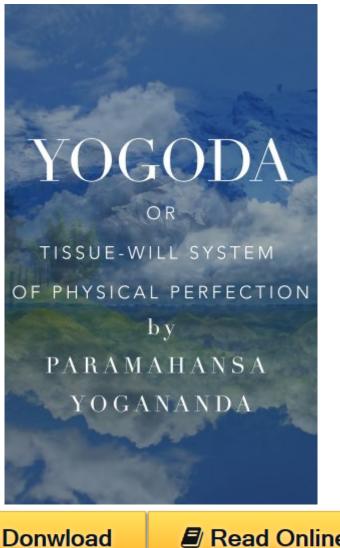
Yogoda or Tissue-Will System of Physical Perfection (with diagrams) PDF





Yogoda or Tissue-Will System of Physical Perfection (with diagrams) by Swami Yogananda ISBN B00DR0SD2C

This manual by Swami Yogananda presents energization practices and steps to attain mastery. Lessons and exercises are presented with diagrams, and the principles behind each technique are clearly explained. Other topics include "Conscious Breathlessness is Deathlessness" and "Conscious Contact with Cosmic Consciousness." This text has been custom formatted for Kindle devices.

Yogoda or Tissue-Will System of Physical Perfection (with diagrams) Review

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