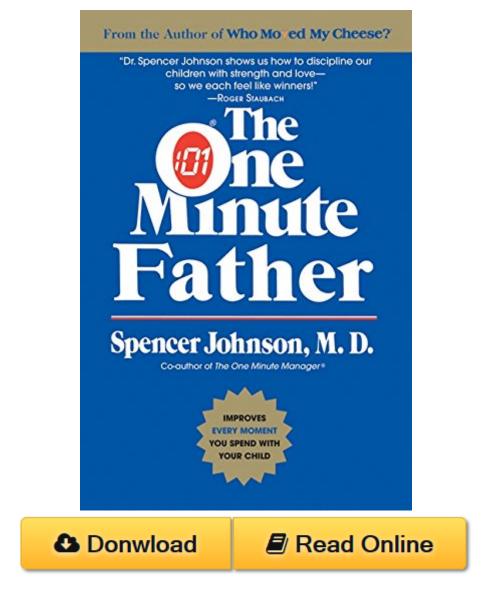
The One Minute Father (One Minute Series) PDF



The One Minute Father (One Minute Series) by Spencer, M.D. Johnson, Candle Communications ISBN 0688144055

The One Minute Father is the seminal One Minute book. A man who sees that he has been a better provider than parent learns by trial and error how to be more nurturing. He first learns a more effective way to discipline -- applying One Minute Reprimands. Then his children help him discover two even more important parenting methods -- One Minute Praisings and One Minute Goals. Using these practical methods, a father develops more confidence in himself as a parent, as he and his children enjoy a happier family life. The One Minute Father begins where most fathers are and takes them to where they want to be.

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