



Madison Valley Medical Center  
*Foundation*

# HEALTH NEWS

M A D I S O N   V A L L E Y   M E D I C A L   C E N T E R - E N N I S , M T



## The providers

Doctors Shane Anderson, R.D. Marks, Curtis Blake and P.A.-C. Cary Wilson are highly trained, talented and committed professionals. The hospital and clinic have recently been experiencing fast growth in the services offered, and many residents are voicing positive comments about our new physicians and providers.

For more information about each provider see the new Madison Valley Medical Center Website at [WWW.MVMEDCENTER.ORG](http://WWW.MVMEDCENTER.ORG).

Make an appointment today and have your medical needs met right here in the Madison Valley. Call the Clinic at (406) 682-4223.



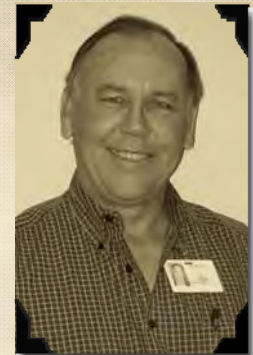
## Meet the C.E.O., Tom Mitchell

I began my career in health care as a Corpsman in the US Navy, I was stationed at Balboa Hospital in San Diego during the Vietnam war. After discharge from the Navy, I obtained a Bachelors and a Masters degree in Business Administration. In the first years of my career, I served as a Chief Finance Officer at Wyoming Medical Center in Casper, Wyoming, and Carson-Tahoe Hospital in Carson City, Nevada. I then became a Hospital Administrator. Most of my administrative experience has been in smaller rural hospitals as my wife, Paula, and I, preferred raising our children in a rural community. For 7 years I was administrator at Clark Fork Valley Hospital in Plains, Montana, where we fell in love with Montana and my two oldest sons graduated from High School.

Paula has her Bachelors degree in Elementary Education, and a Masters Degree in Library Science. Paula is also a Certified Archivist, Certified Preservationist, and oversees the Special Collections and Archives of the Southern Utah University Li-

brary. I have three sons and recently three grandsons. I spent my childhood in Park City, Utah, where my family and ancestors had lived since the late 1800's. However, as Park City became more and more "touristy" with the ski industry, family members moved away.

I am enjoying my return to Montana, and as I get to know the Ennis community better, my appreciation for the fine people of this community, and the need for this hospital and clinic increases. I am committed to doing my very best to help stabilize the healthcare delivery system and financial operations of Madison Valley Medical Center, thereby enabling the delivery of the broadest scope of quality services possible.



Tom Mitchell, CEO

What's  
Inside

Retirement  
E-Newsletters  
Auxiliary  
Northside Gallery

Anniversary  
Health Fair

3

Health Tips  
Aortic aneurysm  
Colon/rectal Cancer  
Diabetes Care  
Ankle/Brachial

3-4

Memorial Listings  
Donor Listings

5

Foundation Website  
Online Donating  
MVMC Website

8



## PETE BREKHUS RETIRING



Pete Brekhus, CFO

R.K. (Pete) Brekhus has plans to retire sometime in June of 2010.

Pete came to the Madison Valley Medical Center (MVMC) in 1998 as the hospital administrator. For the last 2 or 3 years he has been doing hospital finance as the Chief Finance Officer or CFO.

Pete has been in healthcare for 40+ years. He has a degree in accounting from Montana State in Bozeman. He

started his career at a hospital in Sidney, Montana, moved to a Dickenson, North Dakota hospital, then was at the hospital in Lewistown, MT for many years. He came to MVMC from Lewistown.

Pete came to Ennis with his wife of 35 years, Agnes. They have two children and two grandchildren.

Pete and Agnes have enjoyed Ennis and the community. Pete especially likes the out-

doors. His hobbies include: hunting, hiking, snowshoeing and spectator sports. Pete has been an active member of the Shepherd of the Hills Lutheran Church while in Ennis.

Pete would like to encourage the community to continue their support of this fine hospital and clinic, the medical staff and all of the employees.

## BEST WISHES TO PETE

by Neil Kent,  
former Hospital Board Chairman

I would like to wish my good friend, Pete Brekhus, the best upon his retirement. Pete was always well appreciated by all the board members. He came to all meetings very well prepared and

kept us well informed.

Pete will be greatly missed by both the hospital and the foundation boards. He was respected and very well liked by everyone who worked with him. Pete was greatly respected by his peers and by the Montana Hospital Asso-

ciation and other Health Care Providers.

Pete, I hope that in the future we can sit down and reminisce old times at the hospital.

P.S. The only bad thing about retirement is — You never get a day off!!

## e-Newsletters

In order to save postage, we would like to send the newsletters via email.

Send us your e-mail in the enclosed envelope if you'd like to take advantage of this opportunity. You can also email it to [foundation@mvmcf.org](mailto:foundation@mvmcf.org).

Please include your full name and mail address. This will assist us to record it properly.



The hospital Auxiliary "Purple Ladies", now selling gifts and cards conveniently available for visitors to purchase for patients. Candy also available for everyone!

Pictured; Lorrie Milford, Colleen Hill and Stacy Reid. Stacy was instrumental in setting up the cart with proceeds going to the Auxiliary and MVMC. Ennis Pharmacy loaned the beautiful vintage cart.

Mother's Day Gifts available at MVMC  
Mother's Day Miniature Sale

4/2/10 for six weeks

featuring local artists

Shane Aubrey  
Emily Buller  
Barbara Cornely  
Patsy Eckert  
Arlis Evans  
Donna Evans  
Ellis Evans  
Sherril Gold  
Carol McMullen  
Adrienne Megee  
Kim Miller  
Christine Rodgers  
Shirley Story  
Shanna Mae Swanson



Proceeds go to MVMC and the Artists. For more information call Donna Evans, MVMC Art Coordinator at (406)599-1665.



## ONE YEAR ANNIVERSARY



The Medical Center celebrated its one year anniversary or birthday on March 16th, 2010.

It is hard to believe that a year has gone by since community organizations and their members came together with

pickup trucks and hand carts to help with the physical move. To celebrate the Auxiliary served cake and punch on March 16<sup>th</sup> in the Medical Center Lobby.

It has been a year of growth and change for MVMC, not only the physical move, but

also the implementation of a new software system. The Medical Center board hired Cypress Health Care, a hospital management company, out of Deer Lodge, who in turn hired Tom Mitchell as Chief Executive Officer.



## SPRING HEALTH FAIR

The Medical Center Spring Health Fair was held through the week of March 29.

The fair was well attended, with a little over 400 people getting tests done. Blood tests, Men's PSA tests and the screenings listed below were

all offered at a significantly reduced price. H1N1 Flu shots were offered free.

Displays were set up throughout the lobby. The hospital activity room offered coffee and breakfast, as well as free blood pressure checks.

If you missed this health fair, be sure to stop in for the next one. Remember —Your greatest wealth is your health!

Look for information about this year's Fall Health Fair.

*\*Blood Profile: Normally \$207 offered at \$50 during fair.*



## What's New?

A sidewalk now connects the Madison Valley Manor to the Medical Center.

## HEALTH TIPS

*your greatest wealth is health*



## AORTIC ANEURYSM SCREENING

by Bev Bishop, Imaging

The aorta is the largest artery in the human body. The aorta carries oxygen-rich blood from the heart to the rest of the body. Sometimes the wall of this vessel can become over stretched and weak causing an "aneurysm" which is a bulge or dilatation of the aortic vessel. The most common location for an aneurysm is in the belly or abdominal area, this is known

as a "abdominal aortic aneurysm", sometimes referred to as AAA or Triple A. Normally the wall of the aorta is very elastic; however some medical problems such as high blood pressure, atherosclerosis or diabetes can weaken the artery wall. Smoking and family history are also risk factors.

Most aneurysms do not cause symptoms. They are usually found by coincidence during exams being done for

other reasons. People who do have symptoms complain of belly, chest or back pain. The symptoms may come or go or be constant. In worst case scenario the aneurysm can burst or rupture, which is life threatening. Abdominal aortic aneurysms can develop in anyone, but are most often seen in males over 60 years of age who have one or more risk factors. Early diagnosis is crucial for a good outcome. The goal is repair of

the aneurysm before symptoms or complications occur.

MVMC offered initial Ultrasound Screening exams during the Spring Health Fair at a reduced price.

Appointments can be made with the Imaging Department. Call MVMC at 682-6862 or look for the next health fair screening.





## ARE YOU AT RISK FOR COLORECTAL CANCER

by Tana Bowls, Lab

Colorectal cancer is the second most common cancer killer in the United States. Both men and women are equally affected by this disease and should seek regular screening, as recommended by the American College of Gastroenterology. As with most cancers, early detection is the key. A recent study in the New England Journal of Medicine stated that more than 90% of deaths associ-

ated with colorectal cancer could have been avoided through early detection. One of the simplest screening methods is the fecal occult blood test; however, it often is considered unpleasant. A sample of stool must be smeared onto a special test card and returned to the laboratory for analysis. Because early colorectal cancers and pre-cancerous polyps can cause a small amount of intermittent bleed-

ing, the recommended procedure for yearly fecal occult blood testing is to sample 3 consecutive bowel movements.

This test was offered at a reduced price during the Spring Health Fair. The test can be done anytime with a doctors order.

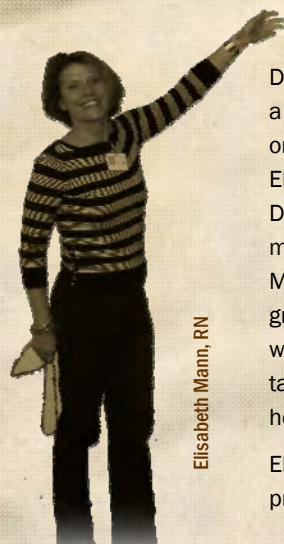
If you are over 50 or have a family history of Colorectal Cancer, please consult your provider about screening

tests such as colonoscopy and flexible sigmoidoscopy.

Persons of average risk and no family history should plan to have a base-line colonoscopy at age 50 and then every 10 years, followed with annual fecal occult blood tests plus flexible sigmoidoscopy every 5 years.

Reference: [www.gi.org](http://www.gi.org)

## DIABETES CARE AND EDUCATION



Elisabeth Mann, RN

Did you know that MVMC has a Certified Diabetes Educator on staff?

Elisabeth Mann, RN conducts Diabetes Support Group meetings periodically at the Medical Center. The support group helps those afflicted with this chronic illness to take control and stay as healthy of possible.

Elisabeth is also available for private consulting on diabetes

management, insulin pumps and continuous blood glucose monitoring.

Elisabeth was born and raised in the Netherlands, where she received her RN Degree. She worked as a staff nurse at a hospital in London, England for several years before coming to the U.S.

She worked in hospitals as a Critical Care Nurse in Texas,

Arizona, Hawaii and Oregon. In 2004, Elisabeth moved to McAllister with her husband, dogs, horses and mules.

For appointments, talk with your medical provider for a referral or contact Elisabeth Mann, RN at (406)599-9977.



## ANKLE / BRACHIAL INDEX EXAMS

by Bev Bishop, Imaging

An "ankle/brachial index" exam is a simple noninvasive technique used to detect peripheral arterial disease (PAD). Arterial disease is most common in the pelvis area and the lower extremity. With this procedure, blood pressure measurements are taken in the right

arm and leg then in the left arm and leg. The systolic pressure is compared between the arms and the legs to create a ratio that indicates if the arteries are narrowed or clogged.

Madison Valley Medical Center just received a donation to purchase a special ultrasound transducer for these

studies. The CW5 pencil probe is specifically designed for ABI testing. This Doppler probe can detect fast blood flow in arteries that are significantly narrowed or stenosed.

Risk factors for peripheral arterial disease include smoking, diabetes, high cholesterol and high blood pres-

sure. Those affected by these conditions may want to consult with their health care provider regarding this screening test.

The availability of this test was made possible by a donation from John Scully, in honor of his sister, Marcie Bohleen.



# Memorial Listings

Veronica Alexander

Bud Angle

Catherine Armitage

Jess Armitage

Bob Armstrong

Dick Arnold

Tobin Bachmann, RM

Dale Black

Leo Black

George Baltz

Jack Bowels

Fred Branagh

Merrill Briggs

Janet Brown

Jim Cashman

Arva Christensen

Pete Christensen

Beulah Clark

Bob Cleverly

Michael Curran

Gary Dedman

Elenore Bennetts

Evelyn Evans

Leah "Skeeter" Gainer

Alice Gecho

Jeffrey Granger

Jack Hardy

Rellie Harris

Elma Jean Henderson

Alice Holt

Earl Holt

Larry Hughes

Kent Johnerson

Christine Johnson

Jack Hendricks Johnson

Harlow Kneeland

William (Shep) Lantow

John Robert Lantow

Olive Losee

Jack Lueck

Granny Lueck

Jo Anne Martin

Janet McAtee

Donald McCery

Jack McGowan

Daniel McPhetres

Mac & Billie McPhetres

Josephine Murphy

Sue Neely

Ted Nelson

Lois Olson

Luella Pasley

Bill Poole

Resie Reinocchl

Erma Reints

Glenn Resvedt

Rick Reynolds

Jennie Ellen Robins

Gabriele Rockwell

John Seaman

Bob Sindelar

P.J. Smithson

Julia Spann

Lewis Stahl

Rocky Stonebraker

Eugene Stroops

Don Thexton

Denise Touhey

Gladys D. Travis

Marie Williams

Frances Womack

Lloyd Wortman



Memorial Listings are those donations to the Medical Center made "In Memory of" a loved one. A special thank you to all of those families and friends who donated in memory of your loved one. Their legacy is with us and has supported quality health care in the Madison Valley.

A Special thank you to all donors who have shared in the mission of supporting high quality health care with modern services and qualified professionals in the Madison Valley.

# Donor

## Level—\$1000 to 9,999

Allard, Donald and Tonya  
Allen, Robert and Elaine  
Alverson, Bruce  
Ames Construction, Inc  
Armitage, Catherine  
Arnold, Scott and Chris  
Arvanites, Dokson and Gale  
Baggett, Michael and Toni  
Barker, Brian and Sally  
Beattie, Dick and Diana  
Beck, Bob and Katie  
Beekman, Bob and Jan  
Beimel, George and Sibille  
Berk, Leo and Martha  
Biga, Ed and Jan  
Bing III, Alexander and Cynthia  
Biram, Nancy  
Bottorff, Andrew  
Branch, Homer and Patricia  
Braxton, Terry and Karin  
Brekhus, Pete and Agnes  
Brooks, Paul and Deborah Flannery  
Brown, Randolph and Marilyn  
Cameron, Terry  
Cassidy, Adrian  
Celecia, Robert and Dallas  
Channels Ranch, Inc.  
Chester, George and Laura  
Clausen, George and Mary  
Claypool, John and Diane  
Coffman, Jan  
Collins, Carl and Virginia  
Collopy, Tom  
Connelly, Steve and Barbara  
Cross, Walker and Bonnie  
Croy, Gary and Kim  
Crum, Paul  
DeMoya, Armando  
Diede, Jerry and Connie  
Dougherty, David and Dorothy  
East, John and Carol  
Elks Lodge - Virginia City  
Ennis RV Village  
Ennis True Value Hardware

Eriksen, Stein and Francois  
Filanc, Mark and Kimberly  
Finkle, Bryan and Mary Deyman  
Foil, Ron and Terry  
Foreman, Jud and Lynn  
Fossel, Dottie  
Greenlee, James and Carmen  
Griffin, Marie  
Griffin, Tom and Mary  
Gulfstream Aerospace  
Gwin, Curtis and Rita  
Hale, David and Pat  
Hanson, Daniel and Ann  
Harmon Nelson Design  
Harrison Elevator  
Hauck, John and Kris  
Henderson, Richard  
Herold, John and Kelly  
Hoag, Mansfield and Barbara  
Hobson/Eisenhower M.D., Thomas and Donna  
Hooser/Chaika, David and Margaret  
Hutchinson, W.J. & K.E.  
Jabs, Jake & Ann  
Jewish Community Foundation Of The West  
Johnson, Sam and Chris  
Jones, Ottiwell and Elita  
JS Ponderosa  
K&L Mortuaries, Inc.  
Kack, James and Joanne  
Kannon, Walter  
Kent, Neil  
Kern, Nicholas and Christine  
Kilmer, Jim and Sharon  
Korsmoe, Sam and Elena  
Koster, Merrill  
Krokes, Larry and Diane  
Laszlo, Andrew and Ann  
Laszlo, Andy and Paulette  
Legg, William  
LeSuer, Bob and Ev  
Love, Larry and Shirley  
Luebke, Robert and Nani  
Madison County Golf Assoc.  
Madison Valley Presbyterian Church  
Madison Valley Renewable Energy, LLC  
Madison Valley Woman's Club

Magnante, Ben and Mary Anna  
Master-Chem Industries  
Matthews, Craig and Jackie  
MBIA Foundation  
McCaw, Susan  
McFadden, Donnie and Judy  
McKittrick, Mike and Cindy  
McMullin, Carol  
McPhetres, Daniel and Diane  
Meadowlark Shuttles, LLC  
Metzger, Dan and Susan  
Meyer, Susanna  
Miller, Ron and Judy  
Miller, Tom and Colleen  
Montag, Jeff and Kim  
Montana Anglers Hideaway  
Montana Land Development Co  
Moon River Pizza  
Morimoto, M.D., Allen  
Morris Jr., Wells  
Mueller, Thomas and Ella  
Mulvehill, Mike  
Murphy, Josephine  
Nassetta, Paul  
Ohs, Jerry and Donna  
Oliver, Mary Gates  
Olliffe, Ivan  
Patton, Gordon and Arlene  
Pfau, Ron and Sandi  
Pollak, James and Connie  
Reed, Roy  
Rice, Greg and Karen  
Rockwell, Gabriele Memorial Fund  
Rockwell, Ronald V  
Rollo, Ford and Snaque  
Rowley III, H. Nelson  
Saltchuk Resources, Inc.  
Schrock, Ted and Barbara  
Scott, Drew and Parker  
Scudder, Donald and Martha  
Scully, John and Antoinette  
Segota, Steven and Connie  
Sew Together Quilters  
Shows, Joel and Sherri  
Silver Ghost Association (SGA)  
Smith, Jim and Jan





# Listing

2005 through 3/15/2010  
Levels of \$1000 or greater  
Listed Alphabetically

Snyder, Susan  
Solomon, Thomas and Kim  
Spann, Jim and Jane  
Stabler, Laird and Patricia  
Stewart, Norman  
Stonebraker, Rocky and Judith  
The Barker Fund, Vogeli Foundation  
Townshend, Harry and Deb  
Ulvin, Jarl  
Up Country Earth Works, LLC  
Valley Bank of Ennis  
Van Der Have, John and Eve  
Van Hooser, David  
Wagner, John and Beverly  
Wallace, James  
Wallace, John C.  
Walsh, Eugene and Lois  
Watkins, Jack and Faye  
Webster, Dante and Jeannette  
Weglicki, Tim and Denise  
Witte, John and Donjon  
Zabel, Larry and Sharon

## Level—\$10,000 to 49,999

Atkinson, David and Patricia  
Baur, John and Mary  
Biltmore Metals  
Charlie Russell Riders Foundation  
Clapp, David and Connie  
Dockery, Kenneth and Teresa  
Ennis Lions Club  
First Madison Valley Bank  
Fox, John and Elizabeth  
Gilhousen Family Foundation  
Going to the Sun Rally CSP  
Guyette, James and Kay  
Hajny, Dave and Marie  
Hourany, Dennis and Susan  
Jackass Creek Land & Livestock Co.  
Johnson, Roberta B.  
Newton, William and Kent Slaton  
NorthWestern Energy  
O'Neel, Jack and Ginny  
Parish, Ed and Yvonne

Pfeifer, Charles F.  
Phillips, Leland and Sheila  
Poole, Bill & Ingrid  
Pruder, Donald K.  
Rentschler, Fred and Pam  
Rosin, Carolyn  
The Cashman Family Foundation  
The Wallin Foundation  
Vujovich, Joe and Stephanie  
Williams, Stephen and Denise DeMan  
Winn, William  
Wyler, Don and Susan

## Level—\$50,000 to 99,999

Dreamcatcher Endowment, Inc.  
Graham, Robert and Laurel  
L Heart Foundation, Inc  
Sisel, Dale and Karen  
Sun Ranch Group  
The Kroenke Charitable Foundation  
Thom, Leroy and Jean  
Val A. Browning Foundation

## Level—\$100,000 to 1 Million


Alton, Kirby and Janice  
Canter, Lisa  
Gildred, Ted and Heidi  
Scott, Sam and Sherry  
Sheridan, Howard and Brenda  
The Fossel Family  
Wachs, Eddie and Sherry

## Art Collection Gifts

Zabel, Larry  
Oil Painting  
"Fly Fishing on the Madison"  
  
Lantow, Susan & Little Shep  
Bronze Sculpture  
"Angelic Being"

## In Honor Of

Dr. David J. Ban  
Dr. Paul Buse  
Mr. Jon Fossel  
Dr. John Hess  
Dr. John Laird  
Dr. Paul LaPoint  
Ben Lindeman, PA-C  
Dr. Mark A. Ludwig  
Dr. David L. Parks  
Mr. & Mrs. John & Barbara Pavkovich  
Mrs. Sherry Scott  
Dr. Brad White



*Look for a listing of donors at levels  
Up to \$1000 in our next newsletter.*

*If you don't see your name in the  
giving levels listed or if your name  
is misspelled, please contact the  
Foundation Office at (406)682-6641  
or email [foundation@mvmcf.org](mailto:foundation@mvmcf.org).*

*We would like to correct the names  
before placing them on a perma-  
nent donor wall in the hospital.*





Madison Valley Medical Center

## Foundation

PO Box 993

Ennis, MT 59729

Phone: (406) 682-6641

Fax: (406) 682-6620

E-Mail: [foundation@mvmcf.org](mailto:foundation@mvmcf.org)

[www.mvmcf.org](http://www.mvmcf.org)

*Or Current Resident*

visit the foundation @  
[www.mvmcf.org](http://www.mvmcf.org)  
or the medical center @  
[www.mvmedcenter.org](http://www.mvmedcenter.org)

Madison Valley Medical Center

## Foundation

*"Supporting high quality health care with  
modern services and qualified professionals"*

For your convenience, the foundation is now online. Get information on news and events and giving opportunities. Find out about us and how to contact us. Easy online donations are now accepted and secure.

For more information on how you can support the Medical Center, contact Foundation Executive Director, Rebecca Zabel Kahl at (406) 682-6630.

The Madison Valley Medical Center is now available online. Visit the website for contact information and patient services offered. Learn about the Medical Team. You'll find information about each provider, learn about nursing care, as well as learn about imaging, laboratory and physical therapy departments and other services offered.

Find out about upcoming events, read the CEO's welcome message and see photos of the new facility. Learn about our heritage, beginning with Dr. Ron 'Doc' Losee and a new hospital completed in 1950.



Job openings can be found on the Careers page. You'll also find a link to the foundation website. Learn about the foundation and fundraising events. Make an online donation and easily click your way back to the medical center site.

**Donations to the  
Madison Valley Medical Center Foundation  
are Tax Deductable**